



Katy Mental Health Resource Book 2026

Proudly Sponsored by:



New Dimensions
DAY TREATMENT CENTERS
help when you need it most

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796



New Dimensions
 DAY TREATMENT CENTERS
help when you need it most

New Dimensions Day Treatment Centers
 proudly sponsors the

The 2026 Katy Mental Health Resource Book

New Dimensions provides **Partial Hospitalization (PHP)** and **Intensive Outpatient Treatment (IOP)** for adolescents and adults. We offer In-Person Treatment as well as psychological testing at our locations in Houston, Katy, and The Woodlands and provide Intensive Online Treatment Programs to residents throughout the State of Texas.

New Dimensions also offers Intervention Services for loved ones who are struggling with substance abuse issues. If you are struggling with emotional, behavioral or substance abuse issues, we can help!

**In-network for most health plans and accepts self-pay.*

www.nddtreatment.com

The Clear Lake Location

1345 Space Park Dr.,
 Ste. C
 Houston, TX 77058

The Katy Location

439 Mason Park Blvd.,
 Ste. B
 Katy, TX 77450

The Woodlands Location

25511 Budde Road,
 Ste. 2401
 The Woodlands, TX 77380

800-685-9796

NEW DIMENSIONS DAY TREATMENT CENTERS

New Dimensions Day Treatment Centers, located in Katy, The Woodlands and the Clear Lake area of Houston, provides in-person psychiatric and substance abuse treatment to both adolescents and adults. New Dimensions also provides online IOP services for adults who reside within the State of Texas.

New Dimensions is licensed by the Texas Health and Human Services Commission and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Since 1991, New Dimensions has helped individuals and families develop the tools they need to successfully cope with the difficult challenges of life.

PHP and IOP Services

New Dimensions specializes in helping individuals and families overcome the problems associated with:

- Addictions
- Alcoholism
- Anger Issues
- Anxiety
- Behavior Problems
- Bipolar Disorders
- Depression
- Drug Abuse
- Low Self-Esteem
- Obsessive Compulsive Disorders
- Panic Attacks
- PTSD
- Self-Harm
- Thoughts of Suicide
- Trauma

If you or someone you know is struggling with mental health or substance abuse issue, New Dimensions can help. To learn more about our treatment programs, contact us at 800-685-9796.

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HOW TO CHOOSE A PROVIDER

When choosing a mental health provider, it is important to match your needs with the skills, expertise, and training of the provider. When seeking help, it is often useful to ask providers about their experience in working with your area of concern. While many providers work with a variety of problems, some specialize in specific areas.

This resource guide lists some of these specialties but is not intended to be a definitive list of specialties and areas of expertise. The resource guide is also not an endorsement of any provider, treatment program, or mental health resource, but instead it is intended to provide a broad listing of mental health services in the area.

The resource guide is designed to be a starting point in finding a provider of mental health resources. Referrals from family, friends, or other trusted resources are also useful when choosing a provider. The list below provides the most common types of mental health credentials.

Licensed Chemical Dependency Counselor (LCDC) is licensed by the State of Texas to provide chemical dependency counseling. These counselors receive specialized training in the treatment of individuals and families that are trying to overcome problems related to alcohol and drug abuse. Counselors with only the LCDC are limited to providing treatment for substance abuse and are not able to provide mental health therapy.

Licensed Clinical Social Worker (LCSW) is licensed by the State of Texas to provide therapy for individuals and families with mental health problems. (Some clinicians with this license are listed as LMSW or LCSW.) They typically have a minimum of a master's degree in Social Work. These therapists work with a variety of problems, including mental health, substance abuse, couples, and family problems.

Licensed Marriage and Family Therapists (LMFT) is licensed by the State of Texas to provide marriage and family therapy. These therapists typically have a minimum of a master's degree and receive specialized training in working with couples, families, and systems. These therapists work with individuals who struggle with a variety of problems, including mental health, substance abuse, couples, and family problems.

Licensed Professional Counselor (LPC) is licensed by the State of Texas to provide therapy services to both individuals and families. These therapists typically have a minimum of a master's degree and receive a variety of training in the treatment of mental health issues. They work with a variety of problems including mental health, substance abuse, couples and family problems.

Psychologist (PhD) is licensed by the State of Texas to provide therapy services to individuals, couples and families. They have a Doctor of Psychology. In addition to providing therapy services to people with mental health and substance abuse issues, many psychologists also provide a variety of psychological testing services.

Psychiatrists (MD) is a licensed Medical Doctor who specializes in the treatment of mental disorders. Psychiatrists are licensed to prescribe medications for their clients. While psychiatrists can provide therapy services to their clients, most focus primarily on medication management and prefer to refer their clients to other professionals for therapy.

Psychiatric Nurse Practitioner (PMHNP) A psychiatric mental health nurse practitioner is licensed and nationally board certified to provide psychiatric care for patients with mental illness.

Hotlines

211

<https://unitedwayhouston.org/>

Nationwide referral hotline sponsored by United Way to connect persons in need with local resources.

Crisis Intervention of Houston832-416-1177

.....**Teen Talk: 832-416-1199**

.....**Teen Text: 281-201-4430**

9660 Hillcroft Street, Ste. 516

Houston, TX 77096

www.crisishotline.org

24 hour crisis hotline for adults and teens.

Disaster Distress Helpline.....800-985-5990

www.samhsa.gov/find-help/disaster-distress-helpline

Provides 24/7, 365 day a year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

National Sexual Assault Telephone Hotline

.....**800-656-4673 or online.rainn.org**

www.rainn.org

Provides confidential support to victims from a trained staff member. Assists in finding a local health facility that is trained to care for survivors of sexual assault and offers local resources for healing and recovery.

National Suicide and Crisis Lifeline.....988

www.988lifeline.org

Nationwide suicide and crisis lifeline offers 24/7 call, text and chat access to trained crisis counselors who can help people experiencing suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support.

National Teen Dating Abuse Helpline.....866-331-9474

P.O. Box 90249

Austin, TX 78709

www.loveisrespect.org

Provides a 24/7 hotline for teens to answer questions about dating in general or a specific relationship, or if a teen is in an unhealthy or abusive relationship. Provides support and resources to help the situation.

Runaway Hotline - Texas Youth Hotline.....800-786-2929

www.1800runaway.org

Crisis Hotline by phone or text for runaway teens.

Veterans Crisis Line.....**988 and press 1**
www.veteranscrisisline.net
 Free, confidential crisis hotline available 24/7 for veterans and their families, National Guard and reserve members, and those who support them.

Advocay and Referrals

Adult Protective Services.....**1-800-252-5400**
https://www.dfps.texas.gov/Contact_Us/report_abuse.asp
 Call or visit website to report suspected abuse, neglect, or exploitation of adults.

Aid to Victims of Domestic Abuse.....**713-224-9911**
 1001 Texas, Suite 600
 Houston, TX 77002
www.avda.org
 Provides advocacy, legal representation, battering intervention, community education and outreach. Also provides group counseling for men who are abusive. This program is called Battering Intervention Services (BIPP).

Alzheimer's Association Houston and Southeast Chapter
**800-272-3900**
 6055 S. Loop East
 Houston, TX 77087
www.alztex.org

Nonprofit provides health care, support, and research to eliminate Alzheimer's disease through the advancement of research to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

American Cancer Society.....**800-227-2345**
www.cancer.org
 Provides research, advocacy, education, and service for cancer patients and their families.

American Heart Association.....**800-242-8721**
www.heart.org
 Nonprofit organization offers programs to reduce disability and death from cardiovascular diseases and stroke. Also offers CPR Training

American Lung Association.....**800-586-4872**
www.lung.org
 Fights lung disease and promotes lung health through tobacco and asthma education programs. Also offers a Freedom From Smoking program to help people quit smoking.

Autism Society of Texas.....**512-479-4199, Ext. 2**
<https://www.texasautismsociety.org/support/>
 The Autism Society of Texas supports individuals online through Facebook, email groups, Meetup, and virtual or face-to-face meetings and social groups around Texas. Gives individuals with Autism, parents/caregivers, and professionals, the chance to exchange information, share stories, and feel connected. We also provide individualized guidance and resources through our free Navigating Autism program for parents, caregivers and support people, and Autistic adults.

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796

Child Advocates Inc.....713-529-1396

3701 Kirby Drive, Ste. 400
Houston, TX 77098
www.childadvocates.org

Mobilizes court-appointed volunteers to break the cycle of child abuse. Advocates for the children.

Child Advocates of Fort Bend.....281-344-5100

5403 Avenue N
Rosenberg, TX 77471
www.cafb.org

Provides advocacy for abused and neglected children.

Children's Protective Services.....1-800-252-5400

https://www.dfps.texas.gov/child_protection/

Agency mandated to investigate and provide services for children who are physically or sexually abused. Call or visit their website to report suspected child abuse.

Daya.....713-842-7222

PO Box 421581
Houston, TX 77242
<https://www.dayahouston.org/>

Daya's mission is to empower South Asian survivors of domestic and sexual violence through culturally specific services and to educate the community in an effort to end the cycle of abuse.

Disability Rights Texas.....713-974-7691

www.disabilityrightstx.org

Non-Profit that protects and advocates for the legal rights of people with disabilities in Texas.

Family Ties, Family Resource Services.....(936) 931-2299

2114 Field Store Rd
Waller, TX 77484
<https://www.familytiesfrs.org/>

Free therapy and advocacy services to child and adult victims of sexual assault, domestic or family violence, and other family crisis issues.

Fort Bend Family Promise.....281-403-3923

4645 Cartwright Rd.
Missouri City, TX 77459
www.fortbendfamilypromise.org

Provides assistance to meet the immediate needs of homeless families while empowering them to sustain self-sufficiency.

Fort Bend Mental Health of America

310 Morton Street, St 93

Richmond, TX 77469

<https://www.fbmentalhealth.com/>

Mission is to promote mental wellness and prevent suicide in Fort Bend County by advocating for awareness, providing training and education, and connecting communities to resources and compassionate support.

Harris County District Attorney's Office, Family Criminal Law Division

.....713-274-0212

1201 Franklin, Suite 600

Houston, TX 77002

<http://app.dao.hctx.net/node/127>

Domestic Violence Division/Family Criminal Law of Harris County providing a list of resources for police departments to contact for immediate help. Also provides a list of shelters for those affected by domestic violence.

Harris County Sheriff's Office Crime Victims**Assistance**.....713-274-9369

1200 Baker Street

Houston, TX 77002

<https://harriscountyso.org/Services/crimevictimsassistanceunit>

Provides assistance in times of domestic problems. Provides list of resources for counseling for mental health or substance abuse and a list of shelters for those affected by domestic violence.

Her Well Center.....281-934-8727

511 Velasco Rd

Brookshire, TX 77423

<https://herwell.org/>

Helping sexual assault and intimate partner violence survivors.

Houston Children's Charity.....713-524-2878

1600 West Loop South, Ste. 610

Houston, TX 77027

www.houstonchildrenscharity.org

Provides support to neglected children with toys, clothes, school supplies, and support programs to nurture their development.

Houston Police Department Domestic Violence**Unit**.....832-394-5611

West Police Station 3203 Dairy Ashford Rd.

Houston, TX 77082

www.houstontx.gov/police/fvu/

Provides support and counseling to victims of domestic abuse.

Mental Health America of Greater Houston.....713-523-8963

2211 Norfolk, Ste. 810

Houston, TX 77098

www.mhahouston.org

Provides services to mentally ill through education and advocacy and provides pro bono counseling services.

Money Management International.....866-889-9347

12603 Southwest Frwy., Ste.450

Stafford, TX 77477

<https://www.moneymanagement.org/>

Debt counseling

National Alliance on Mental Illness.....(713) 970-4419

9401 Southwest Frwy., Ste. 1234

Houston, TX 77074

www.namigreaterhouston.org

Provides advocacy and resources for individuals affected by mental illness and their families.

National Child Traumatic Stress Network.....310-235-2633

11150 W. Olympic Blvd., Ste. 650

Los Angeles, CA 90064

www.nctsn.org

Provides resources for the treatment of trauma in children for families and caregivers, child welfare professionals, justice system professionals, school personnel, health care providers and youth.

National Domestic Violence Hotline.....800 799-7233

P.O. Box 90249

Austin, TX 78709

www.thehotline.org

Domestic Violence Resources that helps individuals make a plan for safety, link individuals to domestic violence shelters, and additional local resources in the area.

National Trafficking Hotline.888-373-7888 or Text: 233733www.humantraffickinghotline.org

Connects victims and survivors of human trafficking with social and legal services.

Partnership for Prescription Assistance

https://www.helpingpatients.org/prescription_assistance_programs/list_of_participating_programs

Helps patients obtain free or low cost medications if they qualify

Senior Guidance Directory - United Way Care for Elders(713) 957-4357

50 Waugh Drive

Houston, TX 77007

<https://referral.unitedwayhouston.org/Subcategory.aspx?;0;N;0;0;Senior%20Services;1618>

The Senior Guidance Directory is a comprehensive listing of resources and services for senior adults and their caregivers in the Houston metropolitan area.

Texas Abuse and Neglect Hotline.....800-252-5400-24 hrs.

Austin, TX

www.txabusehotline.org

Provides a secure website for reporting suspicions of abuse, neglect and exploitation of children, adults with disabilities, or people 65 years or older.

Texas Autism Advocacy.....888-288-4762 or 713-724-5092

Austin, TX

www.autismspeaks.org

Information and Resources on Autism.

Texas Cares Rx.....888-477-2669<https://www.txcaresrx.org/en-US/>

Provides access to Patient Assistant Programs that help patients get access to medications.

Texas Crime Victims Compensation Benefits - Office of the Attorney**General.....800-983-9933**www.texasattorneygeneral.gov/cvs/crime-victims-compensation

Provides financial assistance to victims of violent crime for related expenses that cannot be reimbursed by insurance or other sources.

Texas Workforce Commission - Vocational Rehabilitation Program**.....800-628-5115**

101 E 15th Street

Austin, TX 78778

<https://www.twc.texas.gov/programs/vocational-rehabilitation>

Program helps people with disabilities get ready for, find, or keep a job. Helps adults with disabilities of all ages. Also helps young students with disabilities prepare for life after school. The program also assists businesses in hiring and supporting employees with disabilities.

The Arc of Katy.....832-754-9802

PO Box 6133

Katy, TX 77491

<https://www.thearcofkaty.org/>

Mission is to provide opportunities for individuals with intellectual and developmental disabilities that enable each person to be included as a respected and active member of the community throughout their lifetime.

The Coalition of Barrier Free Living.....713-974-4621www.hcil.cc

The Coalition for Barrier Free Living believes independence is a right, not a privilege. We advance this belief by empowering people with disabilities to live independently, connect to critical resources, and actively engage in their communities. Has locations in Houston, Brazoria County and Fort Bend County

The Steve Fund.....(401) 373-2703

3470 Olney-Laytonsville Road, #313

Olney, MD 20832

www.stevfund.org

Provides virtual and in-person services to address the mental health and wellbeing of young people of color to help them thrive in their academic and career pursuits.

The Trevor Project.....866-488-7386 or Text: 202-304-1200www.thetrevorproject.org

Counseling and peer support network available 24/7 for LGBTQ young people (ages 13-24) to provide information and support.

Trans Lifeline.....877-565-8860

548 Market St., PMB 15337

San Francisco, CA 94104

www.translifeline.org

Peer support network available 24/7 run by trans people for the trans community and their families. A trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive.

United Against Human Trafficking.....713-874-0290

P.O. Box 541184

Houston, Tx 77254

www.uaht.org

Provides a trauma-informed program, Real Talk, for at-risk individuals and survivors to process their trauma. Works with adolescents to develop the skills to safely avoid dangerous situations.

United Way of Greater Houston.....713-685-2300

50 Waugh Drive

Houston, TX 77007

<https://unitedwayhouston.org/>

Information and referral to connect people in need of help to local resources.

HIV Resources

AHF Healthcare Center.....713-799-8994

7400 Fannin St., Ste. 1118

Houston, TX 77054

www.hivcare.org

Provides advanced medical care for HIV+ clients. These healthcare centers provide diagnostic testing, HIV testing, and blood testing.

AHF Healthcare Center - Katy.....281-599-3222

1331 West Grand Parkway North

Katy, TX 77493

<https://www.aidshealth.org/locations/tx-katy-hcc/>

Provides HIV Treatment and Primary Care

Allies in Hope.....713-623-6796
 6260 Westpark Dr., Ste 100
 Houston, TX 77057
<https://www.aihhouston.org/work>
 Provides testing, treatment, and counseling for individuals with HIV

The Montrose Center.....713-529-0037
24 hr. helpline: 713-529-3211
 401 Branard
 Houston, TX 77006
www.montrosecenter.org
 The Montrose Center is a nonprofit agency with programs primarily for gay, lesbian, bisexual, transgender, and HIV infected and their significant others.

Shelters and Homeless Services

Fort Bend Women's Center.....281-342-4357 24 hr. Hotline
 P.O. Box 183
 Richmond, TX 77406
www.fbwc.org
 Provides emergency shelter to women and their families who are in danger from domestic violence or abuse. Will meet women who have been sexually assaulted at the hospital to provide support and identify needed resources.

Hope Impacts.....713-705-7884
 3115 Fry Rd, Suite 404
 Katy, TX 77449
www.hopeimpacts.org
 Focus on the needs of both the chronically and situationally homeless. While we meet immediate needs on the street, we also seek to create pathways toward sustainable, permanent solutions. We are not a shelter or day center, and we do not offer any kind of financial assistance, bill pay, or pay for hotels.

Houston Area Women's Center.....713-528-6798
Domestic Violence Hotline: 713-528-2121
Sexual Assault Hotline: 713-528-7273
www.hawc.org
 Assists women, children, and families escaping domestic violence, sex trafficking, and sexual assault. Provides a crisis hotline, counseling, shelter, and hospital advocacy and support.

Mission of Yahweh.....713-466-4785
 10247 Algiers Rd.
 Houston, TX 77041
<https://missionofyahweh.org/>
 The Mission of Yahweh is a faith-based shelter that empowers, enriches and restores the lives of homeless women and children, and provides outreach services to communities in need, since 1961.

Star of Hope Mission.....713-748-0700
 2575 Reed Road
 Houston, TX 77051
www.sohmission.org
 Provides meals, shelter, clothing and referrals to the homeless through a men's shelter and development center, a women's and family emergency shelter and a transitional living center for women and families.

The Ballard House.....281-717-4670
 21421 Cinco Park Rd.
 Katy, TX 77450
www.theballardhouse.org
 Provides temporary housing for individuals and their families who are hospitalized or receiving treatment for a serious medical condition.

Support Groups

Al-Anon.....713-683-7227
 9800 Northwest Frwy., Ste. 201
 Houston, TX 77092
www.houstonalanon.org
 Provides support for relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.

Alateen.....713-683-7227
 9800 Northwest Frwy., Ste. 201
 Houston, TX 77092
www.houstonalanon.org
 Provides support for adolescents age 19 and under whose lives have been affected by someone else's drinking.

Alcoholics Anonymous Intergroup Association, Inc.....713-686-6300
 5151 Mitchelldale, Ste. B10
 Houston, TX 77092
www.aahouston.org
 Support Groups for men and women to support them to recover from alcoholism.

Attention Deficit Disorders Association-Southern Region281-894-4932
 9597 Jones Rd., #334
 Houston, TX 77065
www.adda-sr.org
 Provides monthly meetings and educational programs for families and parents.
 Provides adult support services and advocacy for those with attention deficit disorders.

Bo's Place.....713-942-8339
 10050 Buffalo Speedway
 Houston, TX 77054
www.bosplace.org
 Provides grief support groups for children, adolescents and families. Also provides information and referrals.

- Cocaine Anonymous**.....**281-676-7949**
P.O. Box 300154
Houston, TX 77230
www.ca-texas.org
Support groups for men and women seeking to recover from cocaine addiction.
- Depression and Bipolar Support Alliance**.....**(312) 642-0049**
500 W Madison St, Ste. 1000
Chicago, IL 60661
www.dbsalliance.org
Support groups for people suffering from depression and bipolar disorders as well as their family and friends.
- Emotions Anonymous**.....**651-647-9712**
P.O. Box 4245
St. Paul, MN 55104
<https://emotionsanonymous.org/>
Support group that helps others work toward resolution of emotional difficulties. Also provides chat and virtual meetings.
- Gambler's Anonymous**.....**855-222-5542**
<https://gamblersanonymous.org/find-a-meeting/>
Provides 12-step support groups for those struggling with gambling addiction.
- Narcotics Anonymous**
www.na.org or www.hascona.com
12 step support meetings for those struggling with addictions to drugs.
- Nicotine Anonymous**.....**877-879-6422**
www.nicotine-anonymous.org
12 step support groups for men and women who desire to live nicotine-free lives.
- Overeaters Anonymous**.....**713-973-6633**
P.O. Box 741836
Houston, TX 77274
www.oahouston.org
12 step support groups for compulsive overeaters.
- Palmer Drug Abuse Program**.....**281-589-4833**
3730 Kirby Dr., #1200-A
Houston, TX 77098
www.pdaphouston.org
Cost-free support groups for adolescents, young adults, and their families. The program provides treatment for chemical dependency problems.
- Recovery International**.....**866-221-0302**
1415 W. 22nd St., Tower Floor
Oak Brook, IL 60523
www.recoveryinternational.org
Provides self-help support groups for those struggling with mental illness such as depression, bipolar, and anxiety disorders.

reMind.....713-600-1131

P.O. Box 27607

Houston, TX 77227

www.remindsupport.org

Support groups in the Houston area for people suffering from depression and bipolar disorders, their families, and friends.

Sex Addicts Anonymous.....713-869-4902

P.O. Box 70949

Houston, TX 77270

www.saa-recovery.org

12-step support groups for men and women to recover from sexual addiction and to help others recover from sexual addiction and dependency.

Survivors of Incest Anonymous.....877-742-9761

P.O. Box 7078

Pittsburgh, PA 15212

www.siaawso.org

Support groups for adult survivors of childhood sexual abuse.

Community Support Services**American Red Cross - Greater Houston Chapter.....866-526-8300**

2700 Southwest Freeway

Houston, TX 77098

www.redcross.org/local/texas/gulf-coast

Provides emergency aid (food, clothing and temporary shelter) to victims of fires, floods and other disasters. Provides services to military families and veterans. Delivers health education classes, CPR and First Aid training.

BBBS Lone Star - Greater Houston.....888-887-2447www.bbbstx.org

Provides dependable adult friendship and guidance to youth.

Boys and Girls Club of Greater Houston.....713.868.3426

815 Crosby Street

Houston, TX 77019

www.bgcgh.org

Trained professional staff provides positive adult mentors and role models. Nationally recognized programs help young people succeed in school, stay healthy, learn important life skills, pursue interests in the arts and sports, and explore vocational choices.

Can Care of Houston, Inc.....713-461-0028

9575 Katy Freeway, Ste. 428

Houston, TX 77024

www.cancare.org

Provides support for cancer survivors and their families.

- Cancer Hope Network.....877-467-3638**
 2 North Road - Suite A
 Chester, NJ 7930
www.cancerhopenetwork.org
 Non-profit that provides free one-on one emotional support to adult cancer patients and their families.
- Career & Recovery Resources.....713-754-7000**
www.careerandrecovery.org
 Provides career and employment services to disadvantaged and to substance abusers. Also provides homeless services.
- Catholic Charities of the Archdiocese of Galveston-Houston
713-526-4611**
 2900 Louisiana St.
 Houston, TX 77006
www.catholiccharities.org
 Provides counseling, financial assistance, food distribution, disaster recovery assistance, family assistance, and immigrant legal assistance.
- Family Services of Greater Houston.....713-861-4849**
 4950 Memorial Dr.
 Houston, TX 77007
www.familyhouston.org
 Provides assistance to families to obtain basic needs. Offers counseling for children, adolescents, and adults. Accepts major insurance plans and has a sliding fee scale. Offers no cost treatment to veterans and their family members.
- Houston Area Teen Coalition of Homosexuals.....713-529-0037**
 401 Branard St.
 Houston, TX 77006
www.montrosecenter.org/hatch-youth/
 Active social group that provides support to LGBTQIA+ youth between the ages of 7 and 20. Hatch Youth groups provide a safe and affirming environment where youth can socialize, make new friends, and engage in educational and creative activities.
- Katy Christian Ministries.....281-391-5261**
 3506 Porter Road
 Katy, TX 77493
www.ktcm.org
 Offers limited financial assistance for rent, utilities, medical (by appointment only) and and counseling services.
- Teen Health Clinic Services-Baylor College of Medicine.....713-873-3601**
 1504 Ben Taub Loop
 Houston, TX 77030
www.bcm.edu/community/healthcare-outreach/teen-health-clinic/
 Provides pregnancy testing, family planning, testing for sexually transmitted diseases, and HIV/AIDS education and screening.

Women Connection.....832-377-8498

www.womenconnectioninc.com

Assist individuals and families with the resources needed to address basic needs such as food and housing as well as public benefits and employment assistance.

Worksource Solutions.....888-469-JOBS(5627)

www.wrksolutions.com

Helps individuals find jobs.

Residential Treatment and Psychiatric Hospitals

Angel Reach Transitional Living Program.....936-202-8498

900 W Dallas St.,

Conroe, TX 77301

<https://angelreach.org/transitional-living>

The Angel Reach Transitional Living Program (TLP) is a comprehensive and impactful initiative aimed at providing essential support and guidance to youth transitioning out of foster care and/or facing homelessness, aged 16-24. Within this initiative, we serve both youth who are housed within our residential program and those who request access to our services as a day client and who are not housed on Angel Reach properties.

Aspire Behavioral Health Hospital.....936-647-3500

2006 South Loop 336 West, Ste. 500

Conroe, TX 77304

www.aspirehealthcorp.com

Psychiatric hospital with short-term acute care for young adults, adults, and geriatric patients.

Bayes Achievement Center, Inc.....936-291-3391

7517 South Highway 75

Huntsville, TX 77340

www.bayescenter.com

Licensed residential treatment center and day school program which serves emotionally disturbed and autistic children and adolescents, ages 6-22, with severe behavior problems.

Behavioral Hospital of Bellaire.....833-565-0017

5314 Dashwood Dr., Ste. 300

Houston, TX 77081

www.bhbhospital.com

Provides inpatient mental health and chemical dependency services to adolescents and adults in a psychiatric hospital setting. Provides intensive outpatient services to adults in a partial day hospital. Detox Services

Bodine Recovery Homes.....281.660.8482

<https://bodinerecoveryhomes.com/>

Sober Living Homes.

- Bonita House of Hope/Santa Maria Bonita House.....713-691-0900**
 2605 Parker Rd.
 Houston, TX 77093
www.santamariahospel.org
 Provides intensive residential treatment, supportive independent living programs, housing and supportive employment and clinic services for men, women and children. Sliding scale fee.
- Brookside Farm.....(512) 507-5713**
 2213 East Howard Lane
 Manor, TX 78653
www.brookside-farm.org
 Residential treatment facility providing long term care for adults with chronic mental illnesses, brain injury, and developmental disabilities.
- Burning Tree Recovery Ranch.....(866) 287-2877**
 2837 County Rd. 101
 Kaufman, TX 75142
www.BurningTreeRanch.com
 Provides long term residential treatment for adults with alcohol and drug abuse issues and co-occurring disorders.
- Cenikor Foundation.....888-236-4567**
www.cenikor.org
 Provides adolescent and adult residential treatment for chemical dependency. Also provides outpatient services.
- Center for Change.....888-297-7568**
 1790 North State Street
 Orem, UT 84057
www.centerforchange.com
 Inpatient and residential treatment for eating disorders: anorexia, bulimia and binge eating. TRICARE certified.
- Center for Discovery-Residential.....877.710.7894**
 17515 Swansbury Drive
 Cypress, TX 77429
www.centerfordiscovery.com
 Provides residential treatment for adolescents and young adults with anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, compulsive overeating, and selective eating disorder (ARFID).
- Clearfork Academy.....(866) 259-2890**
 1632 E FM 4
 Cleburne, Tx 76031
 Treatment Programs for Teenagers in Texas
 Residential Program for teen girls with mental health and/or substance abuse issues.

- Clearfork Academy.....(866) 259-2890**
 7820 Hanger Cutoff Road
 Fort Worth, Tx 76135
 Treatment Programs for Teenagers in Texas
 Residential Program for teen boys with mental health and/or substance abuse issues.
- Covenant House.....713-523-2231**
 1111 Lovett Blvd.
 Houston, TX 77006
www.covenanthousetx.org/
 Helps youth (ages 18-24) in crisis through residential resources, outreach, and community services designed to keep kids off the streets.
- Cypress Creek Hospital.....281-586-7600**
 17750 Cali Drive
 Houston, TX 77090
www.cypresscreekhospital.com
 Provides short term hospitalization for adults and adolescents with psychiatric and substance abuse issues.
- Devereux Advanced Behavioral Health.....(281) 316-5400**
 1150 Devereux Dr.
 League City, TX 77573
www.devereuxtx.org
 Devereux Texas offers a residential treatment program for adolescents with intellectual and developmental disabilities (IDD) and autism spectrum disorder (ASD).
- Dunn Behavioral Sciences Center - UT Health Houston.....713-500-1500**
 5615 H. Mark Crosswell Jr. St.
 Houston, TX 77021
 Dunn Behavioral Sciences Center - UTHealth Houston
 Provides psychiatric inpatient treatment for children, adolescents, and adults.
- Great Oaks Recovery Center.....(713) 769-0102**
 11210 FM 102
 Egypt, TX 77436
www.greatoaksrecovery.com
 Provides detox and residential adult substance abuse treatment. Treats co-occurring disorders if substance abuse is primary. Accepts insurance. Partners with aftercare programs.
- Harris County Psychiatric Center.....713-741-5000**
 2800 South MacGregor Way
 Houston, TX 77021
<https://hcpc.uth.edu/>
 Provides psychiatric inpatient treatment for children, adolescents and adults. Provides outpatient ECT services in the ECT Clinic.

Hazelden Betty Ford Foundation.....844-497-2615

<https://www.hazeldenbettyford.org/>

Provides addiction treatment programs including Campus Based Sober Living, Inpatient and Outpatient Treatment and Family Programs for adults age 18+. Multiple locations throughout country.

House of Extra Measures

www.thehouseofextrameasures.com

Provides structured communal living houses for women and for women who are newly recovering from addiction.

Houston Behavioral Health Hospital.....832-834-7710

2801 N. Gessner Road

Houston, TX 77080

www.houstonbehavioralhealth.com

Provides acute inpatient, partial day hospital and intensive outpatient services for adults and adolescents with emotional, behavioral and chemical dependency problems. Accepts major insurance plans and Medicaid.

Houston Methodist Hospital.....713.790.3333

6565 Fannin St.

Houston, TX 77030

www.houstonmethodist.org/psychiatry

Inpatient psychiatric services for adults.

Houston Recovery Homes

<https://houstonrecoveryhomes.com/>

Sober living homes in the Spring Branch area.

IntoAction Recovery.....(832) 476-4385

17300 Mercury Drive

Houston, TX 77058

<https://www.intoactionrecovery.com/locations/texas/houston-el-camino-real-outpatient/>

Residential, Detox, PHP and IOP for Addiction.

Kemah Palms.....(571) 630-3366

1013 Delesandri Ln

Kemah, TX 77565

https://www.kemahpalms.com/?utm_source=gmb&loc=kemah

Addiction Treatment Center. Offers detox, residential, and outpatient services.

Kingwood Pines Hospital.....281-404-9887

2001 Ladbrook Drive

Kingwood, TX 77339

www.kingwoodpines.com

Kingwood Pines Hospital, located in the North Houston section of Texas, is a behavioral health treatment center that offers inpatient and outpatient treatment options for children, teens and adults. Provides both mental health and substance abuse treatment. Also provides detox services.

- La Hacienda Treatment Center**.....**830.532.7924**
 145 La Hacienda Way SW
 Hunt, TX 78024
www.lahacienda.com
 Provides residential substance abuse services for recovering professionals, and adults.
 Accepts most major insurance.
- Lone Star Behavioral**.....**281-516-6200**
 16303 Grant Rd.
 Cypress, TX 77429
<https://lonestarbehavioralhealth.com/>
 Provides inpatient and outpatient psychiatric services to adults 18 and above.
- Luna Recovery**.....**844-407-2859**
 5757 Woodway Dr. #110
 Houston, TX 77057
www.lunarecovery.com
 Provides detox, residential, partial hospitalization, and intensive outpatient treatment
 for adults and adolescents suffering from chemical dependency.
- Magnificat Houses, Inc.**.....**713-529-4231**
 3300 Caroline St.
 Houston, TX 77004
<https://mhouston.org/>
 Offers a pathway to dignity and healing through housing, meals, mental health care, and
 support for successful re-entry into society. Our service is grounded in compassion and
 built to uplift those experiencing homelessness, hunger, and hardship.
- Magnolia City Recovery Center**.....**(936) 230-3331**
 1006 Windsor Lakes Blvd #200
 Conroe, TX 77384
<https://magcitydetox.com/>
 Residential Treatment, detox, and outpatient treatment for addiction.
- Medical Behavioral Hospital of Clear Lake**.....**(281) 606-3517**
 16850 Buccaneer Lane
 Houston, TX 77058
<https://www.neuropsychiatric hospitals.net/>
 Psychiatric Hospital with short-term acute care for adults 18 and over with mental
 health or substance abuse issues. Detox services provided.
- Menninger Clinic**.....**713-275-5400**
 12301 Main Street
 Houston, TX 77035
<https://www.menningerclinic.org/>
 Provides inpatient psychiatric treatment for adolescents (ages 12-17), and adults to
 address anxiety, mood, obsessive-compulsive, eating disorders, and personality
 disorders. Provides adolescent and adult chemical dependency and process addictions
 programs.

- Meridell Achievement Center**.....**800-366-8656**
 12550 W. Highway 29
 Liberty Hill, TX 78642
www.meridell.com
 Residential treatment center specializing in psychiatry and neuropsychiatry for children and adolescents (ages 11-17). Accepts most major insurance plans and Tricare.
- Monte Nido**.....**281-742-0444**
 15248 Saddlewood Dr
 Conroe, TX 77384
<https://www.montenido.com/locations/texas-houston-residential-treatment>
 Monte Nido Houston offers state-of-the-art, evidence-based residential eating disorder programming for eating disorders and co-occurring conditions in identifying females 18+.
- Neuro Psych Center**.....**713-970-7070**
 1502 Ben Taub Loop
 Houston, TX 77030
<https://www.theharriscenter.org/Services/Our-Services/Comprehensive-Psychiatric-Emergency-Program>
 Psychiatric crisis services.
- New Dimensions Day Treatment Centers**.....**800-685-9796**
 439 Mason Park Blvd., Ste. B
 Katy, TX 77450
www.nddtreatment.com
Alternative to Inpatient Psychiatric Hospitalization. Offers PHP and IOP for adolescents and adults with mental health and/or substance abuse issues.
- New Hope Ranch**.....**(737) 910-3421**
 11908 Sparks Road
 Manor, TX 78653
www.newhoperanch.com
 Residential services for adults aged 18+ providing treatment for drug and alcohol dependency.
- Nexus Health Systems**.....**713.355.6111**
<https://nexushealthsystems.com/>
 Integrated medical, behavioral, and psychiatric care for medically complex patients.
 Multiple locations.
- Oceans Behavioral Hospital**.....**281-492-8888**
 455 Park Grove Dr.
 Katy, TX 77450
<https://oceanshealthcare.com/ohc-location/katy/>
 Provides hospital-level care for older adults, and adults (age 35+) who are experiencing acute behavioral or psychiatric symptoms that require a safe, structured inpatient setting.

- Oceans Behavioral Hospital**.....**832.619.8836**
 4001 Preston Dr Ste 150
 Pasadena, TX 77505
<https://oceanshealthcare.com/location/oceans-behavioral-hospital-pasadena/>
 Provides hospital-level care for older adults, and adults (age 35+) who are experiencing acute behavioral or psychiatric symptoms that require a safe, structured inpatient setting.
- OPI Houston**.....**979.704.9146**
 10514 Oberrender Rd.
 Needville, TX 77461
<https://www.optimumperformanceinstitute.com/locations/opi-houston/>
 OPI Houston is a residential treatment and transitional living program that enables young adults to become healthy, secure, and integrated.
- PAM Voyages Behavioral Health of Conroe**.....**936-242-0409**
 1317 S Loop 336
 Conroe, TX 77304
<https://voyageshealth.com/locations/pam-voyages-of-conroe/>
 Provides inpatient treatment for adults 18 and over with mental health and co-occurring disorders.
- PAM Voyages Behavioral Health of Sugar Land**.....**281-896-0112**
 11931 Hwy. 6 South
 Sugar Land, TX 77498
<https://voyageshealth.com/locations/pam-voyages-of-sugar-land/>
 Provides inpatient treatment for adults 18 and over with mental health and co-occurring disorders.
- Paradigm Treatment**.....**(737) 373-2379**
 Austin, TX
<https://paradigmatreatment.com/>
 Comprehensive Care for Adolescent Mental Health and Behavioral Issues
- PaRC Discovery**.....**(832) 975-0584**
 3043 N. Gessner Rd.
 Houston, TX 77080
<https://parcbh.com/locations/houston-residential/>
 Provides adult, young adult and adolescent chemical dependency treatment and detox, residential, partial day hospital, intensive outpatient and 12 Step programs.
- Pathways Youth and Family Services**.....**(830) 515-4343**
 222 Sidney Baker Street S, Suite 435
 Kerrville, TX 78028
<https://pathwaystx.org/>
 Pathways is a community-based 501(c)(3) nonprofit organization specializing in foster care, adoption, residential care, and behavioral health services.

- Pavillon International**.....**828-694-2300**
 241 Pavillon Place
 Mill Spring, NC 28756
www.pavillon.org
 Residential treatment center for chemical dependency and co-occurring disorders for adults. Accepts major insurance plans.
- Pegasus Schools**.....**512-432-1621**
 896 Robin Ranch Rd,
 Lockhart, TX 78644
<https://www.pegasusschool.net/programs/>
 Residential Treatment Programs for Youth
- Plum Creek Recovery Ranch**.....**(512) 855-4700**
 519 Briar Patch Rd.
 Lockhart, TX 78644
<https://www.plumcreekrecoveryranch.com/>
 Addiction Treatment Center in Central Texas
- Resolution Ranch**.....**254-718-3364**
 2274 County Road 203 Loop
 Cameron, TX 76520
www.resolutionranch.com
 Therapeutic ranch for at-risk boys ages 13 to 17, led by a former NFL player, with a positive, nurturing environment focused on guiding personal growth through mentoring, confidence-building activities, back-to-nature experiences, animal-assisted therapy, and open communications.
- Richmond State Supported Living Center**.....**281-232-2075**
 2100 Preston St.
 Richmond, TX 77469
<https://www.hhs.texas.gov/services/disability/intellectual-or-developmental-disabilities-idd-long-term-care/state-supported-living-centers-sslcs/richmond-state-supported-living-center>
 Provides respite, emergency and residential care, treatment, and training for people with intellectual and developmental disabilities who are medically fragile or have behavior problems.
- Roots Renewal Ranch**.....**(888) 399-0489**
 819 Indian Trail
 Argyle, TX 76226
<https://rootsrenewalranch.com/>
 Roots Renewal Ranch is a mental health and substance use treatment center that specializes in the unique challenges faced by adolescent girls.

Rosewood Ranch Eating Disorder Treatment Center.....(818) 217-8231

36075 South Rincon Rd.

Wickenburg, AZ 85390

www.rosewoodranch.com

Provides residential treatment for youth (ages 12-17) suffering from anorexia nervosa, bulimia nervosa, binge eating and other eating disorders. Provides a dual diagnosis program to treat co-occurring addictions, mood disorders, and psychiatric conditions. Accepts major insurance plans.

Rosewood Ranch Eating Disorder Treatment Center.....(818) 217-8231

36075 South Rincon Rd.

Wickenburg, AZ 85390

www.rosewoodranch.com

Provides residential treatment for adults suffering from anorexia nervosa, bulimia nervosa, binge eating, co-occurring disorders and addictions. Treats clients pre/post bariatric surgery and provides medical detox. Accepts major insurance.

Rusk State Hospital.....903-683-3421

805 North Dickinson Dr.

Rusk, TX 75785

<https://www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals/rusk-state-hospital>

Complete psychiatric evaluation, psychiatric rehabilitation and treatment for multiple disabilities. Must have a mental illness whose active symptomatology poses a danger to self or others.

San Marcos Treatment Center800-251-0059**..... For Assessment: 800-848-9090**

120 Bert Brown St.

San Marcos, TX 78666

www.sanmarcostc.com

Provides short, intermediate, and long-term residential treatment programs for adolescent boys and girls ages 8 through 18 years who are developmentally delayed, have neuropsychiatric or psychiatric problems or sexual behavior problems.

Santa Maria Hostel, Inc.....713-691-0900

2605 Parker Road

Houston, TX 77093

www.santamariahostel.org

Provides residential and outpatient treatment services for substance abuse treatment to women who are pregnant and/or parents.

Sante Center for Healing.....866-238-3154

914 Country Club Rd.

Argyle, TX 76226

www.santecenter.com

Provides dual diagnosis treatment specializing in addiction treatment of substance use disorders, process / behavioral addictions, compulsive behaviors, trauma related issues, co-occurring psychiatric disorders, professional and safety sensitive issues, and eating disorders. Accepts most major insurance.

- Serenity Light Recovery**.....**281.431.6700**
 1820 CR 36
 Angleton, TX 77515
<https://serenitylightrecovery.com/>
 Our comprehensive addiction treatment and rehab in Houston is designed to provide you with the tools and support you need to overcome addiction and achieve long-term recovery. We offer all stages of treatment, including detox, residential, and outpatient.
- Shiloh Treatment Center**.....**281-489-1290**
 3926 Bahler
 Manvel, TX 77578
www.shilohTreatmentcenter.com
 The typical Shiloh client is a child or adolescent, male or female, between the ages of three and 22, with mental health issues, an emotional disorder, autism, mental retardation, or a behavioral disorder that does not require an acute care hospital placement.
- Sierra Tucson**.....**(855) 578-0241**
 39580 South Lago del Oro Pkwy.
 Tucson, AZ 85739
www.sierratucson.com
 Residential treatment for adult addictions, eating disorders, dual diagnosis and mood disorders. Accepts most major insurance.
- Starlite Recovery Center**.....**(833) 730-2035**
 230 Mesa Verde Dr.
 Center Point, TX 78010
www.starliterecovery.com
 Provides residential chemical dependency and co-occurring disorders treatment for adults and adolescents. Provides a program for veterans and active military members. Accepts most major insurance plans and Tricare.
- Sun Behavioral Health**.....**(713) 715-4297**
 7601 Fannin St.
 Houston, TX 77054
www.sunhouston.com
 Provides short term hospitalization for children with psychiatric issues. Provides short term hospitalization and intensive outpatient treatment for adolescents and adults with psychiatric and substance abuse issues.
- Taylor Recovery Center**.....**(713) 557-8573**
 11352 Sugar Park
 Sugar Land, TX 77478
<https://taylorrecovery.com/>
 Residential Treatment for Adults with Substance Abuse issues. Also offers detox services, sober living, and outpatient services.

- Texas Challenge Academy.....877-822-0050**
 600 Hwy. 3013 West
 Eagle Lake, TX 77434
www.texaschallengeacademy.com
 Texas Challenge Academy is a 5 1/2 month residential military academy sponsored by the Texas National Guard. Tuition free education program for youth ages 16-18 who are disengaged from school. Offers academic instruction, structure and discipline to help students develop personal accountability and become successful adults.
- Texas NeuroRehab Center.....800-252-5151**
 1106 W. Dittmar Rd.
 Austin, TX 78745
www.texasneuorehab.com
 Provides complex and medical rehabilitation for ages 13 years and older.
 Neurobehavioral residential treatment for youth with complex medical, behavioral, social and learning difficulties.
- Texas New Hope Christian Boys Academy.....(830) 257-5714**
<https://teenchallengeforboys.org/>
 Boarding School for Troubled Teenage Boys
- Texas Teens Challenge SchoolsBoys Schools: 830-257-5714**
.....Girls Schools: 512-545-2226
<https://texasteenchallengeschools.com/>
 Adolescent Boarding Schools for Struggling Teens
- The Arbor.....844-413-2690**
 1443 County Road 103
 Georgetown, TX 78626
www.thearbor.com
 Provides adult men and women a 12-step based alcohol and substance use disorder program designed as a 15-month program of support and comprised of two core phases: a 90-day residential treatment program followed up with a 12- month aftercare support program.
- The Boaz House.....713-205-1136**
 4327 4th Street
 Brookshire, TX 77423
<https://theboazhouse.com/>
 Long-Term Residential Treatment Program for Women with Substance Abuse Issues
- The Haven.....(888) 219-6895**
 1705 Jackson St
 Richmond, TX 77469
<https://thehaventx.com/>
 Detox Center for Addiction

- The Last Resort**.....(512) 515-9464
 1620 Farm to Market 535 Suite D
 Smithville, TX 78957
<https://www.lastresortrecovery.com/>
 Substance Abuse Treatment Facility for Men. Provides detos, residential treatment, sober living, and outpatient services.
- The Meadows**.....866.719.9295
 1655 North Tegner St.
 Wickenburg, AZ 85390
www.themeadows.com
 Provides treatment for men and women aged 18 and older for psychological issues, trauma, and substance abuse issues in a residential setting.
- The Meadows Texas**.....866.719.9295
 3800 County Road 444
 Princeton, TX 75407
www.themeadowstexas.com
 Provides residential treatment for men and women who need detox, substance abuse treatment, and treatment for co-occurring mental health disorders. Accepts most major insurance.
- The Orchard Recovery**.....713-730-2851
 2548 Aylor Road
 Wallis, TX 77485
<https://www.theorchardrecovery.com/>
 Residential substance abuse treatment facility near Houston, Texas, that is targeted toward those who are ready to implement positive and lasting change in their lives through excellent care, including private, resort-quality accommodations, daily housekeeping and laundry services, and chef-driven dining.
- The Right Step**.....888.488.6017
 12350 Wood Bayou Dr.
 Houston, TX 77013
www.rightstep.com
 Provides residential services and intensive outpatient treatment for adults with substance abuse issues.
- The Women's Home**.....713-521-3150
 607 Westheimer
 Houston, TX 77006
www.thewomenshome.org
 Provides a 50-bed residential facility for women who are homeless struggling with mental illness or addiction. Residents can stay for 6-18 months. Residents must be between 22 and 60. There is no charge to join the program.
- Transcend Sober Living**.....(281) 205-0918
 945 Harvard St.
 Houston, TX 77008
<https://transcendrecoverycommunity.com/houston-sober-living/>
 Sober Living Home.

- VA Houston**.....**713-791-1414 or 800-553-2278**
 2002 Holcombe Blvd.
 Houston, TX 77030
www.houston.va.gov/
 Provides a full service hospital for veterans.
- Virtue Recovery Center**.....**(866) 928-4773**
 9714 South Gessner Rd.
 Houston, TX 77071
<https://houston.virtuerecoverycenter.com/>
 Residential detox and treatment center for men and women.
- Way Out for Women's Center**.....**713-645-9962**
 2670 Ave. D
 San Leon, TX 77539
www.wayoutcenter.com
 Provides a 10 day alcohol detox rehabilitation for women. Provides 12 Step meetings.
- We Level Up**.....**(832) 234-9960**
 22675 US Highway 59
 Kingwood, TX 77339
<https://weleveluptx.com>
 Texas Behavioral Health Center Offering Drug and Alcohol Rehab & Inpatient Mental Health Treatment.
- Wellsprings Inc.**.....**713-529-6559**
 P.O. Box 311017
 Houston, TX 77231
www.wellspringsvillage.org
 Wellsprings Village, Inc. provides a safe, nurturing environment for women who were homeless or abused, helping them to become independent, contributing members of our community.
- West Oaks Hospital**.....**713-589-6406**
 6500 Hornwood
 Houston, TX 77074
www.westoakshospital.com
 Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.
- Westpark Springs**.....**832.535.2770**
 6902 S. Peek Rd.
 Richmond, TX 77407
www.westparksprings.com
 Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.

Woodlands Springs.....**936.270.7520**
 15860 Old Conroe Rd.
 Conroe, TX 77384
<https://www.woodlandspringshealth.com/>
 Psychiatric Hospital that treats adolescents and adults with mental health and/or substance abuse issues.

Youth-Reach Houston.....**281.459.4555**
 P.O. Box 9631
 Houston, TX 77213
<https://www.youthreachhouston.org/>
 Youth-Reach Houston is a voluntary, Christ-centered, long-term, residential program for boys ages 12-17.

Treatment Resources

Action Behavior Centers.....**713-929-6100**
 23000 Highland Knolls Dr., Ste. 100
 Katy, TX 77494
www.actionbehavior.com
 Provides services for early childhood, school-aged children, and adolescents to improve the signs and symptoms of Autism Spectrum Disorders.

Archway Academy.....**713-328-0780**
 6221 Main Street
 Houston, TX 77030
<https://www.archwayacademy.org/>
 Sober High School

Arise Counseling Center.....**(832)-946-2556**
 15355 Vantage Parkway W (Atrium II)
 Houston, TX 77032
<https://www.arisecounselingcenter.org/>
 Offers several classes such as Anger Management, Marijuana Intervention, DWI Education, DWI intervention, Life Skills, Anti-Theft, Parenting classes, Drug and alcohol assessments, Domestic Violence assessments, Domestic Violence classes (BIPP), and more.

Avondale House.....**713-993-9544**
 3737 O'Meara Drive
 Houston, TX 77025
www.avondalehouse.org
 Provides educational, residential and day habilitation services to children and young adults (ages 3-21) with autism. Respite and residential services are provided for ages 22 and older.

- Baker Ripley Neighborhood Center**.....713-273-3700
 6500 Rookin
 Houston, TX 77074
www.bakerripley.org
 Provides after school programs, leadership development and summer camps for low income students and their families.
- Blue Sprig**.....281-616-8075
 1635 S. Fry Road
 Katy, TX 77450
www.bluesprigautism.com
 Serves families with special needs children by providing applied behavioral analysis, speech-language therapy, occupational therapy, professional counseling, and parent training.
- Briarwood Detox Center**.....(512) 309-5814
 1019 Ashland St.
 Houston, TX 77008
www.briarwooddetox.com
 Provides medically assisted detox and stabilization. Accepts most major insurance.
- Carruth Center**.....713-935-9088
 11001 Hammerly Blvd.
 Houston, TX 77043
www.carruthcenter.org
 Provides developmental assessment and individual and group psychotherapy for children. Also provides child-parent relationship therapy.
- Casa de Esperanza de Los Ninos**.....713-529-0639
 2911 Corder St., Bldg. A
 Houston, TX 77054
www.casahope.org
 Voluntary foster care and family support services for parents in the greater Houston, TX area.
- Center for Stress Management**.....713-471-9977
 1850 Ave. D
 Katy, TX 77493
www.cfsmkaty.com
 Provides psychosocial and spiritual care to patients and caregivers experiencing the stress of living with cancer or a chronic health condition. Provides counseling, chaplaincy services and stress management.
- Center for Teens**.....832-376-5129
 15263 Southwest Freeway
 Sugar Land, TX 77478
<https://centerforteens.com/>
 PHP and IOP Program for Teens

- Christ Clinic**.....**281-391-0190**
 1040 Schlipf Rd. Suite 216 & 217
 Katy, TX 77493
www.christclिनickaty.org
 Provides treatment for mental and behavioral health issues to low income uninsured or underinsured men, women, adolescents, and children.
- DePelchin Children's Center**.....**713-730-2335**
 4950 Memorial Drive
 Houston, TX 77007
www.depelchin.org
 Provides free individual and family counseling services for foster care and adopted children. Parenting classes, support, and referral assistance is provided through a community-based counseling program. Also has residential program.
- Eating Recovery Center**.....**713-750-9607**
 7515 S. Main St., Ste. 400
 Houston, TX 77030
www.eatingrecoverycenter.com
 Provides partial hospitalization, intensive outpatient and virtual intensive outpatient treatment for children, adolescents and adults suffering from eating disorders: anorexia nervosa, arfid, binge eating, bulimia, diabulimia, and osfed. Accepts major insurance.
- Family Houston**.....**713-861-4849**
www.familyhouston.org
 Provides professional, family-focused counseling (marriage, family and individual) to help individuals cope with the pressures of everyday living. Counseling for children, adolescents, and adults. Locations in Brookshire, Stafford, and Houston.
- Fusion Academy**.....**281-207-9506**
 13440 University Blvd., Ste. 260
 Sugar Land, TX 77479
www.fusionacademy.com
 Provides 1:1 customized education for middle school and high school students (grades 6-12) focused on creating positive relationships to increase the academic potential and enhance the social and emotional growth of each student.
- Gratia Plena**.....**832.532.0129**
<https://gratiaplencounseling.org/>
 For mental illnesses, addictions, marriage/family problems and the spiritual distress that often accompanies them, delivered in a way that is faithful to the teachings, values, and traditions of the Catholic Church. Multiple locations throughout Houston.
- Harris Center for Mental Health and IDD**.....**713-970-7000**
 9401 Southwest Freeway
 Houston, TX 77074
www.theharriscenter.org
 Behavioral Health Services, IDD Services, and Crisis Services

Hope and Health Center and Institute.....713-871-1004

717 Sage Road

Houston, TX 77056

<https://hopeandhealingcenter.org/>

HHCI is Houston's frontline resource for accessing free mental health services and support.

Houston Area Women's Center.....**713-528-2121 Domestic Violence Hotline**.....**713-528-7273 Sexual Assault Hotline**

www.hawc.org

Provides 24 hr. hotline and emergency shelter for battered women and their children for up to 90 days. Also provides domestic violence information, public awareness training, and referral hotline.

Houston OCD Program.....(713) 999-4550

708 E. 19th Street

Houston, TX 77008

www.houstonocdprogram.org

Provides residential support program and an intensive outpatient program for adults with OCD. Provides outpatient services for children and adolescents suffering with anxiety disorders, phobias and obsessive compulsive disorders.

Jewish Family Service.....713-667-9336

4131 South Braeswood Blvd.

Houston, TX 77025

www.jfshouston.org

Provides individual, couples, and family counseling for children, adolescents, adults and seniors. Offers intensive outpatient program (IOP) for adults age 18 and older to address life and transitional challenges.

Katy Cares.....832.517.1636

6725 South Fry Road, Suite 700-507

Katy, TX 77494

<https://katycares.org/>

Katy Cares is a 501(c)3 non-profit organization founded in 2016 as a solution-driven response to our community's most vulnerable population – single-parent families who are victims of trauma due to a life-altering event such as separation, divorce, abuse, intimidation, domestic violence, financial challenge caused by loss of employment, income, child support, and/or a natural disaster.

Kinghaven Counseling Center.....(713)457-4372

3425 Highway 6, Suite 103

Sugar Land, TX 77478

www.kinghavencounseling.com

Provides outpatient therapy for children, adolescents and adults. Treatment is provided for behavioral health and substance abuse issues.

Legacy Community Health.....832-548-5000

12345 Bissonnet
Houston, TX 77099
www.legacycommunityhealth.org
Provides behavioral health, OB/GYN, and Pediatric Services.

Lone Star Infusion.....281-947-3268

14740 Barryknoll Lane, #140
Houston, TX 77079
<https://www.lonestarinfusion.com/>
Ketamine Treatment

Magnificat Houses, Inc.....713-529-4231

3300 Caroline St
Houston, TX 77004
<https://mhihouston.org/>
At Magnificat Houses, we offer a pathway to dignity and healing through housing, meals, mental health care, and support for successful re-entry into society. Our service is grounded in compassion and built to uplift those experiencing homelessness, hunger, and hardship.

Memorial Hermann Mental Health Crisis Clinic in Meyerland

.....713-338-6422

4850 W. Bellfort St
Houston, TX 77035
www.memorialhermann.org/mental-health/
The Memorial Hermann Mental Health Crisis Clinic is an outpatient mental health service provider developed to serve individuals experiencing a mental health crisis situations. This clinic also serves individuals unable to follow up with other outpatient providers for their mental health needs.

Mindpath Health.....713-913-1645

24275 Katy Frwy., Ste. 410
Katy, TX 77494
www.mindpath.com
Provides psychiatric evaluation, medication management, and counseling services for adults.

Montrose Counseling Center.....713-529-0037 Main

.....713-529-3211 24 hr. LGBT Helpline

401 Branard St.
Houston, TX 77006
www.montrosecenter.org
Provides mental health, substance abuse treatment, and case management services to gays, lesbians, and persons with HIV infection.

New Dimensions Day Treatment Center.....800-685-9796

439 Mason Park Blvd., Ste. B

Katy, TX 77450

www.nddtreatment.com

Provides psychiatric and substance abuse treatment for adults and adolescents. Offers partial day and intensive outpatient treatment. Also provides Psychological Testing and Substance Abuse Intervention Services.

O'Brien Counseling Services, Inc.....281.213.5989

11999 Katy Fwy, Ste 590

Houston, TX 77079

<https://obriencsi.org/>

Offers wide range of counseling services. Also has Sex Offender program.

PaRC Discovery - Prevention and Recovery Center.....(832) 410-1013

3043 Gessner Rd.

Houston, TX 77080

www.parcbh.com

Provides adolescent and adult detox, partial day hospital, residential inpatient, intensive outpatient program, 12 Step meetings, and aftercare.

Positive Recovery Center.....877-697-1383

Houston, TX

www.positiverecovery.com

Provides intensive outpatient treatment for adults suffering from alcohol and drug addiction. Multiple Locations.

redefined mind Brain Treatment Center.....832.802.6536

10242 Greenhouse Rd #1002

Cypress, TX 77433

<https://www.redefinedmindtx.com/>

Offers Magnetic e-Resonance Therapy, Ketamine Infusion, and Magnetic Peripheral Nerve Stimulation for Autism, PTSD, Concussions, Pain, and Anxiety

Teen and Family Services.....(713) 464-3950

11140 Greenbay Street

Houston, TX 77024

<https://www.tafs.org/programs>

Teen and Family Services (TAFS) is a community based recovery service. TAFS provides a positive social environment and a new peer group focusing on attitudes and behaviors conducive to growth and change. The group provides the following benefits: after-school hangouts, weekend social activities, a group of youth who can relate to each other and discuss common challenges, encouragement from peers to make positive choices, a safe and sober environment, recovery-oriented social activities and the ability to meet lifelong friends.

- Texana - Behavioral Healthcare Clinic at Brookshire.....(281) 239-1300**
 2330 Graeber Road
 Rosenberg, TX 77471
<https://www.texanacenter.com/>
 Governmental entity that delivers services to children and adults with mental health issues, autism, and developmental disabilities. Locations in Rosenberg, Sugar Land, and Brookshire.
- Texas Care Katy.....281-938-7840**
 21316 Provincial Blvd
 Katy, TX 77450
<https://katy.texascarecenter.com/>
 Offers skills training, coping tools, crisis support, and evaluations and assessments.
- Texas Children's Hospital - West.....832-824-1000**
 18200 Katy Frwy.
 Houston, TX 77094
www.texaschildrens.org/departments/adolescent-medicine
 Provides specialty consultation and management of care for patients 10 to 24 years of age who struggle with some form of eating disorder.
- The Center for Pursuit.....713-525-8400**
 4400 Harrisburg Blvd.
 Houston, TX 77011
www.thecenterforpursuit.org
 Provides people with intellectual and developmental disabilities with employment training, community living and social skills training to gain the skills of daily living.
- The Council on Recovery.....713-942-4100**
 303 Jackson Hill St.
 Houston, TX 77007
www.councilonrecovery.org
 Provides children, adolescents, adults and families with outpatient treatment services to recover from alcohol and drug use. Provides educational outreach services for anyone seeking information on treatment for alcohol or other drug-related problems.
- The Gathering Place - The Menninger Clinic.....713-275-5724**
 5310 S. Willow Dr.
 Houston, TX 77035
<https://www.menningerclinic.org/treatment/treatment-for-adults/outpatient-programs/the-gathering-place>
 Provides adults aged 18 and older who have a severe and persistent mental illness with employment assistance, wellness program and social skills support.
- The Harris Center for Mental Health and IDD**
713-970-7000 If in crisis, press Option 1
 9401 Southwest Frwy.
 Houston, TX 77074
www.theharriscenter.org
 Provides services to children, adolescents and adults with severe mental illness and intellectual developmental disabilities.

The Lighthouse of Houston.....713-527-9561
 3602 West Dallas St.
 Houston, TX 77019
www.houstonlighthouse.org
 Offers vocational evaluation, career training, and services to the blind and visually impaired.

U.S. Dept of Veterans Affairs Outpatient Clinic
281-578-4600 x11638 Mental Health Care
 750 Westgreen Blvd.
 Katy, TX 77450
<https://www.va.gov/houston-health-care/locations/katy-va-clinic/>
 Primary care and mental health outpatient services for veterans.

Therapists

Yves Abraham, Ph.D., LMFT.....346-314-0840
Lifeline Center
 2000 S. Dairy Ashford Dr., Ste. 380
 Houston, TX 77077
www.lifeline-center.com
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Trauma, Substance Abuse, Family Stressors

Flory Abrego, M.Ed., LPC-Associate.....281--903-5353
Supervised By: Teresa Brown, LPC-S, NCC, CCTP
Attachment & Trauma Center of Houston
 101 Southwestern Blvd. Ste. 105
 Sugar Land, TX 77478
<https://www.atchouston.com/mental-health-center/>
Population Served: Children, Adolescents, Families
Types of Services: Individuals and Families
Specialties: Child Centered Play Therapy, EMDR

Ada Abreu-Urbina, LPC-Associate.....(713) 364 6316
Supervised By: Kimberly Harrington-Delgado, LPC-S, RPT-S
Resilience Play Therapy and Counseling Center
 633 East Fernhurst Drive, Suite 801
 Katy, TX 77450
<https://resilienceplaytherapy.com/>
Specialties: Children, adolescents, and families navigating emotional regulation challenges, anxiety, ADHD, autism, and life transitions.

Patricia Aburime, M.Ed., M.A., LPC.....832-345-9824
Centric Counseling
 1325 Main St., Unit 501
 Katy, TX 77494
www.centriccounseling.com
Population Served: Adults
Types of Services: Individuals
Specialties: Trauma and PTSD, Life Transitions, ADHD

- Dr. Amy Acosta, Ph.D.**.....832-224-5781
West Houston Counseling and Psychology
 14133 Memorial Dr., Ste. 7
 Houston, TX 77079
 www.westhoustonpsych.com
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, Eating Disorders, Relationships Issues, Family Conflict
- John Adams, M.A., LPC, LCDC-I**.....832-471-7722
Liberty Christian Counseling
 26717 Westheimer Pkwy., Ste. 101
 Katy, TX 77494
 www.libertychristiancounseling.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Group
Specialties: Addiction, Marital and Premarital Issues, Family Conflict
- Katie Adams, M.Ed., LPC-S**.....713-364-6044
Westside Counseling and Wellness
 11211 Katy Fwy., Ste. 550
 Houston, TX 77079
 www.westsidecounselingandwellness.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Trauma, PTSD, Grief, Family Conflict, Spirituality, OCD, Infertility, Parenting Issues, Relationship Issues, Codependency, Self-Esteem, Coping Skills
- Kelly Adams, LCSW-S**.....281-903-5353
Attachment and Trauma Center of Houston
 101 Southwestern Blvd. Ste. 105
 Sugar Land, TX 77478
 https://www.atchouston.com/
Population Served: Children, Pre-Teens, Adolescents, and Adults
Types of Services: Individuals and Families
Specialties: Trauma, Grief, Anxiety, Depression, Self-Esteem, and EMDR. Specializes in children and adolescents.
- Ruba Afifi, M.S., LPC**.....713-568-6889
Winged Transformations Counseling, PLLC
 9235 Katy Fwy., Ste. 160
 Houston, TX 77024
 www.wingedtransformationscounseling.com
Population Served: Adults
Types of Services: Individuals
Specialties: Trauma and PTSD, Life Transitions

Karimat Afinnih, LMSW.....281-762-1663

Supervised By: Onyinye Orij-Dor, LCSW-S

Renewed Mind Counseling and Wellness

1000 Austin St., Ste. D

Richmond, TX 77469

www.renewedmindpllc.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Alcohol and Substance Abuse, Anxiety, Panic, Coping Skills, Crisis Stabilization, Depression, Emotion/Mood Regulation, Grief/Loss, Men's Issues, Mood Disorders, Mental Illness, Stress, Women's Issues

Joseline Aguilar, LPC.....832-945-1071

Created to Shine Counseling, PLLC

950 Echo Ln., Ste. 200

Houston, TX 77024

www.createdtoshinecounseling.com

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Relationship Issues, Trauma and PTSD

Yessenia Aguilar, M.Ed., LPC.....346-200-5865

District Counseling Spring Branch

1458 Campbell Rd., Ste. 200

Houston, TX 77055

www.districtcounseling.center/spring-branch/

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Addiction, Anxiety, Behavioral Issues, Depression, Relationship Issues

Kiran Ahmed, M.A., LPC-S.....(979) 459-8122

Cypress Mental Health

8118 Fry Rd Ste 203

Cypress, TX 77433

<https://cypressmh.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals and Families

Kunzal Ahmed, LPC-Associate.....281-645-5264

Supervised By: Candice Ashley, LPC-S

Ellie Mental Health

1160 Dairy Ashford Rd., Ste. 135

Houston, TX 77079

www.elliementalhealth.com/locations/houston-energy-corridor-tx/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Relationship Problems, Depression, Anxiety, Boundaries, Self-Esteem, Trauma, Domestic Violence, Communication

Maryam Ahmed, LPC-Associate.....(346) 440-1800*Supervised By: Linette Tovar, MA, LPC-S***Texas Counseling Center**

800 Bonaventure Way Suite 156

Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>**Types of Services:** Individuals**Specialties:** Trauma, depression, anxiety, life transitions**Nasreen Ahmed, LPC-Associate.....832-303-9419***Supervised By: Matthew Whalen, LPC-S***Changing Tides Consulting, LLC**

21340 Provincial Blvd.

Katy, TX 77450

<https://changingtidescc.com/>**Population Served:** Children, Adolescents, and Adults**Types of Services:** Individuals, Couples, and Families**Specialties:** Trauma**Yazan Akkad, LPC-Associate.....(832) 717-7166***Supervised By: Adam Rahman, LPC-S***Greater Houston Counseling Services**

12727 Kimberley Ln.

Houston, TX 77024

<https://www.greaterhoustoncounselingsrvcs.com/>**Specialties:** Anxiety, Depression, Behavioral Issues, Goal Setting, Relationship and Family Issues, Spirituality and Faith**Jasmine Akrie, M.Ed., LPC.....346-206-3992****The Resilience Center of Houston**

14930 Mueschke Rd., Ste. 100

Cypress, TX 77433

www.resiliencecenterhouston.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Life Transitions, Anxiety, Depression**Monica Alexander, M.A., LPC.....832-717-7166****Greater Houston Counseling Services**

147 Bella Katy Dr.

Katy, TX 77494

www.greaterhoustoncounselingsrvcs.com**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Self-Esteem, Coping Skills, Stress

Christopher Alford, M.A., LPA, LSSP.....281-698-7792

Phillips & Alford Psychological Associates

23234 Red River Dr.

Katy, TX 77450

<https://phillips-alford.com>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Families, Groups

Specialties: Cognitive-behavioral therapy (CBT) and research-based psychological and behavioral interventions for children, adolescents, and adults.

Christina Allen, LMSW.....713-364-8645

Brittani Persha Counseling

1001 S. Dairy Ashford Rd., Ste. 510

Houston, TX 77077

www.brittanipershacounseling.com

Population Served: Children, Teens, Young Adults, Families

Types of Services: Individuals and Families

Specialties: Neurodiversity, Trauma, Anxiety

Emily Allen, M.S., LPC, RPT.....832-406-4304

Katy Counseling

633 E. Fernhurst Dr. Ste 1102

Katy, TX 77450

<https://katycounseling.com>

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Self-Esteem Issues, Depression, Behavioral Problems, Play Therapy

Kiandris Allen, M.Ed., LPC-Associate.....346-200-5865

Supervised By: Dr. Petagay Ledbetter, Ph.D., LPC-S

District Counseling

1458 Campbell Rd., Ste. 200

Houston, TX 77055

<https://districtcounseling.center/spring-branch/>

Specialties: Bilingual (English/Spanish)

Tammy Allen, M.A., LPC, CART.....(281) 301-0968

Paraklesis Counseling, PLLC

15840 FM 529, Ste. 310

Houston, TX 77095

<https://tammykallen.com/>

Population Served: 17 Years of Age and Up

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Depression, First Responders Issues, Gender Identity Issues, Bariatric Counseling, Trauma, PTSD, Anger Management

Hector Ricardo Alvarez, LPC.....832-662-6970**Mind Mechanics**

24618 Kingsland Blvd.

Katy, TX 77494

<https://mindmechanics.org/>**Types of Services:** Individuals and Couples**Specialties:** Bilingual Therapist. Work-life balance, Relationship challenges, Stress and Anxiety, Performance pressure, Identity concerns, and Major life transitions.**Julie Ames, M.A., LPC-Associate.....281-398-0022***Supervised By: Jeanne Hensley, M.S., LPC-S***Houston Center for Christian Counseling**

609 Park Grove, Ste. B

Katy, TX 77450

www.christiancounselinghouston.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, and Families**Specialties:** Anxiety, depression, substance abuse, and trauma.**Janki Amin, LPC-S.....281-778-9530****Mind Matters Psychiatry**

4502 Riverstone Blvd., Ste. 601

Missouri City, TX 77459

<https://www.mindmatterspsychiatry.com/>**Specialties:** Adolescents, Adults**Jeff Anderson, Psy.D.....(832)-303-0625****New Perspective Counseling**

25807 Westheimer Pkwy, Ste. 318

Houston, TX 77494

<https://www.anpcounseling.com/home-aboutus>**Population Served:** Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Depression, Trauma and PTSD**Latonya Anderson, M.A., LPC.....832-947-3548****Anderson Counseling Associates**

9525 Katy Fwy., Ste. 312

Houston, TX 77024

www.latonyaanderson.com/**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anxiety, Self-Esteem, Parenting Support, Grief Counseling, Work and Career Issues, Stress Management, Addiction and Recovery, Conflict Resolution

Megan Anderson, Ph.D., LP, LSSP.....832-237-HOPE

Houston Psychotherapists

21212 Northwest Fwy., Ste. 455
Cypress, TX 77429

<https://houstonpsychotherapists.com/>

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Behavioral Issues, Trauma and PTSD, Depression, Developmental Disorders

Shawanda Anderson, Ph.D.....318-598-9337

Neuropsychological Associates

8300 Cypress Creek Pkwy., Ste. 450
Houston, TX 77070

www.neuropsych-associates.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Neuropsychological Evaluations, Forensic Evaluations, IMEs, Fitness-for-Duty Evaluations, General Diagnostic Evaluations

Madison Anderton, LMSW.....346.766.0173

Mental Break Counseling Services

23234 Red River Dr, Suite 140
Katy, TX 77494

<https://mentalbreakcounselingservices.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals and Families

Specialties: Anxiety, Depression, PTSD, Behavioral issues, Self-harm, Abuse, Domestic violence, Trauma

Tania Andrews, LMFT, QTAP, DOT, SAP.....346-706-7023

N&T Counseling

2500 Wilcrest Dr., Ste. 401
Houston, TX 77042

<https://nigelandtania.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Marital and Premarital, Parenting, Relationship Issues

Diane Antonvich, LPC.....713-463-9449

Diane Antonvich, LPC

9525 Katy Fwy., Ste. 312
Houston, TX 77024

www.dianeantonvich.dr-leonardo.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Emotional Issues, Behavioral Issues, Relationship Issues

Dianne Appolito, LCSW.....281-579-0703**Stone Creek Psychotherapy and Wellness Center**

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com

Population Served: Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Domestic Violence, Depression, Anxiety, Traumatic Experiences, PTSD, OCD, College and Career Issues, Behavioral Problems, Mood Disorders**Monica Arenas, LPC - Associate.....281-829-1599***Supervised By: Dr. Peta Gay Ledbetter LPC-S***Katy Child Psychology**

1113 Avenue B

Katy, TX 77493

<https://www.katychildpsychology.com/>**Population Served:** Children, Adolescents, and Adults**Types of Services:** Individuals and Families**Specialties:** Anxiety management, Grief, Trauma recovery, ADHD, Behavioral challenges, and Substance use issues.**Erica Marie Arras, M.S., LPC-Associate.....832-675-0222***Supervised By: Alice Payne-Heath, LPC-S***Balev Counseling and Wellness**

9110 Wheat Cross Dr., Ste. A

Houston, TX 77095

www.balevcounselingandwellness.com

Population Served: Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Women's Issues, Life Transitions, Coping Skills, Abuse, Depression**Mario Arredondo, M.A., LPC.....281-782-8974**

1846 B Snake River Rd., Ste. B

Katy, TX 77449

www.arredondocounseling.com

Population Served: Adults, Elders**Types of Services:** Individual, Couples/Marital**Specialties:** Anxiety, Divorce, Marriage Counseling, Men's Issues, Trauma and PTSD**RoseMary Arredondo, LPC-Associate.....(346) 809-3700***Supervised By: April West, LPC-S***District Counseling**

11999 Katy Fwy, Ste. 625

Houston, TX 77079

<https://districtcounseling.center/memorial/>**Specialties:** Anxiety, depression, self-esteem, career counseling, chronic pain, family conflict, parenting, romantic relationships, relationship issues, premarital issues, and divorce

- Max Arzola, LCSW-S**.....(832) 657-1642
Empathy First Clinical Counseling and Consulting
 7790 W Grand Parkway South, Ste. 103
 Richmond, TX 77406
<https://www.empathyfirstclinical.com/home>
- Lindsay Asawa, Ph.D.**.....832-844-5576
Beautiful Brain Psychological Services
 7070 Knights Ct., Ste. #203
 Missouri City, TX 77459
www.bbpsychservices.com/
Population Served: Toddlers, Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Psychological and educational testing for all ages to determine accurate diagnoses, better understand unique strengths and weaknesses, and provide helpful recommendations and resources. (ADHD, Autism, Learning Disabilities, Intellectual Disability, Neurocognitive Testing)
- Keri Aschoff, LPC**.....929-777-5463
Supervised By: Kind Works Counseling and Wellness
Kind Works Counseling and Wellness
 23410 Grand Reserve Dr., Ste. 204
 Katy, TX 77494
www.kindworkscounselor.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Families
Specialties: Anxiety, Chronic Illness, Grief, Infidelity, Trauma and PTSD
- Katie Ashby, LPC**.....713-581-9100
Memorial Family Connections
 9579 Katy Fwy., Ste. 220
 Houston, TX 77024
www.memorialfamilyconnections.com/
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Trauma, Anxiety, Grief, Relationship Issues, Communication
- Tanecia August, LPC**.....832.945.3139
Heart 2 Heart Counseling Services
 4855 Riverstone Blvd, Ste. 102
 Missouri City, TX 77459
<https://heart2heartcounseling.org/>
Population Served: Children, Adolescents, and Adults
Specialties: Play Therapy, Anxiety, Depression, Trauma, Behavioral Disruptions, Relationship Issues, Anger and Boundaries

Quique Autrey, M.S., LPC, MDiv.....346-901-6139

Neurodiversity Center of Katy

440 Cobia Dr., Ste. 302

Katy, TX 77494

www.quiqueautrey.com/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Men's Issues, Marital and Premarital, Autism

Ioana Avery, M.A., LMFT.....832-669-3448

Blooming Relationships Counseling

23050 Westheimer Pkwy.

Katy, TX 77494

www.bloomingrelationshipsounseling.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Men's Issues, Trauma and PTSD, Sex Therapy

Jessica Ayala, M.Ed., LPC.....832-463-3711

Katy Child and Family Counseling Services, PLLC

5502 4th St.

Katy, TX 77493

www.katychildandfamily.com/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Low Self-Esteem, Life Transitions

Christian Babo, Psy.D., LPC, PSYPACT, ASPPB.....346-415-5551

Bloom Counseling, PLLC

11999 Katy Freeway, Suite 156

Houston, TX 77079

www.healwithbloom.com/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, ADHD, Low Self-Worth, Life's Complex Challenges, ADHD Testing for all ages.

Macie Babo, M.A., LPC.....346-415-5551

Bloom Counseling, PLLC

11999 Katy Fwy., Ste. 156

Houston, TX 77079

www.healwithbloom.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Chronic Illness, Anxiety, Trauma and PTSD

Jazmine Baca, M.S., LPC-Associate.....832-992-9523

Supervised By: Shelley Allison Zavodny Abeles, LPC-S

EverWell Counseling

11777A Katy Fwy., Ste. 500

Houston, TX 77079

www.everwellcounselingtx.com

Population Served: Adults

Types of Services: Individuals

Specialties: Self-Doubt, Building Confidence, Anxiety, Challenging Negative Self-Talk, Self-Worth

Norma 'Jo' Backs, Ed.D., LMFT-S, LPC-S.....713-444-4326

Ft. Bend Psychotherapy Services

7002 Riverbrook Dr., Ste. 900A

Sugar Land, TX 77479

www.ftbendcountypsychotherapy.com/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Adoption Evaluations, Reunification Therapy, Coparenting, Parent Facilitation

Shani Bacy, LCSW.....(281) 829-8431

A Healing Path Counseling & Consulting

11929 University Blvd, Suite B

Sugar Land, TX 77479

www.ahealingpathcounseling.com/

Population Served: Children, Adolescents, and Adults

Specialties: Trauma

Corlisch Badenhorst, M.A., LPC.....832-224-3117

17820 Mound Rd. Suite I

Cypress, TX 77433

<https://www.corlischbadenhorstcounseling.com/>

Specialties: Christian Counseling, Crisis, Transitions, Family Therapy, Relationship Issues, Anxiety and Fears, Grief, Trauma, Parenting Strong-Willed Children, Ministry Leaders, Social Media Complexities

Desiree Baham, MA, LMSW.....(713) 969-8964

Mosaic Tree Counseling

2600 Gessner Rd #203

Houston, TX 77080

<https://mosaictreecounseling.com/>

Specialties: Crisis intervention, grief/ trauma support, depression, mood disorders

Araya Baker, M.Phil.Ed., Ed.M. , LPC-A.....346-702-0072

Supervised By: Dr. Justyn Smith LPC-S

Equity Counseling Services

17820 Mound Rd., Ste. H

Cypress, TX 77433

<https://equitycounseling.com/>

Kendall Baker, LMSW.....(346) 809-3700

Supervised By: Valerie Medina, LCSW

District Counseling

11999 Katy Fwy, Ste. 625

Houston, TX 77079

<https://districtcounseling.center/memorial/>

Susan Baker, M.Ed., LPC-S, NCC, EMDR.....281-858-2001

Motivations Counseling

14089 Southwest Fwy., Ste. 300

Sugar Land, TX 77477

<https://motivationscounseling.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Immigration Evaluations, Relationship Issues

Suzanne Lynn Balka, M.S., LPC, NCC.....832-243-1051

1001 South Dairy Ashford Rd., Ste. 100-131

Houston, TX 77077

<https://suzannebalkacounseling.com/>

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Self-Esteem, Procrastination, Healthy Habit Forming

Abigail Ballard, M.S., LPC.....281-398-0022

Houston Center for Christian Counseling

609 Park Grove, Ste. B

Katy, TX 77450

www.christiancounselinghouston.com/

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Grief, Loss, Life Transitions, Low Self-Esteem, Spiritual and Faith Issues

Nicole Bankhead, M.S., LPC, NCC.....281-944-7922

Serenity Wellness and Counseling

17844 Mound Rd., Ste. H

Cypress, TX 77433

<https://serenitywellnessandcounseling.com/>

Population Served: Toddlers, Children, Adolescents, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Trauma and PTSD, Depression

Edward "Evan" Barret, LPC-Associate.....281-498-HOPE

Supervised By: Edna Balboa, M.Ed., LPC-S

Fort Bend Christian Counseling Center

2117 Avenue I

Rosenburg, TX 77471

<https://www.fortbendccc.com/>

Warren Barrett, LPC-Associate.....(713) 969-8964

Supervised By: Dr. Maria Peters, LPC-S

Mosaic Tree Counseling

2600 Gessner Rd #203

Houston, TX 77080

<https://mosaictrreecounseling.com/>

Lauren Barron, Ph.D., LMFT.....832-862-8315

Best Fit Psychology, PLLC

24044 Cinco Village Center Blvd., Ste. 100

Katy, TX 77494

<https://www.bestfitpsychology.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Grief, Relationship Issues, Spirituality, Trauma and PTSD, Women's Issues

Melissa Barteo, M.Ed., LPC.....713-489-5473

Martin Counseling, PLLC

472 Park Grove Dr.

Katy, TX 77450

www.martincounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Behavioral Issues, Emotional Issues, Relationship Issues

Melissa Barton, M.A., LPC-S.....832-372-5900

Barton Counseling Services

23236 Kingsplace Dr., Ste. A

Katy, TX 77494

www.bartoncounselingservices.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Cognitive-Behavioral Therapy, Parenting, Relationship Issues, Self-Harm, Stress Management, Women's Issues, Virtual Therapy

Dr. Connie Beckham, LCSW.....832-514-1481

The Well Counseling Center

1511 Ave. C

Katy, TX 77493

www.thewellcounselingkaty.com

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Family Conflict, Communication, EMDR

Angela Behland, LPC, LMFT.....281-205-7997

Cypress Therapy and Counseling

17774 Cypress Rosehill Road, Ste. 400

Cypress, TX 77429

<https://cypresstherapyandcounseling.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

La Shundria Bell, LMSW.....346-763-9744**therapy@mor**

101 Southwestern Blvd

Sugar Land, TX 77478

<https://therapyandmor.com/therapy-in-sugar-land/>**Population Served:** Ages 10 and above**Specialties:** Depression, Anxiety, Behavioral Issues, Anger Management, Relationship Conflicts**Maggie Benavides, LPC-Associate.....281-984-3494***Supervised By: Alice Payne, LPC-S, RPT-S***Muro Mental Health Counseling and Wellness**

25145 Star Lane Suite 303

Katy, TX 77494

<https://muromh.com/>**Specialties:** Child/Parent Relationships, Parent/School Relationships, Sibling Relationships, Child/Peers Relationships, Child/School Relationships, Person/Self Relationships, Parenting Issues, and Co-dependency issues**Avery Benedict, M.A., LPC, NCC.....713-364-8645****Brittani Persha Counseling**

1001 S. Dairy Ashford Rd., Ste. 510

Houston, TX 77077

www.brittanipershacounseling.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anger, Trauma, Social Skills, Mindfulness Skills, Anxiety Disorders, OCD**Maria Benezra, M.A., LPC.....832-717-7166****Greater Houston Counseling Services**

8118 Fry Rd., Ste. 601

Cypress, TX 77433

www.greaterhoustoncounselingservices.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Depression, Trauma and PTSD**Lizet Benitez, LCSW.....832-583-0324****Alivio Counseling Center**

633 E. Fernhurst St., Unit 801

Katy, TX 77450

www.aliviocounselingcenter.com**Population Served:** Adults, Elders**Types of Services:** Individuals, Groups**Specialties:** Trauma and PTSD, Anxiety, Depression

- Kelsey Bennett, LPC**.....346-415-5551
Bloom Counseling, PLLC
 11999 Katy Fwy., Ste. 450
 Houston, TX 77079
www.healwithbloom.com/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, Depression, Anxiety
- Bren Berger, LPC**.....713-365-0700
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Grief and Loss, Trauma, Women's Issues, Life Transitions, Premarital and Marital Challenges, Spiritual Growth, Emotional Regulation
- Kristen Berglund, MA, LPC**..... 832-237-COPE (2673)
Houston Psychotherapists
 21212 Northwest Freeway, Ste. 455
 Cypress, TX 77429
<https://houstonpsychotherapists.com/>
Population Served: Ages 14 and up
Specialties: Anxiety, depression, OCD, PTSD, bipolar disorder.
- Jodie Bergquist, M.A., DPC, LPC-S, LCDC**.....832-781-2153
Redefine Life Holistic Psychotherapy, LLC
 26717 Westheimer Pkwy., Ste. 1002
 Katy, TX 77494
<https://www.redefinedpsych.com/>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addiction, Anxiety, Depression, Dual Diagnosis, Trauma and PTSD
- Shreena Bhakta, M.S., LPC-Associate**.....832-992-9523
Supervised By: Lisa Grubbs, Ph.D., LPC-S
EverWell Counseling
 11777A Katy Fwy., Ste. 500
 Houston, TX 77079
www.everwellcounselingtx.com
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Challenges of Parenting, Personal Development, Identity Shifts, Postpartum, Life Transitions

Leticia Bhola, LCSW-S.....346-360-8423

LMB Wellness Services

18722 University Blvd., 2nd Flr., Ste. 239

Sugar Land, TX 77479

<https://www.lmbwellness.org>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Codependency, Depression, Divorce, Grief/Loss, Relationship Issues, Stress

Pamela Billedo, M.A., LPC-Associate.....281-277-8811

Supervised By: Jeanne Hensley, M.S., LPC-S

Houston Center for Christian Counseling

402 Julie Rivers Dr.

Sugar Land, TX 77478

www.christiancounselinghouston.com/

Population Served: Adolescents and Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Abuse, Boundaries, Burnout, PTSD, Codependency, Coping Skills, EMDR, ADHD, Parenting, Life Transitions.

Troy Binegar, LCSW.....281-579-0703

Stone Creek Psychotherapy and Wellness Center

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Emotional Dysregulation, Mood Disorders, Anxiety, Panic, Dissociation, Complex Trauma

Cathy Binstock, LCSW.....713-789-7560

Stuart J. Nathan, Ph.D. and Associates

2450 Fondren Rd. Suite 312

Houston, TX 77063

<https://www.mental-health-houston.com/>

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety and depression, coping with life transitions, loss and grief, chronic illness and disabilities.

Cathy Birden, M.Ed., LPC-S.....713-581-9100

Memorial Family Connections

9575 Katy Fwy., Ste. 220

Houston, TX 77024

www.memorialfamilyconnections.com/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, School Challenges, Relationship Issues, Life Transitions

Edward Bitter, Ph.D......713-463-9449

Behavioral Health Consultants, Inc.

9525 Katy Fwy., Ste. 312

Houston, TX 77024

<https://www.bhchouston.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Trauma/Abuse Survivors, Sexual Identity, Anger Management, ADHD, Serious Mental Illness

Nathan Blattman, MA, LPC-Associate.....832-278-2549

Supervised By: Dr. Erik Salwen, PhD, LPC

Here Comes The Sun Counseling

908 Avenue B #200

Katy, TX 77493

<https://katycounselor.com/>

Population Served: Teens and Adults

Types of Services: Individuals, Couples

Nathan Blattman, M.A., LPC-Associate.....281-944-8056

Supervised By: Dr. Erik Salwen, Ph.D., LPC-S

Waypoint Christian Counseling

17820 Mound Rd., Ste. I

Cypress, TX 77433

www.waypointchristiancounseling.com/nathanblattman

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Loneliness, Depression, Anxiety, Identity, Family Conflict, Trauma

Taylor Blattman, M.A., LPC-Associate.....281-944-8056

Supervised By: Dr. Erik Salwen, Ph.D., LPC-S

Waypoint Christian Counseling

17820 Mound Rd., Ste. I

Cypress, TX 77433

www.waypointchristiancounseling.com/

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Trauma, Identity, Familial Conflict, Women's Issues

Dina Blume, LPC.....713-365-0700

Renewing Hope Counseling

11777 Katy Fwy., Ste. #350

Houston, TX 77079

<https://renewinghope.net/>

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples Marital, Families

Specialties: Depression, Grief/Loss, Mood Disorders, Stress, Women's Issues

Rachel Bodziak, M.A., LPC.....**281-305-9387**

Cypress Counseling & Wellness

16693 Huffmeister Rd.

Cypress, TX 77429

www.cypress-counseling.com/about-us/our-team/

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Relationship Issues, Life Transitions

Kyle Boedecker, LPC - Associate.....**713-466-1360**

Supervised By: Lannie Cox, MA, LPC-S

Cy-Hope Counseling

12715 Telge Rd

Cypress, TX 77429

<https://cy-hopecounseling.org/>

Population Served: Teens, Young adults, Middle-aged adults

Types of Services: Teens, Young adults, Middle-aged adults

Specialties: Depression, Anxiety, Trauma, Suicidal thoughts

Hannah Bolin, LPC.....**281-498-HOPE**

Fort Bend Christian Counseling Center

2117 Avenue I

Rosenburg, TX 77471

<https://www.fortbendccc.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Low Self-Esteem, Grief/Loss, Codependency, Life Transitions

Hannah Bolin, LPC.....**(281) 277-8811**

Houston Center for Christian Counseling

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Ages 10 and up.

Types of Services: Individuals

Specialties: Mood disorders, anxiety disorders, post-traumatic stress disorder, trauma, and relationship distress.

Elizabeth Bolton, LPC.....**713-909-7699**

Sage Blackbird Therapy

13100 Wortham Center Dr., 3rd Floor

Houston, TX 77065

<https://sageblackbirdtherapy.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Eating Disorders, Trauma, Anxiety, Athlete Mental Health

Justin Bond, M.Ed., LPC, NCC.....832-735-2036

Greater Houston Counseling Center

7002 Riverbrook Dr., Ste. 100

Sugar Land, TX 77479

www.greaterhoustoncounseling.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Families, Groups

Specialties: Trauma and PTSD, Depression, Anxiety

Dr. Jasmine Boone, M.Ed., LPC.....(713) 365-9015

Heritage Behavioral Health Consultants

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>

Specialties: Singlehood issues, relationships, life transitions, anxiety, abandonment, and helping adult survivors of childhood trauma find healing.

Keith Boudreaux, LPC.....(281) 277-8811

Houston Center for Christian Counseling

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Adults

Types of Services: Individuals, Couples, and Families

Specialties: Substance Use, Anger Management, Anxiety, Depression, Bipolar Disorder, Emotional Regulation.

Charles Bower, LPC.....832-421-8714

Sequoia Counseling Center

17920 Huffmeister Rd., Ste. 150

Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Relationship Issues, Family Conflict, Communication, EMDR

Jasie Boyd, LCSW-S, LCDC.....281-915-3522

Cypress Counseling and Wellness

16693 Huffmeister Rd.

Cypress, TX 77429

www.cypress-counseling.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families, Group

Specialties: Chronic Illness, Marriage Counseling, Spirituality, Substance Abuse, Trauma and PTSD

Brandy Boza, M.Ed., LPC-Associate.....832-224-5781*Supervised By: Stephanie Rodenberg-Lewis, M.Ed., LPC-S, RPT, NCC, CSC***West Houston Counseling and Psychology**

14133 Memorial Dr., Ste. 7

Houston, TX 77079

www.westhoustonpsych.com

Population Served: Children, Adolescents, Adults**Types of Services:** Children, Adolescents, Adults**Specialties:** Anxiety, Depression, Grief, Life Transitions, Emotional Regulation, Trauma**Farrah Bozorgi, M.S., LPC.....713-489-5473****Martin Counseling, PLLC**

472 Park Grove Dr.

Katy, TX 77450

www.martincounseling.com

Population Served: Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families, Groups**Specialties:** Bilingual (English/Farsi), Emotional Issues, Behavioral Issues, Relationship Issues**Taliya Braden, LPC.....(713) 628-3966****Malaty Therapy**

11211 Katy Fwy # 300

Houston, TX 77079

<https://malatytherapy.com/>**Population Served:** Children, Adolescents, and Adults**Types of Services:** Individuals, Couples, and Families**Specialties:** Trauma, Couples, Anxiety, and Family struggles.**Denise L. Bradley, M.A., LBSW, LPC.....713-820-7181**

9525 Katy Fwy., Ste. 216

Houston, TX 77024

<https://denisebradleylpc.wixsite.com/counselor>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anxiety, Bereavement, Compulsive Disorders, Relationship Issues, Domestic, Physical, and Sexual Abuse, Transgender, Trauma, Weight-loss Counseling**Emily Bradshaw, M.Ed., LPC.....832-237-COPE (2673)****Houston Psychotherapists**

21212 Northwest Fwy., Ste. 455

Cypress, TX 77429

<https://houstonpsychotherapists.com/>**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Groups**Specialties:** Anxiety, Borderline Personality, Depression

- Pat Bramlet, M.A., LPC**.....281-644-9159
AP Counseling Group
 3402 Torchlight Terrace, Ste. D
 Katy, TX 77494
<https://www.apcounselinggroup.com/>
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Women's Issues, Relationship Problems, Grief, Anxiety, Trauma
- Stephanie B. Brandt, LPC-AT, LMFT, ATR-BC**.....281-819-5336
 11767 Katy Fwy., Ste. 412
 Houston, TX 77079
<https://www.psychologytoday.com/us/therapists/stephanie-b-brandt-houston-tx/285975>
Population Served: Adults, Elders
Types of Services: Individuals, Groups
Specialties: Trauma, PTSD, Women's Issues, Stress
- Christine Brannan, M.Ed., LPC, LCDC**.....832-835-HOPE (4673)
 2500 Wilcrest Dr., Ste. 630
 Houston, TX 77042
<https://christinebrannan.com/>
Population Served: Adults
Types of Services: Individuals
Specialties: Substance Abuse/Dependency Issues and Addictive Behaviors, Depression, Bipolar Disorder, Anxiety Disorders, Self-Image, Self Esteem Issues, Eating Disorders, CBT Weight Loss Management
- Laura Braziel, MMFT, LPC, EMDR-S, ADS**.....281-690-3456
Authentic Relational Counseling
 120 Eldridge Rd., Ste. D
 Sugar Land, TX 77478
<https://authenticrelationalcounseling.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Trauma and PTSD, Anxiety, Self-Harming
- Joyce Breaker, LPC-Associate**.....281-277-8811
Supervised By: Jeanne Hensley, M.S., LPC-S
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Trauma, depression, anxiety, and grief.

Amanda Breeding, LPC-Associate.....(409) 292-8909*Supervised By: Stephanie Rodenberg-Lewis, LPC-S*

120 Eldridge Rd, Suite D

Sugar Land, TX 77478

<https://nicoleponcecounseling.com/>**Population Served:** Children, Adolescents, and Adults**Randall Brelsford, Psy.D., LPC.....713-463-9449****Behavioral Health Consultants, Inc.**

9525 Katy Fwy., Ste. 312

Houston, TX 77024

<https://www.bhchouston.com/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Drug and Alcohol Recovery, Depression, Anxiety, Trauma, Abuse, Gender and Sexual Identity, Self-Injurious Behavior, Anger Management, Stress Reduction, ADHD, Peer Problems, Serious Mental Illness**Wendy Brien, M.Ed., LPC, NCC.....281-858-3619****Martin Counseling, PLLC**

472 Park Grove Dr.

Katy, TX 77450

www.martincounseling.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Emotional Issues, Behavioral Issues, Relationship Issues**Brandy Brock, M.A., LMFT.....713-466-1360****Cy-Hope Counseling**

12715 Telge Rd.

Cypress, TX 77429

<https://brandybrocktherapy.squarespace.com>**Population Served:** Toddlers, Children, Adolescents, Adults, Elders**Types of Services:** individuals, Couples/Marital, Families, Groups**Specialties:** Anxiety, Blended Families, Depression, Relationship Issues, Parenting, Pregnancy, Prenatal, Postpartum, Self-Esteem, Self-Harming, Sexual Abuse, Trauma and PTSD, Women's Issues**Prudence Brooks, Psy.D.....832-978-6763**

2000 S. Dairy Ashford, Ste. 380

Houston, TX 77077

www.drprudencebrooks.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Psychological Evaluations, Anxiety, Bipolar, Communication Skills, Depression, Forgiveness, Grief/Loss, Isolation, Personal Growth, Religion, Sexual and Relationship Issues, Stress Management, Worry

- Pamela Broussard, LPC**.....**281-944-7922**
Serenity Wellness and Counseling
 17844 Mound Rd., Ste. H
 Cypress, TX 77433
<https://serenitywellnessandcounseling.com/>
Population Served: Ages of 12 and older
Specialties: Depression, Anxiety, Depression
- Linda Brown, M.Ed., LPC**.....**713-325-0757**
 11999 Katy Fwy., Ste. 150-S
 Houston, TX 77079
<https://lindabrowncounseling.com/>
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationships, Infidelity, Blended Family Issues, Phase of Life Problems, Parenting, Family Conflict, Anxiety, Dependency, Childhood and Adult Trauma, Depression
- Nicole Brown, M.A., LPC, CCPS**.....**281-277-8811**
Houston Center for Christian Counseling
 402 Julie Rivers Dr.
 Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Adults
Types of Services: Individuals
Specialties: Association of Partners of Sex Addicts Trauma Specialist, PTSD, Relationship Issues, Anxiety, Sexual Abuse, Women's Issues.
- Teresa Brown, M.Ed., LPC-S, RPT, NCC, NCSC**.....**281--903-5353**
Attachment & Trauma Center of Houston
 101 Southwestern Blvd. Ste. 105
 Sugar Land, TX 77478
<https://www.atchouston.com/mental-health-center/>
Population Served: Toddler, Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Behavioral Issues, Anxiety, ADHD, Anger Management, Attachment Issues , DID, Emotional Disturbance
- Erica Bruce, LCSW-S**.....**281-778-8715**
The Solace Center Sienna
 5777 Sienna Pkwy., Ste. 350
 Missouri City, TX 77459
<https://www.thesolacecentersienna.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Trauma, Personality Disorders, Suicidology

Ryan Brundrett, LPC.....713-365-0700**Renewing Hope Counseling**

11777 Katy Fwy., Ste.350

Houston, TX 77079

<https://renewinghope.net/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Family Relationships, Parenting Issues, Anxiety, Depression, Family Conflict**Staci Brunet, LPC.....832-662-6970****Mind Mechanics**

24618 Kingsland Blvd.

Katy, TX 77494

<https://mindmechanics.org/>**Specialties:** Therapist of Men**Enjalica Bryant, LPC-Associate.....832-271-0933***Supervised By: Dr. Bernadette Smith***Soma Mental Health Counseling**

1325 Main St., Unit 501

Katy, TX 77494

<https://somamhc.com/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Coping Skills, Depression., Divorce, Emotional Disturbance, Family Conflict, Life Transitions, Women's Issues**Rebecca Burke, LMFT-Associate.....346-440-1800***Supervised By: Julie Ung, LMFT-S***Texas Counseling Center**

4220 Cartwright Rd., Ste. 401

Missouri City, TX 77459

<https://texascounseling.center/missouri-city/>**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Eating Disorders, Depression, Relationship Issues, Coping Skills, Family Conflict**Jenny Burkholder, Ph.D., LMFT, LPC.....346-206-3992****The Resilience Center of Houston**

14930 Mueschke Rd., Ste. 100

Cypress, TX 77433

www.resiliencecenterhouston.com/**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Trauma and PTSD, Depression

- Michelline Burmeister, LPC-Associate**.....**281-984-3494**
Supervised By: Kimber Muro, LPC-S
Muro Mental Health Counseling and Wellness
 25145 Star Lane Suite 303
 Katy, TX 77494
<https://muromh.com/>
- Alexandria Burroughs, Ph.D., LPA, CMPC**.....**281-612-8580**
Nowlogy Psychology Experts
 17820 Mound Rd., Ste. B
 Cypress, TX 77433
<https://nowlogy.com/texas-therapy/>
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: ADHD, Sports Performance, Women's Issues
- Shea Cabe, LPC-Associate**.....**281-205-7997**
Supervised By: Tiffany Priska, LPC-S
Cypress Therapy and Counseling
 17774 Cypress Rosehill Road, Ste. 400
 Cypress, TX 77429
<https://cypresstherapyandcounseling.com/>
Population Served: Children, Adolescents, Families
Types of Services: Individuals, Families
Specialties: Children with special needs, Foster and adoptive children, teenagers, and their families.
- Kelly Cabrera, LPC-Associate**.....**(346) 440-1800**
Supervised By: Jennifer Gonzalez MS, LPC-S
Texas Counseling Center
 4220 Cartwright Rd, Ste. 401
 Missouri City, TX 77459
<https://texascounseling.center/missouri-city/>
Population Served: Children, Adolescents, and Young Adults
Types of Services:
Specialties: Bilingual. Self-esteem, bullying, school-related issues, suicide ideation, self-harm, relationship struggles, grief, depression, anxiety, and life transitions.
- Hana Cain, LPC**.....**281-940-8515**
West Houston Counseling Center, PLLC
 23227 Red River Dr.
 Katy, TX 77494
<https://westhoustoncounseling.com/>
Population Served: All Ages
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Self-Esteem, Divorce

Dan Caldwell, LPC, LMHC, LCDC-CCS, NCIP, SAP.....832-326-6276

Caldwell Counseling Center

2500 Wilcrest Dr., Ste. 630

Houston, TX 77042

www.caldwellcounselingcenter.net/about-dan/

Population Served: Adults

Types of Services: Individuals, Families

Specialties: Alcohol Use Disorder, Anxiety, Codependency, Relationship Issues, Self-Esteem, Spirituality, Substance Use Disorder

Steven S. Callahan, Ph.D.....713-789-7560

Stuart J. Nathan, Ph.D. and Associates

2450 Fondren Rd., Ste. 312

Houston, TX 77063

<https://www.mental-health-houston.com/>

Population Served:

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety Disorders, Depression, Grief, Dealing with Disability, Chronic Pain, Psychological Evaluations

Virginia Calvert-Martin, MA, LPC.....346-206-3992

The Resilience Center of Houston

14930 Mueschke Rd., Ste. 100

Cypress, TX 77433

<https://www.resiliencecenterhouston.com/>

Population Served:

Types of Services: Individuals, Couples, and Families

Specialties: Trauma, Anxiety, PTSD, Domestic Violence, LGBT and Gender Identity, ADHD and Autism

Cole Campbell, M.A., LPC-Associate, NCC.....713-466-1360

Supervised By: Jasper Gates, M.A., LPC-S

Cy-Hope Counseling

12715 Telge Rd.

Cypress, TX 77429

<https://cy-hopecounseling.org/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Men's Issues, Grief, Trauma and PTSD

Jessica Campbell, LPC.....281-498-HOPE

Fort Bend Christian Counseling Center

2117 Avenue I

Rosenburg, TX 77471

<https://www.fortbendccc.com/>

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Grief, Stress Management, Self-Esteem, OCD, Eating Disorders

- Gabrielle Cantu, LPC**.....281-940-8515
West Houston Counseling Center, PLLC
 23227 Red River Dr.
 Katy, TX 77494
<https://westhoustoncounseling.com/>
Population Served: Toddlers, Children, Adolescents, Elders
Types of Services: Individuals, Groups
Specialties: Emotional Regulation, ADHD, Anger Management, Anxiety, Autism, Behavioral Issues, Coping Skills, Depression
- Dr. Jacklin Cardentey, Provisionally Licensed Psychologist**.....832-906-4434
West Houston Psychology
 25145 Star Lane, Suite 101
 Katy, TX 77494
<https://www.westhoustonpsychology.com/>
Specialties: Psychological Assessment, Neurodiversity
- Jodi Berger Cardoso, LCSW, Ph.D**.....(713) 364 6316
Resilience Play Therapy and Counseling Center
 633 East Fernhurst Drive, Suite 801
 Katy, TX 77450
<https://resilienceplaytherapy.com/>
Population Served: Children, Adolescents, Adults
Specialties: Bilingual, complex posttraumatic stress disorder, mood and anxiety disorders, and grief/loss
- Madison Carlovsky, LPC-Associate**.....281-394-1379
Supervised By: Amber Quaranta-Leech, LPC-S
LG Counseling
 440 Cobia Drive, Suite 1004
 Katy, TX 77494
<https://www.lgcounseling.com/>
Population Served: Children, Adolescents, and Adults
Specialties: Depression, Anxiety, Trauma
- Channing Carpenter, LCSW**.....346-415-5551
Bloom Counseling, PLLC
 11999 Katy Fwy., Ste. 450
 Houston, TX 77079
www.healwithbloom.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, PTSD
- April Carrasquero, LPC**.....281-206-4058
ARC Counseling
 1400 Broadfield Blvd., Ste. 200
 Houston, TX 77084
<https://arccounselingpllc.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Trauma, Anxiety, Relationship Challenges

- Ben Carretin, NCC, LPC-S, MAC, CISM, COH-LC**.....281-888-7962
 9525 Katy Freeway, Ste. 138
 Houston, TX 77024
<https://www.village-psychiatry.com/>
- Tatiana Carrier, LPC**.....832-406-4304
Katy Counseling
 633 E. Fernhurst Dr., Ste. 1102
 Katy, TX 77494
<https://katycounseling.com>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Women's Issues, Marital and Premarital
- Tabitha Carrizales, LPC-Associate**.....832-895-9358
Supervised By: Brenda M. Lopez, RPT-S, LPC-S
Healing Pathways of Houston, PLLC
 9235 Katy Fwy., Ste. 140-160
 Houston, TX 77024
www.healingpathwayshouston.com/
Population Served: Toddlers, Children, Adolescents, Adults
Types of Services: Individuals and Couples
Specialties: Substance Use, Anxiety, Depression, Self-Esteem, Stress
- Kristen Carruth, LPC-Associate**.....346-415-5551
Supervised By: Jennifer Galske-Reid, LPC-S
Bloom Counseling, PLLC
 11999 Katy Fwy., Ste. 450
 Houston, TX 77079
www.healwithbloom.com/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Communication, Family Conflict
- Allyson Carter, LPC**.....713-301-5668
 17774 Cypress Rosehill, Ste. 100
 Cypress, TX 77429
<http://www.3degreescmc.com/home.html>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Marital and Premarital, Parenting, Relationship Issues, Family Conflict
- Cynthia R Carter, MS, LPC, LMFT**.....281-746-3406
 14525 FM 529 Road, Suite 200
 Houston, TX 77095
<https://www.cynthiacartertherapy.com/>
Population Served: Children, Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Anger Management, Anxiety, Depression, Divorce, Grief, Self-harm

- Dorian Carter, LPC-S**.....**346-763-8016**
Actualization Counseling
 54 Sugar Creek Center Blvd., Ste. 217
 Sugar Land, TX 77478
<https://actualizationcounselingcenter.org/>
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anger Management, Anxiety, Bipolar Disorder, Career Counseling, Christian Counseling, Chronic Illness, Codependency, Depression, Divorce, Grief/Loss, Infidelity, Relationship Issues, Men's Issues, Panic Disorders, Parenting, Suicidal Ideation
- Jasmine Carter, LMSW**.....**(832) 406-4304**
Supervised By: Jennifer Paz, LCSW-S
Katy Counseling
 633 E Fernhurst Dr. Ste 1102
 Katy, TX 77494
<https://katycounseling.com>
Specialties: Child Trauma and Sexual Abuse, Play Therapy, Christian Counseling
- Kathy Carter, LCSW, LCDC**.....**(832) 406-4304**
Katy Counseling
 633 E Fernhurst Dr. Ste 1102
 Katy, TX 77494
<https://katycounseling.com>
Population Served: Adolescents and Adults
Specialties: Trauma, Addictions, Sand Tray Therapy, EMDR
- Ralph Casazza, Ph.D.**.....**713-463-9449**
Behavioral Health Consultants, Inc.
 9525 Katy Fwy., Ste. 312
 Houston, TX 77024
<https://www.bhchouston.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Psychiatric Evaluation, Medication Management, Depression, Anxiety, Trauma Survivors, Sexual Identity, Self-Injurious Behavior, Anger Management, ADHD, Peer Problems, Serious Mental Illness
- Julie Casten, LPC**.....**773-840-0916**
Tranquil Hearts Counseling Center
 16712 Huffmeister Road, Building 400A
 Cypress, TX 77429
<https://www.tranquilheartscounselingcenter.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Addiction, relationship issues, depression, anxiety, self-esteem, life transition issues, career related concerns and trauma.

Ivette Castillo, LP.....713-592-8952

12920 Dairy Ashford Rd., Ste. 105

Sugar Land, TX 77478

<https://ivettecastillo.wixsite.com/clinicalpsychologist>**Population Served:** Toddlers, Children, Adolescents, Adults**Types of Services:** Individual**Specialties:** ADHD, Anxiety, Autism, Behavioral Issues, Depression, Education and Learning Disabilities**Sthefany Castro, LPC-Associate.....832-675-0222***Supervised By: Gail Vann Horton, LPC-S***Balev Counseling**

9110 Wheat Cross Dr, Ste. A

Houston, TX 77095

<https://balevcounselingandwellness.com/>**Abbie Cecil, M.A., LPC-S, NCC, CCTP.....832-810-3177****Still Minds Counseling and Consulting**

4502 Riverstone, Ste. 902

Missouri City, TX 77459

<https://still-minds.com/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma, PTSD, Depression, Anxiety, Anger, Bipolar Disorder, Behavioral Disturbances, Effective Communication, Mediation, Self-Image, Parenting Issues, Neurofeedback, Brain Dysregulation, Life Skills Training**Alvaro Celis, LPC.....281-371-0360****Atlas Counseling Group**

722 Pin Oak Rd., Ste. 220

Katy, TX 77494

<https://acg-tx.com/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Depression, Trauma**Katie Cerar, M.A., LPC.....832-675-0222****Balev Counseling**

9110 Wheat Cross Dr, Ste. A

Houston, TX 77095

<https://balevcounselingandwellness.com/>**Population Served:** Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Trauma, PTSD, Anxiety, Depression

- Blessy Chacko, LCSW**.....**832-876-3232**
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Stress, Anxiety, Depression, Relationship Issues, Family Conflicts, Motivation, Self-Esteem, Confidence Building
- Kelly Lauren Chappuis, M.Ed., LPC, CCATP**.....**832-966-0214**
Houston Feel Good Therapy
 955 Dairy Ashford Rd., Ste. 106
 Houston, TX 77079
<https://www.houstonfeelgoodtherapy.com/>
Population Served: Adults
Types of Services: Individuals
Specialties: Relationship Issues, Women's Issues, Pregnancy, Prenatal, Postpartum
- Maria Chavez, LMFT-Associate**.....**346-200-5865**
Supervised By: Dr. Dane Eggleston, LMFT-S
District Counseling
 1458 Campbell Rd., Ste. 200
 Houston, TX 77055
<https://districtcounseling.center/spring-branch/>
Types of Services: Individuals, Couples, and Families
Specialties: Trauma, communication issues, addictions, behavioral problems, grief, anxiety, and depression. Bilingual (English/Spanish)
- Tiffany Chen, LPC**.....**281-498-HOPE**
Fort Bend Christian Counseling Center
 2117 Avenue I
 Rosenberg, TX 77471
<https://www.fortbendccc.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Reconciliation, Anxiety, Depression, Women's Issues
- Jennifer Chevez, LPC-Associate**.....**346-200-5865**
Supervised By: Francisco Ortiz, LPC-S
District Counseling
 1458 Campbell Rd., Ste. 200
 Houston, TX 77055
<https://districtcounseling.center/spring-branch/>
Population Served: Children, Adolescents, and Adults
Specialties: Bilingual (Spanish/English)

Cynthia Chilcote, LCSW.....832-600-2585

14905 Southwest Fwy., Ste. 223
 Sugar Land, TX 77478
www.cindychilcote.com/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Divorce, Family Conflict, Blended Families, Divorce Resolution, Coparenting

Katy Childs, M.A., LPC.....832-966-0214

Houston Feel Good Therapy
 955 Dairy Ashford Rd., Ste. 106
 Houston, TX 77079

<https://www.houstonfeelgoodtherapy.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Animal-Assisted Therapy, Anxiety, Stress Management

Chantal Choo, LMSW.....(346) 809-3700**District Counseling**

11999 Katy Fwy, Ste. 625
 Houston, TX 77079

<https://districtcounseling.center/memorial/>

Population Served: Ages 14 and above

Dr. Riley Christoph, PsyD, PLP.....(281) 612-8580

Supervised By: Dr. Amelia Paquin

Nowlogy Psychology Experts

11211 Katy Fwy., Ste. 222
 Houston, TX 77079

<https://nowlogy.com/texas-therapy/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples, Families

Specialties: Anxiety, Depression, PTSD, OCD, Self-Injury, Substance Use, ADHD, Autism, Eating Disorders

Raymond Chukwuma, M.S., LPC, NCC.....832-669-7922**Houston Mind and Brain**

9432 Katy Fwy., Ste. 460
 Houston, TX 77055

<https://houstonmindandbrain.com/>

Population Served: Young Adults, Adults, Families

Types of Services: Individuals, Couples, Families

Specialties: Substance abuse, Anxiety, Depression, Trauma, Workplace Stressors

Andrea Chvatal, LPC.....832-868-6676

Counselor Connection

8955 Katy Fwy., Ste. 302
Houston, TX 77024

<https://counselor-connection.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Parenting, Family Conflict, Home Observations, Self-Esteem, Autonomy

Laura Cintron, M.A., LPC-S, NCC.....832-675-0222

Balev Counseling

9110 Wheat Cross Dr., Ste. A
Houston, TX 77095

<https://balevcounselingandwellness.com/>

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, ADHD, Anger Management

Arianna Lopez Cisneros, LPC-Associate.....281-940-8515

Supervised By: Carlos Mendoza, MA, LPC-S

West Houston Counseling Center, PLLC

23227 Red River Drive
Katy, TX 77494

<https://westhoustoncounseling.com/>

Population Served: Children, Adolescents, and Adults

Specialties: Anxiety through the Life Span, OCD, Emotional Regulation, Perfectionism, Overwhelm

Savannah Citron, LMFT-Associate.....832-421-8714

Supervised By: Jenny Deitz, M.A., LMFT-Supervisor

Sequoia Counseling Center

17920 Huffmeister Rd., Ste. 150
Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>

Brittany Clark, M.A., LMFT.....832-278-2157

Restoring Connections Therapy

24618 Kingsland Blvd., Ste. 6
Katy, TX 77494

www.restoringconnections.com/

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma and PTSD, Marital and Premarital, Affair Recovery, Anxiety, Depression

- Stephanie Claudio, LCSW**.....713-789-7560
Stuart J. Nathan, Ph.D. and Associates
 2450 Fondren Rd. Suite 312
 Houston, TX 77063
<https://www.mental-health-houston.com/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals and Families
Specialties: Uses talk therapy, cognitive behavioral therapy, solutions-focused therapy, play therapy, behavior therapy, parent-child interaction therapy, and internal family systems with a trauma-informed lens.
- Sandy Clay, M.A., LPC, LMFT**.....713-464-8501
West Houston Counseling and Assessment Center
 950 Echo Ln., Ste. 200
 Houston, TX 77024
<https://westhoustontherapy.com/>
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Hypnosis, Relationship Issues, Weight Management, Sleep Promotion, Mood Stabilization, Confidence Building
- Christine Cloar, Ph.D.**.....281-579-0703
Stone Creek Psychotherapy and Wellness Center
 20915 Kingsland Blvd.
 Katy, TX 77450
www.stonecreektherapy.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Learning Disabilities, Teaching Methods, Academic Assessment
- Mikaela Cloyd, LPC**.....(713) 628-3966
Malaty Therapy
 11211 Katy Fwy # 300
 Houston, TX 77079
<https://malatytherapy.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals and Families
Specialties: Anxiety, Suicidal ideations, Self-harm, Depression, Substance use, and Family problems
- Marisa Cockrell, M.A., LPC**.....832-278-2549
Here Comes The Sun Counseling
 908 Avenue B, Ste. 200
 Katy, TX 77483
<https://katycounselor.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Grief, Women's Issues

Justin Coffee, LPC-Associate.....(346) 440-1800*Supervised By: Emilie Morrison, LPC-S***Texas Counseling Center**

800 Bonaventure Way Suite 156

Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>**Specialties:** Relationship stress, anxiety, depression, bipolar, emotional dysregulation, suicidality, self-harm, complex trauma, and LGBTQIA+.**Nancy Cofran, M.Ed., LPC.....281-845-8329**

8901 Gaylord Dr., Ste. 110

Houston, TX 77024

<https://nancycofran.com/>**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Life Transitions, Anxiety, Blended Families, Communication Issues, Divorce, Relationship Issues, Women's Issues**Alicia Cole, M.S., LPC.....281-398-0022****Houston Center for Christian Counseling**

609 Park Grove, Ste. B

Katy, TX 77450

<https://www.christiancounselinghouston.com/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anxiety, Peer Pressure, Family Struggles, Self-Harm, Self-Esteem, Suicidal Ideation, Loss and Grief**Breanna Coleman, M.A., LPC-Associate.....281-815-3611***Supervised By: Brittany Daniel, M.A., LPC-S***Voice Counseling and Life Skills**

3880 Greenhouse Rd., Ste. 404

Houston, TX 77084

www.voicecounseling.org/**Specialties:** Mental Health Disorders, Self-Harm, Suicidal Ideation, Sexual Trauma, Life Transitions, Depression, Anxiety**Candace Coleman, LMSW.....832-303-8933***Supervised By: Candace Coleman, LMSW***Julia's Counseling**

11211 Katy Fwy., Ste. 540

Houston, TX 77079

www.juliascounseling.com/**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma, Depression, Anxiety, Gender and Sexual Identity Issues, Family Dynamic Issues, Parenting Skills, Thought Distortion, Behavioral Issues

Mimi Collado, LCSW.....346-440-1800

Texas Counseling Center

5501 Cabrera Dr., Ste. 705
Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Mood Dysregulation, ADHD, Suicidal Ideation, Self-Harm, Borderline Personality Traits, Autism, Grief and Loss, Life Transitions

Mariah Collier, LPC

1517 Avenue C
Katy, TX 77493

https://care.headway.co/providers/mariah-collier?utm_source=google&utm_medium=cpc&utm_campaign=23583083222&utm_ad_group=&utm_content=get-care&utm_term=&page_variant=&gad_source=1&gad_campaignid=23583084875&gclid=CjwKCAjwg_nNBhAGEiwAiYPYA3EyWM-8AHJF0ogmhFOA

Kennedy Collins, LPC-Associate.....713-365-0700

Supervised By: John Spoede, Ph.D., LPC-S

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350
Houston, TX 77079

<https://renewinghope.net/>

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Sports Performance, Depression

Michelle Collins, M.ED., LPC-S, RPT-S credentialed, CCTP, CATP, EMDR Trained.....(832) 615-5508

Memorial Child and Family Therapy

9525 Katy Freeway, Suite 450
Houston, TX 77024

<https://memorialchildandfamilytherapy.com/>

Population Served: Children, Adolescents and Adults

Specialties: Play Therapy, Trauma, PTSD, Anxiety, Behavior Problems, ADHD, Adoption, Autism, EMDR

Jai Bianca Combest, LCSW-S.....832-754-0650

Mindful Solutions, PLLC

4220 Cartwright Rd., #1105
Missouri City, TX 77459
www.jaicombest.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Women's Issues, Chronic Illness, Depression, Anxiety

Jacqueline Comparin, MA, LPC-Associate.....(281) 398-0022*Supervised By: Jeanne Hensley, M.S., LPC-S***Houston Center for Christian Counseling**

609 Park Grove, Ste B

Katy, TX 77450

<https://www.christiancounselinghouston.com/>**Population Served:** Children, Adolescents, and Adults**Types of Services:** Individuals**Specialties:** Trauma recovery, attention-deficit/hyperactivity disorder (ADHD), anxiety management, and depression.**Celeste Conlon, Ph.D., LSSP, A-CBT.....281-944-5588****Conlon Psychological Services, PLLC**

4501 Cartwright Rd STE 103

Missouri City, TX 77459

<https://conlonpsychservices.com/>**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Families, Groups**Specialties:** Anxiety, OCD, Depression**Brian Connor, LMFT.....281-498-4673****Fort Bend Christian Counseling Center**

2117 Ave. I

Rosenburg, TX 77471

www.fortbendccc.com**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Blended Families, Marriage Counseling, Men's Issues, Parenting, Relationship Issues**Frances Dee Cook, LPC, NCC, RPT-S.....281-398-0022****Houston Center for Christian Counseling**

609 Park Grove, Ste. B

Katy, TX 77450

www.christiancounselinghouston.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** Anxiety, Depression, OCD, Trauma and PTSD, Women's Issues**Natasha Cooke, M.S., LPC.....(346) 444-1903****Earth and Water Counseling**

1830 Snake River Rd STE A

Katy, TX 77449

<https://www.earthandwatercounseling.com/counseling-in-katy-texas>**Population Served:** 14 years of age and older**Types of Services:** Individuals and Couples**Specialties:** Relationships, anxiety, depression, self-esteem concerns, or difficulty setting boundaries.

Grace Cooksey, LPC-Associate.....713-364-8503*Supervised By: Katie Adams, M.Ed., LPC-S***Westside Counseling and Wellness**

11211 Katy Fwy., Ste. 550

Houston, TX 77079

www.westsidecounselingandwellness.com**Specialties:** Depression, Anxiety, Family Conflict, Boundaries, Parenting**Taylor Cordell, M.A., LMFT, CST.....979-464-9099****Thryve Therapy and Wellness, PLLC**

4502 Riverstone Blvd., Ste. 702

Missouri City, TX 77459

<https://thryvetherapy.com/>**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Pregnancy, Prenatal, Postpartum, Sex Therapy, Marital and Premarital**Joan Cordova, LMFT, LPC.....832.380.5851****Roots of Hope Counseling**

120 Eldridge Rd Ste. D

Sugar Land, TX 77478

<https://www.rootsofhopecounseling.com/>**Types of Services:** Individuals and Couples**Specialties:** Infidelity, trauma, depression, insecurities, anxieties, grief.**Valentina Cortesia, LPC-Associate.....346-514-4604***Supervised By: Peta-Gay Ledbetter, LPC-S***District Counseling**

12258 Queenston Blvd., Ste. A

Houston, TX 77095

<https://districtcounseling.center/cypress/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anxiety, Family Conflict, Trauma, Life Coaching**Crystal Cowen, LPC.....281-742-0177****Becoming Empowered Counseling, LLC**

24285 Katy Fwy. Frontage Rd., Ste. 300

Katy, TX 77494

<https://becomingcounseling.net>**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Infertility, Pregnancy, Prenatal, Postpartum, Relationship Issues, Self-Esteem, Sex Therapy, Stress, Women's Issues

- Lannie Cox, M.A., LPC**.....713-466-1360
Cy-Hope Counseling
 12715 Telge Rd.
 Cypress, TX 77429
<https://cy-hopecounseling.org/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Marital and Premarital, Anger Management, Anxiety, Depression
- Steven Crain, LPC-S**.....(281) 398-0022
Houston Center for Christian Counseling
 609 Park Grove, Ste B
 Katy, TX 77450
<https://www.christiancounselinghouston.com/>
Population Served: Adults
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, Depression, Clergy Related, Couples/Marriage, Boundaries, Loss.
- Brent Crane, LMFT**.....832-451-3130
Thrive Family Counseling
 136 Eldridge Rd. Suite A
 Sugar Land, TX 77478
<https://thrivefamilycounseling.com/our-team/sugar-land/>
Population Served: Adolescents, Adults
Specialties: Anxiety, Depression, Trauma, Addiction, Low Self-Esteem, Oppositional Behavior, Relationship Issues
- Kendall Craven, M.Ed., LPC-Associate**.....281-398-0022
Supervised By: Jeanne Hensley, M.S., LPC-S
Houston Center for Christian Counseling
 609 Park Grove, Ste. B
 Katy, TX 77450
<https://www.christiancounselinghouston.com/>
Population Served: Preteens, Teens, and Adults
Types of Services: Individuals
Specialties: Anxiety, depression, emotional dysregulation, peer conflict, stress.
- Jennifer Crawford, Ph.D.**.....281-242-2595
Sugar Bend Center
 12946 Dairy Ashford Rd., Ste. 260
 Sugar Land, TX 77478
<https://sugarbendcenter.com/>
Population Served: Toddlers, Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anxiety, Autism, Depression, Education and Learning Disabilities

Marilyn Crawford, LPC.....281-903-5353

Attachment and Trauma Center of Houston

101 Southwestern Blvd. Ste. 105

Sugar Land, TX 77478

<https://www.atchouston.com/>

Population Served: Adults

Types of Services: Individuals

Specialties: Trauma, Physical and Sexual Abuse, Depression, Anxiety

Najla Crawford, LPC-Associate.....832-675-0222

Supervised By: Laura Cintron, LPC-S

Balev Counseling

9110 Wheat Cross Dr, Ste. A

Houston, TX 77095

<https://balevcounselingandwellness.com/>

Shawn Crespo, M.S., LPC.....832-651-9666

633 East Fernhurst, Ste. 102

Katy, TX 77450

<https://counselinghoustonarea.com/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Bipolar Disorder, Relationship Issues, PTSD, Abusive Relationships Women's Issues, Adjustment Disorders, Men's Issues, Codependency, Parenting Issues

Jennifer Cristini, LMSW.....713-364-6316

Supervised By: Natasha Proserpi, LCSW-S, RPT

Resilience Play Therapy and Counseling Center

633 East Fernhurst Dr., Ste. 801

Katy, TX 77450

<https://resilienceplaytherapy.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Life Transitions, Unresolved Grief, Post-Traumatic Stress, Postpartum Depression, Mood-Related Challenges

Holly Crosby, M.A., LMFT.....346-206-3992

The Resilience Center of Houston

14930 Mueschke Rd., Ste. 100

Cypress, TX 77433

<https://www.resiliencecenterhouston.com/>

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Life Transitions, Trauma and PTSD

Alexander Cruz, M.Ed., LPC-Associate.....832-930-2716*Supervised By: Dr. Leah McCoy, Ed.D., LPC-S***The Legacy Center**

3 Sugar Creek Center Blvd., Ste. 100

Sugar Land, TX 77478

www.thepoweroflegacy.org/**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** LGBTQ+, Open Relationships/Non-Monogamy, Relationship Issues**Victoria Cuellar, M.Ed., LPC.....(346) 440-1800****Texas Counseling Center**

800 Bonaventure Way, Ste. 156

Sugar Land, TX 77479

www.texascounseling.center/sugar-land/#next**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Behavioral Issues, Coping Skills, Depression, Family Conflict, Parenting, Grief, Relationship Issues, Self-Esteem, Stress**Joslyn Curley, M.A., LPC-S, C-CTRP C-DBT.....346-443-3424****Dione Counseling & Associates, PLLC**

12340 Jones Rd., Ste. 285

Houston, TX 77070

www.dionecounselingpllc.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Depression, Stress**Judi Dai, LPC.....281-302-6252****The Village Love**

211 Brooks St.

Sugar Land, TX 77478

<https://www.thevillage.love/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** ADD/ADHD, Adjustment-Family and School, Anger Expression, Anxiety, Assertiveness, Attachment Issues, Autism, Child Behavior, Depression, Parenting, Parenting, Relationship Issues, Social Skills Development**Sarah Dailey, M.A., LPC, MAMFT.....832-982-1664****Three Oaks Counseling Center**

17302 House & Hahl Road, Ste. 336

Cypress, TX 77433

<https://threeoakscounselingcenter.com/>**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Co-Dependency, Coping Skills, Depression, Emotional Disturbance, Parenting, Relationship Issues

Brittany Daniel, M.A., LPC-S.....281-815-3611

Voice Counseling and Life Skills

3880 Greenhouse Rd., Ste. 404
Houston, TX 77084

<https://www.voicecounseling.org/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Child Issues, Life Transitions

Jayla Daniel, LPC-Associate.....281-746-2704

Supervised By: Dr. LaToya Martin Jackson, LPC-S

Life's Journey Counseling and Community Services

12238 Queenston Blvd., Ste. G
Houston, TX 77095

<https://ljcounseling.org/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Emotional Disturbance, Anxiety, Depression, Relationship Issues, Family Conflict

Dr. Alicia Darensbourg, LP, LSSP.....(713) 482-1023

Brightside Psychology

8315 FM 723, Suite 5 & 8
Richmond, TX 77406

<https://www.brightsidetx.com/about>

Population Served: Psychological Testing and Parent Coaching

Meredith Dasilva, M.Ed., LPC-Associate.....713-489-5473

Supervised By: Ashley Forster, M.Ed., LPC-S

Martin Counseling, PLLC

472 Park Grove Dr.
Katy, TX 77450

www.martincounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Emotional Issues, Behavioral Issues, Relationship Issues

Meagan Davenport, M.Ed., LPC, RPT, CSC.....832-735-2036

Greater Houston Counseling Center

7002 Riverbrook Dr., Ste. 100
Sugar Land, TX 77479

www.greaterhoustoncounseling.com/therapists-1/meagan-davenport

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma, Anxiety, PTSD, Behavioral Issues, Relationship Issues, Family Conflict

Morgan Davies, LMFT.....**281-944-7922**

Serenity Wellness and Counseling Center

17844 Mound Rd., Ste. H
Cypress, TX 77433

<https://serenitywellnessandcounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Children, Adolescents, Adults

Specialties: ADHD, Anxiety, Autism, Communication, Relationship Issues, Depression, Self-Esteem, Trauma, Parenting Support, Family Conflict

Perla Davila, LCSW.....**346-763-9744**
therapy@mor

101 Southwestern Blvd
Sugar Land, TX 77478

<https://therapyandmor.com/therapy-in-sugar-land/>

Population Served: Preteens, Teenagers, and Adults

Specialties: Bilingual (Spanish), Anxiety, Depression, Trauma, Anger Management, Relationship Problems

Kailey Davis, LPC-Associate.....**832-463-3711**

Supervised By: Stephanie Legendre, M.A., LPC-S, RPT-S

Katy Child & Family Counseling Services

5502 4th St.

Katy, TX 77493

www.katychildandfamily.com/

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, depression, ADHD, emotional regulation, grief, suicidal thoughts, life transitions, divorce, trauma, infidelity, self-image.

Linda Davis, M.Ed., LPC, RPT.....**281-394-2005**
Stokan and Associates

23501 Cinco Ranch Blvd., Ste. G270

Katy, TX 77494

www.stokan.net/linda-davis

Population Served: Toddlers, Children, Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: ADHD, Asperger's Syndrome, Autism, Behavioral Issues, Self-Esteem

Lynne Davis, PhD, ABPP.....**713-893-7105**

Houston Neuropsychology Associates

11211 Katy Freeway, Suite 505

Houston, TX 77079

<https://houston-npa.com/>

Specialties: Neuropsychological and psychological testing services for children, adolescents, and adults aged 6-90+ years.

Trisha Davis, MEd, LMFT.....713-466-1360

Cy-Hope Counseling

12715 Telge Rd.

Cypress, TX 77429

<https://cy-hopecounseling.org/>

Population Served: Elementary students (3rd grade and up), Adolescents, Teens, Adults, Couples, and Families

Types of Services: Individuals, Couples, Families

Specialties: Emotional regulation, Communication, Navigating life transitions

Laura Davison, LPC, CHT.....(281) 450-3717

9432 Katy Freeway #450

Houston, TX 77055

<https://www.lauradavisoncounseling.com>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Hypnosis, Anxiety, Phobias, Depression, Trauma, and PTSD

Brenna De Leon, LMSW.....346-327-4955

Therapy Focused

535 E Fernhurst Dr

Katy, TX 77450

<https://www.therapyfocused.com/>

Beth Dean, LCSW.....713-581-9100

Memorial Family Connections

9575 Katy Fwy., Ste. 220

Houston, TX 77024

www.memorialfamilyconnections.com/

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: EMDR, Addiction, Trauma, Relationship Issues, Anxiety, Depression

Rebecca Dean, LPC-Associate.....(281) 305-9387

Supervised By: Carissa Cano, LPC-S

Cypress Counseling and Wellness

16693 Huffmeister Rd.

Cypress, TX 77429

<https://cypress-counseling.com/>

Population Served: Children and Adolescents

Dana D. Debes, LCSW.....281-579-0703

Stone Creek Psychotherapy and Wellness Center

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Traumatic Experiences, Relationship Issues, Behavioral Problems, Mood Disorders

- Shacolby Dedman, LPC**.....713-913-1645
MindPath Health
 24275 Katy Freeway, Suite 410
 Katy, TX 77494
https://www.mindpath.com/locations/katy/?pk_medium=organic&pk_campaign=locations
Population Served: Children, Adolescents, and Adults
Specialties: Anxiety, Depression, Trauma, LGBTQIA+, Grief, Panic Disorders
- Glenda Demas, LPC**.....(832) 291-8363
Pearls of Change Wellness
 2717 Commercial Center Blvd, E200
 Katy, TX 77494
<http://www.pearlsofchange.com/>
- Kimberly Demby, PhD, LP**.....832-906-4434
West Houston Psychology
 25145 Star Lane, Suite 101
 Katy, TX 77494
<https://www.westhoustonpsychology.com/>
- Danielle Dempster, MSW, LCSW**.....(832)-303-0625
New Perspective Counseling
 25807 Westheimer Pkwy, Ste. 318
 Houston, TX 77494
<https://www.anpcounseling.com/home-aboutus>
Population Served: Children, Adolescents, and Families
- Amanda Dennis, LCSW-S**.....281-205-7997
Cypress Therapy and Counseling
 17774 Cypress Rosehill Road, Ste. 400
 Cypress, TX 77429
<https://cypresstherapyandcounseling.com/>
Population Served: Adolescents ages 12 and up, Adults
Types of Services: Individuals, Families
Specialties: Grief, Anxiety, Depression, Trauma, Chronic or Terminal Illness
- Carmen Dennistoun, LPC**.....832-777-5037
 17302 House Hahl Rd., Ste. 319
 Cypress, TX 77433
<https://www.psychologytoday.com/profile/214127>
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Addiction, Anxiety, Bipolar Personality, Depression, Stress, Substance Abuse, Trauma and PTSD

Dr. Sneha Desai, LP.....832-876-3232

Sugar Land Counseling Center

16400 Kensington Dr.

Sugar Land, TX 77479

<https://www.sugarlandcounseling.com/>

Population Served: Ages 8+ Telehealth Only

Specialties: Depression, Anxiety, Grief/loss, Relationship conflicts

Carrie Devlin, LPC-Associate.....(346) 476-6424

Supervised By: Francisco Ortiz, LPC-S

District Counseling

633 E Fernhurst Dr Unit 203

Katy, TX 77450

<https://districtcounseling.center/katy/>

Elizabeth Dexter, LCSW.....281-778 - 8715

The Solace Center

5777 Sienna Pkwy., Ste. 350

Missouri City, TX 77459

www.thesolacecentersienna.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Depression, Grief/Loss, Oppositional Defiant Disorder, Relationship Issues, Self-Esteem

Michaela Deyoe, LPC-Associate.....(832) 615-5508

Supervised By: Michelle Collins, M.ED., LPC, RPT, CCTP, CATP

Memorial Child and Family Therapy

9525 Katy Freeway, Suite 450

Houston, TX 77024

<https://memorialchildandfamilytherapy.com/>

Population Served: Children, Adolescents and Adults

Specialties: Play Therapy, Emotional and Social Regulation, Christian Counseling

Allison T. Dingle, M.Ed., LPC.....713-598-3559

9601 Katy Freeway, Suite 175

Houston, TX 77024

<https://www.michellemforrester.com/>

Population Served: Young Children and Their Families

Specialties: Play Therapy and CBT

Sarah Distefano, LCSW.....281-984-3494

Muro Mental Health Counseling and Wellness

25145 Star Lane Suite 303

Katy, TX 77494

<https://muromh.com/>

Specialties: Trauma, abuse, anxiety, depression, grief/loss, postpartum depression and family conflicts.

Tish Dixon, LPC-Associate.....(713) 969-8964

Supervised By: Dr. Maria Peters, LPC-S

Mosaic Tree Counseling

2600 Gessner Rd #203

Houston, TX 77080

<https://mosaicreecounseling.com/>

Woods Dixon, MBA, M.S., LPC.....346-206-3992

The Resilience Center of Houston

14930 Mueschke Rd., Ste. 100

Cypress, TX 77433

<https://www.resiliencecenterhouston.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Self-Esteem, Life Transitions, Job Anxiety, Relationship Difficulties, Parental Support, Family Conflict

Kemi Donahue, LPC-Associate.....(346) 440-1800

Supervised By: Deanna Alcalá, LPC-S

Texas Counseling Center

5501 Cabrera Dr., Ste. 705

Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals

Specialties: Crisis, anxiety, stress management, and relationship conflict (peer and family)

Brittni Dones, M.A., LPC.....713-969-8964

Mosaic Tree Counseling

2600 Gessner Rd., #203

Houston, TX 77080

<https://mosaicreecounseling.com/>

Population Served: Toddlers, Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma and PTSD, Behavioral Issues, Anxiety, Relationship Issues, Family Conflict

Anna Larissa Dos Santos, LPC.....281-894-7222

Shield Bearer Counseling Centers

12337 Jones Rd., Ste. 114

Houston, TX 77070

www.shieldbearer.org

Population Served: Toddlers, Children, Adolescents

Types of Services: Individuals

Specialties: Anxiety, Behavioral Issues, Depression, Parenting, Stress

David Dotson, LPC.....**346-205-4875**

Full Life Counseling, PC

6655 S. Mason Rd.

Katy, TX 77450

www.fulllifecounsel.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Infidelity, Marriage Counseling, Men's Issues

Jason Drake, LCSW, BCN-L, CBHP, EMDR.....**281-519-6364**

Katy Teen & Family Counseling, PLLC

23410 Grand Reserve Dr., Ste. 401 &402

Katy, TX 77494

www.katyteenandfamilycounseling.com

Population Served: Teen, Young Adult, & Family Therapy

Specialties: Neurofeedback, EMDR, Trauma, Depression, Anxiety, Substance Use, Self-Harm.

Mi'cah Ducros, B.S., M.A., LMFT.....**281-944-7922**

Serenity Wellness and Counseling Center

17844 Mound Rd., Ste. H

Cypress, TX 77433

<https://serenitywellnessandcounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: LGBTQ+ Issues, Play Therapy, Anxiety, Depression, Interpersonal Conflict, Suicidality, Trauma, Grief and Loss, Infidelity

Katie Dufour, LMFT.....**832-421-8714**

Supervised By: Ariana Detert, MSW, LCSW-S

Sequoia Counseling Center

17920 Huffmeister Rd., Ste. 150

Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>

Population Served: Adults

Types of Services: Individuals, Families

Specialties: Depression, Bipolar Disorder, Mental Health Issues

Alexis Llewellyn Dunbar, Ph.D......**713-332-4390**

Katy Center for Psychology and Counseling Services

5757 Flewellen Oaks Ln., Ste. 304

Fulshear, TX 77433

www.kcpcs.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma, Life Changes, Depression, Bipolar Disorder, Anxiety Disorder, Personality Disorder, Learning and Behavior Challenges, Chronic Illness

- Kristal Dunn, LPC-S**.....832-779-3201
Creative Therapeutic Space
 21510 Kingsland Blvd., Ste. 105
 Katy, TX 77450
<https://creativetherapeuticspace.com/>
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Trauma, PTSD, Stress
- Monica Dunwoody, LPC**.....713-828-0593
Counseling Concepts, P.C.
 13615 St. Mary's Lane
 Houston, TX 77079
www.counselingconceptshouston.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Life Transitions, Self-Esteem, Relationship Issues, Anger Management, Teen Issues, Family Conflict
- Brent Dyer, LPC, NCC**.....713-365-0700
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, PTSD, Abuse, Relationship Issues, Family Conflict
- Christy Berry Eason, LMSW**.....832-226-7029
CMR Clinical Counseling and Consulting
 4220 Cartwright Rd Suite 1105
 Missouri City, TX 77459
<https://www.cmrcinicalcounseling.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationships, Family Dynamics, Anxiety, Grief, Addiction, Communication
- Vicki L. Easterling, MSW, LCSW**.....281-579-0703
Stone Creek Psychotherapy and Wellness Center
 20915 Kingsland Blvd.
 Katy, TX 77450
www.stonecreektherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Obsessive Compulsive Disorders, Exposure Response Prevention Therapy, Relationship Issues, Women's Issues, Family Conflict

Nicholas Edd, LP.....281-558-6231

EDD Clinic for Psychotherapy and Counseling

11999 Katy Fwy., Ste. 385

Houston, TX 77079

<http://www.eddclinic.com/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Sleep Disturbance, Irrational Fears, Substance Abuse, Sexual Addiction, Anger Management

Jami Edwards, LCSW.....281-519-6364

Katy Teen and Family Counseling

23410 Grand Reserve Dr., Ste. 401

Katy, TX 77494

www.katyteenandfamilycounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Anxiety, Body Image, Coping Skills, Depression, Family Conflict, Self-Esteem, Stress, Trauma and PTSD

Ijeoma Egbuna, M.Ed., LPC-Associate.....281-645-5264

Supervised By: Robin Dickey, PhD, LPC-S

Ellie Mental Health

1160 Dairy Ashford Rd., Ste. 135

Houston, TX 77079

<https://elliementalhealth.com/locations/houston-energy-corridor-tx/>

Kari Ellingsen, LPC.....(713) 628-3966

Malaty Therapy

11211 Katy Fwy # 300

Houston, TX 77079

<https://malatytherapy.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, OCD, Substance Use Disorders

Stephanie Ellis, Ph.D......713-365-0700

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350

Houston, TX 77079

<https://renewinghope.net/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anxiety, Depression, Trauma, Grief, ADHD, Identity, Self-Image, Addiction, Parenting, Relationships, Sexuality

Claire Ellison, LPC.....281-622-9884

11999 Katy Fwy., Ste. 450

Houston, TX 77079

www.claireellison.net/home.html**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Trauma, PTSD, Grief and Loss, Anxiety, Depression, Life Changes, Adoption and Foster Care, Behavior Change, Low Self-Esteem, Attachment Issues, Family Struggles**Dr. Nicquelette Ellison, PsyD, LP.....(281) 612-8580****Nowlogy Psychology Experts**

11211 Katy Fwy., Ste. 222

Houston, TX 77079

<https://nowlogy.com/texas-therapy/>**Population Served:** Adolescents, Adults**Specialties:** Trauma, Grief, Depression, Anxiety, Body image concerns, Complex medical conditions, and Psychological and Psychoeducational testing**Mary Key Ellisor, M.Ed., LPC-S.....832-779-1136
Key Center, PLLC**

21510 Kingsland Blvd., Ste. 105

Katy, TX 77450

<http://www.keycenter.org>**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Addiction, ADHD, Anger Management, Anxiety, Behavioral Issues, Chronic Illness, Codependency, Depression, Divorce, Dual Diagnosis, Grief Parenting, Stress, Substance Abuse, Suicidal Ideation, Trauma and PTSD, Women's Issues.**Regina Elrod, M.Ed., LPC.....281-698-7098
Grow Through It Counseling**

23234 Red River Dr.

Katy, TX 77494

www.growwithregina.com/**Population Served:** Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Infidelity, Men's Issues, Self-Esteem, Suicidal Ideation, Trauma and PTSD**Michael Erickson, LPC.....832-455-5729****Erickson Counseling and Mediation, PLLC**

11107 McCracken Cr., Ste. A

Cypress, TX 77429

www.ericksoncounseling.com**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** Addiction, Alcohol Use, Anxiety, Depression, Substance Abuse

- Richard Ermalinski, Ph.D.**.....**281-242-0777**
Ermalinski & Associates
 101 Southwestern Blvd., Ste. 113
 Sugar Land, TX 77478
<https://www.drermalinski.com/>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family Conflict, Relationship Issues, Marital and Premarital
- Fatimah Escobar, M.A., LPC-S**.....**832-237-COPE (2673)**
Houston Psychotherapists, Inc.
 21212 Northwest Fwy., Ste. 455
 Cypress, TX 77429
<https://houstonpsychotherapists.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Women's Issues, Mood Disorders, Anxiety, ADHD, Depression
- Erica Espinosa-Quiroz, LPC**.....**713-463-9449**
Behavioral Health Consultants, Inc.
 9525 Katy Fwy., Ste. 312
 Houston, TX 77024
<https://www.bhchouston.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Trauma, Self-Injurious Behavior, Anger Management, Stress Reduction, ADHD, Peer Problems, Serious Mental Illness
- Gisela Esteva, PhD, LPC, NCC**.....**713-400-7400**
Greater Houston Psychiatric Associates, PLLC
 2901 Wilcrest Dr., Ste. 520
 Houston, TX 77042
www.ghpa.net/psychiatrists.php
Population Served: Children, Adolescents, Adults
Specialties: ADHD, autism spectrum disorder, learning differences, executive functioning challenges, anxiety, and depression
- Andrea Estrada, LPC**.....**713-789-7560**
Stuart J. Nathan, Ph.D. and Associates
 2450 Fondren Rd., Ste. 312
 Houston, TX 77063
<https://www.mental-health-houston.com/>
Population Served: Adolescents and Adults
Specialties: Anxiety, Sports Performance, Coping Skills, Depression, PTSD
- Saul Estrella, LPC**.....**(346) 809-3700**
District Counseling
 11999 Katy Fwy, Ste. 625
 Houston, TX 77079
<https://districtcounseling.center/memorial/>
Specialties: Trauma and Grief

Karen Everson, M.A., LPC, RPT, NCC.....832-717-7166**Greater Houston Counseling Services**

147 Bella

Katy, TX 77494

<https://greaterhoustoncounselingservices.com/>**Population Served:** Toddlers, Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma and PTSD, Behavioral Issues, Anxiety, Relationship Issues, Family Conflict**Alexandra Faig, LMFT-Associate.....281-665-7811***Supervised By: Jamie Porter, MA, LMFT-Supervisor, LPC-Supervisor***Counseling Center at Cinco Ranch**

23236 Kingsplace Dr., Ste. A

Katy, TX 77494

<https://cincoranchcounseling.com/>**Population Served:** Adolescents and Adults**Specialties:** Relationship Challenges**Guadalupe Fajardo, LPC-Associate.....832.380.5851***Supervised By: Gladys J. Sanchez, LPC-S, PMH-C***Roots of Hope Counseling**

120 Eldridge Rd Ste. D

Sugar Land, TX 77478

<https://www.rootsofhopecounseling.com/>**Population Served:** Adults**Specialties:** Self-love, self-worth, anxiety, depression, grief and loss, parenting, stress management, childhood and emotional wounds, and life transitions.**Kenya Fance, M.A., LPC.....832-945-3139****Heart 2 Heart Counseling Services**

4855 Riverstone Blvd., Ste. 102

Missouri City, TX 77459

<https://heart2heartservices.org/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Coping Skills Self-Esteem**Woody Farrar, M.A., LPC, LCDC.....832-830-4821****Better Thoughts Counseling Services**

15342 Park Row

Houston, TX 77084

<https://www.betterthoughts.org/>**Population Served:** Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Addiction, Sexual Addiction, Marital and Premarital, Anxiety, Depression, Relationship Issues, Codependency

- Elizabeth Ferda, MSW, LCSW**.....**832-532-0129**
Gratia Plena
 514 Carlisle St.
 Rosenberg, TX 77471
gratiaplenacounseling.org/instructor/elizabeth-ferda/
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Depression, Evaluation and Assessment, Relationship Issues, Family Conflict, Communication
- Mendy Ferrara, MAC, LPC**.....**281-394-2005**
Stokan and Associates
 23501 Cinco Ranch Blvd., Ste. G270
 Katy, TX 77494
<https://www.stokan.net>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Anxiety, Depression, Self-Esteem, Body Image Issues, Sexual Dysfunction, Life Adjustments
- Fallon Fields, LPC**.....**346-514-4911**
District Counseling
 633 E Fernhurst Dr., Unit 203
 Katy, TX 77450
<https://districtcounseling.center/katy/>
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Depression, Trauma and PTSD, Anxiety
- Pearl Fierro, M.S., LPC**.....**346-206-3992**
The Resilience Center of Houston
 24044 Cinco Village Center, Suite 100
 Katy, TX 77494
<https://www.resiliencecenterhouston.com/>
Population Served: Adults
Types of Services: Individuals, Families
Specialties: Grief, Trauma, PTSD, Anxiety
- Ashley Fiest, LPC-Associate**.....**281-900-9575**
Supervised By: Debbie Martin, LPC-S, LMFT-S
Hope & Harmony Therapy
 3880 Greenhouse Rd., Ste. 10
 Houston, TX 77084
<https://www.hopeandharmonytherapy.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Family Conflict, Relationship Issues, Communication

Candis Firchau, LPC-S.....281-635-3723

14555 Skinner Rd., Ste. D1

Cypress, TX 77429

<https://candisfirchau.com/>**Population Served:** Toddlers, Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Families, Groups**Specialties:** Autism, Trauma and PTSD, Family Conflict**Stefanie Fisher, MSW, LCSW-S.....(281) 398-0022****Houston Center for Christian Counseling**

609 Park Grove, Ste B

Katy, TX 77450

<https://www.christiancounselinghouston.com/>**Population Served:** Adults**Types of Services:** Individuals and Families**Specialties:** Anxiety, Depression, Chronic Illness, Clergy Related, Professional/Leadership, Women's Issues.**Brittany Fitzgerald, LMFT.....832-514-1481****The Well Counseling Center**

1511 Ave. C

Katy, TX 77493

www.thewellcounselingkaty.com**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Traumatic Experiences, PTSD, Depression, Anxiety, Emotional Regulation, Disordered Eating, Family Conflict, Relationship Issues**Crystal Fleming, LPC-Associate.....(832) 862-8315***Supervised By: Jamie Porter, LPC-S***Best Fit Psychology PLLC**

24044 Cinco Village Center Blvd., Ste 100

Katy, TX 77494

<https://bestfitpsychology.com/>**Mikayla Fleming, LPC-Associate.....281-205-7997***Supervised By: Tiffany Priska, LPC-S***Cypress Therapy and Counseling**

17774 Cypress Rosehill Rd., Ste. 400

Cypress, TX 77429

<https://cypresstherapyandcounseling.com/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Addiction, Anxiety, Depression, Conflict, Communication

Amy Flores, LPC-Associate.....281-277-8811

Supervised By: Jeanne Hensley, M.S., LPC-S

Houston Center for Christian Counseling

402 Julie Rivers Dr.

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Boundaries, Depression, EMDR, Low Self-Esteem, Oppositional Defiance, Self-Harm, Suicidal Ideation

Jonathon Flores, M.A., LPC.....713-789-7560

Stuart J. Nathan, Ph.D. and Associates

2450 Fondren Rd., Ste. 312

Houston, TX 77063

<https://www.mental-health-houston.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Stress, Men's Issues, Trauma

Abigail Fontenot, M.A., LPC-Associate.....832-278-2549

Supervised By: Pam Cosart, LPC-S

Here Comes The Sun Counseling

908 Avenue B, Ste. 200

Katy, TX 77493

<https://katycounselor.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Relationship Issues, Depression, Anxiety, Disordered Eating, Navigating Sexual Issues, Stress

Erin Ford, LMFT-Associate.....(346) 440-1800

Supervised By: Dr. Marcus Tanner, LMFT-S

Texas Counseling Center

800 Bonaventure Way Suite 156

Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>

Elizabeth Forman, M.A., LPC.....346-482-7730

Focus Family Counseling

21320 Provincial Blvd.

Katy, TX 77450

<https://www.focusfamilycounseling.com/>

Population Served: Toddlers, Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Depression, ADHD, Anxiety, Panic Disorders, OCD

Michelle Forrester, PhD.....713-598-3559

9601 Katy Fwy., Ste. 175

Houston, TX 77024

<https://www.michellemforrester.com/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families, Groups**Specialties:** Parent Training, Anxiety, Depression, Attachment Disorders, ADHD, Behavioral Difficulties, Child Trauma, Autistic Spectrum Disorders, International Adoption**Ashley Forster, M.Ed., LPC-S, LMHC.....713-489-5473****Martin Counseling, PLLC**

472 Park Grove Dr.

Katy, TX 77450

www.martincounseling.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** ADHD, Asperger's Syndrome, Autism, Codependency, Depression, Women's Issues**Sierra Fouts, LMFT-Associate.....832-421-8714***Supervised By: Dana Lewin, LMFT-Supervisor***Sequoia Counseling Center**

17920 Huffmeister Rd. Ste. 150

Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Depression, Relationship Issues, ADHD, Relationship Dynamics**Rachel Fowler, M.S., LPC, NCC, CATP, CGP.....281-665-7811****Counseling Center at Cinco Ranch**

23236 Kingsplace Dr.

Katy, TX 77494

<https://cincoranchcounseling.com/>**Types of Services:** Individuals, Couples/Marital**Specialties:** Depression, Anxiety, Trauma, Life Stressors, Life Transitions, Relationship Issues, Increase Intimacy, Healthy Communication Skills**Kerri Francis, M.Ed., LPC.....832-717-7166****Greater Houston Counseling Services**

147 Bella

Katy, TX 77494

www.greaterhoustoncounselingservices.com**Population Served:** Adults, Elders**Types of Services:** Individuals, Groups**Specialties:** Trauma and PTSD, Alcohol Use, Addiction

Maggie Francis, LCSW.....281-903-5353

Attachment and Trauma Center of Houston

101 Southwestern Blvd., Ste. 105
Sugar Land, TX 77478

<https://www.atchouston.com/>

Population Served: Adults

Types of Services: Individuals, Groups

Specialties: Depression, Anxiety, Coping Skills

Danya Francois, LPC-Associate.....281-818-6758 x 2

Supervised By: Catherine Fagan, M.A., LPC-S, LCDC, LSOTP

Anew Psychological Services

12239 Queenston Blvd., Ste. G
Houston, TX 77095

<https://www.anew-psychological.com/meet-our-team-northwest-office>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Behavioral Issues, Communication, Relationship Issues, Family Conflict

D'ann Franklin, LPC.....713-828-0593

Counseling Concepts, P.C.

13615 St. Mary's Lane
Houston, TX 77079

www.counselingconceptshouston.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Grief, Eating Disorders, Anger Management, Assertiveness, Behavior Issues

Natalie Frazier, LMFT.....832-421-8714

Sequoia Counseling Center

17920 Huffmeister Rd., Ste. 150
Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>

Types of Services: Individuals and Couples

Specialties: Grief and loss counseling, traumas (sexual and life-threatening), marital relations (including communication skills and infidelity), and emotion regulation (such as anger management and depression).

Pamela J. Frazier, LPC, NCC.....832-930-2716

The Legacy Center, PLLC

3 Sugar Creek Center Blvd., Ste. 100
Sugar Land, TX 77478

<https://www.thepoweroflegacy.org/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Marital and Premarital, Trauma and PTSD, Anger Management, Anxiety, Coping Skills, Depression

- Kelly Freeman, LPC**.....**469-513-1112**
 2500 Wilcrest Dr., Ste. 300
 Houston, TX 77573
<https://mytherapymylife.com/>
Specialties: Anxiety, Depression, and Trauma
- Monica Fridman, LMSW**.....**281-829-8431**
A Healing Path Counseling
 11929 University Blvd., Ste. B
 Sugar Land, TX 77479
www.ahealingpathcounseling.com/
Population Served: Adults, Elders
Types of Services: Individuals, Groups
Specialties: Divorce, Relationship Issues, Depression, Anxiety, Parenting
- Margie Frisco, M.A., LPC, CATP, CFTP**.....**281-665-7811**
Counseling Center at Cinco Ranch
 23236 Kingsplace Dr.
 Katy, TX 77494
<https://cincoranchcounseling.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, Relationship Issues, Family Conflict, Play Therapy, Depression, Anxiety
- Briana Frizell, LPC**.....**(281) 503 1553**
The Inner Mind
 633 E Fernhurst Dr Suite 1304
 Katy, TX 77450
<https://www.theinnermind.org/>
Population Served: Children, Teens, Adults, Families
Types of Services: Individuals, Couples
- Alexa Fuentes, LPC-Associate**.....**(346) 440-1800**
Supervised By: Jackeline Hurtado, MEd, LPC-S
Texas Counseling Center
 4220 Cartwright Rd, Ste. 401
 Missouri City, TX 77459
<https://texascounseling.center/missouri-city/>
Population Served: Children, Adolescents, and Adults
Specialties: Anxiety, depression, trauma, and life transitions.
- Kathryn Gallier, MSW, LCSW**.....**346.550.0066**
Anchored Christian Counseling
 10401 S. Mason Rd Unit E503
 Richmond, TX 77406
<https://kathryn-gallier5388.clientsecure.me/> - home

Osman Galo, LPC.....(281) 849-9985

District Counseling

14525 FM-529 E, Ste 105

Houston, TX 77095

<https://districtcounseling.center/copperfield/>

Amy Galpin, MA, LPC-S.....346-901-6139

Neurodiversity Center of Katy

440 Cobia, Ste. 302

Katy, TX 77494

<https://www.neurodiversitycenterofkaty.com/>

Population Served: Teens and Adults

Types of Services: Individuals and Families

Specialties: Behavioral or mood regulation difficulties, Autism, depression, low self-esteem, relationship/social issues, anxiety, ADHD, traumatic events including sexual or physical abuse, and difficulties adjusting to change.

Claudia Galvan, LPC-Associate.....(281) 849-9985

Supervised By: Ana Valenzuela LPC-S, LCDC, NCC, C-DBT, CTRP-C

District Counseling

14525 FM-529 E, Ste 105

Houston, TX 77095

<https://districtcounseling.center/copperfield/>

Marcel Gamboa, LPC-S.....281-299-8607

Life Cycles Counseling

23227 Red River Dr

Katy, TX 77494

<https://lifecyclescounseling.com/>

Population Served: Teenagers and Adults

Types of Services: Individuals and Couples

Specialties: Trauma Therapy, Self-Esteem, Depression, Anxiety, and Marriage Counseling

Bethany Garay, M.S., LPC, RPT.....281-398-0022

Houston Center for Christian Counseling

609 Park Grove, Ste. B

Katy, TX 77450

www.christiancounselinghouston.com

Population Served: Toddlers, Children, Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: ADHD, Anxiety, Parenting, Trauma, PTSD

Ashley Garcia, LPC - Associate.....(832) 406-4304

Supervised By: Kelly Peyton, LPC-S, RPT-S

Katy Counseling

633 E Fernhurst Dr. Ste 1102

Katy, TX 77494

<https://katycounseling.com>

Population Served: Children, Adolescents, and Adults

Specialties: Trauma, EMDR, LENS Neurofeedback

Judy Garcia, M.S., LPC.....281-498-4673

Fort Bend Christian Counseling Center

2117 Avenue I

Rosenberg, TX 77471

www.fortbendccc.com/judy-garcia-lpc

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Low Self-Esteem, ADHD, Depression, Anxiety, Emotional or Behavioral Regulation, Trauma

Madel Garcia, LMSW.....(979) 459-8122

Cypress Mental Health

8118 Fry Rd Ste 203

Cypress, TX 77433

<https://cypressmh.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals and Families

Taylor Garcia, M.A., LPC.....832-278-2549

Here Comes The Sun Counseling

908 Avenue B, Ste. 200

Katy, TX 77493

<https://katycounselor.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Anxiety, Boundaries, Family of Origin Issues, Life Transitions

Monique Garrett, LPC-Associate.....(346) 440-1800

Supervised By: Dr. Shawna Corley, PhD, LPC-S

Texas Counseling Center

4220 Cartwright Rd, Ste. 401

Missouri City, TX 77459

<https://texascounseling.center/missouri-city/>

Population Served: Children and Adults

Specialties: Anxiety, stress, depression, trauma, relationship issues, behavioral challenges

Adrian Garrido, LPC-Associate.....832-895-9358

Supervised By: Evelyn Nuñez, LPC-S

Healing Pathways of Houston

9235 Katy Fwy., Ste. 140-160

Houston, TX 77024

<https://www.healingpathwayshouston.com/>

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Men's Issues, Relationship Issues, Family Conflict, Communication

- Haley L. Garth, M.Ed., LPC, RPT, NCC**.....713-935-9088
The Carruth Center
 11001 Hammerly Blvd.
 Houston, TX 77043
www.carruthcenter.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Play Therapy, Parenting, Trauma, Grief, Loss, Family Conflict, Communication, Depression, Anxiety
- Amberly Garvin, MA, LPC**.....281-205-7997
Cypress Therapy and Counseling
 17774 Cypress Rosehill Road, Ste. 400
 Cypress, TX 77429
<https://cypresstherapyandcounseling.com/>
Population Served: Clients ages 12 and up
Types of Services: Individuals
- Alexandria “Alex” Garza, LMFT**.....713-364-8645
Brittani Persha Counseling
 1001 S. Dairy Ashford Rd., Ste. 510
 Houston, TX 77077
www.brittanipershacounseling.com
Population Served: Toddlers, Children, Adolescents, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Anger Management, Anxiety, Autism, Behavioral Issues, Body Image, Codependency, Coping Skills, Depression, Developmental Disorders
- Karen Garza, LPC-Associate**.....(346) 476-6424
Supervised By: Jackie Hurtado, LPC-S
District Counseling
 17828 Mound Rd., Ste. D
 Cypress, TX 77433
<https://districtcounseling.center/tree-house/>
Population Served: Children and Teens
- Jasper Bryan Gates, M.A., LPC-S**.....713-466-1360
Cy-Hope Counseling- Waller Location
 1210 A St, Suite G
 Waller, TX 77484
www.cy-hopecounseling.org/jasper-gates
- Taylor Gauthia, LPC-Associate**.....(281) 301-0968
Supervised By: Dr. Maria Peters, LPC-S
Paraklesis Counseling, PLLC
 15840 FM 529, Ste. 310
 Houston, TX 77095
<https://tammykallen.com/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals and Families
Specialties: Children with trauma, anxiety, depression, foster care, self-esteem, and children with learning disabilities.

Janella del Mundo Gee, M.Ed., LPC, RPT.....281-903-5353

Attachment and Trauma Center of Houston

101 Southwestern Blvd. Ste., 105
Sugar Land, TX 77478

<https://www.atchouston.com/>

Population Served: Toddlers, Children, Adolescents

Types of Services: Individuals, Families, Groups

Specialties: ADHD, Adoption, Anxiety, Autism, Behavioral Issues, Coping Skills, Depression, Developmental Disorder, Family Conflict, Relationship Issues, Self Esteem, Stress

Mrs. Genevieve, LCDC.....281-371-0360

Atlas Counseling Group

722 Pin Oak Rd., Ste. 220

Katy, TX 77494

<https://acg-tx.com/>

Population Served: Children, Adolescent, Adults

Types of Services: Individuals, Families

Specialties: Substance Abuse

Teresa George, LPC-Associate.....(281) 301-0968

Supervised By: Mark Berg, LPC-S

Paraklesis Counseling, PLLC

15840 FM 529, Ste. 310

Houston, TX 77095

<https://tammykallen.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Addiction, Anxiety, Depression, Couples Counseling, Adolescent Issues, Self-Harm

Kelsey Gibson, M.A., LSSP, LP Associate.....281-829-1599

Supervised By: Dr. James Poysky

Katy Child Psychology

1113 Avenue B

Katy, TX 77493

<https://www.katychildpsychology.com/>

Specialties: Provides individual counseling and therapy as well as Independent Educational Evaluations (IEE) and conducts psychological testing under the supervision of Dr. Poysky.

Jill Gilbert, LPC-S, LMFT-S.....713-581-9100

Memorial Family Connections

9575 Katy Fwy., Ste. 220

Houston, TX 77024

www.memorialfamilyconnections.com/

Population Served: Adults, Elders

Types of Services: Couples/Marital, Families

Specialties: Anxiety, Codependency, Grief, Relationship Issues, Women's Issues

Sherry Gill, LPC.....281-491-4455

Southwest Therapy Association

120 Eldridge Rd, Suite D
Sugar Land, TX 77478

<http://southwesttherapyassociation.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Eating Disorders, Chemical Dependency, Borderline Personality Disorders, Bipolar, Depression, Couples, Anxiety, PTSD

Kathleen Goforth, LPC-Associate.....(713)-570-6644

Supervised By: Robyn D Reyna, LPC-S, RPT-S

Calming Communities Counseling & Wellness

16225 Park Ten Place, Ste. 870
Houston, TX 77084

<https://www.calmingcommunities.com/>

Population Served: Kids, Teens, and Adults

Specialties: Anxiety, Depression, Anger, Neurodivergence

Adriana Gomez, MS, LPC-Associate.....346-200-5865

Supervised By: Dr. William July, LPC-S

District Counseling

1458 Campbell Rd., Ste. 200
Houston, TX 77055

<https://districtcounseling.center/spring-branch/>

Geraldine Gomez, ATR-BC, LPC-S.....346-758-1812

GG Art Therapy & Counseling, PLLC

10401 S. Mason Rd., Ste. B-204
Richmond, TX 77406

<https://www.ggartcounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Adoption, Anger Management, Anxiety, Asperger's Syndrome, Autism, Depression, Grief, OCD, Sexual Abuse, Stress, Transgender, Trauma and PTSD, Women's Issues

Krysta Gonzales, LPC-Associate.....(713) 489-8607

Supervised By: Robyn D Reyna, LPC-S, RPT-S

Calming Communities Counseling & Wellness

16225 Park Ten Place, Ste. 870
Houston, TX 77084

<https://www.calmingcommunities.com/>

Specialties: Relationship Conflicts, Play Therapy, Depression, Anxiety, Grief

- Sofia Gonzales, LMSW**.....(713)-264-8959
Supervised By: Jaime Rivera, LCSW-S
Calming Communities Counseling & Wellness
 16225 Park Ten Place, Ste. 870
 Houston, TX 77084
<https://www.calmingcommunities.com/>
Population Served: Kids, Teens, and Adults
Specialties: EMDR Trauma, Anxiety and Depression
- Efrain Gonzalez, M.A., LPC**.....281-645-5264
Supervised By:
Ellie Mental Health
 1160 Dairy Ashford Rd., Ste. 135
 Houston, TX 77079
<https://elliementalhealth.com/locations/houston-energy-corridor-tx/>
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Addiction, Anxiety, Depression, Domestic Abuse, Stress, Trauma and PTSD
- Esmeralda Gonzalez, LPC**.....713-365-0700
Renewing Hope Counseling
 11777 Katy Fwy #350
 Houston, TX 77079
<https://renewinghope.net/>
Specialties: Anxiety, Anger Management, Weight Control
- Emilio Gonzalez, Jr., M.A., LPC**.....713-365-0700
Renewing Hope Counseling.
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Stress, Anxiety, Depression, Relationship Struggles, Low Self-Confidence
- Lauren Goodes, LMSW**.....346-763-9744
therapy@mor
 101 Southwestern Blvd
 Sugar Land, TX 77478
<https://therapyandmor.com/therapy-in-sugar-land/>
Population Served: Children, Adolescents, and Adults
Specialties: Emotional Regulation, Anxiety, Depression, Trauma, Identity Development, Trauma
- Olivia Goodman, LMSW**.....832-675-0222
Balev Counseling
 9110 Wheat Cross Dr, Ste. A
 Houston, TX 77095
<https://balevcounselingandwellness.com/>
Specialties: Anxiety, Grief, Marital Counseling

- Dr. Arlene Gordon-Hollingsworth, PhD.....(281) 818-6758 x 2**
Anew Psychological Services
 12239 Queenston Blvd., Ste. G
 Houston, TX 77095
<https://www.anew-psychological.com/meet-our-team-northwest-office>
- Danielle Gorrity, LCSW.....832-224-5781**
West Houston Counseling and Psychology
 14133 Memorial Dr., Ste. 7
 Houston, TX 77079
www.westhoustonpsych.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Parenting, Family Conflict, Relationship Issues, Trauma, LENS
 Neurofeedback, EMDR, Grief, Anxiety, Depression, Self Esteem, School Issues,
 Spirituality, Anger Management
- Sherry Gould-Hillhouse, LPC.....(281) 849-9985**
District Counseling
 14525 FM-529 E, Ste 105
 Houston, TX 77095
<https://districtcounseling.center/copperfield/>
Specialties: Trauma, anxiety, addiction, OCD, and emotional dysregulation
- Madhuri Govindu, LPC.....832-306-3780**
Inner Peace Counseling and Coaching Services
 14090 Southwest Freeway, Suite #300
 Sugar Land, TX 77478
<https://innerpeacecounselingandcoaching.com/>
- Jackie Gramajo, LPC-Associate.....832-675-0222**
Supervised By: Laura Cintron, LPC-S
Balev Counseling
 9110 Wheat Cross Dr, Ste. A
 Houston, TX 77095
<https://balevcounselingandwellness.com/>
- LaShaundra Grandberry, LPC-Associate.....(832) 615-5508**
Supervised By: Michelle Collins, M.ED., LPC, RPT, CCTP, CATP
Memorial Child and Family Therapy
 9525 Katy Freeway, Suite 450
 Houston, TX 77024
<https://memorialchildandfamilytherapy.com/>
Specialties: Anxiety, Grief, Trauma, Social skills, School difficulties, Life transitions,
 ADHD
- Roslyn Granger, LCSW.....713-463-9449**
BHC Behavioral Health Consultants Inc
 9525 Katy Freeway, Suite 312
 Houston, TX 77024
<https://www.bhchouston.com/>

- Kenisha Graves, MA, LPC-S, CART, CTMH, CCTP.....832-989-8042**
Oasis of Life Counseling
 5222 Cypress Creek Parkway Suite 175G
 Houston, TX 77069
<https://www.oasisoflifecounseling.com/>
Specialties: Psychosis, Depression, Anxiety, Bipolar Disorder, Complex-Post Traumatic Stress Disorder (c-PTSD), Anxiety. Couples Counseling, Separation, Divorce, Single Parenting Skills, Co-Parenting Skills, Anger Management
- Kia Gray, LPC-Associate.....(281) 503-1553**
Supervised By: Andranique Goodman, LPC-S
The Inner Mind
 633 E Fernhurst Dr Suite 1304
 Katy, TX 77450
<https://www.theinnermind.org/>
Population Served: Children ages 5 and up, Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Grief, Self-esteem, Autism, Substance use
- Melissa Gray, MSSW, LCSW, ADHD-CCSP, C-SWHC, CSW-G...346-527-8911**
Kindle Counseling
 6445 FM 1463, Ste 160173
 Katy, TX 77494
<https://www.kindlecounseling.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: ADHD, Anxiety, Depression, Relationship Issues
- Destiny Green, MSW, LCSW.....346-206-3992**
The Resilience Center of Houston
 14930 Mueschke Rd., Ste. 100
 Cypress, TX 77433
<https://www.resiliencecenterhouston.com/>
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Trauma and PTSD, Dissociative Disorders, Domestic Violence
- Jasmine Greenhouse, LPC.....281-769-2238**
Clear Hope Counseling and Wellness
 1111 Hwy. 6, Suite 120
 Sugar Land, TX 77478
<https://www.clearhopewellness.com/our-therapists>
Specialties: ADHD, Anger, Anxiety, DBT, Depression, Play Therapy, LGBTQ
- Jennifer Gressett, LPC.....832-514-1481**
The Well Counseling Center
 1511 Ave. C
 Katy, TX 77493
www.thewellcounselingkaty.com
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Anxiety, Depression, Communication, Family Conflict, Emerging Adulthood, Empty Nest

- Bobbie Griffin, MA, LPC**.....(832) 706-2360
Apollos Center.
 27240 US-290
 Cypress, TX 77433
<https://www.apolloscenter.org/>
- Megan Griffith, LPC**.....832-735-2036
Greater Houston Counseling Center
 7002 Riverbrook Dr., Ste. 100
 Sugar Land, TX 77479
www.greaterhoustoncounseling.com/therapists-1/meagan-davenport
- Melissa Grisdale, PhD, LSSP**.....832-913-8747
Katy Psychological Services, PLLC
 24546 Kingsland Blvd
 Katy, TX 77494
<https://www.katypsychservices.com/>
Specialties: Psychological assessments and therapy for children and teens.
- Melanie Grogan, M.A., LPC-Associate**.....713-489-5473
Supervised By: Ashley Forster, M.Ed., LPC-S
Martin Counseling, PLLC
 472 Park Grove Dr.
 Katy, TX 77450
www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individual, Couples/Marital, Families
Specialties: Neurodiversity spectrums (autism, ADHD, dyspraxia, etc.) anxiety, depression, and life transitions.
- Ken Gross, LPC**.....832-707-3236
 21320 Provincial Blvd.
 Katy, TX 77450
www.psychologytoday.com/us/therapists/ken-gross-katy-tx/484359
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Alcohol Use Disorder, Borderline Personality, Christian Counseling, Gambling Addiction, Sexual Addiction
- Maida Guajardo, M.S., LPC, NCC**.....832-992-9523
EverWell Counseling
 11777A Katy Fwy., Ste. 500
 Houston, TX 77079
www.everwellcounselingtx.com
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, ADHD, Stress, Coping Skills

Shalonia Gundy, MA, LPC-S.....(832) 736-3223**Eight Phases Behavioral Health**

2000 S. Dairy Ashford Rd., Ste. 380
Houston, TX 77077

<https://www.8phases.com/>

Specialties: Aggression/Anger, Anxiety, Bipolar Disorder, Borderline Personality Disorder, Cognitive Distortions, Co-Parenting, Couples/Family Conflict, Depression, Divorcing Couples, Conflict Resolution, Interpersonal Relationships, Life Transitions, Pre-Marital

Dayna Gurley, LCSW-S, CCTS-I, ACM-SW.....281-829-8431**A Healing Path Counseling**

11929 University Blvd., Ste. B
Sugar Land, TX 77479

www.ahealingpathcounseling.com/

Population Served: Adults, Elders

Types of Services: Individuals, Groups

Specialties: Neurofeedback, Ketamine-Assisted Therapy, Breathwork, Trauma and PTSD, Anxiety

Srimaya Gurung, M.S., LPC-S.....402-665-0438

17510 Huffmeister Rd., Ste. 102

Cypress, TX 77429

www.psychologytoday.com/us/therapists/srimaya-gurung-cypress-tx/1203203

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Depression, Marriage Counseling, Relationship Issues, Stress, Trauma and PTSD

Shannon Gutierrez, LPC-Associate.....281-205-7997

Supervised By: Tiffany Priska, LPC-S

Cypress Therapy and Counseling

17774 Cypress Rosehill Road, Ste. 400

Cypress, TX 77429

<https://cypresstherapyandcounseling.com/>

Population Served: Children, Adolescents, Adults, Families

Types of Services: Individuals, Families

Specialties: Adolescents dealing with anxiety, family transitions, self-harming behaviors. Children and adults experiencing adjustment difficulties, social-emotional concerns, grief, loss.

Victoria Guzman, M.S., LPC.....832-380-4150**Martin Counseling, PLLC**

472 Park Grove Dr.

Katy, TX 77450

www.martincounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Emotional Issues, Behavioral Issues, Relationship Issues, Anxiety, Depression, Trauma

Dr. Carolyn Ha, LP.....(832) 532-9087

7102 Tarrington Avenue, Suite 401

Sugar Land, TX 77479

<https://www.drcarolynha.com/>**Specialties:** Autism Evaluations and Testing, Psychological Testing, Parent-Child Interaction Therapy, Individual Therapy**Michael Hack, LCSW, SAP.....713-904-5222****Corporate and Family Counseling**

154 Bella Katy Dr.

Katy, TX 77494

www.corporatefamilycounseling.com**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families, Groups**Specialties:** Addiction, Anxiety, Depression, Marriage Counseling, Substance Abuse, Trauma and PTSD**Patrick Hagler, LMFT, LCDC, NCIP, SAP, NCFRC.....(832)-688-4980****IV Counseling**

22503 Katy Fwy, Suite 61

Katy, TX 77450

<https://www.ivcounselingtexas.com/>**Population Served:** Adolescents and Adults**Specialties:** Intervention Specialist, EMDR, SAP Evaluations, Trauma**Shamshad Haider, LPC.....832-995-1524****Wellness Restoration Counseling, LLC**

1207 Via Sacra Dr., Ste. 1

Richmond, TX 77406

<https://wellnessrc.com/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anger Management, Anxiety, Depression, Grief/Loss, Trauma and PTSD**Nickie Haine, LCSW-S.....832-224-5781****West Houston Counseling and Psychology, LCC**

14133 Memorial Dr., Ste. 7

Houston, TX 77079

www.westhoustonpsych.com**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Families, Groups**Specialties:** Anxiety, Behavioral Issues, Depression, Eating Disorders, Education and Learning Disabilities, Infertility, Parenting, Pregnancy, Relationship Issues, Self-Esteem, Trauma and PTSD

- DaShana Hall, LCSW**.....**713-789-7560**
Stuart J. Nathan, Ph.D. and Associates
 2450 Fondren Rd. Suite 312
 Houston, TX 77063
<https://www.mental-health-houston.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals and Families
Specialties: Motivational interviewing, screening, counseling, inpatient and outpatient substance abuse counseling, didactic speaking, 12-step programs for sobriety, dual diagnosis and mental health intervention.
- Brady Hallford, LPC, LCDC**.....**(281) 503-1553**
The Inner Mind
 633 E Fernhurst Dr Suite 1304
 Katy, TX 77450
<https://www.theinnermind.org/>
Types of Services: Individuals
Specialties: Addiction, Behavioral issues, Depression, Anxiety
- Delisa Hampton, MA, LPC**.....**(713) 969-8964**
Mosaic Tree Counseling
 2600 Gessner Rd #203
 Houston, TX 77080
<https://mosaictreecounseling.com/>
Types of Services: Individuals and Families
Specialties: Childhood trauma, depression, ADHD, anxiety, stress, grief and coping skills
- Jenie Mary Hand, MA, LCSW**.....**(281) 846-4616**
Twelve 2 Christian Counseling
 522 Brooks Street
 Sugar Land, TX 77478
<https://twelvetwocounseling.com/>
Specialties: Christian Counseling. Trauma, abuse, anxiety, and crisis intervention. I have worked with victims and family members of physical, emotional and sexual abuse, domestic violence, and human trafficking.
- Barbara Haralson, MA, LPC**.....**832-365-3792**
Being Victorious! Counseling Center PLLC
 23050 Morton Ranch
 Katy, TX 77449
<https://barbara-lk-haralson5071.clientsecure.me/ - services>
Types of Services: Solution Focused Brief Therapy.
Specialties: PTSD, Trauma, Life Transitions, Relationship Issues, Grief, Suicidal Ideation, LGBTQIA+, Women's Health, Cultural Adjustment, Parenting, Child or Adolescent, Cultural and Systemic Oppression, Multicultural Concerns, Spirituality and Religion, Abuse Survivors

Sarah Kass Harari, LPC.....346-763-9744**therapy@mor**

101 Southwestern Blvd

Sugar Land, TX 77478

<https://therapyandmor.com/therapy-in-sugar-land/>**Population Served:** Perinatal Health, Trauma, Depression, Anxiety, Identity Shift, Relationship Patterns**Douglas Harbrueger, M.Ed., LPC.....(832) 925-2295****Next Steps Counseling Center, PLLC**

16712 Huffmeister Road Suite 400-A

Cypress, TX 77429

<https://nextstepscc.org>**Population Served:** Adolescents and Adults**Specialties:** CBT, DBT**Christine Hards, LPC-S.....832-674-1936****All Things Counseling, PLLC**

17820 Mound Rd., Ste. I

Cypress, TX 77433

<https://www.allthingscounseling.net/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Depression Self-Esteem, Stress, Women's Issues**Lisa Harmeyer, LP-Associate with Independent Practice (LPA-I) and a Licensed Specialist in School Psychology (LSSP).....(281) 818-6758 x 2****Anew Psychological Services**

12239 Queenston Blvd., Ste. G

Houston, TX 77095

<https://www.anew-psychological.com/meet-our-team-northwest-office>**Population Served:** Children, Adolescents and Adults**Types of Services:** Individuals, Families**Specialties:** ADHD, Learning differences, Anxiety, Depression, Adjustment-related concerns**Briana Harper, LPC-Associate.....(346) 440-1800***Supervised By: Dr. Shawna M. Corley, Ph.D., LPC-S***Texas Counseling Center**

4220 Cartwright Rd, Ste. 401

Missouri City, TX 77459

<https://texascounseling.center/missouri-city/>**Specialties:** Anxiety, depression, trauma, and life transitions.

Amanda Harrington, M.Ed., NCC, LPC, RPT.....(281) 398-0022**Houston Center for Christian Counseling**

609 Park Grove, Ste B
Katy, TX 77450

<https://www.christiancounselinghouston.com/>

Population Served: Children and Adult Women

Types of Services: Individuals and Families

Specialties: Anxiety, depression, emotional regulation, attention and focus concerns, anger management, and life transitions. I also have experience supporting clients with ADHD, autism, bipolar disorder, sensory processing issues, intellectual delays, behavioral struggles.

Steve Hartman, MA, LPC.....(281) 858-5874**Bear Creek Counseling Center**

15430 Ridge Park Drive
Houston, TX 77095

<https://www.bearcreekcounseling.com/>

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, Depression, Mood Disorders, Dissociative Disorders, Personality Disorders, Substance Abuse

Abigail Haston, LPC.....(346) 636-2191**Geode Health**

12603 Southwest Fwy., Ste. 510
Stafford, TX 77477

<https://geodehealth.com/locations/stafford-tx/>

Population Served: Ages 7 and older

Specialties: Mood Disorders, Burnout, Sports Performance, Self Esteem, Confidence Issues, Self-Harm / Injury, ADHD

Dr. Alejandra Haynes, PsyD, PLP.....281-612-8580

Supervised By: Dr. Amelia Paquin

Nowlogy Psychology Experts

17820 Mound Rd., Ste. B
Cypress, TX 77433

<https://nowlogy.com/texas-therapy/>

Population Served: Adolescents, Adults

Types of Services:

Specialties: Anxiety, Depression, Personality Disorders, Relationship Issues, OCD, PTSD, Eating Disorders, Autism

Brittany Haywood, LPC-Associate.....832-934-9036

Supervised By: Raikeya Collins, LPC-S

Prosperity Counseling Services

26717 Westheimer Parkway, Suite 1201
Katy, TX 77494

<https://prosperitycounseling.org/>

- Cathy Hein, MSSW, LCSW, EMDR.....281-969-4547**
CH Counseling Services
 23234 Red River Dr.
 Katy, TX 77494
<https://cheincounseling.com/>
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Pregnancy, Prenatal, Postpartum, Relationship Issues, Sleep Disturbance, Trauma and PTSD
- Kristen Helms, LCSW-S.....(832) 930-8360**
 16225 Park Ten Place Suite 500
 Houston, TX 77084
<https://www.kristenhelms.com/>
Types of Services: Individuals, Couples, and Families
- Emily Henderson, LMFT.....346-415-5551**
Bloom Counseling, PLLC
 11999 Katy Fwy., Ste. 450
 Houston, TX 77079
www.healwithbloom.com/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Communication, Family Conflict, ADHD, Trauma, Anxiety
- Tanya Henderson, LPC, LSSP.....281-968-8185**
Beautiful Brain Psychological Services
 7070 Knights Ct., Ste. #203
 Missouri City, TX 77459
www.bbpsychservices.com/
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Learning Disabilities, Mental Health Issues, Behavioral Issues
- Jennifer Hendricks, LPC-S.....713-581-9100**
Memorial Family Connections
 9575 Katy Fwy., Ste. 220
 Houston, TX 77024
www.memorialfamilyconnections.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Play Therapy, Parenting, Trauma, Grief, Loss
- Virginia Henley, LPC-Associate.....346-482-7730**
Supervised By: Monica McClain, LPC-S
Focus Family Counseling
 21320 Provincial Boulevard
 Katy, TX 77493
<https://www.focusfamilycounseling.com/>

- Jana M Henry, M.Ed., LPC-S**.....**281-940-8515**
West Houston Counseling Center, PLLC
 23227 Red River Drive
 Katy, TX 77494
<https://westhoustoncounseling.com/>
Population Served: Adults
Specialties: Complex PTSD, Trauma, Addictions, Personality Disorders, Mood Disorders, Relationship Issues, Inner Wounds, Survivors of Abuse, Gifted Adults Issues
- Sarah Henry, LPC, LMFT, ASDCS**.....**346-666-1901**
 15024 FM 529
 Houston, TX 77095
<https://sarahhenrycounseling.org/>
Specialties: ADHD, Autism, Anxiety, Depression, Family Issues, Animal Assisted Therapy
- Eryka Henry-Obike, LPC-Associate**.....**832-934-9036**
Supervised By: Jamie Williams, LPC-S
Prosperity Counseling Services
 26717 Westheimer Parkway, Suite 1201
 Katy, TX 77494
<https://prosperitycounseling.org/>
- Kristin Henshaw, LMFT-S**.....**713-466-1360**
Cy-Hope Counseling
 12715 Telge Rd.
 Cypress, TX 77429
<https://cy-hopecounseling.org/>
Population Served: Adolescents, Adults
Types of Services: Couples, Families, Adolescents, Individual Adults
Specialties: Stress with Infertility, Life Transitions, Relational Stress
- Jeanne S Hensley, LPC-S**.....**281-277-8811**
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adults
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, Depression, Hoarding, Marital Problems, Retirement/Aging Issues.
- Kathryn Herman, LPC**.....**832-318-0079**
Hope & Harmony Therapy
 3880 Greenhouse Road, Ste. 10
 Houston, TX 77084
<https://www.hopeandharmonytherapy.com/>

- Eynar Hernandez, LPC**.....**346-460-7579**
BeSpoke Counseling and Wellness
 8118 Fry Rd. Suite 401
 Cypress, TX 77433
<https://bespoke-counseling.com/>
Types of Services: Individuals and Couples
- Luis Hernandez, M.Ed., LPC-Associate**.....**346-388-6974**
Supervised By: David B. Martin, M.A., LPC-S
Martin Counseling, PLLC
 472 Park Grove Dr.
 Katy, TX 77450
www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Immigration-related challenges, on anxiety, depression, communication skills, and men's mental health. Bilingual (English/Spanish)
- Maribel Hernandez, LPC-Associate**.....**(832) 966-0214**
Supervised By: Robyn Reyna LPC-S,RPT-S
Houston Feel Good Therapy
 955 Dairy Ashford Road # 106
 Houston, TX 77079
<https://www.houstonfeelgoodtherapy.com/>
Specialties: Play Therapy, Parenting, Dysregulation, Behavioral and Emotional challenges, Life adjustments, Interpersonal communication, Anxiety, ADHD
- Daniela Herrera, LPC-Associate**.....**(713) 364 6316**
Supervised By: Kimberly Harrington-Delgado, LPC-S, RPT-S
Resilience Play Therapy and Counseling Center
 633 East Fernhurst Drive, Suite 801
 Katy, TX 77450
<https://resilienceplaytherapy.com/>
- Marcie Heschel, LPC**.....**832-892-1492**
 12254 Queenston Blvd., Ste. E
 Houston, TX 77095
<https://www.marceyheschel.com/>
Population Served: Adolescents and Adults
Specialties: Anxiety, Relational Trauma, Empaths and Highly Sensitive People, Addiction, Emotional Regulation, EMDR
- HGI Counseling**.....**832-471-6538**
 2116 Thompson Rd., Ste. 107
 Richmond, TX 77469
<https://hgicounselingtx.org/>

Dr. Nytasia Hicks, PhD, LMSW.....832-226-7029

CMR Clinical Counseling and Consulting

4220 Cartwright Rd Suite 1105

Missouri City, TX 77459

<https://www.cmrclinicalcounseling.com/>

Specialties: Specialize in helping high performing individuals navigate stress, identity shifts, and transitions.

Rachel Higgins, LMFT-Associate.....281-301-5588

Supervised By: Catherine King, LMFT-S

HappiNest Marriage and Family Therapy

17110 House Hahl Rd., Ste. C13

Cypress, TX 77433

<https://www.happinesttherapy.com/>

Population Served: Ages 12 and up.

Types of Services: Individuals, Couples, and Families

Specialties: Couples and Families, Trauma, Anxiety, Depression

Kanasha Hill, MS, LPC.....346-206-3992

The Resilience Center of Houston

24044 Cinco Village Center, Suite 100

Katy, TX 77494

<https://www.resiliencecenterhouston.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals and Families

Specialties: Depression, Anxiety, Family Therapy, PTSD, Anger Management

Tasia Hill, LPC, LCDC-I, NCC.....(281) 762-1663

Renewed Mind Counseling and Wellness

1000 Austin St, Suite D

Richmond, TX 77469

<https://renewedmindpllc.com/>

Types of Services: Individuals, Couples, Families

Specialties: ADHD, Adjustment/Life Changes, Alcohol/Substance Use, Anger Management, Anxiety/Panic Attacks

Stephanie Hiller-Aiello, LPC-Associate.....(832) 717-7166

Supervised By: Katrina Daneshvar, LPC-S

Greater Houston Counseling Services

147 Bella Katy Dr.

Katy, TX 77494

<https://www.greaterhoustoncounselingsrvcs.com/>

Specialties: LGBTQIA+ and polyamory communities, anxiety, depression, PTSD, trauma, life transitions, family dynamics, or self-esteem struggles

Tracie Hillyard, LPC.....281-547-2570

Resilient Healing Counseling Services, PLLC

26717 Westheimer Pkwy., Ste. 1303

Katy, TX 77494

www.rhcsp.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: ADHD, Anxiety, Bipolar Personality, Depression, Grief

Ashley Hobbs, LPC.....(832) 717-7166

Greater Houston Counseling Services

8118 Fry Rd. Ste 601

Cypress, TX 77433

<https://www.greaterhoustoncounselingsrvcs.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: EMDR, Trauma, Anxiety, Depression, Relationship Problems

Jennifer Hofman, MA, LPC.....(713) 365-9015

Heritage Behavioral Health Consultants

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>

Population Served: Adolescents and Adults

Types of Services:

Specialties: Relationship and parenting issues, anxiety, depression, grief, and abuse issues (e.g. physical, emotional, and sexual abuse) and ADHD.

Terry Hoisington, LPC.....832-451-3130

Thrive Family Counseling

136 Eldridge Rd. Suite A

Sugar Land, TX 77478

<https://thrivefamilycounseling.com/our-team/sugar-land/>

Lynn Hollister, LPC.....281-984-3494

Muro Mental Health Counseling and Wellness

25145 Star Lane Suite 303

Katy, TX 77494

<https://muromh.com/>

Specialties: Anxiety and depression, self-esteem and confidence concerns, life transitions, ADHD and autism-related challenges, school and academic stress, anger management, relationship and family concerns, grief and loss, and workplace stress.

Lynn Hollister, LPC.....713-828-0593

Counseling Concepts, P.C.

13615 St. Mary's Lane

Houston, TX 77079

www.counselingconceptshouston.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Mood Disorders, Relationship Issues, Boundaries, Goal Planning, Stress, School Organization, Work Organization

Kelly Holmes, LCSW.....281-560-4950

Monarch Counseling & Family Services, LLC

23234 Red River Dr.

Katy, TX 77494

www.monarchcounselingservices.com

Population Served: Teens and Adults

Specialties: LGBTQ+, Emotional Regulation, Relationships, ADHD, Perimenopause Coaching, Integrative Wellness and Life Coaching

Nikki Holmes, M.Ed., LPC.....832-876-3232

Sugar Land Counseling Center

16400 Kensington Dr.

Sugar Land, TX 77479

<https://www.sugarlandcounseling.com/>

Population Served: Children ages 3 and up, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Autism, Behavioral disorders, Learning disabilities, Trauma, Grief

Melissa Hoot, LPC, NCC.....281-315-0386

Youngs Counseling, PLLC

16712 Huffmeister Rd., Bldg. 200C

Cypress, TX 77429

<https://www.youngscounseling.com/>

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: ADHD, Adoption, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Blended Families, Depression, Education and Learning Disabilities, Intellectual Disability, Life Coaching, Oppositional Defiance, Parenting, Self-Esteem, Self-Harm

Sandra Hotz, LP.....713-751-8899

950 *Supervised By:*

Echo Lane, Ste. 335

Houston, TX 77024

<https://www.psychologytoday.com/us/therapists/sandra-l-hotz-ph-d-p-c-houston-tx/222706>

David House, M.A., LPC-S, CSAT, NATC.....281-277-8811

Houston Center for Christian Counseling

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Adults

Types of Services: Individuals

Specialties: Abuse, Substance Use, Anxiety, Depression.

- L. Kay Howard, Ph.D., LPC-S.....713-780-0142**
Therapeutic Behavioral Health Associates, LLC
 3 Sugar Creek Center Blvd., Ste. 100
 Sugar Land, TX 77478
www.thebehaviorhealthcenter.com/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Bipolar Disorder, Christian Counseling, Depression, Anxiety, Forensic Evaluations, grief and Loss, Intimacy and Relationship Issues, Panic Attacks, Parenting Support, Stress Management, Work and Career Issues
- Sarah Howard, LPC.....832-421-8714**
Sequoia Counseling Center
 17920 Huffmeister Rd., Ste. 150
 Cypress, TX 77429
<https://www.sequoiacounselingcenter.com>
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: EMDR, PTSD, Anxiety, Panic Disorder, Women's Issues, Infertility, Role Transitions
- Mark Howell, LPC.....281-398-0022**
Houston Center for Christian Counseling
 609 Park Grove, Ste B
 Katy, TX 77450
<https://www.christiancounselinghouston.com/>
Population Served: Ages 15 and up.
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, Depression, Anger Management, Parenting, Marital Issues.
- Lee Hudson, PsyD, LPC-S.....(281) 277-8811**
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Abuse, Substance Use, Anxiety, Depression, PTSD, Professional/Leadership.
- Percy Hudson, LPC.....(832) 406-4304**
Katy Counseling
 633 E Fernhurst Dr. Ste 1102
 Katy, TX 77494
<https://katycounseling.com>
Population Served: Adolescents and Adults
Types of Services: Individuals and Couples
Specialties: LENS Neurofeedback

Betsy Hunter, LPC - Associate.....713-364-8645

Supervised By: Grace Lacuone, LPC-Supervisor

Brittani Persha Counseling

1001 S Dairy Ashford Rd, Ste. 510

Houston, TX 77077

www.brittanipershacounseling.com

Population Served: Play Therapy, Sand Tray Therapy, neurodivergent (ADHD, Autism Spectrum Disorder, Sensory Processing Disorder, and any other sensory needs).

Jackeline Hurtado, LPC-S.....(346) 444-0706

The Lotus Circle Counseling

15840 FM 529 Suite 310

Houston, TX 77095

<https://www.thelotuscirclecounseling.com/>

Population Served: Ages 16 and older

Types of Services: Individuals

Specialties: Bipolar Disorder, Borderline Personality Disorder, Anxiety, Depression, Anger Management, PTSD, Trauma

Saima Husaini, LPC.....281-916-1541

Hope & Harmony Therapy

3880 Greenhouse Road, Ste. 10

Houston, TX 77084

<https://www.hopeandharmonytherapy.com/>

Specialties: Trilingual (English, Hindi, & Urdu)

Shawn Hysten-Williams, LPC.....832-451-3130

Thrive Family Counseling

136 Eldridge Rd., Ste. A

Sugar Land, TX 77478

<https://thrivefamilycounseling.com/our-team/sugar-land/>

Adeola Ibeneme, LPC.....(832) 717-7166

Greater Houston Counseling Services

147 Bella Katy Dr.

Katy, TX 77494

<https://www.greaterhoustoncounselingsrvcs.com/>

Ana Ince, M.Ed., LPC.....(713) 365-9015

Heritage Behavioral Health Consultants

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>

Specialties: Anxiety, Phobias, Obsessive Compulsive Disorder (OCD), Post Traumatic Stress Disorder (PTSD), Depression, Generalized Anxiety, Social Anxiety, Personality Disorders, Shame, Low Self Esteem, Spiritual Distress, and Marital Distress. Has Survivors Group .

- Samantha Istakhorov, M.S., LMFT – Associate.....281-277-8811**
Supervised By: Dr. Sharon Jenkins, Ph.D., LPC-S, LMFT-S
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adults
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, Depression, Marital/Couples, Eating Disorders
- Franklin Izuora, LMFT, LCDC.....281-371-0360**
Atlas Counseling Group
 722 Pin Oak Rd. #220
 Katy, TX 77494
<https://acg-tx.com/>
Population Served: Adolescents and Adults
- Rebecca Jacklin, LCSW.....832-409-0609**
 120 Eldridge Rd, Suite D
 Sugar Land, TX 77478
<https://www.growthbydesigntherapy.com/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, ADHD, Autism, Family Counseling, Parent Management Training, Certified Nutrition Coach, Eating Disorders
- Kalyn Jackson, LPC.....(281) 301-0968**
Paraklesis Counseling
 15840 Fm 529 Rd, Ste. 310
 Houston, TX 77095
<https://tammykallen.com/>
Specialties: Trauma, Depression, Anxiety, Sexual Abuse, Domestic Violence, Self-Esteem Building, and Personal Growth
- Ju Young "Ana" Jacobo, LPC.....(281) 377-1908**
 1325 Main Street Suite 501
 Katy, TX 77494
<https://www.psychologytoday.com/us/therapists/ana-jacobo-katy-tx/1461591>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals and Families
Specialties: Certified Play Therapist. Offers trauma-informed care through EMDR, CPT, and expressive tools such as art, writing, and sand tray.
- Demica Jacquot, LPC-Associate.....(346) 440-1800**
Supervised By: Ayesha Lakhani, MA, LPC-S
Texas Counseling Center
 5501 Cabrera Dr., Ste. 705
 Sugar Land, TX 77479
<https://texascounseling.center/sugar-land-riverstone/>
Population Served: Ages 14 and up.
Types of Services: Individuals and Couples
Specialties: Depression, Anxiety, Stress, Trauma, Grief, Spirituality, Relationship Issues

- Karen Jagers, PsyD, LPC**.....**832-224-5278**
The Jagers Group
 26717 Westheimer Parkway, Ste. 1303
 Katy, TX 77494
<https://www.thejagersgroup.com/>
Types of Services: Individuals, Couples, and Families
Specialties: Relationship Issues, Grief, ADHD, Anxiety, Autism, Depression, Chronic Illness, Divorce, Developmental Disorders.
- Lauren Jagers, LPC**.....**281-500-5101**
The Jagers Group
 26717 Westheimer Pkwy., Ste. 1303
 Katy, TX 77494
www.thejagersgroup.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anxiety, Autism, Depression, Learning Disabilities, LGBTQIA+
- Jesse Jasso, M.A., LPC**.....**346-206-3992**
The Resilience Center of Houston
 14930 Mueschke Rd., Ste. 100
 Cypress, TX 77433
<https://www.resiliencecenterhouston.com/>
Population Served: Adults
Types of Services: Individuals
Specialties: Depression, Anxiety, Addiction
- Ossenia Jeff, LCSW**.....**281-764-1883**
Acuity Psychotherapy Solutions
 2500 CityWest Blvd., Suite 150-029
 Houston, TX 77042
<https://acuitypsychotherapy.com/>
Types of Services: Individuals, Couples, Families, Groups
Specialties: Depression, Anxiety, Bipolar
- Ayana Jefferson, LPC**.....**832-757-5856**
Right Mentality Mental Health and Wellness
 4220 Cartwright Rd Ste.1002
 Missouri City, TX 77459
<https://www.rightmentalitypllc.com/>
Population Served: Ages 15 and older
Specialties: Depression, Anxiety, Stress Management, Trauma, LGBTQIA+, Couples Issues
- Rachel Jennings, MA, LPC**.....**346-206-3992**
The Resilience Center of Houston
 24044 Cinco Village Center, Suite 100
 Katy, TX 77494
<https://www.resiliencecenterhouston.com/>
Population Served: Adults
Types of Services: Individuals and Couples
Specialties: Anxiety, PTSD, Military Veterans, First Responders, Depression

Jessica Jensen, MA, LPC, PC, PF.....(979)221-8749

Tranquil Hearts Counseling Center

16712 Huffmeister Road, Building 400A
Cypress, TX 77429

<https://www.tranquilheartscounselingcenter.com/>

Population Served: Children, Adolescents, and Adults

Specialties: Depression, Anxiety, Life Transitions, Career Counseling

Jennifer B Jessen, LPC.....832-237-2673

Houston Psychotherapists

21212 Northwest Freeway, Ste. 455
Cypress, TX 77429

<https://houstonpsychotherapists.com/>

Specialties: Grief, trauma, and loss, stress, anxiety, depression, anger management, and communication issues.

Emilio Jimenez, LPC.....713-502-2974

9525 Katy Freeway, Suite 200
Houston, TX 77024

<https://www.nationalcounselingcenter.com/index.html>

Types of Services: Individuals and Couples

Specialties: Trauma and PTSD, Anxiety, Depression, Relationships, Multicultural counseling, and Christian Counseling.

Helen Jimenez, LPC-S, Ph.D.....281-410-1878

Out Stress

12440 Emily Court Dr., Ste. 801
Sugar Land, TX 77478
www.outstress.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individual, Couples/Marital, Families

Specialties: Addiction, ADHD, Alcohol Use, Anger Management, Anxiety, Behavioral Issues, Bipolar Personality, Blended Families, Codependency, Depression, Divorce, Domestic Abuse, Eating Disorders, Gambling, Grief, Hoarding, Infidelity, Internet Addiction, Relationship Issues.

Jennifer Pinner Jimenez, M.A., LPC.....713-489-5473

Martin Counseling, PLLC

472 Park Grove Dr.
Katy, TX 77450

www.martincounseling.com

Population Served: Adolescents and Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, depression, sexual assault/trauma, gender identity, spirituality (church hurt), and childhood trauma.

Kristen John, LPC-Associate.....(281) 277-8811*Supervised By: Jeanne Hensley, M.S., LPC-S***Houston Center for Christian Counseling**

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>**Population Served:** Ages 6 and up.**Types of Services:** Individuals**Specialties:** Depression, Crisis, Grief and Loss.**Barbara Johns, LPC-Associate.....832-421-8714***Supervised By: Kristin King, M.A., LPC-S***Sequoia Counseling Center**

17920 Huffmeister Rd., Ste. 150

Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, ADHD, ASD, Difficulty Adjusting to Changes, Relationship Issues, Self-Esteem**Amalyssa Johnson, Ph.D.....(281) 242-2595**

12946 Dairy Ashford Rd., Ste. 260

Sugar Land, TX 77479

<https://www.drajjohnson.com/>**Specialties:** Psychological Testing and Therapy Services**Amelia Johnson, MS, LPC, NCC.....713-466-1360****Cy-Hope Counseling**

12715 Telge Rd

Cypress, TX 77429

<https://cy-hopecounseling.org/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples, and Families**Specialties:** ADHD, anxiety, trauma, OCD, and women's sexual health issues. Amelia also offers ADHD coaching for older teens and adults, as well as parent coaching for parents of children with ADHD.**Barbara Johnson, LPC-S.....281-467-1956****Katy Family Solutions**

24044 Cinco Village Center Blvd., Ste. 100

Katy, TX 77494

www.katyfamilysolutions.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anger Management, Behavioral Issues, Grief, Relationship Issues, Stress

- Briana Johnson, LPC**.....**281-394-1379**
LG Counseling
 440 Cobia Drive, Suite 1004
 Katy, TX 77494
www.lgcounseling.com
Population Served: Children, Adolescents, and Adults
Specialties: Comprehensive Counseling, Specialized Support for High Achievers, and Advanced Brain Health Coaching
- Crysy Johnson, LPC**.....**832-757-5856**
Right Mentality Mental Health and Wellness
 4220 Cartwright Rd Ste.1002
 Missouri City, TX 77459
<https://www.rightmentalitypllc.com/>
Population Served: Adults
Specialties: Depression, Anxiety, Trauma, LGBTQIA+, Codependency
- Dan Johnson, LPC**.....**281-968-9119**
Reid Counseling Group, PLLC
 1832 Snake River Road, Unit A
 Katy, TX 77449
<https://reidcounseling.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, Families and Groups
Specialties: Spiritual issues, Substance abuse, Sexual addiction, Depression, Anxiety, Grief management, and Relationship centered issues.
- Maggie Johnson, MS, M.Div., LPC**.....**832-876-3232**
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples
- Natassia Johnson, PhD, LPC-S**.....**346.614.1636**
NDJ Psychology
 Sugarcreek Executive Suites, 54 Sugar Creek Center Blvd., Ste. 200
 Sugar Land, TX 77478
<https://www.dnjpsychology.com/>
Specialties: Anxiety, Depression, Identity, Trauma
- Rachel Johnson, LPC-Associate**.....**(832) 305-6164**
Supervised By: Robyn D Reyna, LPC-S, RPT-S
Calming Communities Counseling & Wellness
 16225 Park Ten Place, Ste. 870
 Houston, TX 77084
<https://www.calmingcommunities.com/>
Population Served: All Ages
Specialties: Depression, Anxiety, Grief, Anger, Divorce, Relationship Conflicts

- Shannon Johnson, M.A., LMFT, LCDC.....281-277-8811**
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adults
Types of Services: Individuals, Couples, Groups
Specialties: Addictions, Substance Use, Abuse, Anxiety, Depression, Betrayed Partners, PTSD, EMDR, Sexual/Pornography Addiction
- Jessica Johnson-Hewitt, LPC.....(281) 962 6025**
In My Heart Psychology and Counseling
 3750 South Mason Road, Ste. 550
 Katy, TX 77450
<https://www.inmyheartcounselingandpsychologicalservices.com/>
- Brina Johnston, M.A., LPC, CART, CCTP.....713-969-8964**
Mosaic Tree Counseling
 2600 Gessner Rd., #203
 Houston, TX 77080
<https://mosaictreecounseling.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, Trauma and PTSD, Men's Issues
- Alia Jones, LMSW.....979-464-9744**
Supervised By: Steven Parks, LCSW-S, RPT-S, MBA
The Healing Place
 56 Sugar Creek Center Blvd, Suite 160
 Sugar Land, TX 77498
<https://www.thehealingplacetherapy.com/>
Population Served: Adults
Types of Services: Individuals
- Dana Jones, LPC - Associate.....(346) 440-1800**
Supervised By: Dr. Tiffany Chaney, LPC-S
Texas Counseling Center
 25145 Star Lane, Ste. 305
 Katy, TX 77494
<https://texascounseling.center/katy/>
Specialties: Stress, Grief, Anxiety, Depression, Relationship Challenges
- Dr. Angela Jones, Ph.D., LPC, CST.....(713) 365-9015**
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Specialties: Individuals experiencing feelings of physical and emotional disconnection. Also problematic sexual behaviors, and sexual identity.

Mindy Jones, LPC-Associate.....832-563-0170

Supervised By: Mark Cagle, LPC-S

Becoming to Belong Counseling

633 E. Fernhurst Dr., Ste. 703

Katy, TX 77450

<https://b2bcounseling.com/>

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Grief, Infidelity, Marriage Counseling, Relationship Issues, Trauma and PTSD

Sammie Jones, MA, LPC.....832-237-COPE (2673)

Houston Psychotherapists

21212 Northwest Freeway, Ste. 455

Cypress, TX 77429

<https://houstonpsychotherapists.com/>

Specialties: Mood management, depression, anxiety, communication, and overall life satisfaction.

Audra Jones-Partee, M.Ed., LPC.....713-365-0700

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350

Houston, TX 77079

<https://renewinghope.net/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Stress, Trauma, Crises, Relationship Challenges

Cindy Joseph, PhD.....832-205-8124

11111 Katy Fwy Suite 910

Houston, TX 77079

<https://www.soleypcs.com/>

Specialties: Psychological Testing, Anxiety, Trauma, Depression, Stress

Dieula Joseph, LCSW, LCDC.....281-208-7472

Gallant Counseling Services

4501 Cartwright Road, Ste. 304

Missouri City, TX 77459

<https://gallantcounseling.com/>

Specialties: Mental Health and Substance Abuse

Sarah Joyner, M.A., NCC, LPC.....281-829-1599

Katy Child Psychology

1113 Ave. B

Katy, TX 77493

www.katychildpsychology.com

Types of Services: Individuals, Families

Specialties: ADHD, Anxiety, Behavioral Issues, Depression

Nathan P. Juenke, LPC.....281-579-0703

Stone Creek Psychotherapy and Wellness Center

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Developmental Issues, Academic Issues, Career Assessments

Colleen Jungersen, PhD.....(281) 962 6025

In My Heart Psychology and Counseling

3750 South Mason Road, Ste. 550

Katy, TX 77450

<https://www.inmyheartcounselingandpsychologicalservices.com/>

Population Served: Children, Adolescents

Specialties: Therapy and Psychological Testing

Sophia Jurecek, B.S., LMSW.....(832) 657-1642

Supervised By: Max Arzola, LCSW-S

Empathy First Clinical Counseling and Consulting

7790 West Grand Pkwy. South, Ste. 103

Richmond, TX 77406

<https://www.empathyfirstclinical.com/home>

Skye-Lynn Kaase, LCSW.....281-519-9554

Patched Hearts Place

410 Alpine Lane

Brookshire, TX 77423

www.patchedheartspplace.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Groups

Specialties: Anxiety, Grief, Self-Harming, Suicidal Ideation, Trauma and PTSD

Lisa Kampwerth, LCSW.....281-858-3001

Motivations Counseling

24044 Cinco Village Center Blvd., Ste. 100

Katy, TX 77494

<https://motivationscounseling.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, Families

Specialties: Parent/Child Relationships, Anxiety, Depression, Trauma, Abuse, Bipolar, Substance Use, Couples Issues

Brooke Falgoust Kaplan, M.S., LPC, NCC.....(713) 365-9015

Heritage Behavioral Health Consultants

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>

Population Served: Children, Adolescents, and Young Adults

Specialties: ADHD, learning disabilities, and anxiety.

Naim Karabanoff, MS, LPC - Associate.....832-876-3232*Supervised By: Ana M. Collazo, LPC-S***Sugar Land Counseling Center**

16400 Kensington Dr.

Sugar Land, TX 77479

<https://www.sugarlandcounseling.com/>**Population Served:** Children, Teens, Adults**Specialties:** Anxiety, ADHD symptoms, Autism challenges, Big emotions, Social skills, Life skills, Behavioral concerns, Low self-esteem, Trauma, Depression, Difficulty adjusting to changes at home or school**Selam Kebede, LPC.....832-306-3780****Inner Peace Counseling and Coaching Services**

14090 Southwest Freeway, Suite #300

Sugar Land, TX 77478

<https://innerpeacecounselingandcoaching.com/>**Michael Keenan, PhD.....713-521-7244**

12727 Kimberley Lane, Suite 103

Houston, TX 77024

<https://www.drmmichaelkeenan.com/>**Specialties:** Anxiety, Stress Management, Depression, Marriage and Relationship Therapy, Children, Adolescents, Young Adults**Harold Keller, LCSW.....302-547-9957****Guiding Light Counseling Services**

17510 Huffmeister Rd., Ste. 102

Cypress, TX 77429

www.glctexas.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Bipolar Personality, Depression, Dual Diagnosis, Stress**Rodney Keller, M.A., LPC-Associate.....713-969-8964***Supervised By: Dr. Maria Peters, LPC-S***Mosaic Tree Counseling**

2600 Gessner Rd., #203

Houston, TX 77080

<https://mosaictreecounseling.com/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anxiety, Bipolar Disorders, Oppositional Defiant, ADHD, Substance Abuse Disorders**Kelly's Counseling Services, LLC.....832-266-8737**

4501 Brast Rd.

Sealy, TX 77474

<https://www.kellyscounseling.net>

- Joanne Ketch, LPC-S, LMFT-S, LCDC, SAP**.....(281) 740-7563
 24618 Kingsland Blvd 2nd Floor, Room 8
 Katy, TX 77494
<https://joanneketch.com/>
Specialties: Co-Occurring Disorders, Depression, and Anxiety
- Adam Khalifa, LPC - Associate**.....(713) 628-3966
Supervised By: Kellie Klinck, LPC-S, Tammer Malaty, MS, LPC
Malaty Therapy
 11211 Katy Fwy # 300
 Houston, TX 77079
<https://malatytherapy.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Trauma, Couples, Anxiety, and Family struggles.
- Nuzhat "Nizzy" Khan, M.A, M.Ed., LPC**.....832-407-0487
Memorial Relationships and Couples Center
 955 Dairy Ashford, Ste. 108
 Houston, TX 77079
<http://www.rociiotharplpclmfta.com>
Specialties: She is multilingual and can speak Urdu, Punjabi, and Pashto.
- Shazia Khan, M.A, M.Ed., LPC Associate**.....281-940-8515
Supervised By: Jana Henry, LPC-S
West Houston Counseling Center, PLLC
 23227 Red River Drive
 Katy, TX 77494
<https://westhoustoncounseling.com/>
Types of Services: Individuals and Couples
Specialties: Grief/Regret/Shame, Couples, Generational Trauma, Inner Child Wounds, Life Transitions, Empty Nesting, Relationship Stress
- Mari Kidd, MS, LPC, NCC**.....713.510.3101
Rooted Well Counseling
 17302 House Hahl Rd
 Cypress, TX 77433
<https://www.rootedwellcounseling.com/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals and Families
Specialties: Anxiety, Attachment, Depression, Behavioral Concerns, Grief, Parenting, Trauma, Play Therapy
- Ashley King, Ph.D., LPC, LMFT**.....346-206-3992
The Resilience Center of Houston
 14930 Mueschke Rd., Ste. 100
 Cypress, TX 77433
<https://www.resiliencecenterhouston.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Family Conflict, Parenting, Pregnancy, Prenatal, Postpartum

Cindy King, PhD, LPC.....281-758-8842

Center for Psychological Health

24044 Cinco Village Center Blvd, Suite 100
Katy, TX 77494

<https://www.ctrpsyhealth.com/>

Population Served: Teenagers and Adults

Specialties: CBT, Psychological Evaluations for ADHD and Autism

Kristin King, LPC-S.....832-421-8714

Sequoia Counseling Center

17920 Huffmeister Rd., Ste. 150
Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma, Attachment Wounds, Depression, Anxiety, Relationship Issues, Sex Therapy

Claudine Kirby, M.A., LPC.....832.945.3139

Heart 2 Heart Counseling Services

4855 Riverstone Blvd, Ste. 102
Missouri City, TX 77459

<https://heart2heartsservices.org/>

Population Served: Adolescents and Adults

Specialties: Anxiety, Depression, Grief, Self-Care, Relationship Issues

Carly Kirk, LCSW-S.....832-514-1481

The Well Counseling - Katy

1511 Ave. C.
Katy, TX 77493

www.thewellcounselingkaty.com/

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Relationship Issues, Trauma and PTSD, Women's Issues

Leslie Kleyweg, LPC.....832-519-8779

Yellow Paint Counseling

13501 Katy Fwy.
Houston, TX 77079

<https://yellowpaintcounseling.com/>

Population Served: Adults

Types of Services: Individuals

Specialties: Depression, Anxiety, Trauma and PTSD

- Katie Knapp, MA, M.Ed., LPC**.....(713) 365-9015
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Types of Services: Individuals and Families
Specialties: Postpartum women and parents, identity shifts and the emotional demands of parenthood, manage stress, burnout, anxiety, and depression
- Brandy Kness, LPC-Associate, NCC**.....713-466-1360
Supervised By: Jasper Gates, M.A. LPC-S
Cy-Hope Counseling- Waller Location
 1210 A St, Suite G
 Waller, TX 77484
<https://cy-hopecounseling.org/>
Population Served: Teens, Young Adults, Adults
Types of Services: Individuals
Specialties: Life transitions
- Abbey Kniffin-Munoz, MA, LPC, NCC**.....713-466-1360
Cy-Hope Counseling
 12715 Telge Rd
 Cypress, TX 77429
<https://cy-hopecounseling.org/>
Population Served: Children, teens, and women
Types of Services: Children, teens, and women
Specialties: Life transitions
- Eileen Knight-McFarland, LCDC**.....(713) 628-3966
Malaty Therapy
 11211 Katy Fwy # 300
 Houston, TX 77079
<https://malatytherapy.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals
Specialties: Compulsive behaviors, Relationship issues, Family conflict, Self-Esteem
- Joshua Knox, PhD**.....713-322-9674
 21216 Northwest Fwy, Ste. 450-JK
 Cypress, TX 77429
<https://www.cypresstherapist.com/>
Specialties: Depression, Anxiety, Men's Issues, Anger Management, Relationship Issues
- Nadia Knutzen, LPC-Associate**.....(713) 365-9015
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Population Served: Adolescents and Adults
Specialties: Anxiety, mood disorders, performance challenges, emotional regulation, infidelity, PTSD, substance use.

Tara Kong, LPC.....832-913-8747

Katy Psychological Services, PLLC

24546 Kingstand Blvd

Katy, TX 77494

<https://www.katypsychservices.com/>

Specialties: Trauma, anxiety, depression, parenting, women's issues, sexual assault/abuse, domestic violence, life transitions, establishing healthy boundaries, Christian based counseling, relationship issues and self esteem

Angela Koslan, LPC-Associate.....(281) 277-8811

Supervised By: Jeanne Hensley, M.S., LPC-S

Houston Center for Christian Counseling

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals

Specialties: Abortion Recovery, Abuse, Anxiety, Depression, PTSD, EMDR.

Rachel Kossar, LPC.....979-233-1584

MYS Counseling and Assessment

2717 Commercial Center Blvd., Ste. E200

Katy, TX 77494

<https://myscounseling.com/>

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: ADHD, Anger Management, Anxiety, Behavioral Issues, Depression, Stress, Testing and Evaluation

Michael Kouba, MA, LPC.....281-205-7997

Cypress Therapy and Counseling

17774 Cypress Rosehill Road, Ste. 400

Cypress, TX 77429

<https://cypresstherapyandcounseling.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Grief, Conflict Resolution, Spiritual Issues.

Cynthia Kowalis, MS, LPC-Associate, NCC.....281-849-4080

Supervised By: Ryan P. Holliman PhD LPC-S

Your Family Psychiatrist

12247 Queenston Blvd., Suite D

Cypress, TX 77095

<https://www.yourfamilypsychiatrist.com/>

Types of Services: Individuals

Specialties: Anxiety, Depression, Post-traumatic stress disorder, Obsessive-compulsive disorder, Personality disorders, Substance abuse, Grief, and Loss

McKenna Koy, LPC-Associate.....281-398-0022*Supervised By: Jeanne Hensley, M.S., LPC-S***Houston Center for Christian Counseling**

609 Park Grove, Ste B

Katy, TX 77450

<https://www.christiancounselinghouston.com/>**Population Served:** Adolescents and Adults**Types of Services:** Individuals**Specialties:** Emerging adulthood, relationship difficulties, complex trauma, individuals struggling with anxiety, gifted and high-performing adolescents, high-achieving professionals, former athletes, disability, chronic illness, depression, grief, stress, panic**Richele Kramer, LMFT - Associate.....713-466-1360***Supervised By: Cynthia R. Carter LMFT-S, LPC-S***Cy-Hope Counseling**

12715 Telge Rd

Cypress, TX 77429

<https://cy-hopecounseling.org/>**Population Served:** Adolescents, Young adults, Couples, Families**Types of Services:** Individuals, Couples, Families**Specialties:** Life transitions, Trauma**Candice Kretschman, LPC-Associate.....281-205-7997***Supervised By: Tiffany Priska, LPC-S***Cypress Therapy and Counseling**

17774 Cypress Rosehill Road, Ste. 400

Cypress, TX 77429

<https://cypresstherapyandcounseling.com/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Bilingual- English and Spanish**Debie Kyles, MS, LCSW.....281-277-8811****Houston Center for Christian Counseling**

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>**Population Served:** Adults**Types of Services:** Individuals and Couples**Specialties:** Substance Use, Anger Management, Anxiety, Depression, EMDR, PTSD, Emotional Regulation.**Caroleen "Nyree" Kyoumjian, M.Ed., LPC.....281-940-8515****West Houston Counseling Center, PLLC**

23227 Red River Drive

Katy, TX 77494

<https://westhoustoncounseling.com/>**Population Served:** Children, Adolescents, and Adults**Specialties:** Attachment Focused Therapy, Inner Child Work, Trauma Resilience and Regulation

Sarah Lacey, M.Ed., LPC.....(281) 398-0022

Houston Center for Christian Counseling

609 Park Grove, Ste B
Katy, TX 77450

<https://www.christiancounselinghouston.com/>

Population Served: Ages 11 and up.

Types of Services: Individuals and Families

Specialties: Trauma, grief, self-esteem, transitions, suicidal ideation and self harm, anxiety, and general life struggles.

Dustin Laich, MA, LPC.....281-398-0022

Houston Center for Christian Counseling

609 Park Grove, Ste B
Katy, TX 77450

<https://www.christiancounselinghouston.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals and Couples

Specialties: Anger Management, Codependency, Sex/Porn Addiction, Infidelity, Marital Problems.

Julie Lamb, LCSW.....832-880-4696

24285 Katy Fwy, Suite 300
Katy, TX 77494

<https://www.insight-counsel.com/>

Types of Services: Individuals and Couples

Lori Lambert, LPC, NCC.....(832) 930-3290

12337 Jones Road, Suite 241
Houston, TX 77070

[https://headway.co/providers/lori-](https://headway.co/providers/lori-lambert?utm_source=pem&utm_medium=direct_link&utm_campaign=84920)

[lambert?utm_source=pem&utm_medium=direct_link&utm_campaign=84920](https://headway.co/providers/lori-lambert?utm_source=pem&utm_medium=direct_link&utm_campaign=84920)

Population Served: Children, Adolescents, and Adults

Specialties: Anxiety, Depression, Women's issues, Identity issues, Trauma

Laurel Lampasas, MA, LPC.....(281) 277-8811

Houston Center for Christian Counseling

402 Julie Rivers Dr
Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Ages 5 and older

Types of Services: Individuals

Specialties: Anxiety, depression and behavioral issues.

Alison Lampton, M.Ed., LPC.....832-630-0777

Tranquil Hearts Counseling Center

16712 Huffmeister Road, Building 400A
Cypress, TX 77429

<https://www.tranquilheartscounselingcenter.com/>

Specialties: Infertility, Anxiety/Stress, Depression, Life Transitions, Grief/Loss, and Self-Esteem.

Stacey Lanier, PhD, LP.....713-504-3775

8525 FM 359, Suite 203

Fulshear, TX 77441

<https://drstaceylanier.com/>**Population Served:** Adolescents and Adults**Types of Services:** Individuals, Couples, Families, and Groups**Specialties:** Depression, Anxiety, PTSD, OCD, Relationship Counseling**Dr. Angela Larery713-900-5557****Sugar Land Neuropsychology**

12603 Southwest Freeway, Suite 626

Sugar Land, TX 77477

<https://www.sugarlandneuropsych.com/professionals>**Specialties:** Neurocognitive Assessments**Nikki Larsen, M.MFT, LMFT.....713-367-1530****Starlight Counseling Center**

17840 Mound Rd., Ste. E

Cypress, TX 77433

www.starlightcounselingcenter.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** ADHD, Anxiety, Depression, Relationship Issues, Stress**Renee Lasprilla, LMSW.....713-466-1360***Supervised By: Beverly Rogers, LCSW-S***Cy-Hope Counseling- Waller Location**

1210 A St, Suite G

Waller, TX 77484

<https://cy-hopecounseling.org/>**Population Served:** Adolescents and Individual adults**Types of Services:** Adolescents and Individual adults**Specialties:** Life transitions, Life stressors**Keily Alfieri Lauria, LPC.....281-940-8515****West Houston Counseling Center, PLLC**

23227 Red River Drive

Katy, TX 77494

<https://westhoustoncounseling.com/>**Population Served:** Children, Adolescents, and Adults**Specialties:** Play Therapy, LENS Neurofeedback, Anxiety, Depression, and Anxiety Related Disorders.**Mason Law, MA, LPC-Associate.....(281) 762-1825***Supervised By: Michael Cox (MA, LPC-S)***Barnhill and Associates**

8410 Hwy 90A, Suite 160

Sugar Land, TX 77478

<https://www.barnhillcounseling.com/>

Nora Law, LCSW.....(281) 746-2704

Life's Journey Counseling and Community Services

12238 Queenston Blvd Suite G

Houston, TX 77095

<https://ljcounseling.org/>

Types of Services: Individuals

Victoria Lawniczak, LPC - Associate.....(832) 406-4304

Supervised By: Kelly Peyton, LPC-S, RPT-S

Katy Counseling

633 E Fernhurst Dr. Ste 1102

Katy, TX 77494

<https://katycounseling.com>

Population Served: Children, Adolescents, and Adults

Specialties: Play Therapy, Christian Counseling

Melanie Leal, LPC-Associate.....(713)-309-6772

Supervised By: Robyn D Reyna, LPC-S, RPT-S

Calming Communities Counseling & Wellness

16225 Park Ten Place, Ste. 870

Houston, TX 77084

<https://www.calmingcommunities.com/>

Population Served: Kids, Teens, and Young Adults

Specialties: LGBTQ, Divorce, Depression, Anxiety, Play Therapy

Renee Lederman, LPC.....(832)-969-3885

9575 Katy Fwy, #291

Houston, TX 77024

<https://relationalhealingtx.com/>

Types of Services: Individuals, Couples, and Families

Specialties: Specializing in marriage counseling, couples therapy, and addressing love addiction and avoidance issues.

Allie Lee, LPC-Associate.....(346) 809-3700

Supervised By: Frank J. Ortiz, MS, NCC, LPC-S, LPCC

District Counseling

11999 Katy Fwy, Ste. 625

Houston, TX 77079

<https://districtcounseling.center/memorial/>

Antoine Lee, LMHC, LPC.....(281) 846-4616

Twelve 2 Christian Counseling

522 Brooks Street

Sugar Land, TX 77478

<https://twelvetwocounseling.com/>

Types of Services: Individuals and Couples

Specialties: Christian Counseling. Depression, anxiety, and stress-related disorders.

- Gina Lee, MA, LPC**.....(713) 365-9015
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Specialties: EMDR, PTSD, abuse, anxiety, depression, low self-esteem, betrayal, divorce recovery, gender identity, racial injustice, and spiritual trauma.
- Juri Lee, LPC-S**.....(281) 277-8811
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals
Specialties: ADHD, Anxiety, Depression, Behavioral Issues, Emotional Regulation, OCD, PTSD
- Matt Lee, LPC**.....(281) 277-8811
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals and Couples
Specialties: Substance Use, Anger Management, Anxiety, Depression, Trauma, EMDR, Couples and Relationship Issues.
- Tammy Lee, LPA, LPC, EMDR certified**.....(979) 459-8122
Cypress Mental Health
 8118 Fry Rd Ste 203
 Cypress, TX 77433
<https://cypressmh.com/>
- Tina Lee, MA, LPC**.....832.945.3139
Heart 2 Heart Counseling Services
 4855 Riverstone Blvd, Ste. 102
 Missouri City, TX 77459
<https://heart2heartcounseling.org/>
Specialties: Childhood Trauma, Life Transitions, Academics, Anxiety
- Young Lee, PhD, LPC, LP**.....713-984-1314
Christian Counselors of Houston
 952 Echo Lane Suite #335
 Houston, TX 77024
www.christiancounselors.net
Population Served: Children, Adolescents, and Adults
Types of Services: Individual, Families, and Groups
Specialties: Depression, Grief, Marital Difficulties, Parenting Problems, Trauma and Abuse

Stephanie A Legendre, MA, LPC-S, RPT.....281-940-8515

West Houston Counseling Center, PLLC

23227 Red River Drive

Katy, TX 77494

<https://westhoustoncounseling.com/>

Population Served: Children, Adolescents, and Adults

Specialties: Emotional Regulation, Strong- Willed Children, Divorce/Family Work, Trauma

Tracy K. Lehman, MA, LMFT-S.....(832) 639-0326

Emover Collective Counseling

24285 Katy Fwy, Ste 300

Katy, TX 77494

<https://www.emovercollectivecounseling.com/>

Types of Services: Individuals, Couples, and Families

Brenda K Leiber, MA, LPA, LPC.....281-491-4455

Southwest Therapy Association

120 Eldridge Rd, Suite D

Sugar Land, TX 77478

<http://southwesttherapyassociation.com/>

Types of Services: Individuals, Couples, and Families

Specialties: Depression, Anxiety, Borderline Personality Disorder, Marital Problems, Eating Disorders, Gay/Lesbian Issues

Leah Lemonte, LPC.....(832) 406-4304

Katy Counseling

633 E Fernhurst Dr. Ste 1102

Katy, TX 77494

<https://katycounseling.com>

Population Served: Children and Adolescents

Specialties: LENS Neurofeedback, Court Involved Family Work, Eating Disorders, Sports Psychology

Ty David Lerman, PhD, LPC-S, CST, QTAP.....832-942-8823

2500 Wilcrest, Suite 401

Houston, TX 77042

<https://www.tdlcounseling.com/>

Population Served: Adolescents and Adults

Specialties: Anxiety, Trauma, Sexual Orientation, Trauma, Impulse Control, Hypnosis

Stella L. Lessert, LCSW.....281-549-0703

Stone Creek Psychotherapy and Wellness Center

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Family Dynamics, Unexpected Life Changes, Depression, Anxiety, Grief, Domestic Violence, Self-Esteem

Sara Letizia, LPC.....(281)-454-3110

Bonafide Therapy

24618 Kingsland Blvd

Katy, TX 77494

<https://www.bonafidetherapypllc.com/>

Specialties: Childhood Trauma, Narcissistic Abuse, Complex PTSD

Aliyah Lewis, LPC-Associate.....(346) 440-1800

Supervised By: Dr. Rick Ertell, Ed.D., LPC-S

Texas Counseling Center

4220 Cartwright Rd, Ste. 401

Missouri City, TX 77459

<https://texascounseling.center/missouri-city/>

Population Served: Adolescents and Adults

Specialties: Anxiety, depression, grief, trauma, and anger management

Cameron Lewis, LMSW.....(832) 717-7166

Greater Houston Counseling Services

8118 Fry Rd. Ste 601

Cypress, TX 77433

<https://www.greaterhoustoncounselingsrvcs.com/>

Specialties: Addiction recovery, parenting challenges, mood disorders, life transitions, anxiety

Nina Lewis, LPC-Associate.....281-519-6364

Katy Teen & Family Counseling, PLLC

23410 Grand Reserve Dr., Ste. 401 &402

Katy, TX 77494

www.katyteenandfamilycounseling.com

Specialties: Trauma-informed therapy for sexual abuse, alongside evidence-based treatment for ADHD, depression, anxiety, panic attacks, social anxiety, anger management, emotional dysregulation, motivation challenges, and procrastination.

Lifestance Health.....888-672-6853

12505 Memorial Dr, Suite 230

Houston, TX 77024

<https://lifestance.com/location/houston-tx-12505-memorial-dr/>

Specialties: Various types of providers with a variety of specialties.

LifeStance Health.....346-644-7333

22001 Southwest Fwy., Ste. 125

Richmond, TX 77469

<https://lifestance.com/location/state/texas/>

Specialties: Various types of providers with a variety of specialties.

Lifestance Health.....844-299-1642

1235 Lake Pointe Parkway Drive, Ste. 104

Sugar Land, TX 77478

<https://lifestance.com/location/sugar-land-tx-1236>

Specialties: Various types of providers with a variety of specialties.

Montoria Liggans, LPC.....346-360-8423**LMB Wellness**

18722 University Blvd., 2nd Flr., Ste. 239
Sugar Land, TX 77479

<https://www.lmbwellness.org>

Population Served: Children, Adolescents, and Adults

Specialties: Depression, Bipolar Disorder, Anxiety, Trauma, Grief, ADHD, Conduct Disorder

Dr. Tamy Lin, PsyD, PLP.....(281) 612-8580

Supervised By: Dr. Amelia Paquin

Nowlogy Psychology Experts

11211 Katy Fwy., Ste. 222
Houston, TX 77079

<https://nowlogy.com/texas-therapy/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples

Specialties: Anxiety, Depression, Autism, ADHD, Borderline Personality Disorder, PTSD, OCD, Chronic Pain, Eating Disorders

Adrianna Linares, LCSW-S.....281-829-8431**A Healing Path Counseling**

11929 University Blvd., Ste. B
Sugar Land, TX 77479

www.ahealingpathcounseling.com/

Population Served: Children, Adolescents

Types of Services: Individuals, Groups

Specialties: ADHD, Autism, Anxiety, Self-Esteem, Self-Harm

Fiona Lindgren, LPC-Associate.....713-365-0700

Supervised By: Sarah Bradshaw, LPC-S

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350
Houston, TX 77079

<https://renewinghope.net/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Family Issues, Relationship Issues, Anxiety, Crisis and Trauma, Stress Management, Depression

Daniela Huerta Lira, LPC.....409-245-9894**Evergreen Counseling**

23211 Red River Drive
Katy, TX 77494

<https://www.evergreencounselingtx.com/about>

Types of Services: Individuals, Couples, and Families

- Brent LoCaste-Wilken, LCSW**.....**346-363-9002**
Greater Houston Psychiatric Associates, PLLC
 2901 Wilcrest Dr., Ste. 520
 Houston, TX 77042
www.blwtherapy.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, OCD, Bipolar Disorder, Trauma, PTSD, Grief and Loss, Biblical Guidance, Relationship Issues
- Viviane Lock, LPC**.....**(346) 440-1800**
Texas Counseling Center
 25145 Star Lane, Ste. 305
 Katy, TX 77494
<https://texascounseling.center/katy/>
Population Served: Adults
Specialties: Depression, Anxiety, Trauma, Life Transitions
- Dr. Cheri Locke, PhD, MA, LPC-S, CST, CCTP**.....**(832) 545-4148**
Counseling Center at Cinco Ranch
 23236 Kingsplace Dr.
 Katy, TX 77494
<https://lockecounselingandconsulting.com/>
Types of Services: Individuals and Couples
Specialties: Depression, Anxiety, Divorce Recovery, Sex Therapy
- Rita Kronfeld Loeb, LCSW**.....**(832) 669-7922**
Houston Mind and Brain
 9432 Katy FWY Suite 460
 Houston, TX 77055
<https://houstonmindandbrain.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples
- Jada Long, LCSW**.....**346-763-9744**
therapy@mor
 101 Southwestern Blvd
 Sugar Land, TX 77478
<https://therapyandmor.com/therapy-in-sugar-land/>
Population Served: Adolescents and Adults
Specialties: Anxiety, Trauma, LGBTQIA+, BIPOC, Infertility, Depression
- Alaina Lopez, M.A., LPC-S, CART, RPT**.....**832.945.3139**
Heart 2 Heart Counseling Services
 4855 Riverstone Blvd, Ste. 102
 Missouri City, TX 77459
<https://heart2heartservices.org/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Anger Management, Play Therapy, Depression, Parenting, ADHD, Anxiety, Bipolar, Couples Counseling

Brenda Lopez, M.A., LPC-S, RPT-S.....281-498-4673

Fort Bend Christian Counseling Center

2117 Avenue I

Rosenburg, TX 77471

<https://www.fortbendccc.com/>

Population Served: Toddlers, Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Blended Families, Depression, Divorce, Domestic Abuse, Grief, Parenting, Self-Harming, Sexual Abuse, Spirituality, Stress, Suicidal Ideation, Trauma and PTSD, Women's Issues

Elizabeth Lopez, LMSW.....(281) 305-9387

Cypress Counseling and Wellness

16693 Huffmeister Rd.

Cypress, TX 77429

<https://cypress-counseling.com/>

Types of Services: Individuals and Families

Lizareli Bravo Lopez, MA, LPC.....(346) 440-1800

Texas Counseling Center

800 Bonaventure Way Suite 156

Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals and Families

Specialties: PTSD, anxiety, depression, and other mood disorders.

Emily Lorencia, LPC-Associate.....(832) 717-7166

Supervised By: Maria Benezra, LPC-S

Greater Houston Counseling Services

8118 Fry Rd. Ste 601

Cypress, TX 77433

<https://www.greaterhoustoncounselingsrvcs.com/>

Population Served: Teens and Adults

Types of Services: Individuals and Couples

Specialties: Anxiety, depression, trauma, chronic pain, addiction, and relationship difficulties

Richard Lourie, LP.....832-277-7817

2500 Tanglewilde, Suite 345

Houston, TX 77063

<https://www.louritherapy.com/>

Types of Services: Individuals and Couples

Specialties: Depression, Anxiety, Phobias, ADHD, Relationship Issues, Stress

- Chaunta' Love, M.S., LPC**.....346-560-4894
Lillies With Love, PLLC
 1035 Dairy Ashford Rd., Ste. 152
 Houston, TX 77079
<https://lilieswithlove.org/>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Marriage Counseling, Pregnancy, Prenatal, Postpartum, Self-Esteem, Trauma and PTSD
- Angie Luna, LPC-Associate**.....346-514-4604
Supervised By: Francisco Ortiz, LPC-S
District Counseling
 12258 Queenston Blvd., Ste. A
 Houston, TX 77095
<https://districtcounseling.center/cypress/>
Population Served: Adolescents and Adults
- Jaelene Luna, LCSW**.....713-489-3087
Bloom and Mind Counseling and Play Therapy
 2116 Thompson Road Suite 102
 Richmond, TX 77469
<https://www.bloomandmindplaytherapy.com/>
Population Served: Children and Teenagers
Specialties: Play Therapy, Sand Tray Therapy, EMDR
- Rebeca Luo, MA, LPC**.....(281) 846-4616
Twelve 2 Christian Counseling
 522 Brooks Street
 Sugar Land, TX 77478
<https://twelvetwocounseling.com/>
Specialties: Christian Counseling
- Mary Lyles, PhD, LCSW**.....281-712-1023
Katy Family Counseling
 23234 Red River Drive
 Katy, TX 77494
<https://www.katyfamilycounseling.com/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals and Families
Specialties: Trauma, PTSD, Couples, Relationships, Grief, Anxiety, EMDR, Play Therapy, Depression
- Laura Lynch, LPC**.....832-205-8189
Blue Couch Counseling and Consulting
 1011 S Texas 6 Suite 325
 Houston, TX 77077
<https://www.bluecouchcounseling.org/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals and Families
Specialties: Registered Play Therapist

Jasmine Major, LCSW.....979-464-9744

The Healing Place

56 Sugar Creek Center Blvd, Suite 160
Sugar Land, TX 77498

<https://www.thehealingplacetherapy.com/>

Population Served: Children, Adolescents, Families

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Trauma-related symptoms, Self-esteem difficulties, Neurodevelopmental disorders, Oppositional and conduct disorders, Adjustment disorders

Tammer Malaty, LPC.....(713) 628-3966

Malaty Therapy

11211 Katy Fwy # 300
Houston, TX 77079

<https://malatytherapy.com/>

Types of Services: Individuals

Specialties: Compulsive behaviors, Trauma, Depression, and Anxiety

Kristin Malejan, LCSW.....832-224-5781

West Houston Counseling and Psychology

14133 Memorial Dr., Ste. 7
Houston, TX 77079

www.westhoustonpsych.com

Population Served: Adults, Elders

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Women's Health, Reproductive Health, Fertility Counseling, Miscarriage and Loss, High-Risk Pregnancy, Grief, Aging, Dementia

Alexander Malik, M.Ed., LPC-Associate.....346-570-1825

Supervised By: Bonnie Scott, LPC-S

Texas Counseling Center

800 Bonaventure Way, Ste. 122 & 156
Sugar Land, TX 77479

www.texascounseling.center/therapist/alexander-malik/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: CBT, DBT, Family Conflict, Relationship Issues, Communication, Parenting, Anxiety, Depression, Coping Skills

Ashley Malone, LMFT.....832-463-3711

Katy Child and Family Counseling Services

5502 4th Street
Katy, TX 77493

<https://www.katychildandfamily.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, depression, substance use, infidelity, ADHD, anger, grief and loss, trauma, parental divorce, blended families and a variety of other life adjustments.

Casey Mansfield, LPC, CCATP, ASDCS.....281-579-0703**Stone Creek Psychotherapy and Wellness Center**

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Conflict Resolution, Resiliency, Behavior Management, Self Esteem, Anxiety, Social Skills, Anxiety, Behavioral Disorders**Brittney Manuel, LPC-Associate.....(281) 849-9985***Supervised By: Rachel Morris, LPC-S***District Counseling**

14525 FM-529 E, Ste 105

Houston, TX 77095

<https://districtcounseling.center/copperfield/>**Population Served:** Teens and Young Adults**Specialties:** Childhood trauma, anxiety, depression, and emotional dysregulation**Elizabeth Marcum, MS, LPC, CEDS, NCC.....346-213-2711****Katy Dialectical Behavior Therapy Center**

468 Park Grove Dr.

Katy, TX 77450

<https://katydbt.com/>**Brianna Marsh, LMSW.....(346) 476-6424****District Counseling**

633 E Fernhurst Dr Unit 203

Katy, TX 77450

<https://districtcounseling.center/katy/>**Population Served:** Young Adults and Adults**Amanda Martin, Ph.D., LMFT-S, LPC, BCN.....832-422-8702**

24285 Katy Freeway, Ste. 400-K

Katy, TX 77494

<https://amandamartincounseling.com/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Relationship Issues, Mood Disorders, Sports Performance, Trauma and PTSD**Barbara Martin, LCSW.....832.942.4224****Hope & Harmony Therapy**

3880 Greenhouse Road, Ste. 10

Houston, TX 77084

<https://www.hopeandharmonytherapy.com/>**Population Served:** Children, Adolescents, and Adults**Specialties:** Relationships, depression, anxiety, stress/anger management, life/family transitions, grief & loss, trauma and abuse.

David Martin, M.A., LPC-S.....713-489-5473

Martin Counseling, PLLC

472 Park Grove Dr.

Katy, TX 77450

<https://www.martincounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Behavioral Issues, Emotional Issues, Relationship Issues

Debbie Martin, LPC-S, LMFT-S.....281-900-9575

Hope & Harmony Therapy

3880 Greenhouse Road, Ste. 10

Houston, TX 77084

<https://www.hopeandharmonytherapy.com/>

Types of Services: Individuals and Families

Specialties: Depression, grief, parenting, and anxiety. In addition, she can help clients coping with divorce, modifying behaviors, and improving communication skills.

Tiffany Martin, M.A., LPC-S, CCTP.....832.945.3139

Heart 2 Heart Counseling Services

4855 Riverstone Blvd, Ste. 102

Missouri City, TX 77459

<https://heart2heartservices.org/>

Population Served: Children, Adolescents, and Adults

Specialties: CANS Assessments, Depression, Anxiety, Grief, Play Therapy

Angela Paola Martinez, MS, LPA.....713-789-7560

Stuart J. Nathan, Ph.D. and Associates

2450 Fondren Rd. Suite 312

Houston, TX 77063

<https://www.mental-health-houston.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Cognitive-behavioral therapy (CBT) for anxiety, depression, trauma, life transitions, relationship concerns, and stress management. Bilingual (English/Spanish)

Dorian Martinez, LPC-Associate.....(281) 849-9985

Supervised By: Nashema Hatten, LPC-S

District Counseling

14525 FM-529 E, Ste 105

Houston, TX 77095

<https://districtcounseling.center/copperfield/>

Specialties: Anger management, anxiety and depression, substance abuse, contemporary masculinity, and multicultural issues. Bilingual (English/Spanish)

Katarina Martinez, M.S., LPC-Associate.....713-489-5473

Supervised By: David B. Martin, M.A., LPC-S

Martin Counseling, PLLC

472 Park Grove Dr.

Katy, TX 77450

www.martincounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Self-esteem, bullying, life changes, stress management, relationship building, play therapy, sand tray therapy.

Sunetra Martinez, LPC-S, School Counselor.....832-876-3232

Sugar Land Counseling Center

16400 Kensington Dr.

Sugar Land, TX 77479

<https://www.sugarlandcounseling.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Vivian Martinez, LPC.....(346) 809-3700

District Counseling

11999 Katy Fwy, Ste. 625

Houston, TX 77079

<https://districtcounseling.center/memorial/>

Types of Services: Individuals and Families

Specialties: LGBTQ+, anxiety, depression, trauma, and relationship challenges, bilingual (English/Spanish).

LaToya Martin-Jackson, MA, LPC-S.....(281) 746-2704

Life's Journey Counseling and Community Services

12238 Queenston Blvd Suite G

Houston, TX 77095

<https://ljcounseling.org/>

Types of Services: Families, Children, Adolescents, Adults

Specialties: Anxiety, Depression, Anger-management, Transitions in life

Nanette Masterson, MA, LPC.....281-398-0022

Houston Center for Christian Counseling

609 Park Grove, Ste B

Katy, TX 77450

<https://www.christiancounselinghouston.com/>

Population Served: Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, Trauma, Depression, Borderline Personality, Betrayed Partners.

Isaiah Mathis, LPC-Associate.....(281) 503-1553*Supervised By: Andranique Goodman, LPC-S***The Inner Mind**

633 E Fernhurst Dr Suite 1304

Katy, TX 77450

<https://www.theinnermind.org/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Depression, Social Anxiety, Trauma**Dawnica Mathis-Huff, LCSW.....832-609-3156****Iconic Journey, PLLC**

14090 Southwest Fwy., Ste. 300

Sugar Land, TX 77478

<https://iconicjourney.org/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma, PTSD, Depression, Sexual and Physical Abuse, Addictions, Grief and Loss, Relationship Issues, Anxiety, Anger Management, Self Injurious Behaviors, Parent Child Conflict, Anxiety, Anger Management, Blended Families**HeeJu Matuszak, LPC-Associate.....(832) 717-7166***Supervised By: Maria Benezra, LPC-S***Greater Houston Counseling Services**

147 Bella Katy Dr.

Katy, TX 77494

<https://www.greaterhoustoncounselingsrvcs.com/>**Specialties:** Anxiety, depression, trauma, relationship issues, and life transitions**Tim Mavergeorge, LPC, LMFT, LCDC.....281-277-8811****Houston Center for Christian Counseling**

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>**Population Served:** Ages 16 and up.**Types of Services:** Individuals, Couples, and Families**Specialties:** Abuse, Anxiety, Depression, Christian Sex Addiction Specialist, PTSD, Marital Problems, Sexual/Pornography Addiction, Grief and loss, and Clergy Related.**Dr. Tioana Maxwell, PsyD.....832-900-9819****Bridging The Gap Psychological Services**

633 E Fernhurst Dr Unit 301

Katy, TX 77450

<https://bridgingthegappsyhcservices.com/home/>**Specialties:** Psychological Assessments and Evaluations

- Carlos Mazas, PhD**.....713-789-7560
Stuart J. Nathan, Ph.D. and Associates
 2450 Fondren Rd. Suite 312
 Houston, TX 77063
<https://www.mental-health-houston.com/>
Specialties: Treats patients with stroke, epilepsy, MS, trauma, addictions, cognitive impairments, Alzheimer's, Parkinson's disease, and other brain issues, among patients from all races and ethnicities, including Native Spanish speakers.
- Porsche McAlister, LPC-Associate**.....832.945.3139
Supervised By: Alaina Lopez, LPC-S
Heart 2 Heart Counseling Services
 4855 Riverstone Blvd, Ste. 102
 Missouri City, TX 77459
<https://heart2heartervices.org/>
Population Served: Children and Adolescents
Specialties: ADHD, Anxiety, Depression
- Aimee McAndrew, MSW, LCSW, CCTP**.....832-407-0487
Memorial Relationships and Couples Center
 955 Dairy Ashford, Ste. 108
 Houston, TX 77079
<http://www.rociiotharplplcmfta.com>
- Darren McArthur, MA, LPC**.....(281) 746-2704
Life's Journey Counseling and Community Services
 12238 Queenston Blvd Suite G
 Houston, TX 77095
<https://ljcounseling.org/>
Types of Services: Individuals, Couples, Families
- Na'Tasha McCarty, LPC-Associate**.....281-769-2238
Supervised By: Dr. Danielle Young, LPC-S, PSYD, NCC, LCDC-I
Clear Hope Counseling and Wellness
 1111 Hwy. 6, Suite 120
 Sugar Land, TX 77478
<https://www.clearhopewellness.com/our-therapists>
Specialties: Anger, Chronic Pain, Christian Counseling, Trauma, Depression
- Leah A McCoy, M.Ed., LPC-S**.....832-930-2716
The Legacy Center
 3 Sugar Creek Center Blvd. Suite 100
 Sugar Land, TX 77478
<https://www.thepoweroflegacy.org/>
Specialties: Couples, premarital preparation, relationship issues, sexual health and dysfunction, affair recovery, infertility, effective communication, conflict resolution, life transitions, women's issues, anxiety, depression, coping skills, stress, Spirituality

- Mary I McCullough, PhD, LPC-S, LSSP.....832-429-4917**
The Genesis Wellness Center
 23144 Cinco Ranch Blvd, Ste. B #194
 Katy, TX 77494
<https://www.drmarymccullough.com/>
Population Served: Children, Adolescents, and Adults
- Heather McCutcheon, M.A., LPC-Associate.....281-961-2967**
Supervised By: Kelly E. Peyton, LPC-S
Katy Counseling
 25714 Madison Falls Ln.
 Katy, TX 77494
<http://katycounseling.com>
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Divorce, Infidelity, Relationship Issues, Self-Esteem, Stress
- Sarah McDuffee, LPC-Associate.....(832) 406-4304**
Supervised By: Denny Chi-Sing Li – LPC Supervisor
Katy Counseling
 633 E Fernhurst Dr. Ste 1102
 Katy, TX 77494
<https://katycounseling.com>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Trauma, EMDR, LENS Neurofeedback
- Anina McGonagill, LPC-Associate.....(713) 365-9015**
Supervised By: Dr. Felecia Powell-Williams, Ed.D., LPC-S, RPT-S, FABP
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Specialties: Survivors of sex trafficking and domestic violence
- Kandys McKinley, DMFT, LPC-S, LSOTP-S, LCDC.....832-705-9208**
Restored Haven Counseling
 3 Sugar Creek Center Blvd, Ste 100
 Sugar Land, TX 77478
<https://www.restoredhaven.com/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Depression, Bipolar Disorder, ADHD, Anxiety, Conduct Disorder, Sex Therapy, Sex Offender Treatment, Couples Therapy

Dr. Jacqueline Jones McKinney, PHD. MSCP.....(713) 352-3166**Therapeutic Alliance and Testing Center**

7070 Knights CT, Suite 1301

Missouri City, TX 77459

<https://treatmentwithtate.com/>**Specialties:** Psychological testing, traumatic brain injury, neurological disorders, psychological trauma, marriage and family interventions, individual treatment, and geriatrics psychology.**Rebekah McKinney, LPC.....832-421-8714****Sequoia Counseling Center**

17920 Huffmeister Rd., Ste. 150

Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma, Relationship Issues, EMDR, Play Therapy**Carol McMurtry, LPC-Associate.....281-644-9159***Supervised By: Mary J. Ring, LPC-S***AP Counseling Group**

3402 Torchlight Terrace Ste. D

Katy, TX 77494

<https://www.apcounselinggroup.com/>**Population Served:** Children, Adolescents, Adults**Specialties:** Low self-esteem, Perfectionism, Anxiety, Depression, Eating disorders, Relationship problems.**Amara McPherson, LMFT-Associate.....832-463-3711***Supervised By: Lauren Barron, Ph.D., LMFT-S***Katy Child and Family Counseling Services**

5502 4th Street

Katy, TX 77493

<https://www.katychildandfamily.com/>**Specialties:** Teens and families who are feeling overwhelmed, disconnected, or stuck in painful cycles.**Rae McWilliams, M.S., LMFT-S, LCDC-I, ASOTP, AAMFT Approved****Supervisor.....346-702-0072****Equity Counseling Services**

17820 Mound Rd., Ste. H

Cypress, TX 77433

<https://equitycounseling.com/>**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families, Groups**Specialties:** Addiction, ADHD, Alcohol Use, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Blended Families, Codependency, Depression, Divorce, Trauma and PTSD

Brooke Medina, LCSW.....(281) 900-4477

Bench Therapy

17820 Mound Road, Suite D
Cypress, TX 77433
<https://benchtherapy.com/>

Angela Medina, LPC-S, NCC.....713-365-0700

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350
Houston, TX 77079
www.renewinghope.net/team/angela-medina

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Panic Attacks, ADHD, Self-Esteem, Life Transitions, School Related Challenges

Celine Medlock, LMFT.....713-828-0593

Counseling Concepts, P.C

13615 St. Mary's Lane
Houston, TX 77079
www.counselingconceptshouston.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Addictions, Eating Disorders, Depression, Weight Management, Abusive Relationships, Self-Esteem Issues

Ridhi Mehra, LPC-Associate.....(346) 440-1800

Supervised By: Jackeline Hurtado, MEd, LPC-S

Texas Counseling Center

5501 Cabrera Dr., Ste. 705
Sugar Land, TX 77479
<https://texascounseling.center/sugar-land-riverstone/>

Population Served: Children, Adolescents, Adults

Pablo Antonio Melendez, LPC-Associate.....713-365-0700

Supervised By: Laura Aguirre, M.A., LPC-S

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350
Houston, TX 77079
<https://renewinghope.net/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Men's Issues, Parenting, Family Conflict, Relationship Issues, Behavioral & Relational Challenges

Jonny Melgar, LMSW.....(832) 657-1642

Supervised By: Max Arzola, LCSW-S

Empathy First Clinical Counseling and Consulting

7790 W Grand Parkway South, Ste. 103
Richmond, TX 77406
<https://www.empathyfirstclinical.com/home>

- Cynthia A. Mellor-Crummey, Ph.D.**.....**281-242-1264**
 101 Southwestern Blvd., Ste. 109
 Sugar Land, TX 77478
 www.drcmellorcrummey.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Emotional Disturbance, Autism Spectrum Disorders, ADHD, Behavioral and Emotional Difficulties, Learning Disabilities
- Kelsee Melton, M.S., LMFT, LPC**.....**832-463-3711**
Katy Child and Family Counseling Services
 5502 Fourth St.
 Katy, TX 77493
 www.katychildandfamily.com/
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Anxiety, Blended Families, Divorce, Marriage Counseling, Parenting, Relationship Issues
- Aida Mendez, M.S., LPC-S**.....**281-940-7660**
Mendez Counseling Services, PLLC
 1832 Snake River Rd., Ste. E
 Katy, TX 77449
 www.mendezcounseling.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Loss, Trauma, Life Changes, Communication, Bullying, Anger, Anxiety, Divorce, Stress, Grief and Loss
- Elena Méndez-Knutson, LCSW**.....**832-975-0145**
Hope Psychotherapy of Houston
 17510 Huffmeister Road, Suite #102
 Cypress, TX 77429
<https://www.hopepsychotherapyofhouston.com/>
- Carlos Mendoza, M.A., LPC**.....**281-940-8515**
Connect Katy Counseling
 23227 Red River Dr.
 Katy, TX 77494
<http://www.connectkatycounseling.com/>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Family, Couples, Anger Management, Men's Issues
- Krista Merchant, M.A., LPA**.....**713-256-1157**
Raizner Pediatric Neuropsychology
 12946 Dairy Ashford Rd., Ste. 200
 Sugar Land, TX 77478
<https://childneuropsychologycenter.com/>
Population Served:
Types of Services: Individuals
Specialties: Alzheimer's/Dementia, Multiple Sclerosis, Strokes, Attention Problems, Learning Disabilities, Traumatic Brain Injury

Haylie Merchen, LMSW.....(281) 305-9387

Supervised By: Katherine Nazaroff, LCSW-S

Cypress Counseling and Wellness

16693 Huffmeister Rd.

Cypress, TX 77429

<https://cypress-counseling.com/>

Population Served: Children, Adolescents, and Adults

Specialties: Play Therapy

Harry Mergel, LPC, LMFT, CEAP.....713-400-7400

Greater Houston Psychiatric Associates, PLLC

2901 Wilcrest Dr., Ste. 520

Houston, TX 77042

www.ghpa.net/psychiatrists.php

Population Served: Adolescents, Adults

Liana Merrill, M.S., LPC-Associate.....281-858-3001

Supervised By: Susan Baker, M.Ed., NCC, LPC-S

Motivations Counseling

14090 Southwest Fwy., Ste. 300

Sugar Land, TX 77478

<https://motivationscounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Adjustment Disorders, Parenting Issues, Eating Disorders, Aging Issues, Sexuality, Grief, Self-Esteem, Relationship Issues, Family Conflict, Blended Families

Kate Meserve, MSW, LCSW.....832-793-6368

Sienna Counseling

7070 Knights Court, Suite 1701

Missouri City, TX 77459

<https://www.siennacounseling.com/about>

Specialties: Health issues, grief and loss, LGBTQ+ related concerns, and other life transitions.

Shemise Michael, M.A., LPC, LSOTP.....832-916-5349

SSM Counseling Group, PLLC

9639 Hilcroft St., Ste. 5025

Houston, TX 77545

www.ssmcounselinggroup.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anxiety, Depression, Relationship Issues, Sexual Abuse, Trauma and PTSD

- Jacqueline Miekka, Ph.D.**.....713-463-9449
Behavioral Health Consultants, Inc.
 9525 Katy Fwy., Ste. 312
 Houston, TX 77024
<https://www.bhchouston.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Psychiatric Evaluation, Medication Management, Depression, Anxiety, Trauma Survivors, Sexual Identity, Self-Injurious Behavior, Anger Management, ADHD, Peer Problems, Serious Mental Illness
- Gabriel Miguel, LPC-Associate**.....(281) 849-9985
Supervised By: Vanessa Sáenz LPC
District Counseling
 14525 FM-529 E, Ste 105
 Houston, TX 77095
<https://districtcounseling.center/copperfield/>
- Danielle Mikeska-Garcia, M.Ed., LPC**.....713-466-1360
Cy-Hope Counseling
 12715 Telge Rd
 Cypress, TX 77429
<https://cy-hopecounseling.org/>
Population Served: Children, adolescents, adults, couples, and families
Types of Services: Individuals, Couples, Families
- La'Shae Miller, LMSW**.....346-327-4955
Therapy Focused
 535 E Fernhurst Dr
 Katy, TX 77450
<https://www.therapyfocused.com/>
- Matt Miller, LPC-S**.....713-449-2225
Abba Psychotherapy Group, PLLC
 10777 Westheimer Rd., Ste. 1100
 Houston, TX 77042
www.abbapsych.com
Population Served: Adolescents, Adults
Types of Services: Individual, Families
Specialties: Addiction, Anger Management, Anxiety, Behavioral Issues, Codependency, Depression, Domestic Abuse, Grief, Infidelity, Men's Issues, Parenting, Sexual Abuse, Sexual Addiction, Sleep Disturbance, Stress, Trauma and PTSD, Video Game Addiction
- Dr. Kiran Mishra, LP**.....832-876-3232
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Adults ages 18 and up
Types of Services: Individuals

- Bailey Mitchell, LPC**.....**281-944-7922**
Serenity Wellness and Counseling
 17844 Mound Rd., Ste. H
 Cypress, TX 77433
<https://serenitywellnessandcounseling.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Substance Abuse, Depression, Anxiety, Bipolar, Autism, ADHD, Grief, PTSD
- Grant Mitchell, LPC - Associate**.....**(832) 406-4304**
Supervised By: Kelly Peyton, LPC-S, RPT-S
Katy Counseling
 633 E Fernhurst Dr. Ste 1102
 Katy, TX 77494
<https://katycounseling.com>
Population Served: Children, Adolescents, and Adults
Specialties: Neurodivergence, ADHD, Depression, Anxiety, Substance Use
- Michelle Mitchell, LMFT**.....**832-876-3232**
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Children ages 4 and up, Adolescents, Adults
Types of Services: Individuals, Couples, Families
Specialties: Anxiety, Depression, Trauma/PTSD, Grief, OCD, ADHD, Autism, Bipolar Disorder, Anger, Stress, Relationships, Self-Harm, Phobias, Career
- Thomas B. Mitchell, MA, LPC-S**.....**(281) 778 - 8715**
The Solace Center Sienna
 5777 Sienna Parkway, Suite 350
 Missouri City, TX 77459
<https://www.thesolacecentersienna.com/>
- Beverly Mizrany, MA, LPC**.....**713-466-1360**
Cy-Hope Counseling
 12715 Telge Rd
 Cypress, TX 77429
<https://cy-hopecounseling.org/>
Population Served: Individuals ages 8 and up, Adults
Types of Services: Individuals
Specialties: EMDR Therapist, Anxiety, Depression, Trauma, Bipolar Disorder, ADHD, Autism
- César Monagas, LPC-Associate**.....**(346) 444-1903**
Supervised By: Courtney Suddath, LPC, MA, LSSP, LPC-S
Earth and Water Counseling
 1830 Snake River Rd STE A
 Katy, TX 77449
<https://www.earthandwatercounseling.com/counseling-in-katy-texas>
Specialties: Bilingual, Suicidal Ideations, Self-Harm, Trauma, Abuse, Substance use and addiction, Emotional regulation

- Deborah Moncrief, LCSW, LMFT**.....**281-277-8811**
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Specialties: Marriage Intensives
- Chase Monroe, LPC - Associate, NCC**.....**281-829-1599**
Supervised By: Monica McClain LPC-S TXLIC 65545
Katy Child Psychology
 1113 Avenue B
 Katy, TX 77493
<https://www.katychildpsychology.com/>
Types of Services: Individuals
Specialties: Virtual Therapy Only
- Ivana Bestic Moore, LPC**.....**(281) 962 6025**
In My Heart Psychology and Counseling
 3750 South Mason Road, Ste. 550
 Katy, TX 77450
<https://www.inmyheartcounselingandpsychologicalservices.com/>
Specialties: Anxiety, depression, complex trauma, grief and loss, relationship challenges, loneliness, and life or career transitions.
- Karen Moore, LPC**.....**(346) 421-8599**
KV Consulting
 2601 Cartwright Rd Ste.D #169
 Missouri City, TX 77459
<https://www.kvmconsultant.com/>
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, Depression, Grief, Relationship Issues, Stress Management, Self-Esteem Issues
- Nicole Moore, LPC, LSSP**.....**832-464-5778**
Beautiful Brain Psychological Services
 7070 Knights Ct., Ste. #203
 Missouri City, TX 77459
www.bbpsychservices.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Psychological Assessments, Learning Disabilities, Mental Health Issues, Behavioral Issues
- Vincent Moore, LPC-Associate**.....**(832) 639-2015**
Supervised By: Bianca Vincent, LMFT-S, LPC-S
Flourish Mental Health
 950 Echo Lane, Suite 350
 Houston, TX 77024
<https://flourishmentalhealth.com/>
Population Served: Adolescents and Adults
Specialties: Depression, anxiety, ADHD, autism, life transitions, attachment challenges, interpersonal conflict, women's issues

- Brenda Moreno, LPC**.....**832-420-8680**
Richmond Bilingual Counseling
 10401 Mason Rd #204
 Richmond, TX 77406
<https://bmorenocounseling.com/>
Types of Services: Individuals and Couples
- Dr. Liyah Morgan, PsyD, PLP**.....**(281) 612-8580**
Supervised By: Dr. Amelia Paquin
Nowlogy Psychology Experts
 11211 Katy Fwy., Ste. 222
 Houston, TX 77079
<https://nowlogy.com/texas-therapy/>
Population Served: Adults
Specialties: LGBTQ+, BIPOC, Anxiety, PTSD, Depression, ADHD, Autism, Borderline Personality Disorder, OCD
- Gabriela Morgan, CEO, M. Ed., LPC-S, NCC**.....**281-371-0360**
Atlas Counseling Group
 722 Pin Oak Rd. #220
 Katy, TX 77494
<https://acg-tx.com/>
Population Served: Children and Adults
Specialties: PTSD, Depression, Anxiety, Suicidal Ideation
- Jessica Morgan, LPC**.....**281-498-HOPE**
Fort Bend Christian Counseling Center
 2117 Ave. I
 Rosenberg, TX 77471
www.fortbendccc.com/
Population Served: Toddlers, Children, Adolescents, Adults, Elders
Types of Services: Individuals, Families
Specialties: ADHD, Autism Spectrum Disorder, LGBTQIA+, OCD, Transgender, Women's Issues, Child Counseling, Play Therapy
- Lorrienne Morrow, LPC-S, BCN, QEEG-DL, NASM-CPT**.....**281-394-1379**
LG Counseling
 440 Cobia Drive, Suite 1004
 Katy, TX 77494
www.lgcounseling.com
Population Served: Children, Adolescents, and Adults
Specialties: Anxiety, Depression, Obsessive-compulsive disorder, and Autism spectrum disorder, QEEG brain mapping and neurofeedback
- Amber Morton, M.A., LPC**.....**346-206-3992**
The Resilience Center of Houston
 14930 Mueschke Rd., Ste. 100
 Cypress, TX 77433
<https://www.resiliencecenterhouston.com/>
Population Served: Adolescents, Elders
Types of Services: Individuals, Families
Specialties: Depression, Grief, Anxiety

Louis Moser, MSSW, LCSW.....346-206-3992

The Resilience Center of Houston

24044 Cinco Village Center, Suite 100
Katy, TX 77494

<https://www.resiliencecenterhouston.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, Stress, Anger Management, Depression, Christian Counseling

Dr. Titus Moten, PhD, PLP.....(281) 612-8580

Supervised By: Dr. Amelia Paquin

Nowlogy Psychology Experts

11211 Katy Fwy., Ste. 222
Houston, TX 77079

<https://nowlogy.com/texas-therapy/>

Population Served: Children, Adolescents, Adults

Specialties: ADHD, Autism, Anxiety, Depression, Personality Disorders, PTSD, OCD, Psychological Testing

Marshall Motsenbocker, PhD, LPC.....(713) 628-3966

Malaty Therapy

11211 Katy Fwy # 300
Houston, TX 77079

<https://malatytherapy.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals

Specialties: Depression, Anxiety, Men's Issues, Neurodiversity, and Psychological Assessments

Michelle Mower, LPC, LMFT, CST.....281-968-5818

Expanse Counseling

25807 Westheimer Pkwy, Suite 304
Katy, TX 77494

<https://www.expansecounselingcenter.com/>

Specialties: Sex Therapy, Couples Therapy, Individual Therapy

Alyssa L. Muchaw, M.A., LPC, NCC.....281-829-1599

Katy Child Psychology

1113 Ave. B
Katy, TX 77493

www.katychildpsychology.com

Types of Services: Individuals, Groups

Specialties: ADHD, Anxiety, Depression, OCD, Oppositional Defiant Disorder, Parenting

Shaye Mueller, LPC, ATP.....872-215-2542

Cactus Counseling & Art Therapy, PLLC

1011 Hwy. 6 South, Ste. 325
Houston, TX 77079

www.cactusarttherapy.net

Population Served: Adults

Types of Services: Individuals

Specialties: Chronic Illness, Infertility, Pregnancy, Prenatal, Postpartum, Self-Esteem, Sexual Abuse, Stress, Trauma and PTSD, Women's Issues

Cara Mularski, LPC-Associate.....832-463-3711

Supervised By: Dr. Wayne Smith, PhD., LPC-S

Katy Child and Family Counseling Services

5502 4th Street

Katy, TX 77493

<https://www.katychildandfamily.com/>

Marisa Mundy, LMFT.....(713) 249-4960

11211 Katy Freeway, Suite 440E

Houston, TX 77079

<https://marisamundeylmft.com/>

Population Served: Adolescents and Adults

Annette M Munguia, MS, LPC.....281.665.3134

Mungia Bilingual Counseling

24044 Cinco Village Center Blvd, Ste. 100

Katy, TX 77494

<https://www.mbcccounseling.com/>

Population Served: 16 years of age and older

Types of Services: Individuals

Specialties: Anxiety, Depression, Relationships, Trauma, Parenting

Kimber Muro, M.S., LPC.....281-984-3494

Muro Mental Health

25145 Star Ln., Ste. 303

Katy, TX 77494

<https://muromh.com/>

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anger Management, Anxiety, Behavioral Issues, Relationship Issues, Trauma and PTSD

Leslee Murphy, LCSW.....281.957.3866

Memorial Wellness and Counseling

8901 Gaylord Dr Suite 110

Houston, TX 77024

<https://leslee-murphy.clientsecure.me/> - home

Specialties: Specialization in women's health, focusing on infertility, pregnancy issues, postpartum, and parenting. I also have a passion working with all clients from young adulthood to empty nesters, who are struggling with life transitions, work/life balance.

- Sarah Myers, M.Ed., LPC**.....713-365-0700
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Groups
Specialties: Anxiety, Depression, Stress
- LoriAnn Nadeau-Colvin, MS, LMFT, MFCC**.....(281) 762-1825
Barnhill and Associates
 8410 Hwy 90A, Suite 160
 Sugar Land, TX 77478
<https://www.barnhillcounseling.com/>
Specialties: Learning Disabilities, ADD/ADHD, neurologically based sensory integration and processing, mood dysregulation, parenting, divorce recovery and woman's issues.
- Larissa Narcisse, LPC-Associate**.....281-665-7811
Supervised By: Melissa Barton, MA, LPC-S, LCDC, CCTP
Counseling Center at Cinco Ranch
 23236 Kingsplace Dr.
 Katy, TX 77494
<https://cincoranchcounseling.com/>
Population Served: Adolescents and Adults
Specialties: Divorce and Separation, Anxiety, Stress
- Laila Narsi, LCSW**.....832.606.9312
The Mindful Self
 12440 Emily Court, Suite 1004
 Sugar Land, TX 77478
<https://theminfulself.com/>
Specialties: Stress, Anxiety, Panic, Phobias, Depression, Bipolar, Addiction, Eating Disorders, Dissociative Disorders, OCD, Personality Disorder, Attachment Disorder, Adjustment Disorder, Relationship Conflict, Trauma, PTSD, Grief and Loss
- Tiffany Nasso'Arjona, LPC**.....(346)-639-8632
Vibrant Soul Counseling and Consulting
 10707 Corporate Dr. Ste 100-G
 Stafford, TX 77477
<http://www.vibrantsoulcounseling.com/>
Types of Services: Individuals and Couples
Specialties: Mood Disorder, LGBTQ+, Anxiety, Bipolar Disorders, Relational Problems
- Stuart Nathan, PhD**.....713-789-7560
Stuart J. Nathan, Ph.D. and Associates
 2450 Fondren Rd. Suite 312
 Houston, TX 77063
<https://www.mental-health-houston.com/>
Specialties: Providing quality psychological services to the complex medical/rehabilitation patient in out-patient and hospital settings.

- Vanessa Navarrete, LPC.....(281) 849-9985**
District Counseling
 14525 FM-529 E, Ste 105
 Houston, TX 77095
<https://districtcounseling.center/copperfield/>
- Sneha Nayar-Bhalerao, LPC.....(346) 476-6424**
District Counseling
 633 E Fernhurst Dr Unit 203
 Katy, TX 77450
<https://districtcounseling.center/katy/>
Specialties: Anxiety, depression, grief, trauma, relationship issues, self-esteem, life transitions, and survivors of domestic violence and sexual assault.
- Kat Nazaroff, LCSW-S, LCDC.....(281) 305-9387**
Cypress Counseling and Wellness
 16693 Huffmeister Rd.
 Cypress, TX 77429
<https://cypress-counseling.com/>
Types of Services: Individuals, Couples, and Groups
Specialties: Addiction and Trauma
- Courtney Nelson, LPC-Associate.....(346) 440-1800**
Supervised By: Dr. Peters, Ph.D., LPC-S
Texas Counseling Center
 800 Bonaventure Way, Ste. 122 & 156
 Sugar Land, TX 77479
www.texascounseling.center/therapist/courtney-nelson/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: LGBTQ+ Community, Trauma, Addiction, Depression, Anxiety
- Claire Nelson, LMSW.....713-364-8645**
Supervised By: Brittani Persha, LCSW-S
Brittani Persha Counseling
 1001 S. Dairy Ashford Rd., Ste. 510
 Houston, TX 77077
www.brittanipershacounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Psychological Trauma, Grief, Anxiety, Depression, Behavioral Challenges
- Dr. Renata Nero, LP.....832-876-3232**
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Adults ages 18 and up
Types of Services: Individuals

Caroline Neshyba, M. Ed., LPC-Associate.....281-665-7811*Supervised By: Dr. Cheri Locke, PhD, MA, LPC-S, CST, CCTP***Counseling Center at Cinco Ranch**

23236 Kingsplace Dr.

Katy, TX 77494

<https://cincoranchcounseling.com/>**Population Served:** Children, Adolescents and Adults**Specialties:** Childhood Trauma, Life Transitions, Family Issues**Erin Neve, LPC - Associate.....713-466-1360***Supervised By: Dr. Yvonne Garza-Chaves, PhD, LPC-S, RPT***Cy-Hope Counseling**

12715 Telge Rd

Cypress, TX 77429

<https://cy-hopecounseling.org/>**Population Served:** Teens, Adults**Types of Services:** Teens, Adults**Specialties:** Life transitions, Past trauma, Grief, Identity shifts, or Relationship challenges**Nicholas Newland, LPC.....281-940-8515****West Houston Counseling Center, PLLC**

23227 Red River Drive

Katy, TX 77494

<https://westhoustoncounseling.com/>**Population Served:** Children, Adolescents, and Adults**Specialties:** Neurofeedback LENS, Emotional Regulation, ADHD, Anger, Emotional Regulation, Men's Issues.**Donald Newsome, LPC.....281-769-2238****Clear Hope Counseling and Wellness**

1111 Hwy. 6, Suite 120

Sugar Land, TX 77478

<https://www.clearhopewellness.com/our-therapists>**Specialties:** Teens, Christian Counseling, Anxiety, Depression, DBT**Lucy Newson, LPC.....973-978-9499****Houston Center for Christian Counseling**

609 Park Grove Dr., Ste. B

Katy, TX 77450

www.christiancounselinghouston.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Addiction, Anxiety, Depression, Marriage Counseling, Stress, Women's Issues

Kelly Newton, LCDC-I and LPC-Associate.....(281)762-1663

Supervised By: Supervised by Judy Lee Wright Boukheir, LPC-S

Renewed Mind Counseling and Wellness

1000 Austin St., Suite D

Richmond, TX 77469

<https://renewedmindpllc.com/>

Specialties: Anger/Emotion Regulation, Anxiety/Panic, Behavior Issues, Cultural/Ethnic Issues, Depression/Sadness

Kaitlin Cook Nguyen, LPC.....281-407-4143

Westgreen Wellness

955 Dairy Ashford Rd, Ste 108

Houston, TX 77079

<https://westgreenwellness.com/>

Karl Nielsen, LPC-Associate.....(281) 277-8811

Supervised By: Jeanne Hensley, M.S., LPC-S and Jeff Quan, M.A., LPC-S

Houston Center for Christian Counseling

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, Depression, Relationship Issues, Trauma.

Kathryn Niemiera, LMSW.....346-327-4955

Therapy Focused

535 E Fernhurst Dr

Katy, TX 77450

<https://www.therapyfocused.com/>

Afomachukwu "Maryanne" Nnake, MS, LPC.....832.945.3139

Heart 2 Heart Counseling Services

4855 Riverstone Blvd, Ste. 102

Missouri City, TX 77459

<https://heart2heartservices.org/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Behavioral/Disruptive Disorders, Depression, Anxiety, Trauma, Sex Therapy, LGBTQ+

Tiffany Noll, MA, LPC, RPT.....713-466-1360

Cy-Hope Counseling

12715 Telge Rd

Cypress, TX 77429

<https://cy-hopecounseling.org/>

Population Served: Children and Families

Types of Services: Children and Families

Specialties: Trauma or loss, Behavioral challenges, Adjusting to big life changes, Emotional expression/regulation struggles

- John Nomura, PhD**.....(832) 377-0063
 13302 Grant Rd. Bldg. B, Suite 6
 Cypress, TX 77429
<https://www.johnomura.com/>
Specialties: Psychological Testing, Individual Therapy
- Dr. Jennifer Norten, LP**.....832-876-3232
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Adults ages 18 and up
Types of Services: Individuals
Specialties: Depression, Anxiety, and Trauma using Cognitive-Behavioral Therapy. I have interests in adoption, coping with fertility and medical illness.
- Julia Novosad, LPC-Associate**.....281-944-7922
Supervised By: Cynthia Powell, LPC-S
Serenity Wellness and Counseling
 17844 Mound Rd, Ste. H
 Cypress, TX 77433
<https://serenitywellnessandcounseling.com/>
Population Served: Pre-teens, Adolescents, and Adults
- Gloria Ntela, LP Associate**.....832-876-3232
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Children, Adolescents, Adults
Specialties: Psychological evaluations for ADHD, Autism, Learning differences, Mood concerns, and a variety of other presenting issues
- Evelyn Nunez, MA, LPC, LCDC**.....956-458-2200
 12848 Queensbury Ln, Ste. 208
 Houston, TX 77024
<https://evelynnuneztherapy.com/>
Population Served: Ages 12 and above
- Christina Nwachuku, LPC-Associate**.....(832) 717-7166
Supervised By: Maria Benezra, LPC-S
Greater Houston Counseling Services
 147 Bella Katy Dr.
 Katy, TX 77494
<https://www.greaterhoustoncounselingsrvcs.com/>
- Rebecca Lauren Nwogbe, PhD**.....(281) 962 6025
In My Heart Psychology and Counseling
 3750 South Mason Road, Ste. 550
 Katy, TX 77450
<https://www.inmyheartcounselingandpsychologicalservices.com/>

- Dr. Joe Nwoken, LPC**.....(346) 809-3700
District Counseling
 11999 Katy Fwy, Ste. 625
 Houston, TX 77079
<https://districtcounseling.center/memorial/>
Specialties: PTSD, Anger, Depression, Anxiety, Addictive Behavior, Couples' Counseling, Sexual abuse, ADHD, Eating Disorder, Panic Attacks
- Linyanta "Lynn" Nwosu, LCSW**.....(281) 762-1663
Renewed Mind Counseling and Wellness
 1000 Austin St, Suite D
 Richmond, TX 77469
<https://renewedmindpllc.com/>
Types of Services: Individuals, Adolescents
Specialties: Anxiety, Depression, Trauma, Grief/Loss, Self-Esteem
- Veronica O'Neal, LCDC**.....281 371 0360
Atlas Counseling Group
 722 Pin Oak Rd. #220
 Katy, TX 77494
<https://acg-tx.com/>
Population Served: Children and Adults
Specialties: Substance Abuse
- Catherine Obasuyi, LPC**.....281-769-2238
Clear Hope Counseling and Wellness
 1111 Hwy. 6, Suite 120
 Sugar Land, TX 77478
<https://www.clearhopewellness.com/our-therapists>
Specialties: Abuse, Substance Use, Grief, Trauma, Anxiety, Depression
- Judy O'Brien, MA, LPC, LSOTP**.....(281) 213-5989
O'Brien Counseling Services, Inc.
 11999 Katy Fwy, Ste 590
 Houston, TX 77079
<https://obrienci.org/>
Specialties: Post traumatic stress disorder (PTSD), relationship counseling, grief, anger
- Kori Odior, LPC**.....281-903-5353
Attachment and Trauma Center of Houston
 101 Southwestern Blvd. Ste. 105
 Sugar Land, TX 77478
<https://www.atchouston.com/>
Population Served: Pre-teens, Teens, Couples, and Adults
Types of Services: Individuals and Couples
Specialties: Anxiety, Depression, Grief, Trauma
- Frank Ogbonna, LPC**.....(713) 623-1836
Bridgestone Health Psychotherapy
 17133 FM 529 Road
 Houston, TX 77095
<https://www.bshpsychotherapy.net/>

Abeeb Oki, LPC-Associate.....(281) 665-0888

Supervised By: Saharah Shrouf, MA, LPC-S and Melody Celeste Osborne, MA, LPC-S

OCD & Anxiety Treatment of Houston

13100 Wortham Center Drive

Houston, TX 77065

<https://www.oaththerapy.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, OCD, Depression, PTSD, Relationship Issues

Emeka Okonkwo, LCSW.....346-763-9744

therapy@mor

101 Southwestern Blvd

Sugar Land, TX 77478

<https://therapyandmor.com/therapy-in-sugar-land/>

Specialties: EMDR, ADHD, Trauma, Sports Performance, Depression, Anxiety, Foster Care Issues.

Raquel Olguin, LCSW.....281-829-8431

A Healing Path Counseling

11929 University Blvd., Ste. B

Sugar Land, TX 77479

www.ahealingpathcounseling.com/

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: EMDR, Anxiety, Depression, Trauma, PTSD, Adoption, Family Dynamics, Estrangement

Lekan Oloyede, M.A., LPC, NCC, LMHCA.....713-396-5029

Safe Space Therapy and Counseling

25807 Westheimer Pkwy., Ste. 300

Houston, TX 77494

<http://www.safespacetc.com/>

Types of Services: Adolescents, Adults, Elders

Rio O'Neill, MEd, LPC.....713-598-3559

9601 Katy Freeway, Suite 175

Houston, TX 77024

<https://www.michellemforrester.com/>

Specialties: Anxiety, ADHD, Autism Spectrum Disorder, Emotional/behavioral concerns, and Sibling relationships

Ruth M Opiyo, LPC.....832-306-3780

Inner Peace Counseling and Coaching Services

14090 Southwest Freeway, Suite #300

Sugar Land, TX 77478

<https://innerpeacecounselingandcoaching.com/>

Craig Ordoyne, LPC.....713-365-0700

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350

Houston, TX 77079

<https://renewinghope.net/>

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Trauma and PTSD

Cynthia Orme, LPC.....(832) 895-9358

Healing Pathways of Houston

9235 Katy Freeway, Suite 140-160

Houston, TX 77024

<https://www.healingpathwayshouston.com/>

Deysie Orosco, MA, LPC.....(281) 746-2704

Life's Journey Counseling and Community Services

12238 Queenston Blvd Suite G

Houston, TX 77095

<https://ljcounseling.org/>

Types of Services: Individuals, Couples

Specialties: Bilingual in Spanish

Frank Ortiz, LPC-S.....(346) 476-6424

District Counseling

12258 Queenston Blvd Ste A

Houston, TX 77095

<https://districtcounseling.center/cypress/>

Specialties: Depression, anxiety, trauma, life transitions, and relationship challenges.

Bilingual (English/Spanish)

Priscilla Ortiz, MS, LPC.....(346) 476-6424

District Counseling

633 E Fernhurst Dr Unit 203

Katy, TX 77450

<https://districtcounseling.center/katy/>

Susannah Ortiz, LCSW.....281--903-5353

Attachment & Trauma Center of Houston

101 Southwestern Blvd. Ste. 105

Sugar Land, TX 77478

<https://www.atchouston.com/mental-health-center/>

Types of Services: Individuals

Specialties: EMDR Therapist and CBT Therapist

Luis "Tito" Ortiz-Therault, LPC.....281-940-8515

West Houston Counseling Center, PLLC

23227 Red River Drive

Katy, TX 77494

<https://westhoustoncounseling.com/>

Population Served: Ages 16 and up.

Specialties: Trauma, CPTSD, Loss of Meaning or Purpose, Spiritual Trauma/Crisis, Self-Esteem and Identity, At Risk Youth.

Jacqui Osbourne, MA, LPC-Associate.....(832) 706-2360

Supervised By: Brenda Lopez, LPC-S

Apollos Center

27240 US-290

Cypress, TX 77433

<https://www.apolloscenter.org/>

Ibinye Osibodu-Onyali, LMFT.....951-905-3181

The Zinnia Practice

23015 FM 529 Rd., Ste. 200 #A35

Katy, TX 77493

www.thezinniapractice.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Marriage Counseling, Relationship Issues, Trauma and PTSD

Julie Ottosen, MA, LPC.....(713) 365-9015

Heritage Behavioral Health Consultants

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>

Population Served: Children and Adolescents

Specialties: Children who are experiencing difficulties relating to divorce, self-esteem, trauma, loss of a parent, social skills, anger management, developmental disorders, and ADD/ADHD. Parental coaching

Lidia Oviedo, LMSW.....(281) 762-1663

Supervised By: Supervised by Cynthia Pavlock, LCSW

Renewed Mind Counseling and Wellness

1000 Austin St., Ste. D

Richmond, TX 77469

<https://renewedmindpllc.com/>

Types of Services: Individuals, Families

Specialties: Trauma, Anxiety/Panic, Cultural/Ethnic Issues, Depression/Sadness, Grief/Loss

Lonnie Owen, M.A., LPC, LCDC.....346-206-3992

The Resilience Center of Houston

14930 Mueschke Rd., Ste. 100
Cypress, TX 77433

<https://www.resiliencecenterhouston.com/>

Population Served: Adults

Types of Services: Individuals

Specialties: OCD, Substance Use, Anger Management

Shannon Owen, MA, LPC.....(713) 365-9015

Heritage Behavioral Health Consultants

1325 Campbell Rd.
Houston, TX 77055

<https://www.heritagebehavioral.com/>

Specialties: Anxiety, OCD, Depression, Grief, Infertility, Perinatal Health, Trauma, Relationship Issues.

Coleen Owens, M.S., LMFT.....832-971-5317

Owens Talkology Counseling

2537 S. Gessner, Ste. 208
Houston, TX 77449

www.coleenowens.net

Population Served: Adolescents, Adults, Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Depression, Divorce, Marriage Counseling, Relationship Issues

Any Oxener, LCSW-S, RPT.....281-644-9159

AP Counseling Group

3402 Torchlight Terrace Ste. D
Katy, TX 77494

<https://www.apcounselinggroup.com/>

Specialties: ADHD, Anxiety, Emotional dysregulation, and Behavior concerns

Gaby Pacheco, LPC-Associate.....(832) 717-7166

Supervised By: Maria Benezra, LPC-S

Greater Houston Counseling Services

147 Bella Katy Dr.
Katy, TX 77494

<https://www.greaterhoustoncounselingsrvcs.com/>

Population Served: Ages 10 and up.

Specialties: Bilingual (English/Spanish)

Lesly Padilla, LPC - Associate.....(346) 440-1800

Supervised By: Jackeline Hurtado, MEd, LPC-S

Texas Counseling Center

25145 Star Lane, Ste. 305
Katy, TX 77494

<https://texascounseling.center/katy/>

Population Served: Adolescents and Adults

Amelia Paquin, Ph.D., LP.....**651-505-3273**

Nowlogy Psychology Experts

11211 Katy Fwy., Ste. 222
Houston, TX 77079

www.nowlogy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Anxiety, Depression, OCD, Testing and Evaluation, Trauma and PTSD

Natalie Parffrey, LPC.....**713-476-1023**

Hope on the Horizon TX

13215 Huffmeister Rd.

Cypress, TX 77429

www.hopeonthehorizontx.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Codependency, Relationship Issues, Self-Esteem, Trauma and PTSD

Kendra Parker, LPC.....**713-913-1645**

MindPath Health

24275 Katy Freeway, Suite 410

Katy, TX 77494

https://www.mindpath.com/locations/katy/?pk_medium=organic&pk_campaign=locations

Population Served: Adults

Specialties: Anxiety, Depression, Panic Attacks, OCD, PTSD, Eating Disorders, Addiction.

Laura Parker, LPC.....**832-876-3232**

Sugar Land Counseling Center

16400 Kensington Dr.

Sugar Land, TX 77479

<https://www.sugarlandcounseling.com/>

Population Served: Children ages 5 and up, Adolescents, Adults

Types of Services: Individuals, Couples, Families

Specialties: Anxiety, School-related stress, Peer relationships

Monica Parker, LPC-Associate.....**(346) 440-1800**

Supervised By: Monalisa Bryant, LPC-S

Texas Counseling Center

800 Bonaventure Way Suite 156

Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>

Population Served: Adolescents and Adults

Specialties: Relationship Issues, Anxiety, Depression, Trauma.

Wiley Parkman, LPC.....832-595-4657

Houston Center for Christian Counseling

10200 Richmond Avenue Ste 105

Houston, TX 77042

<https://wileyparkman.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, Depression, Behavioral Issues, Divorce, Suicidal Ideations, Grief, Career Counseling

Steven L. Parks, LCSW-S, MBA.....979-464-9744

The Healing Place

56 Sugar Creek Center Blvd, Suite 160

Sugar Land, TX 77498

<https://www.thehealingplacetherapy.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Trauma, Depression, Anxiety, Behavioral acting out

Lindsey E Parrish, LPC-S.....281 804 6373

Parrish Counseling

14150 Huffmeister Road, Suite 200

Cypress, TX 77429

<https://parrishcounseling.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: ADHD, Anxiety, Mood Swings, Depression, Impulsivity, Couples, Family Conflict

Ginger Paskowitz, LCSW.....281-456-3941

5757 Flewellen Oaks Ln, Ste. 304

Fulshear, TX 77441

<https://www.gingerpaskowitzlcsw.com/>

Specialties: Depression, Anxiety, Grief, Trauma, Marriage Counseling

Jesse Passler, PhD, ABPP.....713-893-7105

Houston Neuropsychology Associates

11211 Katy Freeway, Suite 505

Houston, TX 77079

<https://houston-npa.com/>

Specialties: Neuropsychological and psychological testing services for children, adolescents, and adults aged 6-90+ years.

- Chirag Patel, LMSW**.....**979-464-9744**
Supervised By: Steven Parks, LCSW-S, RPT-S, MBA
The Healing Place
 56 Sugar Creek Center Blvd, Suite 160
 Sugar Land, TX 77498
<https://www.thehealingplacetherapy.com/>
Population Served: Children, Adolescents, Adults, Families
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Trauma-related symptoms, Self-esteem difficulties, Oppositional and conduct disorders, Adjustment disorders
- Mercedes Paul, LPC-Associate**.....**281-940-8515**
Supervised By: Dr. Kim McGough, Ph.D., LPC-S and Carlos Mendoza, MA, LPC-S
West Houston Counseling Center, PLLC
 23227 Red River Drive
 Katy, TX 77494
<https://westhoustoncounseling.com/>
Population Served: Children, Adolescents, and Adults
Specialties: Behavior Challenges, Self-Worth, Men's Issues, Trauma, LGBTQ+ Issues
- Colleen B Paxton, MA, LMFT-S, LPC-S**.....**(281) 762-1825**
Barnhill and Associates
 8410 Hwy 90A, Suite 160
 Sugar Land, TX 77478
<https://www.barnhillcounseling.com/>
Specialties: Depression, anxiety, eating disorders, OCD, trauma, PTSD, and addiction
- Jill R Payne, LPC-S, LCDC**.....**281-658-6925**
 2525 Seagler Rd.
 Houston, TX 77042
<https://jillrobinpayne.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals and Couples
Specialties: Addiction and Mood Disorders
- Alice Payne-Heath, LPC-S, RPT-S, CCST**.....**713-309-6772**
Stillwaters Family Counseling, PLLC
 1011 Hwy. 6 South, Ste. 325
 Houston, TX 77077
<https://alice-payneheathstillwatersfamilycounseling.clientsecure.me/> - home
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anxiety, Behavioral Issues, Depression, Self-Esteem
- Jennifer Paz, LCSW-Supervisor**.....**(832) 406-4304**
Katy Counseling
 633 E Fernhurst Dr. Ste 1102
 Katy, TX 77494
<https://katycounseling.com>
Population Served: Children, Teens, and Families
Specialties: Play Therapy, EMDR, Trauma

- Wendy Pellegrino, M.A., LPC**.....713-489-5473
Martin Counseling, PLLC
 472 Park Grove Dr.
 Katy, TX 77450
 www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Bilingual (English/Spanish), Depression, Anxiety, Bipolar Disorder, PTSD, Oppositional Defiant Disorder, ADHD, Adjustment Disorder, and Crisis Situations.
- Joy Pellerin, M.A., LPC**.....281-271-5029
Willow Bend Counseling
 24044 Cinco Village Center Blvd. Ste. 100
 Katy, TX 77494
 www.willowbendtherapy.com/ - about
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Marriage Counseling, Trauma and PTSD
- Joe Pentony, LPC**.....346-213-2711
Katy Dialectical Behavior Therapy Center
 468 Park Grove Dr.
 Katy, TX 77450
 https://katydbt.com/
- Cindy Peoples, LCSW**.....346-206-3992
The Resilience Center of Houston
 24044 Cinco Village Center, Suite 100
 Katy, TX 77494
 https://www.resiliencecenterhouston.com/
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, Eating Disorders, Depression, Suicidality and Self-Harm, Borderline Personality Disorder
- Vanessa Peralta, LPC-Associate**.....713-489-5473
Supervised By: Ashley Forster, M.Ed., LPC-S
Martin Counseling, PLLC
 472 Park Grove Dr.
 Katy, TX 77450
 www.martincounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Bilingual (English/Spanish), Emotional Issues, Behavioral Issues, Relationship Issues
- Maria Perdomo-Torres, LCSW, MHA**.....(281) 394-1161
Graceful Mind Therapy
 27120 Fulshear Bend Dr, Suite 900-34
 Fulshear, TX 77441
 https://www.gracefulmindtherapy.com/
Specialties: Anxiety, Panic Attacks, Imposter Syndrome, Relational Trauma, Depression

- Jennifer Perry, LPC, LMFT**.....**281-579-0703**
Stone Creek Psychotherapy and Wellness Center
 20915 Kingsland Blvd.
 Katy, TX 77450
www.stonecreektherapy.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, Trauma
- Justin Perry, MS, LMFT**.....**281-394-2005**
Stokan and Associates
 23501 Cinco Ranch Blvd, Ste. G270
 Katy, TX 77494
<https://katyfamilyandcoupletherapy.com/>
- Brittani L. Persha, LCSW-S, RPT-S**.....**713-364-8645**
Brittani Persha Counseling
 1001 S Dairy Ashford Rd, Ste. 510
 Houston, TX 77077
www.brittanipershacounseling.com
Types of Services: Individuals, Couples, Families
Specialties: Behavioral Problems, Trauma, ADHD, Anxiety, Depression
- Reilly Peter, LCSW**.....**281-277-8811**
Houston Center for Christian Counseling
 402 Julie Rivers Dr.
 Sugar Land, TX 77478
www.christiancounselinghouston.com
Population Served: Ages of 10 and up.
Types of Services: Individuals
Specialties: Abuse, Adoption, Anxiety, Depression, Chronic Illness, Trauma, Postpartum Issues, Self-Harm.
- Maria Peters, Ph.D., LPC-S, CCTP, CART, QIMHP**.....**713-969-8964**
Mosaic Tree Counseling
 2600 Gessner Rd., #203
 Houston, TX 77080
<https://mosaictreecounseling.com/>
Population Served: Toddlers, Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma and PTSD, Sexual Abuse, Depression
- Kelly Peyton, LPC-S, RPT-S, CCTP**.....**832-406-4304**
Katy Counseling
 633 E. Fernhurst Dr., Ste 1102
 Katy, TX 77450
<https://katycounseling.com>
Population Served: Children, Adolescents, and Adults
Specialties: EMDR, Play Therapy, LENS Neurofeedback, DBT

Angela Pfeiffer, Ph.D.....281-242-2595**Sugar Bend Center**

12946 Dairy Ashford Rd., Ste. 260

Sugar Land, TX 77478

<https://sugarbendcenter.com/>**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Behavioral Issues, Chronic Illness, Chronic Pain, Depression, Divorce, Grief, Racial Identity, Relationship Issues, Self-Esteem, Stress, Women's Issues**An "James" Phan, LP-Associate.....(281) 818-6758 x 2****Anew Psychological Services**

12239 Queenston Blvd., Ste. G

Houston, TX 77095

<https://www.anew-psychological.com/meet-our-team-northwest-office>**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Trauma, Relationship issues, Sleep difficulties, Phobias, Anger, Motivation struggles**Sharun Philip, LPC-Associate.....281-769-2238***Supervised By: Megan Torres, LPC-S***Clear Hope Counseling and Wellness**

1111 Hwy. 6, Suite 120

Sugar Land, TX 77478

<https://www.clearhopewellness.com/our-therapists>**Specialties:** Anger, CBT, Anxiety, Trauma**Daniel Phillips III, PhD.....281-698-7792****Phillips & Alford Psychological Associates**

23234 Red River Drive

Katy, TX 77450

<https://phillips-alford.com>**Population Served:** Children and Adolescents**Specialties:** Cognitive-behavioral therapy (CBT) for children and adolescents with developmental, emotional, and behavioral difficulties.**Megan Pike, M.Ed., LPC-Associate.....(281) 665-0888***Supervised By: Saharah ShROUT, MA, LPC-S***OCD & Anxiety Treatment of Houston**

13100 Wortham Center Drive

Houston, TX 77065

<https://www.oaththerapy.com/>**Population Served:** Children, Adolescents, Adults**Specialties:** OCD, Anxiety, Depression, Emotional Regulation, Grief and Loss

- Diana Piquet, MS, LPC**.....832.510.7678
Gardenia Counseling
 21320 Provincial Blvd
 Katy, TX 77450
<https://www.gardenia.health/>
Population Served: Children, Teens, and Adults
Types of Services: Individuals and Families
Specialties: Anxiety, Depression, Grief, and Anger
- Jared Pizzitola, LPC**.....281.846.4787
 54 Sugar Creek Center Ste. 320
 Sugar Land, TX 77478
<https://www.jaredpizzitola.com/> - home
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Depression, Anxiety, ADHD, Anger Management, Sex Therapy, Men's Issues, Couples
- Melissa Pless, M.Ed., LPC, LCDC**.....281-305-9356
Westside Counseling and Wellness
 11211 Katy Fwy., Ste. 550
 Houston, TX 77079
www.westsidecounselingandwellness.com
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addiction, Anxiety, Chronic Relapse, Codependency, Coping Skills, Depression, Life Transitions, Parenting, Peer Relationships, Pregnancy, Relationship Issues, Stress, Trauma, Women's Issues
- Rachel Plympton, LCSW**.....979-493-6379
Rooted Dove Integrative Wellness
 13121 Louetta Rd., Ste. 920
 Cypress, TX 77429
www.rooteddoveintegrativewellness.com
Population Served: Adolescents, Adults
Types of Services: Individuals and Families
Specialties: ADHD, Anxiety, Behavioral Issues, Chronic Illness, Chronic Pain, Depression, OCD, Parenting, Relationship Issues, Self-Esteem, Sports Performance, Stress, trauma and PTSD, Women's Issues
- Kelly Poirot, PhD, LSSP**.....(713) 482-1023
Brightside Psychology
 8315 FM 723, Suite 5 & 8
 Richmond, TX 77406
<https://www.brightsidetx.com/about>
Population Served: Psychological Testing, Autism, ADHD, Learning disabilities, Anxiety, Depression, Twice-exceptionality.
Specialties: Individuals and Families

- Megan Polatsidis, LPC**.....281-394-1379
LG Counseling
 440 Cobia Drive, Suite 1004
 Katy, TX 77494
<https://www.lgcounseling.com/>
Specialties: EMDR, Anxiety, Depression, PTSD
- Nicole Ponce, LPC-Supervisor, LCDC, E-RY**.....(409) 292-8909
 120 Eldridge Rd, Suite D
 Sugar Land, TX 77478
<https://nicoleponcecounseling.com/>
Population Served: Adults
Specialties: Meditation and Breathwork Coach
- Jennifer Ponce de Leon, MA, LPC**.....281-665-7811
Counseling Center at Cinco Ranch
 23236 Kingsplace Dr., Ste. A
 Katy, TX 77494
<https://cincoranchcounseling.com/>
Population Served: Children, Adolescents, and Adults
Specialties: Anxiety, Autism, Depression, LGBTQ+ Issues, Disordered Eating
- Jenna Pool, M.Ed., LPC - Associate**.....832.619.0324
Supervised By: Shelly Zavodny Abeles, LPC-S
Mental Health Counseling Group
 5502 4th St.
 Katy, TX 77493
<https://www.mentalhealthcounselinggroup.com/>
Population Served: Kids, Teens, Adults, and Couples
- Jasmine Porche-Ware, LMFT-Associate**.....(832) 284-7354
Supervised By: Sommer L. Greer, LMFT-S
Social House Wellness
 1806 Snake River Road, Suite B
 Katy, TX 77449
<https://socialhousewellness.com/>
Types of Services: Couples, Children, and Families
Specialties: Gottman Method principles, Emotionally Focused Therapy (EFT), play therapy, and attachment-based work.
- William W. Poynter IV, LPC**.....832-945-1071
Created to Shine Counseling
 950 Echo Lane Suite 200
 Houston, TX 77024
<https://createdtoshinecounseling.com/about>
Specialties: Counseling for Men, Anxiety, Stress, Depression, Relationships

James Poysky, Ph.D......281-829-1599

Katy Child Psychology

1113 Ave. B

Katy, TX 77493

www.katychildpsychology.com/

Population Served: Toddlers, Children, Adolescents, Young Adults

Types of Services: Individuals, Families, Groups

Specialties: ADHD, Anxiety, Autism, Behavioral Issues, Depression

Amnol Prasla, LPC - Associate.....(346) 440-1800

Supervised By: Ayesha Lakhani, MA, LPC-S

Texas Counseling Center

25145 Star Lane, Ste. 305

Katy, TX 77494

<https://texascounseling.center/katy/>

Rebekah Preston, LPC.....713-365-0700

Renewing Hope Counseling

11777 Katy Fwy #350

Houston, TX 77079

<https://renewinghope.net/>

Nyree Walker Pringle, M.S., LPC.....832.945.3139

Heart 2 Heart Counseling Services

4855 Riverstone Blvd, Ste. 102

Missouri City, TX 77459

<https://heart2heartservices.org/>

Types of Services: Individuals, Couples, and Families

Tiffany Priska, M.A., LPC-S, CBTC, DBTC.....281-205-7997

Cypress Therapy and Counseling

17774 Cypress Rosehill Rd., Ste. 400

Cypress, TX 77429

<https://cypresstherapyandcounseling.com/>

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Grief/Loss

Natasha Prosperi, LCSW-S, RPT, EMDRIA Approved Consultant, RST

.....713-364-6316

Resilience Play Therapy & Counseling Center

633 E. Fernhurst Dr., Ste. 801

Katy, TX 77450

<https://resilienceplaytherapy.com/>

Types of Services: Individuals, Families

Specialties: Anxiety, Grief, Parenting, Sexual Abuse, Trauma and PTSD

Oliva Pudlo, MSW, LCSW, EMDR.....281-858-3001**Motivations Counseling**

14090 Southwest Fwy., Ste. 300
Sugar Land, TX 77478

<https://motivationscounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, PTSD, Grief, Trauma and Abuse History, Stress Management, Co-Dependency, Relationship Issues, Life Transitions, Women's Issues

Diana Julia Suarez Pulecio, LPC.....281-940-8515**West Houston Counseling Center, PLLC**

23227 Red River Drive
Katy, TX 77494

<https://westhoustoncounseling.com/>

Population Served: Adults

Types of Services: Individuals and Couples

Specialties: Personality Disorders, Domestic Violence, Trauma, Addictions, Mood Disorders, Co-Parenting/Couples

Rebekah Puryear, M.A., LPC.....713-365-0700**Renewing Hope Counseling**

11777 Katy Fwy., Ste. 350
Houston, TX 77079

www.renewinghope.net/team/rebekah-preston

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Self-Esteem, Trauma and PTSD

Michelle Puster, LPC.....832-361-1547**Katy Couples & Wellness Counseling**

440 Cobia Dr, STE 1301
Katy, TX 77494

<https://katycouplescounseling.com/>

Specialties: Individual and Couples Counseling

Khrista Quevedo, MS, LPC - A, LMFT -713.742.2984

Supervised By: Stephanie R. Frey, LPC-S

Mental Health Counseling Group

5502 4th St.

Katy, TX 77493

<https://www.mentalhealthcounselinggroup.com/>

Population Served: Teens and Adults

Madison Quickel, LPC-Associate.....832-934-9036

Supervised By: Jamie Williams, LPC-S

Prosperity Counseling Services

26717 Westheimer Parkway, Suite 1201

Katy, TX 77494

<https://prosperitycounseling.org/>

- Sharie Quinn, LCSW**.....(281) 746-2704
Life's Journey Counseling and Community Services
 12238 Queenston Blvd Suite G
 Houston, TX 77095
<https://ljcounseling.org/>
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Stress Management, Crisis Intervention, Grief/Loss
- Sarai Quinteros, LPC-Associate**.....(832) 639-2015
Supervised By: Jennifer L. Gonzalez, M.S., LPC-S
Flourish Mental Health
 950 Echo Lane, Suite 350
 Houston, TX 77024
<https://flourishmentalhealth.com/>
Specialties: Trauma, anxiety, depression, self-esteem, emotional regulation, and mindfulness based coping.
- Asma A Rahim, LPC**.....713-909-0892
Rahim Counseling
 10701 Corporate Drive, Ste 220
 Stafford, TX 77477
<https://rahimlpc.com/>
Types of Services: Individuals, Couples, and Groups
Specialties: Depression, Anxiety, Stress
- Adam Rahman, MA, LPC-S**.....(832) 284-7354
Supervised By: Social House Wellness
 1806 Snake River Road, Suite B
 Katy, TX 77449
<https://socialhousewellness.com/>
Specialties: EMDR, trauma, anxiety, relationship challenges, and supporting high-achieving adults navigating stress and major transitions.
- Ambreen "Bree" Rahman, LPC**.....(281) 762-1663
Renewed Mind Counseling and Wellness
 1000 Austin St, Suite D
 Richmond, TX 77469
<https://renewedmindpllc.com/>
Types of Services: Adolescents, individuals, and couples
Specialties: Trauma, Stress, Grief/Loss, Anxiety/Depression
- Dr. Randi Raizner, PhD**.....(713) 256-1157
Raizner Pediatric Neuropsychology
 12946 Dairy Ashford Rd., Suite 200
 Sugar Land, TX 77478
<https://childneuropsychologycenter.com/>
Specialties: Neuropsychological Evaluation, Learning Disability Screening, ADHD Screening, Gifted and Talented Testing

Romilia Ramirez, LP.....832-612-1966**Alternative Roads Psychological and Educational Services**

7002 Riverbrook, Ste. 900

Sugar Land, TX 77479

<https://www.alternative-roads.com>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Psychological Evaluations, Emotional, Behavioral, or Personal Concerns, ADHD, Autism, Anxiety, Depression, Parent Support, Consultation Services**Maria Ramirez, LPC.....(832) 284-7354****Social House Wellness**

1806 Snake River Road, Suite B

Katy, TX 77449

<https://socialhousewellness.com/>**Population Served:** Children, Teens, and Adults**Types of Services:** Individuals and Families**Specialties:** Bilingual Therapist (English/Spanish). Anxiety, depression, grief (including migratory grief), cultural adjustment, and family dynamics.**Paula Rao, LPC.....281-940-8515****West Houston Counseling Center, PLLC**

23227 Red River Drive

Katy, TX 77494

<https://westhoustoncounseling.com/>**Population Served:** Adults**Types of Services:** Individuals and Couples**Specialties:** Trauma, Couples, Relationships, Multicultural Counseling, Mood Disorders, Wellness, and Mindfulness**Rachel Qihao Rao, LPC-Associate.....(346) 440-1800***Supervised By: Leigh Rainwater, LPC-S***Texas Counseling Center**

5501 Cabrera Dr., Ste. 705

Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>**Specialties:** Self-esteem, Self-acceptance, School and Work Stress, Marital and Family Conflicts**Rebecca Ray, LMFT-S, CSAT, CCPS, EMDR.....281-766-3376****Ray Family Therapy**

12238 Queenston Blvd. Suite F

Houston, TX 77095

<https://www.rayfamilytherapy.com/>**Population Served:** Adults**Types of Services:** Individuals and Couples**Specialties:** Anxiety, anger, depression, and PTSD, sex addiction and betrayal trauma

Derek Ream, PsyD, MS.....281-402-9227

Sugar Land Psychological Associates

2245 Texas Drive, Ste. 300, Office #363

Sugar Land, TX 77479

<https://www.sugarlandpsychologicalassociates.com/>

Specialties: Individual and Couples Counseling, Psychological Assessments, and Forensic Services

Silvina Rearte, MA, LMFT, LPC, RPT.....832-819-0712

10777 Westheimer, Suite 1100

Houston, TX 77042

<https://silvinarearte.com/home>

Specialties: OCD, Depression, Anxiety, Trauma, PTSD, Bipolar, ADHD, Eating Disorders

Dr. Jennifer Reck-Gordy, PhD.....281-606-0622

Synapse Psychiatry

7435 Highway 6, Suite C

Missouri City, TX 77459

<https://synapse-psychiatry.com/>

Susan Redding, M.A., LPC.....713-365-0700

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350

Houston, TX 77079

<https://renewinghope.net/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Trauma, Anxiety, Self-Esteem, Identity Questions, Addiction Recovery, Relationship Issues, Stress Management, Life Transitions

Heather Redmon, M.A., LPC.....713-365-0700

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350

Houston, TX 77079

www.renewinghope.net/team/heather-redmon

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Self-Esteem, Anxiety, Depression, Life Transitions, Trauma, Relationship Issues

Dr. Casey Redus, Provisionally Licensed Psychologist.....832-906-4434

West Houston Psychology

25145 Star Lane, Suite 101

Katy, TX 77494

<https://www.westhoustonpsychology.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals

Specialties: Psychological Testing, Neurodivergence, Bipolar Disorder, Borderline Personality Disorder, Post-Traumatic Stress Disorder, Depressive Disorders, and Anxiety Disorders

- Kelly Reece, LMSW**.....**346-763-9744**
therapy@mor
 101 Southwestern Blvd
 Sugar Land, TX 77478
<https://therapyandmor.com/therapy-in-sugar-land/>
Population Served: Children, Adolescents, and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Communication Skills, Anxiety, Depression, LGBTQIA+
- Sparkle Reed, LPC**.....**281-498-HOPE**
Fort Bend Christian Counseling Center
 2117 Avenue I
 Rosenberg, TX 77471
<https://www.fortbendccc.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Trauma, Adverse Childhood Experiences, Sexual and Physical Abuse, Self-Worth Issues, Motherhood Transitions
- Micah Rees, PhD**.....**(832) 757-4658**
Existential Psychology
 11767 Katy Fwy Suite 412
 Houston, TX 77079
<https://www.existentialpsych.com/>
Population Served:
Types of Services: Individual and Couples Counseling
Specialties: Professional and Personal Development, Healing and Trauma Recover, Creating a Meaningful Life
- Melissa Reese, MA, LPC, NCC**.....**281-849-4080**
Your Family Psychiatrist
 12247 Queenston Blvd., Suite D
 Cypress, TX 77095
<https://www.yourfamilypsychiatrist.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Couples
Specialties: Autism spectrum, Bipolar disorder, Depression, Anxiety, Obsessive Compulsive disorder, Personality disorders, Substance abuse, Eating disorders, Grief
- Mor Regev, LCSW-S**.....**346-763-9744**
therapy@mor
 101 Southwestern Blvd
 Sugar Land, TX 77478
<https://therapyandmor.com/therapy-in-sugar-land/>
Population Served: Adults
Specialties: Trauma, Depression, Anxiety, Borderline Personality Disorder, Relational and Couples Issues.

Melissa Reneau, MA, LPC-Associate.....832-278-2549

Supervised By: Michele Bachman, MA, LPC-S

Here Comes The Sun Counseling

908 Avenue B #200

Katy, TX 77483

<https://katycounselor.com/>

Population Served: Teens and Adults

Types of Services: Individuals, Couples

Claudia Resendiz, PhD, ABPP.....713-893-7105

Houston Neuropsychology Associates

11211 Katy Freeway, Suite 505

Houston, TX 77079

<https://houston-npa.com/>

Specialties: Neuropsychological and psychological testing services for children, adolescents, and adults aged 6-90+ years.

Angelica Reyes, M.S, LPC-Associate.....(832) 615-5508

Supervised By: Michelle Collins, LPC-S, RPT

Memorial Child and Family Therapy

9525 Katy Freeway, Suite 450

Houston, TX 77024

<https://memorialchildandfamilytherapy.com/>

Specialties: Grief, Anxiety, Depression, Adoption, Christian Counseling, Play Therapy

Robyn D Reyna, LPC-S.....(713) 635-9422

Calming Communities Counseling & Wellness

16225 Park Ten Place, Ste. 870

Houston, TX 77084

<https://www.calmingcommunities.com/>

Population Served: Children, Adolescents and Adults

Specialties: Registered Play Therapist, Registered Sand Tray Therapist, Aggression, Anxiety, Neuro-affirming therapy, Trauma therapy, Coparenting

Denise Rhew, LPC, LMFT.....,713-581-9100

Memorial Family Connections

9575 Katy Fwy., Ste. 220

Houston, TX 77024

www.memorialfamilyconnections.com/

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Family Dynamics, Relationships, Life Transitions, Anxiety, Depression

Chelsea Rhoden, MA, LPC.....(832) 278-2549

Here Comes The Sun Counseling

908 Avenue B #200

Katy, TX 77483

<https://katycounselor.com/>

- Kamau Richard, LPC**.....**832-876-3232**
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Adolescents ages 13 and up, Adults
Types of Services: Individuals, Couples, Families
Specialties: Exploration of Career goals, Managing grief and anxiety (including PTSD), Handling addiction issues, Improving Communication skills and Working together as a team or couple
- Sierra Richard, M.Ed., LPC**.....**(713) 365-9015**
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Population Served: Ages 10 and up.
Specialties: Anxiety, depression, trauma, grief and loss, self-esteem issues, racial justice concerns, relationship difficulties, communication struggles, and life transitions.
- Catherine "Cathy" Richards, MA, LPC**.....**(832) 706-2360**
Apollos Center
 27240 US-290
 Cypress, TX 77433
<https://www.apolloscenter.org/>
- Tracy Richied, MSW, LCSW**.....**346-206-3992**
The Resilience Center of Houston
 14930 Mueschke Rd., Ste. 100
 Cypress, TX 77433
<https://www.resiliencecenterhouston.com/>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Trauma and PTSD, OCD
- Madeline Rickmers, LMFT - Associate**.....**281-519-6364**
Supervised By: Diana Kaye Walla, LMFT-S
Katy Teen and Family Counseling
 23410 Grand Reserve Drive, Ste. 401 & 402
 Katy, TX 77494
<https://www.katyteenandfamilycounseling.com/>
Specialties: ADHD, anxiety, social anxiety, panic attacks, depression, marriage counseling, self-esteem issues, and LGBTQ+ clients.
- Roxy Riefkohl, Ph.D., LPC-S**.....**713-365-0700**
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Trauma, EMDR, Anxiety, Depression, Crisis Support

- Brett C Ritchie, LPC**.....**832-237-2673**
Houston Psychotherapists
 21212 Northwest Freeway, Ste. 455
 Cypress, TX 77429
<https://houstonpsychotherapists.com/>
Types of Services: Individuals and Couples
Specialties: Relationship counseling, men’s issues, depression, anxiety, life transitions, difficult relationships
- Bill Ritter, LPC**.....**281-398-0022**
Houston Center for Christian Counseling
 609 Park Grove, Ste B
 Katy, TX 77450
<https://www.christiancounselinghouston.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Addiction, Substance Use, OCD, Anxiety, Depression, Sex/Pornography
 Addiction, Couples Issues.
- Allen Rivera, LPC**.....**(713) 309-6405**
Kairos Counseling
 24285 Katy Freeway, Suite 300
 Katy, TX 77494
<https://kairos-counseling.org/>
Specialties: Anxiety, depression, shame, grief and loss, trauma, childhood wounds, identity and purpose, communication skills, conflict resolution, career counseling, pornography, boundaries, and multicultural issues.
- Ydalith Rivera-Perez, Ph.D.**.....**281-524-3894**
Toolbox Psychological Services, PLLC
 16225 Park Ten Pl., Ste. 500
 Houston, TX 77084
www.toolboxpsychological.com
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: ADHD, Anxiety, Depression, OCD, Trauma and PTSD
- Annie Rivero, LPC, LCDC**.....**(281) 277-8811**
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adults
Types of Services: Individuals, Couples, and Families
Specialties: ADHD, Anxiety, Depression, Anger Management, Cultural Issues, PTSD, Bilingual

Jhante' Rivet, MS, LPC.....346-206-3992

The Resilience Center of Houston

24044 Cinco Village Center, Suite 100
Katy, TX 77494

<https://www.resiliencecenterhouston.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals and Families

Specialties: Depression, Anxiety, Mood Disorders, Insomnia

Julie Robbins, M.S.W., LCSW, LCDC.....(281) 398-0022

Houston Center for Christian Counseling

609 Park Grove, Ste B
Katy, TX 77450

<https://www.christiancounselinghouston.com/>

Population Served: Ages 14 and up.

Types of Services: Individuals and Families

Specialties: Abortion recovery, Abuse, Alcoholism, Anxiety, Depression, Borderline Personality Disorder, EMDR, Phobias, and Spirituality/Faith.

Caitlin Roberts, LPC-Associate.....281-903-5353

Supervised By: Teresa Brown, M.Ed., LPC-S, NCC EMDR THERAPIST

Attachment and Trauma Center of Houston

101 Southwestern Blvd. Ste. 105
Sugar Land, TX 77478

<https://www.atchouston.com/>

Population Served: Children, Pre-Teens, Adolescents, and Adults

Types of Services: Individuals

Specialties: Autism, Neurodivergence, and EMDR

Chloe Roberts, LPC-Associate.....713-364-6479

Supervised By: Katie Adams, M.Ed., LPC-S

Westside Counseling and Wellness

11211 Katy Fwy., Ste. 550
Houston, TX 77079

www.westsidecounselingandwellness.com

Population Served: Children, Adolescents, and Young Adults

Specialties: Anxiety, Depression, Spirituality, Perfectionism, Grief.

Jennifer Roberts, LPC-S, CSC.....(713) 482-1023

Brightside Psychology

8315 FM 723, Suite 5 & 8
Richmond, TX 77406

<https://www.brightsidetx.com/about>

Population Served: EMDR, Anxiety, Depression, Grief/Loss, Self-regulation, and Healthy coping through general life transitions.

Specialties: Individuals and Families

Penny Roberts, MA, LPC-Associate.....(281) 398-0022

Supervised By: Stephanie R. Frey LPC-S., LMFT

Houston Center for Christian Counseling

609 Park Grove, Ste B

Katy, TX 77450

<https://www.christiancounselinghouston.com/>

Population Served: Ages 10 and up.

Types of Services: Individuals, Couples, and Families

Specialties: Substance Use, Anxiety, Depression, Boundaries, Eating Disorders, Emotional Regulation, Grief.

Suzanne Roberts, LCSW-S.....713-553-5524

Hope Psychotherapy

17510 Huffmeister, Ste. 102

Cypress, TX 77429

www.hopepsychotherapy.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: Anxiety, Blended Families, Depression, Grief/Loss, Self-Esteem, Stress

Sara Robertson, MA, LPC-S, CCTP.....(832) 422-6744

Wildwood Counseling

21212 Northwest Freeway. Medical Building II Ste 575

Cypress, TX 77429

<https://wildwood-counseling.com/about>

Population Served: Adolescents and Adults

Types of Services: Individuals and Couples

Specialties: Trauma, PTSD, Parenting, Self-Esteem

Katie Robertson, M.Ed., LPC.....832-913-8747

Katy Psychological Services, PLLC

24546 Kingsland Blvd

Katy, TX 77494

<https://www.katypsychservices.com/>

Specialties: Anxiety and Trauma, Play Therapy

Carey Robey, MS, LPC, NCC.....281-665-7811

Counseling Center at Cinco Ranch

23236 Kingsplace Dr.

Katy, TX 77494

<https://cincoranchcounseling.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals and Couples

Stacy Robinson, M.Ed., LPC - Associate.....(832) 706-2360

Supervised By: Carrie Follmar LPC-S

Apollo Center

27240 US-290

Cypress, TX 77433

<https://www.apollocenter.org/>

- Cristina Rodas, LPC-Associate**.....832-675-0222
Supervised By: Laura Cintron, LPC-S
Balev Counseling
 9110 Wheat Cross Dr, Ste. A
 Houston, TX 77095
<https://balevcounselingandwellness.com/>
Specialties: Trauma
- Anika Rodriguez, LMSW**.....(713) 364 6316
Supervised By: Natasha Proserpi, LCSW-S, RPT-S
Resilience Play Therapy and Counseling Center
 633 East Fernhurst Drive, Suite 801
 Katy, TX 77450
<https://resilienceplaytherapy.com/>
Population Served: Children and Families
Specialties: Play Therapy, trauma, anxiety, behavioral challenges
- Arcadio Rodriguez, LPC**.....281-371-0360
Atlas Counseling Group
 722 Pin Oak Rd. #220
 Katy, TX 77494
<https://acg-tx.com/>
Population Served: Children and Adults
Specialties: Trauma, Anxiety, Hypnosis, PTSD
- Ashley Rodriguez, LPC**.....(832) 284-7354
Social House Wellness
 1806 Snake River Road, Suite B
 Katy, TX 77449
<https://socialhousewellness.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals and Families
Specialties: Bilingual Therapist (English/Spanish). Anxiety, family stress, identity exploration, emotional regulation, and relationship concerns
- Iristela Rodriguez, MA, LMFT, LPC**.....281 778 8750
Brighter Tomorrows
 4502 Riverstone Blvd. Ste 902
 Missouri City, TX 77459
<http://www.brightertomorrowscounseling.com/>
Population Served: Individual, Couples and Family Counseling
Types of Services: Individuals, Couples, and Families
- Jeannette Rodriguez, LPC, LCDC**.....888-712-7060
Sunrise Counseling
 8315 FM Rd. 723, Ste. 44
 Richmond, TX 77406
<https://sunrise-counselingservices.com/> - about_us
Population Served: Pre-teens, Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, OCD, Stress, Trauma and PTSD

Laura Rodriguez, LPC - Associate.....(346) 440-1800

Supervised By: Lauren Hawkins, MA, LPC-S

Texas Counseling Center

25145 Star Lane, Ste. 305

Katy, TX 77494

<https://texascounseling.center/katy/>

Yeny Rodriguez, MA, LPC.....(281) 398-0022

Houston Center for Christian Counseling

609 Park Grove, Ste B

Katy, TX 77450

<https://www.christiancounselinghouston.com/>

Population Served: Ages 7 and up.

Types of Services: Individuals, Couples, and Families

Specialties: Bilingual Christian counselor. Works with anxiety, trauma, depression, struggles with self-esteem, disordered eating, infertility, and chronic pain

Katelynn Rogers, LPC-Associate.....832-463-3711

Supervised By: Charles LaDay, M.A., LPC-S

Katy Child and Family Counseling Services

5502 4th Street

Katy, TX 77493

<https://www.katychildandfamily.com/>

Population Served: Children and Families

Specialties: Family dynamics, trauma, anxiety, depression, anger, ADHD, attachment, self-esteem, mood disorders, oppositional defiant disorder (ODD), and conduct disorder

Cynthia Rojas, LPC.....(346) 440-1800

Texas Counseling Center

800 Bonaventure Way Suite 156

Sugar Land, TX 77479

<https://texascounseling.center/sugar-land-riverstone/>

Types of Services: Individuals, Couples, and Families

Specialties: Bilingual, CBT, DBT, Trauma.

Trisha Rojas, MEd, LPC.....832-675-0222

Balev Counseling

9110 Wheat Cross Dr, Ste. A

Houston, TX 77095

<https://balevcounselingandwellness.com/>

Robin Rolan, LPC.....281-968-9119

Reid Counseling Group, PLLC

1832 Snake River Road, Unit A

Katy, TX 77449

<https://reidcounseling.com/>

Population Served: Adolescents and Adults

Specialties: Women's Issues

Paola M. Roldan, LMSW.....281-579-0703

Stone Creek Psychotherapy and Wellness Center

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Relationship Issues, Traumatic Experiences, Career Issues, Divorce, Loss

Carolina Román, M.A., LMFT, EMDR, EFT.....281-858-3001

Motivations Counseling

14090 Southwest Fwy., Ste. 300

Sugar Land, TX 77478

<https://motivationscounseling.com/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Grief, Adjustment Disorders, Major Life Transitions, Caregivers, Trauma, PTSD, Veterans

Jhoanie Romero, LPC.....(346) 440-1800

Texas Counseling Center

25145 Star Lane, Ste. 305

Katy, TX 77494

<https://texascounseling.center/katy/>

Specialties: Trauma and Neurodivergence

Stephanie Romero, M.Ed., LPC.....281-944-7922

Serenity Wellness and Counseling

17844 Mound Rd, Ste. H

Cypress, TX 77433

<https://serenitywellnessandcounseling.com/>

Population Served: Ages 15 and older

Specialties: English and Spanish – Anxiety, Depression, PTSD, Self-Esteem, Conflict, Life Events, BPD, Bipolar Disorder, Body-Image, Eating Disorders, Domestic Violence, Abuse, ADHD, Relationships/Attachments, Dependency/Codependency, EMDR

James Rominger, LPC-Associate.....(832)303-9419

Supervised By: Matthew Whalen, LPC-S

Changing Tides Consulting, LLC

21340 Provincial Blvd.

Katy, TX 77450

<https://changingtidescc.com/>

Types of Services: Individual, Couples, and Families

Specialties: CBT, Internal Family Systems, LENS Neurofeedback, Brainspotting

- Marshall Rorie, MA, LPC-S**.....(281) 398-0022
Houston Center for Christian Counseling
609 Park Grove, Ste B
Katy, TX 77450
<https://www.christiancounselinghouston.com/>
Population Served: Adults
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, Depression, Couples Issues, Porn/Sex Addiction, Men's Issues.
- Alysha Ruffatto, LPC-Associate**.....(832)303-9419
Supervised By: Matthew Whalen, LPC-S
Changing Tides Consulting, LLC
21340 Provincial Blvd.
Katy, TX 77450
<https://changingtidescc.com/>
Types of Services: Individuals
Specialties: LENS Neurofeedback, Brainspotting, Trauma
- Dr. Cedrina Ruffin, LCSW-S**.....832-226-7029
CMR Clinical Counseling and Consulting
4220 Cartwright Rd Suite 1105
Missouri City, TX 77459
<https://www.cmrcinicalcounseling.com/>
Specialties: Anxiety, depression, grief and loss, trauma, relationship issues, self esteem issues, and family issues.
- Christina Runnels, MA, LPC-S, LCDC, PMH-C**.....(832) 717-7166
Greater Houston Counseling Services
147 Bella Katy Dr.
Katy, TX 77494
<https://www.greaterhoustoncounselingsrvcs.com/>
Specialties: Maternal mental health, Trauma-informed care, Worklife balance and burnout prevention.
- Lauren Rushton, LPC**.....832-735-2036
Greater Houston Counseling Center
7002 Riverbrook Dr., Ste. 100
Sugar Land, TX 77479
<https://greaterhoustoncounselingservices.com/>
Population Served: Children, Adolescents, and Adults
Specialties: Anxiety, Maintaining Relationships, Trauma, Behavioral Issues, and Depression
- Bobbie Russell, LCSW**.....346-415-5551
Bloom Counseling, PLLC
11999 Katy Fwy., Ste. 156
Houston, TX 77079
www.healwithbloom.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADHD, Coaching, LGBTQIA+, Anxiety, EMDR

- Gary Russell, LPC, LCDC, CSAT**.....713-365-0700
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Addiction, Self-Esteem
- Josh Sachs, M.A., LPC**.....713-365-0700
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Relationship Issues
- Lucia Salas, LMSW**.....(281) 829-8431
Supervised By: Dayna Gurley, LCSW-S
A Healing Path Counseling & Consulting
 11929 University Blvd, Suite B
 Sugar Land, TX 77479
<https://www.ahealingpathcounseling.com/>
Population Served: Teens and Adults
Types of Services: Individuals, Couples, and Families
Specialties: Trauma, Anxiety, Depression, Eating Disorders, LGBTQ+
- Dairyn Salguero, LPC**.....281-205-7997
Cypress Therapy and Counseling
 17774 Cypress Rosehill Road, Ste. 400
 Cypress, TX 77429
<https://cypresstherapyandcounseling.com/>
Population Served: Minors, Adults
Types of Services: Individuals, Couples
- Joanna Sanchez, LMFT-S**.....281-901-1268
DMomentum Therapy
 1832 Snake River Rd.
 Katy, TX 77449
<https://dmomentumtherapy.com>
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Anger Management, Codependency, Depression, Marriage Counseling, Parenting, Relationship Issues, Self-Esteem, Self-Harming, Spirituality, Substance Abuse, Suicidal Ideation, Women's Issues
- Mary Louise Sanchez, LPC**.....(713) 352-3166
Therapeutic Alliance and Testing Center
 7070 Knights CT, Suite 1301
 Missouri City, TX 77459
<https://treatmentwithtatc.com/>

Catherine Sanderson, LPC.....(832) 406-4304**Katy Counseling**

633 E Fernhurst Dr. Ste 1102

Katy, TX 77494

<https://katycounseling.com>**Population Served:** Children, Adolescents**Specialties:** Play Therapy, EMDR, Trauma**Sheri Sanderson, LPC.....281-985-5848****A-You Turn Counseling**

8315 FM 723, Suite 28

Richmond, TX 77406

<https://www.ayouturncounseling.com/>**Population Served:** Children, Adolescents, and Adults**Types of Services:** Individual, Couples, and Families**Specialties:** Autism, ADHD, Neurodiversity, Depression, Anxiety, Sex Therapy, Anger Management**Barbara Flores Sandoval, LPC - Associate.....281-644-9159***Supervised By: Jennifer Cain, LPC-S, RPT-S***AP Counseling Group**

3402 Torchlight Terrace Ste. D

Katy, TX 77494

<https://www.apcounselinggroup.com/>**Specialties:** Trauma, Play Therapy**Amy Sanseverino, LMFT, LPC.....832.271.2779****Growth and Healing Counseling**

25807 Westheimer Pkwy, Ste. 303

Katy, TX 77494

<https://growthandhealingcounseling.clientsecure.me/> - locations**Types of Services:** Individuals and Families**Specialties:** Depression, anxiety, post-traumatic stress, anger, interpersonal struggles, relationship conflicts and substance abuse.**Angelina Santos, LPC-Associate.....(346) 476-6424***Supervised By: Francisco Ortiz, LPC-S***District Counseling**

633 E Fernhurst Dr Unit 203

Katy, TX 77450

<https://districtcounseling.center/katy/>**Specialties:** Anxiety, depression, trauma, ADHD, career transitions, relationships and women's mental health

Isela Saripella, LPC -S.....(713) 316-9081**Karitas Counseling**

18506 Green Land Way Ste A
Houston, TX 77084

<https://karitascounseling.com>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: EMDR, Play Therapy, depression, anxiety, relationship difficulties (couples, parent/child, siblings), grief and loss, life transitions, and trauma.

Allie Sauls, MA, LPC-S.....(713) 365-9015**Heritage Behavioral Health Consultants**

1325 Campbell Rd.
Houston, TX 77055

<https://www.heritagebehavioral.com/>

Population Served: Children and Adolescents

Specialties: Behavioral issues, developmental disorders, significant life transitions, ADD and ADHD and family-centric situations such as divorce, trauma, and grieving.

Diane Schaefer, LCSW-S.....281-579-0703**Stone Creek Psychotherapy and Wellness Center**

20915 Kingsland Blvd.
Katy, TX 77450

www.stonecreektherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Family Conflict, Skills Development, Parenting Issues

Rachel Schaffer, LMSW.....979-464-9744

Supervised By: Steven Parks, LCSW-S, RPT-S, MBA

The Healing Place

56 Sugar Creek Center Blvd, Suite 160
Sugar Land, TX 77498

<https://www.thehealingplacetherapy.com/>

Population Served: Children, Adolescents

Types of Services: Individuals

Specialties: Anxiety disorders, Emotional disturbances, Family conflict, Trauma.

Robin L. Schelling, M.S., NCC, LCDC, DOT, SAP, SAE.....281-789-6944**Robin Leah Counseling**

13100 Wortham Center Dr.
Houston, TX 77065

<https://robinleahcounseling.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Addiction, Relationship Issues, Anxiety

Karin Schiemenz, LPC-Associate.....(281) 778 - 8715

Supervised By: Thomas B. Mitchell, MA, LPC-S

The Solace Center Sienna

5777 Sienna Parkway, Suite 350

Missouri City, TX 77459

<https://www.thesolacecentersienna.com/>

Cynthia Schincaglia, LPC-Associate.....(713) 364 6316

Supervised By: Kimberly Harrington-Delgado, LPC-S

Resilience Play Therapy and Counseling Center

633 East Fernhurst Drive, Suite 801

Katy, TX 77450

<https://resilienceplaytherapy.com/>

Specialties: Multilingual (English/Portuguese/Spanish), Trauma, Play Therapy

Janelle Schlueter, MS, LPC, NCC, CCTP.....281-665-7811

Counseling Center at Cinco Ranch

23236 Kingsplace Dr.

Katy, TX 77494

<https://cincoranchcounseling.com/>

Population Served: Adolescents and Adults

Specialties: OCD, PTSD, Trauma, Confidence

Kristy Schneider, M.A., LPC.....713-466-1360

Cy-Hope Counseling

12715 Telge Rd.

Cypress, TX 77429

cy-hopecounseling.org

Population Served: Children, Teens, and Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Stress, Perfectionism, or Life transitions

Ann Schroeder, LPC.....713-365-0700

Renewing Hope Counseling

11777 Katy Fwy., Ste. 350

Houston, TX 77079

<https://renewinghope.net/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Relationship Issues, Anxiety, Depression, Grief and Loss, Trauma, Career Changes, Caregiver Burnout

Mimi Schultz, LPC.....(713) 628-3966

Malaty Therapy

11211 Katy Fwy # 300

Houston, TX 77079

<https://malatytherapy.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals

Specialties: Depression, Anxiety, and Compulsive disorders

- Allie Scott, LPC**.....(832) 497-8826
 7302 House Hahl Rd., Suite 302
 Cypress, TX 77433
<https://www.alliescottcounseling.com>
Specialties: EMDR, Anxiety, Depression, Bipolar, Trauma, PTSD, Borderline Personality Disorder, Abuse
- Ellen Scott, LPC-Associate**.....(409) 292-8909
Supervised By: Nicole Ponce, LPC-S
 120 Eldridge Rd, Suite D
 Sugar Land, TX 77478
<https://nicoleponcecounseling.com/>
Population Served: Adolescents and Adults
- Kathryn Scroggins, LPC**.....832.510.7678
Gardenia Counseling
 21320 Provincial Blvd
 Katy, TX 77450
<https://www.gardenia.health/>
Types of Services: Individuals, Couples, and Families
Specialties: Anxiety, Depression, Stress, Relationship challenges, Developmental Disabilities, Autism, ADHD
- Candice Scurry, LPC-S**.....(832) 562-0553
Mercie Health
 25031 Westheimer Pkwy, Ste. 500
 Katy, TX 77494
<https://merciehealth.com/>
Specialties: Codependency, Stress, and Anxiety
- Stacey Seay, LPC, LSPTP, LCDC, NCC, CART**.....832-821-0124
Mindpath Health
 77 Sugar Creek Center Blvd., Ste. 460
 Sugar Land, TX 77478
<https://www.mindpath.com/clinicians/stacey-seay-lpc/?locationId=80288>
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Depression, Adjustment Disorder, Panic Attacks, Panic Disorders, ADHD
- Jonathan Semro, M.Div., LPC**.....281-944-7922
Serenity Wellness and Counseling
 17844 Mound Rd., Ste. H
 Cypress, TX 77433
<https://serenitywellnessandcounseling.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Trauma, Suicidal Ideation, Communication, Career Counseling

Omar A. Sesay, PhD Candidate, LPC-S, NCC.....713-292-7598

Top Level Counseling and Consulting

2700 Lake Olympia Pkwy, Ste 204
Missouri City, TX 77459

<https://www.toplevelcounseling.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals, Families, and Couples

Kiana Shelton, LCSW.....713-913-1645

MindPath Health

24275 Katy Freeway, Suite 410
Katy, TX 77494

https://www.mindpath.com/locations/katy/?pk_medium=organic&pk_campaign=locations

Population Served: Adults

Specialties: Anxiety, Depression, Bipolar, PTSD, Infertility, Postpartum Mental Health

Mary Ellen Sherrill, M.S.W., LCSW-S, RPT-S.....281-277-8811

Houston Center for Christian Counseling

402 Julie Rivers Dr
Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals

Specialties: Play Therapy, trauma, abuse, anxiety, depression, ADHD, grief and loss and Autism Spectrum Disorder.

Shield Bearer Counseling Center.....832-626-7825

12337 Jones Rd., Ste. 114
Houston, TX 77070

www.shieldbearer.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anxiety, Bipolar Personality, Depression, Eating Disorders, Grief, OCD, Self-Esteem, Self-Harming, Sexual Abuse, Suicidal Ideation, Trauma and PTSD

Diane Shillings, M.A., LPC-S, CCPS, NATC.....281-277-8811

Houston Center for Christian Counseling

402 Julie Rivers Dr
Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Adults

Types of Services: Individuals, Couples, and Families

Specialties: Betrayed Partners, Blended Families, Divorce, Remarriage, Narcissistic Abuse.

Saharah Shrout, MA, LPC-S.....(281) 665-0888**OCD & Anxiety Treatment of Houston**

13100 Wortham Center Drive
Houston, TX 77065

<https://www.oaththerapy.com/>

Population Served: Adolescents and Adults

Specialties: OCD, Panic Disorder, Anxiety, Social Anxiety, Phobias

Haley Shults, LPC-Associate.....281-205-7997

Supervised By: Tiffany Priska, LPC-S

Cypress Therapy and Counseling

17774 Cypress Rosehill Road, Ste. 400
Cypress, TX 77429

<https://cypresstherapyandcounseling.com/>

Population Served: Adults

Types of Services: Individuals

Specialties: Addictions, Anxiety, Depression, Bipolar, ADHD, Trauma

Josefina Sierra, LPC.....(832) 895-9358**Healing Pathways of Houston**

9235 Katy Freeway, Suite 140-160
Houston, TX 77024

<https://www.healingpathwayshouston.com/>

Specialties: Survivors of intimate partner violence, sexual trauma, PTSD, cultural-identity based trauma, and childhood adversity. Bilingual

Dr. Caroline Silva, PhD, PLP.....(281) 612-8580

Supervised By: Dr. Amelia Paquin

Nowlogy Psychology Experts

11211 Katy Fwy., Ste. 222
Houston, TX 77079

<https://nowlogy.com/texas-therapy/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples, Families

Specialties: Anxiety, Depression, Personality Disorders, PTSD, OCD, ADHD, Autism, Eating Disorders

Erin Silva, M.Ed., LPC.....281-433-1363**Tranquil Hearts Counseling Center**

16712 Huffmeister Road, Building 400A
Cypress, TX 77429

<https://www.tranquilheartscounselingcenter.com/>

Specialties: Play Therapy, Grief, Anger Management, Divorce, ADHD, Abuse, Depression, Anxiety, Abuse, Self-Harm

- Bonnie Simien, LPC**.....**346-440-1800**
Texas Counseling Center
800 Bonaventure Way, Ste. 156
Sugar Land, TX 77479
www.texascounseling.center/sugar-land/#next
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, ADHD, Daily Stressors, Parenting, Relationship Issues, Family Conflict
- Laier Lowrey Simon, LPC-Associate**.....**281-277-8811**
Supervised By: Jeanne Hensley, M.S., LPC-S
Houston Center for Christian Counseling
402 Julie Rivers Dr
Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals and Couples
Specialties: Abuse, Anxiety, Depression, Emotional Regulation, Sexual Abuse, Women's Issues.
- Kiira Sisman, LPC**.....**(832) 534-0818**
Sisman Counseling, PLLC
12837 Louetta Rd
Cypress, TX 77429
<https://sismancounseling.com>
Population Served: Adolescents and Adults
Specialties: Women's Issues, Codependency, Toxic Relationships, Anxiety, and Depression
- Andrea Skoglund, LCSW**.....**832-247-8066**
4502 Riverstone Blvd, Suite 804
Missouri City, TX 77459
<https://andreaskoglund.com/>
Types of Services: Individuals, Couples, Families, and Groups
Specialties: Life Stressors, Death/Dying, Conflict Resolution, EMDR
- Jennifer Slaughter, LCSW**.....**713-256-3541**
Relational Psychotherapy, PLLC
11767 Katy Fwy., Ste. 412
Houston, TX 77079
<https://relational-psychotherapy.org/>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Chronic Illness, Men's Issues, Narcissistic Personality, Trauma and PTSD

- Catherine Huet Smith, LPC**.....281-277-8811
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Adults
Types of Services: Individuals and Couples
Specialties: Anxiety, Depression, Relationship Issues, Boundaries, Forgiveness
- Dana Smith, Ph.D., LCSW**.....281-829-8431
A Healing Path Counseling
 11929 University Blvd., Ste. B
 Sugar Land, TX 77479
www.ahealingpathcounseling.com/
Population Served: Adults, Elders
Types of Services: Individuals, Groups
Specialties: Grief and Loss, Anxiety, Depression, Women's Issues
- Doak Smith, LMFT-Associate**.....(832) 639-2015
Supervised By: Bianca Vincent, LMFT-S, LPC-S
Flourish Mental Health
 950 Echo Lane, Suite 350
 Houston, TX 77024
<https://flourishmentalhealth.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals and Couples
Specialties: PTSD, ADHD, anxiety, depression, and addictions.
- Dr. Shlon Smith, PhD, PLP**.....281-612-8580
Supervised By: Dr. Amelia Paquin
Nowlogy Psychology Experts
 17820 Mound Rd., Ste. B
 Cypress, TX 77433
<https://nowlogy.com/texas-therapy/>
Population Served: Children, Adolescents, Adults
Specialties: Anxiety, Depression, ODD, ADHD
- Jana Smith, LPC - Associate**.....713-364-8645
Supervised By: Roxanne Deams, LPC-S
Brittani Persha Counseling
 1001 S Dairy Ashford Rd, Ste. 510
 Houston, TX 77077
www.brittanipershacounseling.com
Population Served: Children, Adolescents, Families
Specialties: Grief, Anxiety, Post-traumatic stress disorder (PTSD)
- Sarah Smith, LPC, RPT**.....713-598-3559
 9601 Katy Freeway, Suite 175
 Houston, TX 77024
<https://www.michellemforrester.com/>

- Torresy Smith, LPC, LCDC**.....832-876-3232
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals
Specialties: Anger Management, Substance Use Disorders, Emotional Regulation
- Kelsey Snavely, LPC**.....832-662-6970
Mind Mechanics
 24618 Kingsland Blvd.
 Katy, TX 77494
<https://mindmechanics.org/>
Specialties: Trauma Therapist
- Kelly Sobieski, MA, LPC**.....(713) 365-9015
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Population Served: Ages 3 and up
Types of Services: Individuals, Couples, and Families
Specialties: Play therapy, ADHD testing, anxiety, depression, infertility, grief, stress, trauma, life transitions, and relationship issues.
- Francesca Socco, LPC-Associate**.....281-778-9530
Mind Matters Psychiatry
 4502 Riverstone Blvd., Ste. 601
 Missouri City, TX 77459
<https://www.mindmatterpsychiatry.com/>
- Michael Soderstrom, M.A., LPC-S**.....832-971-0025
Houston OCD Counseling
 9432 Katy Fwy., Ste. 400
 Houston, TX 77055
www.houstonocdcounseling.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Families
Specialties: Anxiety, OCD, Stress, Testing and Evaluation
- Michelle Soebbing, LPC**.....(713) 628-3966
Malaty Therapy
 11211 Katy Fwy # 300
 Houston, TX 77079
<https://malatytherapy.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals and Families
Specialties: Trauma, Anxiety, Family struggles.

- Jasime Sonny, PsyD**.....800-685-9796
New Dimensions Day Treatment Centers
 439 Mason Park Blvd., Ste. B
 Katy, TX 77450
 www.nddtreatment.com
Population Served: Children, Adolescents, and Adults
Specialties: Psychological and Neuropsychological Testing
- Emily Sorem, LP-A**.....(713) 482-1023
Brightside Psychology
 8315 FM 723, Suite 5 & 8
 Richmond, TX 77406
<https://www.brightsidetx.com/about>
Population Served: Psychological Testing
- Kacee Soto, M.S., LPC-S**.....(832) 662-6970
 24618 Kingsland Blvd.
 Katy, TX 77494
<https://mindmechanics.org/>
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Stress, Life Transitions, Depression, Trauma, PTSD, Women's Issues
- Dideoluwa Sotubo, LPC-Associate**..... (346) 681-9043
Supervised By: Katrina Landry, PhD, LPC-S
Living Waters Counseling
 10401 Mason Rd, Suite E-503
 Richmond, TX 77406
<https://www.livingwaterscounseling.org/>
- John Spoede, PhD, D.Min., LPC-S, LCDC**.....713-365-0700
Renewing Hope Counseling
 11777 Katy Fwy., Ste.350
 Houston, TX 77079
<https://renewinghope.net/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Grief, Loss, Trauma, Pain of Suicide
- Ashley Spurling, LPC-Associate**.....713-365-0700
Supervised By: Kimberly Collins, M.A., LPC-S
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
www.renewinghope.net/team/ashley-spurling
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Transitioning into Adulthood, Women's Issues, Anxiety, Depression, OCD, Grief and Loss

Desiree St. Pierre, M.S., LPC-A, NCC.....346-233-1513*Supervised By: Suzan Cotellesse, M.A., LPC-S***Mental Health Counseling of Fulshear**

5757 Flewellen Oaks Ln., Bldg. 5, Ste. 501

Fulshear, TX 77441

www.lastingchangecounseling.clientsecure.me**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Trauma, PTSD, Panic Disorders, Depression, Aging, Blended Families, Burnout, Communication Issues, Coping Skills, Emotional Abuse, Family Conflict, Grief, LGBTQIA+, Parenting**Lauren Stanley, LPC-Associate.....346-516-4196***Supervised By: Marcel Gamboa, LPC-S***Life Cycles Counseling**

23227 Red River Dr

Katy, TX 77494

<https://lifecyclescounseling.com/>**Population Served:** Adults**Specialties:** Depression, Anxiety, Bipolar disorder, ADHD, Autism Spectrum Disorder, and Trauma**Lacy K. Starns, MCRC, LPC-S, ASOTP.....346-206-3992****The Resilience Center of Houston**

24044 Cinco Village Center, Suite 100

Katy, TX 77494

<https://www.resiliencecenterhouston.com/>**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma, PTSD, Family Conflict, Depression**Thomas Stearns, MSSW, LCSW.....979-459-8122****Cypress Mental Health**

8118 Fry Rd., Ste. 203

Cypress, TX 77433

<https://cypressmh.com/>**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Alcohol Use, Anger Management, Anxiety, Behavioral Issues, Codependency, Coping Skills, Depression, Family Conflict, Grief**Laurie Stempien, LCSW, RPT.....832-303-8933****Julia's Counseling**

11211 Katy Fwy., Ste. 540

Houston, TX 77079

www.juliascounseling.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Depression, Dissociation, Attachment, Sexual Abuse, Trauma, EMDR

Marilyn Stephens, LPC.....832-225-2090

Family Harmony Therapy, PLLC

10401 Mason Rd.

Richmond, TX 77406

<https://www.familyharmonytx.com/>

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Behavioral Issues, Social Withdrawal, Emotional Outbursts, Family Conflict, Blended Families

Shaune Sterling, LMSW.....346-702-0072

Equity Counseling Services

17820 Mound Road Suite H

Cypress, TX 77433

<https://equitycounseling.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Addiction, Adoption, Behavioral Issues, Emotional Disturbance, Gender Identity, Grief, Infidelity, Trauma, Men's Issues, Military Trauma, Parenting, Peer Relationships

Robyn Stewart, M.A., LPC.....281-398-0022

Houston Center for Christian Counseling

609 Park Grove, Ste. B

Katy, TX 77450

<https://www.christiancounselinghouston.com/>

Population Served: Ages 10 and up.

Types of Services: Individuals and Families

Specialties: Anxiety, Depression, Codependency, Boundaries, PTSD.

Angie Sticker, M.A., LPC-Associate.....281-406-0143

Supervised By: April West, LPC-S

Bramblewood Counseling and Wellness

633 E. Fernhurst Dr., Ste. 703

Katy, TX 77450

<https://www.bramblewoodcounseling.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Monica Stiles, LPC-Associate.....(346) 476-6424

Supervised By: Alice Payne, LPC-S

District Counseling

17828 Mound Rd., Ste. D

Cypress, TX 77433

<https://districtcounseling.center/tree-house/>

Population Served: Children, Adolescents, and Young Adults

Specialties: Trauma, divorce, life transitions, anxiety, depression, Autism, ADHD, and relationship difficulties.

- Arianna Stittiams, LPC-Associate**.....**281-315-0386**
Supervised By: Dawn-Petrice Youngs, LPC-S
Youngs Counseling, PLLC
 16712 Huffmeister Rd., Bldg. 200C
 Cypress, TX 77429
<https://www.youngscounseling.com/>
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: ADHD, Anger Management, Anxiety, Behavioral Issues, Blended Families, Depressions, Divorce, Grief, Infidelity, Life Coaching, Parenting, Relationship Issues, Racial Identity, Self-Esteem, Stress, Substance Use.
- Lesli Stockwell, LPC-Associate**.....**713-365-0700**
Supervised By: Lee Hudson, Psy.D, LPC-S
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
www.renewinghope.net/team/lesli-stockwell
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Substance Abuse, Schizophrenia, Bipolar, Personality Disorders, Sexual Abuse, Domestic Violence, Addiction
- Brent Stoller, LPC**.....**281-903-5353**
Attachment and Trauma Center of Houston
 101 Southwestern Blvd. Ste. 105
 Sugar Land, TX 77478
<https://www.atchouston.com/>
Population Served: Pre-adolescents 11 and up, Adolescents, and Adults
Types of Services: Individuals
Specialties: Depression, Anxiety, Trauma, Substance Abuse, EMDR
- Sarah Stoune, M.Ed., LPC**.....**806-319-5331**
Partners for Change Counseling, LLC
 1035 Dairy Ashford Rd., Ste. 154
 Houston, TX 77079
www.partnersforchangecounseling.com
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: ADHD, Anxiety, Autism, Depression, Trauma and PTSD
- Thomas Stribling, LPC-Associate**.....**832-675-0222**
Supervised By: Laura Cintron, LPC-S
Balev Counseling
 9110 Wheat Cross Dr, Ste. A
 Houston, TX 77095
<https://balevcounselingandwellness.com/>
Specialties: Anxiety, Depression, Relationship Issues

- Heather Stroud, LPC**.....**713-365-0700**
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Types of Services: Individuals, Families
Specialties: Anxiety, Anger Management, Stress, Depression, Communication, Family Conflict
- Courtney Suddath, M.A., LSSP, LPC-S**.....**713-659-9908**
Sycamore Family Counseling
 21212 Northwest Fwy., Ste. 575
 Cypress, TX 77429
www.sycamorefamilycounseling.net/
Population Served: Toddlers, Children, Adolescents, Adults, Elders
Types of Services: Individuals, Families
Specialties: Anxiety, Autism, Behavioral Issues, Depression, Parenting, Women's Issues
- Kimberly Sulak, LPC**.....**281-498-HOPE**
Fort Bend Christian Counseling Center
 2117 Avenue I
 Rosenberg, TX 77471
<https://www.fortbendccc.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Peer Pressure, Family Struggles, Self-Harm, Self-Esteem, Suicidal Ideation
- Donna Sullivan, LPC**.....**713-904-5222**
Corporate and Family Counseling
 154 Bella Katy Dr.
 Katy, TX 77494
www.corporatefamilycounseling.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, PTSD, Family Conflict, Relationship Issues
- Karen Sullivan, LCSW**.....**(713) 826-3783**
 12440 Emily Court, Ste. 801
 Sugar Land, TX 77478
<https://www.karensullivanlcs.com/>
Specialties: Play Therapy, Trauma, Attachment, and Grief
- Julie Summers, LPC-S**.....**(713) 365-9015**
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Specialties: Family mediation and crisis intervention, children suffering from depression, anxiety, and attention-deficit/hyperactivity disorder, and adults who have long-term interpersonal difficulties.

Tameka Survillion, MA, LPC.....346-206-3992

The Resilience Center of Houston

24044 Cinco Village Center, Suite 100

Katy, TX 77494

<https://www.resiliencecenterhouston.com/>

Population Served: Adolescents and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, Panic Attacks, Phobias, Trauma and PTSD, Depression, Blended Families

Alexandra Svadlenak, LPC, LCDC.....(281) 818-6758 x 2

Anew Psychological Services

12239 Queenston Blvd., Ste. G

Houston, TX 77095

<https://www.anew-psychological.com/meet-our-team-northwest-office>

Population Served: Adolescents and Adults

Types of Services: Individuals, Couples

Specialties: Addiction, Co-occurring disorders, Depression, Anxiety, Low self-esteem, Relationship challenges, ADHD, Life stressors

Cathy Swan, LCSW.....832-978-8609

Swan Counseling

1832 Snake River Road, Suite E

Katy, TX 77449

<http://www.swancounseling.life/index.php>

Population Served: Pre-teens, Teens, and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, Depression, Infidelity, Anger, Blended Family Issues.

Latrina "Renee" Swanigan, LPC.....(281) 762-1663

Renewed Mind Counseling and Wellness

1000 Austin St, Suite D

Richmond, TX 77469

<https://renewedmindpllc.com/>

Types of Services: Children, Individuals and Families

Specialties: Self-Esteem, Grief/Loss, Family Conflict, Depression/Sadness

Rebecca Swift, LPC-Associate.....(832) 615-5508

Supervised By: Michelle Collins, M.ED., LPC, RPT, CCTP, CATP

Memorial Child and Family Therapy

9525 Katy Freeway, Suite 450

Houston, TX 77024

<https://memorialchildandfamilytherapy.com/>

Specialties: ADHD, Addictions, Anxiety, Christian Counseling, Trauma, Sports Related Challenges

Claire Swinney, M.Ed., LPC-Associate.....(832) 736-3223

Supervised By: Shalonia Gundy, MA, LPC-S

Eight Phases Behavioral Health

2000 S. Dairy Ashford Rd., Ste. 380

Houston, TX 77077

<https://www.8phases.com/>

Specialties: Individuals, Family Therapy, Adolescent, Esteem, Young Adults

Ashlea Szanto, LPC.....(832) 615-5508

Memorial Child and Family Therapy

9525 Katy Freeway, Suite 450

Houston, TX 77024

<https://memorialchildandfamilytherapy.com/>

Specialties: Anxiety, Adoption, Depression, Anger Management, School Related Issues

Ava Szucs, LPC.....(346) 514-4604

District Counseling

12258 Queenston Blvd Ste A

Houston, TX 77095

<https://districtcounseling.center/cypress/>

Population Served: Ages 5 and above

Specialties: Depression, anxiety, OCD, Autism, ADHD, life transitions, relationship difficulties

Dr. Anthony Tamborello, PhD, LP.....281-612-8580

Nowlogy Psychology Experts

17820 Mound Rd., Ste. B

Cypress, TX 77433

<https://nowlogy.com/texas-therapy/>

Population Served: Adults

Specialties: Anxiety, Depression, OCD, Stress, Relationship Issues, Substance Use

Sara Tanner, LPC.....(346) 681-9043

Living Waters Counseling

10401 Mason Rd, Suite E-503

Richmond, TX 77406

<https://www.livingwaterscounseling.org/>

Specialties: Complex Trauma and Attachment Issues

Laurel E. Tate, LCSW.....281-579-0703

Stone Creek Psychotherapy and Wellness Center

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Mood Disorders, Anxiety, Dissociative Identity Disorder, Schizophrenia, Trauma, Sexual Abuse, Adoption, Grief, Family Conflict, Substance Abuse, Women's Issues

- Tameka Tate, M.A., LPC**.....713-969-8964
Mosaic Tree Counseling
 2600 Gessner Rd., #203
 Houston, TX 77080
<https://mosaictreecounseling.com/>
- Niloofar Tavakoli, PhD, LPC**.....(713) 628-3966
Malaty Therapy
 11211 Katy Fwy # 300
 Houston, TX 77079
<https://malatytherapy.com/>
Population Served: Adults
Types of Services: Individuals and Couples
Specialties: Anxiety, Panic Attacks, Relationship issues, Multiculturalism, Life transitions, Psychological assessments.
- Angela Taylor, M.S., LPC**.....346-639-8632
Vibrant Soul Counseling & Consulting, PLLC
 10707 Corporate Dr., Ste. 100-G
 Stafford, TX 77477
www.vibrantsoulcounseling.com
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addiction, ADHD, Anger Management, Anxiety, Behavioral Issues, Career Counseling, Codependency, Depression, Grief, Parenting, Substance Abuse, Trauma and PTSD
- Madison Taylor, LCSW**.....832-304-7244
Cognitive Psychiatry
 2000 S. Dairy Ashford, Ste 340
 Houston, TX 77077
www.mycognitivepsychiatry.com
Specialties: Anxiety, Depression, ADHD, Grief, Trauma, Parenting
- Ritasha Taylor, LCSW**.....281-410-2044
Soar Concepts
 2700 Lake Olympia Parkway
 Missouri City, TX 77459
<https://www.soarconcepts.com/>
- Sarah Lane Taylor, MA, MEd, LPC-Associate**.....(281) 762-1825
Supervised By: Kimberly Nemece, MA, LPC-S
Barnhill and Associates
 8410 Hwy 90A, Suite 160
 Sugar Land, TX 77478
<https://www.barnhillcounseling.com/>
Types of Services: Individuals and Families
Specialties: Alcohol and drug addiction, eating disorders, self mutilation, anxiety, depression, grief / loss, and trauma.

- Felicia Tedder, LCSW**.....**832-477-3113**
Tedder's Counseling Corner
 3880 Greenhouse Rd., Ste. 411
 Houston, TX 77084
www.psychologytoday.com/us/therapists/felicia-ann-tedder-houston-tx/371627
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, Mood Disorders, Trauma and PTSD, Women's Issues
- Alfonso Tejada, M.Ed., LPC**.....**346-206-3992**
The Resilience Center of Houston
 14930 Mueschke Rd., Ste. 100
 Cypress, TX 77433
www.resiliencecenterhouston.com
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Anxiety, Depression, Anger Management
- Rocio J Tharp, LPC-S, LMFT**.....**832-407-0487**
Memorial Relationships and Couples Center
 955 Dairy Ashford, Ste. 108
 Houston, TX 77079
<http://www.rociotharplpclmfta.com>
Specialties: Sexual issues, sexual compulsive behavior, relational problems, post-traumatic stress disorders (PTSD), anxiety issues, communication problems, conflict resolution, domestic violence, anger management problems, gender issues, stress management issues.
- Ashley Thiel, LMSW**.....**832-303-8933**
Supervised By: Sarabeth Haddad, LCSW-S, RPT-S, PMH-C
Julia's Counseling
 11211 Katy Fwy., Ste. 540
 Houston, TX 77079
<https://www.juliascounseling.com/>
Types of Services: Children and Families
Specialties: Trauma, anxiety, mood changes, behavioral concerns, attention deficit, neuro-divergence, and parent/child attachment.
- Aaron Thomas, LPC**.....**832.287.3422**
Thomas Counseling Center
 10242 Greenhouse Road, Ste. 1502
 Cypress, TX 77433
<https://www.counselingcypress.com/>
Types of Services: Individuals, Couples, and Families
- Bridget Thomas, LPC-S, LCDC, ADC III, SAP**.....**281-832-8420**
 120 Eldridge Road, Unit D
 Sugar Land, TX 77478
<https://www.bridgetthomas.com/>
Population Served: Adolescents and Adults
Specialties: Depression, SAP Referrals, Anxiety, Substance Use, Relational Issues, Grief, Trauma

- Javeron Thomas, LPC**.....(346) 476-6424
District Counseling
633 E Fernhurst Dr Unit 203
Katy, TX 77450
<https://districtcounseling.center/katy/>
Population Served: Ages 8 and above
Specialties: Depression, anxiety, low self-esteem, or having trouble with relationships
- Lisa Thomas, LPC, M.Ed., CCPT**.....832.287.3422
Thomas Counseling Center
10242 Greenhouse Road, Ste. 1502
Cypress, TX 77433
<https://www.counselingcypress.com/>
Types of Services: Individuals and Families
Specialties: Play Therapy, Sand Tray Therapy
- Renu Thomas, PhD**.....713-789-7560
Stuart J. Nathan, Ph.D. and Associates
2450 Fondren Rd. Suite 312
Houston, TX 77063
<https://www.mental-health-houston.com/>
- Tamisha Thomas, LPC-Associate**.....(832) 736-3223
Supervised By: Shalonia Gundy, MA, LPC-S
Eight Phases Behavioral Health
2000 S. Dairy Ashford Rd., Ste. 380
Houston, TX 77077
<https://www.8phases.com/>
- Yuri Thompson, PhD**.....713-598-3559
9601 Katy Freeway, Suite 175
Houston, TX 77024
<https://www.michellemforrester.com/>
Specialties: Anxiety, Depression, Attention problems, Disruptive behaviors, Feeding and Elimination disorders, Medical adherence/adaptation issues, Child trauma, and Autism spectrum disorder
- Thriveworks**.....(571) 554-1147
23410 Grand Reserve Dr., Ste. 301
Katy, TX 77494
<https://thriveworks.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Stress, Mental Stress, Depression, Anxiety, Relationship Issues, Anxiety, Depression, Behavioral Issues, ADHD, Women's Issues, Self Esteem, Infidelity, Coping Skills

Thriveworks.....(571) 554-1147

15103 Mason Rd., Ste. E2

Cypress, TX 77433

<https://thriveworks.com/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Stress, Mental Stress, Depression, Anxiety, Relationship Issues, Anxiety, Depression, Behavioral Issues, ADHD, Women's Issues, Self Esteem, Infidelity, Coping Skills**Thriveworks.....(571) 554-1147**

5819 Hwy 6, Ste. 255

Missouri City, TX 77459

<https://thriveworks.com/>**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Stress, Mental Stress, Depression, Anxiety, Relationship Issues, Anxiety, Depression, Behavioral Issues, ADHD, Women's Issues, Self Esteem, Infidelity, Coping Skills**Kristin Thornborrow, MS, LPC-A, LMFT-A.....(281) 762-1825***Supervised By: Candice Marcum, M.Ed., LMFT-S, LPC-S, LCDC***Barnhill and Associates**

8410 Hwy 90A, Suite 160

Sugar Land, TX 77478

<https://www.barnhillcounseling.com/>**Types of Services:** Individuals and Couples**John Tillery, D.Min, LPC.....(281) 846-4616****Twelve 2 Christian Counseling**

522 Brooks Street

Sugar Land, TX 77478

<https://twelvetwocounseling.com/>**Types of Services:** Individuals and Families**Specialties:** Christian Counseling. Relationship issues, anxiety, depression, and stress.**Ana Torres, LPC-Associate.....(281) 503-1553***Supervised By: Andranique Goodman, LPC-S***The Inner Mind**

633 E Fernhurst Dr Suite 1304

Katy, TX 77450

<https://www.theinnermind.org/>**Population Served:** Children, Teens, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Depression, PTSD, ADHD, Mood changes

- Chad Touchette, LMFT-S, CSAT**.....**281-766-3376**
Ray Family Therapy
 12238 Queenston Blvd. Suite F
 Houston, TX 77095
<https://www.rayfamilytherapy.com/>
Population Served: Adults
Types of Services: Individuals and Couples
Specialties: Relationship Issues, Grief Loss, Porn and Sex Addiction
- Will Touchstone, M.A., LPC, CCSAS**.....**(281) 398-0022**
Houston Center for Christian Counseling
 609 Park Grove, Ste B
 Katy, TX 77450
<https://www.christiancounselinghouston.com/>
Population Served: Ages 12 and up.
Types of Services: Individuals, Couples, and Families
Specialties: Addictions, Substance Use, Anger Management, Anxiety, Depression, EMDR, Gambling Addiction, Trauma.
- Karen Townsend, LPC-Associate**.....**281-984-3494**
Supervised By: Kimber Muro, LPC-S
Muro Mental Health Counseling and Wellness
 25145 Star Lane Suite 303
 Katy, TX 77494
<https://muromh.com/>
- Jessica Trahan, M.Ed., LPC, RPT**.....**(281) 277-8811**
Houston Center for Christian Counseling
 402 Julie Rivers Dr
 Sugar Land, TX 77478
<https://www.christiancounselinghouston.com/>
Population Served: Ages 2 and up.
Types of Services: Individuals and Families
Specialties: Play Therapy, Suicidal Ideation, Trauma, EMDR, Depression, Anxiety, Behavioral Issues.
- Kristen Trevino, LPC**.....**(346) 476-6424**
District Counseling
 17828 Mound Rd, Ste. D
 Cypress, TX 77433
<https://districtcounseling.center/tree-house/>
- Lauren Trevino, M.S., LMFT, LPC**.....**346-415-5551**
Bloom Counseling, PLLC
 11999 Katy Fwy., Ste. 450
 Houston, TX 77079
www.healwithbloom.com/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Stress, Anxiety, Bipolar Disorder, Conflict, Women's Issues, OCD, PTSD, ADHD

- Tara Tripi, LPC**.....**713-365-0700**
Renewing Hope Counseling
 11777 Katy Fwy., Ste. 350
 Houston, TX 77079
<https://renewinghope.net/>
Types of Services: Trauma, Abuse, Depression, Life Transitions
Specialties: Adolescents, Adults
- Margie Tripp, Ph.D.**.....**281-242-2595**
Sugar Bend Center
 12946 Dairy Ashford Rd., Ste. 260
 Sugar Land, TX 77478
<https://sugarbendcenter.com/>
Population Served: Toddlers, Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anger Management, Anxiety, Behavioral Issues, Blended Families, Career Counseling, Depression, Divorce, Eating Disorders, Grief, Infidelity, Marriage Counseling, OCD, Parenting, Self-Esteem, Stress, Women's Issues
- Ivanna Troch-Candelo, LPC, LPC**.....**832-662-6970**
Mind Mechanics
 24618 Kingsland Blvd.
 Katy, TX 77494
<https://mindmechanics.org/>
Population Served: Adolescents and Adults
Specialties: Anxiety, Depression, Trauma, Identity concerns, and Dual diagnoses
- Amanda Trost, LPC**.....**346-901-7309**
Solace Counseling and Coaching
 101 Southwestern Blvd #212
 Sugar Land, TX 77478
<https://solacecounselingandcoaching.com/>
Specialties: Works with individual adults and adolescents to reduce and manage symptoms of depression and anxiety, process grief and trauma, improve relationships, and change behavioral patterns. Dissociative Disorder.
- Jared Trost, M.Ed., LPC-Associate**.....**346-901-7309**
Supervised By: Shane Hennesy, LPC-Supervisor
Solace Counseling and Coaching
 101 Southwestern Blvd #212
 Sugar Land, TX 77478
<https://solacecounselingandcoaching.com/>
Specialties: Social anxiety, complex PTSD and childhood trauma (including neglect, abuse, and difficult family dynamics), and career stress/burnout.
- Kimberly Turcios, LPC-Associate**.....**(281) 962 6025**
Supervised By: Veronica Cavazos, LPC-S
In My Heart Psychology and Counseling
 3750 South Mason Road, Ste. 550
 Katy, TX 77450
<https://www.inmyheartcounselingandpsychologicalservices.com/>
Population Served: Adolescents and Adults

- Dr. Jenna Turner, LP**.....**832-876-3232**
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Types of Services: Individuals
Specialties: Formal assessment related to Personality and Social/Emotional functioning, Intellectual/Cognitive functioning, Academic functioning
- Marcel Turner, LPC-Associate**.....**(832) 736-3223**
Supervised By: Shalonia Gundy, MA, LPC-S
Eight Phases Behavioral Health
 2000 S. Dairy Ashford Rd., Ste. 380
 Houston, TX 77077
<https://www.8phases.com/>
Specialties: Depression, anxiety, work-related stress, grief, PTSD, Addiction
- Traci Turner, MA, LPC**.....**(832) 736-8567**
 11211 Katy Freeway, Ste 500-5
 Houston, TX 77079
<https://elevationhouston.com/about>
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Grief, Women's Issues
- Kristina Tusini, LMSW**.....**(281) 849-9985**
Supervised By: Tara Bates, MSW, LCSW-S
District Counseling
 14525 FM-529 E, Ste 105
 Houston, TX 77095
<https://districtcounseling.center/copperfield/>
Specialties: Anxiety, depression, anger, grief, trauma, PTSD/C-PTSD, ADHD, relationship challenges, life transitions, and women's issues.
- Lina Uribe de Reeves, LPC-S**.....**(832) 717-7166**
Greater Houston Counseling Services
 12727 Kimberley Ln.
 Houston, TX 77024
<https://www.greaterhoustoncounselingsrvcs.com/>
Population Served: Adolescents and Adults
Types of Services: Individuals, Couples, and Families
Specialties: EMDR, depression, anxiety, trauma, and relationship and other adjustment issues.
- Michelle Urquhart, MS, LPC, NCC**.....**(979) 459-8122**
Cypress Mental Health
 8118 Fry Rd Ste 203
 Cypress, TX 77433
<https://cypressmh.com/>
Population Served: Children and Adolescents
Specialties: Play Therapy, anxiety, ADHD, anger, self-esteem, depression, grief, and trauma.

Dr. Amrita Uttamchandani, Ph.D......**281-940-8515**

West Houston Counseling Center, PLLC

23227 Red River Drive

Katy, TX 77494

<https://westhoustoncounseling.com/>

Population Served: Adults

Specialties: Maternal Mental Health, Postpartum Mood Issues, Women's Issues, Bi-cultural Identity and Acculturation Challenges, Fertility Challenges

Chidiebere Timothy Uzoewulu, M.A., LPC.....**832-451-3130**

Thrive Family Counseling

136 Eldridge Rd., Ste. A

Sugar Land, TX 77478

<https://thrivefamilycounseling.com/our-team/sugar-land/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Coping Skills, Relationship Issues, Family Conflict

Lourdes Valdes, Ph.D......**832-437-6260**

633 E. Fernhurst Dr., Ste. 501

Katy, TX 77450

www.drvaldes.net

Population Served: Toddlers, Children, Adolescents

Types of Services: Individuals, Groups

Specialties: ADHD, Anxiety, OCD, Parenting, Stress, Chronic Illness

Ste'Riesha Valentine, LPC-Associate.....**281-984-3494**

Supervised By: Kimber Muro, LPC-S

Muro Mental Health Counseling and Wellness

25145 Star Ln., Ste. 303

Katy, TX 77494

<https://muromh.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, Autism, Behavioral Issues, Coping Skills, Depression, Education and Learning Disabilities, Intellectual Disability, Trauma, PTSD

Ellen Van Wart, LPC.....**(346) 810-6654**

Calm Space Counseling, PLLC

1011 South Texas 6 S, Ste. 325

Houston, TX 77077

https://care.headway.co/providers/ellen-van-wart?utm_source=pem&utm_medium=direct_link&utm_campaign=179086

Amanda Varnon, LPC.....**(281) 818-6758 x 2**

Anew Psychological Services

12239 Queenston Blvd., Ste. G

Houston, TX 77095

<https://www.anew-psychological.com/meet-our-team-northwest-office>

Types of Services: Adolescents, Adults, Couples

- Maddi Vaughters, LPC**.....(346) 690-0773
Shadow and Sun Counseling
 20501 Katy Freeway, Ste. 108
 Katy, TX 77450
<https://www.shadowandsuncounseling.com/>
- Diana Vazquez, LPC - Associate**.....281-205-7997
Supervised By: Tiffany Priska, LPC-S
Cypress Therapy and Counseling
 17774 Cypress Rosehill Road, Ste. 400
 Cypress, TX 77429
<https://cypresstherapyandcounseling.com/>
Population Served: Individuals
Types of Services: Individuals
Specialties: Bilingual- English and Spanish
- Sara Veillon, MS, LPC - Associate**.....281.944.5416
Supervised By: Shelley Zavodny-Abeles, LPC-S
Mental Health Counseling Group
 5502 4th St.
 Katy, TX 77493
<https://www.mentalhealthcounselinggroup.com/>
Population Served: Ages 5 and Up
Types of Services: Trauma-focused (EMDR-trained) therapist, marriage/couples and family counselor
- Dr. Nathalie Velasco, PhD, PLP**.....(281) 612-8580
Supervised By: Dr. Amelia Paquin
Nowlogy Psychology Experts
 11211 Katy Fwy., Ste. 222
 Houston, TX 77079
<https://nowlogy.com/texas-therapy/>
Population Served: Adults
Specialties: Anxiety, Depression, PTSD, Chronic Pain, Autism
- Farrin Velasco, M.Ed., LPC**.....(713) 365-9015
Heritage Behavioral Health Consultants
 1325 Campbell Rd.
 Houston, TX 77055
<https://www.heritagebehavioral.com/>
Population Served: Ages 12 and up.
Specialties: Anxiety, Depression, Trauma, Grief, Mood Disorders, and Personality Disorders.
- Beatriz Velazquez, LPC**.....832-675-0222
Balev Counseling
 9110 Wheat Cross Dr, Ste. A
 Houston, TX 77095
<https://balevcounselingandwellness.com/>
Specialties: Trauma, Anxiety, Stress

Beatriz Velazquez, LPC.....(281) 849-9985

District Counseling

14525 FM-529 E, Ste 105
Houston, TX 77095

<https://districtcounseling.center/copperfield/>

Population Served: Adolescents and Adults

Types of Services: Individuals, Couples, and Families

Specialties: Anxiety, stress and families

Dyanna M. Villesca, Ph.D., LP, LSSP.....832-913-8747

Katy Psychological Services, PLLC

24546 Kingsland Blvd
Katy, TX 77494

<https://www.katypsychservices.com/>

Population Served: Children, Adolescents, and Adults

Specialties: Bilingual (English/Spanish). Psychological evaluations and psychoeducational evaluations for children, adolescents, and adults. Therapy for depression, anxiety, ADHD, Oppositional Defiant Disorder.

Imani Vital, MS, LPC-Associate.....(281) 762-1663

Supervised By: Danielle Young, LPC-S

Renewed Mind Counseling and Wellness

1000 Austin St, Suite D
Richmond, TX 77469

<https://renewedmindpllc.com/>

Population Served: Children, Adolescents, Young Adults

Types of Services: Individuals, Families

Specialties: ADD/ADHD, Anger Management, Anxiety/Panic, Behavior Modification, Crisis Intervention

Sarah Vrijland, LPC-Associate.....(832) 615-5508

Supervised By: Michelle Collins, M.ED., LPC, RPT, CCTP, CATP

Memorial Child and Family Therapy

9525 Katy Freeway, Suite 450
Houston, TX 77024

<https://memorialchildandfamilytherapy.com/>

Population Served: Children and Adolescents

Specialties: Anxiety, Depression, Impulse Control, Self-Esteem

Anand Vyas, Ph.D., NCC, LPC.....(832) 549-2067

2277 Plaza Drive, Suite 250
Sugar Land, TX 77479

<https://drvtx.com/>

Specialties: Expertise in counseling, life coaching, mindfulness, meditation, hypnosis, and yoga therapy.

Ekpedeme Wade, M.D., LPC-S.....**281-846-4616**

Twelve 2 Christian Counseling

522 Brooks St.

Sugar Land, TX 77478

<https://twelvetwocounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Christian Counseling, Anxiety, Depression, Substance Use, ADHD, Grief

Jessica Walden, LPC-S.....**832-757-5856**

Right Mentality Mental Health and Wellness

4220 Cartwright Rd., Ste.1002

Missouri City, TX 77459

www.rightmentalitypllc.com/

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Codependency, Depression, Marriage Counseling, Relationship Issues, Self-Esteem, Stress, Transgender, Trauma and PTSD, Women's Issues

Emily Walker, LPC-Associate.....**(713) 365-9015**

Supervised By: Allie Sauls, MA, LPC-S

Heritage Behavioral Health Consultants

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>

Specialties: Anxiety, depression, grief, trauma, and life transitions

Julia Wall, LPC - Associate.....**713-364-8645**

Supervised By: Molly McCann, LPC-S

Brittani Persha Counseling

1001 S Dairy Ashford Rd, Ste. 510

Houston, TX 77077

www.brittanipershacounseling.com

Population Served: Children, Adolescents, Families

Luciana Wallenstein, LMFT, LPC.....**832.380.5851**

Roots of Hope Counseling

120 Eldridge Rd Ste. D

Sugar Land, TX 77478

<https://www.rootsofhopecounseling.com/>

Population Served: Adults

Types of Services: Individuals, Couples, and Families

Specialties: Relationship Concerns, Communication Issues, Parenting Challenges, Extended Family Conflict, Changes and Stress in Relationships, Relational Trauma and Sexual Abuse, Divorce and Marital Strife, Infidelity, Self-Esteem, Anxiety, and Grief.

Michele Ward, M.S., LPC.....281-456-3688

Counseling & Neurofeedback Services

633 E. Fernhurst Dr., Ste. 102

Katy, TX 77450

www.cnskaty.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, ADHD, Depression

Courtney Ware, LCSW

The Well Counseling Katy

1511 Ave. C.

Katy, TX 77493

<https://www.thewellcounselingkaty.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Family Conflict, Life Transitions, Parenting, Peer Relationships, Sexual Abuse, Trauma, Women's Issues

Courtney Warncke, LCSW.....832.945.3139

Heart 2 Heart Counseling Services

4855 Riverstone Blvd, Ste. 102

Missouri City, TX 77459

<https://heart2heartsservices.org/>

Population Served: Children, Adolescents, and Young Adults

Specialties: Anxiety, depression, and trauma

Courtney R. Warncke, M.A., LCSW.....832-717-7166

Greater Houston Counseling Services

711 S. 11th St.

Richmond, TX 77469

www.greaterhoustoncounselingservices.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: Children's Issues, Self-Esteem, Coping Skills

Gabby Warnick, MSW, LCSW.....346-206-3992

The Resilience Center of Houston

14930 Mueschke Rd., Ste. 100

Cypress, TX 77433

<https://www.resiliencecenterhouston.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma and PTSD, ADHD, Anxiety

Ashley Warren, LPC-Associate.....832.305.6959

Supervised By: Keisha Sylve, LPC-S

Mental Health Counseling of Katy

5502 4th Street

Katy, TX 77493

<https://www.mentalhealthcounselinggroup.com/locations/katy>

Population Served: Children and Teens

Elizabeth Warren, MA, LPC.....(713) 365-9015

Heritage Behavioral Health Consultants

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>

Types of Services: Individuals, Couples, and Families

Specialties: Couples Therapy. Anxiety, depression, Attention-Deficit/Hyperactivity Disorder (ADHD).

Megan Washburn, LPC, NCC.....832-303-8933

Julia's Counseling

11211 Katy Fwy., Ste. 540

Houston, TX 77079

<https://www.juliascounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Self-Esteem, Trauma, Life Transitions

Simrah Wasim, M.S., LPC, NCC.....281-665-7811

Counseling Center at Cinco Ranch

23236 Kingsplace Dr., Ste. A

Katy, TX 77494

<https://cincoranchcounseling.com/>

Population Served: Toddlers, Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Communication, Coping, Play Therapy, Self-Esteem, Stress Management

LeNay Watkins, M.S., LPC.....346-206-3992

The Resilience Center of Houston

14930 Mueschke Rd., Ste. 100

Cypress, TX 77433

<https://www.resiliencecenterhouston.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Self Esteem, School Issues

Dr. Deborah Watson, LPC-Associate.....832-675-0222

Supervised By: Laura Cintron, LPC-S

Balev Counseling

9110 Wheat Cross Dr, Ste. A

Houston, TX 77095

<https://balevcounselingandwellness.com/>

Specialties: Trauma, PTSD, Grief

- Clotie Wayland, LCSW**.....**713-463-9449**
BHC Behavioral Health Consultants Inc
 9525 Katy Freeway, Suite 312
 Houston, TX 77024
<https://www.bhchouston.com/>
Population Served: Adults
Types of Services: Individuals, Families
Specialties: Abuse, Anxiety Disorders, Grief and Bereavement, LGBTQ+, Pain Management
- Bonnie Weaver, M.A., LPC-Associate**.....**281-826-2608**
Supervised By: Debbie Martin, LPC-S, LMFT-S
Hope & Harmony Therapy, LLC
 3880 Greenhouse Rd., Ste. 10
 Houston, TX 77084
<https://www.hopeandharmonytherapy.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: LGBTQ+ Community, Anxiety, Depression, Family Conflict, Trauma
- Linda Weaverling, M.S., LPC**.....**281-500-5227**
Raising Resilience Counseling
 5757 Flewellen Oaks Ln., Ste. 501
 Fulshear, TX 77441
<https://raising-resilience-counseling.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: ADD/ADHD, Depression, OCD, Stress Management, Family Conflict
- Hailey Webster, LPC-Associate**.....**713-581-9100**
Supervised By: Jill Gilbert, LMSW-S, LPC-S
Memorial Family Connections
 9575 Katy Fwy., Ste. 220
 Houston, TX 77024
www.memorialfamilyconnections.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Chronic Illness, Grief, Caregivers, Life Transitions
- Bethany Wehring, LPC-Associate**.....**281-944-7922**
Supervised By: Kelly Peyton, LPC-S, RPT-S, CCTP
Serenity Wellness and Counseling
 17844 Mound Rd., Ste. H
 Cypress, TX 77433
<https://serenitywellnessandcounseling.com/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Trauma, Child Behaviors

Grace Weiman, LPC-Associate.....(346) 809-3700*Supervised By: Frank J. Ortiz, MS, NCC, LPC-S, LPCC***District Counseling**

11999 Katy Fwy, Ste. 625

Houston, TX 77079

<https://districtcounseling.center/memorial/>**Population Served:** Children, Adolescents, and Adults**Specialties:** Grief, anxiety, depression, PTSD, trauma, relationship challenges, or major life transitions**Michael Weinberger, M.S., LPC-S.....832-717-7166****Greater Houston Counseling Services**

147 Bella Katy Dr.

Katy, TX 77494

<https://www.greaterhoustoncounselingsrvcs.com/>**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Trauma, PTSD, Asperger's Syndrome**Angela Weinhardt, LPC.....713-828-0593****Counseling Concepts, P.C.**

13615 St. Mary's Lane

Houston, TX 77079

www.counselingconceptshouston.com**Population Served:** Children, Adolescents, Adults..**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety Adjustment, Parenting, Executive Functioning**Ehrin Weiss, Ph.D.....713-702-3770****Houston Family Psychology, LLC**

1454 Campbell Rd., Ste. 201

Houston, TX 77055

www.houstonfamilypsychology.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Parenting, Anxiety, Insomnia, Depression, Family Conflict**Aubrie Wells, LPC-Associate.....713-365-0700***Supervised By: Dr. Roxy Reifkohl, LPC-S***Renewing Hope Counseling**

11777 Katy Fwy., Ste. 350

Houston, TX 77079

www.renewinghope.net/team/aubrie-wells**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationship Issues, Family Conflict, Communication

- Madeleine Werner, LCSW-S**.....**281-903-5353**
Attachment and Trauma Center of Houston
 101 Southwestern Blvd., Ste. 105
 Sugar Land, TX 77478
<https://www.atchouston.com/>
Population Served: Pre-Teen, Adolescents, and Adults
Types of Services: Individuals, Families
Specialties: ADHD, Anger Management, Anxiety, Behavioral Issues, Trauma, Depression, Family Conflict, Grief, Behavioral Issues
- Karen West, PhD**.....**713-789-7560**
Stuart J. Nathan, Ph.D. and Associates
 2450 Fondren Rd. Suite 312
 Houston, TX 77063
<https://www.mental-health-houston.com/>
Specialties: Stroke rehabilitation, assisting individuals coping with chronic medical conditions or in the midst of a health crises. Dr. West also provides pre-surgical assessments related to medical procedures, such as bariatric surgery, and infertility treatments,
- Lindsay Weston, LMFT**.....**346-298-0012**
The Harbor: Cypress Family Therapy
 17302 House Hahl Rd., Ste. 320
 Cypress, TX 77433
www.therapyharbor.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Parenting, Women's Issues, Family Conflict
- Matthew Whalen, M.Ed., LPC-S**.....**832-303-9419**
Changing Tides Consulting, LLC
 21340 Provincial Blvd.
 Katy, TX 77450
<https://changingtidescc.com/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Infidelity, Trauma, PTSD, LENS Neurofeedback, Brainspotting
- Elizabeth White, M.Ed., LPC, LPCCS**.....**832-992-9523**
EverWell Counseling
 11777A Katy Fwy., Ste. 500
 Houston, TX 77079
www.everwellcounselingtx.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Stress Management, Anxiety, Confidence Building, Communication, Relationship Issues, Family Conflict

Krissy White, M.A., LPC.....281-937-4737

Creating Changes Counseling

633 E. Fernhurst Dr., Ste. 501

Katy, TX 77450

<https://www.creatingchangescounseling.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Trauma, PTSD, Self Esteem

Letecia White, LMSW.....281-579-0703

Stone Creek Psychotherapy and Wellness Center

20915 Kingsland Blvd.

Katy, TX 77450

www.stonecreektherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Life Changes, Loss, Grief, CBT, Family Conflict, Depression, Anxiety

Norma White, M.S., LPC.....281-984-3494

Muro Mental Health Counseling and Wellness

25145 Star Ln., Ste. 303

Katy, TX 77494

<https://muromh.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Grief, Trauma, Anxiety, Anger, Depression, ADHD, Relational Difficulties

Liam Whitfield, M.S., LMFT-A, EMDR-T.....281-277-8811

Supervised By: Sharon Jenkin, Ph.D., LPC-S, LMFT-S

Houston Center for Christian Counseling

402 Julie Rivers Dr.

Sugar Land, TX 77478

www.christiancounselinghouston.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Adoption, Alcohol Use, Anger Management, Asperger's, Autism, Behavioral Issues, Blended Families, Career Counseling, Chronic Illness, Chronic Pain, Depression, Relationship Issues, Substance Abuse, Trauma and PTSD, Video Game Addiction

Chara Whiting, LMFT.....832-451-3130

Thrive Family Counseling

136 Eldridge Rd. Suite A

Sugar Land, TX 77478

<https://thrivefamilycounseling.com/our-team/sugar-land/>

- Ryan Whitman, LMSW, LCDC-I**.....**281-778-8715**
Supervised By: Erica Bruce, LCSW-S
The Solace Center Sienna
 5777 Sienna Pkwy., Ste. 350
 Missouri City, TX 77459
www.thesolacecentersienna.com/
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Self-Harm, Suicidality, Trauma, Addiction
- Alice Whitten, LPC**.....**713-364-8645**
Brittani Persha Counseling
 1001 S. Dairy Ashford Rd., Ste. 510
 Houston, TX 77079
www.brittanipershacounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Life Transitions, ADHD
- Dr. Elizabeth Whittington, LMFT-Associate, Ph.D**.....**346-702-0072**
Supervised By: Rae McWilliams, LMFT-S
Equity Counseling Services
 17820 Mound Rd., Ste. H
 Cypress, TX 77433
<https://equitycounseling.com/>
- Rashalyn Wiggins, LPC**.....**832-934-9036**
Prosperity Counseling Services
 26717 Westheimer Pkwy., Ste. 1201
 Katy, TX 77494
<https://prosperitycounseling.org/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Family Conflict, Depression, Anxiety, Personal Growth, Anger Management, Social Skills, Conflict Resolution, Behavior Modification, Grief, Self-Harm, Suicidal Ideation, Emotional Disturbance
- Ashley Williams, LCSW-S**.....**281-984-3494**
Muro Mental Health Counseling and Wellness
 25145 Star Ln., Ste. 303
 Katy, TX 77494
www.muromh.com/contact-muro-mental-health-in-katy-tx/
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Trauma, Self-Esteem, Self-Discovery, Coping Skills
- Catherin Williams, LMFT-Associate**.....**(281) 849-9985**
Supervised By: Candace Runaas LMFT-S
District Counseling
 14525 FM-529 E, Ste 105
 Houston, TX 77095
<https://districtcounseling.center/copperfield/>

Cyndee Williams, M.Ed., LPC.....(832) 278-2157

24618 Kingsland Boulevard

Katy, TX 77494

<https://www.restoringconnections.com/cyndee-williams>**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Stress, LGBTQ+**Dr. Baruch Williams,713-256-1157****Raizner Pediatric Neuropsychology**

12946 Dairy Ashford Rd., Ste. 200

Sugar Land, TX 77478

<https://childneuropsychologycenter.com/>**Specialties:** Neuropsychological Testing of Children and Young Adults**Jamie Williams, LPC-S.....832-934-9036****Prosperity Counseling Services**

26717 Westheimer Pkwy., Ste. 1201

Katy, TX 77494

www.prosperitycounseling.org**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Divorce, Life Coaching, Men's Issues, Parenting, Relationship Issues, Trauma and PTSD, Women's Issues**Krysta Williams, LPC - Associate.....832-934-9036***Supervised By: Jamie Williams, LPC-S***Prosperity Counseling Services**

26717 Westheimer Pkwy., Ste. 1201

Katy, TX 77494

www.prosperitycounseling.org/staff/krysta-williams-lpc-associate**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Parenting Issues, Trauma, Domestic Violence, Relationship Challenges**LaSondra Williams, LCSW.....(281) 746-2704****Life's Journey Counseling and Community Services**

12238 Queenston Blvd Suite G

Houston, TX 77095

<https://ljcounseling.org/>**Types of Services:** Individuals**Shantayia Williams, LPC-Associate.....281-940-8515***Supervised By: Abbie Cecil, LPC-Supervisor***West Houston Counseling Center, PLLC**

23227 Red River Drive

Katy, TX 77494

<https://westhoustoncounseling.com/>**Population Served:** Adolescents and Adults**Specialties:** Trauma, CPTSD, Addictions, Co-parenting, Reunification, Family Systems, Complex Cases, Domestic Violence, Parent Coaching, Self-harm, etc.

Stephanie Williams, LPC.....713-365-0700**Renewing Hope Counseling**

11777 Katy Fwy., Ste. 350

Houston, TX 77079

www.renewinghope.net/team/stephanie-williams**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Depression, Adjustment Issues, Relationship Struggles, Relationship Issues, Family Conflict**Craig Williams, LPC.....281-769-7600****Katy Center for Psychology and Counseling Services**

5757 Flewellen Oaks Ln, Ste. 304

Katy, TX 77441

www.kcpcs.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Sexual and Physical Abuse, Anxiety, Depression, Trauma, Relationship Conflicts**Hannah Johnson Williamson, M.Ed., LPC.....(713) 365-9015****Heritage Behavioral Health Consultants**

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>**Population Served:** Adolescents and Adults**Specialties:** Functional Medicine Certified Health Coach, anxiety, depression, ADHD, body image, grief, trauma, relationship issues, and career transitions.**Kazanda Wills, Ed.D., LPC.....832-930-2716****The Legacy Center**

3 Sugar Creek Center Blvd., Ste. 100

Sugar Land, TX 77478

<https://www.thepoweroflegacy.org/>**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationship Issues, Crisis Intervention, Abuse, Trauma, PTSD, Depression, Anxiety, African American Community, Women's Issues, Self-Care, Peer Relationships, Behavioral Issues, Stress, Coping Skills, LGBTQ+ Community**Tracy Wilshusen, LCSW.....713-364-8645****Brittani Persha Counseling**

1001 S. Dairy Ashford Rd., Ste. 510

Houston, TX 77079

www.brittanipershacounseling.com**Population Served:** Children, Adolescents, and Adults**Types of Services:** Individuals, Couples and Families**Specialties:** Anxiety, Depression, Trauma, Eating Disorders, Stress, Self-esteem struggles, and Family/Relationship conflict.

Ruth Wilson, M.Ed., LPC, CAS.....281-271-5424

Katy Counseling & Education Solutions

26717 Westheimer Pkwy., Ste. 1303

Katy, TX 77494

<https://katycounselingeducationalsolutions.com/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Autism, Anxiety, Stress, Behavioral Issues

Amistic Wiltz, LCSW-S.....346-327-4955

Therapy Focused

535 E Fernhurst Dr

Katy, TX 77450

<https://www.therapyfocused.com/>

Melissa Winn, LPC-Associate.....(281) 277-8811

Supervised By: Jeanne Hensley, M.S., LPC-S

Houston Center for Christian Counseling

402 Julie Rivers Dr

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Children, Adolescents, and Adults

Types of Services: Individuals

Specialties: ADHD, Anxiety, Depression, Behavioral Issues, Eating Disorders, OCD, Suicidal Ideation.

Chelsea Winterfeld, MSW, LCSW.....832- 539-7480

Licensed Clinical Social Worker

4502 Riverstone Blvd., Ste. 804

Missouri City, TX 77459

<https://andreaskoglund.com/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Stress Management, Coping Skills, Relationship Issues, Communication, Family Conflict, Grief and Loss

Jill Wiseman, M.A., LPC-S.....832-224-5781

West Houston Counseling and Psychology

14133 Memorial Dr., Ste. 7

Houston, TX 77079

www.westhoustonpsych.com

Population Served: Children, Adolescents and Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, ADHD, Grief, Life Transitions, Young Adults, Family Systems, Learning Disorders

Heather Higbee Woods, LMSW.....281-762-1825

Barnhill and Associates Counseling Center

8410 Hwy 90A, Ste. 160

Sugar Land, TX 77478

www.barnhillcounseling.com/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, Eating Disorders, Obsessive-Compulsive Disorder

Ryan Woods, LPC.....832-421-8714

Sequoia Counseling Center

17920 Huffmeister Rd. Ste. 150

Cypress, TX 77429

<https://www.sequoiacounselingcenter.com>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Life Changes, Relationships, Trauma

Morgan Wren, LPC-Associate.....281-944-7922

Supervised By: Barbie Atkinson, LPC-s

Serenity Wellness and Counseling

17844 Mound Rd., Ste. H

Cypress, TX 77433

<https://serenitywellnessandcounseling.com/>

Population Served: Ages of 12 and older

Types of Services: Individuals and Couples

Andy Wright, M.A., LPC-Associate.....(713) 365-9015

Supervised By: Colleen Paxton, M.A., LMFT-S, LPC-S

Heritage Behavioral Health Consultants

1325 Campbell Rd.

Houston, TX 77055

<https://www.heritagebehavioral.com/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Depression, Anxiety, Dementia, Caregiving Grief, Marital Issues, Addiction

Michele Wright, M.A., LPC, EMDR.....281-858-3001

Motivations Counseling

24044 Cinco Village Center Blvd., Ste. 100

Katy, TX 77494

<https://motivationscounseling.com/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Autism, Anxiety, Depression, Grief, Personality Related Issues, Trauma, Abuse, Adjustment Disorders, Major Life Transitions, LGBTQIA+, Body Dysmorphia

- Vincincia Wright, LPC**.....**281-769-2238**
Clear Hope Counseling and Wellness
 1111 Hwy. 6, Suite 120
 Sugar Land, TX 77478
<https://www.clearhopewellness.com/our-therapists>
Specialties: Couples, Trauma, School Issues
- Erin Wylie, LPC**.....**(832) 717-7166**
Greater Houston Counseling Services
 8118 Fry Rd. Ste 601
 Cypress, TX 77433
<https://www.greaterhoustoncounselingsrvcs.com/>
Specialties: Addiction, behavioral challenges, mood swings, anxiety, and relationship struggles
- Steven Xydis, LPC - Associate**.....**(713) 628-3966**
Supervised By: Kellie Klinck, LPC-S
Malaty Therapy
 11211 Katy Fwy # 300
 Houston, TX 77079
<https://malatytherapy.com/>
Population Served: Adults
Types of Services: Individuals
Specialties: Emotional regulation, Anxiety, Depression, Stress management, Relationship issues.
- Dvora Yampuler, LPC**.....**(346) 636-2191**
Geode Health
 12603 Southwest Fwy., Ste. 510
 Stafford, TX 77477
<https://geodehealth.com/locations/stafford-tx/>
Population Served: Ages 15 and older
Specialties: Post-traumatic stress (PTSD), Sexual Abuse, Gender Identity, Adjustment Disorder, Depression, Grief
- Christopher Ybarra, LPC-Associate**.....**281-769-2238**
Supervised By: Ana Valenzuela, LPC-S
Clear Hope Counseling and Wellness
 1111 Hwy. 6, Suite 120
 Sugar Land, TX 77478
<https://www.clearhopewellness.com/our-therapists>
Specialties: Anxiety, Trauma, Autism, Anger, Domestic Violence, LGBTQ, ADHD
- Richard Yohr, M.S., LPC**.....**281-317-7721**
Yohr Counseling Services, Inc.
 16350 Park Ten Pl., Ste. 210
 Houston, TX 77084
<https://www.psychologytoday.com/us/therapists/richard-yohr-houston-tx/70440>
Population Served: Adolescents, Adults
Types of Services: Marital and Premarital, Anxiety, Grief, Family Conflict, Relationship Issues

Charlene Young, M.Ed., LPC, CCPS.....281-277-8811

Houston Center for Christian Counseling

402 Julie Rivers Dr.

Sugar Land, TX 77478

<https://www.christiancounselinghouston.com/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Divorce and Remarriage, Grief and Loss, Life Transitions, Sexual/Pornography Addiction, Trauma, Anxiety, Depression, EMDR, Betrayed Partners

Danielle Young, M.A., Psy.D., LPC-S, NCC, LCDC-I.....281-762-1663

Renewed Mind Counseling and Wellness, PLLC

1000 Austin St., Ste. D

Richmond, TX 77469

<https://renewedmindpllc.com/>

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Adjustment Disorder, Life Changes, Alcohol/Substance Abuse, Anxiety, Family Conflict, Grief and Loss, LGBTQIA+, Self-Esteem, Sexual Abuse, Stress, Trauma, PTSD

Natasha E. Young, MABC, LPC-Associate, LCDC.....713-489-5473

Supervised By: David B. Martin, M.A., LPC-S

Martin Counseling, PLLC

472 Park Grove Dr.

Katy, TX 77450

www.martincounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Bilingual (English/Spanish), Emotional Issues, Behavioral Issues, Relationship Issues

Dawan-Petrice Youngs, LPC-S, NCC, BCN.....281-315-0386

Youngs Counseling, PLLC

16712 Huffmeister Rd, Bldg. 200C

Cypress, TX 77429

<https://www.youngscounseling.com/>

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Anger Management, Anxiety, Blended Families, Career Counseling, Divorce, Life Coaching, Relationship Issues, Men's Issues, Parenting, Pregnancy, Sexual Abuse, Stress, Trauma and PTSD, Women's Issues

Rama Yousef, LPC, RPT.....713-367-1581

Calming Communities, PLLC

16225 Park Ten Place, Ste. 870

Houston, TX 77084

<https://www.calmingcommunities.com/>

Population Served: Toddlers, Children, Adolescents, Adults

Types of Services: Individuals, Groups

Specialties: Children's Issues, Anxiety, Women's Issues

Marion Zahn, Ph.D......713-975-1222

Wilcrest Counseling Services

24044 Cinco Village Center Blvd., Ste. 100
Katy, TX 77494

<https://www.wilcrestcounselingservices.com/>

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, ADHD

Claudia Zarate, LPC-Associate.....346-200-5865

Supervised By: James L. Mena, M.A., LPC-S

District Counseling

1458 Campbell Rd., Ste. 200
Houston, TX 77055

<https://districtcounseling.center/spring-branch/>

Population Served: Ages 8 and above

Specialties: Depression, anxiety, ADHD, relationship difficulties, domestic violence, grief, self-esteem, life transitions. Bilingual (Spanish/English)

Brenda Zavala, LCSW-S.....281-498-HOPE

Fort Bend Christian Counseling Center

2117 Avenue I
Rosenburg, TX 77471

<https://www.fortbendccc.com/>

Population Served: Toddlers, Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Depression, Relationship Issues, Sexual Abuse, Trauma and PTSD

Travis Ziegenbein, LPC-Associate.....(713) 365-9015

Supervised By: Julie Summers, LPC-S

Heritage Behavioral Health Consultants

1325 Campbell Rd.
Houston, TX 77055

<https://www.heritagebehavioral.com/>

Population Served: Ages 3 and up

Specialties: Anxiety, grief, depression, school-related difficulties, stress, trauma, behavioral issues, and life transitions.

Heidi Zimmerman, M.Ed., LPC.....713-923-0954

Birds of a Feather Wellness & Counseling, LLC

17302 House & Hahl Rd., Ste. 312
Cypress, TX 77433

www.birdsofafeatherwellness.com/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, ADHD, Depression

Psychiatrists and Nurse Practitioners

Surya Abraham, APRN, FNP-C, PMHNP-BC.....281-606-0622

Synapse Psychiatry

7435 Hwy. 6, Ste. C

Missouri City, TX 77459

<https://synapse-psychiatry.com/>

Ade Adefioye, DNP.....325-244-1535

Serenity Psychiatry, PLLC

24044 Cinco Village Center Blvd., Ste. 100

Katy, TX 77494

<https://serenitypsychiatrytx.com/>

Population Served: Adolescents, Adults, Elders

Specialties: Anxiety, Depression, Trauma, PTSD

Nikki Adeleke, PMHNP-BC.....281-944-7922

Serenity Wellness and Counseling

17844 Mound Rd, Ste. H

Cypress, TX 77433

<https://serenitywellnessandcounseling.com/>

Adenike Adigun, MD, MPH.....713-913-1645

MindPath Health

24275 Katy Freeway, Suite 410

Katy, TX 77494

<https://www.mindpath.com/locations/>

Population Served: Children, Adolescents, and Adults

Specialties: Medication Management, TMS, Spravato

Louise B. Agyemang, DNP, PMHNP, FNP-BC.....832-251-6797

Sound Health Practice

1325 Main St., Ste. 802

Katy, TX 77494

<https://soundhealthpractice.com/>

Population Served: Children, Adolescents, Adults, Elders

Specialties: Anxiety, Depression, ADHD, Mood Disorders, Eating Disorders

Dr. Muhammad Atif Akhtar, MD.....281-410-1742

Serenity Mental Health Centers

3 Sugar Creek Center Boulevard, Ste. 600

Sugar Land, TX 77478

<https://serenitymentalhealthcenters.com/>

Olatimbo Rebecca Aladeloye, PMHNP.....(346) 636-2191

Geode Health

12603 Southwest Fwy., Ste. 510

Stafford, TX 77477

<https://geodehealth.com/providers/olatimbo-aladeloye/>

Population Served: Children, Adolescents, Adults, Elders

Specialties: Depression, Geriatric and Seniors, Anxiety

NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796

- Aaron Alaniz, M.D.**.....281-978-2515
After Hours Psychiatry
 154 Bella Katy Dr.
 Katy, TX 77494
<http://www.afterhourspsychiatry.com/>
Population Served: Adults
Specialties: Bipolar Disorder, Depressive Disorders, Anxiety Disorders, Impulse Control Disorders, Substance-Related and Addictive Disorders
- Barkat Ali, PMHNP-BC**.....(346) 809-3700
District Counseling
 11999 Katy Fwy, Ste. 625
 Houston, TX 77079
<https://districtcounseling.center/memorial/>
- Myisha Anderson, MSN, APRN, PMHNP-BC**.....(877) 631-0010
Impirium
 633 E. Fernhurst Dr, Ste 304
 Katy, TX 77450
<https://impireum.com/>
Specialties: Psychiatric Evaluation and Medication Management
- Chinedu Arukwe, PMHNP**.....832-390-0900
Health Texas
 7103 S. Peek Rd., Ste. 100
 Richmond, TX 77407
<https://healthtxs.com/>
Population Served: Adults
Specialties: Depression, Bipolar Disorder, Anxiety, Chemical Dependency
- Bunmi Asana, M.D.**.....281-463-0889
Center for Mental Wealth
 14531 FM 529, Ste. 150
 Houston, TX 77095
<https://www.centerformentalwealth.com/>
Population Served: Adults
Specialties: Addiction, Psychiatric Care for Pregnant Women, OCD, ADHD, PTSD
- Fidelia Asante-Ansong, PMHNP**.....713-904-5222
Corporate Family Counseling, PLLC
 154 Bella Katy Dr.
 Katy, TX 77494
www.corporatefamilycounseling.com
Population Served: Adolescents, Adults, Elders
Specialties: ADHD, Anxiety, Depression, Medication Management, OCD, Psychiatric Evaluation, Trauma and PTSD

Mohammad Ashfaque, M.D......**469-942-9937**

Houston Child and Adult Psychiatry Services

7103 South Peek Rd., Ste. 220
Richmond, TX 77407

<https://childnadultpsychiatry.com/>

Population Served: Children, Adolescents, Adults, Elders

Specialties: Specializing in depression, anxiety, ADHD.

George Kofi Attobrah, PMHNP.....**(832) 639-2015**

Flourish Mental Health,

950 Echo Lane, Suite 350
Houston, TX 77024

<https://flourishmentalhealth.com/>

Amy Azih, PA-C.....**(346) 476-6424**

District Counseling

633 E. Fernhurst Dr., Unit 203
Katy, TX 77450

<https://districtcounseling.center/katy/>

Population Served: Children, Adolescents, Adults

Specialties: Medication Management, ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Developmental Disorders

Caroline Bang, PMHNP-BC.....**281-394-2005**

Stokan and Associates

23501 Cinco Ranch Blvd., Ste. G270
Katy, TX 77494

<https://www.stokan.net>

Population Served: Children, Adolescents, Adults

Specialties: ADHD, Autism, Bipolar, Mood Disorders, Depression

Remi Bankole, PMHNP-BC.....**(281) 962 6025**

In My Heart Psychology and Counseling

3750 South Mason Road, Ste. 550
Katy, TX 77450

<https://www.inmyheartcounselingandpsychologicalservices.com/>

Population Served: Children, Adolescents, and Adults

Specialties: Medication Management and Supportive Therapy for Anxiety & Panic Disorders, Depression & Mood Disorders, ADHD, PTSD & Trauma, OCD, Postpartum & Women's Mental Health, Life Transitions, Stress & Burnout, and Sleep and Emotional Regulation Issues.

Cynthia Banwell, PA-C.....**281-469-2181**

CyFair Psychiatry - Copperfield

7825 Hwy. 6 North, Ste. 104
Houston, TX 77095

<https://www.cyfairpsychiatry.net/>

Population Served: Children, Adolescents, Adults

Specialties: Depression, Anxiety, ADHD, Schizophrenia

- Bruce Bassi, M.D.**.....888-730-5220
 9901 Brodie Ln., Ste. 160
 Austin, TX 78748
<http://www.telepsychhealth.com>
Population Served: Adults, Elders
Specialties: Addiction, ADHD, Anger Management, Anxiety, Behavioral Issues, bipolar Disorder, Chronic Pain, Depression, Dual Diagnosis, Internet Addiction, LGBTQIA+, Medication Management, Men's Issues, OCD, Psychiatric Evaluation, Sleep Disturbance, Trauma, PTSD
- Ashley Bednorz, MSN, APRN, PMHNP**.....281-606-0622
Synapse Psychiatry
 7435 Hwy. 6, Ste. C
 Missouri City, TX 77459
<https://synapse-psychiatry.com/>
Population Served: Children, Adolescents, Adults, Elders
Specialties: Depression, Anxiety, Behavioral Issues
- Keanan Beierle, PA-C**.....281-599-3313
Katy Psychiatry
 24215 Kingsland Blvd.
 Katy, TX 77494
www.katypsychiatry.com/
Population Served: Adolescents, Adults
Specialties: Depression, Depression in Pregnancy and Postpartum, Anxiety, Panic Disorders, Obsessive Compulsive Disorder
- Julia Benavides, MSN, APRN, PMHNP-BC**.....713-987-7828
Mosaic Mental Health
 440 Cobia Dr., Ste. 602
 Katy, TX 77494
<https://www.mosaicmentalhealthtx.com/>
Specialties: Anxiety, depression, mood disorders, trauma, and life stressors, integrating compassion with clinical expertise.
- Sonam Bhakta, M.D.**.....713-400-7400
Greater Houston Psychiatric Associates, PLLC
 2901 Wilcrest Dr., Ste. 520
 Houston, TX 77042
www.ghpa.net/psychiatrists.php
Population Served: Children, Adolescents, Adults
Specialties: ADHD, Anxiety Disorders, Mood Disorders
- John M Bouras, MD**.....(346) 636-2191
Geode Health
 12603 Southwest Fwy., Ste. 510
 Stafford, TX 77477
<https://geodehealth.com/locations/stafford-tx/>
Population Served: Ages 18 and older
Specialties: Complex and Treatment Resistant Mental Health Conditions, including Bipolar Disorder, Depression, Generalized Anxiety Disorder, Social Anxiety Disorder, Post-traumatic stress (PTSD), Addiction / Substance Abuse

- Karen Brown, MD**.....713-973-1007
Memorial Psychiatry
 929 Gessner Rd., #2000
 Houston, TX 77024
<https://karenbrownmd.com/>
- Dr. Nicholas Bryant, MD**.....(832) 639-2015
Flourish Mental Health
 950 Echo Lane, Suite 350
 Houston, TX 77024
<https://flourishmentalhealth.com/>
- Sireesha Chimata, M.D.**.....713-913-1645
MindPath Health
 24275 Katy Fwy., Ste. 410
 Katy, TX 77494
<https://www.mindpath.com/clinicians/sireesha-chimata-md/>
Population Served: Adults
Specialties: Anxiety, Depression, Major Depressive Disorder, Panic Attacks / Disorders, ADHD
- Raymond Cho, M.D., M.Sc.**.....832-669-7922
Houston Mind and Brain
 9432 Katy Fwy., Ste. 460
 Houston, TX 77055
<https://houstonmindandbrain.com/>
Population Served: Adults
Specialties: Depression and other related disorders, Research
- Vita Chung, APRN, PMHNP-BC**.....281-606-0622
Synapse Psychiatry
 7435 Hwy. 6, Ste. C
 Missouri City, TX 77459
<https://synapse-psychiatry.com/>
Population Served: Children, Adolescents, and Adults
Specialties: ADHD, Anxiety, Depression, Medication Management, Psychiatric Evaluation
- Diana Collins, M.D.**.....281-240-7477
 One Sugar Creek Blvd., Ste. 955
 Sugar Land, TX 77478
www.dianacollinsmd.com
Population Served: Children, Adolescents, Adults
Specialties: Eating Disorders, OCD, Depression, ADD, ADHD
- Inger Daniels, MSN, APRN, PMHNP-BC**.....281-616-7556
Moving Forward Psychiatry
 12808 W. Airport Blvd., Ste. 270D
 Sugar Land, TX 77479
<https://www.movingforwardpmh.com/>
Population Served: Children, Adolescents, Adults
Specialties: Anxiety Disorders, Depression, Psychotic Behaviors

Tyisha Davis, PMHNP-BC.....713-429-5325

One Behavioral

3531 Town Center Blvd., Ste.102

Sugar Land, TX 77479

<https://onebehavioralhealth.com/providers/tyisha-davis>

Population Served: Adults

Specialties: Anxiety Disorder, MDD, ADHD, PTSD, Mood Disorder, Adult ADHD, Schizoaffective Disorder Panic Disorders

Leticia Loret de Mola, MSN, APRN, PMHNP-BC.....346-771-5220

Core Care Behavioral Health

23920 Katy Fwy, Suite 440

Katy, TX 77494

<https://www.careatcore.com/>

Population Served:

Specialties: Specializes in psychiatric evaluations, medication management, and individualized treatment planning for a variety of mental health conditions, including anxiety, depression, mood disorders, ADHD, and related concerns. Bilingual (English/Spanish)

Vipulkumar Devani, PMHNP.....713-429-5325

One Behavioral

3531 Town Center Blvd. South, Ste. 102

Sugar Land, TX 77479

<https://onebehavioralhealth.com/providers/vipulkumar-devani/>

Population Served: Children, Adolescents, Adults

Specialties: Depression, Anxiety, ADHD, Bipolar Disorder, Schizophrenia

Ajinder Dhatt, M.D.....281-779-4718

CyFair Psychiatry - Copperfield

7825 Hwy. 6 North, Ste. 104

Houston, TX 77065

<https://www.cyfairpsychiatry.net/>

Population Served: Children, Adolescents, Adults

Specialties: Treatment Resistant Depression, ADHD, Anxiety, Autism, Bi-polar Disorder,

William K. Drell, M.D.....713-464-4455

Houston West TMS

902 Frostwood Dr., Ste. 283

Houston, TX 77024

<https://www.houstonwesttms.com>

Donna Edwards, PMHNP-BC.....713-463-9449

Behavioral Health Consultants, Inc.

9525 Katy Fwy., Ste. 312

Houston, TX 77024

<https://www.bhchouston.com/>

Population Served: Children, Adolescents, Adults

Specialties: Psychiatric Evaluation, Medication Management, Depression, Anxiety, Trauma Survivors, Sexual Identity, Self-Injurious Behavior, Anger Management, ADHD, Peer Problems, Serious Mental Illness

LaTarsha Edwards, PMHNP-BC.....(346) 636-2191

Geode Health

12603 Southwest Fwy., Ste. 510
Stafford, TX 77477

<https://geodehealth.com/locations/stafford-tx/>

Specialties: Generalized anxiety disorder, mood disorders, post-traumatic stress disorder, schizoaffective disorder, and schizophrenia

Hope Essien, DNP, APRN, FNP-C, PMHNP-BC.....832-344-3617

Complete Psychiatry and Medical Care, PLLC

15115 Park Row, Ste. 350-8
Houston, TX 77084

<https://www.completepsychiatrymedical.com/>

Population Served: Adolescents, Adults, Elders

Specialties: Anxiety, Depression, Anger Management, Antisocial Personality, Behavioral Issues

Chandler Fernandez, PMHNP-BC.....281-410-1742

Serenity Mental Health Centers

3 Sugar Creek Center Boulevard, Ste. 600
Sugar Land, TX 77478

<https://serenitymentalhealthcenters.com/>

Frieda A. Fotouh, M.D.....832-318-6277

Healthy Minds Psychiatry

2000 S. Dairy Ashford Rd., Ste. 660
Houston, TX 77077

www.healthymindspsychiatry.com

Population Served: Children, Adolescents, Adults

Specialties: Psychiatric Medication Management, Relationship Issues, Family Conflict, Anxiety, Depression, Consultations

Damilola Fowowe, MSN, PMHNP-BC.....(866) 826-2061

Anew Era TMS & Psychiatry – Cypress

27700 Northwest Fwy #340
Cypress, TX 77433

<https://aneweratms.com/psychiatrist-cypress-tx/>

Prashant Gajwani, M.D.....281-778-9530

Mind Matters Psychiatry

4502 Riverstone Blvd., Ste. 601
Missouri City, TX 77459

<https://www.mindmatterpsychiatry.com/>

Population Served: Adults

Specialties: Depression, Anxiety, Bipolar Disorder, TMS, Intranasal Ketamine Therapy

Deena Gandhi, M.D......281-277-9137

Deena Gandhi, M.D., P.A.

56 Sugar Creek Center Blvd., Ste. 350
Sugar Land, TX 77478

<https://deenagandhimd.com/>

Population Served: Adolescents, Adults

Specialties: Bi-Polar, Depression, Anxiety, Psychosis, Schizophrenia

Ronald Garb, M.D......713-973-1007

Memorial Psychiatry

929 Gessner Rd., Ste. 2000
Houston, TX 77024

<https://ronaldgarbmd.com/>

Population Served: Adolescents, Adults

Specialties: ADHD, Addiction, Alcohol Use, Behavioral Issues, Borderline Personality, Chronic Impulsivity, Chronic Relapse, Drug Abuse, Emotional Disturbance, Medical Detox, OCD, Sleep Disorders, Suicidal Ideation, Trauma, PTSD

Michelle Garza, PMHNP-BC.....346-514-4604

District Counseling

12258 Queenston Blvd., Ste. A
Houston, TX 77095

<https://districtcounseling.center/cypress/>

Lisa Ghiloni, Ph.D., APRN, PMHNP-BC.....832-429-7307

Turning Point Psychiatry

77 Sugar Creek Center Blvd., Ste. 600
Sugar Land, TX 77478

<https://turningpointpsychiatry.com/>

Population Served: Adolescents, Adults, Elders

Specialties: Addiction, Anger Management, Anxiety, Bipolar Personality Disorder, Depression

Cassidy Gillaspie, M.D......713-364-8864

5757 Woodway Dr., Ste. W310
Houston, TX 77057

<https://cassidygillaspie.md.com/>

Population Served: Children, Adolescents, Adults, Elders

Specialties: Addiction, Depression, Anxiety/OCD, Bipolar Disorder, Autism Spectrum Disorders

Elizabeth Grizzaffi, PA-C.....281-497-3500

St. Johns Mental Health

14811 St. Mary's Ln., Ste. 270
Houston, TX 77079

<https://www.doctorstjohn.com/>

Population Served: Adults

Specialties: Depression, Treatment Resistant Depression, OCD, ADHD, ADD

- Sherry Grogan, APRN, PMHNP-BC**.....281-606-0622
Synapse Psychiatry
 7435 Hwy. 6, Ste. C
 Missouri City, TX 77459
<https://synapse-psychiatry.com/>
Specialties: Mood Disorders, Anxiety, ADHD, Thought Disorders
- Rafael D. Guerro, M.D.**.....281-398-9800
 1830 Snake River Rd., Ste. B
 Katy, TX 77449
<http://www.drrafaelguerrero.com/>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, Bipolar Disorder, Mood Disorders, ADHD
- Linh Gutierrez, PA-C**.....832-821-0124
 77 Sugar Creek Center Blvd., Suite 460
 Sugar Land, TX 77478
<https://www.mindpath.com>
Population Served: Adults
Specialties: Medication Management
- Sophia Harrison, PA**.....281-778-9530
Mind Matters Psychiatry
 4502 Riverstone Blvd., Ste. 601
 Missouri City, TX 77459
<https://www.mindmatterpsychiatry.com/>
- Aqeel Hashmi, M.D.**.....832-390-0900
Health Texas
 7103 S. Peek Rd., Ste. 100
 Richmond, TX 77407
<https://healthtxs.com/>
Population Served: Adults
Specialties: Depression, Bipolar Disorder, Anxiety, Chemical Dependency
- Dr. Erin Haytaian, PMHNP**.....832-876-3232
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Population Served: Ages 3+
Specialties: Medication management via Telehealth
- Jared Heathman, M.D.**.....281-849-4080
Your Family Psychiatrist
 12247 Queenston Blvd., Ste. D
 Cypress, TX 77095
<https://www.yourfamilypsychiatrist.com/>
Population Served: Children, Adolescents, Adults
Specialties: Anxiety, Perinatal mood disorders, Substance abuse, Obsessive compulsive disorder (OCD), Adolescent depression

- Matt Hinthorn, M.D.**.....281-849-4080
Your Family Psychiatrist
 12247 Queenston Blvd., Ste D
 Houston, TX 77095
<https://www.yourfamilypsychiatrist.com/>
Population Served: Children, Adolescents, Adults
Specialties: ADHD, Autism spectrum disorder, Anxiety, Cognitive disorders
- Jessica Holt, M.D., P.A.**.....713-906-7998
 18300 Katy Fwy., Ste. 315
 Houston, TX 77094
www.drjessicaholt.com
Population Served: Adolescents, Adults
Specialties: Depression, Bipolar Disorder, Anxiety, Disorder, OCD, Phobias, Impulse Control Disorders, Personality Disorders, Psychotic Disorders, Substance Related Disorders, Cognitive Disorders, ADHD
- Amy Owens Horelica, MSN, APRN, PMHNP**.....281-606-0622
Synapse Psychiatry
 7435 Highway 6, Suite C
 Missouri City, TX 77459
<https://synapse-psychiatry.com/>
- Regina Iwueze, PMHNP, APRN**.....281-746-1081
Psych Health & Wellness
 1844 Snake River Rd., Ste. A
 Katy, TX 77449
<https://www.psychhealthandwellness.com>
Population Served: Adolescents, Adults, Elders
Specialties: OCD, Bipolar, Depression, Anxiety, Sleep Disorders, ADHD
- Janecia Jackson, MSN, APRN, FNP-BC, PMHNP-BC**.....713-987-7828
Mosaic Mental Health
 440 Cobia Dr., Ste. 602
 Katy, TX 77494
<https://www.mosaicmentalhealthtx.com/>
Specialties: Specializing in the evaluation and treatment of mood and anxiety disorders, including depression, anxiety, and bipolar disorder
- LaKiffanie Jackson, MSN, APRN, PMHNP-BC**.....(713) 352-3166
Therapeutic Alliance and Testing Center
 7070 Knights CT, Suite 1301
 Missouri City, TX 77459
<https://treatmentwithtatc.com/>
- Christie Jacobus, MSN, RN-BC, M.Ed., LPC**.....(281) 762-1825
Barnhill and Associates
 8410 Hwy 90A, Suite 160
 Sugar Land, TX 77478
<https://www.barnhillcounseling.com/>

- Sadaf Javaid, MD**.....832-304-7244
Cognitive Psychiatry
 2000 S. Dairy Ashford, Ste 340
 Houston, TX 77077
www.mycognitivepsychiatry.com
Specialties: Adults and Child Psychiatrist
- Munira Jiwani, PMHNP-BC**.....832.661.6350
Maven Psychiatry
 12930 Dairy Ashford Rd, Ste. 701
 Sugar Land, TX 77478
<https://mavenpsychiatry.clientsecure.me/>
Population Served: Children, Adolescents, Adults
Specialties: Medication Management, CBT
- Caroline Jones, PA-C**.....281-779-4718
CyFair Psychiatry - Jones Rd
 9607 Jones Rd., Ste. 238
 Houston, TX 77065
<https://www.cyfairpsychiatry.net/>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, ADHD, Schizophrenia, Family Conflict
- Harmeet Kaur, PA-C**.....281-779-4718
CyFair Psychiatry - Copperfield
 7825 Hwy. 6 North, Ste. 104
 Houston, TX 77065
<https://www.cyfairpsychiatry.net/>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, ADHD, Schizophrenia
- Bukky Kayode, PMHNP-BC**.....281-944-7922
Serenity Wellness and Counseling
 17844 Mound Rd, Ste. H
 Cypress, TX 77433
<https://serenitywellnessandcounseling.com/>
- Ajoke Kazeem, PMHNP-BC**.....(832) 669-7922
Houston Mind and Brain
 9432 Katy FWY Suite 460
 Houston, TX 77055
<https://www.houstonmindandbrain.com>
Specialties: Wide Variety of Mental Health Concerns
- Natalie Keller, M.D.**.....281-849-4080
Your Family Psychiatrist
 12247 Queenston Blvd., Ste. D
 Cypress, TX 77095
<https://www.yourfamilypsychiatrist.com/>
Population Served: Children ages 4 and up, Adolescents, Young Adults up to age 25
Specialties: ADHD, Anxiety spectrum disorders, Obsessive compulsive disorder (OCD), Depression

- Amir Khan, M.D.**.....346-207-2479
Elite Psychiatry Center
800 Bonnaventure Way, Ste. 128
Sugar Land, TX 77479
<https://elitepsychiatrycenter.com/>
Population Served: Toddlers, Adolescents, Adults, Elders
Specialties: Anxiety, Panic Disorder, Depression, ADHD, Learning Disabilities
- Farhan M. Khan, MD, MPH**.....713-714-6371
Crescent Comprehensive Center
23211 Red River Drive
Katy, TX 77494
www.crescentcomprehensive.com
- Daryl Knox, MD**.....(713) 486-1950
UT Physicians Multispecialty – Rosenberg
5115 Avenue H, Ste 701
Rosenburg, TX 77471
<https://www.utphysicians.com/provider/daryl-k-knox/>
- Agnes Kwapong-Ayeh, PMHNP**.....346-490-2607
Gold Coast Psychiatry Wellness
25807 Westheimer Pkwy., Ste. 307
Houston, TX 77494
goldcoastpsychiatrywellness.com
Population Served: Adolescents, Adults, Elders
Specialties: Anger Management, Anxiety, Binge Eating, Borderline Personality, Depression, Eating Disorders, Gambling Addiction, Internet Addiction, LGBTQIA+, Medication Management
- Abigail Langham, MD**.....832.405.4660
24285 Katy Freeway, Suite 300
Katy, TX 77494
<https://katy-psychiatry.com/index.php?p=home-page>
Specialties: Adult, Child, and Adolescent Psychiatry
- Christell Lara, MD, PA**.....281-829-0072
Psychiatric Center of Katy
440 Cobia Drive Suite 1301
Katy, TX 77494
<https://www.psychcenterkaty.com/>
- Jennifer Lee, PMHNP-BC, FNP-C**.....(832) 669-7922
Houston Mind and Brain
9432 Katy FWY Suite 460
Houston, TX 77055
<https://houstonmindandbrain.com/>
Specialties: Holistic Care

- Joye Lewis, DNP, PMHNP-BC, FNP-C**.....713-444-0704
Dawn of Grace
 12238 Queenston Blvd., Ste. D
 Cypress, TX 77095
www.dawnofgrace.com
Population Served: Children, Adolescents, Adults, Elders
Specialties: Anger Management, Anxiety, Depression, Mood Disorders, Psychiatric Evaluation, Psychosis
- Daniel Liaou, MD**.....713-400-7400
Greater Houston Psychiatric Associates, PLLC
 2901 Wilcrest Dr., Ste. 520
 Houston, TX 77042
www.gpha.net/psychiatrists.php
- Lifestance Health**.....888-672-6853
 12505 Memorial Dr, Suite 230
 Houston, TX 77024
<https://lifestance.com/location/houston-tx-12505-memorial-dr/>
Specialties: Various types of providers with a variety of specialties.
- LifeStance Health**.....346-644-7333
 22001 Southwest Fwy., Ste. 125
 Richmond, TX 77469
<https://lifestance.com/location/state/texas/>
Specialties: Various types of providers with a variety of specialties.
- Lifestance Health**.....844-299-1642
 1235 Lake Pointe Parkway Drive, Ste. 104
 Sugar Land, TX 77478
<https://lifestance.com/location/sugar-land-tx-1236>
Specialties: Various types of providers with a variety of specialties.
- Dolly Lofinmakin, APRN**.....(346) 636-2191
Geode Health
 12603 Southwest Fwy., Ste. 510
 Stafford, TX 77477
<https://geodehealth.com/locations/stafford-tx/>
Population Served: Ages 5 and older
Specialties: Mood Disorders, Anxiety, Depression, Bipolar Disorder
- Marta Lopes, PMHNP**.....281-724-7980
Magnolia Psychiatry
 23410 Grand Reserve Drive Suite 802
 Katy, TX 77494
<https://magnoliapsychiatry.clinic/>
Specialties: General Psychiatry

Elizabeth (Liz) Macshadiya, MSN, APRN, PMHNP-BC, DNP.....713-987-7828
Mosaic Mental Health and Wellness
 440 Cobia Dr., Ste. 602
 Katy, TX 77494
<https://www.mosaicmentalhealthtx.com/>
Population Served: Ages 16 and up.
Specialties: Anxiety, Depression, Mood Disorders, Trauma, Life Stressors

Dr. Adolf Malik, DNP, APRN, FNP-C, PMHNP-BC.....(281)762-0659
Avema Psych & Medical PLLC
 902 Frost St.
 Rosenberg, TX 77471
 Home - AvemaPsych & Medical PLLC (avemapsychmedical.com)
Specialties: Medication Management

Dr. Gurtej Mann, MD.....(832) 422-7777
Nexus Psychiatry
 11455 Fallbrook Drive, Suite 302
 Houston, TX 77065
<https://nexus-psychiatry.com/>

Vikram Mehra, MD.....832-876-3232
Sugar Land Counseling Center
 16400 Kensington Dr.
 Sugar Land, TX 77479
<https://www.sugarlandcounseling.com/>
Specialties: Medication management via Telehealth

Vikram Mehra, MD.....713-777-9900
 21613 Provincial Blvd
 Katy, TX 77450

Allyson Mercer, PMHNP.....281-724-7980
Magnolia Psychiatry
 13145 Spring Cypress Rd, Ste. B
 Cypress, TX 77429
<https://magnoliapsychiatry.clinic/>
Specialties: General Psychiatry

Farhana Mina, MSN, APRN, PMHNP-BC.....(877) 631-0010
Impirium
 633 E. Fernhurst Dr, Ste 304
 Katy, TX 77450
<https://impireum.com/>
Specialties: Psychiatric Evaluation and Medication Management

Zaki Moin, MD
 7790 W Grand Pkwy, Ste. 103
 Richmond, TX 77406
 281-242-5400

- Dr. Moore, PMHNP**.....281-888-7962
Village Psychiatry
 9525 Katy Freeway, Ste. 138
 Houston, TX 77024
<https://www.village-psychiatry.com/>
- Scott Moreland, DO**.....281-242-2595
Sugar Bend Center
 12946 Dairy Ashford Rd #260
 Sugar Land, TX 77478
<https://sugarbendcenter.com/>
- Esther Morgan, PMHNP**.....(832) 873-3719
Wholeness Healthcare Services
 13100 Wortham Center drive, 3rd Floor
 Katy, TX 77494
<https://wholenesspsychiatricusa.com>
Specialties: Medication Management, ADHD Screening, Therapy
- Taeler Morris, PA-C**.....832-304-7244
Cognitive Psychiatry
 2000 S. Dairy Ashford, Ste 340
 Houston, TX 77077
www.mycognitivepsychiatry.com
Specialties: Anxiety, Depression, ADHD, Mood Disorders
- Marie Newball, RN, APRN, PMHNP-BC**.....832-429-7307
Turning Point Psychiatry
 77 Sugar Creek Center Blvd., Ste. 600
 Sugar Land, TX 77478
<https://turningpointpsychiatry.com/>
- Milena Newhook, DO**.....(346) 760-0500
 11211 Katy Fwy, Ste 440 D
 Houston, TX 77079
<https://www.drmlenanewhook.com/>
Specialties: Adult Psychiatric Care
- Kendra Nguyen, DNP**.....281-410-1742
Serenity Mental Health Centers
 3 Sugar Creek Center Boulevard, Ste. 600
 Sugar Land, TX 77478
<https://serenitymentalhealthcenters.com>
- Tuoanh Nguyen, PMHNP**.....281-724-7980
Magnolia Psychiatry
 13145 Spring Cypress Rd, Ste. B
 Cypress, TX 77429
<https://magnoliapsychiatry.clinic/>
Population Served: Ages 6 and up.
Specialties: General Psychiatry, Bilingual (English/Vietnamese)

Sohail Nibras, M.D......832-856-4718

Novus Beginning Psychiatry

120 Eldridge Rd., Ste. D
Sugar Land, TX 77478

<https://nbpsychiatry.com/>

Population Served: Children, Adolescents, Adults

Specialties: PTSD, ADHD, Depression, Anxiety

Sohail Nibras, M.D......832-856-4718

Novus Beginning Psychiatry

23410 Grand Reserve Dr., Ste. 401
Katy, TX 77494

<https://nbpsychiatry.com/>

Population Served: Children, Adolescents, Adults

Specialties: PTSD, ADHD, Depression, Anxiety

Sylvia Udokoro Nwakanma, DNP, APRN, FNP-C, PMHNP-BC

.....(832) 562-0554

Mercie Health

25031 Westheimer Pkwy., Ste. 500
Katy, TX 77494

<https://merciehealth.com/>

Population Served: Children, Adolescents, Adults, Elders

Specialties: ADHD, Bipolar Personality Disorder, Medication Management, Psychiatric Evaluation, Substance Abuse

Benjamin O'Brien, PMHNP-BC, FNP-C.....(832) 639-2015

Flourish Mental Health

950 Echo Lane, Suite 350
Houston, TX 77024

<https://flourishmentalhealth.com/>

DoNesha Obaseki, PMHNP-BC.....713-913-1645

24275 Katy Fwy., Ste. 410

Katy, TX 77494

<https://www.mindpath.com/clinicians/sireesha-chimata-md/>

Population Served: Adults

Specialties: Anxiety, Depression, Major Depressive Disorder, Panic Attacks / Disorders, ADHD

Angela Obi, PMHNP.....713-429-5325

One Behavioral

503 Park Grove Dr.
Katy, TX 77450

<https://onebehavioralhealth.com>

Population Served: Adults, Elders

Specialties: Anxiety, Major Depression Disorder, Bipolar

- Ori Ogebe-Sheriff, MD**.....281-789-8055
Sozo Healthy Minds
8102 Fry Road, Ste A, #1001
Cypress, TX 77433
<https://www.sozohealthyminds.com/>
- Nanu Ogunyoku, PMHNP-BC**.....713-581-7961
Phoenix Minds Clinic
25807 Westheimer Pkwy., Ste. 422
Katy, TX 77469
www.phoenixmindsclinic.com
Population Served: Children, Adolescents, Adults, Elders
Specialties: Anger Management, Anxiety, Bipolar Disorder, Medication Management, OCD, Oppositional Defiant Disorder, Psychiatric Evaluations, Schizophrenia, Sleep Disturbance, Transgender, Trauma
- Abidemi Oladele, MSN, PMHNP-BC**.....(866) 826-2061
Anew Era TMS & Psychiatry – Cypress
27700 Northwest Fwy #340
Cypress, TX 77433
<https://aneweratms.com/psychiatrist-cypress-tx/>
- Oyinlola Oludiran, PMHNP-BC**.....832-821-0124
Mindpath Health
77 Sugar Creek Center Blvd., Ste. 460
Sugar Land, TX 77478
<https://www.mindpath.com/clinicians/oyinlola-oludiran-pmhnp-bc/?locationId=80288>
Population Served: Children, Adolescents, Adults, Seniors
Specialties: Anxiety, Depression, Major Depressive Disorder, Panic Attacks, ADHD
- Claudine Onsongo, DNP, PMHNP-BC**.....281 671 7550
Health Grow Behavioral Services
24618 Kingsland Boulevard
Katy, TX 77494
<https://healthgrowthbehavioral.com/>
Specialties: Depression, Anxiety, ADHD, Bipolar, Schizophrenia, PTSD, Eating Disorders
- Bernadette Onuoha, M.D.**.....281-240-1035
Bernadette Onuoha, M.D.
12808 West Airport Blvd., Ste. 250
Sugar Land, TX 77478
<https://bernadetteonuohamd.net/>
Population Served: Toddlers, Children, Adolescents, Adults
Types of Services: Individuals
Specialties: ADHD, Anxiety, Bipolar Personality Disorder, Depression, OCD
- Mercy Osaghae, PMHNP**.....281-917-0667
Alpha Health Psychiatry
26622 Cook Field Road Ste. #700
Katy, TX 77494
<https://www.alphahealthpsychiatry.com/>

- Paulette Osamor, MD**.....281-463-0889
Center for Mental Wealth
 14531 FM 529, Ste. 150
 Houston, TX 77095
<https://www.centerformentalwealth.com/>
Specialties: General Psychiatry
- Bayo Owens, DNP PMHNP-BC**.....(346)-933-9260
BioMinds Behavioral Health
 14090 Southwest Freeway, Ste. 300
 Sugar Land, TX 77478
<https://www.biomindsbehavioralhealth.com>
- Bhavini Patel, PA-C**.....281-894-8611
CyFair Psychiatry - Jones Rd.
 9601 Jones Rd., Ste. 238
 Houston, TX 77065
<https://www.cyfairpsychiatry.net/>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, ADHD, Schizophrenia
- Nidhi Patel, PA-C**.....281-894-8611
CyFair Psychiatry - Jones Rd.
 9601 Jones Rd., Ste. 238
 Houston, TX 77065
<https://www.cyfairpsychiatry.net/>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, ADHD, Schizophrenia, Mental Health, Medication Management
- Aaron Peterson, DO**.....281-888-7962
Village Psychiatry
 9525 Katy Freeway, Ste. 138
 Houston, TX 77024
<https://www.village-psychiatry.com/>
- Kelle Huong Phan, DNP, RN, NNP-BC, PMHNP-BC**.....832-429-7307
Turning Point Psychiatry
 77 Sugar Creek Center Blvd., Ste. 600
 Sugar Land, TX 77478
<https://turningpointpsychiatry.com/>
- Catherine S Plummer, MD**.....281-565-0552
 4501 Cartwright Rd, Suite 103
 Missouri City, TX 77459
<https://www.plummermd.com/Default.aspx>

Alan Prossin, MD.....(832) 669-7922

Houston Mind and Brain

9432 Katy FWY Suite 460
Houston, TX 77055
<https://houstonmindandbrain.com/>
Specialties: Research

Huma Qadir, M.D......713-429-5325

One Behavioral

3531 Town Center Blvd., Ste. 102
Sugar Land, TX 77479
<https://onebehavioralhealth.com/>
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Depression, Anxiety, Bipolar Disorders, Schizophrenia, PTSD, ADHD

Aishwarya Raju, MD.....713-429-5325

One Behavioral

3531 Town Center Blvd S #102
Sugar Land, TX 77479
<https://onebehavioralhealth.com/locations/sugarland/>

Sheyla Randle, PMHNP.....713-429-5325

One Behavioral

503 Park Grove Dr.
Katy, TX 77450
<https://onebehavioralhealth.com>
Population Served: Children, Adolescents, Adults, Seniors
Specialties: Anxiety, Mood Disorder, Major Depressive Disorder, Schizoaffective, Autism

Kristi Reavis, MSN APRN PMHNP-BC, CCM.....281-778-9530

Mind Matters Psychiatry

4502 Riverstone Blvd., Ste. 601
Missouri City, TX 77459
<https://www.mindmatterspsychiatry.com/>
Specialties: Adults

Marco A. Renazco, M.D......281-599-3313

Katy Psychiatry

24215 Kingsland Blvd.
Katy, TX 77494
<https://www.katypsychiatry.com/>
Population Served: Adolescents, Adults
Specialties: Depression, Depression in Pregnancy and Postpartum, Anxiety and Panic Disorder, Bipolar Disorder, ADHD, OCD, Schizophrenia, Substance Abuse/Addiction

- Boris Rubashkin, M.D.**.....**713-463-9449**
Behavioral Health Consultants, Inc.
 9525 Katy Fwy., Ste. 312
 Houston, TX 77024
 www.bhchouston.com
Population Served: Children, Adolescents, Adults
Specialties: Psychiatric Evaluation, Medication Management, Depression, Anxiety, Trauma Survivors, Sexual Identity, Self-Injurious Behavior, Anger Management, ADHD, Peer Problems, Serious Mental Illness
- Safa Rubaye, MD**,.....**(281) 208-7414**
G&A Wellness Medical Clinic
 1500 S. Dairy Ashford Road, Suite 200
 Houston, TX 77077
<https://www.gnawellnessclinic.com/>
Population Served: Ages 15 and older
Specialties: Psychiatry and Medication Management
- Rimi Sandhu, PMHNP-BC**.....**713-429-5325**
One Behavioral
 3531 Town Center Blvd S #102
 Sugar Land, TX 77479
<https://onebehavioralhealth.com/locations/sugarland/>
- Rimi Sandhu, PMHNP-BC**.....**713-429-5325**
One Behavioral
 3531 Town Center Blvd. S., Ste. 102
 Sugar Land, TX 77479
<https://onebehavioralhealth.com/providers/rimi-sandhu/>
Population Served: Adults, Elders
Specialties: Anxiety, Major Depression Disorder, ADHD, Mood Disorder, Panic Disorder
- Alicia Sandoval-Alexander, NP, PMHNP-BC, FNP-C**.....**(832) 850-3110**
Innova Mind and Body
 16712 Huffmeister Rd 400A
 Cypress, TX 77429
<https://innovamindandbody.com/>
- Sherri Sarumi, DNP, APRN, PMHNP-BC**.....**346-771-5220**
Core Care Behavioral Health
 23920 Katy Fwy, Suite 440
 Katy, TX 77494
<https://www.careatcore.com/>
Specialties: Holistic Approach to Psychiatric Care. Bilingual (English and Yoruba)
- Chelsey Scott, PMHNP-BC**.....**281-779-4718**
CyFair Psychiatry - Jones Rd
 9607 Jones Rd., Ste. 238
 Houston, TX 77065
<https://www.cyfairpsychiatry.net/>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, ADHD, Schizophrenia

- Salih Selek, M.D.**.....**281-779-4718**
CyFair Psychiatry - Copperfield
 7825 Hwy. 6 North, Ste. 104
 Houston, TX 77065
<https://www.cyfairpsychiatry.net/>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, ADHD, Schizophrenia
- Namita Shiralkar, M.D.**.....**281-463-0889**
Center for Mental Wealth
 14531 FM 529, Ste. 150
 Houston, TX 77095
<https://www.centerformentalwealth.com/>
Population Served: Children, Adolescents, Adults
Specialties: ADHD, Anxiety, Behavioral Issues, Bipolar Disorder, Coping Skills, Depression, Development Disorders, Family Conflict, Impulse Control Disorders, LGBTQ+, Medication Management, Trauma, PTSD
- Dr. Michele Siegele, MD**.....**713-973-1007**
Memorial Psychiatry
 929 Gessner Rd., #2000
 Houston, TX 77024
<https://michelesiegelemd.com/>
- Harry Siegele, MD**.....**713-973-1007**
Memorial Psychiatry
 929 Gessner Rd., #2000
 Houston, TX 77024
<https://harrysiegelemd.com/>
- Kevin Simmons, M.D.**.....**281-849-8079**
Simmons Psychiatry
 4501 Cartwright Rd., Ste. 206
 Missouri City, TX 77459
<https://simmons-psychiatry.ueniweb.com>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, OCD, ADHD, Autism, PTSD, Personality Disorders, Medication Management, Psychoeducation, Brief Therapy
- Martha St. John, M.D.**.....**281-497-3500**
St. John Mental Health Clinic of Houston
 14811 St. Mary's Ln., Ste. 270
 Houston, TX 77079
www.doctorstjohn.com
Population Served: Adults
Specialties: ADHD, Depression, Medication Management, OCD, Psychiatric Evaluation

- Nicole Stahl, MD**.....713-332-4388
Cinco Ranch Psychiatry
 5757 Flewellen Oaks Lane Suite #304
 Fulshear, TX 77441
<https://cincoranchpsychiatry.com/>
Specialties: Conventional and Integrative Psychiatric Care
- Brandi Starks, MSN,PMHNP-BC, CLC**.....281-888-7962
Village Psychiatry
 9525 Katy Freeway, Ste. 138
 Houston, TX 77024
<https://www.village-psychiatry.com/>
- Debra Stokan, M.D.**.....281-394-2005
Stokan and Associates
 23501 Cinco Ranch Blvd., Ste. G270
 Katy, TX 77494
www.stokan.net
Population Served: Children, Adolescents, Adults
Specialties: Psychiatric Treatment, Medication Management
- Hannah Story, PA-C**.....281-779-4718
CyFair Psychiatry - Copperfield
 7825 Hwy. 6 North, Ste. 104
 Houston, TX 77065
<https://www.cyfairpsychiatry.net/>
Population Served: Children, Adolescents, Adults
Specialties: Depression, Anxiety, ADHD, Schizophrenia
- Otolade Sule, DNP, APRN, PMHNPBC, FNP-C**.....832-344-3617
Complete Psychiatry and Medical Care
 15115 Park Row, Ste. 350-8
 Houston, TX 77084
<https://www.completepsychiatrymedical.com/>
Population Served: Children, Adolescents, Adults
Specialties: Primary Care, Family Practice, Mental Health
- Marisa Suppatkul, MD**.....713-400-7400
Greater Houston Psychiatric Associates, PLLC
 2901 Wilcrest Dr., Ste. 520
 Houston, TX 77042
www.ghpa.net/psychiatrists.php
- Ramana Surya, D.O.**.....713-913-1645
MindPath Health Katy
 24275 Katy Fwy., Ste. 410
 Katy, TX 77494
www.mindpath.com
Population Served: Adults, Elders
Specialties: Anxiety, Bipolar Disorder, Depression, TMS

Khwaja Tariq, MD.....713-429-5325

One Behavioral

3531 Town Center Blvd S #102

Sugar Land, TX 77479

<https://onebehavioralhealth.com/locations/sugarland/>

Mudassar Tariq, M.D......832-786-0234

Happy Minds Psychiatry, PLLC

800 Bonaventure Way, Ste. 104

Sugar Land, TX 77479

<https://tariqmd.com>

Population Served: Toddlers, Children, Adolescents, Adults

Specialties: Addiction Treatment, Medication Management, Outpatient Detox, Psychotherapy, Psychiatric Evaluation

Sarah Taylor, PhD, FNP-C, PMHNP-BC.....713-828-5480

10401 S. Mason Road Bldg. D Suite 404

Richmond, TX 77406

<https://completehealthclinic.org/>

Specialties: Weight Loss, Medical and Psychiatric Care, Addiction

Careen Tetuh, PMHNP-BC.....281-746-1081

Psych Health & Wellness

1844 Snake River Rd, Suite A

Katy, TX 77449

https://www.psychhealthandwellness.com/?utm_source=gmb_auth

Renu K Thapar, MD.....281-556-6188

12121 Richmond Ave Ste 114

Houston, TX 77082

<https://www.hcahoustonhealthcare.com/physicians/profile/Dr-Renu-K-Thapar-MD>

Julie Thibeaux, PMHNP-BC.....(877) 631-0010

Impirium

633 E. Fernhurst Dr, Ste 304

Katy, TX 77450

<https://impireum.com/>

Specialties: Psychiatric Evaluation and Medication Management

Joshua Thomas, MD.....832-500-8716

12440 Emily Court #103

Sugar Land, TX 77478

<https://joshthomasmd.com/>

Specialties: Child, Teen, and Adult Psychiatry

Patrick Thomas, M.D., Ph.D......713-973-1007

Memorial Psychiatry

929 Gessner Rd., #2000

Houston, TX 77024

<https://patrickthomasmdphd.com/>

Population Served: Adults

Specialties: Substance Use, Trauma, PTSD, Personality Disorders, Addiction

Vaishali Tirumalaraju, MD.....281-778-9530

Mind Matters Psychiatry

4502 Riverstone Blvd., Ste. 601

Missouri City, TX 77459

<https://www.mindmatterspsychiatry.com/>

Specialties: Child and Adolescent Psychiatry

Thriveworks.....(571) 554-1147

23410 Grand Reserve Dr., Ste. 301

Katy, TX 77494

<https://thriveworks.com/>

Thriveworks.....(571) 554-1147

15103 Mason Rd., Ste. E2

Cypress, TX 77433

<https://thriveworks.com/>

Thriveworks.....(571) 554-1147

5819 Hwy 6, Ste. 255

Missouri City, TX 77459

<https://thriveworks.com/>

Dr. Ashley Toutouchi, MD.....(866) 306-2108

Aura MD

5718 Westheimer Rd Suite 1000

Houston, TX 77024

<https://auramd.com/>

Mary Ann Ty, MD.....(713) 779-8963

52 Sugar Creek Center Blvd #375

Sugar Land, TX 77478

<https://www.zocdoc.com/doctor/mary-ann-ty-md-72624>

Population Served: Adolescents and Adults

Specialties: Medication Management

Carlos Benjamin Vargas, MD.....713-840-7956

Synergique Healing

8703 Meadowcroft Dr

Houston, TX 77063

<https://synergiquehealing.com/>

Specialties: Child, Adolescent, and Adult Psychiatry

Catherine Wachira, PMHNP.....(832) 639-2015

Flourish Mental Health

950 Echo Lane, Suite 350
Houston, TX 77024
<https://flourishmentalhealth.com/>

LaRita Whittington, MSN, APRN, PMHNP-BC.....(877) 631-0010

Impirium

633 E. Fernhurst Dr, Ste 304
Katy, TX 77450
<https://impireum.com/>

Specialties: Psychiatric Evaluation and Medication Management

Bernadette Williams, PMHNP-BC.....713-463-9449

Behavioral Health Consultants, Inc.

9525 Katy Fwy., Ste. 312
Houston, TX 77024
<https://www.bhchouston.com/>

Population Served: Children, Adolescents, Adults

Specialties: Psychiatric Evaluation, Medication Management, Depression, Anxiety, Trauma Survivors, Sexual Identity, Self-Injurious Behavior, Anger Management, ADHD, Peer Problems, Serious Mental Illness

Emily Wu, MD, PhD.....832 - 694 - 0808

18722 University Blvd. STE 200
Missouri City, TX 77479
<https://emilywumd.com/>

Specialties: Adult, Child, and Adolescent Psychiatry

Ashok Yerramsetti, MD.....713-913-1645

MindPath Health

24275 Katy Freeway, Suite 410
Katy, TX 77494
<https://www.mindpath.com>

Brian Zachariah, M.D......713-913-1645

MindPath Health

24275 Katy Fwy., Ste. 410
Katy, TX 77494
<https://www.mindpath.com>

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Major Depressive Disorder, Panic Attacks / Disorders, ADHD

Ateka Zaki, MD

7790 W Grand Pkwy, Ste. 103
Richmond, TX 77406
281-242-5400

Dr. Darko Zdilar, MD, PhD.....(346) 585-4045 x1
Serenity Mental Health Clinic
5501 Cabrera Drive, Ste. 501
Missouri City, TX 77459
<https://www.psychologytoday.com/us/psychiatrists/darko-zdilar-sugar-land-tx/1270259>

Janet Zoch, M.D.....832-982-0200
River Bend Family Psychiatry
4502 Riverstone Blvd., Ste. 804
Missouri City, TX 77459
<https://riverbendfamilypsychiatry.com/>
Population Served: Children, Adolescents, Adults
Specialties: Anxiety, ADHD, Autism Spectrum Disorder, Panic Disorder, Postpartum, Posttraumatic Stress, Psychotic Disorders, TIC Disorders, Medication Management

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