



A family decision with too many opinions

Keep the person's wishes and decision authority visible.

A note from Victoria

Relatives may care deeply and disagree loudly. The person receiving care must not disappear beneath everyone else's certainty.

What to do

Name the decision, the deadline, and who has legal authority. Ask the person what they want and how they prefer to participate. Gather medical facts from the care team. Set a time-limited conversation and record what was decided; seek professional help for consent or legal disputes.

Words you can use

"Before we compare opinions, what does [name] want, what did the clinician say, and who is authorized to decide?"

One useful step I can take today:

I could start with: Write the person's preference in their own words if they can share it.

The strength I see in you

You are bringing dignity back to a noisy room.



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Use this page in your own words. You can leave any part blank.

The decision and its actual deadline

The care recipient's stated wishes

Who has authority and what facts are missing

My next manageable step

A person, service, or place I can turn to (if useful)

Peer support and organization, not medical or legal advice. Follow the treating team's instructions. For urgent danger or symptoms, contact emergency services or the clinician.