



CAREGIVING | FIELD GUIDE

When an appointment is canceled at the last minute

Keep the care plan moving without rebuilding the entire week.

A note from Victoria

You arranged transportation, time off, and perhaps a lot of emotional preparation. A cancellation is not a small inconvenience.

What to do

Ask why the visit was canceled, how urgent follow-up is, and whether a phone visit is appropriate. Request the next available time and a cancellation list. Confirm whether tests or refills should proceed meanwhile. Update transport and helpers; record the new plan in one place. Escalate urgent symptoms through clinical guidance.

Words you can use

"Because this visit was needed for [reason], what is the safe plan until the new date? Can any part happen sooner?"

One useful step I can take today:

I could start with: Write the replacement date, one interim action, and who must be notified.

The strength I see in you

You can be disappointed and still steer the next step clearly.

Peer support and organization, not medical or legal advice. Follow the treating team's instructions. For urgent danger or symptoms, contact emergency services or the clinician.



When an appointment is canceled at the last minute

Use this page in your own words. You can leave any part blank.

The appointment and reason for urgency

The interim plan the team recommends

People and services to update

My next manageable step

A person, service, or place I can turn to (if useful)
