

Suaday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Activities Subject to Change Door Code: 1030 October 2026 Independent Living Activity Calendar				1 9:00 Manicures-L 10:30 Exercise Class W/ Therapy-C 3:15 Caramel Apple Cookies-ID	2 RED FRIDAY! 9:00 Senior Stretch- GR 10:00 Worship Services-C 1:30 Popcorn Fridays-Café 1:30 Support Grief Group- CR 3:15 Bingo-ID 6:00 Game Night-ID	3 8:30 Strength Class- GR 9:30 Core Fitness- GR 1:30 The Sound Of Music- The Movie-C 3:15 Personal Pumpkin Pie- ID (SIGN UP BY 10/02) 6:00 Game Night-ID Simchat Torah Begins
4 Visit with Family and Friends! 3:25PM: KC Chiefs VS Raiders-CBS	5 9:00 Senior Stretch-GR 9:00 Catholic Communion-C 10:00 Walmart Trip- (Sign Up) 3:15 Mocktails and Cocktails (Bloody Shirley Temples)-Café HAPPY BIRTHDAY Ann Koch!	6 9:00 Core Fitness-GR 10:30 Exercise Class W/ Therapy-C 2:00 Memorial Services -C 3:15 Bingo-ID	7 10:00 Random Trivia-C 11:00 Catholic Mass-C 3:15 Taste Testing Different Pretzels-ID	8 9:00 Manicures-L 10:30 Exercise Class W/ Therapy-C 2:00 Clay County Animal Show (Live Animals)-HD 3:15 Cake Mix Oatmeal Cookies ID (SIGN UP BY 10/06)	9 9:00 Senior Stretch- GR 10:00 Worship Services-C 1:00 Hy-Vee- (Sign Up) 1:30 Popcorn Fridays-Café 3:15 Bingo-ID 6:00 Game Night-ID	10 8:30 Strength Class- GR 9:30 Core Fitness- GR 3:15 Braided Buddy Bracelets-ID (SIGN UP BY 10/08) 6:00 Game Night-ID HAPPY BIRTHDAY Craig Calnan!
11 Visit with Family and Friends! 3:15 White Chocolate Pumpkin Cookies (SIGN UP BY 10/08) BYE WEEK!	12 9:00 Senior Stretch-GR 9:00 Catholic Communion-C 10:00 Walmart Trip- (Sign Up) 3:00 Happy Hour- Third Street Social (Pay for yourself) HAPPY BIRTHDAY Ann Daniels! Thanksgiving Day (Canada)	13 9:00 Core Fitness-GR 10:30 Exercise Class W/ Therapy-C 2:00 Bible Study-CR 3:15 Bingo-ID	14 9:15 Catholic Rosary-C 10:00 Jeopardy -C 3:15 Witch Hat Cookies- ID (SIGN UP BY 10/13) HAPPY BIRTHDAY Mary Kmiotek!	15 9:00 Manicures-L 10:30 Exercise Class W/ Therapy-C 3:00 Happy Hour W/ Mike Helton -HD	16 RED FRIDAY! 9:00 Senior Stretch- GR 10:00 Worship Services-C 1:30 Popcorn Fridays-Café 1:30 Support Grief Group- CR 3:15 Bingo-ID 6:00 Game Night-ID	17 8:30 Strength Class- GR 9:30 Core Fitness- GR 3:15 Toilet Paper Pumpkins Craft-ID (SIGN UP BY 10/15) 6:00 Game Night-ID
18 Visit with Family and Friends! 3:25PM KC Chiefs VS Chargers (CBS)	19 9:00 Senior Stretch-GR 9:00 Catholic Communion- C 3:00 Social Hour-ID	20 9:00 Core Fitness-GR 2:00 Bible Study-CR 3:15 Bingo-ID	21 10:30 Catholic Confession- CR 11:00 Catholic Communion- C 3:15 October Birthday Party (Everyone Is Invited) -ID	22 9:00 Manicures-L 10:30 Exercise Class W/ Therapy-C 3:00 Happy Hour W/ Melissa and Company- HD	23 RED FRIDAY! 9:00 Senior Stretch- GR 10:00 Worship Services-C 1:30 Popcorn Fridays-Café 3:15 Bingo-ID 6:00 Game Night-ID	24 National Wear Pink Day For Breast Cancer Awareness 8:30 Strength Class- GR 9:30 Core Fitness- GR 3:15 Mandala God's Eye Craft-ID (SIGN UP BY 10/22) 6:00 Game Night-ID
25 Visit with Family and Friends! 7:20PM: KC Chiefs VS Seahawks- Sunday Night Football (NBC)	26 9:00 Senior Stretch-GR 9:00 Catholic Communion- C 10:00 Walmart Trip- (Sign Up) 1:00 Aldi- (Sign Up) (Since Lindsay Is Out On Friday) 3:00 Social Hour-ID	27 9:00 Core Fitness-GR 10:30 Exercise Class W/ Therapy-C 2:00 Bible Study-CR 3:15 Bingo-ID	28 9:15 Catholic Rosary-C 10:00 Halloween Family Feud -C 3:15 Halloween Musical Bingo -ID	29 9:00 Manicures-L 10:30 Exercise Class W/ Therapy-C 3:00 Chit Chat W/ Martin Thompson-ID	30 RED FRIDAY 9:00 Senior Stretch- GR 10:00 Worship Services-C 1:30 Support Grief Group- CR 2:00-4:00 Halloween Social Hour-HD 3:15 Bingo-ID 6:00 Game Night-ID	31 8:30 Strength Class- GR 9:30 Core Fitness- GR 6:00 Game Night-ID Halloween

L-Independent Living Library, C-Chapel, CR-Community Room, HD-Healthcare Dining, ID-Independent Living Dining, IPD- IL Private Dining.