

ENVIRONMENTAL SUSTAINABILITY STATEMENT

Dr Seth Cancer Wellness Ltd

Approved by	Dr Seth Asare, Director
Review cycle	Reviewed annually, or sooner if the business, services, or relevant expectations change

1. Our approach

Dr Seth Cancer Wellness Ltd is committed to responsible environmental practice. We recognise that sustainability is not only about large industrial activity. It is also about the daily choices made by smaller organisations in how they use energy, water, paper, digital systems, equipment, travel, and purchased goods and services. We therefore aim to run the business in a way that is thoughtful, proportionate, and practical, while supporting long term environmental wellbeing.

2. About our business

We are a specialist wellness business providing functional and integrative cancer wellness support. Our service model is not that of a large hospital, factory, or traditional care agency. Even so, we understand that our environmental footprint still matters. Our sustainability approach is therefore shaped around the realities of a small, professional service. We focus on reducing waste, using resources carefully, making sensible purchasing decisions, and reviewing how our work can be delivered in a more efficient and environmentally responsible way.

3. Our commitments

We are committed to using resources responsibly, reducing unnecessary waste, improving energy efficiency where reasonably practicable, and choosing suppliers and services that reflect lawful and responsible practice. We also aim to build environmental awareness into day to day decisions so that sustainability is part of how the business is managed, rather than a one off exercise or a statement on paper only.

4. Priority areas

Our main environmental priorities are straightforward. We aim to reduce paper use through digital working where appropriate. We seek to avoid unnecessary printing and encourage secure electronic communication and record keeping wherever practical. We aim to conserve electricity and water by promoting good housekeeping, including switching off non essential lighting and equipment, reporting maintenance issues promptly, and using resources only as needed. We also aim to reduce avoidable travel and to plan journeys efficiently where travel is necessary.

5. Waste and equipment

We will take reasonable steps to reduce, reuse, and recycle materials wherever possible. This includes paper, cardboard, plastics, printer consumables, and electronic items. Where electrical or electronic equipment reaches end of life, we will arrange disposal through appropriate channels in line with good practice and applicable requirements. We will also seek to avoid unnecessary purchasing and replace equipment thoughtfully rather than routinely.

6. Procurement and suppliers

As a small business, we rely on a limited supply chain. Even so, we recognise that environmental responsibility includes how goods and services are sourced. We therefore aim to work with reputable suppliers and service providers, and where possible we will favour options that demonstrate good environmental awareness, durable products, reduced packaging, and responsible resource use. This links with our wider commitment to ethical business practice and proportionate due diligence.

7. Training and awareness

Environmental responsibility depends on awareness as well as policy. Anyone supporting the business will be expected to understand basic environmental expectations relevant to their role. This includes sensible use of electricity, water, paper, travel, and equipment, as well as the importance of lawful disposal and prompt reporting of avoidable waste or maintenance concerns. As the business grows, our sustainability awareness measures will grow with it in a way that remains proportionate and realistic.

8. Monitoring and continuous improvement

We will keep this statement under review and will use practical monitoring to identify opportunities for improvement. This may include reviewing printing levels, energy and water use where information is available, equipment replacement decisions, supplier choices, and day to day working practices. We will also use feedback, audits, and wider quality review processes to identify changes that can improve environmental performance over time. Our intention is continuous improvement, not perfect claims.

9. Governance

Overall responsibility for this statement sits with Dr Seth Asare as Director of Dr Seth Cancer Wellness Ltd. Environmental sustainability will be considered alongside quality, continuity, equality, and ethical business practice so that decisions remain joined up and realistic for the size and nature of the organisation.

10. Statement of intent

Dr Seth Cancer Wellness Ltd is committed to playing its part in protecting the environment through responsible management of resources, sensible planning, and ongoing review. We recognise that small changes, applied consistently, can make a meaningful difference. This statement reflects our intention to operate with care for people, resources, and the wider environment.

Approved by	Dr Seth Asare
Position	Director

Date

Signature

S. Asare
