



SPECIAL NEEDS | FIELD GUIDE

When a child needs privacy during care

Make dignity part of the routine, not an afterthought.

A note from Victoria

Children with support needs still deserve privacy, choice, and a voice in how their bodies are cared for. It is worth slowing down enough to ask.

What to do

Name the care task and which parts the child can do independently or choose between. Ask permission before touch whenever possible, explain what is happening in the child's communication style, and limit the audience. Record the child's preferences for caregivers and school staff. If safety or medical necessity limits a choice, explain the limit honestly and offer another meaningful choice.

Words you can use

"I will tell you what happens next. Would you like me to help from this side or that side? We can pause for a moment."

One useful step I can take today:

I could start with: Ask your child which part of the routine they want more control over.

The strength I see in you

Protecting dignity builds trust that carries into future care.

Educational peer support, not individualized medical, legal, or school advice. Partner with your child and their care or school team; consult a qualified advocate about rights questions.



SPECIAL NEEDS | WORKSHEET

When a child needs privacy during care

Use this page in your own words. You can leave any part blank.

A care routine where privacy matters

Choices my child can make

How adults can explain or pause the task

My next manageable step

A person, service, or place I can turn to (if useful)

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