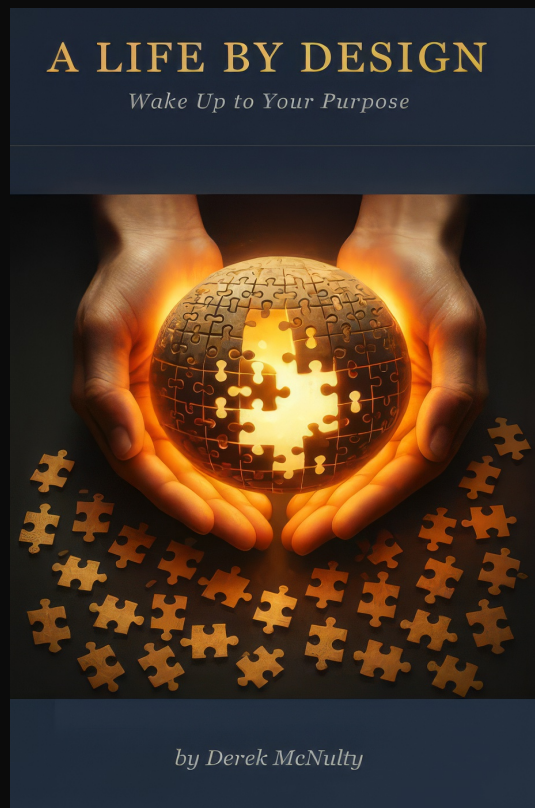


DEREK McNULTY

Author of A Life by Design

Speaker • Storyteller • Mentor



Helping people design lives of purpose, clarity, courage, and impact.

ABOUT DEREK

Derek McNulty is the author of *A Life by Design*, a transformational philosophy centered around intentional living, emotional intelligence, responsibility, courage, and conscious self-development. With a life journey spanning entrepreneurship, construction, aviation, diving, leadership, speaking, and personal reinvention, Derek brings a rare combination of practical wisdom and emotional authenticity to every audience he addresses. Rather than teaching people how to escape their lives, Derek challenges audiences to consciously design them.

SIGNATURE KEYNOTES

A LIFE BY DESIGN

How to stop living on autopilot and start living intentionally.

RESPONSIBILITY CREATES POWER

Reclaiming agency, confidence, and sovereignty.

THE COURAGE TO BECOME

Growth, vulnerability, and identity transformation.

PURPOSE IS A PRACTICE

Daily habits that create meaningful lives.

IDEAL AUDIENCES

- Leadership Conferences
- Universities & Student Events
- Entrepreneur Groups
- Wellness & Mindfulness Events
- Corporate Teams
- Podcast & Media Interviews
- Personal Growth Events

SPEAKING STYLE

Derek's presentations combine powerful storytelling, emotional intelligence, practical wisdom, humor, authenticity, and motivational clarity. Audiences frequently describe Derek as grounded, wise, emotionally impactful, authentic, thought-provoking, and deeply relatable.

CONTACT & BOOKING

Websites:

alifebydesign.online

everydayyogijourney.com

Instagram:

[@a.life.by.design](https://www.instagram.com/a.life.by.design)

YouTube:

Everyday Yogi Journey

“Stop living on autopilot. Design your life.”