

THE MOMENTUM MANIFESTO: SEVEN STRATEGIC STEPS FOR A TRANSFORMATIVE 2026!



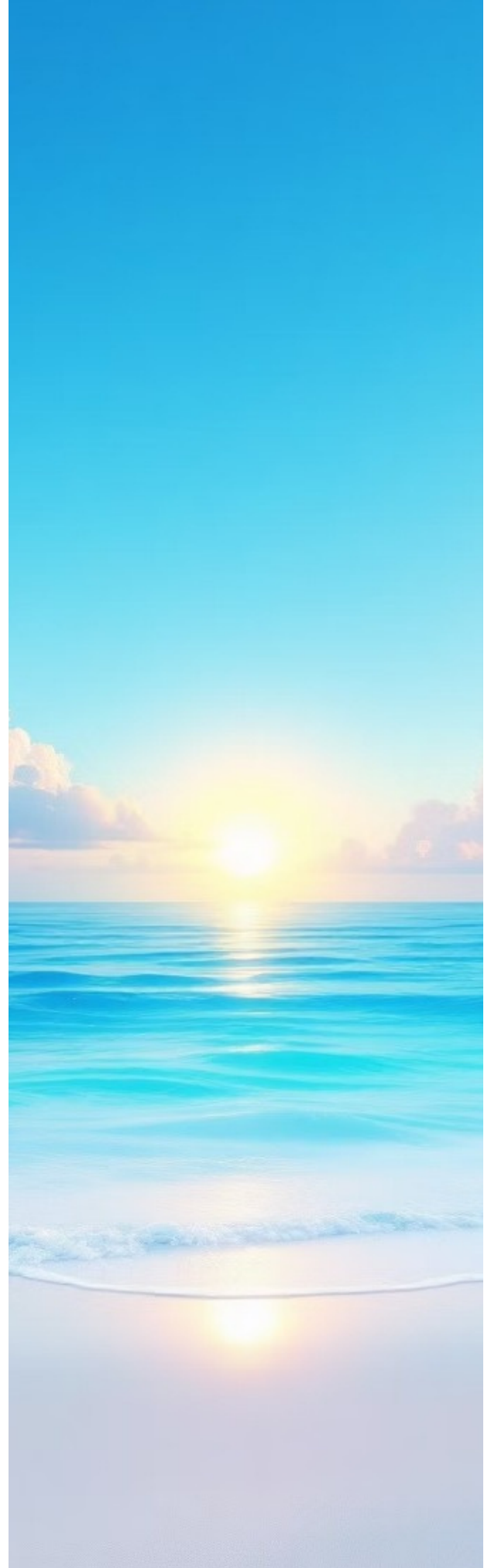
Ever wondered why a whopping 95% of New Year's resolutions fall by the wayside? It's not a lack of desire but a missing link in understanding how to turn aspirations into lasting accomplishments.

Prepare to embark on a journey that doesn't just start the year but propels you through it. The following guide, will unravel the secrets of creating enduring momentum. Get ready to gain crystal-clear clarity on your past, present, and future, and forge a simple yet compelling plan for 2026 that truly ignites your passion.

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The Seven Strategic Steps

1. Acquire Clarity
2. Foster Conviction
3. Ignite Enthusiasm
4. Sharpen Focus
5. Embrace Commitment
6. Propel Momentum
7. Strategize Smartly



ACQUIRE CLARITY. STEP 1: Begin your transformative journey by gaining clarity about your current position.

1. Relive the magic of Q1 and Q2 2026:

A. Identify your Magic Moments—those extraordinary and magical experiences. (list)

B. List your 2026 Q1 and Q2 achievements.

C. Pin point aspects you want to duplicate in Q3 of 2026.

2. Confront the challenges of Q1 and Q2 2026:

A. Identify the challenges you faced so far in 2026.

B. Determine what you want to avoid in the future. What decisions do you want to change for 2026?

C. What valuable lessons did you learn from these experiences?

FOSTER CONVICTION. STEP 2: Once you know where you stand, build unwavering certainty in your ability to turn dreams into reality.

1. Recall past achievements:

A. List goals, dreams, or desires that seemed unattainable.

B. Circle the most challenging ones.

2. Break down the barriers:

A. Outline the steps that were taken to turn challenging goals into reality.

B. Unearth the process, from initial desire to concrete plan.

IGNITE ENTHUSIASM. STEP 3: With clarity and conviction, chart the course for your future.

1. Dream without limits:

A. Creatively list goals for the next 20 years. Include financial, personal development, physical, relationship, and contribution goals. Let your pen flow without hesitation. Do not pre-judge any options, just add it to the list, you can eliminate or sort later.

2. Prioritize and set timelines:

A. Assign timeframes to each goal. (1 year, 3 years, 5 years, 10 years, 20 years)

B. Circle the top four one-year goals that ignite the most excitement.

SHARPEN FOCUS. STEP 4: Laser in on your top priorities.

1. List the top four one-year goals (from your list):

EMBRACE COMMITMENT. STEP 5: Commit wholeheartedly to your chosen goals.

1. Establish the "musts"

A. Write a paragraph for each top goal, outlining why it's a "must."

• GOAL 1

• GOAL 2

• GOAL 3

• GOAL 4

PROPEL MOMENTUM. STEP 6: Take immediate action and set the wheels of progress in motion.

1. Immediate action:

A. Decide on one small action toward a top goal you can take now or January 1st:

- **Goal 1 – 1 action**

- **Goal 2 – 1 action**

- **Goal 3 – 1 action**

- **Goal 4 – 1 action**

2. Significant commitment:

A. Resolve to take a substantial step toward goal achievement.

- **Goal 1**

- **Goal 2**

- **Goal 3**

- **Goal 4**

STRATEGIZE SMARTLY. STEP 7: Ensure follow-through by incorporating smart measures.

1. Consistent measurement:

A. Commit to daily or weekly progress tracking.

- Goal 1

- Goal 2

- Goal 3

- Goal 4

2. GPS Action Plan:

A. Create a Goals, Purpose, Strategy (GPS) form for a focused action plan.

Goals – list as above

PURPOSE – WHY is this goal important to you? Why do you want to achieve this goal? How will achieving this goal impact your life? Impact others?

STRATEGY – make a list of the actions / tasks you can take that will lead to you achieving your goal. Organize by quarter of the year, month and then week. This is a blueprint, a map for you to follow to create success.

- Goal 1

- Goal 2

- Goal 3

- Goal 4

Embark on this transformative journey, armed with the wisdom you possess. The power in momentum awaits your command for 2026!