



EQFIT® Business EQ-Edge™ Assessment — Quick Results

Know yourself, grow yourself, grow your success

Prepared for **Avery Sample** · independent consulting business · September 27, 2026

What this report is for — and what it is not

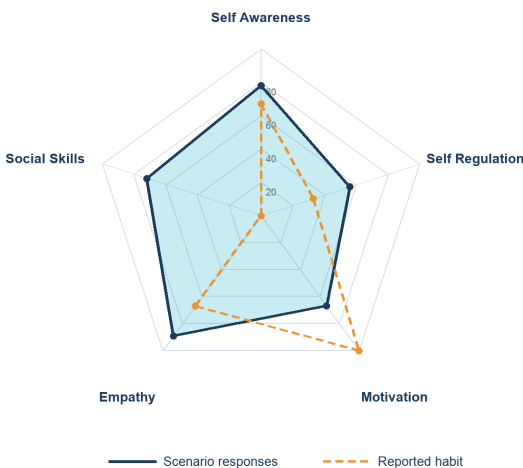
This report is a development tool. It describes how you tend to operate right now — not your worth, your potential, or your IQ. Scores move over time. Moving them is the whole point.

Because of that, the EQFIT® Edge™ assessments are not to be used to make personnel decisions. They are not selection instruments or promotion instruments. They are research-based, for growth and development purposes. Results should not be used to decide who gets hired, promoted, retained, reassigned, compensated, or let go.

If you are a leader holding someone else's report, treat it as confidential and as a conversation starter, not a verdict on that person. Work with them and with the report, and grow them through the process as it is intended.

This is a snapshot of your responses. Use the Development Report and your own examples to decide what to practice next.

Your EQFIT® Business EQ-Edge™ Assessment: 72% — Functional



Your five signals

Dimension	Your Score	Tier
Self-Awareness	78%	Functional
Self-Regulation	56%	Developing
Motivation	67%	Functional
Empathy	89%	Strong
Social Skills	72%	Functional

Lead with this strength

Empathy (Strong). Empathy is a current strength in these responses. Use it deliberately while checking its limits.

Start here

Self-Regulation (Developing). Choose one recurring trigger. Write down a pause you can use before responding, then try it in the next real situation. — It gives you an observable action to review.

The five Execution Check answers describe habits you report using. Compare one with a real example in your debrief; a single answer does not establish a skill gap.

Where to go from here

Choose one action from this report and bring it to your debrief. Use the Growth Workbook to record what you try, what you notice, and what you will adjust over the next 90 days.

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