



BOBBY KELLY

Execution Strategist, Speaker, and Author of the Best Seller The Next Chapter Starts Now.

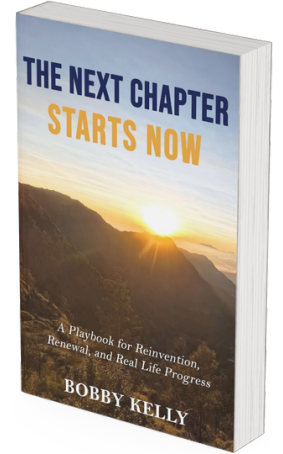
For more than 30 years, he has helped high achievers turn clarity into execution by building environments that drive real results.

Bobby has worked with a wide range of high achievers, including executives, entrepreneurs, and a former U.S. president.

His work focuses on individuals in their 40s, 50s, and 60s who look successful on paper—but know they’ve lost momentum and are ready to stop coasting and start building what’s next.

As the founder of Results Only Fitness in Phoenix, Bobby has coached thousands of clients and built a performance-based business rooted in one core belief: motivation fades, but the right system creates consistency.

Today, he speaks to audiences and podcast listeners about how to eliminate drift, regain clarity, and execute at a higher level—without relying on motivation alone.



AS SEEN ON:



SIGNATURE TOPICS

THE EXECUTION ENVIRONMENT

Why High Performers Get Stuck — and How to Build an Environment That Drives Results

Audiences learn:

- Why discipline alone is not enough for consistent performance
- The environmental triggers that drive execution
- How leaders build cultures that produce results

THE NEXT CHAPTER STARTS NOW

How High Performers Reinvent Without Losing Momentum

Audiences learn:

- Why successful people experience performance drift
- How to regain clarity when motivation fades
- A framework for building and executing the next chapter

STRENGTH BUILDS LEADERSHIP

Lessons from the Fitness World That Transform Leadership Performance

Audiences learn:

- Why strength training mirrors leadership development
- How small disciplines create massive results
- Why physical resilience fuels professional resilience

SUGGESTED INTERVIEW QUESTIONS

1. You’ve trained everyone from everyday clients to a U.S. president—what separates people who execute from those who just talk about it?
2. Why do high achievers who win in business still lose momentum in their own lives?
3. You built your career training bodies—when did you realize the real problem was how people think and operate?
4. What is the Execution Gap, and why do smart, successful people stay stuck in it longer than anyone wants to admit?
5. At what point does success actually start working against you, and how do you take control back?



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