

Vol. 1, Issue 1 | 2025

THE SAVINGS HACK

NO ONE TOLD
YOU ABOUT

USE IT BEFORE
IT'S GONE!

Page 30

SHOP
18

PAGES OF

TOP RATED
HSA/FSA ELIGIBLE
PRODUCTS

CARING FOR ME

SO I CAN CARE
FOR THEM

Shannon's Story
Page 2



Look inside for
top product
picks to support
your lifestyle!



Do You Have an HSA or FSA Account?

Use your HSA/FSA for wellness—it's easy with Medpaid.

Many wellness products qualify for payment with HSA/FSA dollars with a free Letter of Medical Necessity. We simplify the process so you can use your benefits on doctor-vetted supplements, recovery tools, and more.

- Thousands of doctor-reviewed wellness products.
- Clinically backed to help treat or prevent specific health needs.
- Easy access to free LMNs for HSA/FSA use.
- No guesswork. No red tape.

Scan the QR code to learn how it works and start shopping smarter.



Save 10% on Every Purchase—Exclusive Promo

Save 10% on every purchase with your provider's custom promo code! Have your doctor use the space below to write their unique Medpaid code.

Provider's Custom Promo Code



Register Your Practice

Shop thousands of physician-approved health and wellness products—backed by clinical research and eligible for payment with HSA/FSA dollars. With this code, personalized care is more accessible, and HSA/FSA account holders can save up to 30% on qualified purchases with a Letter of Medical Necessity.

Use your code at checkout and save instantly • [Medpaid.com](https://www.Medpaid.com)



Shannon's Story

Caring for Me, So I Can Care for Them

“My health isn't just about me—it's about being there for the people I love.”

That's how Shannon Bowler, 57, describes what motivates her to stay well. As a mom, a grandmother, and a wife, she's the one cheering in the bleachers, baking cookies, and making fairy gardens outside with little hands beside her. Her greatest joy is found by surrounding herself with people she loves—and that's just how she likes it. “I love staying active, and I love being involved,” Shannon says with a warm smile. “But I also know I'm at a stage in life where what I put into my body really matters.”

Finding Goli Nutrition with Medpaid

Shannon had tried capsules before, but they were hard to swallow—literally. “Capsules would stick in my throat,” she recalls.

That changed when she found Goli Superfruits & Supergreens through Medpaid, a physician-led wellness marketplace.

“They're vitamin gummies—delicious, easy, and honestly a real treat to take,” she says. “It feels like something I do for myself, not something I have to do.”

But what really made her confident was knowing these products weren't just trendy—they were vetted by doctors.

“I'm not a scientist,” Shannon says. “I just want to know what I'm taking is good for me. When I shop on Medpaid, I know that real doctors have done the research. I trust it.”

Saving with HSA—Made Simple

What surprised Shannon most? The savings. “I didn't know you could use your HSA for things like this,” she says. “But Medpaid helped me get a free Letter of Medical Necessity so I could get reimbursed for my Goli vitamins as well as other supplements I use. It was easy, and it made me feel like I was getting real value for taking care of myself”.

Health That Feels Good—and Does Good

With more energy and a routine she looks forward to, Shannon is feeling better than ever. “I feel good in my body, I feel clear in my mind, and I feel proud that I'm doing something positive for my future.”

She smiles as she talks about her favorite moments—planting strawberries with her grandkids, watching them run through the backyard, and still having the energy to keep up.

“Medpaid made wellness easier for me. And when I feel good, I can show up fully—as a mom, a grandma, and a spouse.”



Watch Shannon's Full Story

Scan the QR code now to hear how Shannon found wellness she could trust—and feel good about.



Sourdough: A Healthier Bread and the Magic of Starters

By Annelies Newman, RDN, CD

Sourdough is one of the oldest forms of leavened bread, with roots reaching back thousands of years. Before modern yeast became the standard, people relied on this time-honored method to bake their bread. Although commercial yeast gained popularity for its speed and reliability, sourdough is seeing a revival — largely due to the wide range of health benefits it brings to the table.

Why Sourdough Lasts Longer

Compared to conventional yeast-based breads, sourdough naturally keeps fresher for longer. Regular bread often requires added preservatives to extend its shelf life, but sourdough contains organic acids that act as natural preservatives. This makes it a great choice for people who prefer simpler ingredients and fewer additives in their food.

Better for Your Gut

The fermentation process in sourdough involves wild yeast and beneficial bacteria that help break down gluten, phytic acid, and certain minerals. This makes the bread easier to digest for some individuals, particularly those with mild gluten or wheat sensitivities. That said, sourdough isn't suitable for people with true wheat or gluten allergies and should be avoided in those cases.

Lower Impact on Blood Sugar

One of the nutritional upsides of sourdough is its lower glycemic index (GI). When you eat sourdough, your blood sugar rises more gradually compared to regular breads, thanks to the slower digestion of its fermented ingredients. However, be mindful of added toppings like honey or jam—they can negate the low-GI advantage by increasing sugar content.

Whole wheat sourdough is especially nutritious. Whole grains contribute more fiber and minerals than refined flours like white or all-purpose. Whether you're aiming for a nutrient-rich diet or simply enjoy the heartier texture, whole wheat sourdough is a smart option.

How Starters Influence Flavor

The flavor of sourdough varies depending on the starter used and the type of flour that feeds it. Whole wheat flour, for instance, is packed with minerals and enzymes that accelerate fermentation and create a deeper, tangier flavor. This makes whole wheat starters ideal for recipes where you want more robust taste.

Your baking project—whether sweet or savory—can benefit from the unique flavors different starters produce. For example, when I received a sourdough starter from a friend, I fed it with white flour and made cinnamon rolls. They were soft and delicious, though not very sour. The next week, using whole wheat flour created a stronger sour flavor and faster fermentation. It was a great learning moment and really helped me understand how starters work.

Moisture and Temperature Matter

Environmental factors like temperature and humidity also impact your starter's fermentation rate. Starters grow more slowly in the cold, which is why they're stored in the fridge when not being used. Warmer conditions speed up the process. The water content is equally important. It helps fully hydrate the flour and encourages a healthy starter, but too much moisture can weaken its structure. You can tweak water levels depending on whether you want a thinner or thicker consistency.



nebroo

An Alternative to \$5,000 Hearing Aids

Introducing Nebroo — advanced hearing technology without prescriptions, waiting rooms, or the outrageous price tag.

For too long, hearing aids have been a luxury few could afford. Traditional devices often cost \$4,000–\$5,000 or more, require multiple doctor visits, and take weeks to receive. Nebroo changes that.

Meet Nebroo, a revolutionary hearing aid designed for real people—powerful, discreet, rechargeable, and affordable. Starting at just \$99, Nebroo is putting thousands of dollars back into families' pockets while helping people reconnect with the world around them.

Why It's Revolutionary



**No Prescription.
No Doctor Visits.**

Order directly online.



Comfort-First Design.

Nearly invisible style with a lightweight feel.



Save Thousands.

Advanced technology at a fraction of the cost.



Risk-Free Trial

Backed by a 120-day money-back guarantee.



Crisp, Clear Audio.

Vox Humana DSP chip delivers speech clarity, even in noisy environments.

As seen on...



barchart

BENZINGA

StreetInsider.com
if you're not inside...you're outside



 HSA | FSA



Nebroo



**Traditional
Hearing Aids**

Price	\$99+
Doctor Visit Required	X
Ships to Your Door	✓
Rechargeable	✓
Warranty	1 Year + 120-Day Guarantee

VS

Price	\$4,000-\$5,000+
Doctor Visit Required	✓
Ships to Your Door	X
Rechargeable	Some Models
Warranty	Varies

Hearing loss shouldn't be a barrier to living fully. Nebroo makes it possible for anyone to hear more, laugh more, and connect more—all without draining your savings.

Hear the Difference. Save Thousands.

Scan the QR code below to shop Nebroo now and unlock HSA/FSA savings with Medpaid.



NEBROO.COM



Unlocking the Power of Protein

Protein plays a fundamental role in sustaining life. Its name comes from the Greek word proteos, meaning “primary,” which reflects its importance in the body. Proteins are intricate molecules made up of chains of amino acids, and the arrangement of these 20 amino acids gives each protein its specific shape and function.

Why Protein Matters So Much

Proteins are responsible for facilitating countless processes in the body. They form enzymes that drive vital chemical reactions like digestion, metabolism, muscle contraction, blood clotting, and tissue repair. When these proteins are missing or not functioning properly, disease can result.

In daily life, your body balances protein breakdown and repair. However, this balance shifts during illness, surgery, pregnancy, breastfeeding, intense physical activity, or weight loss. During these times, your body’s demand for protein increases significantly.

Types and Roles of Protein

Protein-based hormones are essential for communication within the body. These hormones travel through the bloodstream to deliver messages

between organs and tissues. Examples include insulin, human growth hormone, and sex hormones like estrogen and testosterone, as well as neurotransmitters such as serotonin.

Three major structural proteins — keratin, elastin, and collagen — provide strength and flexibility to our tissues. Keratin is found in hair, skin, and nails. Elastin supports stretchable tissues like arteries and the uterus, while collagen forms the backbone of bones, ligaments, and skin.

Protein is also vital for maintaining your body’s acid-base balance, supporting blood pH stability, and transporting oxygen. Hemoglobin and albumin, both protein-based, help regulate bodily fluids and transport nutrients.

Protein as an Energy Source

Every gram of protein delivers four calories of energy, like carbs. However, protein isn’t stored the same way as fats or carbs. Instead, the body constantly breaks down and rebuilds protein as needed. This makes protein essential in both energy production and tissue repair. Iron storage and immune function also depend on protein. Proteins like ferritin store iron, while immunoglobulins fight infections and maintain immune health.

Getting Enough Protein

To stay healthy, your body needs a steady supply of protein. The current recommendation for maintaining health is 0.8 grams of protein per kilogram of body weight. For those exercising or losing weight, needs rise to 1.4–2.0 grams/kg, and even higher for muscle gain (up to 3.1 grams/kg). That’s around 150 grams per day for an active adult, depending on weight and goals.

Timing matters too. Eating protein earlier in the day helps manage hunger hormones like PYY (which promotes fullness) and reduces levels of ghrelin (which increases appetite). Starting meals with protein also supports blood sugar control.

Protein for Muscle and Metabolism

Spreading protein intake throughout the day helps maximize muscle protein synthesis. Eating around 30 grams per meal is a good benchmark. For those focused on muscle building, consuming protein in the morning — especially after a night of fasting — is especially effective. For fat loss, fasting between meals can help the body use stored fat for energy.

Leucine, an amino acid, is especially important for muscle repair and growth. Animal-based proteins offer more leucine than plant-based ones, though both can contribute to health. Plant proteins tend to offer additional benefits like fiber and antioxidants.

Quality Counts

Not all proteins are created equal. Animal proteins contain all nine essential amino acids your body cannot produce on its own. Plant proteins often lack one or more and are considered “incomplete,” but combining different sources can still provide a complete profile.

Final Thoughts

In a world where carbohydrates often take center stage, don’t overlook the power of protein. Whether for strength, repair, or balance, protein is an essential player in your body’s overall health.



Saving More Starts with 5 Simple Steps



1. Clinical Review

Doctors review published studies for *every* product.



2. Health Categories

Products are grouped by *real* health needs such as sleep, stress, gut, brain, energy, and more.



3. Eligibility

Every product qualifies for HSA/FSA payment options.



4. Savings

With a free Letter of Medical Necessity (LMN) most customers save 30% or more with pre-tax dollars.



5. Confidence in Every Choice

When you shop by need, you invest in research-backed wellness solutions.



Brain Support

Cognition, focus, and memory matter at every age. Our doctor-approved brain health products are backed by clinical research to help support mental clarity and long-term brain function. Eligible for payment with HSA/FSA dollars through a free with a free Letter of Medical Necessity.

“ We’ve seen the science, and we’ve seen the results. Brain Protect™ works! ”



Prof. Oded Shoseyov, Ph.D
Chief Scientist

Dr. Ronit Shaltiel-Karyo, Ph.D MBA
R&D and Innovation Consultant



Patent pending



HSA | FSA ELIGIBLE

SCIENCE *infused*

Brain Support

✓ HSA | FSA
Featured Product



Tahiro
Brain Protect
Softgels
3-Month Supply

~~\$105.65~~

Our Price: **\$160.65 or From \$14.50/month**

Order Now

✓ HSA | FSA



✓ HSA | FSA



Amara Nutrition
Omega-3: EPA 180mg + DHA 120mg

Order Now ~~\$39.99~~ | Our Price: **\$34.99**

✓ HSA | FSA



Goli
Matcha Mind

~~\$10.98~~ | Our Price: **\$14.98**

Order Now

✓ HSA | FSA



Momentous
Magtein
Magnesium L-Threonate

Order Now ~~\$54.95~~ | Our Price: **\$49.95**

✓ HSA | FSA



Superior Labs
Ginkgo Biloba

~~\$27.95~~ | Our Price: **\$22.95**

Order Now

✓ HSA | FSA



Livs
Omega 3

~~\$24.99~~ | Our Price: **\$19.99**

Order Now

✓ HSA | FSA



OmneDiem
Brain Support +

~~\$59.95~~ | Our Price: **\$54.95**

Order Now

✓ HSA | FSA



Epic4Health
Q-Gel Mega 100mg
Hydrosoluble CoQ10

Order Now ~~\$50.99~~ | Our Price: **\$46.90**

✓ HSA | FSA



Momentous
Alpha GPC

~~\$49.95~~ | Our Price: **\$44.95**

Order Now

✓ HSA | FSA



Epic4Health
PQQ

~~\$30.94~~ | Our Price: **\$25.94**

Order Now



Shop the brain support collection
MEDPAID.COM



Heart Support

From circulation to cholesterol, your heart deserves the best. Our curated selection of cardiovascular health products is reviewed by physicians to support heart wellness naturally. Covered by HSA/FSA with a free Letter of Medical Necessity.

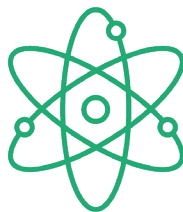
Upnourish

Nourish Life with Science

Natural wellness, fairly priced. Founded in Texas, UpNourish believes everyone deserves to feel their best - vibrantly healthy, energized, and positive. Our products are designed to help you achieve optimal well-being and live a more fulfilling life.



Backed by
scientific evidence



Deliver
unmatched results



Tested in
third party labs

Heart Support

 **HSA | FSA**
Featured Product



UpNourish
Liposomal Softgels

~~\$23.99~~
 Our Price: **\$18.99**

Order Now

 **HSA | FSA**



 **HSA | FSA**



Goli Nutrition
Beets Cardio Gummies

Order Now ~~\$19.98~~ Our Price: **\$14.98**



 **HSA | FSA**



Zaytun Vitamins
Omega-3 Fish Oil

Order Now ~~\$24.99~~ Our Price: **\$19.99**



 **HSA | FSA**



Zaytun Vitamins
CoQ-10 + Vitamin E

Order Now ~~\$24.99~~ Our Price: **\$19.99**



 **HSA | FSA**



Thorne
Berberine

Order Now ~~\$47.00~~ Our Price: **\$42.00**



 **HSA | FSA**



Superior Labs
VasoWORx

Order Now ~~\$40.95~~ Our Price: **\$35.95**



 **HSA | FSA**



Thorne
ResveraCel

Order Now ~~\$57.15~~ Our Price: **\$52.15**



 **HSA | FSA**



Zaytun Vitamins
Black Seed Oil

Order Now ~~\$20.99~~ Our Price: **\$15.99**



 **HSA | FSA**



Moxyvites
Liposomal Glutathione

Order Now ~~\$57.16~~ Our Price: **\$52.16**



 **HSA | FSA**



Epic4Health
GlucoPro MAX

Order Now ~~\$34.99~~ Our Price: **\$29.99**



Shop the heart support collection
MEDPAID.COM



Immune Support

Stay strong year-round with immune-supporting supplements & tools that are clinically evaluated & doctor-vetted. Eligible for payment with HSA/FSA dollars with our free Letter of Medical Necessity.

Shop & Save with Your HSA/FSA in 3 Steps



Shop Eligible Products

Shop for products with the HSA|FSA badge at Medpaid.com



1-Minute Health Assessment

Answer a few quick questions & receive your free Letter of Medical Necessity (LMN).



Pay & Save

Use your HSA/FSA card on Medpaid.com or reimburse your purchase with pre-tax HSA/FSA funds.

Immune Support

✓ HSA | FSA
Featured Product



Momentous
Essential Multi
Vegetarian Capsules

~~\$59.95~~
Our Price: **\$54.95**

Order Now



Goli Nutrition
Triple Action Immune

Order Now ~~\$18.48~~ | Our Price: **\$13.48**



UpNourish
Probiotics

~~\$24.99~~ | Our Price: **\$19.99**

Order Now



NanoHealth
Whole Body Health Bundle

Order Now ~~\$110.00~~ | Our Price: **\$105.00**



NaturaNectar
Green Bee Propolis

~~\$59.39~~ | Our Price: **\$54.39**

Order Now



OmneDiem
Liposomal

~~\$92.95~~ | Our Price: **\$87.95**

Order Now



MedHugs
NutriHugs Immune Support

~~\$35.00~~ | Our Price: **\$30.00**

Order Now



Superior Labs
Pure Graviola

~~\$26.95~~ | Our Price: **\$21.95**

Order Now



NaturaNectar
Nasal Guardian Propolis Spray

~~\$18.95~~ | Our Price: **\$13.95**

Order Now



Zahler
Myco5Defense

~~\$33.57~~ | Our Price: **\$28.57**

Order Now



Shop the immune support collection
MEDPAID.COM



Gut Support

From circulation to cholesterol, your heart deserves the best. Our curated selection of cardiovascular health products is reviewed by physicians to support heart wellness naturally. Covered by HSA/FSA with a free Letter of Medical Necessity.

Shop & Save with Your HSA/FSA in 3 Steps



Shop Eligible Products

Shop for products with the HSA|FSA badge at Medpaid.com



1-Minute Health Assessment

Answer a few quick questions & receive your free Letter of Medical Necessity (LMN).



Pay & Save

Use your HSA/FSA card on Medpaid.com or reimburse your purchase with pre-tax HSA/FSA funds.

Use your HSA/FSA and save
MEDPAID.COM

SHOP THE
GUT SUPPORT
COLLECTION



Gut Support



✓ HSA | FSA
Featured Product



Ancient Nutrition
SBO Probiotics
 Capsules

~~\$44.99~~
 Our Price: **\$39.99**

Order Now



MedHugs
NutriHugs Gut Health

~~\$35.00~~ | Our Price: **\$30.00**



Zahler
BioDophilus100

~~\$56.97~~ | Our Price: **\$51.97**



Ancient Nutrition
Organic SuperGreens

~~\$47.95~~ | Our Price: **\$42.95**



Zahler
Colon Cleanse

~~\$22.72~~ | Our Price: **\$22.72**



Epic4Health
MiNDFUL Gi

~~\$52.90~~ | Our Price: **\$47.90**



Zahler
Cider + Fiber

~~\$19.27~~ | Our Price: **\$14.27**



Epic4Health
Digest-Aid

~~\$32.94~~ | Our Price: **\$27.94**



Livs
Fiber

~~\$24.99~~ | Our Price: **\$19.99**



Ridgecrest Herbals
Belly Be Happy

~~\$34.99~~ | Our Price: **\$29.99**



Shop the gut support collection
MEDPAID.COM



Energy Support

Tired of being tired? Boost your energy naturally with doctor-reviewed products designed to fight fatigue and support cellular vitality. HSA/FSA eligible with our complimentary Letter of Medical Necessity.

Shop & Save with Your HSA/FSA in 3 Steps



Shop Eligible Products

Shop for products with the HSA|FSA badge at Medpaid.com



1-Minute Health Assessment

Answer a few quick questions & receive your free Letter of Medical Necessity (LMN).



Pay & Save

Use your HSA/FSA card on Medpaid.com or reimburse your purchase with pre-tax HSA/FSA funds.

Use your HSA/FSA and save
MEDPAID.COM

SHOP THE
ENERGY SUPPORT
COLLECTION



Energy ⚡ Support

✓ HSA | FSA
Featured Product



NanoHealth
Nano NAD+
 Nanosized Drops

~~\$74.95~~
 Our Price: **\$69.95**

Order Now

✓ HSA | FSA



Thorne
Daily Electrolytes

~~\$44.00~~ | Our Price: **\$39.00**

Order Now



Ridgecrest Herbals
AdrenaLove®

~~\$34.99~~ | Our Price: **\$29.99**

Order Now



Amara Nutrition
Prestige Energy Yuzu Flavored

~~\$39.99~~ | Our Price: **\$34.99**

Order Now



Livs
Raw Shilajit

~~\$23.99~~ | Our Price: **\$18.99**

Order Now



Momentous
Vital Aminos

~~\$50.95~~ | Our Price: **\$45.95**

Order Now



Momentous
Rhodiola Rosea

~~\$24.95~~ | Our Price: **\$19.95**

Order Now



Epic4Health
Mito-Tonic

~~\$68.91~~ | Our Price: **\$63.91**

Order Now



Epic4Health
H2Q CoQ10 Powder

~~\$24.99~~ | Our Price: **\$19.99**

Order Now



Friendly Patch Co.
Boost Energy Patch Travel Pack

~~\$23.97~~ | Our Price: **\$18.97**

Order Now



Shop the energy support collection
MEDPAID.COM



Stress Support

Balance your mind and body with stress support essentials. From adaptogens to relaxation aids, our clinically backed selections are here to help — and eligible for payment with HSA/FSA dollars with a free Letter of Medical Necessity.

Shop & Save with Your HSA/FSA in 3 Steps



Shop Eligible Products

Shop for products with the HSA|FSA badge at Medpaid.com



1-Minute Health Assessment

Answer a few quick questions & receive your free Letter of Medical Necessity (LMN).



Pay & Save

Use your HSA/FSA card on Medpaid.com or reimburse your purchase with pre-tax HSA/FSA funds.

Use your HSA/FSA and save
MEDPAID.COM

SHOP THE
STRESS SUPPORT
COLLECTION



Stress Support

 **Featured Product**



Zahler
StressMaster
Capsules

~~\$50.47~~
Our Price: **\$45.47**

 **Order Now** 




 Tahiro
Stress Relief
~~\$54.95~~ | Our Price: **\$49.95**



 hellohealth
Stress Relief with Vitality
~~\$24.99~~ | Our Price: **\$19.99**




 Goli Nutrition
Ashwagandha
~~\$19.98~~ | Our Price: **\$14.98**




 Friendly Patch Co.
Relax & Let Go
~~\$40.97~~ | Our Price: **\$35.97**




 Ridgecrest Herbs
SereniZen
~~\$34.99~~ | Our Price: **\$29.99**




 Moxyvites
Premium DHH-B Plus Happy Again
~~\$54.26~~ | Our Price: **\$49.26**




 Superior Labs
GABA
~~\$19.97~~ | Our Price: **\$14.97**



 Amara Nutrition
Magnesium Glycinate
~~\$34.99~~ | Our Price: **\$29.99**



 Zahler
MasterMind
~~\$56.97~~ | Our Price: **\$51.97**

 Shop the stress support collection
MEDPAID.COM



Joint Support

Whether you're managing inflammation or staying active, our joint support picks are evaluated by doctors for safety and effectiveness. Covered by HSA/FSA with a free Letter of Medical Necessity.

Shop & Save with Your HSA/FSA in 3 Steps



Shop Eligible Products

Shop for products with the HSA|FSA badge at Medpaid.com



1-Minute Health Assessment

Answer a few quick questions & receive your free Letter of Medical Necessity (LMN).



Pay & Save

Use your HSA/FSA card on Medpaid.com or reimburse your purchase with pre-tax HSA/FSA funds.

Use your HSA/FSA and save
MEDPAID.COM

SHOP THE
JOINT SUPPORT
COLLECTION



Joint Support

✓ HSA | FSA
Featured Product



OmneDiem
Joint Comfort Capsules

~~\$59.95~~
Our Price: **\$54.95**

Order Now

✓ HSA | FSA



✓ HSA | FSA



Amara Nutrition
Turmeric

~~\$34.99~~ | Our Price: **\$29.99**

Order Now



✓ HSA | FSA



Zaytun Vitamins
Joint Support with Turmeric & MSM

~~\$24.99~~ | Our Price: **\$19.99**

Order Now



✓ HSA | FSA



Momentous
Collagen Peptides

~~\$56.95~~ | Our Price: **\$51.95**

Order Now



✓ HSA | FSA



Zahler
Inflamm-X

~~\$30.97~~ | Our Price: **\$25.97**

Order Now



✓ HSA | FSA



Zahler
SynerG

~~\$43.97~~ | Our Price: **\$38.97**

Order Now



✓ HSA | FSA



Ancient Nutrition
Multi Collagen Protein

~~\$39.99~~ | Our Price: **\$34.99**

Order Now



✓ HSA | FSA



LIVS
Collagen

~~\$24.99~~ | Our Price: **\$19.99**

Order Now



✓ HSA | FSA



Dr. Jerry's
Joint Support

~~\$64.99~~ | Our Price: **\$59.99**

Order Now



✓ HSA | FSA



Sunwarrior
Omega-3

~~\$47.97~~ | Our Price: **\$42.97**

Order Now



Shop the joint support collection
MEDPAID.COM



Recovery and Therapy Devices

From personal saunas to cold plunges and infrared masks, our recovery and therapy essentials are designed to restore, refresh, and rejuvenate. Doctor-reviewed and clinically grounded, these innovative tools support muscle recovery, circulation, and skin health — all while helping you feel your best. Eligible for payment with HSA/FSA dollars with a free Letter of Medical Necessity.

Shop & Save with Your HSA/FSA in 3 Steps



Shop Eligible Products

Shop for products with the HSA|FSA badge at Medpaid.com



1-Minute Health Assessment

Answer a few quick questions & receive your free Letter of Medical Necessity (LMN).



Pay & Save

Use your HSA/FSA card on Medpaid.com or reimburse your purchase with pre-tax HSA/FSA funds.

Use your HSA/FSA and save
MEDPAID.COM

**SHOP THE RECOVERY
& THERAPY DEVICE
COLLECTION**



Recovery and Therapy Devices

✓ HSA | FSA
Featured Product



Mito Red Light
MitoCLEAR Red Light Therapy Mask

~~\$449.00~~
Our Price: **\$329 or from \$29.69/mo**

Order Now



Echo Water
Echo Flask
~~\$399.99~~ | Our Price:
\$299.99 or from \$27.08/mo



Echo Water
Hydrogen Water Pitcher
~~\$799.99~~ | Our Price:
\$699.99 or from \$63.18/mo



Saksby
Bosscare Premium Full Body Zero Gravity Massage Chair
~~\$2,099.97~~ | Our Price:
\$2,699.97 or from \$243.69/mo



Mito Red Light
MitoMIN 2.0 Therapy Panel
~~\$254.00~~ | Our Price:
\$249 or from \$22.47/mo



Mito Red Light
MitoMAT Full Body Red Light Therapy Mat
~~\$1,204~~ | Our Price:
\$1,199 or from \$108.22/mo



Mito Red Light
MitoQUAD Wavelength Belt
~~\$499.00~~ | Our Price:
\$349 or from \$31.50/mo



Mito Red Light
MitoBOOST Intranasal Device
~~\$299.00~~ | Our Price:
\$199 or from \$17.96/mo



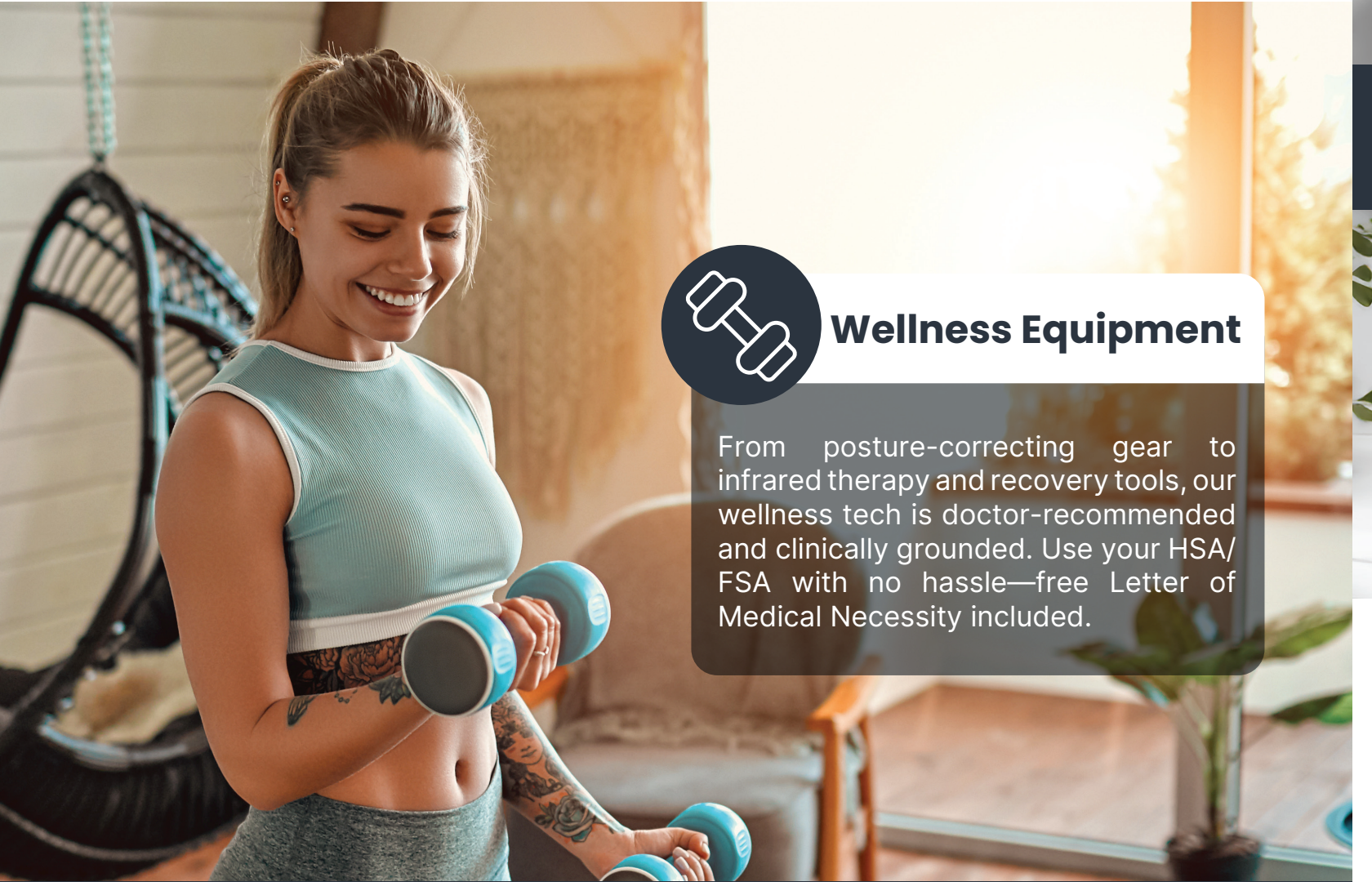
Peak Wellness
Peak Saunas Rainier
~~\$8,000.00~~ | Our Price:
\$5,850 or from \$528.01/mo



Mito Red Light
MitoCHIRO Neck Wedge
~~\$354.00~~ | Our Price:
\$349 or from \$31.50/mo



Shop the recovery & therapy collection
MEDPAID.COM



Wellness Equipment

From posture-correcting gear to infrared therapy and recovery tools, our wellness tech is doctor-recommended and clinically grounded. Use your HSA/FSA with no hassle—free Letter of Medical Necessity included.

Shop & Save with Your HSA/FSA in 3 Steps



Shop Eligible Products

Shop for products with the HSA|FSA badge at Medpaid.com



1-Minute Health Assessment

Answer a few quick questions & receive your free Letter of Medical Necessity (LMN).



Pay & Save

Use your HSA/FSA card on Medpaid.com or reimburse your purchase with pre-tax HSA/FSA funds.

Use your HSA/FSA and save
MEDPAID.COM

SHOP THE WELLNESS
EQUIPMENT COLLECTION



Wellness Equipment

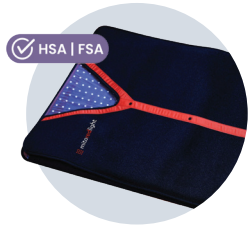
✓ HSA | FSA
Featured Product



PuroAir
Whole Home Bundle

~~\$458.00~~
Our Price: \$368 or from \$33.22/mo

Order Now



Mito Red Light
MitoPOD Full Body Therapy

Order Now ~~\$1,704~~ | Our Price:
\$1,699 or from \$153.35/mo



Halo
Neck Stretch Pillow

Order Now ~~\$34.99~~ | Our Price: **\$29.99**



Align Mat
Zen+

Order Now ~~\$2,600~~ | Our Price:
\$2,500 or from \$225.65/mo



Barbell Standard
Specialty Bar & Weight Set

Order Now ~~\$180~~ | Our Price: **\$147.50**



Saksby
Adjustable Home Gym

Order Now ~~\$999.97~~ | Our Price:
\$699.97 or from \$63.18/mo



Saksby
Leg Press & Squat Machine

Order Now ~~\$1,299.97~~ | Our Price:
\$999.97 or from \$90.26/mo



Mito Red Light
No Blue Light Sleep Lamp

Order Now ~~\$54.95~~ | Our Price:
\$49.95 or from \$24.98/mo



Mito Red Light
MitoMIND Helmet

Order Now ~~\$2,995~~ | Our Price:
\$2,195 or from \$198.12/mo



Echo Water
Home Water Filter

Order Now ~~\$7,099.98~~ | Our Price:
\$6,999.98 or from \$631.81/mo



Shop the wellness equipment collection
MEDPAID.COM

goli[®]

NUTRITION

Science Backed Ingredients,
Doctor Recommended.



Complete Nutrition in Delicious Gummies.

HSA/FSA 





Are You Overpaying for Supplements & Wellness Equipment?

1-2 minutes could save you thousands a year on your favorite products & services.

You could save thousands per year with HSA/FSA dollars—and Medpaid makes it simple. If you have an FSA it's "use it or lose it", meaning any unused funds disappear at the end of the plan year. If you have an HSA, your funds roll over—so every dollar you save on qualified purchases stays with you.

Our platform lets you shop and qualify for HSA/FSA coverage in one seamless, 100% online experience. You can browse thousands of wellness products—including many that don't normally qualify—and, during checkout, complete a quick 1-2 minute online questionnaire to receive your free Letter of Medical Necessity (LMN). Once approved, your LMN is valid for 12 months, acts like a prescription, and unlocks eligibility for payment with HSA/FSA dollars. **No juggling multiple sites, no paperwork, no delays—everything happens on Medpaid from start to finish, all from your phone or computer.**

Medpaid Offers Doctor-Vetted Wellness You Can Trust

At Medpaid, we believe health decisions should be backed by expertise. That's why our

marketplace is physician-guided and every HSA/FSA-eligible product is carefully reviewed for quality and clinical support. Founded in part by Dr. Nate Neilson, D.O., a board-certified physician, Medpaid brings together trusted medical insight and proven wellness solutions—all in one place. Everything from sleep and digestion to pain management, hormone balance, and more. You can shop with confidence knowing real doctors have done the research.

Behind the platform is a passionate team of healthcare advocates and wellness experts committed to giving you better tools, better choices, and better outcomes. **We're not here to sell trends—we're here to connect you with solutions that truly support your health.**

Whether you're starting your wellness journey or looking to elevate it, Medpaid is your bridge between modern medicine and holistic care—helping you feel better, spend smarter, and live well.

Get Started Today at
MEDPAID.COM



E C H O



The Most Advanced Hydrogen Water Bottle

Echo Flask



8ppms: 16X Therapeutic Levels

Turn ordinary water into whole-body wellness.

See page 26