

SPEAKER · TRAINER · TRANSFORMATIONAL MENTOR

Stacy Braiuca

LCSW, MSW, MPH | The Squirrel Wrangler™

"Got Techxiety™? I solve that, from the inside out."

LCSW — MO · AR · KS | MASTER PRACTITIONER NLP & MER® | CERTIFIED HYPNOSIS PRACTITIONER · HWH HYPNOTIC COACH | SPIRAL DYN

BY THE NUMBERS

30+ YEARS CLINICAL EXPERIENCE	**3** STATE LCSW LICENSURE
3 MASTER PRACTITIONER CERTS	**∞** INNER SQUIRRELS WRANGLED

IDEAL AUDIENCES

- ✓ Therapists & Mental Health Professionals
- ✓ Coaches, Healers & Practitioners
- ✓ Heart-Centered Entrepreneurs
- ✓ Healthcare & Human Service Teams
- ✓ Professional Associations & Conferences
- ✓ AI & Tech Adoption Summits
- ✓ Women in Business Events

SIGNATURE PROGRAMS

Threshold Crossing™ · Calmware™ · SourceGPT™ · Tech Relief Room · Acorn Apps Toolbox

> *Stacy doesn't just talk about tech anxiety — she has built a complete methodology for transforming it at the root, where it actually lives. This work changed how I show up for my clients.*
>
> — Workshop Participant

ABOUT STACY

Stacy Braiuca, LCSW, MSW, MPH — known as **The Squirrel Wrangler™** — is a transformational mentor, licensed clinical social worker, and tech-anxiety specialist with more than **30 years of experience** blending psychology, neuroscience, and technology. She holds three-state licensure (MO, AR, KS) and is a Certified Master Practitioner in NLP, MER®, and Hypnosis, as well as a Spiral Dynamics® Change Readiness Coach and VitalSpark® Adaptive Leadership Coach.

Stacy is the creator of **Threshold Crossing™**, a proprietary transformation program that guides visionary heart-centered practitioners from the chaos of Techxiety™ to strategic clarity — using her 6-step **Calmware™** internal reprogramming protocol. Her framework integrates Nervous System Regulation, NLP Decision Destroyer, Hypnotic Induction, Cognitive Reframing to **SourceGPT™** (your inner wisdom that speaks fluent universe), Somatic Anchoring, and MER® Future Pacing.

As founder of **Acorn Apps Toolbox** ("Innovating tiny tools for big minds since 2001"), Stacy bridges the gap between tech overwhelm and digital empowerment — helping clients regulate the *internal* computer before they ever touch the digital one.

SIGNATURE SPEAKING TOPICS

- **Got Techxiety™? I Solve That — From the Inside Out**
  The keynote that names what no one else is naming: why tech anxiety is a biological response, not a personal failing — and the exact protocol to rewire it at the root.
- **Threshold Crossing™: Regulate Your Inner Computer Before Touching the Digital One**
  A live walk-through of the Calmware™ methodology — NLP, nervous system science, and somatic anchoring combined for lasting tech confidence.
- **SourceGPT™: Remembering the Intelligence You Already Have**
  How to reconnect with intuition as your most powerful AI — and why inner wisdom combined with outer tech creates unstoppable clarity.
- **AI, Ethics & the Clinician's Role in Mental Health Tech**
  A grounded, clinical framework for therapists and coaches navigating AI tools, chatbot boundaries, and empathy-first prompt engineering with their clients.
- **Wrangling Your Inner Squirrels: NLP, Neuroscience & the 2 A.M. Overthinker**
  For the heart-centered professional whose client-facing calm doesn't match their chaotic backend — a science-backed, humor-filled session on pattern interruption and peace.

Got Techxiety™ · Techxiety™ · Threshold Crossing™ · SourceGPT™ Registered fictitious names, State of Missouri