



11TH ANNUAL MENA WOMEN'S HEALTH CONGRESS



25

SEP

Pre - congress workshops

26-27

2026

Main Congress Days

Shangri-La Hotel, Dubai

INITIATIVE BY



www.menawomanhealth.com

STRATEGIC SUPPORTER



Congress Chairman



Dr. Sadoon Sami Sadoon

MBChB, FRCOG, CABOG, FICMS, MBA, Consultant Obstetrician and Gynecologist, Group Chief of Women's Health Services, **NMC Healthcare, UAE**

Congress Co-chair



Dr. Saleema Wani

MBBS, MD, FRCOG, Senior Consultant Obstetrician and Gynecologist, Deputy CMO, Chair Academic Affairs, **Corniche Hospital, UAE**

Scientific Committee



Dr. Amitabha Majumdar

MBChB, FRCOG, CCT (UK), MRCOG (UK), FRSM (UK), Consultant Obstetrician and Gynaecologist, Superspecialist in Urogynecology and pelvic floor reconstructive surgery, **Kings College Hospital, London, UAE**



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MBChB, FICMS, CABOG, MSc, FRCOG, Consultant Gynecologist University **College London Hospitals NHS Foundation Trust, UK**



Prof. Hisham Mirghani

MD, FRCOG, MFM, MHPE, Consultant, Chair of Fetal Medicine Services NMC Royal Hospital, **Khalifa City, Abu Dhabi, UAE**



Prof. Muhieddine Abdul Fatah Seoud

MD, FACOG, FACS, Consultant, Chair of the Obstetrics and Gynecology Department, Professor **Sheikh Shakhbout Medical City, American University of Beirut, Lebanon**



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Dr. Yasmin Sajjad

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Speaker Faculty



Dr. Abdulla Al Nakshabandi

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Dr. Andrea Kalin Agten

Maternal Fetal Medicine Consultant, Acting Chair in Fetal Medicine, **Corniche Hospital, Abu Dhabi, UAE**



Dr. Arnaud Wattiez

Head of Gynecology Department, **Latifa Women & Children Hospital, Dubai, UAE**; Founder, **MIS Academy, UAE**; Chief of Gynecological Division, **Dubai Health**



Dr. Bashir Taha Salih

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Dr. Fatema Al Mansouri

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MD, MBBS, SBOG, EMHCA, Dip US OBS & Gyne, Dip MIS, Dip Cosmetics; Consultant Obstetrics and Gynaecology, **Danat Al Emarat, Abu Dhabi, UAE**; **Dalla Hospital, Al Khobar, KSA**



H.E. Dr. Fayeza Al Yafei

Executive Director of Healthcare Quality Sector, **Department of Health Abu Dhabi, UAE**



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Prof. Hisham Mirghani

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Speaker Faculty



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UAE University**



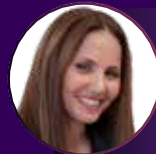
Dr. Louay H. Zayed

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**Postgraduate Diploma of Fetal Medicine,
Barcelona University, Spain**



Dr. Manaf Hashimi

Consultant Urologist, Head of Urology
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Dhabi, UAE**



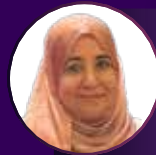
Dr. Maria Karakoulaki

Lead Aesthetic and Functional
Gynecologist & Menopause Expert;
**Founder of Gyneco Clinic, Dubai,
UAE**



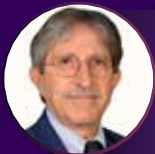
Dr. Melanie Schlatter

Clinical Health Psychologist (Oncology/-
Psychiatry and Behavioral Health),
American Hospital, Dubai, UAE



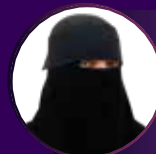
Dr. Mouza Alsalmami

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Dr. Muhieddine Seoud

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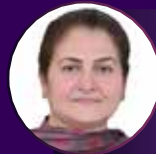
Dr. Muna Khalfan Obaid

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Dr. Muna Tahlak

Chief Medical Officer, Dubai Health;
Vice Provost of Clinical Practice,
MBRU; Chief Executive Officer,
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Speaker Faculty



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Dr. Noora Alshamsi

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Dr. Norran Said

Breast Imaging Interventional Radiologist, Division Chief- Breast Radiology, **Alzahra Hospital, Dubai**; President Elect, Egyptian Society of Women's Health; Steering Committee Member, Egypt's Presidential Initiative on Women's Health, MOHP; Committee Member; SBI, EBI, **PAIRS**



Dr. Ray Makwela

MB ChB, MMed, FCOG (SA), Consultant, Department of Obstetrics and Gynecologic, **Gynecologic Oncology, SSMC, Abu Dhabi, UAE**



Dr. Reem Abdallah

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Dr. Rita Sakr

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Dr. Sadoon Sami Sadoon

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Dr. Viveka Mohan

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Dr. Warka Humadi

MBChB, FRCOG, MSc (MFM), MSc (Obst & Gyn Ultrasound); Maternal-Fetal Medicine Specialist, **NMC Royal Hospital, Khalifa City, Abu Dhabi, UAE**



Dr. Yasmin Sajjad

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Pre-congress Workshops

Friday, 25 September 2026

WORKSHOP A: LAPAROSCOPY WORKSHOP

WORKSHOP B: CERVICAL CANCER SCREENING AND COLPOSCOPY WORKSHOP

08:00–08:30	Registration
08:30–08:45	Introduction – Course Objectives Dr. Muhieddine Seoud Dr. Reem Abdallah Dr. Ray Makwella
08:45–09:10	Latest Screening Guidelines – ACOG / USPSTF / ASCCP / SGO / ASCO / ACS From Cytology to Primary HPV Testing Dr. Reem Abdallah
09:10–09:40	2019 ASCCP Guidelines for the Management of Abnormal Screening: Introduction to Risk Based Management Dr. Muhieddine Seoud
09:40–10:00	<i>Coffee Break</i>
10:00–10:30	Colposcopy: The Basics Dr. Muhieddine Seoud
10:30–11:00	Colposcopic Appearance of Condylomas / ASCUS / LSIL Dr. Reem Abdallah
11:00–11:30	Colposcopic Appearance of HSIL / AGC US / AIS / Invasive Cancer Dr. Muhieddine Seoud
11:30–12:30	Post Colposcopy Test Q&A Dr. Ray Makwella Dr. Reem Abdallah
12:30	Conclusions & Wrap Up Dr. Ray Makwella Dr. Muhieddine Seoud Dr. Reem Abdallah

Pre-congress Workshops

Friday, 25 September 2026

WORKSHOP C:

OBSTETRICS & GYNECOLOGY ULTRASOUND WORKSHOP

13:00–14:00	Registration and Welcome Introduction
14:00–14:25	Lecture 1: First Trimester Ultrasound Dr. Warka Humadi
14:25–14:50	Live Scanning Session 1: First Trimester Ultrasound (Systematic examination, CRL, NT demonstration)
14:50–15:15	Lecture 2: Fetal Growth Restriction: Ultrasound Diagnosis, Doppler Assessment, Monitoring, and Timing of Delivery Dr. Noora Al Shamsi
15:15–15:40	Live Scanning Session 2: Fetal Biometry, Estimated Fetal Weight, Umbilical Artery, MCA, and Cerebroplacental Rati
15:40–16:05	<i>Coffee Break and Networking</i>
16:05–16:30	Lecture 3: Practical Fetal Cardiac Examination: Four-Chamber View. Prof. Hisham Mirghani
16:30–16–55	Live Scanning Session 3: Standard Fetal Cardiac Screening Examination
16:55–17:20	Lecture 4: Placenta Accreta Spectrum Dr. Hussein Abolmakarem
17:20–17:45	Transperineal Ultrasound of the Female Pelvic Floor Dr. Islam Badr
17:45–18:00	<i>Closing remarks</i>

DAY 1 — MAIN CONGRESS DAY ONE

Saturday, 26 September 2026

TIME	TOPIC
08:00 – 08:50	Registration & Networking
08:50 – 08:55	Welcome Remarks from the Congress Chairman Dr. Sadoon Sami Sadoon

Session 1: Plenary

Moderators: Dr. Saleema Wani & Dr. Ghada Salman

08:55–09:20	Keynote: Beyond Technology: How Experience Shapes Surgical Intelligence Dr. Arnaud Wattiez
09:20 – 09:40	What More Can AI Add to PMOS? Dr. Hesham Arab
09:40 – 10:00	Adenomyosis: From Under-Recognition to Precision Diagnosis & Treatment Dr. Ghada Salman
10:00 – 10:20	<i>Opening Ceremony</i>
10:20 – 10:40	The Hidden Secrets of Miscarriages Dr. Hesham Arab
10:40 – 11:00	Networking Coffee Break

Session 2: The Evolution of Women's Health: From Tradition to Transformation

Moderators: Dr. Sadoon Sami Sadoon

11:00 – 11:20	Should All Previous Uterine Scars be Given a Trial of Vaginal Birth? Dr. Saleema Wani
11:20 – 11:40	Preventing Pelvic Floor Injury & Achieving Safer Women's Health Dr. Laila AlHubaishi
11:40 – 12:00	The Journey from Scar Pregnancy to Placenta Accreta Spectrum Dr. Andrea Kaelin Agten
12:00 – 12:20	Blood Health: Transforming Women's Health Outcomes Dr. Tarek Ansari
12:20 – 12:40	<i>Industry Symposium</i>
12:40 – 13:00	Expert Panel Discussion: Managing Bleeding or Managing Tradition? The Art of Blood Management Dr. Saleema Wani Dr. Tarek Ansari Dr. Andrea Kaelin Agten
13:00 – 14:00	Networking Lunch Break

DAY 1 — MAIN CONGRESS DAY ONE

Saturday, 26 September 2026

Session 3: The Invisible Patient: Advances in Foetal Medicine

Moderators: Dr. Hisham Mirghani Mubarak & Dr. Muna Khalfan

14:00 – 14:15	NIPT: A Friend or a Foe Dr. Louay H. Zayed
14:15 – 14:30	Foetal Cardiac Anomalies made easy Dr. Islam Badr
14:30 – 14:45	Twin Pregnancy: When one becomes two Dr. Muna Khalfan
14:45 – 15:00	The Role of Ultrasound in Life-Threatening Conditions Prof. Hisham Mirghani
15:00 – 15:15	Foetal Infection: Clearing the Dilemma Dr. Warka Humadi
15:15 – 15:30	CNS Abnormalities: Beyond Ventriculomegaly Dr. Viveka Mohan
15:30 – 15:45	Management of Late-onset Foetal Growth Restriction Dr. Mouza Alsalmani
15:45 – 16:00	<i>Industry Symposium</i>

Session 4: Gynaecological Oncology

Moderators: Dr. Ray Makwela & Dr. Karim El Masri

16:00 – 16:20	Vulvar Intraepithelial Lesions: Classification and Management Updates Dr. Reem Abdallah
16:20 – 16:40	HPV Vaccination: How Will the Latest Class Action Suit Against the MSD HPV 4 Vaccine in the USA Affect Uptake? Dr. Karim Elmasry
16:40 – 17:00	HPV Genital Lesions: Available Medical Treatments — What Works and What Doesn't Dr. Ray Makwela
17:00 – 17:20	HPV Self Sampling: Will it Increase Screening Uptake in the United Arab Emirates? Dr. Karim Elmasry
17:20 – 17:40	Hormonal Therapy and Breast Cancer: The Recent Removal of the FDA Black Box Warning Dr. Muhieddine Seoud
17:40 – 18:00	Fertility Preserving Surgery in Cervical Cancer: Latest Updates Dr. Reem Abdallah
18:00	<i>Closing remarks</i>

DAY 2 — MAIN CONGRESS DAY TWO

Sunday, 27 September 2026

TIME	TOPIC
08:30 – 08:50	Registration, Networking & Welcome Coffee
08:50 – 09:00	<i>Opening remarks</i>
Session 5: Maternal Medicine	
Moderators: Dr. Bashir Taha Salih & Dr. Nageena Mahmood	
09:00 – 09:20	Autoimmune Disease in Pregnancy: An overview Dr. Bashir Taha Salih
09:20 – 09:40	Challenges in Obstetric Medicine Dr. Nageena Mahmood
09:40 – 10:00	Managing Hearing Impairment in Pregnancy Dr. Abdullah Al Nakshabandi
10:00 – 10:20	Female Brain & Hormones Dr. Maria Karakoulaki
10:20 – 10:40	Domestic Violence Dr. Fatema Al Mansouri
10:40 – 10:55	<i>Industry Symposium</i>
10:55 – 11:10	<i>Industry Symposium</i>

Session 6: Gynaecology and MIS	
Moderators: Dr. Wael Hosni & Dr. Sadoon Sami Sadoon	
11:10 – 11:30	Invasive Options for Fibroid Management Beyond Myomectomy Dr. Ibrahim Abd Elrahman
11:30 – 11:50	Surgery for Endometriosis: What, When and Who!? Dr. Ghassan Lotfi
11:50 – 12:10	Integrating Machine Learning into Minimal Invasive Gynaecology Dr. Jalal Al Sharef
12:10 – 12:30	Mapping Endometriosis before the First Incision Dr. Alphy S Puthiyidom
12:30 – 12:50	Caesarean Scar Niche: When & How Dr. Wael Hosni
12:50 – 13:10	Preventing Adhesions in Laparoscopic Surgery: The Role of Anti-Adhesive Agents Dr. Necmiye Dover
13:10 – 14:10	Networking Lunch Break

DAY 2 — MAIN CONGRESS DAY TWO

Sunday, 27 September 2026

Session 7: Reproductive Medicine & Infertility

Moderators: Dr. Ghada Hussein & Dr. Yasmin Sajjad

14:10 – 14:30	Fertility Treatment Success in Advanced Maternal Age Dr. Ghada Hussein
14:30 – 14:50	The Overlooked Male Factors in Infertility Dr. Manaf Al Hashimi
14:50 – 15:10	From PCOS to PMOS: Redefining a Syndrome Dr. Fatimah Al Hajeri
15:10 – 15:30	Fertility Preservation in Unmarried Women: Aligning Scientific Innovation with Cultural and Ethical Values Dr. Yasmin Sajjad
15:30 – 15:45	<i>Industry Symposium</i>
15:45 – 16:00	<i>Industry Symposium</i>

Session 8: Women's Health 360°: Bringing It All Together

Moderators: Dr. Hazem Al Momani & Dr. Amitabha Majumdar

16:00 – 16:20	Critical Appraisal of Surgery in Prolapse Dr. Amitabha Majumdar
16:20 – 16:40	Breast Imaging Update: What, When and Why? Dr. Norran Said
16:40 – 17:00	Is Breast Screening One Modality for All? Dr. Rita Saker
17:00 – 17:20	Obesity Management Medications: Updates & Extended Indications Dr. Hazem Al Momani
17:20	Congress Wrap-Up and Future Directions