



HEALTHY HOUR™ FOR PROFESSIONALS

Your clients have been to enough dinners.



Sixteen guests. Sixteen unhurried conversations with someone who just had the best five minutes of their day — and who associates that with you.

The problem with client events

Everyone in your field runs the same three: the steak dinner, the wine tasting, the lunch-and-learn. Your clients have RSVP'd to all of them, and by Thursday they've forgotten whose event it was. A Healthy Hour™ is a fully hosted two-hour restorative wellness experience. Five-minute chair sessions, seated and fully clothed. No appointments, no sign-up sheet. Nobody presents. Nobody pitches. And nobody forgets it.

Every guest chooses one

01

ARRIVE™

Hand reflexology.

02

RESET™

Spine and lower body.

03

RECONNECT™

Head, neck, and shoulders.

ARRIVE™ is the one that surprises people. A guest can be cared for without being touched anywhere but the hands — which means the client who waves it off and says they don't do massage sits down anyway. In most rooms, that guest is half the invitation list.

You're not presenting. That's the point.

No slides, no pitch, no sign-in sheet trading contact information for a gift card. The entire message is that you thought about how your clients feel. It is a harder message to send and a much harder one to forget — and it is the reason people describe this event to someone else afterward.

What it does for your business

- **Guests bring guests.** An invitation to be taken care of travels further than an invitation to hear about a product. Clients bring a spouse, a neighbor, a friend.
- **The waiting area does the work.** Guests arrive early, stay late, and talk to each other and to you. Introductions happen without anyone engineering them.
- **You are remembered accurately.** Not as the professional who bought dinner — as the one who did something nobody else in your market has done.
- **It works on people who avoid events.** ARRIVE™ is hands only. Guests who would never sit in a massage chair will sit for that one.

Built for attorneys, advisors, wholesalers, insurance agents, realtors, and small teams. Invite your referral partners into the same room. And it lands in your marketing budget, where it belongs — this is business development, not a wellness expense.

What arrives with us

- | | | |
|---|--|---|
| — A licensed, insured massage therapist | — Printed, branded station signage | — Full setup, hosting, and teardown |
| — An operations host | — Styled welcome table and greenery | — Event photography, with guest consent |
| — Professional chairs and all equipment | — Flavor-infused water and herbal tea | — A written recap within 48 hours |
| — Digital check-in with live queue management | — Three experience options, guest's choice | — Travel within the service area |

Investment

Healthy Hour Single Two hours · one therapist · about 16 guests · your office, a client's home, a listing, or a venue of your choosing		\$950
Healthy Hour Season Single — three events, one quarter		\$883 each \$2,650
Healthy Hour Circuit Single — twelve events, one year		\$800 each \$9,600

Beverage service and travel within the service area are included. Larger rooms are quoted on request.

Host the one they'll remember. Tell us your guest count and a date. We'll handle the rest.

Text TEAM to 480-618-1428

mobilemedmassage.net/healthy-hour

Licensed therapists. Professional and general liability coverage; certificate available on request, and your firm, organization, or venue can be named as an additional insured. Mobile MedMessage designs and delivers restorative wellness experiences supporting relaxation, mobility, and well-being. We do not diagnose, prescribe, or provide medical treatment. Client intake, liability release, and consents are collected from every guest at check-in. Hosts are responsible for compliance with advertising, gifting, or client-entertainment rules applicable to their profession. Healthy Hour™, ARRIVE™, RESET™, and RECONNECT™ are trademarks of Mobile MedMessage. © 2026 Mobile MedMessage · Care That Fits.