FitgenesUSA International Policy (Revised 9/22/26)

Our lab can send out kits to countries outside the USA, with a few caveats:

1. You are required to charge the client/patient the $30 International Shipping Fee at the time of purchasing their kit from your Practitioner Portal. (This is per client/patient not per household).
2. Your client/patient will have to pay their own postage to return the swabs back to the USA lab.
3. The USA lab will provide the paperwork for your client/patient to return the swab.

Below is a list of the countries that **cannot be sent swabs, and therefore, we cannot support them.** Reasons include political embargoes, national laws that prevent the sending or receiving of genetic data without ministerial clearance, unreliable delivery, and other factors.

- Argentina
- Belarus
- Brazil
- Chile
- Colombia
- Cuba
- Ecuador
- France
- India
- Iran
- Iraq
- Kosovo
- Mexico
- North Korea
- Pakistan
- Poland
- Russia
- Spain
- Somalia
- South America
- Sudan
- Thailand
- Turkey
- Ukraine
- Yemen

There are only 2 options if you have clients in these countries who really want these specialized reports.

1. They have a 23andMe or Ancestry.com account (unlikely, given we can't send them a swab kit), and we can send you a separate link to purchase upload access to their report to translate the data into the Fitgenes Genetic Blueprint.
    - Note: Not all the genes that we test for may be in their 23AndMe/Ancestry file; they won't have all the genes. However, historically, this has affected approximately 10-15 genes out of the 140 or so.
    - Also, the CarbChoice Advanced is not available via this method because it requires a separate, independent swab run. 23Andme/Ancestry does not even have the data to generate this report.
2. Your Client/Patient has an address in another country that allows genetic swabs, which they will visit in the near future.

Please note: Some countries require swabs to be shipped through other distributors.

You can still get our reports through them. We can still get those coaches access to the learning library.

Other Distributors:

- **New Zealand:** Nutriscript.co.nz (please tell them Dr. Sam Shay was the referral)
- **Australia**: Fitgenes.com (please tell them Dr. Sam Shay was the referral)
- **Countries that are near Australia** may be better off going through Fitgenes.com in Australia, simply because of the logistics of Australia being closer, such as Malaysia, Singapore, Indonesia, Philippines, Cambodia, Vietnam, Bangladesh
- We do not know if Thailand allows any genetic distribution from Australia.