

Terms & Conditions

Last updated: June 2026

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1. Health & Medical Disclaimer

1.1 General educational information only

All content on kamarramorris.com — including articles, videos, podcasts, downloadable guides, lead magnets, paid digital products, courses, social-media posts linked from this site, and any associated email communications — is general educational information only.

It is **not** personal medical advice, clinical advice, nursing advice, diagnosis, treatment, prescription, or a substitute for consultation with your own qualified healthcare practitioner.

1.2 No therapeutic, practitioner-patient or nursing relationship

By accessing this site, downloading a resource, or purchasing a digital product, you acknowledge and agree that:

- No nurse–patient, practitioner–client, or therapeutic relationship is created between you and Kamarra Morris.
- Kamarra Morris is not acting in her capacity as a Registered Nurse when publishing content on this site or delivering digital products purchased through it.
- Clinical services involving individualised assessment, diagnosis, or treatment are delivered exclusively through Solistic (a separate entity) under its own clinical governance framework, not through this site.

1.3 About the author

Kamarra Morris is a Registered Nurse with the Australian Health Practitioner Regulation Agency (AHPRA registration number **NMW0001587880**) and holds a Master of Public Health and Tropical Medicine from James Cook University.

Where content references Kamarra's professional qualifications, those references are for context and credibility only and do not constitute the provision of a regulated health service to you.

1.4 Your responsibility

You must:

- Always consult your own GP, specialist, or qualified healthcare practitioner before acting on any information from this site.
- Not delay seeking medical advice, disregard medical advice you have received, or discontinue prescribed treatment based on information from this site.
- Disclose any relevant medical conditions, medications, allergies, or pregnancy status to your treating practitioner before adopting any practice, supplement, test, or protocol discussed in content on this site.

1.5 Specific limitations — tests, supplements, biohacking practices, cycle syncing

Content on this site discusses pathology tests (including blood biomarkers, dried urine hormone testing, and microbiome testing), nutritional supplements, biohacking practices (including cold therapy, heat therapy, light therapy, and wearable use), and female cycle-based health practices.

In relation to all such content:

- Discussion of any test does not constitute a recommendation that you personally undertake that test. Pathology testing in Australia should be ordered and interpreted by a qualified practitioner who has reviewed your full clinical context.
- Discussion of any supplement is general educational commentary and is not a recommendation, prescription, or endorsement for your personal use. Supplements can interact with medications and medical conditions. Consult your pharmacist or doctor before commencing any supplement.
- Cold therapy, heat therapy, fasting protocols, and other biohacking practices carry physiological risk and are not appropriate for all individuals — including (but not limited to) people with cardiovascular conditions, eating disorders, pregnancy, certain endocrine conditions, or who are taking certain medications.
- Cycle-based health practices described on this site are based on the author's personal practice and general scientific literature. They are not a clinical protocol prescribed for your situation.

1.6 No claims of cure, prevention, treatment or guaranteed outcome

Nothing on this site is intended to diagnose, treat, cure, or prevent any disease or medical condition. No specific outcome, result, or improvement is promised or guaranteed from accessing content, applying information, or using any product sold on this site.

Where the author shares her personal health experience, those experiences are individual and are not predictive of any outcome for you.

1.7 Emergency situations

This site is not designed for and must not be used in medical emergencies.

If you are experiencing a medical emergency in Australia, call 000 immediately. For mental health crisis support, call Lifeline on 13 11 14 or 13YARN on 13 92 76.

1.8 Limitation of liability for health content

To the maximum extent permitted by law, Kamarra Morris excludes all liability for any loss, injury, illness, or damage arising from your use of, or reliance on, any health-related content or product on this site. This limitation does not exclude or limit any rights you have under the Australian Consumer Law that cannot lawfully be excluded.

2. Website Terms & Conditions

2.1 About these terms

These Terms govern your use of kamarramorris.com (the 'Site') and your purchase of any digital products, courses, or services offered through it.

The Site is operated by:

Kamarra Morris Sole trader, ABN 41 207 804 067 Email: hello@kamarramorris.com

By using the Site or purchasing any product, you agree to these Terms. If you do not agree, do not use the Site.

2.2 Capacity to use the Site

You confirm that you are at least 18 years of age and have the legal capacity to enter into a binding contract.

2.3 Intellectual property

All content on the Site — including written articles, videos, audio, images, downloadable guides, course materials, branding, and design — is owned by Kamarra Morris or licensed to her and is protected by Australian and international copyright and trade-mark laws.

You may:

- View content on the Site for your personal, non-commercial use.
- Download free lead-magnet resources for your personal use only.
- Access paid products for your personal use only, in accordance with the licence below.

You must not:

- Reproduce, republish, distribute, sell, sub-licence, or commercially exploit any content from the Site without prior written permission.
- Copy, share, screen-record, or upload paid course content to any third-party platform.
- Use any content from the Site to train, fine-tune, or evaluate any artificial intelligence or machine-learning system.

2.4 Licence to use paid digital products

When you purchase a digital product or course, you receive a **non-exclusive, non-transferable, revocable, personal-use licence** to access and use that product for your own learning. You do not acquire ownership of the product or its content.

Sharing your login credentials or distributing the product to others is a breach of these Terms and may result in immediate revocation of access without refund.

2.5 Pricing, payment and GST

All prices are displayed in **Australian dollars (AUD)** and, where applicable, are stated inclusive of GST.

Payments are processed by **Stripe Payments Australia Pty Ltd**. Kamarra Morris does not see, store, or have access to your full card details.

2.6 Delivery of digital products

Free lead magnets are delivered to the email address you provide, typically immediately and at the latest within 24 hours of sign-up.

Paid digital products and courses are delivered via email and/or via login access to the GoHighLevel learning platform, typically immediately upon successful payment.

If you do not receive your product within 24 hours of purchase, contact hello@kamarramorris.com.

2.7 Refunds and your rights under the Australian Consumer Law

Your statutory consumer guarantees

Our digital products come with guarantees that cannot be excluded under the Australian Consumer Law (ACL). You are entitled to a refund, replacement, or to have the product re-supplied if the product:

- Is not of acceptable quality;
- Does not match its description;
- Does not do what it was supposed to do; or
- Was sold to you with a misleading representation.

For a major failure, you may choose a refund or replacement. For a minor failure, we may choose to repair or re-supply the product.

Change-of-mind

Because our paid digital products are delivered immediately upon purchase and are inherently downloadable or accessible content that cannot be "returned" in any meaningful sense, we do not offer change-of-mind refunds once a product has been delivered or course access has been granted.

By completing your purchase and ticking the acknowledgement at checkout, you expressly consent to immediate delivery and acknowledge that your change-of-mind refund right (which is a business policy, not a statutory right) is waived from the moment of delivery.

This does not affect your rights under the ACL, which continue to apply.

How to request a refund

Email hello@kamarramorris.com with your order number and a description of the issue. Refunds will be assessed in good faith and processed within 10 business days of approval, back to the original payment method.

2.8 Acceptable use

You must not use the Site to:

- Post or transmit any unlawful, defamatory, harassing, or misleading material.
- Attempt to interfere with, hack, or disrupt the Site's operation.
- Use automated tools (including scrapers, bots, or AI crawlers) to extract content without permission.
- Misrepresent your identity or impersonate any other person.

2.9 Third-party links and references

The Site contains links to and references third-party websites, platforms, products, services, and laboratories. These are provided for information only. We do not control and are not responsible for third-party content, accuracy, availability, or practices.

2.10 Relationship with Solistic

Kamarra Morris is a co-founder of **Solistic**, a separate company offering proactive health products and clinical services in Australia from 2026.

Content on this Site may reference, link to, or discuss Solistic. You should be aware that Kamarra holds a financial and ownership interest in Solistic. This is a material relationship and is disclosed in accordance with the Australian Association of National Advertisers (AANA) Code of Ethics and consumer-protection principles under the ACL.

Decisions to engage with Solistic should be made on the merits of Solistic's own offering, terms, and clinical governance — not on the basis of content published on this Site.

2.11 AHPRA-related acknowledgments

Kamarra Morris is a Registered Nurse with AHPRA (registration number NMW0001587880). Content on this Site complies with the AHPRA *Guidelines for advertising a regulated health service*, including the prohibition on using testimonials about clinical care.

Testimonials policy: We do not publish, solicit, or display testimonials concerning any clinical care provided by Kamarra Morris in her capacity as a Registered Nurse, including any care that may have been provided in

past clinical roles. Reviews of digital educational products (which are not clinical services) may be published; such reviews must not refer to clinical outcomes, diagnoses, or treatments.

2.12 Limitation of liability

To the maximum extent permitted by law:

- The Site and all products are provided on an "as is" and "as available" basis.
- We do not warrant that the Site will be uninterrupted, error-free, or free of viruses or other harmful components.
- Our total aggregate liability to you under or in connection with the Site or any product is limited to the amount you paid for the relevant product in the 12 months preceding the claim.
- We are not liable for any indirect, consequential, special, or punitive loss.

Nothing in these Terms excludes, restricts, or modifies any rights or remedies you have under the ACL or any other law where those rights or remedies cannot lawfully be excluded.

2.13 Termination

We may suspend or terminate your access to the Site or any product immediately, without notice, if you breach these Terms.

2.14 Changes to these Terms

We may amend these Terms at any time. The "Last updated" date at the top of this page reflects the most recent change. Continued use of the Site after changes constitutes acceptance.

2.15 Governing law

These Terms are governed by the laws of Western Australia, and the parties submit to the exclusive jurisdiction of the courts of that State.

3. Privacy Policy

3.1 Our commitment

Kamarra Morris (sole trader, ABN 41 207 804 067) is committed to protecting your privacy and handling your personal information in accordance with the Privacy Act 1988 (Cth) and the Australian Privacy Principles (APPs).

3.2 What personal information we collect

We may collect the following categories of personal information:

- **Contact information** — name, email address, country/region, and (if voluntarily provided) phone number.
- **Account information** — login credentials for paid products, course progress data.
- **Transaction information** — products purchased, transaction dates, billing email (Stripe handles full payment-card data; we do not store card numbers).
- **Communications** — emails you send to us, replies to newsletters, support enquiries.
- **Technical information** — IP address (anonymised via Google Analytics IP-anonymisation), browser type, device type, pages visited, referring URL, session duration.
- **Marketing engagement** — email opens, link clicks, lead-magnet downloads.

We do **not** knowingly collect:

- Health information about you personally (e.g. diagnoses, test results, medications). Do not send us this information. If you do, we will delete it.
- Information from children under 18.

3.3 How we collect it

Personal information is collected:

- Directly from you when you subscribe to a lead magnet or newsletter, create an account, purchase a product, or contact us;
- Automatically via cookies, analytics, and email-platform tracking; and
- From our service providers (Stripe transaction confirmations, GoHighLevel engagement data).

3.4 Why we collect it — purposes of use

We use your personal information to:

- Deliver the product or content you requested;
- Provide customer support;
- Process payments and issue receipts;
- Send transactional emails (order confirmations, password resets, course-access details);
- Send marketing emails — newsletters, new product announcements, educational content — only where you have given consent by subscribing;
- Improve our content and products through analytics;
- Comply with our legal obligations.

3.5 Consent and marketing emails

You consent to receiving marketing emails when you opt in via a lead-magnet sign-up form, newsletter form, or by ticking a marketing consent box at checkout.

You can withdraw consent at any time by clicking "unsubscribe" in any marketing email or emailing hello@kamarramorris.com. Transactional emails (relating to a purchase or account) will continue regardless.

3.6 Who we share your information with

We share personal information only with the following categories of third parties, and only as necessary to operate the Site:

Service	Purpose	Data jurisdiction
GoHighLevel	Website hosting, email platform, course delivery, CRM	United States
Stripe Payments Australia Pty Ltd	Payment processing	Australia / United States
Google Analytics (Google LLC)	Anonymised website analytics	United States
YouTube (Google LLC)	Embedded video content	United States
Substack Inc. (separate platform)	Newsletter (if you separately subscribe)	United States

Some of these providers store and process data outside Australia, primarily in the United States. By using the Site, you consent to your information being transferred to and processed in these jurisdictions, which may have different privacy laws than Australia.

We do not sell, rent, or trade your personal information to third parties.

3.7 How long we keep your information

- **Subscriber data** — until you unsubscribe, then deleted within 30 days (some metadata may be retained for legitimate business records).
- **Customer/transaction data** — minimum 7 years (Australian Taxation Office record-keeping requirements).
- **Analytics data** — anonymised and retained per Google Analytics defaults (currently 14 months for user-level data).
- **Account data** — for the duration of your account plus 7 years after closure (for tax-record reasons).

3.8 Security

We take reasonable steps to protect your information, including:

- Storing data on platforms (GoHighLevel, Stripe, Google) that are protected by industry-standard security and encryption;
- Restricting administrative access to authorised personnel only;
- Using strong passwords and two-factor authentication on all admin accounts.

No data transmission over the internet is 100% secure. While we take reasonable steps, we cannot guarantee absolute security.

3.9 Your rights under the Privacy Act and APPs

You have the right to:

- **Access** — request a copy of the personal information we hold about you.
- **Correct** — request that we correct inaccurate or incomplete information.
- **Delete** — request that we delete your personal information (subject to legal record-keeping obligations).
- **Withdraw consent** — for marketing communications, at any time.
- **Complain** — if you believe we have breached the APPs.

To exercise any of these rights, email hello@kamarramorris.com. We will respond within 30 days.

3.10 Complaints

If you are not satisfied with our response to a privacy complaint, you may lodge a complaint with the **Office of the Australian Information Commissioner (OAIC)**:

- Website: www.oaic.gov.au
- Phone: 1300 363 992

3.11 Changes to this Policy

We may update this Policy from time to time. The "Last updated" date at the top of this page reflects the most recent change. Material changes will be notified to subscribers via email.

4. Cookie Policy

4.1 What cookies are

Cookies are small text files placed on your device when you visit a website. They allow the site to recognise your device, remember preferences, and collect analytics data.

4.2 Cookies we use

Category	Purpose	Examples	Set by
Strictly necessary	Required for the Site to function — login sessions, shopping cart, security	Session cookies	GoHighLevel, Stripe
Analytics	Help us understand how the Site is used so we can improve it (anonymised IP)	<code>_ga</code> , <code>_gid</code>	Google Analytics
Functional	Remember preferences (e.g. language, display)	Various	GoHighLevel

Marketing / tracking	Track engagement with emails and lead-magnet conversions	Pixel and link tracking	GoHighLevel
Third-party embeds	Required by embedded YouTube videos	YouTube cookies	Google LLC

We do **not** currently use advertising or remarketing cookies (e.g. Meta Pixel, Google Ads). This Policy will be updated if that changes.

4.3 Your choices

You can:

- Decline non-essential cookies via our cookie banner when you first visit.
- Adjust your browser settings to block or delete cookies (note that blocking strictly-necessary cookies may break Site functionality).
- Use browser privacy modes (e.g. incognito) or privacy extensions.

4.4 Updates

We will update this Cookie Policy if our cookie usage changes materially.

5. Contact

For any questions about these policies — including privacy access requests, refund requests, or content concerns — contact:

Kamarra Morris Sole trader, ABN 41 207 804 067 **Email:** hello@kamarramorris.com