



Primary Care Designed Around an Ongoing Physician Relationship

Preventive care, chronic-disease management, routine follow-up, and access for appropriate non-emergency concerns - with transparent membership pricing.

What Phoenix Primary Care Supports

Preventive Care & Health Planning

Routine preventive care, health planning, medication review, and continuity with a physician who knows your history.

Chronic Disease Management

Ongoing management of conditions such as diabetes, hypertension, high cholesterol, and other appropriate chronic concerns.

Routine Follow-Up

Relationship-based follow-up and care coordination rather than starting from zero at every visit.

Urgent / Same-Day Concerns

Evaluation of appropriate non-emergency acute concerns, including virtual access when clinically appropriate and available.

Direct Primary Care Membership

Adult	Adolescent (12+)	Household Enrollment
\$150/mo	\$98/mo	\$200 / \$325
\$125 one-time enrollment	\$125 one-time enrollment	2-3 members / 4+ members one-time fee

Household monthly fees are based on the members enrolled; there is no monthly household cap. Final eligibility, included services, access standards, and other terms are governed by the signed membership agreement.

Membership Is Not Health Insurance

Maintain appropriate coverage for emergency care, hospitalization, specialty care, imaging, procedures, and services outside the membership agreement. Phoenix Medical Spa is not an emergency department. If you are experiencing a medical emergency, call 911.

Become a patient: phoenixhealthmedspa.org/become-a-patient



MEDICAL WEIGHT MANAGEMENT & METABOLIC HEALTH

Physician-Guided Weight Management Built Around You

A separate care pathway focused on metabolic health, sustainable nutrition, lifestyle support, accountability, and medication management when clinically appropriate.

FIRST STEP	\$397 Initial Physician Consultation	Individualized evaluation and discussion of appropriate next steps. The consultation does not guarantee medication or program acceptance.
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Choose the Level of Support You Need

Foundation	\$497/month	Structured ongoing physician-guided weight-management support, routine accountability, and metabolic-health monitoring.
Optimization	\$697/month	A higher level of physician support, monitoring, follow-up, accountability, and metabolic-health optimization.
Comprehensive	\$897/month	The highest-support option for patients who need more frequent or more comprehensive physician-guided follow-up and long-term planning.

The Program May Include

- Comprehensive physician evaluation and review of appropriate laboratory information
- Nutrition, lifestyle, and behavioral support
- Ongoing body-composition and metabolic-health monitoring
- Medication evaluation and management when clinically appropriate
- Accountability, follow-up, and individualized long-term planning

Important: Medical weight management is separate from the DPC primary-care membership. Medication costs are separate unless expressly stated otherwise. Prescription eligibility is determined individually; no GLP-1 or other medication is guaranteed. Outside lab, imaging, pharmacy, specialist, and other third-party costs may be separate.

Start With Your Phoenix Consultation
phoenixhealthmedspa.org/become-a-patient

