



LODESTONE INSIDE

Executive Briefing & Training Pack

Embodied leadership, communication &
human capacity for organizations under pressure

Open the pack →



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Start Here: Executive Briefing

A short strategic conversation to identify your main collaboration strain and choose the right next step.

Useful when pressure shows up as:

- interruptions
- silence
- decision drag
- communication breakdown

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What People Say

“Your work feels like an important bridge between science and felt experience.”

— Dr. Sulbha Arya



Next Step

Start with the Executive Briefing

lindenthorp.com/executive-briefing



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What Lodestone Inside Offers

Practical support for leaders and organizations who need more clarity, trust, and sustainable performance under pressure.

- Executive Briefings
- Leadership and team training
- Embodied communication tools
- Human capacity development
- Thought leadership and insights

Clearer conversations. Stronger presence.
Less friction.



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Ways to Work Together



Executive Briefing

Start here



30-Minute Recalibration

\$197 USD



Embodied Compassion for Professionals

\$47 USD

Team training and executive packages available on request.