



SPECIAL NEEDS | FIELD GUIDE

What progress looks like at home

Bring real-life gains into the conversation.

A note from Victoria

A score may miss the brave, practical things your child is learning. You see changes in how they ask, recover, try, connect, and participate.

What to do

Keep three dated examples: what the task was, what support was available, and what your child did. Ask your child what progress feels meaningful to them. Share the examples with the school or care team and ask how goals capture daily-life skills, not only test results.

Words you can use

"I want to share a change we see at home. How can we use this to understand what support is working?"

One useful step I can take today:

I could start with: Write one small gain from the last month that deserves notice.

The strength I see in you

Your close attention makes invisible progress visible.

Educational peer support, not individualized medical, legal, or school advice. Partner with your child and their care or school team; consult a qualified advocate about rights questions.



SPECIAL NEEDS | WORKSHEET

What progress looks like at home

Use this page in your own words. You can leave any part blank.

A dated example of progress at home

What support made that progress possible

How my child defines a meaningful gain

My next manageable step

A person, service, or place I can turn to (if useful)

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