



FREE ONE-PAGE TOOL 13 | EVERYDAY STEADINESS

When the Plan Changes

A changed plan is not a personal failure. It is new information.

1 Name what changed

What is different from the plan you made?

2 Keep what still works

Which part of your original plan can stay?

3 Choose the smallest revision

What is one safe, realistic adjustment for today?

A phrase you can borrow

"The plan changed. I need to update one piece before I can answer."

Make it yours

The next workable step, given what is true now:

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