

Senior Living Options Comparison Sheet

Aging in Place

Stay at home with or without in-home care.

- Familiar, independent
- ■ Home modifications & care costs

Downsizing

Move to a smaller, manageable home.

- Less upkeep, lower costs
- ■ Emotional transition

Moving in with Family

Live with children/family for support.

- Companionship, lower costs
- ■ Stress, space modifications

Independent Living

Active seniors, community lifestyle.

- Social, maintenance-free
- ■ Monthly fees, no medical care

Assisted Living

Help with meals, meds, bathing.

- 24/7 support, activities
- ■ High costs, less privacy



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Memory Care

Specialized dementia/Alzheimer's support.

- Secure, tailored programs
- ■ Expensive, emotional adjustment

Nursing Home

Medical & personal care facility.

- 24/7 medical staff, rehab
- ■ Institutional feel, very costly

Financial Options

Reverse mortgage, sell/rent home, loans, insurance.

- Funds transition
- ■ Must plan carefully



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