



FREE ONE-PAGE TOOL 16 | FOR SUPPORTERS

Respecting a No

When someone says no, staying trustworthy matters more than winning agreement.

1 Hear the answer

Do not ask them to justify a boundary.

2 Leave room for later

Offer another option only if invited.

3 Stay consistent

You can remain caring without pushing for access or details.

A phrase you can borrow

"Thank you for telling me. I will respect that. If your needs change, I am here."

Make it yours

A boundary I can honor without debate:

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