

Awakened by Wonder Retreat ~ May 24 - 29, 2026

Suggested Supply List

Hello! I am so excited you are joining me for this retreat! I cannot wait to meet and create with you! My mantra for this retreat and supply list is... Let it be easy, creative, and full of possibility! The materials listed below are based on what I love to use in my own process. We will be creating a variety of soulful pieces with watercolor and acrylic inks, however I just love mixed media collage so we may even do a bit of that too!! I never want to stifle curiosity or limit expression, so follow what lights you up. I'll also bring extra supplies and tools to share, there will be plenty to explore together!

Watercolor & Acrylic Inks & Acrylic Paint:

- **Pan Watercolor Set** ~ whichever is your favorite... some of mine are Viviva (super vibrant) or Winsor & Newton Field Box
- **Acrylic Inks** ~ 5-10 colors you're drawn to (feel free to include white, black, or metallics). These are my favorites to use (I will also bring some to share)
Daler Rowney: *Sap Green, Sepia, Burnt Umber, Indigo* *Liquitex : Quinacridone Magenta*

Paper/Substrates:

- 18x24 inch Heavyweight White Watercolor Paper (Canson & Arches are favs)
- Watercolor Sketchbook (for our morning shadow studies & journaling) I love the Funto 5.5"x5.5"
- Yasutomo Multi Media Mineral Paper 11x14 inch

Brushes & Tools:

- 1-2 round watercolor brushes... I will also bring some to share
- Small pair of scissors
- Pencil /graphite pencil for sketching & journaling journaling prompt
- UHU Stic for collage

Supplies I will bring to share:

- White & Gold Gel Pens & Black Micron or Pilot G-Tec- C4 Pen
- Hydrus Watercolor & Watercolor Cards
- Vintage book pages and sheet music! Spray bottles
- Feathers and other special natural tools
- Twine for making brushes
- Paper for warm ups and tearing
- Rolls of painters tape
- Palettes
- Wood to use with Watercolor Ground
- Liquitex Basics Acrylic Gold Paint
- Boards to collage on in case we want to play with a bit of mixed media collage!!
- Air Dry Clay & Seashells to create our own watercolor palettes!
- Anything else I can fit into my suitcase to create & explore with!

Please feel free to reach out to me at krista@kristajbrock.com if you have any questions about the supplies!