



FREE DOWNLOAD

A Senior Select Guide to Understanding “Levels of Care” Available in Assisted Living Communities

This guide helps families understand what those levels really mean, and how they affect both daily life and costs for your loved one.

1

What Are Levels of Care

Levels of care describe how much daily support a resident needs. This includes minimal help to full daily assistance. This ensures the safety for each resident as while still promoting independence and dignity.

2

How Are Levels of Care Determined?

Before move-in, a nurse or care coordinator completes a personal assessment that looks at mobility, bathing, dressing, medication needs, and cognitive ability. Each task is given a score or point which determines the appropriate level of care.

3

What Each Level of Care Provides

Lower levels offer light support such as medication reminders or occasional help with daily tasks. Higher levels provide hands-on assistance with personal care, mobility, or memory related needs. Each level builds on the next, ensuring safety as needs change.

4

How Levels Adjust Over Time

Communities regularly reassess each resident, especially after hospital stays or health changes so support matches their current condition. This ensures safety and peace of mind for families.

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Why Understanding This Matters

Knowing your loved one's level of care helps you plan ahead, understand pricing differences, and know what kind of daily help to expect. It empowers families to make confident informed decisions that ensure loved one's dignity and quality of life.

