For the love of CHILDREN & ourselves.



Michael & Megan's cartoon Watch Now!

Give a GIFT of kindness that "children will love, and you'll be supporting the work of Plant a Seed & See What Grows Foundation."

Inside, you'll find three children's books, plus an activity and colouring book.

More details on page 2





ALL-IN-ONE IMMUNITY KIT with four key supplements
ONE-MONTH SUPPLY

19.97 kit





42.97 90 VCAPS



35.47 60 TABLETS

66.97 120 TABLETS

SCAN to find a health food store near you.



SUPER LOW PRICE! 11.97 60 chew tabs

SUGAR- and GLUTEN-FREE meaningful amounts of vitamins and minerals.

SEPT 14–OCT 18, 2026. *While quantities last!*

Beyond Nutrition & Health

Love Yourself

#3 - 6014 Vedder Road
Chilliwack BC V2R 5M4
604 824 1770

www.beyondnutritionhealth.com





Join Megan and Michael

on an unforgettable adventure as they explore the planets, marvel at the wonders of the universe, and discover why our beautiful green Earth is unlike any other planet.

Along the way, you'll learn fun facts about nature and simple ways to help care for the amazing world we call home.



LEARN MORE AT plant a seed & see what grows FOUNDATION®

Scan the QR code TO WATCH THE NEW ANIMATED SERIES.



Plant a Seed & See What Grows Foundation has created a **SPECIAL BOX,** available in natural food and supplement stores.



ALL FOR ONLY A $5 **contribution** to the Plant a Seed & See What Grows Foundation, a nonprofit charity. *seewhatgrows.org*

Inside, you'll find three beautifully illustrated children's books featuring Megan and Michael, plus an activity and colouring book packed with puzzles, colouring pages, and hands-on activities that bring nature to life.



Healthy Children, Mind, and Body

Big Friends Is a Great Choice

Give your children **delicious, meaningful amounts** of **vitamins** and **minerals.**



Kids need protection!

Help get your child's immune system ready with our back-to-school lineup. It's nice when we can give children a helping hand. Big Friends offers a potent line of immunity defence with great-tasting gummies and chewables – or you can mix our liquid formulations into your own foods and beverages.

SUPER LOW PRICE!
11.97
60 chew tabs



Kids love the taste.

You'll love that they're all-natural and sugar-free.



HOT DEAL!
34.97
460 g powder

Certified Organic Kids All-In-One

Daily Shake Mix contains farm-fresh greens with a rainbow of more than two dozen wholesome fruits, veggies, herbs, and plant-powered protein.

23.47
60 g powder

7.97
60 chew tabs



9.97
60 chew tabs

18.97
120 chew tabs



Women's Multi

has the total essential nutrients especially formulated for women.

24.97
60 vcaps



Prenatal Moms Multi

has specific essential nutrients for expecting moms and their growing babies so **both** get what they need.

29.97
60 tablets

15.47
50 mL

8.47
90 chew tabs

9.97
60 gummies

9.97
250 chew tabs

9.97
15 mL



How can we increase *mitochondrial energy* with supplements?

Give your life a surge with NMN

NMN is a cutting-edge, activated form of vitamin B3. NMN is rapidly absorbed and converted to NAD+, the molecule that helps optimize our mitochondrial function.

39.97
30 vcaps
500 mg



31.97
60 vcaps
150 mg

57.47
120 vcaps
150 mg

The powerhouse of energy and lifelong vibrancy

42.97
120 vcaps

A surge for your cells

Every cell in our body needs energy to function well. That energy comes from mitochondria, the tiny power plants in our cells. Regenerlife's powerful energy formula helps ignite cellular mitochondria to produce more energy (ATP) and regenerate your life.



49.97
81 g powder

79.97
162 g powder

Restorative sleep *for the whole night*

Quick-release melatonin plus delayed-release melatonin gets you to sleep quicker, better, and longer.

17.97
60 tri-layer tablets



17.97
300 g powder

32.97
600 g powder



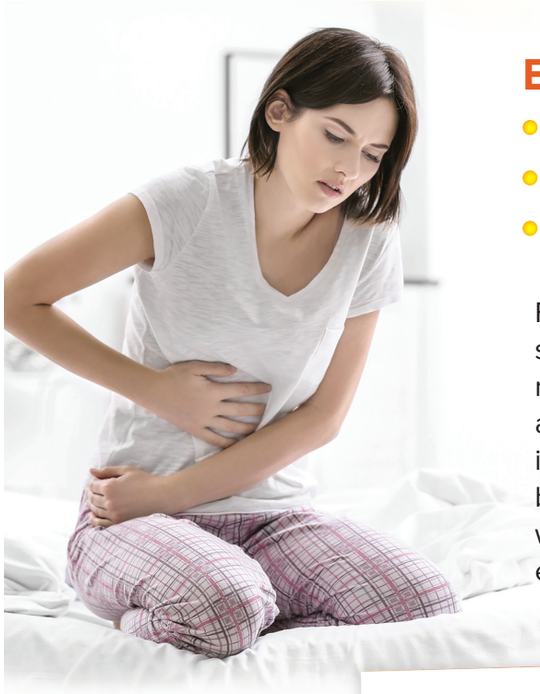
51.97
90 liquid softgels

Berberine helps normalize your blood sugar



After years of research and development, we have created a

Butyric Acid softgel designed to help relieve the symptoms of IBS.



Butyric Acid works by strengthening the gut barrier:

- Maintains the integrity of the gut lining
- Promotes a balanced gut microbiome
- Helps regulate the immune system and intestinal tract inflammation

For years, my family and I have dealt with GI issues, and while probiotics helped, I saw significant improvement after adding Regenerlife UniqueRelief IBS Butyric Acid to my routine. This product supports gut health for everyone, not just those with IBS, and it allowed me to eat foods I thought I couldn't tolerate, improving my GI health better than it's been in a decade. Initially concerned about its taste and smell, I found it easier to take by thinking of parmesan cheese, and even my family who struggle with pills managed it well. As I was impressed by the results, I bought several bottles for my family, who also experienced great improvements.

500 mg
2 softgels per packet

27.97
30 packets



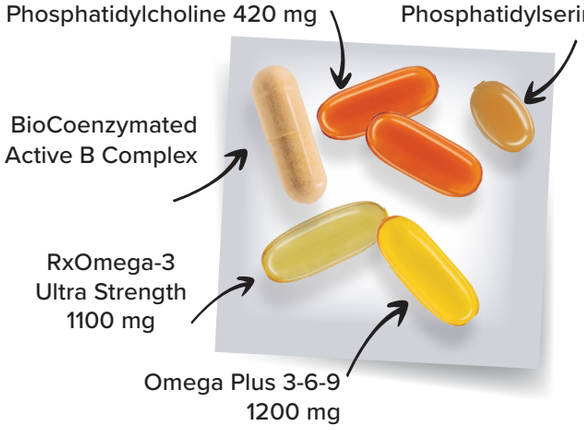
1000 mg
4 softgels per packet

49.97
30 packets

EXCLUSIVELY available in natural supplement stores. • Ask natural health food store employees for these flyer products.

Oops – what supplements do I need to *feed my brain?*





CogniSave makes it easy not to forget a single thing. **All-in-one packets** with key supplements that are excellent for brain health.

These are some of the experiences from people across Canada:

"One and done! This brain-saver pack saves me from having to go to 4 or 5 separate bottles. You people did the work for me! Soooo convenient! As I get older, easy and effective approaches to brain health are what it's all about. Much appreciated." – N.S.

"Yikes. Took the cognitive test last year and realized I had some work to do. The combo of high-absorption B vitamins and omega-3s are just what the doctor ordered. I've noticed more clarity on things that were foggy before – names, places, dates, that kind of thing – so I'll keep taking this. Hey! I'm also super happy to be buying from a Canadian company!" **– J.H.**

"Given that my main health problem is a brain/memory that doesn't function well (my neurologist says I don't have dementia 'yet,' but no promises for 5 or 7 years from now), I forgot about the brain packets that you sent me. They were rediscovered about a month ago and are now part of my daily routine – one that has produced a miracle for me. I still have memory problems but now, after taking CogniSave, I feel like I have a much younger, more alert and functioning brain! I recognize myself. It feels like a true miracle and has, quite literally, changed my life." **– S.G.**

MESSAGE FROM
the OWNER of Natural Factors

“I am deeply concerned about the increasing signs of memory loss among people of all ages. After dedicating over 50 years of my adult life to the natural food industry, I have begun to notice some memory lapses myself now that I am in my 70s.

While some may dismiss this as a normal part of aging, I firmly believe that this is not true. I have now made sure to focus on nourishing my brain and have witnessed remarkable results.

Neuroscientists worldwide say we must feed our brains with the right supplements to maintain brain health and preserve memory.

The pressure on pricing has led us to look at products that are essential, making them as affordable as possible for everyone.

With **CogniSave,** we’ve combined the most vital supplements into one convenient packet, allowing you to take just **one or two packets a day** instead of juggling multiple bottles. Recognizing the importance of this product, we’ve made it accessible to all. The regular price was $90 for a 30-day supply, but we’ve now lowered it to just $39.97.”

“I started using the CogniSave packets a few months ago, and I can honestly say it’s been a game changer for my mental clarity and focus. Juggling a busy work schedule and family commitments, I often found myself struggling to keep my mind sharp and my energy levels up. Since incorporating CogniSave into my daily routine, I’ve noticed a significant improvement in my memory retention and overall cognitive function. The packets make it easy to take on the go, and I feel more alert, productive, and ready to take on the day!” **– J.S.**

Reg. $90

OWNER’S INCREDIBLE DEAL!

39.97

kit

30 convenient **PACKETS**



Everyone's talking about the convenience of **Regenerlife daily packets.**

One packet. Every day. Anywhere.

Whether you're at home, at work, or travelling, Regenerlife daily packets make it easy to stay on track. No more opening six or more bottles – just one packet and you're done.



HOT DEAL **41.97** 30 packets

HOT DEAL **37.97** 30 packets

HOT DEAL **49.97** 30 packets

HOT DEAL **53.97** 30 packets



Get all the Omega-3 you need in just **one softgel**

More Efficient Absorption. Greater Value. Less Demand on our Natural Resources.

The advanced LipoMicel® Matrix has the highest absorption, helping your body absorb omega-3s up to 10 times more efficiently.

Natural resources are not limitless, and growing worldwide demand can place added pressure on fish populations.

LipoMicel makes every drop count!



31.97
120 softgels

18.97
60 softgels

WHOLE EARTH & SEA®

Wonderful Whole Earth & Sea Multivitamins & Minerals

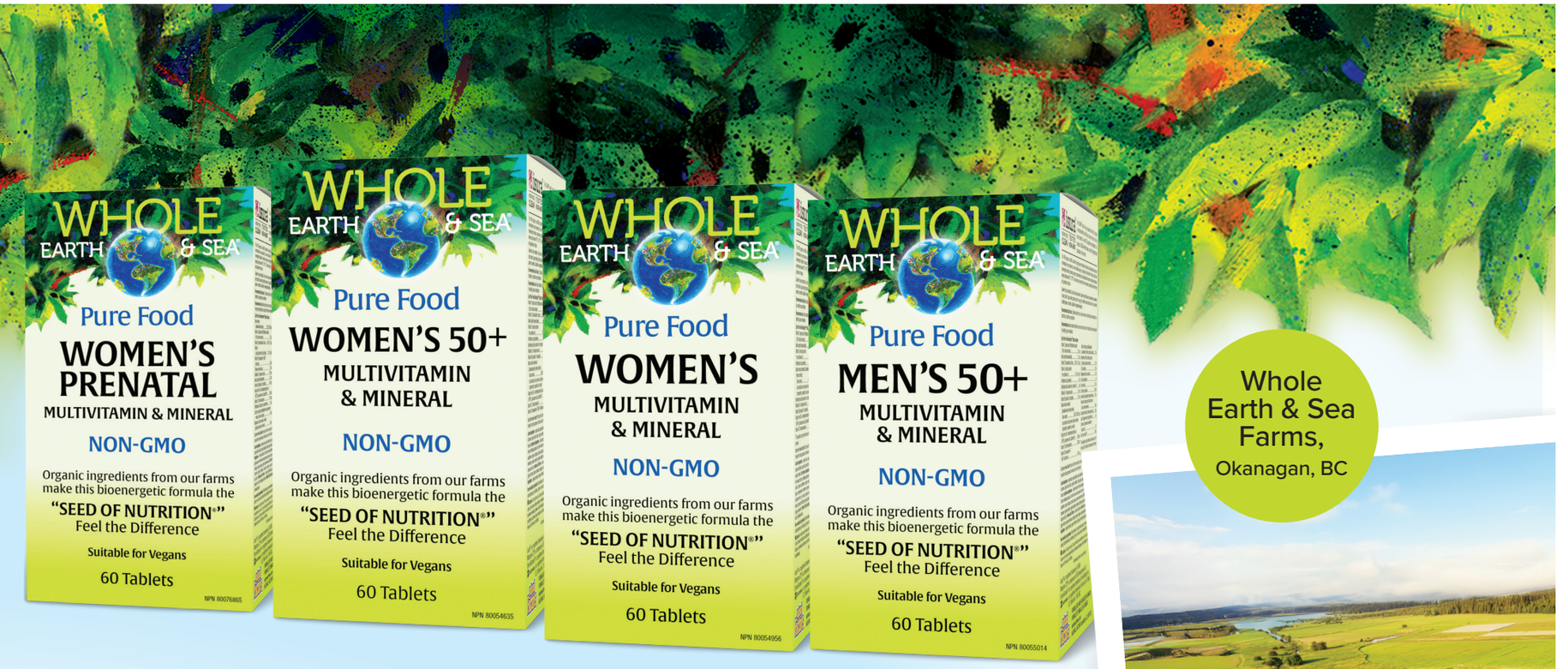
Our Whole Earth & Sea farms are regenerative, certified organic, and ABOV verified. Our **Men's and Women's multivitamins** are carefully formulated to address the different nutritional needs of men and women.

At Whole Earth & Sea, we source fresh greens and vegetables from our regenerative, certified organic, ABOV verified farms. Harvested at peak freshness and immediately raw-processed into concentrated phytonutrient blends using our EnviroSimplex® method, these ingredients are gently converted under vacuum into a dry, shelf-stable form, retaining essential biogenic minerals, enzymes, and nutrients. These farm-fresh concentrates are then crafted into every Whole Earth & Sea multivitamin capsule and tablet.

NEW Vegetarian Capsules



EXCLUSIVELY available in natural supplement stores. • Ask natural health food store employees for these flyer products.



Multivitamins & Minerals Super Special Price!

SALE! 35.47 any of the Multis **60 sizes**

SALE! 66.97 any of the Multis **120 sizes**

Whole Earth & Sea Farms, Okanagan, BC



54.97 powder



Available in Organic Chocolate, Unflavoured, Organic Vanilla Chai, and Organic Tropical

51.47 powder

Available in Organic Chocolate, Organic Tropical, and Unflavoured



EXCLUSIVELY available in natural supplement stores. • Ask natural health food store employees for these flyer products.



HOT DEAL **HOT DEAL**

14.47
30 softgels

33.97
90 softgels

31.47
100 mL

IMAGINE GETTING ALL THE BENEFITS OF OMEGA-3S WITHOUT ANY FISH

Marine DHA Vegan Omega-3 100% fish-free omega-3s

Our Marine DHA is a sustainable algal oil source of DHA that supports eye health and brain function. This omega-3 has no fishy smell or aftertaste, and is an excellent vegan alternative to fish oil supplements.



18.97
30 vegetarian softgels



Whole Earth & Sea Farms,
Okanagan, BC

HOT DEAL

13.97
6 x 75 g bars

HOT DEAL

2.47
each bar




16.97
90 vcaps
WHOLE EARTH & SEA
Pure Food
VEGAN BIOENHANCED
VITAMIN D3
1000 IU
NON-GMO
This bioenergetic formula is the
"SEED OF NUTRITION®"
Feel the Difference
Small · Easy-to-Swallow
90 Vegetarian Capsules
NPN 80058928
43.47
60 vcaps
AMAZING ENERGY AND IMMUNITY FORMULA
Super Mushroom
Six organic immune-boosting mushrooms with beta-glucan.
WHOLE EARTH & SEA
Pure Food
SUPER MUSHROOM
6 Organic Mushrooms & Beta-Glucan
Immune & Energy Support
NON-GMO
Organic ingredients from our farms make this bioenergetic formula the
"SEED OF NUTRITION®"
Feel the Difference
Suitable for Vegans
60 Vegetarian Capsules
NPN 80055125
WHOLE EARTH & SEA
FERMENTED
WHOLE FOOD
PROBIOTIC
with Pre & Postbiotics
10 Billion Live Cultures
10 Strains
Shelf and Refrigerator Stable
60 Vegetarian Capsules
NPN 80108988
25.47
60 vcaps
Protect your gut and immune system with the power of fermented wholefood probiotics.
WHOLE EARTH & SEA
Pure Food
100% VEGAN
VITAMIN D3 & K2
250 IU / 30 mcg
NON-GMO
This bioenergetic formula is the
"SEED OF NUTRITION®"
Feel the Difference
15 mL
NPN 80124129
HOT DEAL
16.47
15 mL
22.97
125 g powder
32.97
188 g powder
34.97
175 g powder
WHOLE EARTH & SEA
ORGANIC
BEETS ME®
Nitric Oxide Boost
USDA ORGANIC
GLUTEN-FREE · VEGAN
188 grams
WHOLE EARTH & SEA
ORGANIC
SOOTHE ME™
Turmeric, Ginger, Cinnamon & Cardamom
USDA ORGANIC
GLUTEN-FREE · VEGAN
125 grams
WHOLE EARTH & SEA
ORGANIC
BOOST ME™
Maca, Ashwagandha & Mushrooms
USDA ORGANIC
GLUTEN-FREE · VEGAN
175 grams

VegiDay the Balanced Protein that's 100% Certified Organic

EXCLUSIVE OFFER

Only at Natural Food & Supplement Stores.

Made with **100% Certified Organic** ingredients, sourced from our own farms and trusted growers around the world, including our organic flavours and sweeteners.

A balanced blend of organic plant proteins, including Canadian yellow pea, rice, quinoa, spirulina, and chlorella, to provide a complete and balanced essential amino acid profile.



Buy ONE for $36.97 Get ONE FREE

WHY CHOOSE VEGIDAY PROTEIN?

- **25 g of organic plant protein** per serving, with a complete and balanced essential amino acid profile
- ISURA® tested and certified clean, non-GMO
- **Premium quality** at an exceptional value
- **Amazing taste** in four delicious flavours: French Vanilla, Berry Bliss, Decadent Chocolate, and Unflavoured



Find a participating store near you.

Available exclusively at natural food & supplement stores.
While quantities last!

The most clinically studied LIPOMICEL

Over 20 published clinical studies

Why bioavailability matters in supplements

Developed and manufactured in Canada, LipoMicel is a breakthrough in nutrient delivery. It tackles a major supplement problem: poor absorption of oil-based compounds. With conventional formulas, your body struggles to absorb what you swallow – leading to wasted nutrients, wasted money, and extra capsules.

LipoMicel changes that. Its advanced micellar technology transforms hard-to-absorb ingredients into a highly bioavailable form, so your body gets more – with just one capsule.

And it's not just talk. **Backed by over 20 human clinical studies,** LipoMicel proves that better absorption means you don't need megadoses.

Fewer capsules. Less packaging. Less waste. That's **LipoMicel.**

NEW



Chrysin Complex

is a key formula that helps protect your body's cells from damage caused by everyday stressors, including pollution, physical activity, and metabolism. Chrysin as a LipoMicel formula offers enhanced absorption for maximum effectiveness.

39.97
60 liquid softgels



Up to 10x higher blood concentration

- 1 capsule of LipoMicel (250 mg) equals 5 capsules of standard quercetin (500 mg).

15.97
30 liquid softgels

29.97
60 liquid softgels

53.97
120 liquid softgels

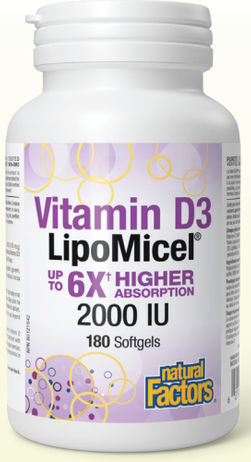


Up to 6x better absorption than standard berberine

- Clinically proven to be safe – even at a high-absorption dose (1000 mg/day).

36.47
60 softgels

67.47
120 softgels



15.47
180 softgels

25.97
360 softgels



29.47
60 liquid softgels

43.47
90 liquid softgels



Omega-3 LipoMicel Matrix

- Omega-3 LipoMicel delivers up to 10x more omega-3 absorption than standard fish oil.
- More omega-3s reach your bloodstream from just one capsule.

18.97
60 softgels

31.97
120 softgels

EXCLUSIVELY available in natural supplement stores. • Ask natural health food store employees for these flyer products.



"Regularly add COLLAGEN to your diet."

– **JULIE REIL,** MD
and Beauty Expert



Did you know?

Collagen supplements are designed to stimulate your own cells to start producing more COLLAGEN

But not all supplements are created equal! If you want a collagen supplement that actually works, here are a few things to look for.

Look for clinically studied collagen, like VERISOL®, because studies show it...

- Helps reduce eye wrinkles in four weeks
- Helps increase skin elasticity
- Helps increase skin density

Look for added nutrients that support collagen such as...

- BIOTIN – helps maintain healthy hair, skin, and nails
- HYALURONIC ACID – helps increase skin hydration
- GLUTAMINE – assists muscle repair after exercise
- L-TRYPTOPHAN – an essential amino acid involved in muscle protein synthesis
- VITAMIN C – helps collagen formation

Look for these indicators of quality on the label

- ISURA® tests supplements for over 800 contaminants, including pesticides, heavy metals, and solvents
- Non-GMO
- Grass-fed, pasture-raised, hormone-free (bovine)
- Wild-caught, sustainably sourced (marine)

36.97
267 g powder

67.97
534 g powder

54.97
855 g powder

53.47
Available in Orange, Pomegranate, Chocolate, Salted Vanilla, and Unflavoured

49.97
180 tablets

39.97
99 g powder
Marine Collagen

46.47
135 g powder
Marine Collagen Plus Hyaluronic Acid, Glutamine & Biotin

FREE COLLAGEN BOOKLET with purchase



EXCLUSIVELY available in natural supplement stores. • Ask natural health food store employees for these flyer products.

Super Hot DEALS

Preferred NUTRITION
pno.ca

21.97 250 g powder
39.97 500 g powder
59.97 1 kg powder



27.47 300 vcaps



48.97 60 vcaps



27.47 90 vcaps
34.47 120 vcaps
65.47 240 vcaps



21.47 150 vcaps



NEW 16.47 120 vcaps



NEW 23.47 120 tablets



NEW 29.97 240 vcaps



Trusted Choices for Women and Men

27.47 120 capsules



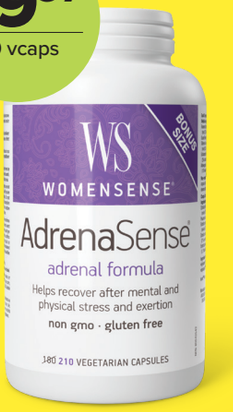
27.47 60 vcaps
51.47 120 vcaps



39.97 210 vcaps



39.97 210 vcaps



35.47 210 vcaps



EXCLUSIVELY available in natural supplement stores. • Ask natural health food store employees for these flyer products.

Wholefood Multi Capsules



ONE A DAY Vegetarian Capsules

ONE GREAT PRICE!

18.97

60 vcaps



NEW 15.47

120 capsules

NEW 26.97

240 capsules



NEW 19.97

300 subtabs
5 mg

NEW 29.97

300 subtabs
10 mg



HOT DEAL

23.97

400 g powder

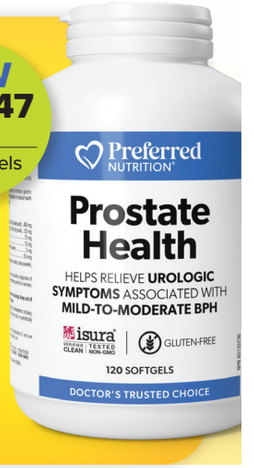
37.97

195 g powder



NEW 32.47

120 softgels



39.97

120 vcaps



36.47

120 vcaps

37.47

120 softgels



31.47

110 gummies



13.97

75 gummies



18.47

60 gummies



Alpha® Oils: Serious About Quality & Affordability

We care to bring you the best of both.

HUGE SAVINGS GREAT DISCOUNTS!

SALE 34.97
250 mL



SALE 26.97
1.5 L

SALE 15.97
800 mL







SALE 12.97
250 mL



SALE 21.47
500 mL

SALE 32.47
1 L



SALE 12.47
500 mL

31.47
250 mL





SALE 19.97
250 mL

EXCLUSIVELY available in natural supplement stores. • Ask natural health food store employees for these flyer products.

SUITABLE FOR ALL SKIN TYPES, EVEN SENSITIVE



17.97	21.47	21.47	22.47	18.97	19.47
15 mL	50 mL	50 mL	50 mL	150 mL	150 mL

NEW DEEP RENEWAL EYE CREAM

Silky eye cream for hydrated, smooth, radiant eye contour

- Deeply hydrates and protects the eye area
- Helps reduce fine lines, wrinkles, and puffiness
- Brightens for a smoother, more radiant look

LIGHTWEIGHT MOISTURIZER

For light, sheer hydration

- Sheer, long-lasting hydration
- Helps protect the skin's barrier
- Reduces shine and sensitivity

MIDDLEWEIGHT MOISTURIZER

Balanced, protective, all-day hydration

- Long-lasting, balanced hydration
- Environmental protection
- Helps with signs of an unbalanced microbiome

HEAVYWEIGHT MOISTURIZER

Intense hydration without feeling heavy

- Deep hydration that lasts all day and night
- Strengthens the skin's barrier and fights free radicals
- Helps boost elastin and hyaluronic acid production

GEL CLEANSER

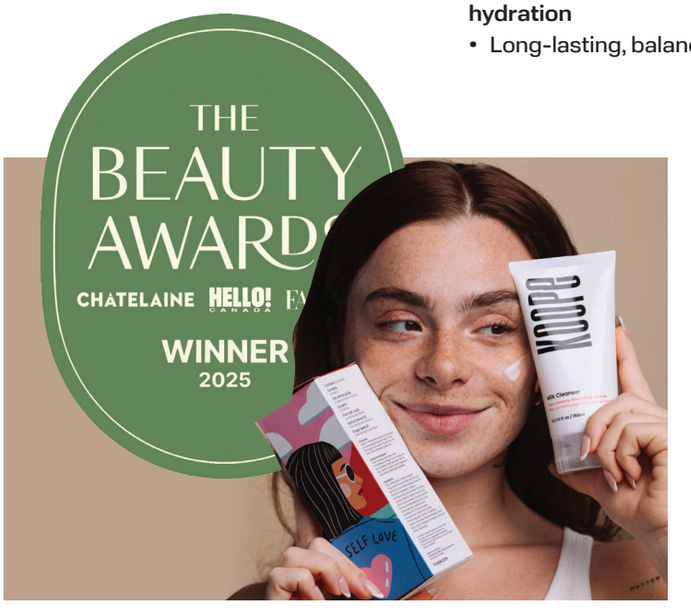
For a deep but gentle cleanse

- Lightweight deep cleansing
- Soothes and softens
- Gentle and non-sensitizing

MILK CLEANSER

For a creamy, nourishing cleanse

- Ultra-rich texture
- Smooth and creamy
- Softens and nourishes



At the **2025 Beauty Awards Canada –** powered by ***Chatelaine, HELLO! Canada,*** and ***FASHION*** – KOOPE beat out over 1,000 entries to win two major awards.

"This cleanser is truly exceptional. I was blown away by how hydrated my skin felt after using it."
Beauty Awards Canada Judge

Super Hot DEALS



HOT DEAL
13.97
60 softgels

HOT DEAL
21.47
120 softgels



HOT DEAL
25.47
60 softgels

HOT DEAL
35.97
120 softgels



37.97
60 softgels
100 mg

69.97
120 softgels
100 mg



36.97
30 softgels
200 mg

68.97
60 softgels
200 mg

39.47
60 vcaps

71.97
120 vcaps



HOT DEAL
26.97
250 vcaps

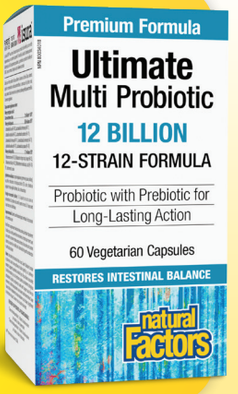


NEW
24.97
120 vcaps



22.47
60 vcaps

41.47
120 vcaps



22.47
60 vcaps

37.97
120 vcaps



HOT DEAL
13.97
360 softgels
2500 IU

HOT DEAL
18.47
500 softgels
2500 IU



Value Size DEALS

NEW
HOT DEAL
29.97
240 capsules





HOT DEAL
19.97
210 tablets



HOT DEAL
18.97
180 vcaps



HOT DEAL
14.97
210 subtabs



Pick up your FREE copy of the WV magazine today!

Women's Voice magazine is your primary source for the latest news and trends in women's health. Whether you're seeking valuable tips, inspiring stories, or expert advice, WV magazine offers rich content designed to resonate with women everywhere.