



Disclaimer – The Trauma Transformation Membership Hub™

Operated by The Trauma Recovery School Ltd.

1. Educational Purpose Only

The Trauma Transformation Membership Hub™ (“Membership”) provides educational content, training materials, live sessions, and community support for informational purposes only.

The Membership does not provide therapy, medical treatment, psychiatric care, diagnosis, or clinical intervention.

Participation in the Membership does not create a therapist–client, doctor–patient, or clinical relationship.

All content is designed to support understanding of trauma, nervous system regulation, and emotional stabilisation from an educational perspective.

2. Not a Substitute for Medical or Mental Health Care

The Membership is not a replacement for:

- Medical advice
- Psychological treatment
- Psychiatric support
- Emergency intervention

You should consult your GP, psychiatrist, psychologist, or other qualified healthcare provider before making changes to medication, treatment plans, or mental health care.

If you are experiencing:

- Suicidal thoughts
- Severe emotional distress
- Psychiatric crisis
- Risk of harm to yourself or others

You must seek immediate professional or emergency support.

We do not provide crisis services.

3. Voluntary Participation

Participation in:

- Live sessions
- Q&A calls
- Community discussions

is entirely voluntary.

You are responsible for what you choose to share.

We encourage members not to disclose highly sensitive or identifying trauma details within public or group settings.

4. No Guarantees of Outcomes

While many members experience meaningful shifts, we do not guarantee specific results.

Testimonials, case studies, and member experiences represent individual outcomes and are not promises of future results.

Progress depends on many factors, including:

- Personal circumstances
- Engagement
- Readiness
- External support
- Individual nervous system capacity

Your results may differ.

5. Emotional Responsibility

Trauma education can bring awareness and emotional responses.

By participating, you acknowledge that:

- You are responsible for your own wellbeing.
- You will seek additional support where needed.
- You engage at your own pace.

You are encouraged to pause or step away from content if it feels overwhelming.

6. Live Session Recordings

Live sessions may be recorded and made available to members.

If you choose to speak or use video during a live session, your contribution may appear in the recording.

You may participate anonymously or with camera and microphone off if preferred.

7. Community Interactions

The Membership community is moderated; however:

- We are not responsible for the opinions or comments of other members.
- Members must not treat peer discussion as professional advice.

Community interaction does not replace clinical support.

8. Limitation of Liability

To the fullest extent permitted by law:

The Trauma Recovery School Ltd, its directors, contractors, employees, and associates shall not be liable for:

- Emotional distress
- Personal decisions
- Lifestyle changes
- Loss of income
- Indirect or consequential damages

arising from participation in the Membership.

Content is provided “as is” without guarantees of suitability for your individual circumstances.

Nothing in this Disclaimer excludes liability where it cannot lawfully be excluded.

9. Technology & Access

We do not guarantee uninterrupted access to:

- The Membership platform
- Live sessions
- Recorded materials

Temporary disruptions may occur due to technical issues outside our control.

10. Intellectual Property

All materials inside the Membership are protected intellectual property.

You may not copy, record, distribute, reproduce, or share Membership content without written permission.

11. Governing Law

This Disclaimer is governed by the laws of England and Wales.

Any disputes shall be subject to the exclusive jurisdiction of the courts of England and Wales.

12. Contact

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