



PRIVACY POLICY

Effective Date: September 1, 2026

Restore Your Freedom LLC ("Restore Your Freedom," "Company," "we," "our," or "us") respects your privacy and is committed to protecting the personal information you share with us. This Privacy Policy explains how we collect, use, protect, and disclose information when you visit our website, complete a wellness assessment or other form, schedule an appointment, purchase products or programs, communicate with us, or use our wellness and coaching services.

By using our website or services, you acknowledge the practices described in this Privacy Policy.

1. INFORMATION WE COLLECT

We may collect information that you voluntarily provide to us, including:

- **Personal Information:** Your name, email address, telephone number, billing or shipping address, and other contact information.
- **Wellness Information:** Information you voluntarily provide through wellness assessments, discovery forms, consultations, or coaching sessions regarding your wellness goals, nutritional needs, lifestyle, weight-management goals, or other information relevant to the services you request.

We treat information shared during wellness assessments and coaching interactions as confidential and use it only for legitimate business and service-related purposes as described in this Privacy Policy.

- **Order and Transaction Information:** Information relating to products, programs, purchases, recurring orders, payments, refunds, and customer service requests.
Payment card information may be processed by third-party payment processors. Restore Your Freedom does not necessarily store complete credit or debit card numbers on its own systems.
- **Account Information:** Information associated with an account you create with us, if applicable.
- **Communications:** Information you provide when contacting us by email, telephone, text message, forms, appointments, or other communications.
- **Website and Usage Information:** Our website and service providers may automatically collect information such as your IP address, browser type, device information, pages visited, referring pages, and interactions with our website through cookies or similar technologies.

2. HOW WE USE YOUR INFORMATION

We may use your information to:



- Provide products, programs, wellness coaching, and customer support.
- Review wellness assessments and help determine which of our available services or programs may be appropriate for your stated goals.
- Schedule and manage consultations or coaching appointments.
- Process purchases, payments, recurring orders, cancellations, refunds, and order confirmations.
- Communicate with you regarding your account, orders, appointments, or services.
- Send newsletters, wellness information, product information, promotional messages, and other communications when permitted by law.
- Respond to questions and customer-service requests.
- Improve our website, programs, services, and customer experience.
- Maintain business and transaction records.
- Detect or prevent fraud, misuse, or security concerns.
- Comply with applicable legal and regulatory requirements.

You may unsubscribe from promotional email communications at any time by using the unsubscribe option contained in the message.

3. HOW WE SHARE YOUR INFORMATION

Restore Your Freedom does not sell your personal information.

We do not sell or rent personal wellness information to third parties for their independent marketing purposes.

We may disclose limited information to trusted service providers when reasonably necessary to operate our business. These may include companies that provide:

- Website and customer relationship management services
- Payment processing
- Email or text-message delivery
- Appointment scheduling
- Website hosting
- Shipping or product fulfillment
- Data storage and security
- Business administration and technology services

These providers receive only the information reasonably necessary to perform services on our behalf and are expected to handle that information appropriately.



We may also disclose information when required by law, legal process, court order, or government request, or when reasonably necessary to protect the rights, safety, property, or security of Restore Your Freedom, our customers, or others.

4. WELLNESS AND COACHING INFORMATION

Information you voluntarily provide regarding your wellness, nutrition, lifestyle, or weight-management goals is used to help us provide personalized wellness coaching and recommendations related to our services.

We take reasonable steps to keep this information confidential and limit access to individuals or service providers who have a legitimate need to access it.

Restore Your Freedom provides wellness, nutrition, and coaching services and does not use information submitted through our website to diagnose or treat medical conditions.

5. EMAIL AND TEXT COMMUNICATIONS

If you provide your email address or telephone number and consent to receive communications, we may contact you regarding appointments, orders, customer service, wellness information, program information, or promotional offers.

Consent to receive marketing communications is not a condition of purchasing products or services.

You may unsubscribe from marketing emails using the unsubscribe link provided in those communications. Where text messaging is offered, you may opt out of promotional text messages by following the opt-out instructions provided in the message, such as replying STOP. Message and data rates may apply depending upon your mobile carrier and plan.

6. COOKIES AND TRACKING TECHNOLOGIES

Our website may use cookies, analytics tools, pixels, and similar technologies to operate the website, remember preferences, understand website usage, improve the visitor experience, and measure the effectiveness of our communications or advertising.

You may be able to control or disable cookies through your browser settings. Disabling certain cookies may affect the operation of some website features.

7. PAYMENT INFORMATION

Payments may be processed through third-party payment-processing providers. We use reasonable measures and reputable service providers to help protect payment information. However, no electronic transmission or storage method can be guaranteed to be completely secure.

Restore Your Freedom does not sell payment information.



8. DATA SECURITY

We use reasonable administrative, technical, and organizational safeguards designed to protect the personal information entrusted to us.

These safeguards may include secure technology platforms, password protection, limited access, reputable payment processors, and other commercially reasonable security practices.

Restore Your Freedom also works with an established product distribution partner that has more than 37 years of experience serving customers and conducting business. We value working with experienced and reputable business partners and service providers as part of our commitment to responsible business practices.

Although we take reasonable precautions and work with established providers, no website, electronic transmission, or data-storage system can be guaranteed to be 100% secure.

9. DATA RETENTION

We retain personal information for as long as reasonably necessary to:

- Provide the services requested by you;
- Maintain customer and transaction records;
- Meet legitimate business needs;
- Resolve disputes;
- Enforce agreements; and
- Satisfy applicable legal, tax, accounting, or regulatory requirements.

When information is no longer reasonably needed, we may delete or securely dispose of it in accordance with our business practices and applicable law.

10. YOUR PRIVACY CHOICES AND RIGHTS

Depending upon where you live and applicable law, you may have the right to request that we:

- Provide information regarding personal data we maintain about you.
- Correct inaccurate personal information.
- Delete certain personal information.
- Limit or object to certain uses of your personal information.
- Stop sending promotional communications.
- Provide information concerning how your personal information is used or disclosed.



Certain information may need to be retained where required for legal, transaction, security, tax, accounting, or legitimate business purposes. To submit a privacy request, please contact us using the information listed at the end of this Privacy Policy.

11. CHILDREN'S PRIVACY

Our website, products, programs, and coaching services are intended for adults and are not directed toward children under the age of 18.

We do not knowingly collect personal information directly from children under 18 without appropriate authorization. If you believe that a minor has submitted personal information to us improperly, please contact us so that we may review and, when appropriate, remove the information.

12. THIRD-PARTY WEBSITES AND SERVICES

Our website may contain links to third-party websites or use third-party platforms for services such as payment processing, appointment scheduling, communications, or product fulfillment.

Those third parties may have their own privacy policies and practices. Restore Your Freedom is not responsible for the privacy practices of independently operated third-party websites or services. We encourage you to review their privacy policies when appropriate.

13. CHANGES TO THIS PRIVACY POLICY

Restore Your Freedom LLC may update this Privacy Policy periodically to reflect changes in our practices, services, technology, or legal requirements.

When changes are made, the revised Effective Date at the top of the policy will identify the most recent version. We encourage you to review this Privacy Policy periodically.

14. CONTACT US

If you have questions about this Privacy Policy, wish to exercise a privacy right, or would like information about how your personal information is handled, please contact:

Restore Your Freedom LLC

Email: Kim@restoreyourfreedom.com

Phone: 680-290-3412

Website: RestoreYourFreedom.com

This Privacy Policy is intended to describe Restore Your Freedom LLC's privacy practices and may be updated as business practices or applicable laws change.