



11TH ANNUAL MENA WOMEN'S HEALTH CONGRESS



25

SEP

Pre - congress workshops

26-27

2026

Main Congress Days

Shangri-La Hotel, Dubai

INITIATIVE BY



www.menawomanhealth.com

STRATEGIC SUPPORTER



Congress Chairman



Dr. Sadoon Sami Sadoon

MBChB, FRCOG, CABOG, FICMS, MBA, Consultant Obstetrician and Gynecologist, Group Chief of Women's Health Services, **NMC Healthcare, UAE**

Congress Co-chair



Dr. Saleema Wani

MBBS, MD, FRCOG, Senior Consultant Obstetrician and Gynecologist, Chief Medical Officer, **Corniche Hospital, UAE**

Scientific Committee



Dr. Amitabha Majumdar

MBChB, FRCOG, CCT (UK), MRCOG (UK), FRSM (UK), Consultant Obstetrician and Gynaecologist, Superspecialist in Urogynecology and pelvic floor reconstructive surgery, **Kings College Hospital, London, UAE**



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Dr. Yasmin Sajjad

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Speaker Faculty



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H.E. Dr. Fayeza Al Yafei

Executive Director of Healthcare Quality Sector, **Department of Health Abu Dhabi, UAE**



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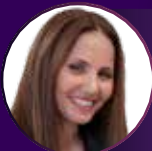
Dr. Louay H. Zayed

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Dr. Manaf Hashimi

Consultant Urologist, Head of Urology Department, **Burjeel Hospital, Abu Dhabi, UAE**



Dr. Maria Karakoulaki

Lead Aesthetic and Functional Gynecologist & Menopause Expert; **Founder of Gyneco Clinic, Dubai, UAE**



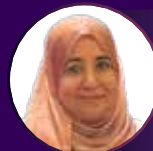
Dr. Melanie Schlatter

Clinical Health Psychologist (Oncology/- Psychiatry and Behavioral Health), **American Hospital, Dubai, UAE**



Ms. Milica Mijatovic

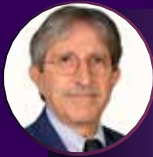
Assays and Clinical Marketing Manager, **Siemens Healthineers**



Dr. Mouza Alsalmani

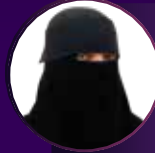
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Speaker Faculty



Dr. Muhieddine Seoud

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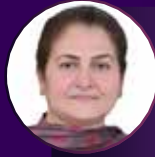
Dr. Muna Khalfan

MBBS, ABOG, MSc Ultrasound (ObGyn), Director, **Al Reaya Al Raqeyah Specialty Medical Center, Sharjah, UAE**; Adjunct Assistant Professor, **Sharjah University, Sharjah, UAE**



Dr. Muna Tahlak

Chief Medical Officer, Dubai Health; Vice Provost of Clinical Practice, MBRU; Chief Executive Officer, **Latifa Hospital, Dubai, UAE**



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Dr. Ray Makwela

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Dr. Reem Abdallah

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Speaker Faculty



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Dr. Warka Humadi

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Dr. Yasmin Sajjad

MBBS, FRCOG, MD, DOWH, DFFP, CCST (Reproductive Medicine) UK, Consultant Gynecologist, Andrologist & Sub-specialist in Reproductive Medicine & Surgery, **Fakih IVF Center, Abu Dhabi, UAE**; Medical Director & Chair of Academics; Designated Institute Officer (DiO) & Program Director, Reproductive Medicine Fellowship Program, **NIHs Abu Dhabi, UAE**

Pre-congress Workshops

Friday, 25 September 2026

WORKSHOP A:

MASTERING THE SCOPE:

A HANDS-ON WORKSHOP IN GYNAECOLOGIC LAPAROSCOPY

Faculty:

- Dr. Sadoon Sami Sadoon
- Dr. Ghada Salman
- Dr. Jalal Al-Shareef

09:00 – 11:00

What, When & How (Interactive)

- Case Presentation
- Video Session

11:00 – 13:00

Hands-On Session

Practical Training with Laparoscopic Instruments (Adnexal Surgery, Fibroid Surgery, Ovarian Pathology)

- Application of Energy Devices
- Bleeding Control Techniques
- Suturing Techniques

WORKSHOP B:

CERVICAL CANCER SCREENING AND COLPOSCOPY WORKSHOP

08:00–08:30

Registration

08:30–08:50

Introduction – Course Objectives

Dr. Muhieddine Seoud
Dr. Reem Abdallah

08:50–09:10

The History of the Colposcope: From Monocular to AI Assisted

Dr. Muhieddine Seoud

09:10–09:30

Latest Screening Guidelines – ACOG / USPSTF / ASCCP / SGO / ASCO / ACS From Cytology to Primary HPV Testing

Dr. Reem Abdallah

09:30–09:50

2019 ASCCP Guidelines for the Management of Abnormal Screening: Introduction to Risk Based Management

Dr. Muhieddine Seoud

09:50–10:20

Coffee Break

10:20–10:40

Colposcopy: The Basics

Dr. Muhieddine Seoud

10:40–11:10

Colposcopic Appearance of Condylomas / ASCUS / LSIL

Dr. Reem Abdallah

11:10–11:40

Colposcopic Appearance of HSIL / AGC US / AIS / Invasive Cancer

Dr. Muhieddine Seoud

11:40–12:10

Post Colposcopy Test Q&A

Dr. Reem Abdallah

12:10

Conclusions & Wrap Up

Dr. Muhieddine Seoud
Dr. Reem Abdallah

Pre-congress Workshops

Friday, 25 September 2026

WORKSHOP C:

OBSTETRICS & GYNECOLOGY ULTRASOUND WORKSHOP

13:00–14:00

Registration and Welcome Introduction

14:00–14:25

Lecture 1: First Trimester Ultrasound

Dr. Warka Humadi

14:25–14:50

Live Scanning Session 1: First Trimester Ultrasound (Systematic examination, CRL, NT demonstration)

14:50–15:15

Lecture 2: Fetal Growth Restriction: Ultrasound Diagnosis, Doppler Assessment, Monitoring, and Timing of Delivery

Dr. Noora Al Shamsi

15:15–15:40

Live Scanning Session 2: Fetal Biometry, Estimated Fetal Weight, Umbilical Artery, MCA, and Cerebroplacental Rati

15:40–16:05

Coffee Break and Networking

16:05–16:30

Lecture 3: Practical Fetal Cardiac Examination: Four-Chamber View.

Prof. Hisham Mirghani

16:30–16–55

Live Scanning Session 3: Standard Fetal Cardiac Screening Examination

16:55–17:20

Lecture 4: Placenta Accreta Spectrum

Dr. Hussein Abolmakarem

17:20–17:45

Transperineal Ultrasound of the Female Pelvic Floor

Dr. Islam Badr

17:45–18:00

Closing remarks

DAY 1 — MAIN CONGRESS DAY ONE

Saturday, 26 September 2026

TIME	TOPIC
08:00	Registration & Networking
Session 1: Plenary	
Moderators: Dr. Saleema Wani & Dr. Ghada Salman	
08:55–09:20	Keynote: Beyond Technology: How Experience Shapes Surgical Intelligence Dr. Arnaud Wattiez
09:20 – 09:40	What More Can AI Add to PMOS? Dr. Hesham Arab
09:40 – 10:00	Adenomyosis: From Under-Recognition to Precision Diagnosis & Treatment Dr. Ghada Salman
10:00–10:15	The Hidden Secrets of Miscarriages Dr. Hesham Arab
10:15–10:20	Q&A
10:20 – 10:45	Opening Ceremony Keynote Address Dr. Muna Tahlak NMC Healthcare: The Present and Future Dr. Zaka Khan Welcome Remarks from the Congress Chairman Dr. Sadoon Sami Sadoon
10:45 – 11:05	Networking Coffee Break
Session 2: The Evolution of Women's Health: From Tradition to Transformation	
Moderators: Dr. Sadoon Sami Sadoon	
11:05 – 11:20	Should All Previous Uterine Scars be Given a Trial of Vaginal Birth? Dr. Saleema Wani
11:20 – 11:35	When the Caesarean Scar Matters: The Niche in Pregnancy Dr. Aseel Alyouzbaki
11:35 – 11:50	Preventing Pelvic Floor Injury & Achieving Safer Women's Health Dr. Laila AlHubaishi
11:50 – 12:05	The Journey from Scar Pregnancy to Placenta Accreta Spectrum Dr. Andrea Kaelin Agten
12:05 – 12:20	Blood Health: Transforming Women's Health Outcomes Dr. Tarek Ansari
12:20 – 12:40	The Iron Gap: An Overlooked Challenge in Women's Health Dr. Saleema Wani
12:40 – 13:00	Expert Panel Discussion: Managing Bleeding or Managing Tradition? The Art of Blood Management Dr. Saleema Wani Dr. Tarek Ansari Dr. Andrea Kaelin Agten
13:00 – 14:00	Networking Lunch Break

DAY 1 — MAIN CONGRESS DAY ONE

Saturday, 26 September 2026

Session 3: The Invisible Patient: Advances in Foetal Medicine

Moderators: Dr. Hisham Mirghani & Dr. Muna Khalfan

14:00 – 14:15	NIPT: A Friend or a Foe Dr. Louay H. Zayed
14:15 – 14:30	Foetal Cardiac Anomalies made easy Dr. Islam Badr
14:30 – 14:45	Twin Pregnancy: When one becomes two Dr. Muna Khalfan
14:45 – 15:00	The Role of Ultrasound in Life-Threatening Conditions Prof. Hisham Mirghani
15:00 – 15:15	Foetal Infection: Clearing the Dilemma Dr. Warka Humadi
15:15 – 15:30	CNS Abnormalities: Beyond Ventriculomegaly Dr. Viveka Mohan
15:30 – 15:45	Management of Late-onset Foetal Growth Restriction Dr. Mouza Alsalmani
15:45 – 16:00	Women Empowerment Through Optimizing Iron Deficiency Treatment Dr. Wael Hosni

Session 4: Gynaecological Oncology

Moderators: Dr. Ray Makwela & Dr. Karim El Masri

16:00 – 16:20	Vulvar Intraepithelial Lesions: Classification and Management Updates Dr. Reem Abdallah
16:20 – 16:40	HPV Vaccination: How Will the Latest Class Action Suit Against the MSD HPV 4 Vaccine in the USA Affect Uptake? Dr. Karim Elmasry
16:40 – 17:00	HPV Genital Lesions: Available Medical Treatments — What Works and What Doesn't Dr. Ray Makwela
17:00 – 17:20	Post Vaccination HPV Type Replacement: Current Epidemiological Data: How it Will Affect the Screening Guidelines? Dr. Karim Elmasry
17:20 – 17:40	Hormonal Therapy and Breast Cancer: The Recent Removal of the FDA Black Box Warning Dr. Muhieddine Seoud
17:40 – 18:00	Fertility Preserving Surgery in Cervical Cancer: Latest Updates Dr. Reem Abdallah
18:00	<i>Closing remarks</i>

DAY 2 — MAIN CONGRESS DAY TWO

Sunday, 27 September 2026

TIME	TOPIC
08:30 – 08:50	Registration, Networking & Welcome Coffee
08:50 – 09:00	Opening remarks

Session 5: Maternal Medicine

Moderators: Dr. Bashir Taha Salih & Dr. Nageena Mahmood

09:00 – 09:15	Autoimmune Disease in Pregnancy: An overview Dr. Bashir Taha Salih
09:15 – 09:30	Challenges in Obstetric Medicine Dr. Nageena Mahmood
09:30 – 09:45	Managing Hearing Impairment in Pregnancy Dr. Abdullah Al Nakshabandi
09:45 – 10:00	Female Brain & Hormones Dr. Maria Karakoulaki
10:00 – 10:15	Love Should Never Hurt Dr. Fatema Al Mansouri
10:15 – 10:30	Advancing Women's Health Through Precision Diagnostics Ms. Milica Mijatovic
10:30 – 10:50	Networking Coffee Break

Session 6: Gynaecology and MIS

Moderators: Dr. Wael Hosni & Dr. Sadoon Sami Sadoon

10:50 – 11:10	Invasive Options for Fibroid Management Beyond Myomectomy Dr. Ibrahim Abd Elrahman
11:10 – 11:30	Integrating Machine Learning into Minimal Invasive Gynaecology Dr. Jalal Al Sharef
11:30 – 11:50	Mapping Endometriosis Before the First Incision: A Surgeon-Sonologist's Perspective Dr. Alphy S Puthiyidom
11:50 – 12:10	Caesarean Scar Niche: When & How Dr. Wael Hosni
12:10 – 12:30	Preventing Adhesions in Laparoscopic Surgery: The Role of Anti-Adhesive Agents Dr. Necmiye Dover
12:30 – 12:45	Advanced Technology in Laparoscopic Gynecology Dr. Basel Imam
12:45–13:00	Q&A
13:00 – 14:00	Networking Lunch Break

DAY 2 — MAIN CONGRESS DAY TWO

Sunday, 27 September 2026

Session 7: Reproductive Medicine & Infertility

Moderators: Dr. Ghada Hussein & Dr. Yasmin Sajjad

- | | |
|--------------------|--|
| 14:00–14:20 | Advanced Maternal Age: Success Rates and Risk Assessment of Fertility Treatment
Dr. Ghada Hussein |
| 14:20–14:40 | The Overlooked Male Factors in Infertility
Dr. Manaf Al Hashimi |
| 14:40–15:00 | From PCOS to PMOS: Redefining a Syndrome
Dr. Fatema Al Hajeri |
| 15:00–15:20 | Fertility Preservation in Unmarried Women: Aligning Scientific Innovation with Cultural and Ethical Values
Dr. Yasmin Sajjad |

Session 8: Women's Health 360°: Bringing It All Together

Moderators: Dr. Hazem Al Momani & Dr. Sadoon Sami Sadoon

- | | |
|----------------------|--|
| 15:20–15:40 | Breast Imaging Update: What, When and Why?
Dr. Norran Said |
| 15:40 – 16:00 | Is Breast Screening One Modality for All?
Dr. Rita Sakr |
| 16:00 – 16:20 | Psycho-Oncology: Approaches in Breast Cancer Care
Dr. Melanie Schlatter |
| 16:20 – 16:40 | Obesity Management Medications: Updates & Extended Indications
Dr. Hazem Al Momani |
| 16:40 | Congress Wrap-Up and Future Directions |

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