

WHOLE MAN PROJECT

FREE FOREVER

# The Road Home

*The whole road in one place — how God transforms a man, and how to begin.*

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## Before anything else

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This little book is free, and it will stay free, because of what's in it. No one should ever pay to learn how to come to God — and here, no one ever will. Everything essential is in these pages. If you never read anything else from us, never join anything, never spend a dollar — this is enough to start the road, because the road doesn't belong to us. It belongs to the God who made you.

Read it slowly. Read it with a Bible nearby if you can — everything here stands on that book, not on ours.

## 1. The honest starting place

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You've probably tried to fix your life. Most of us have — the habits, the discipline, the plans, the fresh starts. Maybe it worked for a season. And underneath, if you're honest: a tiredness that rest doesn't fix, and the sense of starting over, again.

Here is the truth almost no one will tell you: the project was never going to work, because the problem is deeper than an unoptimized life. The Bible names it without flinching: **sin**. Not just brokenness — as if something merely happened to you — but rebellion: real wrong, from the inside, against the holy God who made you and deserves your whole love. "All have sinned and fall short of the glory of God" (Romans 3:23). That's not an insult aimed at you; it's the human condition, ours as much as yours. And it means the deepest problem isn't that you're behind on your goals. It's that you're guilty before God and separated from Him — and no amount of self-improvement can mend what sin tore (Isaiah 59:2).

That's a hard place to start. We start there anyway, because everything that follows is only good news if this is true. A man who is only tired needs a vacation. A man who is guilty needs a rescue.

## 2. The best news there is

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God did not lower His standard, and He did not look away. **He came Himself.**

Jesus Christ — God's own Son, who never sinned — lived the life you and I owed, and then died the death you and I deserved. On the cross He took the place of sinners: "He was pierced for our transgressions... and the LORD has laid on him the iniquity of us all" (Isaiah 53:5–6). "God shows his love for us in that while we were still sinners, Christ died for us" (Romans 5:8). And on the third day He rose from the dead (1 Corinthians 15:3–4) — which means the payment was accepted, death is beaten, and everything He offers is alive to give.

Forgiveness. Peace with God. A new heart. A place at the Father's table. All of it was purchased there — at the cross — and none of it is for sale anywhere else, by anyone, at any price. It is offered to you freely: "Whoever comes to me I will never cast out" (John 6:37).

### 3. How God transforms a man

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Transformation is real — but it doesn't work the way the self-improvement world says. The Bible's account, from start to finish, is that **God does it, and a man receives it**.

**God moves first.** "No one can come to me unless the Father who sent me draws him" (John 6:44). If something is stirring in you — even just enough to keep reading — that's not you finally getting disciplined. That's God, seeking you before you sought Him. "We love because he first loved us" (1 John 4:19).

**God gives a new heart.** The change you need isn't an upgrade to the old you; it's a new life the Bible calls being *born again* (John 3:3). "I will give you a new heart, and a new spirit I will put within you" (Ezekiel 36:26). You can't perform surgery on your own heart. He can, and does.

**You turn — repentance and faith.** Enabled by that grace, a man turns: away from sin and self-rule (that's repentance), and toward Christ in trust (that's faith). "Repent and believe in the gospel" (Mark 1:15). It's a real turning — and even the turning is His gift, so no man can boast (Ephesians 2:8–9; 2 Timothy 2:25).

**You die and rise with Him.** This is the engine under everything: joined to Christ, the old self-building self is crucified with Him, and a new man lives. "I have been crucified with Christ. It is no longer I who live, but Christ who lives in me" (Galatians 2:20).

**You receive what you could never build.** Declared righteous — not because you earned it, but because He did (Romans 5:1). Adopted — "to all who did receive him... he gave the right to become children of God" (John 1:12). This is the center: **identity is received, not achieved**. You stop being a project and become a son.

**The Spirit forms you for the rest of your life.** God Himself comes to live in you and slowly, really, makes you like Christ — "beholding the glory of the Lord, [we] are being transformed into the same image" (2 Corinthians 3:18). It's fruit, grown by abiding in Him — "apart from me you can do nothing" (John 15:5) — not produce, manufactured by striving.

**And He finishes what He starts.** "He who began a good work in you will bring it to completion" (Philippians 1:6) — completion meaning nothing less than seeing Christ and being made fully like Him (1 John 3:2). The road ends at home.

### 4. The road, as you'll walk it

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Jesus put the whole journey in one story: a son who left, wasted everything, and headed home rehearsing a speech about earning his place as a hired servant — and a father who saw him a long way off, ran, embraced him before the speech was out, and called for the robe, the ring, and the feast (Luke 15:11–24).

Walked from the inside, the road usually feels like this: a moment of **seeing** — coming to yourself, realizing the life you were running was running you. A deeper, harder seeing, as God's Word shows you not just disorder but sin (Romans 3:20). A **weight** — feeling the gap, and hitting the wall where effort can't close it:

"Wretched man that I am! Who will deliver me...?" (Romans 7:24). Then the **turn** — "I will arise and go to my father" — surrender, which is a real death and the gladdest trade a man ever makes (Matthew 13:44). Then the shock of **receiving** — the robe before the speech; sonship, not probation. And then the long, good, ordinary road of **walking**: a real daily fight with old sin (Romans 8:13), real hardship that God wastes none of (Romans 5:3–5; Hebrews 12:7–11), all of it walked *from* acceptance and never *for* it — until the day the road ends at home (Romans 8:30).

Two things to hold about that road. It is not a ladder — you can't climb it to earn God; every stage is grace. And it is not a formula — the map helps you see; only Christ saves.

## 5. How to come — today, right where you are

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After all of that, the actual coming is almost shockingly simple. Jesus never made desperate men complete a program. He said: "Come to me, all who labor and are heavy laden, and I will give you rest" (Matthew 11:28). The thief dying next to Him was saved in a sentence (Luke 23:42–43).

So come. Turn from the self-run life, and trust Christ — His death for your sin, His resurrection, His promise. You can speak to God right now, out loud or in silence, in your own words. There's no magic formula and no script that saves — Christ saves, and He receives every heart that truly turns to Him. But if words help, your honest coming might sound something like:

*God, You're right about me. I've lived as my own builder and my own king, and I can't fix what I've broken. I believe Jesus died in my place and rose again. I turn from my sin and I trust Him — save me, give me the new heart You promised, and make me Yours. Amen.*

If you've turned and trusted Him — however stumbling the words — then hear His own promise over you: "Whoever comes to me I will never cast out" (John 6:37). Welcome home. Don't keep it secret: tell a Christian you trust, today if you can.

## 6. Walking it out — the ordinary means God actually uses

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God grows His sons through ordinary, appointed means — not hacks. Four to build your life around, starting today:

**The Word.** Read the Bible — it's how God speaks, and it's alive (Hebrews 4:12). Start in the Gospel of John, a chapter a day, asking one question: *what does this show me about Jesus?* Any trustworthy modern translation (ESV, CSB, NIV) is fine. Don't worry about understanding everything; worry about showing up.

**Prayer.** Talk to God — plainly, daily, in your own words. Praise Him, thank Him, confess to Him, ask Him. Jesus' own model prayer (Matthew 6:9–13) is a school for this. Prayer isn't performance; it's a son talking to his Father.

**A local church.** This one we'll say as strongly as we can: **find a local church and plant yourself in it.** Not online church as a lifestyle, and not this community as a substitute — a real congregation in your city where the Bible is actually taught and Jesus is actually central, where you can be baptized, take the Lord's Supper, and be known by people who can look you in the eye (Hebrews 10:24–25). Whole Man Project walks *beside* your church, never instead of it. If you don't know where to start: visit, listen for whether they open the Bible

and preach Christ, and ask God for wisdom. Keep looking until you find it.

**Brothers.** Formation was never a solo project — "Whoever walks with the wise becomes wise" (Proverbs 13:20). Your church is the first place to find them. Our community is one more room where they're found — but the principle costs nothing: don't walk alone.

## 7. Where this leaves you

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Everything essential is now in your hands. That was the point.

If you want company on the road, you know where we are — the channel is free, and the community is built for exactly this: brothers taking these very things together, each at his own pace. But hear this clearly one last time, because it's the heart of everything: **you don't need us**. You need Christ — and He is not for sale, He is not far away, and He has never once turned away a man who came.

"Come to me, all who labor and are heavy laden, and I will give you rest." — Jesus (Matthew 11:28)

**Become the man Jesus is forming you to be.**

*The Road Home, v1.2 — founder-approved — the Free Resource of Whole Man Project. Free forever; share it freely. Founder-approved August 20, 2026; produced as a branded PDF the same day; public page to follow at launch. Held under Scripture, which governs every line.*