



MENU

CURATED PROTEIN BOWLS

Bowl #1

\$10.99

Tender grilled chicken with sweet corn, crisp broccoli, sautéed mushrooms, and juicy cherry tomatoes.



Bowl #2

\$10.99

Grilled chicken, soft-boiled eggs, crisp broccoli, sweet corn, carrots, potatoes, and juicy cherry tomatoes.

Bowl #3

\$12.99

Juicy shrimp, fluffy scrambled eggs, sliced avocado, baby potatoes, sweet corn, and fresh berries.



Bowl #4

\$11.99

Perfectly sliced steak with sliced avocado, soft-boiled eggs, cherry tomatoes, olives, and crispy potatoes.

Bowl #5

\$12.99

Zesty shrimp tossed with avocado, red onion, and cilantro on a bed of lettuce.



Bowl #6

\$11.99

Protein-packed and fresh — tuna, avocado, juicy tomatoes, and hard-boiled eggs over crisp greens.

Bowl #7

\$10.99

Grilled chicken with vibrant veggies, avocado, and broccoli



Bowl #8

\$12.99

Juicy shrimp, hearty chickpeas, crisp greens, and roasted sweet potatoes

Bowl #9

\$12.99

Grilled shrimp, boiled eggs, and charred zucchini with sliced avocado and a lemon slice.



Bowl #10

\$12.99

Grilled shrimp, sunny-side egg with potatoes, broccoli, and sliced avocado

10572 Highland Rd,
Hartland, MI 48430
810-632-9313





MENU

CURATED PROTEIN BOWLS

Bowl #11

\$9.99

Grilled chicken, leafy greens, carrots, cauliflower, and rice



Bowl #12

\$9.99

Grilled chicken, pinto beans, lettuce, cubed avocado, pico de gallo, shredded cheese, and rice

Bowl #13

\$10.99

Grilled Chicken, charred pineapple, cherry tomatoes, red onions, cubed avocado, and lettuce



Bowl #14

\$9.99

Tender chicken and sautéed mushrooms smothered in creamy garlic sauce over rice

Bowl #15

\$9.99

Grilled chicken over crisp greens with avocado, cherry tomatoes & tangy vinaigrette



Bowl #16

\$10.99

Power bowl with grilled chicken, roasted sweet potato, quinoa, avocado & greens

Bowl #17

\$10.99

Grilled Chicken, cucumber, lettuce, bell pepper, cherry tomato, topped with Cilantro Lime Dressing



Bowl #18

\$9.99

Grilled Chicken, corn, lettuce, pico de gallo, black beans, shredded cheese

Bowl #19

\$9.99

Grilled Chicken with broccoli, red onion, carrots, and white rice



Bowl #20

\$10.99

Grilled Chicken with broccoli, quinoa, carrots, sliced avocado, cherry tomatoes, cucumber, and lettuce

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