

Be Some Boddie Ltd Website Terms & Conditions

Version: October 2026

Website: <https://besomeboddie.com>

Contact: info@besomeboddie.com

1. Introduction

Welcome to the Be Some Boddie® website.

These Website Terms & Conditions explain the conditions that apply when accessing and using our website, its content, resources and information.

The website is operated by **Be Some Boddie Ltd**, a company registered in England and Wales under company number **09903573**.

Our registered office is:

Union House
111 New Union Street
Coventry
CV1 2NT
United Kingdom

By using this website, you are expected to comply with these terms and applicable laws. Please read them carefully.

These terms relate specifically to the use of our website. Separate agreements and purchase terms apply to our coaching services, self-led courses, guided programmes and other paid services.

Nothing in these Website Terms & Conditions replaces or overrides those separate agreements.

2. Use of Our Website

The information and resources provided on this website are intended for general information, education and personal development.

You agree to use this website lawfully and responsibly.

You must not:

- Use the website for unlawful, fraudulent or harmful purposes.
- Attempt to gain unauthorised access to our website, systems or information.
- Introduce viruses, malicious software or other harmful material.
- Interfere with the website's operation or security.
- Copy, reproduce, distribute or commercially exploit protected content without appropriate permission.
- Misrepresent your identity or provide deliberately false information through our forms or services.

We reserve the right to take reasonable action to protect our website, its users and our intellectual property.

3. Website Content and Information

We aim to ensure that information published on our website is accurate, relevant and helpful.

However, website content is provided for general information and educational purposes and may be updated, amended or removed without prior notice.

While we take reasonable care in preparing our content, we cannot guarantee that all information will always be complete, current or suitable for every individual's circumstances.

You are responsible for considering how the information relates to your own needs and circumstances.

4. Personal Development and Educational Disclaimer

Be Some Boddie® provides self-belief coaching, educational resources, personal development courses and related services.

Our website content is intended to encourage self-awareness, reflection, personal growth and the development of self-belief.

The information provided does not constitute medical advice, psychological diagnosis, psychiatric treatment, legal advice or financial advice.

Coaching and personal development are not substitutes for appropriate professional healthcare or other regulated professional services.

Individual experiences and outcomes will vary. We do not guarantee any particular personal, professional, emotional or financial result from reading our website or engaging with its free resources.

Where appropriate, individuals should seek advice from suitably qualified professionals.

5. Intellectual Property and Copyright

Unless otherwise stated, the content of this website is owned by or licensed to Be Some Boddie Ltd and is protected by applicable intellectual property laws.

This includes, where applicable:

- Written content, articles, blogs and educational resources.
- Website design, layout, branding, graphics and visual materials.
- Course descriptions and programme materials.
- Audio, video, downloadable resources and other original content.
- Proprietary methodologies, frameworks, assessments and associated materials.

Be Some Boddie® and **Mindset First™** are protected brand identifiers.

Our intellectual property also includes original materials associated with the **Self-Belief Method™**, **Self-Belief Alignment Framework™**, **Self-Belief Pathway Assessment™** and other BSB resources and methodologies.

You may access and read publicly available website content for your personal, non-commercial use.

You must not reproduce, adapt, distribute, republish, sell, license or commercially exploit our protected materials without prior written permission, except where permitted by law.

No ownership or intellectual property rights are transferred to you through your use of this website.

For permission requests, please contact info@besomeboddie.com.

6. Free Resources and Assessments

Our website may provide access to free articles, educational resources, questionnaires and the Self-Belief Pathway Assessment™.

These resources are designed to support reflection and personal development.

Assessment outcomes and recommendations are based on the information submitted and are not intended as medical or clinical assessments.

Free resources may be updated, modified or withdrawn where reasonably necessary.

Any personal information collected through these resources is handled in accordance with our Privacy Notice.

7. Coaching Services, Courses and Programmes

Our website provides information about self-led courses, guided coaching programmes, group experiences and other services offered by Be Some Boddie Ltd.

Descriptions, availability, fees and programme details may change from time to time.

Where you purchase or enrol in a service, the relevant coaching agreement, purchase terms or other contractual conditions provided to you will govern that transaction and the delivery of the service.

These Website Terms & Conditions do not replace those arrangements.

Nothing in these terms affects your statutory consumer rights.

8. External Links and Third-Party Websites

Our website may contain links to external websites, resources or services operated by third parties.

These links are provided for convenience, information or additional resources.

Unless expressly stated otherwise, the inclusion of an external link does not mean that Be Some Boddie Ltd endorses or accepts responsibility for the content, products, services or practices of that website.

We encourage you to review the relevant terms and privacy notices when visiting external websites.

9. Privacy and Cookies



We respect your privacy and are committed to protecting personal information collected through our website.

Our **Privacy Notice** explains how we collect, use, store and protect personal information, together with your rights under applicable data protection legislation.

Our **Cookie Policy** explains how cookies and similar technologies are used and how you can manage your preferences.

Where required, we seek consent before using non-essential cookies or similar tracking technologies.

You can access our privacy and cookie information through the links provided on our website.

10. Website Availability and Security

We aim to keep our website accessible, functional and secure.

However, we cannot guarantee that the website will always be available without interruption, technical faults or errors.

We may temporarily suspend or restrict access where reasonably necessary for maintenance, updates, security or operational reasons.

You are responsible for taking appropriate precautions when accessing online services, including maintaining suitable security protections on your own devices.

11. Limitation of Liability

Nothing in these Website Terms & Conditions excludes or limits liability where doing so would be unlawful, including liability for death or personal injury caused by negligence, fraud or fraudulent misrepresentation.

We do not exclude or restrict any statutory rights or remedies that cannot lawfully be excluded or restricted.

Subject to those protections, Be Some Boddie Ltd is not responsible for losses arising solely from reliance on general website information where such reliance is unreasonable or the information is used outside its intended educational purpose.

We are not responsible for the independent content or operation of third-party websites linked from our website.

Any limitations of liability relating to purchased services are addressed in the relevant separate agreements or purchase terms, subject to applicable law.

12. Changes to These Terms

We may update these Website Terms & Conditions to reflect changes in our website, business activities, legal requirements or operating practices.

The latest version will be published on our website with an updated effective date.

Your continued use of the website after changes are published will be subject to the updated terms, to the extent permitted by law.

13. Governing Law

These Website Terms & Conditions are governed by the laws of England and Wales.

Any disputes arising in connection with website use will be subject to the jurisdiction of the courts of England and Wales, subject to any mandatory legal rights that apply to consumers in other jurisdictions.

14. Contact Us

If you have any questions about these Website Terms & Conditions or wish to request permission to use our content, please contact:

Be Some Boddie Ltd

Website: <https://besomeboddie.com>

Email: info@besomeboddie.com

Effective date: 21 October 2026, subject to approval and publication.