White Coat Revival.

A QUICK RESET FOR CHRISTIAN CLINICIANS

# Top 10 Lies To Reset With Truth

Some beliefs sound like dedication: *I need to know more. I need to solve this. I need to carry the outcome.* But what if excellent care includes both your training and a willingness to ask God for wisdom? Notice which lie sounds familiar, then consider the truth beside it.

whitecoatrevival.com · Marilyn Kaminski

**1**

THE LIE

The only way to improve my patients' outcomes is to keep growing my knowledge and skills.

THE TRUTH

Keep growing in your knowledge and skills. But they aren't your only source of insight. You have access to the mind of Christ and can ask the God who knows all for wisdom as you care for your patients.

**James 1:5 (NKJV)**

*"If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him."*

**1 Corinthians 2:16 (NKJV)**

*"For who has known the mind of the LORD that he may instruct Him? But we have the mind of Christ."*

**2**

THE LIE

I have to choose between faith and evidence-based medicine.

THE TRUTH

It's both. You can practice evidence-based medicine and invite God into your decisions. Your training and your faith can work together in patient care.

**Proverbs 3:5-6 (NKJV)**

*"Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths."*

**3**

THE LIE

It's my job to figure out what's wrong with every patient, even if it means sacrificing time with my family or my own health.

THE TRUTH

You are responsible for giving your patient excellent care, but you were never meant to figure everything out or carry every outcome alone. The God who knows all wants to partner with you, even in the cases you're still thinking about after you go home.

**James 1:5 (NKJV)**

*"If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him."*

**Matthew 11:28-30 (NKJV)**

*"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."*

**4**

THE LIE

The medical system has to change drastically before I can be the practitioner I want to be.

THE TRUTH

The medical system may need to change, but you don't have to wait for it to change before you begin practicing with God. Jesus invites you to follow Him now: 'My yoke is easy and My burden is light.'

**Matthew 11:28-30 (NKJV)**

*"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."*

5

THE LIE

I chose medicine and got here through hard work alone.

THE TRUTH

You were created on purpose for a purpose. God knew you before you were born. The desire that drew you toward medicine was planted in your heart by God and part of how He led you here. You had free will and chose to follow that desire. Your hard work was real, and so was His guidance.

**Psalm 139:13-16 (NKJV)**

*"For You formed my inward parts; You covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made; marvelous are Your works, and that my soul knows very well. My frame was not hidden from You, when I was made in secret, and skillfully wrought in the lowest parts of the earth. Your eyes saw my substance, being yet unformed. And in Your book they all were written, the days fashioned for me, when as yet there were none of them."*

**Ephesians 2:10 (NKJV)**

*"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them."*

6

THE LIE

When a patient is disrespectful or noncompliant, there's nothing I can do to help.

THE TRUTH

When you partner with God and draw on the mind of Christ, He will show you what's really going on with your patient. We do not fight against flesh and blood, but against principalities.

**Ephesians 6:12 (NKJV)**

*"For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places."*

**1 Peter 3:8 (NKJV)**

*"Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous."*

7

THE LIE

When a patient has a serious disease, all I can do is help them accept their new life and manage it the best way possible.

THE TRUTH

The impossible can become possible when you choose to be a vessel of God's power and authority over disease and illness. One of God's healing plans is to send you to partner with Him, see miracles, and facilitate healing. Medical facts are not the final authority. God's promises are.

**Luke 1:37 (NKJV)**

*"For with God nothing will be impossible."*

**8**

THE LIE

If I let my love for Jesus show at work, I could lose my job.

THE TRUTH

No one knows the thoughts in your head. When you surrender to God and think with the mind of Christ, He communicates with you through your thoughts. He can bring insights to mind as you care for patients.

**James 1:5 (NKJV)**

*"If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him."*

**1 Corinthians 2:16 (NKJV)**

*"For who has known the mind of the LORD that he may instruct Him? But we have the mind of Christ."*

**9**

THE LIE

If I choose to be openly Christian in medicine, I'll have to open a small practice and earn less. It's the cost of following Jesus.

THE TRUTH

God has plans for your future and wants to bless you, including in your finances. Following Jesus openly does not mean you have to earn less. He can lead you into a thriving practice that serves patients and provides abundantly for you.

**Proverbs 3:5-6 (NKJV)**

*"Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths."*

**Jeremiah 29:11 (NKJV)**

*"For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope."*

**Philippians 4:19 (NKJV)**

*"And my God shall supply all your need according to His riches in glory by Christ Jesus."*

10

THE LIE

My burnout is simply the result of the broken medical system I'm stuck working in.

THE TRUTH

Burnout comes from operating solely upon self, relying on your cognitive mind alone to know what's wrong with your patient. Partnering with God, and drawing on His life and wisdom, is how you avoid carrying that burden.

**Matthew 11:28-30 (NKJV)**

*"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."*

**John 15:5 (NKJV)**

*"I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."*

## You were never meant to carry this alone.

There is a better way, and it looks like partnership with God in the way you already practice. You were designed to heal from overflow, not depletion.

If any of these landed today, come sit with us for three days this January. No fixing, no performing. Space to breathe, learn, and grow your partnership with God right where you are.

**Learn more here →**