



Mind Co.

How to book an Assessment on the Mind Co. Portal

A STEP BY STEP GUIDE



AUSTRALIA WIDE VIA TELEHEALTH

How to book an Assessment on the Mind Co. Portal

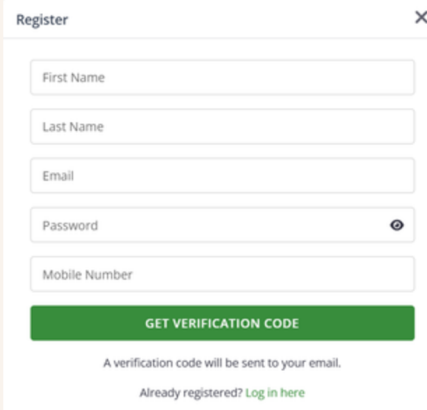
Step One

Registering as a New Client

If you are a new client (i.e. have never had an appointment at this practice before)

Click Register.

Fill out the registration form and **click Get Verification Code**, which will be sent via Email.



The screenshot shows a registration form titled "Register" with a close button (X) in the top right corner. The form contains five input fields: "First Name", "Last Name", "Email", "Password" (with an eye icon for visibility), and "Mobile Number". Below the input fields is a green button labeled "GET VERIFICATION CODE". Underneath the button, there is a small text message: "A verification code will be sent to your email." and a link: "Already registered? Log in here".

Enter the four-digit code that was sent and complete the registration.

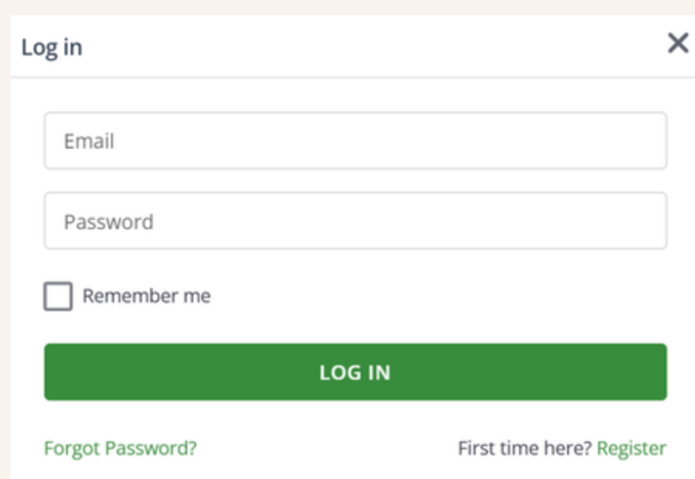
You can now log in with your email address and password to book appointments, view invoices, and pay them online if required, complete online forms, and much more.

Or Log in as an Existing Client

If you are an existing client of the practice (i.e. have had appointments here before) but haven't used the Client Portal yet, or if you need to reset your client portal password:

Reset your password via the Login button on the client portal home page.

1. Click the client portal link (<https://clientportal.zandahealth.com/clientportal/mindco>) and click the Login button.
2. Select the 'Forgot Password?' link at the bottom of the login form.
3. Follow the instructions to reset the password.



The image shows a screenshot of a login form titled "Log in" with a close button (X) in the top right corner. The form contains two input fields: "Email" and "Password". Below these fields is a checkbox labeled "Remember me". A prominent green button labeled "LOG IN" is positioned below the checkbox. At the bottom of the form, there are two links: "Forgot Password?" on the left and "First time here? Register" on the right.

Step Two

Booking an Appointment

Once logged into the portal, **click on the Book Appointment button** on the home page.



Book an Appointment

View available time slots
and book an appointment.



Select the Assessment Service you would like to book.

Please note all assessments come in three parts. Please select the initial consultation (Appointment 1 of 3) for the relevant assessment.

Book an appointment

Progress indicator: 1st step checked, 2nd step selected, 3rd, 4th, 5th steps unselected. Navigation buttons: ← BACK, NEXT →

Select a service

- Adult Autism Assessment - Initial Consultation - Appointment 1 of 3**
Adult Autism Assessment - Initial Consultation 60 Minutes Payment Due At Time of Booking
\$232.00 | 60 Minutes
- Adult Autism Assessment - Comprehensive Clinical Assessment - Appointment 2 of 3**
Adult Autism Assessment - Comprehensive Clinical Assessment The Comprehensive Clinical Assessment varies between 1.5 to 3 hours Payment Due At Time of Booking
\$684.00 | 180 Minutes
- Adult Autism Assessment - Feedback Session & Report - Appointment 3 of 3**
Adult Autism Assessment - Feedback Session & Report 60 minute consultation Payment Due At Time of Booking
\$684.00 | 60 Minutes
- Adult ADHD Assessment - Initial Consultation - Appointment 1 of 3**
Adult ADHD Assessment - Initial Consultation 60 minutes Payment Due At Time of Booking
\$232.00 | 60 Minutes
- Adult ADHD Assessment - Comprehensive Clinical Assessment - Appointment 2 of 3**
Adult ADHD Assessment - Comprehensive Clinical Assessment The clinical assessment time can vary between 1 - 2 hours. Payment Due At Time of Booking
\$358.00 | 120 Minutes
- Adult ADHD Assessment - Feedback Session & Report - Appointment 3 of 3**
Adult ADHD Assessment - Feedback Session & Report 60 minute consultation Payment Due At Time of Booking
\$360.00 | 60 Minutes

Select the Date and Time of your appointment.

All times are in Australia/Adelaide (UTC +09:30)

On the Appointment Booking form, you are able to add a Note for the practitioner if needed.

Book an appointment

Progress: — — — —

Select a date and time

Morning Afternoon Evening

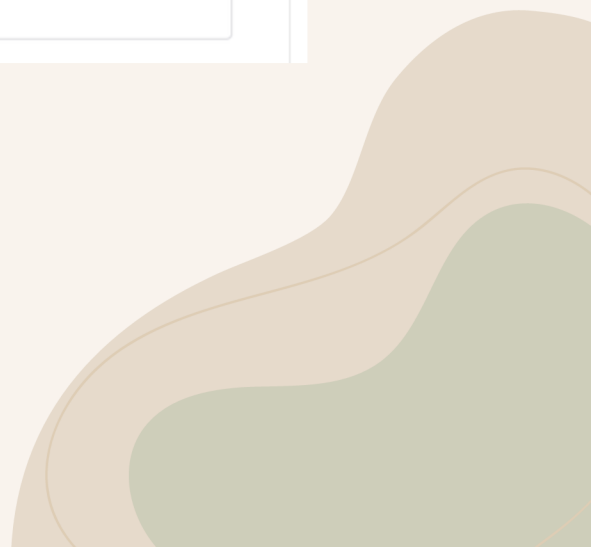
All times are in Australia/Adelaide (UTC +09:30)

< August 2026 >

M	T	W	T	F	S	S

3

12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM
1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM
3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM
5:15 PM	5:30 PM	5:45 PM				
6:00 PM	6:15 PM	6:30 PM				



Review your booking and make payment

Book an appointment

✓ — ✓ — ✓ — ✓ — ●

← BACK CANCEL X

Take a moment to review your booking details

Location
Telehealth (Australia Wide)


Provider
Megan Thomas

Service
Adult Autism Assessment - Initial Consultation - Appoi...

When
Aug 03, 2026 at 12:00 PM (UTC+9:30)

Notes
Add notes

Pay a deposit of \$232.00

Credit Card Number
***** * **Autofill** 

Exp. Date
MM / YY

CV
CVC

Save this card for future charges

BOOK AND PAY NOW

By proceeding you accept the Terms & Conditions of use

From here the Mind Co. team will reach out via email with a service agreement for completion and Megan will guide you, sending intake forms and questionnaires.

Step Three

Your Appointment

The day before your appointment, you will receive an SMS reminder and a separate SMS containing your telehealth link.

These reminders are sent in your local time zone, so the appointment time shown will reflect the time where you are located.

You will also receive the telehealth link via email, making it easy to access your appointment from your phone, tablet, or computer.

At the time of your appointment, simply click the telehealth link to join the meeting, no additional software or setup is required.

If you experience any difficulties accessing the appointment, please contact our team as soon as possible by emailing assessment@mind-co.com.au





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WWW.MIND-CO.COM.AU/ASSESSMENT