



When medication instructions disagree

Get one clear plan from the right professional before changing anything.

A note from Victoria

Two lists, a new discharge sheet, and a bottle label can tell different stories. You do not have to guess which one wins.

What to do

Collect the current bottles, discharge instructions, and medication list. Call the prescriber or pharmacist and read the discrepancy exactly. Ask which dose and timing are current, when the change begins, and who will update the written list. For urgent symptoms or possible medication error, seek immediate clinical guidance. Do not independently combine, stop, or change doses based on this worksheet.

Words you can use

"The bottle says [A], but the discharge page says [B]. Please confirm the current instruction and send an updated list."

One useful step I can take today:

I could start with: Place the conflicting instructions together and identify the clinician or pharmacist to call.

The strength I see in you

You noticed a mismatch before guessing. That attention matters.



When medication instructions disagree

Use this page in your own words. You can leave any part blank.

The two instructions that conflict

Who will confirm the current plan

Where the corrected list will live

My next manageable step

A person, service, or place I can turn to (if useful)
