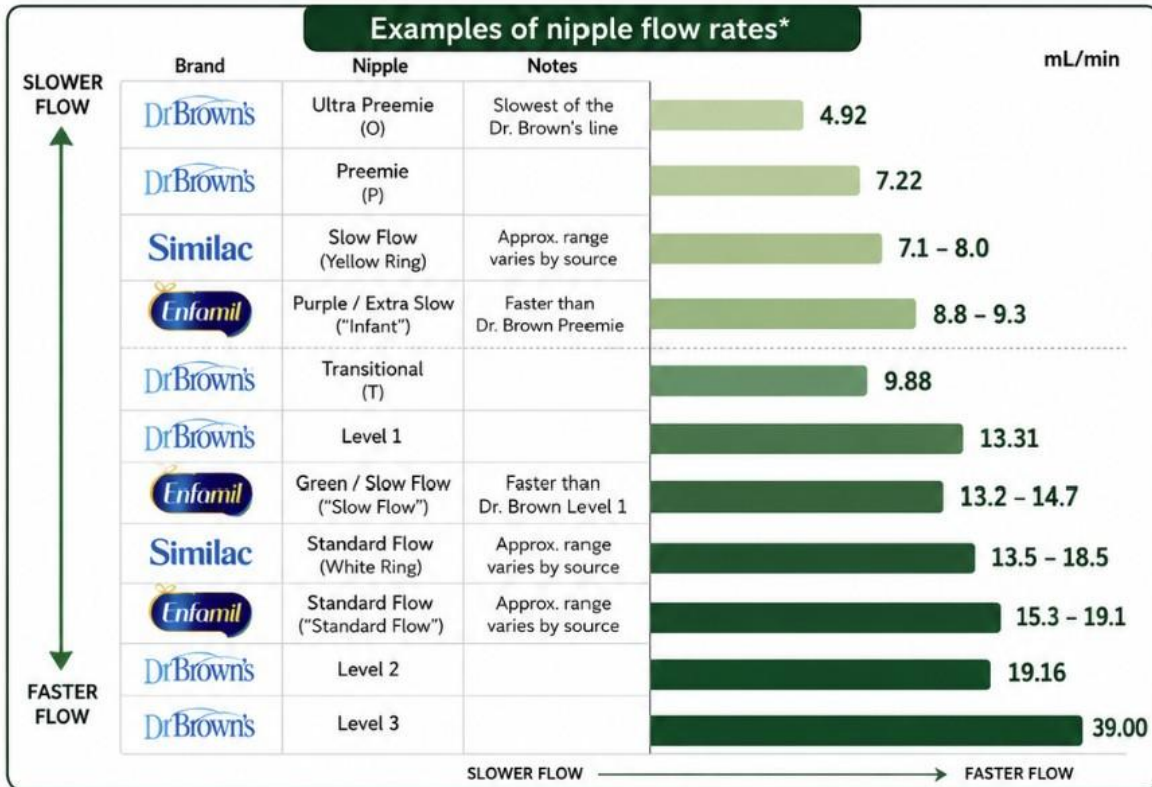




Nipple flow rates are not all the same



Brand names and colors can be misleading.
A small nipple change can mean a big change in flow.



Important comparisons

- Enfamil purple is faster than Dr. Brown Preemie
- Enfamil green is faster than Dr. Brown Level 1
- "Slow flow" does not always mean the slowest flow
- Flow can vary by brand and by published source



How to use this information

- Choose flow based on how the baby feeds, not the nipple name
- Use the same nipple consistently long enough to assess the baby's pattern
- If a change is needed, involve the feeding team



Common brand key

- Dr. Brown's Clear nipple
- Similac Ring on nipple base indicates flow
- Enfamil Color of nipple collar indicates flow



Clinical takeaway

Changing the nipple changes the intervention.
The goal is not the fastest feed.
The goal is an organized, stable, safe feed.



Example comparison values for education.
Published flow rates may vary by source and testing method.

NICU Learning Nest

