

ChildEats Monthly Menu



Week 1 • April 27- May 1

Date					Friday 5/01
Soup					Split Pea
Lunch					Mac N Cheese WG Pasta Steamed Vegetables Seasonal Fruit

Week 2 • May 4- 8

Date	Monday 5/04	Tuesday 5/05	Wednesday 5/06	Thursday 5/07	Friday 5/08
Soup	Oatmeal	Chicken Noodle	White Bean	Purée Carrot	Borscht
Lunch	Meatballs Marinara WG Pasta Cucumber Salad Seasonal Fruit	Chicken Tenders Sweet Potato/WG Bread Cole Slaw Seasonal Fruit	Stir Baked Chicken Steamed Rice Steamed Broccoli Seasonal Fruit	Turkey Meatballs Herb Boiled Potato WG Bread Garden Salad Seasonal Fruit	Chicken Kabob WG Kasha Steamed Vegetables Seasonal Fruit

Week 3 • May 11-15

Date	Monday 5/11	Tuesday 5/12	Wednesday 5/13	Thursday 5/14	Friday 5/15
Soup	Purée Broccoli	Split Pea	Spring	Fresh Cabbage	Rice
Lunch	Chicken Alfredo WG Pasta Steamed Carrots Seasonal Fruit	Chicken Cloud Puffs Mashed Potato/WG Bread Green Peas Seasonal Fruit	Chicken Paella Steamed Rice Cole Slaw Seasonal Fruit	Chicken Stew Roasted Potato/WG Bread Garden Salad Seasonal Fruit	Mac N Cheese WG Pasta Steamed Cauliflower Seasonal Fruit

Week 4 • May 18-22

Date	Monday 5/18	Tuesday 5/19	Wednesday 5/20	Thursday 5/21	Friday 5/22
Soup	Oatmeal	Chicken Noodle	Harvest	Borscht	Purée Cauliflower
Lunch	Chicken Tenders Sweet Potato WG Bread Cole Slaw Seasonal Fruit	Chicken Fajitas Steamed Rice Garden Salad Seasonal Fruit	Mama's Bolognese WG Pasta Steamed Broccoli Seasonal Fruit	Turkey Meatballs Herb Boiled Potato WG Bread Steamed Vegetables Seasonal Fruit	Chicken Kabob WG Kasha Cucumber Salad Seasonal Fruit

Week 5 • May 25-29

Date	Monday 5/25	Tuesday 5/26	Wednesday 5/27	Thursday 5/28	Friday 5/29
Soup	Purée Pumpkin	Spinach	Fresh Cabbage	Rice	Split Pea
Lunch	Chicken Pilaf Steamed Rice Cole Slaw Seasonal Fruit	Chicken Cloud Puffs Mashed Potato/WG Bread Garden Salad Seasonal Fruit	Mama's Bolognese WG Pasta Steamed Carrots Seasonal Fruit	Chicken Stew Roasted Potato/WG Bread Green Peas Seasonal Fruit	Mac N Cheese WG Pasta Steamed Vegetables Seasonal Fruit

Note: All fruits are subject to seasonal availability.

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