



Bourbon Trail Getaway Backroads & Barrels Itineraries

3-Night Itinerary 1 at Backroads & Barrels

Before You Arrive

Backroads & Barrels is located in a peaceful rural setting. Many groups find it helpful to bring their favorite groceries, snacks, breakfast items, beverages, and anything they'd like for a group meal. With two fully equipped kitchens, plenty of dining space, and outdoor gathering areas, it's easy to enjoy meals together without having to leave the property.

Evening

Skip the schedule and enjoy the house.

Spend the evening:

- Sharing drinks around the fire pit
 - Relaxing in the hot tub and barrel sauna
 - Playing virtual golf and pool
 - Watching a movie in the dedicated home theater
 - Planning the weekend ahead
-

Friday: Bourbon Trail Day

Breakfast

Enjoy a relaxed breakfast at the house before heading out.

Mid- Morning

Visit Four Roses Distillery in Lawrenceburg.

Enjoy:

- Distillery tour
- Bourbon tasting
- Visitor center exhibits
- Gift shop



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Lunch

Enjoy lunch in Lawrenceburg at Bourbon on Main then spend some time exploring downtown.

Afternoon

Continue to Wild Turkey Distillery.

Known for its Kentucky River views and iconic bourbons, Wild Turkey offers a different perspective on Kentucky's bourbon heritage.

Dinner

Enjoy dinner at Bluegrass Sabor in Lawrenceburg before making your way back toward the property.

Evening at Backroads & Barrels

Head back to the property and enjoy:

- Hot tub and sauna
- Virtual golf competition
- Texas Hold 'em
- Shoot some pool
- Take aim at the dart board
- Fire pit gathering

Saturday: Midway & Kentucky Horse Country

Breakfast

Sleep in, enjoy coffee on the porch, and take your time getting started.

Morning

Head to Midway, Kentucky.

This charming railroad town is known for its local shops, restaurants, galleries, and small-town Kentucky atmosphere.



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- Browse local boutiques and specialty shops
- Visit local galleries

Lunch

Enjoy lunch at The Blackbird Cafe.

Afternoon

After lunch, make your way to Wildside Winery.

Located in nearby Versailles, Wildside Winery is known for its relaxed atmosphere, scenic vineyard views, wine tastings, and seasonal events. Depending on when you visit, you may find live music, food trucks, or special events taking place throughout the afternoon.

Take your time, enjoy a tasting, and relax with friends before heading back to the property.

Night In

Tonight is all about the house.

Prepare dinner together, fire up the grill, or pick something up on the way back from Wildside.

Then settle in for:

- A virtual golf tournament
- Game room competitions
- Home theater movie night
- Fire pit conversations
- Hot tub and barrel sauna

Sunday

Slow Morning & Departure

Enjoy one last relaxing morning at Backroads & Barrels.

Take in the views, enjoy a final cup of coffee, and soak up a little more Kentucky countryside before heading home.

Brunch

Stop at Wallace Station on your way out of town.



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A Kentucky favorite located in the heart of horse country, Wallace Station is known for its sandwiches, Southern specialties, and laid-back atmosphere.

Head Home

Depart refreshed, relaxed, and already planning your next visit to Kentucky Bourbon Country.



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3-Night Itinerary 2 at Backroads & Barrels

Thursday Evening: Arrive & Settle In

Dinner Nearby

Head to **Old Owl Tavern** in Harrodsburg.

Known for its laid-back atmosphere, craft beer selection, and elevated pub fare, it's an easy first stop after arriving in Kentucky before settling in for the weekend.

Evening

Return to the property and unwind around the fire pit, soak in the hot tub, or enjoy a movie in the theater before turning in for the night.

Friday: Shaker Village & Bourbon Trail

Breakfast

Enjoy a leisurely breakfast at the house before heading out for the day.

Morning at Shaker Village

Visit Shaker Village of Pleasant Hill.

Spend the morning:

- Exploring historic buildings
- Watching craft demonstrations
- Visiting exhibits and museums
- Walking scenic nature trails
- Taking in views of Kentucky horse country

Lunch

Enjoy lunch at The Trustees' Table inside Shaker Village, known for its farm-to-table Kentucky cuisine and seasonal ingredients.

Afternoon Bourbon Experience

Continue to Four Roses Distillery in Lawrenceburg.



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Enjoy:

- Visitor center exhibits
- Distillery tour and bourbon tasting
- Gift shop and grounds

Dinner

Stay in Lawrenceburg and enjoy dinner before heading back to the property.

Evening at Backroads & Barrels

Head back to the house and enjoy:

- Hot tub under the stars
- Barrel sauna session
- Virtual golf challenge
- Bourbon tasting on the patio
- Home theater movie night

Saturday: Horse Country & Small-Town Kentucky

Breakfast

Enjoy coffee on the porch and have a relaxed start to the day.

Morning Horseback Adventure

Experience Kentucky from horseback with a trail ride at Big Red Stables.

The scenic trails offer beautiful views of horse farms, rolling countryside, and the landscapes that make Kentucky horse country famous.

Lunch

Head to The Blackbird Cafe in Midway.

Known for fresh ingredients and a welcoming atmosphere, it's a great place to enjoy lunch before spending time exploring town.

Afternoon in Midway

Spend the afternoon enjoying one of Kentucky's most charming small towns.



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You can:

- Browse local boutiques and shops
- Visit local galleries and specialty stores
- Enjoy a coffee or sweet treat downtown
- Take a scenic drive through horse country
- Explore the historic railroad town atmosphere

This slower-paced afternoon offers a chance to experience another side of Kentucky beyond the Bourbon Trail.

Return to Backroads & Barrels

Head back to the property with plenty of time to enjoy everything the house has to offer.

Evening

Choose your own adventure:

- Fire pit gathering under the stars
- Family game night
- Home theater movie marathon
- Virtual golf tournament
- Relaxing in the hot tub and barrel sauna

Dinner can be enjoyed at the property or picked up from one of the area's local restaurants on the way back.

Sunday: Brunch & Departure

Slow Morning

Enjoy one last peaceful Kentucky morning with coffee on the porch and views of the surrounding countryside.

Brunch

Before heading home, stop at **Melissa's Cottage Café** in Harrodsburg.

This locally owned café is a favorite for breakfast, brunch, fresh pastries, and coffee. It's a relaxing way to wrap up your Kentucky getaway before hitting the road.



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Head Home

Depart refreshed, relaxed, and already planning your next visit to Kentucky Bourbon Country.



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7-Night Itinerary 1 at Backroads & Barrels

Before You Arrive

Backroads & Barrels is located in a peaceful rural setting. Many groups find it helpful to bring their favorite groceries, snacks, breakfast items, beverages, and anything they'd like for a group meal. With two fully equipped kitchens, plenty of dining space, and outdoor gathering areas, it's easy to enjoy meals together without having to leave the property.

Day 1: Arrive & Settle In

Arrive at Backroads & Barrels and get settled.

Unpack, let everyone choose their rooms, and take time to enjoy the property.

If you have not already stocked up, make a quick grocery run so breakfast, snacks, drinks, and easy meals are ready for the week.

Dinner can be simple tonight. Pick up food nearby or make something easy in one of the two kitchens.

Spend the evening:

- Watching a movie in the dedicated home theater
- Relaxing in the hot tub
- Sitting around the fire pit
- Letting the kids check out the game room

Keep tonight easy. You made it to Kentucky.

Day 2: Shaker Village & Family Dinner at the House

Start with breakfast at the house.

Spend the day at Shaker Village of Pleasant Hill. This is a great first full-day outing because it gives everyone a little bit of everything: history, walking trails, farm views, exhibits, and plenty of space to move around.

While there, enjoy:

- Historic buildings
- Craft demonstrations



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- Walking trails
- Farm animals and open spaces
- Lunch at The Trustees' Table

Head back to Backroads & Barrels in the afternoon.

Tonight is a good night for dinner at the house. Fire up the Traeger, use the main kitchen, or split up prep between the two kitchens if you have a larger group.

Evening ideas:

- Family movie night
- Hot tub after dinner
- S'mores or stories around the fire pit
- Kids vs. adults golf simulator challenge

Day 3: Horse Country & Sweet Treats

Enjoy a slow morning with coffee and breakfast at the house.

Head to Big Red Stables for a guided horseback ride through Kentucky countryside. It is a memorable way for families to experience horse country without needing a full-day commitment.

After horseback riding, grab lunch in Harrodsburg or Lawrenceburg.

In the afternoon, stop for a treat:

- King Donuts
- The Local Shaved Ice
- Dairy Queen Grill & Chill
- Freshie's Ice Cream & Soda Fountain

Return to the house for downtime.

Tonight is a great night to stay in:

- Play pool
- Try the golf simulator
- Use the Texas Hold'em table for a family card night
- Relax in the barrel sauna and hot tub



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Day 4: Lake Day at Cummins Ferry or Cane Run Marina

After a few days of sightseeing, spend today outside by the water.

Choose one:

Option 1: Cummins Ferry

Cummins Ferry is a good fit for families who want an easy outdoor day. Enjoy the river setting, walking trails, biking, fishing dock, pool, kayak rentals, and time outside without overplanning.

Option 2: Cane Run Marina

Cane Run Marina is a good choice for boating, fishing, and enjoying Herrington Lake.

Pack snacks, sunscreen, towels, and drinks before you leave the house.

Plan for a relaxed lunch near the lake or bring picnic food.

Head back to Backroads & Barrels in the late afternoon.

Tonight, let the house do the work:

- Grill dinner
 - Watch a movie
 - Soak in the hot tub
 - Let everyone wind down after a full outdoor day
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Day 5: Kentucky Horse Park & Lexington

Today is your bigger day trip.

Start early and head to Kentucky Horse Park in Lexington. This is a strong family outing for horse lovers, animal lovers, and anyone interested in Kentucky's equestrian history.

Spend time:

- Meeting horses
- Watching demonstrations
- Visiting the museums and exhibits
- Walking the grounds

Have lunch in Lexington.



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If your family still has energy, add one more stop:

- Legacy Trail for a walk or bike ride
- Mary Todd Lincoln House
- A casual stop for dessert or coffee

Head back before dinner or pick up takeout on the way.

Evening at the house:

- Home theater
 - Game room
 - Fire pit
 - Sauna and hot tub
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Day 6: Forts, History & Local Food

Keep this day closer to the property.

Start with Old Fort Harrod State Park in Harrodsburg. It is an easy way to add Kentucky history without a long drive.

You can also add:

- Fort Boonesborough State Park, if your family wants a bigger history day
- Tastefully Delicious for Kentucky foods and gifts
- Downtown Harrodsburg for a casual walk

Lunch nearby.

Spend the afternoon back at the property.

This is a good day to enjoy the slower parts of vacation:

- Read on the porch
- Play games
- Start a golf simulator tournament
- Prep dinner together
- Let everyone have downtime

Dinner idea:

Make this your big family dinner at the house. Use both kitchens if needed, grill outside, and enjoy the space.



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Day 7: Choose Your Favorite Kind of Kentucky Day

Use the last full day to match your family's pace.

Option 1: Easy Outdoor Day

Visit Cove Spring Park for trails, waterfalls, and a low-key nature outing.

Option 2: Golf Day

Golfers can head to Juniper Hill Golf Course or The Woodford Club while non-golfers relax at the house or visit local shops.

Option 3: One Parent Bourbon Stop

If the adults want a short Bourbon Trail experience, visit Four Roses Distillery or Wild Turkey while keeping the rest of the day relaxed.

Option 4: Stay at the House

There is nothing wrong with making the last day a full house day.

Enjoy:

- Golf simulator
- Home theater
- Hot tub
- Barrel sauna
- Fire pit
- Games
- A relaxed dinner together

This is often the day people remember most.

Day 8: Slow Morning & Departure

Enjoy one last breakfast at the house.

Before heading home, stop for brunch or a sweet treat if time allows. Pack up, take one last look at the Kentucky countryside, and head home rested instead of worn out.



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7-Night Itinerary 2 at Backroads & Barrels

Before You Arrive

Backroads & Barrels is located in a peaceful rural setting. Many groups find it helpful to bring their favorite groceries, snacks, breakfast items, beverages, and anything they'd like for a group meal. With two fully equipped kitchens, plenty of dining space, and outdoor gathering areas, it's easy to enjoy meals together without having to leave the property.

Day 1: Arrive, Stock Up & Settle In

Arrive at Backroads & Barrels and get settled.

Before arriving, or shortly after check-in, stock up on:

- Breakfast items
- Snacks
- Bottled water
- Favorite drinks
- Coffee
- Charcuterie items
- Grill-friendly dinners
- Anything you want for nights in

Backroads & Barrels is in a peaceful rural setting, and having food and drinks on hand makes the week much easier.

Dinner can be casual tonight. Pick up food nearby or make something easy at the house.

Evening:

- Drinks around the fire pit
 - Hot tub and barrel sauna
 - Texas Hold'em
 - Pool and darts
 - Home theater
 - Plan your bourbon stops for the week
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Day 2: Four Roses, Lawrenceburg & Wild Turkey

Start with breakfast at the house.

Head to Four Roses Distillery in Lawrenceburg for your first Bourbon Trail stop.

Enjoy:

- Distillery tour
- Tasting
- Visitor center
- Gift shop

Have lunch in Lawrenceburg.

In the afternoon, head to Wild Turkey Distillery. This gives you a second bourbon experience with a different feel and beautiful Kentucky River views.

Dinner in Lawrenceburg before heading back.

Evening at Backroads & Barrels:

- Barrel sauna
- Hot tub
- Bourbon tasting on the patio
- Golf simulator competition
- Texas Hold'em tournament

Day 3: Sleep In, Golf & Dinner Out

This is not a morning-to-night touring day.

Sleep in, enjoy coffee, and make breakfast at the house.

Late morning or early afternoon, golfers can head to Juniper Hill Golf Course or The Woodford Club.

Non-golfers can relax at the house, visit Tastefully Delicious, or enjoy a slow afternoon in Harrodsburg.

Dinner:

Choose Copper and Oak for craft cocktails and dinner, or The Still Restaurant & Cocktail Bar in Danville for a more elevated evening out.



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After dinner, come back to the house for:

- Fire pit conversations
 - Hot tub
 - Theater room
 - Late-night cards
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Day 4: Woodford Reserve & Wildside Winery

Start with a relaxed breakfast at the house.

Head toward Versailles for Woodford Reserve Distillery. The setting, history, and horse-country scenery make this one of the standout bourbon experiences in the area.

After your tour and tasting, have lunch nearby or in Versailles.

In the afternoon, change the pace with Wildside Winery.

Take your time with:

- Wine tasting
- Vineyard views
- Outdoor seating
- Live music or events, when available

Head back to Backroads & Barrels before dinner.

Tonight is a perfect night in.

Dinner ideas:

- Grill steaks on the Traeger
- Build a bourbon-country charcuterie board
- Cook together using both kitchens
- Pick up food on the way back and keep it easy

Evening:

- Golf simulator
- Pool
- Darts
- Hot tub
- Barrel sauna



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Day 5: Midway, Horse Country & No Rush

This is your slower Kentucky day.

Sleep in and have breakfast at the house.

Head to Midway late morning.

Spend time:

- Browsing local shops
- Visiting galleries
- Walking through the historic railroad town
- Stopping for coffee or a drink
- Enjoying the slower pace of horse country

Have lunch at The Blackbird Cafe.

After lunch, take a scenic route through horse country on the way back, or return to the house and enjoy the property.

Tonight is intentionally unscheduled.

Stay in and enjoy:

- Fire pit
- Texas Hold'em
- Home theater
- Golf simulator
- Sauna and hot tub

This is a good night for the group to split up naturally. Some people may want games. Some may want the hot tub. Some may want a movie. That is exactly why the house works so well for groups.

Day 6: Jephtha Creed or Talon Winery

Today gives the group a different direction.

Choose one main outing.



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Option 1: Jephtha Creed Distillery

Head to Shelbyville for a family-owned craft distillery experience. Jephtha Creed is known for its grain-to-glass approach and Bloody Butcher corn.

Have lunch in Shelbyville or nearby.

Option 2: Talon Winery

Head toward Lexington for a relaxed winery experience with scenic views and tastings.

After your main stop, add one of these if the group wants more:

- Legacy Trail
- Mary Todd Lincoln House
- Downtown Lexington
- Coles 735 Main for dinner
- Merrick Inn for a special night out

Return to Backroads & Barrels for a quieter evening.

Day 7: Pick Your Perfect Final Day

The last full day should not feel packed.

Choose the version that fits your group.

Option 1: Lake & Outdoors

Spend time at Cummins Ferry or Cane Run Marina for kayaking, fishing, boating, walking trails, and water views.

Option 2: Golf & Dinner

Play Peninsula Golf Resort or Juniper Hill, then enjoy dinner at Serafini, Limewater, or The Woodford Club.

Option 3: Bourbon Encore

Revisit a favorite distillery, stop somewhere you missed, or pick up bottles to take home.

Option 4: Stay at Backroads & Barrels

Make the property the plan.



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Suggested final-night lineup:

- Group dinner on the Traeger
- Bourbon tasting flight
- Golf simulator championship
- Texas Hold'em final table
- Hot tub
- Barrel sauna
- Fire pit under the stars

This is the night to slow down and enjoy the reason you booked a house instead of hotel rooms.

Day 8: Brunch & Departure

Enjoy one last slow morning.

Make coffee, finish leftovers, and take in the quiet setting before checkout.

If your route allows, stop for brunch or a final Kentucky treat on the way home.

Head home relaxed, reconnected, and already talking about the next trip.

d atmosphere and locally inspired menu.

Head Home

Leave refreshed, reconnected, and already talking about the next trip.