

What We Help You Transform

Heal. Align. Manifest. Perform. Thrive.

Deep Healing & Emotional Freedom

Release emotional blocks, past conditioning, and inner resistance using powerful, time-tested modalities.

- **Ho'oponopono Healing:** Heal relationships, inner conflicts, and subconscious patterns through forgiveness and inner cleansing.
- **Advanced Meditation with Ho'oponopono:** Go beyond silence—reprogram the subconscious, build inner clarity, and create emotional resilience.
- **EFT (Emotional Freedom Technique):** Clear stress, anxiety, fear, and limiting beliefs by tapping directly into the body-mind connection.
- **Chakra Healing & Energy Alignment:** Balance your energy centers to restore vitality, emotional stability, and mental focus.

Manifestation & Conscious Creation

Turn intention into reality with structured, practical manifestation tools.

- **Law of Attraction – H.R.C.M Framework:** Align Heart, Rhythm, Consciousness, and Mindset to manifest clarity, abundance, and purpose with consistency.

Body, Health & Vitality Coaching

Because sustainable success needs a strong body.

- **Fitness & Nutritional Coaching:** Personalized weight management, energy optimization, and lifestyle transformation for long-term health.

Business & Performance Coaching

For leaders, entrepreneurs, and professionals who want results with alignment.

- **Business Coaching:** Clarity in vision, disciplined execution, emotional mastery, and high-performance decision-making—without burnout.

Client Testimonials

Success stories from individuals who have transformed their lives through our holistic coaching and healing methodologies.

REGION: INDIA

1. Rajesh Kumar

Mumbai, Maharashtra | Senior IT Manager

"I was suffering from chronic stress and burnout. Neeraj's combination of EFT and Ho'oponopono helped me clear anxiety blocks I didn't even know existed. I am now leading my team with a calm I never thought possible."

2. Priya Sharma

Bangalore, Karnataka | Startup Founder

"The Business Coaching provided clarity when I felt stuck. By aligning my mindset using the H.R.C.M framework, we scaled our operations significantly in just six months."

3. Anjali Desai

Pune, Maharashtra | Architect

"Chakra Healing was a game-changer for my creativity. I felt a massive energy shift that not only improved my designs but healed a strained relationship with my family."

4. Vikram Singh

New Delhi, Delhi | Chartered Accountant

"I joined for weight loss, but I gained a complete lifestyle transformation. The nutritional coaching was practical, and the meditation practices helped me stick to my discipline."

5. Meera Iyer

Chennai, Tamil Nadu | Classical Musician

"Performance anxiety was crippling my career. Through EFT, I learned to tap away the fear before going on stage. I feel liberated."

6. Suresh Reddy

Hyderabad, Telangana | Software Engineer

"Ho'oponopono taught me the power of forgiveness. It healed a decade-long conflict with my brother and brought peace back to our home."

7. Kavita Nair

Kochi, Kerala | School Teacher

"I struggled with low energy for years. The Chakra Alignment sessions restored my vitality, and I can now handle a classroom of 40 kids with a smile."

8. Amit Joshi

Ahmedabad, Gujarat | Entrepreneur

"The Law of Attraction framework isn't just theory here; it's practical steps. I manifested my dream office space within three months of applying the principles."

9. Sonal Gupta

Jaipur, Rajasthan | Fashion Designer

"I was skeptical about meditation, but the advanced Ho'oponopono technique reprogrammed my subconscious. My imposter syndrome is gone."

10. Rohan Malhotra

Gurgaon, Haryana | Corporate Executive

"Business coaching with Neeraj isn't just about strategy; it's about emotional mastery. I make decisions faster and with far less stress now."

11. Deepa Banerjee

Kolkata, West Bengal | Writer

"Writer's block was destroying my confidence. The energy alignment sessions unblocked my creative flow, and I finally finished my manuscript."

12. Arjun Mehta

Indore, Madhya Pradesh | Student

"Exam stress was overwhelming until I learned EFT. It is a simple tool that instantly calms my nerves before every paper."

13. Nidhi Agarwal

Lucknow, Uttar Pradesh | Homemaker

"I lost 10 kgs in 4 months, not by starving, but by understanding my body through the vitality coaching. I feel lighter in body and spirit."

14. Farhan Khan

Bhopal, Madhya Pradesh | Sales Manager

"The H.R.C.M framework helped me hit my sales targets consistently. It aligned my mindset with my goals perfectly."

15. Simran Kaur

Chandigarh, Punjab | Dentist

"Managing a clinic and home was causing burnout. The meditation techniques gave me the mental clarity to balance both beautifully."

16. Rahul Verma

Noida, Uttar Pradesh | Marketing Director

"Neeraj's coaching helped me navigate a toxic work environment. I healed my inner triggers and eventually attracted a much better role."

17. Sneha Patil

Nagpur, Maharashtra | Artist

"My art was stagnant. Chakra healing opened my Sacral chakra, and my paintings have never been more vibrant and expressive."

18. Manish Tiwari

Patna, Bihar | Civil Servant

"The pressure of my job is immense. Daily Ho'oponopono practice keeps me grounded and compassionate, even in difficult situations."

19. Pooja Hegde

Mangalore, Karnataka | HR Professional

"I used to carry everyone's emotional baggage. Learning emotional freedom techniques helped me set boundaries without guilt."

20. Karthik Pillai

Thiruvananthapuram, Kerala | Researcher

"Logical minds often reject healing, but the results speak for themselves. My focus has improved drastically since starting the energy alignment."

21. Swati Deshpande

Nashik, Maharashtra | Yoga Instructor

"Even as a yoga teacher, I had emotional blocks. The advanced meditation took my practice to a spiritual depth I was missing."

22. Varun Chopra

Ludhiana, Punjab | Manufacturer

"Business performance coaching streamlined my factory operations. We reduced waste and improved team morale significantly."

23. Riya Sen

Guwahati, Assam | Event Planner

"Event planning is high stress. EFT is my secret weapon to stay cool when things go wrong. Highly recommended."

24. Aditya Roy

Bhubaneswar, Odisha | Graduate Student

"I was lost about my career path. The clarity sessions helped me manifest a scholarship abroad that I thought was impossible."

25. Neha Saxena

Dehradun, Uttarakhand | Cafe Owner

"Opening a business during uncertain times was scary. The H.R.C.M framework kept my faith strong, and my cafe is flourishing."

26. Tarun Bhatia

Amritsar, Punjab | Hotelier

"Hospitality requires high energy. The nutritional coaching helped me fix my sleep and diet, so I'm no longer tired by 4 PM."

27. Lakshmi Narayanan

Madurai, Tamil Nadu | Banker

"Banking is numbers, but life is energy. Balancing my chakras helped me handle the high-pressure financial year-end with ease."

28. Sameer Rizvi

Aligarh, Uttar Pradesh | Professor

"I teach, but I stopped learning. Neeraj's sessions reignited my passion for my subject and helped me connect better with students."

29. Divya Khurana

Faridabad, Haryana | Graphic Designer

"Creative blocks are emotional blocks. Clearing my past traumas with Ho'oponopono unleashed a wave of creativity."

30. Mohit Bansal

Agra, Uttar Pradesh | Exporter

"We expanded to three new countries this year. The business strategy sessions were instrumental in this growth."

31. Shruti Menon

Coimbatore, Tamil Nadu | NGO Worker

"Working with trauma survivors is heavy. Healing myself first was essential. I am now a more effective and compassionate helper."

32. Vishal Dubey

Varanasi, Uttar Pradesh | Tour Guide

"I meet hundreds of people. Maintaining my energy field is crucial. The protection techniques I learned are invaluable."

33. Ayesha Siddiqui

Aurangabad, Maharashtra | Ph.D. Scholar

"Anxiety was delaying my thesis submission. EFT helped me overcome the fear of judgment, and I submitted on time."

34. Kiran Rao

Mysore, Karnataka | Software Developer

"Sitting all day ruined my back and health. The fitness coaching gave me simple routines that fit my desk job perfectly."

35. Gaurav Sethi

Jalandhar, Punjab | Real Estate Agent

"Real estate is all about mindset. The Law of Attraction coaching helped me close the biggest deal of my career."

36. Priyanka Das

Siliguri, West Bengal | Tea Estate Manager

"Managing a large workforce requires emotional intelligence. The leadership coaching transformed how I handle conflicts."

37. Ankit Sharma

Shimla, Himachal Pradesh | Photographer

"I found peace in the mountains but chaos in my head. Ho'oponopono finally quieted the internal noise."

38. Renuka Chowdhury

Ranchi, Jharkhand | Doctor

"Physicians heal others but neglect themselves. This program forced me to prioritize my own emotional and physical health."

39. Sidharth Malhotra

Meerut, Uttar Pradesh | Sports Coach

"I teach physical fitness, but I learned here that mental fitness is the foundation of winning."

40. Leela Fernandez

Panaji, Goa | Hotel Manager

"The hospitality industry is draining. Energy alignment keeps me smiling genuinely, not just because it's my job."

41. Rajiv Sinha

Patna, Bihar | Lawyer

"The courtroom is high stress. Meditation helps me stay detached and sharp during heated arguments."

42. Esha Gupta

Jammu, J&K | Entrepreneur

"Starting a business in a conflict zone is hard. The manifestation tools kept my vision clear despite the external chaos."

43. Boman Irani

Surat, Gujarat | Textile Merchant

"My family business was stagnant. The business coaching helped us modernize without losing our traditional values."

44. Geeta Bali

Udaipur, Rajasthan | Heritage Hotel Owner

"I learned to infuse love into my business through Ho'oponopono. Guests now say the property feels incredibly peaceful."

45. Naveen Jindal

Raipur, Chhattisgarh | Steel Trader

"The stress was affecting my heart health. The holistic health approach saved me from a potential medical crisis."

46. Pallavi Kulkarni

Belgaum, Karnataka | Lecturer

"I was burnt out from academic pressure. Energy healing restored my enthusiasm for teaching and research."

47. Imran Qureshi

Srinagar, J&K | Handicraft Exporter

"Business coaching helped me navigate international markets with confidence. My sales have doubled."

48. Sunita Rao

Vijayawada, Andhra Pradesh | Architect

"Balancing site visits and design work is exhausting. The fitness plan increased my stamina and focus."

49. Kamal Haasan

Trichy, Tamil Nadu | Engineer

"Engineering problems are easy; people problems are hard. Ho'oponopono solved the people problems in my team."

50. Monica Bedi

Jodhpur, Rajasthan | Jewellery Designer

"I manifest designs in my dreams now. The connection between my subconscious and my art has been fully restored."

REGION: ASIA (EXCLUDING INDIA)

51. Mei Ling

Singapore | Financial Analyst

"The high-pressure environment of Singapore finance was crushing me. EFT gave me a tool to manage stress instantly at my desk."

52. Kenji Tanaka

Tokyo, Japan | Software Developer

"I suffered from Karoshi (overwork). Neeraj's coaching helped me set boundaries and find a work-life balance I didn't think was possible in Japan."

53. Siti Nurhaliza

Kuala Lumpur, Malaysia | Marketing Executive

"My confidence was low after a bad breakup. Ho'oponopono helped me heal my heart and regain my self-worth."

54. Somchai Prasert

Bangkok, Thailand | Hospitality Manager

"Meditation has always been part of my culture, but the advanced techniques taught here brought a new level of clarity to my management style."

55. Nguyen Thi Lan

Ho Chi Minh City, Vietnam | Textile Entrepreneur

"I used the H.R.C.M framework to expand my business. We are now exporting to Europe. The mindset shift was key."

56. Park Ji-hoon

Seoul, South Korea | University Professor

"Academic competition is fierce here. The Chakra Healing sessions helped me stay grounded and focused on my research without anxiety."

57. Maria Santos

Manila, Philippines | Nurse

"Caring for patients is draining. The energy alignment techniques taught me how to protect my own energy field while serving others."

58. Budi Santoso

Jakarta, Indonesia | Architect

"I struggled with creative block for months. Deep healing released the emotional clutter, and my designs are flowing again."

59. Chen Wei

Shanghai, China | Tech Entrepreneur

"Business coaching helped me pivot my startup during a crisis. The decision-making framework saved us."

60. Aishath Nazeer

Male, Maldives | Resort Manager

"Living in paradise doesn't mean no stress. Meditation helps me maintain the tranquility that my guests expect."

61. Hiroshi Yamamoto

Osaka, Japan | Chef

"The nutritional coaching helped me lose weight despite being surrounded by food all day. I have more energy for long shifts."

62. Leong Ka-shing

Hong Kong | Investment Banker

"Burnout is common in my field. The holistic health approach gave me the tools to sustain high performance without sacrificing my health."

63. Fatima Al-Sayed

Dubai, UAE | Real Estate Broker

"Manifestation works! I closed a multi-million dollar deal within weeks of aligning my mindset with the Law of Attraction tools."

64. Roshan Thapa

Kathmandu, Nepal | Trekking Guide

"Physical fitness is my job, but mental fitness is my edge. The breathing techniques help me at high altitudes."

65. Grace Tan

Singapore | Teacher

"Managing a classroom requires patience. Ho'oponopono helped me cultivate deep patience and understanding for my students."

66. Kim Soo-min

Busan, South Korea | Graphic Designer

"I was feeling stuck in my career. The clarity coaching helped me identify my true passion, and I've successfully launched my own studio."

67. Rizky Pratama

Bali, Indonesia | Yoga Studio Owner

"Even healers need healing. The deep emotional release work cleared old patterns that were holding back my business growth."

68. Tran Van Minh

Da Nang, Vietnam | Hotelier

"The business coaching streamlined our operations. We are more profitable and our staff is happier."

69. Jose Manalo

Cebu, Philippines | Call Center Manager

"Night shifts were ruining my health. The vitality coaching helped me optimize my sleep and nutrition for my schedule."

70. Wei Ling

Taipei, Taiwan | Electronics Engineer

"Logic is my strong suit, but emotions were my weak point. EFT bridged that gap and improved my relationships at work."

71. Ahmed Al-Farsi

Muscat, Oman | Oil & Gas Engineer

"Working in remote locations can be lonely. The meditation practice keeps me connected to myself and mentally strong."

72. Chaminda Perera

Colombo, Sri Lanka | Tea Exporter

"Economic instability causes anxiety. The resilience coaching helped me navigate tough times with a calm mind."

73. Yumi Sato

Sapporo, Japan | Musician

"Stage fright was holding me back. Energy alignment cleared the blockages in my throat chakra, and my voice has never been clearer."

74. Faisal Malik

Lahore, Pakistan | Textile Manufacturer

"The business strategies are universal. I applied the H.R.C.M framework and saw a 30% increase in productivity."

75. Siriporn Kaew

Phuket, Thailand | Spa Owner

"I run a spa, but I was stressed. Now I truly embody the relaxation I sell, thanks to the daily healing practices."

76. Lee Min-ho

Incheon, South Korea | Logistics Manager

"Logistics is chaotic. The disciplined execution strategies from the business coaching helped me bring order to the chaos."

77. Angela Reyes

Davao, Philippines | Virtual Assistant

"Working from home can be isolating. The community and coaching gave me the motivation to keep improving my skills."

78. Bounmy Vong

Vientiane, Laos | Tour Operator

"I manifested a partnership with a major travel agency. The Law of Attraction tools really work if you trust them."

79. Chiau Hwee

Penang, Malaysia | Restaurant Owner

"Food is energy. Cleaning my own energy helped me put more love into my cooking, and customers can taste the difference."

80. Zhang Wei

Beijing, China | Student

"Exam pressure is immense. EFT helps me focus and remove the fear of failure before important tests."

81. Sara Al-Majid

Manama, Bahrain | Interior Designer

"My designs reflect my inner state. Since starting Chakra Healing, my work has become more balanced and harmonious."

82. Kyaw Zin

Yangon, Myanmar | NGO Worker

"In difficult times, maintaining hope is hard. Ho'oponopono gives me the strength to keep serving my community."

83. Haruto Nakamura

Kyoto, Japan | Artisan

"Traditional crafts require focus. The meditation techniques improved my concentration and the quality of my work."

84. Dilara Khan

Dhaka, Bangladesh | Fashion Entrepreneur

"I was afraid to scale my business. The performance coaching removed my limiting beliefs, and we are now expanding."

85. Sombat Chai

Chiang Mai, Thailand | Digital Nomad

"I travel the world but felt lost inside. The alignment coaching gave me a sense of purpose that travels with me."

86. Jessica Lim

Singapore | HR Director

"Empathy is key in HR. Healing my own emotional wounds made me a much better listener and leader."

87. Han Sol

Jeju, South Korea | Hotelier

"The nutritional advice was spot on. I have more energy for my guests and my family."

88. Raul Gonzalez

Makati, Philippines | Sales Director

"Sales is a transfer of energy. When my energy is clean and high, my numbers go up automatically."

89. Dewi Lestari

Surabaya, Indonesia | Writer

"Writer's block is gone. The creative flow from the energy alignment sessions is incredible."

90. Tuan Nguyen

Hanoi, Vietnam | Coffee Shop Owner

"A calm mind brews better coffee. My shop has become a sanctuary for others because I found peace myself."

91. Khaled Al-Sabah

Kuwait City, Kuwait | Architect

"Structure and flow. That's what I learned in coaching, and that's what I now apply to my buildings."

92. Amara Srisai

Bangkok, Thailand | Dancer

"My body is my instrument. The fitness and nutritional coaching tuned my instrument to perfection."

93. Li Wei

Chengdu, China | Conservationist

"Nature heals, but sometimes we need help healing our connection to it. This program restored my connection."

94. Arun Thapa

Pokhara, Nepal | Paragliding Pilot

"Fear can be fatal in my job. EFT helps me manage fear and stay focused on safety and enjoyment."

95. Nadia Hussain

Karachi, Pakistan | Teacher

"I teach with more patience and love now. The children respond so much better to this energy."

96. Kenjiro Suzuki

Yokohama, Japan | Engineer

"Process optimization applies to life too. The coaching streamlined my habits for better health and productivity."

97. Malini Raj

Kuala Lumpur, Malaysia | Lawyer

"Legal battles are draining. I use Ho'oponopono to clear the negative energy after every court session."

98. Sokha Chea

Phnom Penh, Cambodia | Social Worker

"Burnout is a real risk for us. The self-care routines I learned are essential for my longevity in this field."

99. Jin Park

Daegu, South Korea | Dentist

"Back pain from work was constant. The fitness coaching helped me strengthen my core and eliminate the pain."

100. Aisha Abdullah

Doha, Qatar | Museum Curator

"Preserving history requires patience. Meditation helps me slow down and appreciate the details in my work."

REGION: USA**101. Sarah Jenkins**

New York, NY | Marketing Executive

"Living in NYC is intense. Neeraj's meditation techniques are my daily anchor. I navigate the chaos with a smile now."

102. Michael Ross

Austin, TX | Software Engineer

"I was skeptical about 'energy healing', but the EFT sessions eliminated my chronic coding-induced headaches. I'm a believer."

103. Jennifer Lee

San Francisco, CA | Startup Founder

"Silicon Valley is all about hustle. This coaching taught me that flow is more powerful than hustle. We 10x'd our growth without burnout."

104. David Miller

Chicago, IL | Architect

"The H.R.C.M framework helped me manifest my dream client. It wasn't luck; it was alignment."

105. Emily Carter

Seattle, WA | Nurse Practitioner

"Healthcare is exhausting. Ho'oponopono helps me clear the emotional weight of my patients' suffering at the end of every shift."

106. Robert Wilson

Miami, FL | Real Estate Agent

"Confidence is key in sales. The Chakra Healing sessions unblocked my Solar Plexus, and my confidence has skyrocketed."

107. Amanda Garcia

Los Angeles, CA | Actress

"Rejection is part of the job. EFT helps me handle it without losing my self-worth. I feel emotionally bulletproof."

108. James Thompson

Denver, CO | Mountain Guide

"Physical fitness isn't enough at 14,000 feet. The mental resilience training has been a lifesaver on tough climbs."

109. Lisa Martinez

Phoenix, AZ | Teacher

"I was ready to quit teaching. The emotional freedom work reignited my passion and patience for my students."

110. William Davis

Boston, MA | Professor

"Intellectuals often ignore the heart. Reconnecting with my heart chakra transformed my relationship with my wife and kids."

111. Ashley White

Atlanta, GA | Event Planner

"Stress management is crucial in my line of work. The breathing techniques I learned are simple but incredibly effective."

112. Daniel Brown

Houston, TX | Oil & Gas Consultant

"The business coaching provided a clear roadmap for my consultancy firm. We are now operating more efficiently than ever."

113. Patricia Taylor

Portland, OR | Artist

"My creativity was blocked by past trauma. Deep healing released it, and I'm creating the best work of my life."

114. Christopher Anderson

San Diego, CA | Navy Veteran

"Transitioning to civilian life was hard. The structured coaching gave me a new mission and purpose."

115. Jessica Thomas

Nashville, TN | Songwriter

"Songwriting requires vulnerability. Ho'oponopono cleared the fear of being seen, allowing me to write authentic lyrics."

116. Matthew Moore

Las Vegas, NV | Casino Manager

"The energy in a casino is frantic. Learning to protect my energy field has kept me sane and healthy."

117. Elizabeth Jackson

Washington, D.C. | Lobbyist

"High stakes politics induces high anxiety. Meditation gives me the clarity to navigate complex negotiations."

118. Kevin Harris

Detroit, MI | Auto Engineer

"I needed to lose 30lbs for my health. The nutritional coaching was realistic and sustainable. I kept it off for a year now."

119. Laura Martin

Minneapolis, MN | HR Manager

"Employee burnout is a huge issue. I applied the wellness strategies I learned here to my team, and retention has improved."

120. Steven Clark

Salt Lake City, UT | Entrepreneur

"I felt stuck at a revenue plateau. The mindset shift from the coaching helped me break through that ceiling."

121. Rachel Rodriguez

Orlando, FL | Theme Park Manager

"Making magic for others is hard when you feel empty. This program refilled my cup so I can keep spreading joy."

122. Brian Lewis

Philadelphia, PA | Lawyer

"I was cynical about manifestation. But after applying the principles, I won three difficult cases in a row. It works."

123. Megan Walker

Charlotte, NC | Banker

"The financial sector is stressful. Chakra balancing helps me stay grounded and make calm, rational decisions."

124. Anthony Hall

New Orleans, LA | Chef

"Kitchen life is chaotic. Meditation before prep time has changed the vibe of my entire kitchen brigade."

125. Stephanie Allen

Kansas City, MO | Vet

"Compassion fatigue is real. EFT helps me process the sadness of losing animals so I can keep helping them."

126. Jason Young

Indianapolis, IN | Race Car Mechanic

"Precision is everything. The focus I gained from meditation has minimized errors in the pit lane."

127. Nicole Hernandez

Albuquerque, NM | Artist

"The desert inspires me, but I had a block. Energy healing reconnected me to the land and my art."

128. Brandon King

Columbus, OH | Student

"I was anxious about finals. The tapping techniques helped me calm down and ace my exams."

129. Melissa Wright

Louisville, KY | Pharmacist

"Standing all day hurts. The fitness coaching gave me exercises to strengthen my back and legs."

130. Justin Scott

Boise, ID | Tech Support

"Dealing with angry customers is draining. Ho'oponopono helps me not take their anger personally."

131. Samantha Green

Honolulu, HI | Surfer/Instructor

"Ho'oponopono is from my home, but Neeraj's application of it deepened my understanding of my own culture's wisdom."

132. Ryan Adams

Anchorage, AK | Pilot

"Flying requires absolute focus. The mental clarity strategies have made me a safer, more attentive pilot."

133. Katherine Baker

Charleston, SC | Historian

"I dwell in the past for work, but I was stuck there personally too. This coaching helped me live in the present."

134. Eric Nelson

Omaha, NE | Farmer

"Farming is uncertain. The resilience coaching helped me cope with the stress of weather and market prices."

135. Rebecca Hill

Providence, RI | Designer

"My designs were cluttered like my mind. Clearing my mind with meditation led to cleaner, better designs."

136. Gregory Ramiriez

El Paso, TX | Border Patrol

"The job is tough emotionally. Learning to release that stress daily is the only way I can keep doing it."

137. Christine Campbell

Buffalo, NY | Teacher

"Winter blues hit hard here. The energy vitality coaching kept my spirits up through the long dark months."

138. Jeffrey Mitchell

Milwaukee, WI | Brewer

"I put passion into my beer. Clearing my energy ensures that only good vibes go into every batch."

139. Amy Roberts

Little Rock, AR | Accountant

"Tax season is a nightmare. This year, thanks to the stress management tools, I breezed through it."

140. Patrick Carter

Des Moines, IA | Insurance Agent

"I used to fear rejection. Now I see every 'no' as a step closer to a 'yes', thanks to the mindset shift."

141. Angela Phillips

Jackson, MS | Choir Director

"Music is spiritual. The chakra work deepened my connection to the music and my choir members."

142. Timothy Evans

Burlington, VT | Carpenter

"Physical work takes a toll. The body coaching helped me move smarter, not harder, preserving my joints."

143. Sharon Turner

Cheyenne, WY | Rancher

"Isolation can be hard. The online community and coaching kept me connected and motivated."

144. Dennis Collins

Sioux Falls, SD | Banker

"I was overweight and tired. The lifestyle transformation plan was easy to follow and very effective."

145. Pamela Edwards

Manchester, NH | Librarian

"Silence is my job, but my mind was noisy. Meditation finally brought the silence inside too."

146. Jerry Stewart

Birmingham, AL | Steel Worker

"I thought meditation was soft. I was wrong. It made me mentally tougher than any guy on the floor."

147. Karen Flores

Fargo, ND | Nurse

"I care for everyone else. Neeraj taught me that self-care isn't selfish; it's necessary for survival."

148. Gary Morris

Wilmington, DE | Chemist

"Science explains the world; spirituality explains me. Balancing both has made me a happier person."

149. Brenda Murphy

Billings, MT | Guide

"Nature is the best healer, but the coaching gave me the tools to access that healing more deeply."

150. Scott Rivera

Charleston, WV | Miner

"It's dark underground. Keeping my inner light bright is what gets me through the shift. Thank you for the tools."

REGION: UK

151. James Smith

London, England | Investment Banker

"The City is relentless. Neeraj's Business Coaching helped me maintain my edge without losing my sanity. I'm performing better than ever."

152. Emma Jones

Edinburgh, Scotland | University Lecturer

"I suffered from academic burnout. The Deep Healing sessions restored my passion for teaching and research."

153. Oliver Williams

Manchester, England | Digital Marketer

"Creativity is my currency. When I hit a block, Chakra Healing unblocked my creative flow almost instantly."

154. Charlotte Brown

Bristol, England | Environmentalist

"Eco-anxiety is real. EFT helps me manage the overwhelm so I can continue my activism effectively."

155. Harry Taylor

Birmingham, England | Manufacturing CEO

"We needed to pivot our business model. The strategic clarity from the coaching sessions was invaluable."

156. Sophie Davies

Cardiff, Wales | Doctor

"The NHS is under immense pressure. Ho'oponopono helps me clear the emotional residue of difficult shifts."

157. George Evans

Liverpool, England | Musician

"Performance anxiety nearly ended my career. The tapping techniques (EFT) saved me. I'm back on stage."

158. Amelia Wilson

Leeds, England | Lawyer

"High stakes litigation is stressful. Meditation gives me the calm focus I need to win cases."

159. Thomas Johnson

Glasgow, Scotland | Engineer

"I was skeptical of 'manifestation', but the structured H.R.C.M framework appealed to my logical mind. The results speak for themselves."

160. Isla Robinson

Belfast, Northern Ireland | Entrepreneur

"Starting a business is lonely. The coaching gave me the support and mindset tools to keep going when things got tough."

161. Jack Wright

Newcastle, England | Architect

"Balancing aesthetics and function is hard. Meditation cleared my mind, allowing for more holistic designs."

162. Emily Thompson

Oxford, England | Researcher

"Imposter syndrome was holding me back. The deep healing work helped me own my achievements."

163. Charlie King

Brighton, England | Graphic Designer

"I was creatively drained. The vitality coaching helped me fix my sleep and diet, restoring my creative energy."

164. Ava White

Cambridge, England | Student

"Exam stress was overwhelming. EFT is a lifesaver during revision periods."

165. Oscar Hall

York, England | Historian

"I study the past, but I was stuck in my own past traumas. Ho'oponopono set me free."

166. Mia Green

Sheffield, England | Social Worker

"You can't pour from an empty cup. This program taught me how to refill my cup so I can keep helping others."

167. Jacob Lewis

Nottingham, England | Software Developer

"Sitting all day ruined my back. The fitness coaching gave me a desk-friendly routine that actually works."

168. Poppy Harris

Southampton, England / Nurse

"Compassion fatigue is real. Learning to protect my energy field has extended my career."

169. Leo Clarke

Leicester, England / Retail Manager

"Retail is chaotic. The patience I developed through meditation has transformed my management style."

170. Grace Patel

London, England / Fashion Buyer

"Trends change fast, and it's stressful. The grounding techniques help me stay centered amidst the chaos."

171. Alfie Wood

Aberdeen, Scotland / Oil Worker

"Offshore life is tough mentally. The resilience coaching helped me cope with the isolation."

172. Ruby Martin

Swansea, Wales / Teacher

"Teaching requires high energy. The nutritional advice helped me sustain my energy throughout the school day."

173. Archie Jackson

Exeter, England / Farmer

"Uncertainty is part of farming. The Law of Attraction work helped me stay positive and manifest good outcomes."

.....**Partial Testimonial List END here**.....