



# The Woodlands Mental Health Resource Book 2025

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*help when you need it most*

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NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796



**New Dimensions**  
DAY TREATMENT CENTERS  
*help when you need it most*

New Dimensions Day Treatment Centers  
proudly sponsors

### **The Woodlands Mental Health Resource Book**

New Dimensions Day Treatment Centers provide Partial Day and Intensive Outpatient Treatment for adolescents and adults. We offer in-person services and are now able to provide Intensive Online Treatment Programs to all Texas residents through telehealth. If you are struggling with emotional, behavioral or substance abuse issues,  
***WE CAN HELP!***

*\*In-network for most health plans and accepts self-pay.*

**[www.nddtreatment.com](http://www.nddtreatment.com)**

**The Clear Lake Location**

1345 Space Park Drive,  
Suite C  
Houston, TX 77058

**The Katy Location**

439 Mason Park Boulevard,  
Suite B  
Katy, TX 77450

**The Woodlands Location**

25511 Budde Road,  
Suite 2401  
The Woodlands, TX 77380

**800-685-9796**

## NEW DIMENSIONS DAY TREATMENT CENTERS

New Dimensions Day Treatment Centers, located in Clear Lake, Katy and The Woodlands, provides in-person psychiatric and substance abuse treatment to both adolescents and adults and online evening services for adults. New Dimensions now provides Intensive Online Treatment Programs to all Texas residents through telehealth.

New Dimensions is licensed by the Texas Health and Human Services Commission and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Since 1991, New Dimensions has helped individuals and families develop the tools they need to successfully cope with the difficult challenges of life.

### Services

New Dimensions specializes in helping individuals and families overcome the problems associated with:

- Addictions
- Alcoholism
- Anger Issues
- Anxiety
- Behavior Problems
- Bipolar Disorders
- Depression
- Drug Abuse
- Low Self-Esteem
- Obsessive Compulsive Disorders
- PTSD
- Thoughts of Suicide
- Trauma

**If you or someone you know is having difficulty dealing with these issues or other struggles in life, contact us at 800-685-9796.**

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# HOW TO CHOOSE A PROVIDER

When choosing a mental health provider, it is important to match your needs with the skills, expertise, and training of the provider. When seeking help, it is often useful to ask providers about their experience in working with your area of concern. While many providers work with a variety of problems, some specialize in specific areas.

This resource guide lists some of these specialties but is not intended to be a definitive list of specialties and areas of expertise. The resource guide is also not an endorsement of any provider, treatment program, or mental health resource, but instead it is intended to provide a broad listing of mental health services in the area.

The resource guide is designed to be a starting point in finding a provider of mental health resources. Referrals from family, friends, or other trusted resources are also useful when choosing a provider. The list below provides the most common types of mental health credentials.

**Licensed Chemical Dependency Counselor (LCDC)** is licensed by the State of Texas to provide chemical dependency counseling. These counselors receive specialized training in the treatment of individuals and families that are trying to overcome problems related to alcohol and drug abuse. Counselors with only LCDC credentials are limited to providing treatment for substance abuse and are not able to provide mental health therapy.

**Licensed Clinical Social Worker (LCSW)** is licensed by the State of Texas to provide therapy for individuals and families with mental health problems. (Some clinicians with this license are listed as LMSW or LCSW.) They typically have a minimum of a master's degree in social work. These therapists work with a variety of problems, including mental health, substance abuse, couples, and family problems.

**Licensed Marriage and Family Therapist (LMFT)** is licensed by the State of Texas to provide marriage and family therapy. These therapists typically have a minimum of a master's degree and receive specialized training in working with couples, families, and systems. These therapists work with individuals who struggle with a variety of problems, including mental health, substance abuse, couples, and family problems.

**Licensed Professional Counselor (LPC)** is licensed by the State of Texas to provide therapy services to both individuals and families. These therapists typically have a minimum of a master's degree and receive a variety of training in the treatment of mental health issues. They work with a variety of problems including mental health, substance abuse, couples and family problems.

**Psychologist (PhD)** is licensed by the State of Texas to provide therapy services to individuals, couples, and families. They have a Doctor of Psychology. In addition to providing therapy services to people with mental health and substance abuse issues, many psychologists also provide a variety of psychological testing services.

**Psychiatrists (MD)** is a licensed Medical Doctor who specializes in the treatment of mental disorders. Psychiatrists are licensed to prescribe medications for their clients. While psychiatrists can provide therapy services to their clients, most providers focus primarily on medication management and prefer to refer their clients to other professionals for therapy.

**Psychiatric Nurse Practitioner (PMHNP)** A psychiatric mental health nurse practitioner is licensed and nationally board certified to provide psychiatric care for patients with mental illness.

**Physician Assistant (PA)** is a licensed healthcare professional who practices medicine under the supervision of a physician, providing a wide range of clinical services, including diagnosing and treating illnesses and prescribing medications.

## **COMMUNITY RESOURCES**

### **ADVOCACY AND REFERRALS**

#### **Catholic Charities of the Archdiocese of Galveston-Houston.....713-526-4611**

2900 Louisiana

Houston, TX 77066

[www.catholiccharities.org](http://www.catholiccharities.org)

Provides food, clothing, shelter and a network of support services to people of all ages and from all walks of life and religious backgrounds. The charity also promote social justice, serving as a voice for the poor and vulnerable.

#### **211.....211**

[www.211.org](http://www.211.org)

Statewide referral hotline sponsored by United Way to connect persons in need with local resources.

#### **Adult Protective Services..... 1-800-252-5400**

2017 North Frazier, Ste. C1

Conroe, TX 77301

[www.dfps.state.tx.us](http://www.dfps.state.tx.us)

Investigates abuse, neglect, and exploitation of adults who are elderly or have disabilities and who live in the community. Any adult who has a disability or who is age 65 or older that is in a state of abuse, neglect, or exploitation may be eligible to receive adult protective services.

#### **Advocacy Inc.....713-974-7691**

[www.disabilityrightstx.org](http://www.disabilityrightstx.org)

Non-Profit that protects and advocates for the legal rights of people with disabilities in Texas.

#### **Aid to Victims of Domestic Abuse.....713-224-9911**

1001 Texas Avenue, Ste. 600

Houston, TX 77002

[www.avda-tx.org](http://www.avda-tx.org)

Provides advocacy, legal representation, battering intervention and community education and outreach. Also provides group counseling for men who are abusive. This program is called Battering Intervention Services (BIPP).

#### **Alzheimer's Association Houston and Southeast Chapter..... 800-272-3900**

6055 S. Loop East at Long Drive

Houston, TX 77087

[www.alztex.org](http://www.alztex.org)

Nonprofit provides health care, support, and research to eliminate Alzheimer's disease through the advancement of research to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

#### **American Cancer Society..... 1-800-227-2345**

[www.cancer.org](http://www.cancer.org)

Provides research, advocacy, education, and service for cancer patients and their families.

- American Heart Association.....1-800-242-8721**  
[www.heart.org](http://www.heart.org)  
 Nonprofit organization offers programs to reduce disability and death from cardiovascular diseases and stroke.
- American Lung Association.....800-586-4872**  
[www.lung.org](http://www.lung.org)  
 Fights lung disease and promotes lung health through tobacco and asthma education programs.
- American Red Cross.....713-526-8300 or 866-526-8300**  
**.....Toll Free - 24 Hours a Day/7 Days a Week**  
 2700 Southwest Freeway  
 Houston, TX 77098  
[www.houstonredcross.org](http://www.houstonredcross.org)  
 Provides emergency aid (food, clothing and temporary shelter) to victims of fires, floods and other disasters, services to military families and veterans, health education classes/CPR first aid.
- Angel Reach, Inc.....936-202-8498**  
 900 W. Dallas Street  
 Conroe, TX 77301  
[www.angelreach.org](http://www.angelreach.org)  
 Provides programs for children, adolescents and families to break the cycle of abuse, neglect and homelessness.
- Autism Society Texas..... 512-479-4199 Ext. 1**  
 300 E. Highland Mall Boulevard, Ste. 205  
 Austin, TX 78752  
[www.texasautismsociety.org](http://www.texasautismsociety.org)  
 Information and Resources on Autism.
- Autism Speaks..... 888-288-4762**  
 Austin, TX  
[www.autismspeaks.org](http://www.autismspeaks.org)  
 Information and Resources on Autism.
- Big Brothers and Big Sisters.....888-887-2447**  
 5001 LBJ Freeway, Ste. 450  
 Dallas, TX 75244  
[www.bbbstx.org](http://www.bbbstx.org)  
 Provides dependable adult friendship and guidance to youth.
- Bridgeway Shelter.....888-756-8682**  
 4501 N. Frazier  
 Conroe, TX 77303  
[www.sayyestoyouth.org/bridgeway-shelter](http://www.sayyestoyouth.org/bridgeway-shelter)  
 Shelter is a 13 bed coed facility offering emergency shelter for youth ages 10-17 who need temporary (up to 90 days) housing due to extreme family conflict, abuse and/or neglect or who are runaway and homeless.

- C.A.S.A. Child Advocates of Montgomery County**.....844-230-6467  
 1501 West Anderson Lane, Ste. B-2  
 Austin, TX 78757  
[www.casaspeaks4kids.com](http://www.casaspeaks4kids.com)  
 Provides advocacy for abused and neglected children.
- Can Care of Houston, Inc.**.....713-461-0028  
 9575 Katy Freeway, Ste. 428  
 Houston, TX 77024  
[www.cancare.org](http://www.cancare.org)  
 Provides support for cancer survivors and their families.
- Cancer Hope Network**..... 877-467-3638  
 2 North Road, Ste. A  
 Chester, NJ 7930  
[www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)  
 Non-profit that provides free one-on one emotional support to adult cancer patients and their families.
- Career & Recovery Resources**.....713-754-7000  
 2525 San Jacinto Street  
 Houston, TX 77002  
[www.careerandrecovery.org](http://www.careerandrecovery.org)  
 Provides career and employment services to disadvantaged and to substance abusers.
- Child Advocates Inc.**.....713-529-1396  
 3701 Kirby Drive, Ste. 400  
 Houston, TX 77098  
[www.childadvocates.org](http://www.childadvocates.org)  
 Mobilizes court-appointed volunteers to break the cycle of child abuse. Advocates for the children.
- Children's Protective Services**.....800-252-5400  
 2017 North Frazier, Ste. C1  
 Conroe, TX 77301  
[www.dfps.state.tx.us](http://www.dfps.state.tx.us)  
 Agency mandated to investigate and provide services for children who are physically or sexually abused.
- Conroe VA Outpatient Clinic**.....936-522-4000  
 690 S. Loop 336 West  
 Conroe, TX 77304  
[www.houston.va.gov](http://www.houston.va.gov)  
 Provides outpatient services for veterans.
- Crisis Intervention Hotline**.....832-416-1177  
 9660 Hillcroft Street, Ste. 516  
 Houston, TX 77096  
[www.crisishotline.org](http://www.crisishotline.org)  
 24 hour crisis hotline

- Crisis Intervention of Houston**.....**832-416-1199**  
 9660 Hillcroft Street, Ste. 516  
 Houston, TX 77096  
[www.crisishotline.org](http://www.crisishotline.org)  
 24 hour crisis hotline for teens
- Department of Family and Protective Services**.....**800-252-5400 or 936-756-1551**  
 2017 North Frazier, Ste. C1  
 Conroe, TX 77301  
<https://www.dfps.texas.gov>  
 Provides services to abused or neglected children and adults.
- Disability Rights Texas**.....**713-974-7691**  
[www.disabilityrightstx.org](http://www.disabilityrightstx.org)  
 Non-Profit that protects and advocates for the legal rights of people with disabilities in Texas.
- Harris County Domestic Relations Office**.....**713-274-7300**  
 1310 Prairie, Ste. 700  
 Houston, TX 77002  
<https://dro.harriscountytexas.gov/Home/Community-Legal-Resources>  
 Community Legal Resources
- Houston Police Department Domestic Violence Unit**.....**832-394-3600**  
 North Police Station 9455 W. Montgomery Road  
 Houston, TX 77088  
[www.houstontx.gov/police/fvu/index.htm](http://www.houstontx.gov/police/fvu/index.htm)  
 Provides support and counseling to victims of domestic abuse.
- Injured Call Today**.....**800-897-8440**  
[www.injuredcalltoday.com/the-medicine-program/](http://www.injuredcalltoday.com/the-medicine-program/)  
 Assistance for people who cannot afford medication.
- Interfaith of The Woodlands**.....**281-367-1230**  
 4242 Interfaith Way  
 The Woodlands, TX 77381  
[www.woodlandsinterfaith.org](http://www.woodlandsinterfaith.org)  
 Interfaith helps individuals and families in crisis through financial assistance for rent, mortgage, utilities, gasoline, prescription drug assistance, emergency shelter, food, clothing, senior programs and offers counseling, job training, and childcare.
- Medicine Assistance Tool**  
[www.medicineassistancetool.org](http://www.medicineassistancetool.org)  
 Brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that's right for them.
- Mental Health America of Greater Houston**.....**713-523-8963**  
 2211 Norfolk, Ste. 810  
 Houston, TX 77098  
[www.mhahouston.org](http://www.mhahouston.org)  
 Provides services to mentally ill through education and advocacy and provides pro bono counseling services.

- Michael E. DeBaakey VA Medical Center**.....800-698-2411  
 2002 Holcombe Boulevard  
 Houston, TX 77030  
[www.houston.va.gov](http://www.houston.va.gov)  
 Provides a full service hospital for veterans.
- Money Management International**.....866-889-9347  
 12603 Southwest Freeway, Ste. 450  
 Stafford, TX 77477  
[www.moneymanagement.org](http://www.moneymanagement.org)  
 Debt counseling
- Montgomery County District Attorney's Office**.....936-539-7800  
 207 W. Phillips Street, Second Floor  
 Conroe, TX 77301  
[www.mctxdao.org](http://www.mctxdao.org)  
 Criminal Law Division of Montgomery County courts
- Montgomery County Emergency Assistance**.....936-539-9211  
 1022 McCall Avenue  
 Conroe, TX 77301  
[www.cac-mctx.org](http://www.cac-mctx.org)  
 Offers Montgomery County residents assistance with services to help families recover from temporary crisis and move towards self-sufficiency; assistance with rent/mortgage, utilities, childcare, food, clothing, and prescriptions.
- Montgomery County Food Bank**.....936-271-8800  
 One Food For Life Way  
 Conroe, TX 77385  
[www.mcfoodbank.org](http://www.mcfoodbank.org)  
 Services those in need by providing non-perishable food, meat, fresh produce and other grocery products.
- Montgomery County Housing Authority**.....936-539-4984  
 1500 N. Frazier, Ste. 101  
 Conroe, TX 77301  
[www.montgomerycountyha.org](http://www.montgomerycountyha.org)  
 Assists extremely low-income individuals and families with decent, safe and affordable housing.
- Montgomery County Juvenile Department**.....936-760-5805  
 200 Academy Drive  
 Conroe, TX 77301  
[www.mctx.org/departments/departments\\_g\\_-\\_j/juvenile\\_justice\\_center/detention.php](http://www.mctx.org/departments/departments_g_-_j/juvenile_justice_center/detention.php)  
 Provides individual, family and group therapy to clients referred by field and intake/court officers of Montgomery County Juvenile Probations. Crisis intervention and psycho-educational services also provided.

- Montgomery County Sheriff's Office - Victim Services**.....936-538-7705  
 #1 Criminal Justice Drive  
 Conroe, TX 77301  
[www.mctxsheriff.org/residents/victim\\_services/index.php](http://www.mctxsheriff.org/residents/victim_services/index.php)  
 Provides a liaison to assist victims of crime.
- Montgomery County United Way**.....281-292-4155 x 265  
 1600 Lake Front Circle, Ste. 248  
 The Woodlands, TX 77380  
[www.unitedwayhouston.org/about/locations](http://www.unitedwayhouston.org/about/locations)  
 Operates an Information and Referral Helpline of Community Resources.
- Montgomery County Veterans Service**.....936-539-7842  
 2247 N. 1st Street, Ste. 219  
 Conroe, TX 77301  
[www.mctx.org](http://www.mctx.org)  
 Obtains and maintains medical benefits for the retired serviceman and/or spouse.
- Montgomery County Women's Center**.....936-441-4044  
 1600 Lake Front Circle, Ste. 130  
 The Woodlands, TX 77380  
[www.mcwctx.org](http://www.mcwctx.org)  
 Provides a 24-hour hotline, safe shelter, crisis intervention, counseling, advocacy and legal services to survivors of family violence, sexual assault and stalking.
- Mosaics of Mercy**.....346-703-0051  
 33111 Forest West St.  
 Magnolia, TX 77354  
[www.mosaicctx.org](http://www.mosaicctx.org)  
 Helps members of the community find mental health and substance use recovery resources.  
 Resources are provided by phone call only.
- National Alliance on Mental Illness**.....713-970-4483  
 9401 Southwest Freeway, Ste. 1234  
 Houston, TX 77074  
[www.namigreaterhouston.org](http://www.namigreaterhouston.org)  
 Provides advocacy and resources for individuals affected by mental illness and their families.
- National Domestic Violence Hotline**.....800-799-7233  
 P.O. Box 90249  
 Austin, TX 78709  
[www.thehotline.org](http://www.thehotline.org)  
 Domestic Violence Resources; links individuals to domestic violence shelters and other needed services in the area.
- National Teen Dating Abuse Helpline**.....866-331-9474  
 P.O. Box 90249  
 Austin, TX 78709  
[www.loveisrespect.org](http://www.loveisrespect.org)  
 Referrals to teens affected by dating abuse; provides information on sexting and texting.

- Northwest Assistance Ministries.....281-885-4555**  
 15555 Kuykendahl Road  
 Houston, TX 77090  
[www.namonline.org](http://www.namonline.org)  
 Provides assistance in areas such as food, shelter, children's health, adult education, senior services, domestic violence and more.
- Runaway Hotline - Texas.....800-989-6884**  
[www.texasyouth.org](http://www.texasyouth.org)  
 Crisis Hotline for runaway teens
- RxAssist**  
[www.rxassist.org](http://www.rxassist.org)  
 Assistance for people who cannot afford medication.
- Society of Samaritans.....281-259-8452**  
 31355 Friendship Drive, Ste. 500  
 Magnolia, TX 77355  
[www.societyofsamaritanstx.org](http://www.societyofsamaritanstx.org)  
 For clients in crisis, provides food, clothes, utilities, rent/mortgage, gasoline, prescription medication and other basic life survival requirements.
- Texas Crime Victims Compensation Benefits.....800-983-9933**  
 P.O. Box 12548  
 Austin, TX 78711  
[www.texasattorneygeneral.gov/cvs/crime-victims-compensation](http://www.texasattorneygeneral.gov/cvs/crime-victims-compensation)  
 Provides financial assistance to victims of violent crime for related expenses that cannot be reimbursed by insurance or other sources.
- Texas Department of Family and Protective Services.....800-252-5400**  
**24 Hour Hotline: 936-756-1551**  
 2017 N. Frazier Street, Ste. C1  
 Conroe, TX 77301  
[www.txabusehotline.org](http://www.txabusehotline.org)  
 Investigates reports of abuse, neglect and/or exploitation of aged (65+) and disabled (18-64), in addition to the abuse and neglect of children.
- The Coalition for Barrier Free Living.....713-974 4621**  
 11111 Wilcrest Green Drive, Ste. 385  
 Houston, TX 77042  
[www.hcil.cc](http://www.hcil.cc)  
 Community-based, non-profit, independent living advocacy organization created by and for people with disabilities. Provider of Independent Living Services for people with disabilities in the Texas Gulf Coast area.
- Tomball Emergency Assistance Ministries (TEAM).....281-351-6700**  
 300 West Main Street  
 Tomball, TX 77375  
[www.teamtomball.com](http://www.teamtomball.com)  
 Offers vouchers (no money) for various expenses including utilities, rent, prescription, gas, emergency shelter, child care, eye exams, limited dental, back-to-school and holiday assistance.

- Tomball VA Outpatient Clinic**.....800-639-5137 or 281-516-1505  
 1200 Main Street  
 Tomball, TX 77375  
[www.houston.va.gov](http://www.houston.va.gov)  
 Provides outpatient services for veterans.
- Tri-County Crisis Hotline**.....800-659-6994  
 706 FM 2854  
 Conroe, TX 77301  
[www.tcbhc.org](http://www.tcbhc.org)  
 Provides crisis intervention and suicide prevention.
- Workforce Solutions**.....936-441-0037  
 2218 IH 45 North  
 Conroe, TX 77301  
[www.wrksolutions.com](http://www.wrksolutions.com)  
 Helps individuals find jobs.
- Workforce Solutions**.....281-446-4837  
 9668 FM1960 Bypass Road W.  
 Humble, TX 77338  
[www.wrksolutions.com](http://www.wrksolutions.com)  
 Helps individuals find jobs.
- Workforce Solutions**.....281-807-9462  
 17725 Tomball Parkway  
 Houston, TX 77064  
[www.wrksolutions.com](http://www.wrksolutions.com)  
 Helps individuals find jobs.
- Workforce Solutions - Cypress Station**.....281-891-2850  
 70 FM 1960 Road West #A  
 Houston, TX 77090  
[www.wrksolutions.com](http://www.wrksolutions.com)  
 Helps individuals find jobs.
- Yes to Youth**.....936-756-8682  
 105 West Lewis Street  
 Conroe, TX 77301  
[www.youthmc.org](http://www.youthmc.org)  
 Provides counseling for children, youth and their families who are at risk for truancy or runaway due to family conflict.
- YMCA at Shadowbend**.....281-367-9622  
 6145 Shadowbend Place  
 The Woodlands, TX 77381  
[www.ymcahouston.org/smc-shadowbend](http://www.ymcahouston.org/smc-shadowbend)  
 Provides activities for adolescents and adults.

**HIV/AIDS**

- AIDS Foundation Houston, Inc.**.....**713-623-6796**  
 6260 Westpark Drive, Ste.100  
 Houston, TX 77057  
<https://aihouston.org>  
 Provides services to people with HIV/AIDS including prevention, outreach, housing, food assistance, and employment resources.
- Avenue 360 Health and Wellness (formerly Bering Omega Community Services)**  
 ..... **713-426-0027**  
 2150 W. 18th Street  
 Houston, TX 77008  
[www.avenue360.org](http://www.avenue360.org)  
 Provides services to people with HIV/AIDS including prevention, outreach, dental care, diabetes care, a pharmacy, adult day care, financial assistance, residential hospice, and counseling.
- St. Hope Foundation**.....**936-441-2440**  
 1414 S. Frazier, Ste. 106  
 Conroe, TX 77301  
[www.offeringhope.org](http://www.offeringhope.org)  
 Services include food pantry, medical clinic, case management, free HIV and syphilis testing, free medical care for HIV+ clients and transportation. Counseling, case management and primary medical care provided for HIV and AIDS patients.
- The Montrose Center**.....**713-529-0037**  
 401 Branard Street  
 Houston, TX 77006  
[www.montrosecenter.org](http://www.montrosecenter.org)  
 The Montrose Center is a nonprofit agency with programs primarily for gay, lesbian, bisexual, transgender, and HIV infected and their significant others.

**RESIDENTIAL TREATMENT AND HOSPITALS****Center for Discovery-Residential.....855-968-0592**

17515 Swansbury Drive

Cypress, TX 77429

[www.centerfordiscovery.com](http://www.centerfordiscovery.com)

Provides residential treatment for adolescents/young adults (ages 16-23) with anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, compulsive overeating, and selective eating disorder (ARFID).

**Aspire Behavioral Health Hospital.....936-647-3500**

2006 South Loop 336 West, Ste. 500

Conroe, TX 77304

[www.aspirehealthcorp.com](http://www.aspirehealthcorp.com)

Short-term, acute care, adult geriatric, psychiatric hospital.

**Avondale House.....713-993-9544**

3737 O'Meara Drive

Houston, TX 77025

[www.avondalehouse.org](http://www.avondalehouse.org)

Provides educational, residential and day habilitation services to children and young adults (ages 3-21) with autism.

**Azul House.....832-510-4971**

17616 White Perch Lake Drive

Conroe, TX 77384

<https://azul.life>

Sober Living.

**Bayes Achievement Center, Inc.....936-291-3391**

7517 South Highway 75 South

Huntsville, TX 77340

[www.bayescenter.com](http://www.bayescenter.com)

Licensed residential treatment center and day school program which serves emotionally disturbed and autistic children with severe behavior problems.

**Bellaire Behavioral Hospital.....713-589-9385 or 1-833-618-0017**

5314 Dashwood Drive, Ste. 300

Houston, TX 77081

[www.bhbhospital.com](http://www.bhbhospital.com)

Psychiatric hospital and alcohol and drug rehab center offering mental health counseling services and chemical dependency programs to adolescents, adults and seniors.

**Ben Taub Hospital.....713-873-2000**

1504 Taub Loop

Houston, TX 77030

[www.harrishealth.org/locations-hh/Pages/ben-taub.aspx](http://www.harrishealth.org/locations-hh/Pages/ben-taub.aspx)

Psychiatric Crisis Services.

- Bonita House of Hope**.....713-691-0900  
 2605 Parker Road  
 Houston, TX 77093  
[www.santamariahostel.org](http://www.santamariahostel.org)  
 Provides housing, supportive services, and substance abuse treatment for women.
- Briarwood Detox Center**.....512-883-4572  
 1019 Ashland Street  
 Houston, TX 77008  
[www.briarwooddetox.com/houston](http://www.briarwooddetox.com/houston)  
 Provides medically assisted detox and stabilization.
- Brookside Farm**.....512-507-5713  
[www.brookside-farm.org](http://www.brookside-farm.org)  
 Specialized long-term care for adults with mental illnesses or intellectual disabilities.
- Burning Tree Recovery Ranch**.....866-287-2877  
 2837 County Road 101  
 Kaufman, TX 75142  
[www.BurningTreeRanch.com](http://www.BurningTreeRanch.com)  
 Provides long term residential treatment for adults with alcohol and drug abuse issues.
- Cenikor Foundation**.....888-236-4567 (Toll Free) 281-476-0088 (Local)  
 4525 Glenwood Avenue  
 Deer Park, TX 77536  
[www.cenikor.org](http://www.cenikor.org)  
 Provides adult inpatient and outpatient detox along with short-term and long-term residential treatment.
- Cenikor Odyssey House**.....346-583-6302  
 5629 Grapevine Street  
 Houston, TX 77085  
<https://cenikor.org>  
 Residential, outpatient, and aftercare support to teens who are struggling with substance use, mental health, and co-occurring disorders.
- Center for Change**.....888-294-9156  
 1790 North State Street  
 Orem, UT 84057  
[www.centerforchange.com](http://www.centerforchange.com)  
 Inpatient, outpatient, day treatment, and residential treatment for eating disorders: anorexia, bulimia and binge eating. TRICARE certified.
- Covenant House**.....800-388-3888  
 1111 Lovett Boulevard  
 Houston, TX 77006  
[www.covenanthouse.org](http://www.covenanthouse.org)  
 Helps kids in crisis through residential resources, outreach, and community services designed to keep kids off the streets.

- Cypress Creek Hospital**.....**281-586-7600**  
 17750 Cali Drive  
 Houston, TX 77090  
[www.cypresscreekhospital.com](http://www.cypresscreekhospital.com)  
 Provides short term hospitalization for adults and adolescents with psychiatric and substance abuse issues.
- Cypress Lakes Recovery**.....**866-980-3868**  
 1129 Highway 287 North  
 Woodville, TX 75979  
<https://www.cypresslakesrecovery.com>  
 Residential treatment facility for adults suffering from addiction. Offers detox services.
- DePelchin Children's Center**.....**713-730-2335**  
 4950 Memorial Drive  
 Houston, TX 77007  
[www.depelchin.org](http://www.depelchin.org)  
 Provides foster care services, adoption services, kinship care, residential programs for young adults 18-22, counseling, and parenting programs.
- Devereux Hospital**.....**800-373-0011**  
 1150 Devereux Drive  
 League City, TX 77573  
[www.devereutx.org](http://www.devereutx.org)  
 Autism Intensive Residential Program.
- Dunn Behavioral Sciences Center**.....**713-500-1500**  
 5615 H. Mark Crosswell Jr. Street  
 Houston, TX 77021  
<https://www.uth.edu/dunn-behavioral-sciences-center>  
 Inpatient Behavior Health for adolescents and adults.
- Fulshear Ranch: Treatment to Transition**.....**979-359-0358**  
 10514 Oberrender Road  
 Needville, TX 77461  
[www.fulsheartransition.com](http://www.fulsheartransition.com)  
 Provides residential treatment for young women ages 18 - 27 struggling with depression and anxiety, as well as mood, personality, addiction, trauma, and attachment disorders.
- Harris County Psychiatric Center**.....**713-741-5000**  
 2800 South MacGregor Way  
 Houston, TX 77021  
<https://hcpc.uth.edu>  
 Provides psychiatric inpatient and outpatient treatment for children, adolescents, and adults.
- Hazelden Betty Ford**.....**1-888-490-3579**  
 15251 Pleasant Valley Road  
 Center City, MN 55012  
[www.hazeldenbettyford.org](http://www.hazeldenbettyford.org)  
 Provides Residential Substance Abuse Treatment for adults, teens, and children.

**Houses of Extra Measures**

Houston, TX

[www.thehouseofextrameasures.com](http://www.thehouseofextrameasures.com)

Provides separate MAT specific structured communal living programs for women and men.

**Houston Behavioral Health Hospital.....832-834-7710**

2801 N. Gessner Road

Houston, TX 77080

[www.houstonbehavioralhealth.com](http://www.houstonbehavioralhealth.com)

Provides acute inpatient, Partial Day Hospital and Intensive Outpatient services for adults and adolescents with emotional, behavioral and chemical dependency problems. Accepts major insurance plans and Medicaid.

**InnerChange.....877-282-4782**[www.innerchange.com](http://www.innerchange.com)

InnerChange provides educational, treatment, and recovery programs for adolescents and young adults experiencing emotional or behavioral difficulties. Residential treatment and transitional living programs are clinically sophisticated and designed to facilitate whole-family healing.

InnerChange is committed to restoring hope in the lives of those served.

**Kemah Palms Recovery.....571-630-3366**

1013 Delesandri Lane

Kemah, TX 77565

<https://www.kemahpalms.com>

Detox, residential, and outpatient substance abuse treatment.

**Kingwood Pines Health Center.....281-408-4958**

2001 Ladbroke Drive

Kingwood, TX 77339

[www.kingwoodpines.com](http://www.kingwoodpines.com)

Provides inpatient psychiatric treatment for children (ages 4-12), adolescents and adults. Provides inpatient chemical dependency programs for adults. Provides intensive outpatient programs for adolescents and adults to treat mental health and chemical dependency issues.

**Kolob Canyon Treatment Center.....435-704-7191**

1338 East 600 South

New Harmony, UT 84757

[www.kolobcanyonrtc.com](http://www.kolobcanyonrtc.com)

Residential Treatment Center, provides an intimate, homelike environment with warmth and individual attention for emotionally struggling teens ages 14-17. It is a purposely small in size.

**La Hacienda Treatment Center.....844-294-8976**

145 La Hacienda Way SW

Hunt, TX 78024

[www.lahacienda.com](http://www.lahacienda.com)

Provides residential substance abuse services for adults and college-aged students.

- Laurel Ridge Treatment Center**.....**210-491-9400**  
 17720 Corporate Woods Drive  
 San Antonio, TX 78259  
[www.laurelridgetc.com](http://www.laurelridgetc.com)  
 Provides residential programs for children (ages 4-12) who have emotional and behavioral problems requiring a safe environment. Provides residential treatment for adolescents (ages 13-17) who have psychiatric disorders, emotional difficulties, substance abuse problems, eating disorders, history of sexual and/or physical abuse, and behavioral disorders. Adult chemical dependency detox. CHAMPUS/TRICARE provider.
- Legacy House**.....**913-963-5210 or 281-939-4459**  
 27114 Paula Lane  
 Conroe, TX 77385  
<https://www.legacyhousetx.com>  
 Sober Living for Women
- Lifeskills South Florida**.....**844-759-9233**  
 1431 SW 9th Avenue  
 Deerfield Beach, FL 33441  
[www.lifeskillssouthflorida.com](http://www.lifeskillssouthflorida.com)  
 Provides Comprehensive extended care residential treatment for adults (ages 18+) who are dually diagnosed with mental health and chemical dependency. Self-pay.
- Lone Star Behavioral Health Services**.....**281-516-6200 Inpatient;**  
 .....**281-351-6644 Outpatient**  
 16303 Grant Road  
 Tomball, TX 77429  
[www.lonestarbehavioralhealth.com](http://www.lonestarbehavioralhealth.com)  
 Provides Inpatient and Outpatient Adult mental health and chemical dependency/detox treatment.
- Magnificat Houses**.....**713-529-4231**  
 3209 Austin Street  
 Houston, TX 77004  
[www.mhihouston.org](http://www.mhihouston.org)  
 Emergency shelter and housing. Mental health and wellness services.
- Magnolia City Detox**.....**855-753-0929**  
 1006 Windsor Lakes Boulevard, Ste. #200  
 Conroe, TX 77384  
<https://magnoliacitydetox.com>  
 Alcohol and Drug Detox
- Mallard Lake Detox Center**.....**936-800-8025**  
 18407 Hope Road  
 Hockley, TX 77447  
<https://mallardlakedetox.com>  
 Detox and Residential Treatment Program for Substance Abuse.

- Medical Behavioral Hospital of Clear Lake.....281-606-3517**  
 16850 Buccaneer Lane  
 Houston, TX 77058  
<https://www.neuropsychiatrichospital.net>  
 Inpatient Behavioral Health for adults.
- Menninger Clinic.....800-351-9058 or 713-275-5400**  
 12301 S. Main Street  
 Houston, TX 77035  
[www.MenningerClinic.org](http://www.MenningerClinic.org)  
 Provides inpatient treatment for adolescents and adults with anxiety, mood, obsessive-compulsive, eating disorders, and personality disorders.
- Mental Health Services at Tomball Regional Medical Center.....281-401-7500**  
 605 Holderrith  
 Tomball, TX 77375  
[www.tomballregionalmedicalcenter.com](http://www.tomballregionalmedicalcenter.com)  
 Provides inpatient psychiatric services for adults and seniors.
- Meridell Achievement Center.....512-528-2100; 800-366-8656**  
 12550 W. Highway 29  
 Liberty Hill, TX 78642  
[www.meridell.com](http://www.meridell.com)  
 Residential treatment center for Children and Adolescents ages 10-17 who are struggling with psychiatric and neurological issues.
- Methodist Hospital.....713-790-3311**  
 6565 Fannin  
 Houston, TX 77030  
[www.houstonmethodist.org](http://www.houstonmethodist.org)  
 Inpatient and Partial Day Psychiatric Services for Adults.
- Neuro Psych Center.....713-970-7000**  
 1502 Ben Taub Loop  
 Houston, TX 77030  
[www.theharriscenter.org](http://www.theharriscenter.org)  
 Psychiatric Crisis Services.
- New Dimensions Day Treatment Centers.....800-685-9796**  
 25511 Budde Road, Ste. 2401  
 The Woodlands, TX 77380  
[www.nddtreatment.com](http://www.nddtreatment.com)  
 Provides psychiatric and chemical dependency treatment for adults and adolescents. Offers partial day and intensive outpatient treatment.
- Oasis Ascent.....385-417-6594**  
 122 North 600 West  
 Provo, UT 84601  
<https://oasisascent.com>  
 Residential treatment for adolescents.

<b>Oceans Behavioral Hospital Katy</b> .....	<b>281-492-8888</b>
455 Park Grove Drive Katy, TX 77450 <a href="https://oceanshealthcare.com">https://oceanshealthcare.com</a> Inpatient Behavioral Health for adults 35+ and geriatric 65+.	
<b>Oceans Behavioral Hospital Pasadena</b> .....	<b>832-492-8888</b>
4001 Preston Drive, Ste. 150 Pasadena, TX 77505 <a href="https://oceanshealthcare.com">https://oceanshealthcare.com</a> Inpatient Behavioral Health for adults 35+.	
<b>Orchard on the Brazos</b> .....	<b>713-820-6976</b>
2548 Aylor Road Wallis, TX 77485 <a href="http://www.theorchardrecovery.com">www.theorchardrecovery.com</a> Provides residential and extended care treatment for alcohol and substance use disorders.	
<b>PAM Voyages Behavioral Health</b> .....	<b>936-424-0409</b>
1317 S. Loop 336 West Conroe, TX 77304 <a href="https://voyageshealth.com">https://voyageshealth.com</a> Inpatient Behavioral Health for seniors.	
<b>PAM Voyages Behavioral Health</b> .....	<b>281-896-0112</b>
11931 S. Texas 6 Sugar Land, TX 77498 <a href="https://voyageshealth.com">https://voyageshealth.com</a> Inpatient Behavioral Health for adults.	
<b>PaRC Discovery Health</b> .....	<b>877-464-7272</b>
3043 N. Gessner Road Houston, TX 77080 <a href="http://www.memorialhermann.org">www.memorialhermann.org</a> Adult and Adolescent Chemical Dependency treatment and detox, Residential, Partial Day, Intensive Outpatient, 12 Steps.	
<b>Pasadena Villas</b>	
<a href="http://www.pasadenavilla.com">www.pasadenavilla.com</a> Has multiple locations in the United States. Provides residential inpatient treatment for adults with complex psychiatric disorders. Also has residential program for Autism.	
<b>Pavillon International</b> .....	<b>828-694-2300</b>
241 Pavillon Place Mill Spring, NC 28756 <a href="http://www.pavillon.org">www.pavillon.org</a> Residential Treatment Center for Chemical Dependency for adults.	

- Pride Institute**.....833-925-2100  
 14400 Martin Drive  
 Eden Prairie, MN 55344  
[www.pride-institute.com](http://www.pride-institute.com)  
 Provides Residential Substance Abuse and Psychiatric Treatment for gay, lesbian, bisexual and transgender patients.
- Resolution Ranch**.....254-718-3364  
 2274 CR 203 Loop  
 Cameron, TX 76520  
[www.resolutionranch.com](http://www.resolutionranch.com)  
 Therapeutic residential boarding school providing treatment for mental/emotional/behavioral problems and chemical dependency issues for boys ages 13 - 17.
- Rosewood Ranch Eating Disorder Treatment Center**.....888-228-1253  
 Multiple locations throughout the US  
[www.rosewoodranch.com](http://www.rosewoodranch.com)  
 Provides residential treatment for youth (ages 12+) and adults suffering from anorexia nervosa, bulimia nervosa, binge eating and other eating disorders.
- Rusk State Hospital**.....903-683-3421  
 805 North Dickinson Drive  
 Rusk, TX 75785  
<https://www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals/rusk-state-hospital>  
 Complete psychiatric evaluation, psychiatric rehabilitation and multiple disabilities. Must have a mental illness whose active symptomatology poses a danger to self or others.
- San Marcos Treatment Center**.....800-251-0059  
 120 Bert Brown Road  
 San Marcos, TX 78666  
[www.sanmarcostc.com](http://www.sanmarcostc.com)  
 Provides short, intermediate, and long-term residential treatment programs for adolescent boys and girls ages 8 through 18 years who are developmentally delayed, have neuropsychiatric or psychiatric problems or sexual behavior problems.
- Santa Maria Hostel, Inc.**.....713-691-0900  
 2605 Parker Road  
 Houston, TX 77093  
[www.santamariahostel.org](http://www.santamariahostel.org)  
 Provides Residential Services for women and their children for substance abuse and mental health.
- Sante Center for Healing**.....866-238-3154  
 914 Country Club Road  
 Argyle, TX 76226  
[www.santecenter.com](http://www.santecenter.com)  
 Residential Treatment with specialties in substance use disorders, dual-diagnosis, poly-addiction complexities, trauma resolution, problematic sexual behavior, co-occurring disordered eating, and other compulsive behaviors. Treatment program impaired licensed professionals.

- Serenity Light**.....888-622-4164  
 1820 CR 36  
 Angleton, TX 77515  
<https://serenitylightrecovery.com>  
 Residential Treatment Center for Substance Abuse
- Shiloh Treatment Center**.....281-489-1290  
 3926 Bahler Avenue  
 Manvel, TX 77578  
[www.shilohTreatmentCenter.com](http://www.shilohTreatmentCenter.com)  
 Provides outpatient, day treatment, and residential services to children and youth with behavioral and emotional problems.
- Sierra Tucson**.....888-224-7143  
 39580 South Lago del Oro Parkway  
 Tucson, AZ 85739  
[www.sierratucson.com](http://www.sierratucson.com)  
 Residential treatment for adult addictions, eating disorders, dual diagnosis and mood disorders.
- Skyward Treatment Center**.....713-835-4771  
 11352 Sugar Park Lane  
 Sugar Land, TX 77478  
<https://skywardtreatment.com>  
 Detox, residential, and outpatient substance abuse treatment.
- Starlite Recovery Center**.....855-890-4147  
 230 Mesa Verde Drive East  
 Center Point, TX 78010  
[www.starliterecovery.com](http://www.starliterecovery.com)  
 Provides Residential Chemical Dependency Treatment for Adults. Detox services.
- Sun Behavioral Health**.....713-804-6944  
 7601 Fannin  
 Houston, TX 77054  
[www.sunhouston.com](http://www.sunhouston.com)  
 Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.
- Texas Challenge Academy**..... 877-822-0050  
 600 Highway 3013 West  
 Eagle Lake, TX 77434  
<https://tmd.texas.gov/texas-challenge-academy>  
 Texas Challenge Academy is a 5 1/2-month quasi-military residential academy sponsored by the Texas National Guard. They provide a tuition free educational program for 15 1/2 to 18-year-old teens who are disengaged in school, and provides academic instruction, provide structure, and discipline to help our cadets develop personal accountability and become successful adults.

- The Arbor**.....844-413-2690  
 1443 County Road 103  
 Georgetown, TX 78626  
[www.thearbor.com](http://www.thearbor.com)  
 Residential care, sober living, and outpatient care for adults with substance abuse and dual diagnosis issues.
- The Children's Center Inc.**.....1-844-763-8861  
 P.O. Box 2600  
 Galveston, TX 77553  
<https://childrenscentertexas.org>  
 Provides residential care for children ages 7-18 who have runaway, been abandoned or neglected. Program serves 13 counties. Transitional living center for young men ages 18-21.
- The Meadows**.....866-330-1524  
 1655 North Tegner Street  
 Wickenburg, AZ 85390  
[www.themeadows.com](http://www.themeadows.com)  
 Multiple locations. Provides treatment for psychological and substance abuse issues in a residential setting.
- The Meadows Texas**.....866-330-1524  
 3800 County Road 444  
 Princeton, TX 75407  
[www.themeadows.com](http://www.themeadows.com)  
 Residential treatment for adults with trauma, substance use disorders, mental health conditions, and dual diagnosis issues.
- The Ranch at Dove Tree**.....806-307-2003  
 1406 Quinlan Street  
 Lubbock, TX 79403  
[www.ranchatdovetree.com](http://www.ranchatdovetree.com)  
 Provides residential recovery program from alcohol and drug abuse for college age and older adults.
- The Right Step**.....844-921-5240  
 12350 Wood Bayou Drive  
 Houston, TX 77013  
[www.rightstep.com](http://www.rightstep.com)  
 Provides detox, residential services, and intensive outpatient treatment for adults with substance abuse issues.
- The Wheelhouse**.....281-478-4488  
 210 West Helgra Street  
 Deer Park, TX 77536  
[www.thewheelhouse.org](http://www.thewheelhouse.org)  
 Provides residential treatment and drug rehabilitation for men only.

- The Women's Home - Jane Cizik Garden Place.....713-521-3150**  
 607 Westheimer Road  
 Houston, TX 77006  
[www.thewomenshome.org](http://www.thewomenshome.org)  
 Residential treatment program tracks that are designed to support homeless women who have a substance abuse addiction or who have a substance abuse addiction and mental illness.
- VA Medical Center.....713-791-1414**  
 2002 Holcomb Boulevard  
 Houston, TX 77030  
<http://www.houston.va.gov/index.asp>  
 Mental health services for veterans.
- Virtue Recovery Center.....866-926-5490**  
 9714 S. Gessner Road  
 Houston, TX 77071  
[www.virtuerecoveryhouston.com](http://www.virtuerecoveryhouston.com)  
 Detox and Residential Treatment Program for Substance Abuse.
- Way Out Women's Center.....713-645-9962**  
 2670 Avenue D  
 San Leon, TX 77539  
<https://wayoutcenter.com>  
 Provides a 10 day alcohol detox rehabilitation for women.
- West Oaks Hospital.....713-589-7904**  
 6500 Hornwood  
 Houston, TX 77074  
[www.westoakshospital.com](http://www.westoakshospital.com)  
 Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.
- Westbridge Recovery Center.....832-510-8305**  
 4107 Acorn Lane  
 Kingwood, TX 77365  
<https://www.txwbrc.com>  
 Residential Treatment and Outpatient Treatment for Substance Abuse
- Westpark Springs.....832-535-2770**  
 6902 S. Peek Road  
 Richmond, TX 77407  
[www.westparksprings.com](http://www.westparksprings.com)  
 Provides short term hospitalization for adolescents and adults with psychiatric and substance abuse issues.
- Woodland Springs.....936-270-7520**  
 15860 Old Conroe Road  
 Conroe, TX 77384  
<https://woodlandspringshealth.com>  
 Provides short term hospitalization for adolescents and adults with psychiatric and substance abuse issues.

## **SUPPORT GROUPS**

**Al-Anon**.....713-683-7227

[www.houstonalanon.org](http://www.houstonalanon.org)

Provides support for relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.

**Alcoholics Anonymous**.....713-686-6300

[www.aahouston.org](http://www.aahouston.org)

Support Groups for Alcoholism.

**Attention Deficit Disorders Association-Southern Region**.....281-894-4932

9597 Jones Road, Ste. #334

Houston, TX 77065

[www.adda-sr.org](http://www.adda-sr.org)

Provides monthly meetings and educational programs for families, parents and adult support services and advocacy for those with attention deficit disorders.

**Bo's Place**.....713-942-8339

10050 Buffalo Speedway

Houston, TX 77054

[www.bosplace.org](http://www.bosplace.org)

Provides grief support groups for children and families. Also provides information and referral.

**Cocaine Anonymous**.....713-668-6822

[www.ca.org](http://www.ca.org)

Support groups for cocaine addiction.

**Depression and Bipolar Support Alliance**.....800-826-3632

[www.dbsalliance.org](http://www.dbsalliance.org)

Support groups for people suffering from depression and bipolar disorders.

**Emotions Anonymous**.....651-647-9712

[www.emotionsanonymous.org](http://www.emotionsanonymous.org)

Support group that helps others work toward resolution of emotional difficulties.

**Gambler's Anonymous**.....855-442-7105

[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

12-step support groups for those struggling with Gambling Addiction.

**Grief Share**.....800-395-5755

[www.griefshare.org](http://www.griefshare.org)

Support Groups for Grief.

### **Houston Methodist**

[www.houstonmethodist.org/cancer/patient-support/support-groups](http://www.houstonmethodist.org/cancer/patient-support/support-groups)

Cancer Support Groups

- NAMI Greater Houston**.....713-970-4483  
[www.namigreaterhouston.org/family-support-groups](http://www.namigreaterhouston.org/family-support-groups)  
 Family support groups for those who have a loved one suffering mental illness.
- Narcotics Anonymous**.....818-773-9999  
[www.na.org](http://www.na.org)  
 12 step support meetings for those struggling with addictions to drugs.
- Narcotics Anonymous Houston Area**.....713-661-4200  
[www.hascona.com](http://www.hascona.com)  
 Offers several meetings daily in and around Houston and surrounding areas. Primary purpose of Narcotics Anonymous is to carry the message and assist suffering addicts with recovery.
- Overeaters Anonymous**.....713-973-6633  
 P.O. Box 741836  
 Houston, TX  
[www.oahouston.org](http://www.oahouston.org)  
 12 step support groups for overeaters.
- re:Mind**.....713-600-1131  
[www.remindsupport.org](http://www.remindsupport.org)  
 Support Groups for depression and bipolar.
- Recovery International**.....866-221-0302  
<https://recoveryinternational.org>  
 Provides self-help support groups for mental health and wellness.
- Sex Addicts Anonymous**.....713-869-4902  
<https://saa-recovery.org>  
 12-step support groups for sexual addiction.
- Survivors of Incest Anonymous**.....877-742-9761  
[www.siaawso.org](http://www.siaawso.org)  
 Support groups for incest survivors.
- The Woodlands Methodist Church**.....281-297-5900  
 2200 Lake Woodlands Drive  
 The Woodlands, TX 77380  
<https://thewoodlandsmethodist.org/support-groups>  
 Offers various support groups including caregivers, combat trauma, divorce, and grief.
- WoodlandsMommy.com**.....832-443-7291  
[www.woodlandsmommy.com](http://www.woodlandsmommy.com)  
 Listing of support groups for mothers.

**TREATMENT RESOURCES****Alexander Jewish Family Service.....713-667-9336**

4131 South Braeswood Boulevard

Houston, TX 77025

[www.jfshouston.org](http://www.jfshouston.org)

Provides a broad range of counseling, environmental, and education services.

**Arise Recovery Centers.....832-529-6775**

224 Ed English Drive, Ste. C

Shenandoah, TX 77385

<https://ariserecoverycenters.com>

Outpatient Addiction Treatment for Adults.

**Arise Recovery Centers.....281-500-8970**

10330 Lake Road, Unit H

Houston, TX 77070

<https://ariserecoverycenters.com>

Outpatient Addiction Treatment for Adults

**Avenue 360 Health and Wellness.....281-537-8627**

17010 Sugar Pine Drive

Houston, TX 77090

[www.avenue360.org/houston-clinic-locations/](http://www.avenue360.org/houston-clinic-locations/)

Mental health counseling.

**Carruth Center.....713-935-9088**

11001 Hammerly Boulevard

Houston, TX 77043

[www.carruthcenter.org](http://www.carruthcenter.org)

Provides developmental assessment and individual and group psychotherapy for children. Also provides child-parent relationship therapy.

**Casa de Esperanza de Los Ninos.....713-529-0639**

2911 Corder, Building A

Houston, TX 77054

[www.casahope.org](http://www.casahope.org)

Offers voluntary foster care and family support services for parents in the Greater Houston area.

**Children's Safe Harbor.....936-756-4644**

1519 Odd Fellow Street

Conroe, TX 77301

[www.childrensafeharbor.org](http://www.childrensafeharbor.org)

Provides treatment and advocacy to child abuse victims and their non-offending family members.

**Council on Recovery.....713-942-4100**

303 Jackson Hill Street

Houston, TX 77007

[www.councilonrecovery.org](http://www.councilonrecovery.org)

Addiction Treatment Center.

**Cypress Creek Outpatient Center.....281-586-7600**

7825 Highway 6 North, Ste. 112

Houston, TX 77095

<https://www.cypresscreek.com/behavioral-health-programs/outpatient-treatment>

Partial Hospitalization and Intensive Outpatient Programs for adolescents with mental health issues.

**Deblin Health Concepts.....713-398-7082**

1214 N. Post Oak Road, Ste. 100

Houston, TX 77055

[www.deblinhealthconcepts.com](http://www.deblinhealthconcepts.com)

Deblin Health Concepts offers specialized mental health services for individuals diagnosed with severe and persistent mental illnesses, including schizophrenia, bipolar disorder, major depression, and other similar conditions.

**Eating Recovery Center.....281-465-9229**

17350 St. Lukes Way, Ste. 220

The Woodlands, TX 77384

<https://www.eatingrecoverycenter.com>

Provides partial hospitalization, intensive outpatient and virtual intensive outpatient treatment for eating disorders: anorexia nervosa, arfid, binge eating, bulimia, diabulimia, and osfed. Accepts major insurance.

**Family Houston.....713-861-4849**

1600 Lake Front Circle, Ste. 200

The Woodlands, TX 77380

[www.familyservices.org](http://www.familyservices.org)

Family Houston provides financial coaching, veteran support services, community support services, and community workshops. Family Houston also provides accessible and professional mental health counseling services in Houston for children, teens, adults, individuals and families. Mental Health services are provided in English, Espanol, Bengali, Khmer, Vietnamese and Urdu. They accept all major insurance plans, Employee Assistance Programs, and offer a sliding-fee scale.

**Family Time Crisis and Counseling Center.....281-446-2615**

1203 S. Houston Avenue

Humble, TX 77338

[www.familytimeccc.org](http://www.familytimeccc.org)

Provides individual counseling for victims of crime, including domestic violence and sexual abuse. Also provides case management services for survivors of domestic violence and sexual assault.

**Focus Academy.....281-240-0663**

5400 Fellowship Lane

Spring, TX 77379

[www.focusacademyhouston.org](http://www.focusacademyhouston.org)

Alternative school for "quirk kids".

- Fusion Academy**.....281-419-1436  
 1201 Lake Woodlands Drive, Ste. #4000  
 The Woodlands, TX 77380  
[www.fusionacademy.com](http://www.fusionacademy.com)  
 Provides 1:1 customized education for middle school and high school students (grades 6-12) focused on creating positive relationships to increase the academic potential and enhance the social and emotional growth of each student.
- Good Shepherd Mission**.....936-291-8156  
 1005 Martin Luther King Drive  
 Huntsville, TX 77320  
<https://www.goodshepherdmission.org>  
 Shelter, food pantry, and clothing for homeless and those who are living in poverty.
- Houston Area Women's Center**.....713-528-2121  
[www.hawc.org](http://www.hawc.org)  
 Provides emergency shelter for battered women. Also provides domestic violence information and referral hotline.
- Inspiration Ranch**.....281-719-9322  
 33029 Wright Road  
 Magnolia, TX 77355  
[www.pciranch.org](http://www.pciranch.org)  
 Equine assisted mental health and learning. Trauma informed care.
- Interface-Samaritan Counseling Center**.....281-376-8006  
 6823 Cypresswood Drive  
 Spring, TX 77379  
[www.interface-samaritan.org](http://www.interface-samaritan.org)  
 Organization that provides individual, family, and marital therapy on a sliding fee scale. Supported in part by area churches.
- Interfaith Community Clinic**.....281-364-7889  
 101 Pine Manor Drive  
 Oak Ridge North, TX 77385  
[info@interfaithcommunityclinic.org](mailto:info@interfaithcommunityclinic.org)  
 A volunteer staff of licensed physicians, nurses, medical providers, dentists, dental assistants, dental hygienists, social workers as well as translators and support personnel who work together to provide patient care. Programs are provided free of charge to individuals who qualify and are uninsured. The clinic continues to provide quality basic medical and dental care, counseling and patient services to individuals in need.
- Kinghaven Counseling Center**.....713-457-4372  
 6315 Gulfton Street, Ste. 100  
 Houston, TX 77081  
[www.kinghavencounseling.com](http://www.kinghavencounseling.com)  
 Provides outpatient therapy for children, adolescents and adults. Treatment is provided for behavioral health and substance abuse issues. Locations throughout Houston area, including Cypress and Kingwood.

- Krist Samaritan Center for Counseling and Education.....281-480-7554**  
 6363 Research Forest Drive  
 The Woodlands, TX 77381  
[www.samaritanhouston.org](http://www.samaritanhouston.org)  
 Provides counseling for individuals, couples, families and children.
- Legacy Community Health.....832-548-5000**  
[www.legacycommunityhealth.org](http://www.legacycommunityhealth.org)  
 Multiple locations throughout the Houston area provide behavioral health services including assessment, medication management, therapy and psychological testing to those who have insurance and those that don't.
- Lone Star Family Health Center.....936-539-4004**  
 605 South Conroe Medical Drive  
 Conroe, TX 77304  
[www.lonestarfamily.org](http://www.lonestarfamily.org)  
 Provides psychiatric evaluations, mental health counseling, substance abuse counseling and suicide prevention counseling to adults, adolescents and children.
- Lone Star Family Health Center.....936-539-4004**  
 440 Rayford Road, Ste. 150  
 Spring, TX 77386  
[www.lonestarfamily.org](http://www.lonestarfamily.org)  
 Provides psychiatric evaluations, mental health counseling, substance abuse counseling and suicide counseling to adults, adolescents and children.
- Memorial Hermann Mental Health Crisis Clinics.....713-338-6422**  
 18838 S. Memorial Drive  
 Humble, TX 77338  
[www.memorialhermann.org/services/specialties/mental-health](http://www.memorialhermann.org/services/specialties/mental-health)  
 Provides outpatient crisis mental health treatment for children, adolescents and adults. Patients are seen by a doctor and a clinician.
- Montgomery County Women's Center.....936-441-7273 - 24 Hour Hotline;**  
**.....936-441-4044 x 49**  
 1401 Airport Road  
 Conroe, TX 77301  
[www.mcwctx.org](http://www.mcwctx.org)  
 Emergency shelter for survivors of domestic violence and sexual assault and their children. The shelter is a safe refuge providing food, clothing, counseling, advocacy and access to legal services. Also has location in The Woodlands
- New Dimensions Day Treatment Centers.....800-685-9796**  
 25511 Budde Road, Ste. 2401  
 The Woodlands, TX 77380  
[www.nddtreatment.com](http://www.nddtreatment.com)  
 Provides psychiatric and chemical dependency treatment for adults and adolescents. Offers partial day, intensive outpatient and outpatient treatment.

- OCD Institute of Texas**.....713-999-4550  
 708 E. 19th Street  
 Houston, TX 77008  
<https://ocditexas.com>  
 Provides residential support program, intensive outpatient program and outpatient services for children, adolescents and adults suffering with anxiety disorders, phobias and obsessive compulsive disorders.
- Palmer Drug Abuse Program**.....281-589-4833  
 3730 Kirby Drive, Ste. 1200  
 Houston, TX 77098  
[www.pdaphouston.org](http://www.pdaphouston.org)  
 Provides free support groups, crisis intervention, and information and referral to young people ages 12 to 25 and their families.
- PaRC The Woodlands**.....832-941-3121  
 1733 Woodstead Court  
 The Woodlands, TX 77390  
<https://parcbh.com>  
 Outpatient Substance Abuse Treatment
- Pathlight Mood and Anxiety Center**.....281-465-9229  
 17350 St. Lukes Way, #320  
 The Woodlands, TX 77384  
<https://www.pathlightbh/recovery-centers/the-woodlands-tx>  
 Intensive Outpatient and Partial Hospitalization for adults, children, and adolescents with mental health issues.
- Positive Recovery**.....877-468-0701  
 2912 West Davis Street, Ste. 120  
 Conroe, TX 77304  
<https://positiverecovery.com>  
 Outpatient Drug and Alcohol Treatment.
- Positive Recovery**.....737-530-2480  
 350 Nursery Road, Ste. 4103  
 The Woodlands, TX 77380  
<https://positiverecovery.com>  
 Outpatient Drug and Alcohol Treatment.
- Richmond State School**.....281-232-2075  
 2100 Preston Street  
 Richmond, TX 77469  
[www.hhs.texas.gov/services/disability/intellectual-or-developmental-disabilities-idd-long-term-care/state-supported-living-centers-sslcs/richmond-state-supported-living-center](http://www.hhs.texas.gov/services/disability/intellectual-or-developmental-disabilities-idd-long-term-care/state-supported-living-centers-sslcs/richmond-state-supported-living-center)  
 Provides care, treatment, and training for people with intellectual and developmental disabilities.

- SAAFE House Sexual Assault and Abuse-Free Environment**.....  
 .....**833-858-6265 Toll Free****National Domestic Violence Hotline; 936-291-3529**  
 1426 Sam Houston Avenue  
 Huntsville, TX 77340  
[www.saafehouse.org](http://www.saafehouse.org)  
 Provides victims of family violence and sexual assault with individualized immediate, free and confidential services.
- Shield Bearer Counseling Centers**.....**281-894-7222**  
 12337 Jones Road, Ste. 114  
 Houston, TX 77070  
[www.shieldbearer.org](http://www.shieldbearer.org)  
 Provides outpatient pre-marital, marital and family faith based counseling services.
- Symetria**.....**832-520-2436**  
 635 Rayford Road, Ste. E  
 Spring, TX 77386  
<https://semetriarecovery.com>  
 Outpatient Rehab and Suboxone Clinic
- Texas Children's Hospital**.....**832-822-2400**  
 7198 St. Lukes Way, Ste. 630  
 The Woodlands, TX 77384  
<https://www.texaschildrens.org/departments/intensive-outpatient-program-iop>  
 Intensive Outpatient Treatment for Adolescents with emotional and behavioral issues.
- The Center for Pursuit**.....**713-525-8400**  
 4400 Harrisburg Boulevard  
 Houston, TX 77011  
<https://thecenterforpursuit.org>  
 Provides opportunities for people with intellectual and developmental disabilities, autism, and similar conditions to achieve their current and future goals.
- The Gathering Place - The Menninger Clinic**.....**713-275-5400**  
 5310 S. Willow Drive  
 Houston, TX 77035  
<https://www.menningerclinic.org/treatment/treatment-for-adults/outpatient-programs/the-gathering-place>  
 Provides supportive environment for adults struggling with severe and persistent mental illness.
- The Harris Center for Mental Health and IDD**.....**713-970-7000**  
 9401 Southwest Freeway  
 Houston, TX 77074  
[www.theharriscenter.org](http://www.theharriscenter.org)  
 Provides services to children, adolescents and adults with severe mental illness and intellectual developmental disabilities.

**The Lighthouse of Houston.....713-527-9561**

3602 West Dallas

Houston, TX 77019

[www.houstonlighthouse.org](http://www.houstonlighthouse.org)

Offers vocational evaluation, career training, and services to the blind and visually impaired.

**The Montrose Center.....713-529-0037**

401 Branard Street

Houston, TX 77006

[www.montrosecenter.org](http://www.montrosecenter.org)

Provides mental health, substance abuse treatment, and case management services to gays, lesbians, and persons with HIV infection.

**The PRISM Center – Cypress.....832-237-2673**

21216 Northwest Freeway, Ste. 450

Cypress, TX 77429

<https://theprismcenter.com>

Intensive Outpatient Program for adolescents and adults with mental health issues.

**Tri-County Behavioral Healthcare.....800-550-8408; 800-659-6994 - 24-Hour Crisis Line**

233 Sgt. Ed Holcomb Boulevard South

Conroe, TX 77304

[www.tcbhc.org](http://www.tcbhc.org)

Provides mental health services for children, youth, and adults. Also provides crisis services, IDD services, home and community-based services, substance use disorder treatment, criminal justice services, veterans services, mental health housing, and physical health services.

**Wellsprings Village, Inc.....713-529-6559**

P.O. Box 311017

Houston, TX 77231

<https://wellspringsvillage.org>

Provides transitional and long-term housing to homeless and abused women and their children.

**Yes to Youth.....888-756-8682**

Multiple locations in Montgomery County

[www.sayyestoyouth.org](http://www.sayyestoyouth.org)

Provides Crisis Counseling, Education, Pregnancy/Parent Services, and Shelter for Youth.

**THERAPISTS****Melissa Abbott-Mathew, LPC.....281-205-8786****Spring Grove Counseling**

8104 Spring Cypress Road

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Depression, Trauma, Anxiety, Abuse, Stress Management, Self-Esteem, School Issues, Self Harm, Emotional and Behavioral issues, Social Skills, Autism Spectrum Disorders, Parenting, Family Issues**Kim A. Abernethy, M.A., LPC.....281-744-9477****Kim Abernathy, LPC**

7026 Belgold

Houston, TX 77066

**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Stress, Adolescent Behavioral Problems, Sexual Abuse, Domestic Violence**Suzanna Able, LPC.....832-756-2749****Spencer and Associates Therapeutic Alliance PLLC**

12340 Jones Road, Ste. 290

Houston, TX 77070

**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Abusive Relationships, Anxiety, Depression, Divorce, Life Transitions, Self-care, Substance Use Disorder, Trauma**Laurie M. Ables, M.A., LPC-S, NBCC, BCPCC.....281-750-6078****The Woodlands Christian Counseling Center, Inc.**

25325 Borough Park Drive, Ste. 220

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Catherine Abrahamson, Ph.D., LSSP.....281-815-0899****Grace Psychological Services**

26010 Oak Ridge Drive, Ste. #107

The Woodlands, TX 77380

**Population Served:** Toddlers, Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Psychological Evaluations, ADHD, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Coping Skills, Depression, Developmental Disorders, Disruptive Behavior Disorders, Dual Diagnosis, Education and Learning Disabilities, Emotional Disturbance, Impulse Control Disorders, Intellectual Disability, Mood Disorders, Oppositional Defiance Disorder, Parenting, Peer Relationships, School Issues, Self-esteem, Self-harm, Sleep/Insomnia, Special Education Evaluations and Services, Testing and Evaluation

- Sydney Adams Ordonio, MSW, LCSW-S.....281-608-1346**  
**Kingwood Counseling Center**  
 1521 Green Oak Place, Ste. 250  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Mental Illness, Life Transitions, Grief and Loss, Divorce, Reconciliation, Adjustment to Medical or Mental Health Diagnosis, Occupational Issues, Spiritual Issues, Trauma, Abuse, Women's Issues, Transgender Issues, Christian Counseling
- Joni Adams, M.A., LPC.....832-291-6733**  
**Kingwood Psychotherapy & Assessment Center, PLLC**  
 1420 Stonehollow, Ste. C  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD Testing, Mental Health Evaluations, Diagnostic Services (Depression, Anxiety, Relational Conflict, Self-Esteem Issues), Professional Counseling
- Keitha Adams, M.S., LMFT, ABS.....346-386-7045**  
**Heart of Mind Therapy**  
 26310 Oak Ridge Drive, Group Ste. 5  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples, Group  
**Specialties:** Anger Management, Anxiety, Behavioral Issues, Bisexual, Body Positivity, Career Counseling, Codependency, Coping Skills, Depression, Family Conflict, Lesbian, LGBTQIA+, Life Coaching, Life Transitions, Mood Disorders, Open Relationships/Non-monogamy, Parenting, Peer Relationships, Self-esteem, Self-harm, Sex Therapy, Sex Positive/Kink Allied, Stress, Suicidal Ideation, Women's Issues
- Sydney Adams, MSW, LCSW-S.....281-608-1346**  
**Kingwood Counseling Center**  
 1521 Green Oak Place, Ste. 250  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Mental Illness, Life Transitions, Grief and Loss, Divorce, Reconciliation, Adjustment to Medical or Mental Health Diagnosis, Occupational Issues, Spiritual Issues, Trauma, Abuse, Women's Issues, Transgender Issues, Christian Counseling
- Suzanna Adelizi, M.S., LMFT.....832-510-5611**  
**Cobblestone Counseling**  
 256 Ed English Drive, Bldg. 4, Ste. C  
 Shenandoah, TX 77385  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Adjust to Life After Loss or Divorce, Career Counseling, Communication Skills, Conflict Resolution, Dealing with Ill Family Members, Family Counseling, Grief and Loss, Marital/Pre-marital Counseling

- Linda Adolph, M.A., LPC.....281-904-8129**  
**Linda Adolph, M.A., LPC**  
 4840 W. Panther Creek Drive, Ste. 207  
 The Woodlands, TX 77381  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** ADHD, Anxiety, Bipolar Disorder, Chronic Pain, Coping Skills, Dual Diagnosis, Family Conflict, Grief, Self-esteem, Substance Abuse, Trauma/PTSD
- Tamara Agimudie, Ph.D., LPC, NCC.....832-233-3086**  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Depression, Couples Therapy, Grief, Marriage Counseling, Parenting, Self-harm, Substance Abuse
- Luis Aguerrevere, Ph.D., LPA.....832-534-3993**  
**Connect Psychological Services PLLC**  
 25511 Budde Road, Ste. 3601  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Psychological Evaluations, Executive Function Skills Training (ages 6 – adult), Sports Performance
- Laura Aguirre, M.A., LPC-S.....832-356-8929**  
**Begin Again Counseling and Consulting, PLLC**  
 994 Village Square Drive, Bldg. 6, Condo L  
 Tomball, TX 77375  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Faith Based Counseling, Immigration Evaluations, Marital/Pre-marital Counseling, Family Counseling for Teen Issues, Adjusting to Life Transitions, EMDR for Trauma/PTSD, Grief and Loss
- Kiran Ahmed, M.A., LPC-S.....281-377-3743**  
**Ellie Mental Health**  
 8118 Fry Road, Bldg. 2  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Body Positivity, Career Counseling, Codependency, Coping Skills, Depression, Divorce, Emotional Disturbance, Family Conflict, Life Transitions, Peer Relationships, Racial Identity, Relationship Issues, School Issues, Self-esteem, Self-harm, Stress, Suicidal Ideation, Trauma/PTSD, Women's Issues

**Maliha Ahmed, M.S., LPC-Associate.....832-569-7673**

*Supervised By: Melody Celeste Osborne, LPC-S*

**Restoring Hope Counseling**

5206 Farm to Market 1960 Road West #103

Houston, TX 77069

**Population Served:** Toddlers, Children, Pre-teens, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Anxiety, Blended Families, Depression, Grief/Loss, Self-esteem, Self Harm, Stress, Suicidal Ideation, Transgender

**Jill Ahrens-Tucker, M.Ed., LPC-S.....713-352-7789**

**The Flourishing Way**

10210 Grogan's Mill Road, Ste. 370

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Parenting Skills, Trauma, Relationships Issues, Teen Issues

**Sinem Akay-Sullivan, Ph.D., LPC-S, RPT.....936-703-7753**

**Akay-Sullivan Counseling and Play Therapy**

2219 Sawdust Road, Ste. 1101

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Children's and Adolescents' Emotional and Behavioral Issues, Play Therapy, Expressive Arts, Sandtray Therapy, Parenting Skills, Parent-Child Relationships, Parent Self-Care, Relationship Issues

**Jasmine Akrie, M.Ed., LPC.....346-206-3992**

**The Resilience Center**

14930 Mueschke, Ste. 100

Cypress, TX 77433

**Population Served:** Adolescents and Adults

**Types of Services:** Individuals

**Specialties:** Academic Issues, ADHD, Anger Management, Autism, Anxiety, Behavioral Issues, Career Counseling, Conflict Management, Coping Skills, Depression, Divorce, Emotional Disturbance, Mood Disorders, Oppositional Defiance Disorder, Parenting, Peer Relationships, Relationship Issues, School Issues, Self-esteem, Trauma/PTSD, Women's Issues

**Monica Alexander, M.A., LPC.....832-717-7166**

**Greater Houston Counseling Services**

21021 Springbrook Plaza Drive, Ste. 140

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Groups

**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Bisexual, Career Counseling, Codependency, Depression, Divorce, Family Conflict, Grief, LGBTQIA+ Issues, Life Transitions, Marital/Pre-marital Counseling, Mood Disorders, Parenting, Peer Relationships, Relationship Issues, Spirituality, Thinking Disorders, Veterans; Group for Adolescent Females

- Monica Alexander, M.A., LPC.....832-717-7166**  
**Greater Houston Counseling Services**  
8118 Fry Road, Ste. 601 and 602  
Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Groups  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Bisexual, Career Counseling, Codependency, Depression, Divorce, Family Conflict, Grief, LGBTQIA+ Issues, Life Transitions, Marital/Pre-marital Counseling, Mood Disorders, Parenting, Peer Relationships, Relationship Issues, Spirituality, Thinking Disorders, Veterans; Group for Adolescent Females
- Amie Allain, Ph.D.....281-312-0137**  
**The Willow Partnership**  
2323 Timber Shadows Drive, Ste. B  
Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Group  
**Specialties:** Anxiety, Change in Mood that is Impacting School, Work or Peers, Grief and Loss, Life Transitions/Adjustments, Mood Disorders, Negative Self-talk, Parent-related Stressors, Problems with Friends or Other Relationships, Psychological Testing, Stress Management, Struggling to Feel Motivated, Worry-based Avoidance of Certain Situations or Experiences, Sleep Problems, School Problems
- James Allen, M.Ed., LPC-S, LMFT, LCDC.....281-419-3166**  
**James Allen and Associates Christian Counseling**  
26205 Oak Ridge Drive, Ste. 111  
The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Addictions, Alcohol Abuse, Anxiety Disorder, Attention Deficit Disorder, Bipolar Disorder, Conflict Resolution, Death and Dying, Depression, Financial Stressors, Child Discipline, Divorce Recovery, Grief and Loss, Marital/Pre-marital Counseling, Rebuilding Love, Spiritual Issues, Vocational Change
- Brittany Allison, M.A., LMFT.....346-206-3992**  
**The Resilience Center of Houston**  
8665 New Trails Drive, Ste. 185  
The Woodlands, TX 77381  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Adjustment Disorder, Anxiety, Couples Counseling, Communication, Conflict Management, Depression, Health and Wellness, Panic Disorder, Pregnancy/Prenatal
- Ligia Allison, M.Ed., LPC, NCC, RPT.....832-210-3763**  
**Resolve Counseling and EMDR Center**  
25511 Budde Road, Ste. 3402  
The Woodlands, TX 77380  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Anxiety, Child and Adolescent Issues, Family Conflict, Parenting, Trauma

- Debrah Alsobrook, M.A., LPC**.....713-510-4556  
**Reflections in Therapy, PLLC**  
6605 Cypresswood Drive, Ste. #175  
Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Couples Counseling
- Ricardo Álvarez, M.A., LPC**.....346-449-4201  
**LifeStance Health**  
2103 Research Forest Drive, Bldg. 1, Ste. 175  
The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Coping Skills, Depression, Life Coaching, Life Transitions, Men's Issues, Mood Disorders, Racial Identity, Relationship Issues, Self-esteem, Spirituality, Sports Performance, Stress, Trauma/PTSD
- Dennis Alvarez, Psy.D., LPC**.....281-377-6470  
**Dr. Dennis Alvarez, Psy.D., LPC**  
616 FM 1960, Ste. 330  
Houston, TX 77090  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD Testing, Autism Testing, Addiction, Alcohol Use, Anxiety, Autism, Behavioral Issues, Bipolar Disorder, Borderline Personality Disorder, Drug Abuse, Dual Diagnosis, First Responders, Geriatric and Seniors, Impulse Control Disorders, Marital/Pre-marital Counseling, Mood Disorders, Personality Disorders, Self-harm, Substance Abuse, Testing and Evaluation, Traumatic Brain Injury, Veteran's Issues, Veterans
- Belinda Ambrose, Ph.D.**.....713-338-9091  
**Belinda Ambrose, Ph.D.**  
520 W. 14th Street  
Houston, TX 77008  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Pre-marital and Marital Issues, Divorce, Grief, Relationship Issues, Mood Disorders, Self-Esteem
- Scott Anderson M.S., LPC**.....713-893-8504  
**Scott Anderson, M.S., LPC-Kingwood Counseling**  
1525 Lakeville Drive, Ste. 219  
Kingwood, TX 77339  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Addiction, Anger Management, Anxiety, Behavioral Problems, Depression, Prescription Drug Counseling

- Teresa Anderson, LPC - Associate**.....832-233-3086  
*Supervised By: Kimberly L. Boyd, M.S., LPC-S*  
**Kimberly Boyd Counseling Center, LLC**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Battered Women, Childhood Trauma, Cultural Diversity, Spiritual Exploration, Veterans
- Chad Anderson, M.A., LPC-S**.....281-528-1523  
**LifeSpring Behavioral Health**  
 1400 Woodloch Forest Drive, Ste. 575  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anger, Anxiety, Attachment Issues, Bipolar Disorder, Depression, Grief, Life Transitions, Marital/Pre-marital Issues, Obsessive Compulsive Disorder, Oppositional Behaviors, Relationship Issues, Stress, Substance Use Disorders, Trauma
- Destiny Anderson, M.Ed., LPC Associate**.....832-569-7673  
*Supervised By: Melody Celeste Osborne, LPC-S*  
**Restoring Hope Counseling**  
 5206 Farm to Market 1960 Road West #103  
 Houston, TX 77069  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Blended Families, Codependency, Depression, Divorce, Domestic Abuse, Grief/Loss, Infidelity, Marriage Counseling, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues
- Megan Anderson, Ph.D., LP, LSSP**.....832-237-2673  
**Houston Psychotherapists, Inc.**  
 21212 Northwest Freeway, Ste. 455  
 Cypress, TX 77429  
**Population Served:** Children  
**Types of Services:** Individuals, Families  
**Specialties:** Behavioral Difficulties in Home and School, Children's Trauma, Developmental Disabilities
- Jeff Anderson, Psy.D.**.....281-837-6912  
**Cypress Counseling and Behavioral Center**  
 12242 Queenston Boulevard, Ste. C  
 Houston, TX 77095  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Adjustment Disorders, Anxiety, Decrease in Connection for Couples, Depression, Grief, Loss of Meaning or Purpose Informed by Clients' Values and Faith, Relational Conflict, Relational Issues, Trauma

**Madison Anderton, MSW, LMSW.....832-717-7166**

*Supervised By: Karen Thornton Sullivan, LCSW*

**Greater Houston Counseling Services**

8118 Fry Road, Ste. 601 and 602

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Anxiety, Behavioral Issues, Borderline Personality Disorder, Chronic Illness, Codependency, Depression, Domestic Abuse, Domestic Violence, Family Conflict, Grief, Mood Disorders, Oppositional Defiance Disorder, Parenting, Peer Relationships, Personality Disorders, School Issues, Self-esteem, Self-harm, Sexual Abuse, Suicidal Ideation, Teen Violence, Trauma/PTSD, Women's Issues

**Cecilia R. Andrews, M.Ed., LPC.....936-333-4744**

**Kind Counseling Services**

19221 I-45, Ste. 110

Shenandoah, TX 77385

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, ADHD, Alcohol Use, Anxiety, Behavioral Issues, Bipolar Disorder, Bisexual, Boundary Setting, Body Positivity, Coping Skills, Depression, Divorce, Drug Abuse, Emotional Disturbance, Family Conflict, Lesbian, LGBTQIA+ Issues, Mood Disorders, Parenting, Peer Relationships, Personality Disorders, Pregnancy/Prenatal/Postpartum, Self-esteem, Sex Positive/Kink Allied, Stress, Substance Abuse, Thinking Disorders, Trauma, Veterans, Women's Issues

**Felicia Antwi, M.A., LPC, NCC.....936-293-6721**

**Felicia Antwi, LPC -Life Investment Counseling**

1230 10th St., Ste. F

Huntsville, TX 77320

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Behavioral Health Issues, Depression, ADHD, Anger Management, Bipolar Disorder, Bisexual, Domestic Violence, Education and Learning Disabilities, Emotional Disturbance, Grief, LGBTQ+, Oppositional Defiance, Peer Relationships, Relationship Issues, Self-Esteem, Stress, Suicidal Ideation, Trauma and PTSD

**Brittany Apple, M.A., LPC.....936-463-8185**

**The Woodlands Family Counseling Center**

33300 Egypt Lane, Ste. I-420

Magnolia, TX 77354

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Couples Counseling, Depression, Life Transitions, Loss, Mood Disorders, Play Therapy, Post-traumatic Stress Disorder, Trauma

- Emma K. Arceneaux – LPC-Associate.....346-200-6260**  
*Supervised By: Francisco Ortiz, LPC-S*  
**District Counseling Center**  
 10330 Lake Road, Ste. Z  
 Houston, TX 77070  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** ADHD, Anxiety, Bipolar Disorder, Body Positivity, Codependency, Depression, Dual Diagnosis, Family Conflict, Grief, LGBTQIA+ Issues, Open Relationships/Non-monogamy, Peer Relationships, School Issues, Self-esteem, Sexual Abuse, Sleep/Insomnia, Stress, Transgender, Trauma/PTSD, Women's Issues
- Lillie Aribatise, M.A., LPC.....936-445-7322**  
**LMT Counseling Service**  
 The Woodlands, TX 77380  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Depression, Interpersonal Issues, Internal Conflict, Relationship Issues, Stress, Veterans
- A'Myer Armstrong, LMSW.....346-208-2942**  
*Supervised By: Alexis Nicole Tarr, LCSW-S*  
**Man 2 Man Counseling Center**  
 25511 Budde Road, Bldg. 2802  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Masculine-related Issues, Grief/Loss, PTSD, Anxiety, Depression, Dating and Sex Issues, Intergenerational Trauma, Race-related Stress and Anger
- Adrienne Asby, M.A., LPC.....346-206-3992**  
**The Resilience Center of Houston**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Bipolar Disorder, Couples Counseling, Depression, Grief, Obsessive Compulsive Disorder, Panic Disorder, Self-esteem, Self-harm
- Keyshia Jesses Ashford, LPC.....281-883-8301**  
**Keshia Ashford, LPC**  
 100 Glenborough Drive  
 Houston, TX 77067  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Life Transitions, Depression, Anxiety, Postpartum Depression, Postpartum Anxiety, Pregnancy Depression and/or Anxiety, Traumatic Labor and Delivery, Miscarriage and Loss, Infertility, Eating Issues & Weight Loss, Difficulties during Adolescence, Divorce Recovery, Relationship Difficulties, Illness

- Jennifer Aune, M.A., LPC**.....**832-704-4320**  
**Jennifer L. Aune, M.A., LPC**  
 25329 Buddle Road, Ste. 503  
 Spring, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Self-Esteem, Self-Worth Issues, Meditation, Unconscious Programming, Codependency, Narcissistic Personality Disorder (NPD), Releasing Your Inner Goddess Group
- Julia Ayraud, M.A., LPC-S, NCC, CGRS**.....**832-720-6864**  
**Julia Ayraud, M.A., LPC-S, NCC, CGRS**  
 11607 Spring Cypress Road, Ste. E  
 Tomball, TX 77377  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Groups  
**Specialties:** Cancer, Grief and Loss, Trauma/PTSD, ADHD, Anxiety, Bisexual, Body Positivity, Burnout/Compassion Fatigue, Chronic Illness, Depression, Divorce, Infidelity, Lesbian, LGBTQIA+ Issues, Life Transitions, Mood Disorders, Peer Relationships, Pregnancy/Prenatal/Postpartum, Relationship Issues, Self-esteem, Sexual Abuse, Spirituality, Stress, Veterans, Women's Issues
- Scarlett Badal-Oroumieh, MSW, LCSW**.....**281-426-0981**  
**Hopestone Counseling, PLLC**  
 11607 Spring Cypress Road, Ste. E  
 Tomball, TX 77377  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anger Management, Anxiety, Codependency, Depression, Parenting, Relationship Issues, Self-esteem, Stress
- Matthew Bailey, LPC**.....**713-309-5246**  
**Matthew Bailey Counseling**  
 8900 Eastloch Drive, Ste. 225G  
 Spring, TX 77379  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Families  
**Specialties:** Anger Management, Anxiety, Behavioral Issues, Coping Skills, Depression, Divorce, Family Conflict, Grief, Infidelity, Men's Issues, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Parenting, Relationship Issues, School Issues, Self-esteem, Spirituality, Stress, Trauma/PTSD
- Marcia Baker, Ph.D., LPC-S, LCDC**.....**281-310-1347**  
**Third Coast Counseling and Wellness**  
 350 Nursery Road, Ste. 7101  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anger, Anxiety, Behavioral Nutrition Concerns, Depression, Family Conflict, Sleep Deprivation, Substance Abuse, Wellness

- Mellonie Baldwin, M.A., LPC-S.....281-781-8444**  
**Achor Collective**  
 15555 Kuykendhal Road  
 Houston, TX 77090  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Coaching, Mediation, Parenting Skills, Evaluation and Assessment
- Rose A. Banker, MSW, LCSW, ACP.....832-515-7301**  
**Family Counseling Center of Cypress/Tomball**  
 17134 N. Eldridge Parkway, Ste. D  
 Tomball, TX 77377  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Unresolved Childhood Trauma, Mood Disorders, Adjustment Disorders, Obsessive Compulsive Disorders, ADHD, Distress Tolerance and Coping Skills, Post-traumatic Stress Disorder, Acute Stress Disorder, Anxiety Disorders, Maladaptive Behaviors, Personality Disorders, Addictions, Life Skills and Personal Growth Skills, Anger Management, Pre-marital Counseling, Infidelity and Betrayal Recovery, Divorce Recovery, Communication Skills, Research Based Marital Models, Divorce Prevention, High Conflict Relationships, Foundational Relationship Skills, Emotionally Unavailable Partners, Parenting Challenges, Setting Boundaries and Conditions, Dealing with Difficult Family Members, Adult Children Issues, Blended Family Issues, Improving Dysfunctional Family Patterns, Helping vs. Enabling Behaviors
- Nicole Bankhead, LPC.....281-944-7922**  
**Serenity Wellness and Counseling**  
 17844 Mound Road, Ste. H  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Eating Disorders, Trauma/Negative Life Experiences, Treatment Resistant Conditions, Ketamine Assisted Psychotherapy
- Courtney Swisher Banks, LP, LSSP.....281-447-9355**  
**MW Solutions, PC**  
 9659 N. Sam Houston Parkway E., Ste. 150 #222  
 Humble, TX 77396  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Caregiver Support, Psychoeducational Assessments
- Russell Banning, M.A., LPC, NCC.....281-364-0067**  
**Bricken and Associates**  
 25810 Oak Ridge Drive  
 The Woodlands, TX 77354  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Addiction, Anxiety, Depression, Grief, Stress, Trauma Recovery

**Amber Barker, LPC- Associate.....281-819-0308***Supervised By: Julia Hollenbeck, LPC-S***Therapy for Families - Healing Wholeness**

2219 Sawdust Road, Ste. 1101

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anger Management, Anxiety, Coping Skills, Depression, Family Conflict, Grief, Life Changes, Parenting, Self-esteem, Stress, Suicidal Thoughts**Daniel Barnard, M.Ed., LPC.....346-206-3992****The Resilience Center of Houston**

8665 New Trails Drive, Ste. 185

The Woodlands, TX 77381

**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Career Counseling, Codependency, Couples Counseling, Depression, Grief, Panic Disorder, Personality Disorders, Stress**S. Michelle Barnett, LPC-Associate, LCDC, NCC.....281-631-5229***Supervised By: Meg Bellows LPC-S***Locus Counseling Center**

900 Rockmead Drive, Ste. 280

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Groups**Specialties:** Anxiety, Depression, Dual Diagnosis, LGBTQIA+ Issues, Substance Use, Trauma/PTSD, Veterans**Stephanie Barrett, M.S., LPC-Associate.....832-239-5534***Supervised By: Khandyce Pitner, LPC-S***Embracing Minds Counseling**

1931 Humble Place Drive, Ste. 106 and 200

Humble, TX 77338

**Population Served:** Pre-Teens, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families, Groups**Specialties:** Anxiety, Depression, Parenting, Relationship Issues, Trauma/PTSD**Verónica Leos Barrón, LMFT.....832-717-7166****Greater Houston Counseling Services, PLLC**

8900 Eastloch Drive, Ste. #235

Spring, TX 77379

**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Families**Specialties:** Anxiety, Depression, Mood Disorders, Post Traumatic Stress Disorder (PTSD). Work with Families includes Fostering Understanding, Increasing Communication Skills, and Building Resilience. Bilingual in English and Spanish.

- Angela Bartlett, LCSW.....281-520-7966**  
**Angela Bartlett, LCSW**  
 104 Rustling Wind Drive  
 Montgomery, TX 77356  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Adult/Child Parent Estrangement, Anxiety, Anger Management, Cancer, Coping Skills, Depression, Divorce, Family Conflict, Infidelity, Life Coaching, Life Transitions, Marital/Pre-Marital, Peer Relationships, Self-Esteem, Stress, Thinking Disorders, Veterans, Victims of Pathological Love Relationships, Women's Issues
- Krista Bassani, M.A., LPC.....832-352-1600**  
**TX Harmony Counseling**  
 110 Vision Park Boulevard, Ste. 200  
 Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anger, Anxiety, Behavior Modification, Depression, Life Adjustments, Play Therapy, Trauma
- Christina Bates, LCDC-Intern.....281-357-4111**  
**Champions Christian Counseling Center**  
 333 S. Cherry Street  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Addiction, Addictive Behavior, Alcohol Abuse, Chemical Dependency, Drug Abuse
- Mia Baumgartner, LPC-Associate.....281-608-1346**  
*Supervised By: Michelle Wolf, M.A., LPC-S*  
**Kingwood Counseling Center**  
 1521 Green Oak Place, Ste. 250  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Addiction Recovery, Anxiety, Career Transitions, Depression, Grief/Loss, Life Transitions, Relationship Stressors, Self Harm, Stress Management, Trauma/PTSD, Traumatic Brain Injury
- Amber Baynes, MSW, LCSW.....346-206-3992**  
**The Resilience Center**  
 14930 Mueschke, Ste. 100  
 Cypress, TX 77433  
**Population Served:** Children, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Attachment, Bipolar Disorder, Christian Counseling, Depression, Grief/Loss, Life Transitions, Stress, Trauma

- Patricia Beal, M.A., LPC-S.....832-233-3086**  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADD/ADHD, Anxiety, Depression, Grief, Life Adjustments and Transitions, Stress
- Jessica Bearden, M.A., LPC.....936-213-3130**  
**True North, The Woodlands**  
 2219 Sawdust Road, Ste. 103  
 Spring, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:**  
**Specialties:** Adjustment, Anxiety, Depression, Low Self-esteem, Substance Abuse, Interpersonal Conflict, Clinical Assessments for Children in Foster Care
- Angela Behland, LPC, LMFT.....281-205-7997**  
**Cypress Therapy and Counseling**  
 17774 Cypress Rosehill Road, Ste. 400  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults, Seniors  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADD/ADHD, Anxiety, Depression, Eating Disorders, Family Issues, Grief and Loss, LGBTQIA+ Issues, Obsessive Compulsive Disorder, Trauma
- Bianca Bekker, LPC.....832-717-7166**  
**Greater Houston Counseling Services**  
 8118 Fry Road, Ste. 601 and 602  
 Cypress, TX 77433  
**Population Served:** Children, Adults  
**Types of Services:** Individuals, Couples, Families  
**Specialties:** Anxiety, Life Stressors, Those Seeking Insight into Their Feelings, Behaviors, and Emotions
- Elizabeth Belcon M.S., LPC-S, LMFT-S.....936-697-0982**  
**Infinite Joy and Restoration Counseling, PLLC**  
 24420 FM 1314, Ste. 108  
 Porter, TX 77365  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, ADHD, Adoption, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Career Counseling, Christian Counseling, Codependency, Coping Skills, Depression, Divorce, Domestic Abuse, Domestic Violence, Drug Abuse, Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief, Infidelity, Life Coaching, Oppositional Defiance Disorder, Parenting, Peer Relationships, Relationships Issues, School Issues, Self-esteem, Self-harm, Sexual Abuse, Spirituality, Substance Abuse, Suicidal Ideation, Teen Violence, Thinking Disorders, Veterans, Women's Issues

- Laura Jean Bell, M.A., LPC, LMFT**.....**281-210-0080**  
**Center for Relationship Transformation**  
 431 Nursery Road, Ste. B-800  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Marriage Therapy, Couples Counseling, Relationship Counseling, Imago Relationship Therapy
- Kandis Bell, M.Ed., LPC - Associate**.....**832-233-3086**  
*Supervised By: Kimberly L. Boyd, M.S., LPC-S*  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Abuse, Addiction, Anxiety, Behavioral Issues, Christian Counseling, Couples Counseling, Family Counseling, Grief, Learning Disabilities (ADHD and Dyslexia), Self-worth, Stress, Suicidal Ideation, Trauma
- Maria Benezra, LPC-S**.....**832-702-8866**  
**Greater Houston Counseling Services**  
 8118 Fry Road, Ste. 601  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Emotional Distress, Mental Health Conditions, Major Life Transitions. Bilingual in English and Spanish.
- Kristen Berglund, M.A., LPC**.....**832-237-2673**  
**Houston Psychotherapists, Inc.**  
 21212 Northwest Freeway, Ste. 455  
 Cypress, TX 77429  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Groups  
**Specialties:** Pregnancy, Prenatal, Postpartum Depression and Perinatal Mental Illnesses, Sexual Abuse and Trauma Recovery, Sexual/Gender Expression and Orientation
- Daniel Bernard, M.Ed., LPC**.....**346-206-3992**  
**The Resilience Center of Houston**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Career Counseling, Codependency, Couples Counseling, Depression, Grief, Panic Disorder, Personality Disorders, Stress

**Jessica Wilson Bernstine, LMFT-Associate.....832-717-7166**

*Supervised By: Shelly Evans, LPC-S*

**Greater Houston Counseling Services**

8118 Fry Road, Ste. 601 & 602

Cypress, TX 77433

**Population Served:** Children, Adults

**Types of Services:** Individuals, Families

**Specialties:** Military Families, Veterans, Veteran Reintegration, Self-defeating Ways of Thinking, Irrational Fears, Problems Interacting with Other People, Difficulty Coping with Situations at School, Home or Work

**Claire Berry, M.Ed., LPC-Associate, CTP.....832-390-0109**

*Supervised By: Teri Marrow Ph.D., NCC, and LPC-S*

21 Waterway Avenue, Ste. 300

The Woodlands, TX 77380

**Adam Bertoch, M.S., LMFT, LCDC.....281-536-3605**

**On The Mend Counseling**

8111 Ashlane Way, Ste. 102

The Woodlands, TX 77382

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Trauma Recovery, Co-occurring Anxiety, Depression and Addiction

**John Bettison, MSW, LCSW, SAP, CADC.....281-898-0903**

**Bettison and Bettison of Texas, Inc.**

2855 Mangum, Ste. 403

Houston, TX 77092

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Depression, Fear and Phobias, Anger Management, Crisis Intervention, Eating Disorders, Career Problems, Major Psychiatric Disorders, Alcohol and Drug Dependency and Abuse, Sexual Addictions, Disorders and Therapy

**Alyssa Biestek, M.S., LMFT.....281-595-8893**

**Thrive Therapy Mental Health and Wellness**

26202 Oak Ridge Drive, Ste. A-105

The Woodlands, TX 77380

**Population Served:** Toddlers, Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anger Management, Anxiety, Behavioral Issues, Coping Skills, Depression, Family Conflict, Life Transitions, Parenting, Peer Relationships, Self-esteem, Self-harm, Stress, Suicidal Ideation, Trauma/PTSD

**Katie Biggs, M.A., Licensed Psychological Associate.....936-289-3113**

*Supervised By: Dr. Leonard Bohanon, LP*

**Ellie Mental Health**

128 Vision Park Boulevard, Ste. 230

Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Groups

**Specialties:** Addiction, ADHD, Anxiety, Body Positivity, Borderline Personality, Coping Skills, Depression, Dual Diagnosis, Eating Disorders, Impulse Control Disorders, LGBTQ+ Issues, Life Transitions, Mood Disorders, Open Relationships Non-Monogamy, Personality Disorders, Self-esteem, Self-harm, Sex Positive Kink Allied, Stress, Substance Abuse, Testing and Evaluation, Thinking Disorders, Transgender, Trauma/PTSD, Women's Issues. Bilingual in English and Spanish.

**Charles Bisbee, Ph.D.....281-319-9577**

**Charles T. Bisbee Ph.D., LLC**

19002 McKay Drive

Humble, TX 77338

**Population Served:** Adults, Elders

**Types of Services:** Individuals

**Specialties:** Clinical Neuropsychology, Neuropsychology, Career and Life Adjustments, Physical Health Issues

**Rachel Black, M.A.A.T., LPC, ATR-BC.....281-247-6460**

**Art in Counseling**

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Body Positivity, Career Counseling, Codependency, Coping Skills, Depression, Education and Learning Disabilities, Family Conflict, Grief, Infertility, LGBTQIA+ Issues, Life Coaching, Obsessive Compulsive Disorder, Parenting, Peer Relationships, School Issues, Self-esteem, Self-harm, Stress, Suicidal Ideation, Trauma/PTSD, Veterans, Video Game Addiction. Bilingual in English and German.

**Faith Blair, LMSW.....346-336-9406**

*Supervised By: Jennifer Lancaster, LCSW-S*

**Counseling Creations**

825 Village Square Drive, Ste. 3

Tomball, TX 77375

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** ADHD, Anxiety, Body Image Issues, Depression, Eating Disorders, Grief and Loss, LGBTQIA+ Issues Life Transitions, Postpartum, Relationships, Self-harm, Stress Management, Teen Issues, Women's Issues

**Daymar Blanco, M.Ed., LPC.....832-409-4679**

**Elevate and Empower**

10210 Grogans Mill Road, Ste. 194  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adjustment Disorders, Anxiety, Career Counseling, Child and Adolescent Issues, Communication Problems, Coping Mechanisms, Depression, Emotional Intelligence, Highly Sensitive Persons, Identity Issues, Life Transitions, Meditation and Mindfulness, Self-esteem

**Olivia Blandford, Ph.D.....281-509-1010**

**Embrace Therapy and Wellness**

26113 Oak Ridge Drive, Ste. C  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Conflict, Betrayal, Estrangement, Loneliness, Relationship Problems, Stress, Trauma, Walking Therapy, Mind-Body Wellness

**Shannan Blum, LMFT, CEDS, CCATP-CA.....936-209-7544**

**SBMFT Services**

10210 Grogan's Mill Road, Ste. 190  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Bisexual, Central Nervous System Regulation, Codependency, Depression, Divorce, Grief, Lesbian, LGBTQIA+ Issues, Life Transitions, Mood Disorders, Relationship Issues, Religious Trauma and Self-doubt, Self-esteem, Sexual Abuse, Stress, Thinking Disorders, Women's Issues

**Kamaya Bogar, LMFT-Associate.....832-717-7166**

*Supervised By: Cynthia R. Carter, M.S., LPC-S, LMFT-S*

**Greater Houston Counseling Services**

21021 Springbrook Plaza Drive, Ste. 140  
Spring, TX 77379

**Population Served:** Children, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Depression, Life Stressors, Relational/Attachment Issues, Self-acceptance, Self-esteem, Trauma

**Kamaya Bogar, LMFT-Associate.....832-717-7166**

*Supervised By: Cynthia R. Carter, M.S., LPC-S, LMFT-S*

**Greater Houston Counseling Services**

8118 Fry Road, Ste. 601 and 602  
Cypress, TX 77433

**Population Served:** Children, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Depression, Life Stressors, Relational/Attachment Issues, Self-acceptance, Self-esteem, Trauma

- Leonard Bohanon, Ph.D.**.....**832-628-5253**  
**Leonard Bohanon, Ph.D.**  
 101 Pine Manor Drive  
 Conroe, TX 77385  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Eating Disorders, Relationship Issues, Marital/Pre-Marital Counseling
- Erik Boie, LCSW-S**.....**346-402-4898**  
**Capstone Connect, PLLC**  
 3500 W Davis Street, Ste. 250  
 Conroe, TX 77304  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Attachment Disorders, Bipolar Disorder, Consultations in School and Court, Custody Challenges, Depression, Marital Conflict, Oppositional Defiance Disorder, Parenting Skills Training, Personality Disorders, Pre-marital Counseling, Post-traumatic Stress Disorder, Stage-of-Life Transitions
- Erik Boie, LCSW-S**.....**346-402-4898**  
**Capstone Connect, PLLC**  
 1110 Kingwood Drive  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Attachment Disorders, Bipolar Disorder, Consultations in School and Court, Custody Challenges, Depression, Marital Conflict, Oppositional Defiance Disorder, Parenting Skills Training, Personality Disorders, Pre-marital Counseling, Post-traumatic Stress Disorder, Stage-of-Life Transitions
- Chelseyah Bolden, M.S., LPC**.....**346-206-3992**  
**The Resilience Center of Houston**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Adjustment Disorders, Anxiety, Attachment, Codependency, Cultural and Ethnic Issues, LGBTQIA+ Issues, Life Transitions, Racial Identity, Self-esteem, Stress
- Mary-Margaret Bollato, M.E., LPC, CSC**.....**281-748-0233**  
**Better Self Counseling**  
 26009 Budde Road, A-300  
 Spring, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Behaviors, Crisis, Grief, Life Coaching, Life Transitions, Trauma

- Ann Bolton, M.A., LPC, RPh.....281-255-9922**  
**Counseling Resource Center**  
500 Mason Street  
Tomball, TX 77375  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Addictions, Anxiety, Christian Counseling, Depression, Eating Disorders, Grief/Loss, Trauma/Abuse, Women's Issues
- Sandra "Sandy" Bond, M.A., LPC.....832-493-6965**  
**Cypresswood Christian Counseling**  
9950 Cypresswood Drive, Ste. 221  
Houston, TX 77070  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Blended Family Dynamics, Conflict Resolution, Depression, Divorce, Family Counseling, Grief/Loss, Parent-Child Relationships, Parenting, Premarital/Marital Counseling, Relationship Issues, Stress Management
- Lea Bond, M.S., LPC.....832-419-6345**  
**Lea Bond, M.S., LPC**  
1002 Village Square Drive  
Tomball, TX 77375  
**Population Served:** Toddlers, Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Behavioral Disorders, Anxiety, Depression, Play Therapy, Art Therapy, Family Issues, Women's Issues, Mood Disorders, PTSD, Trauma/Abuse, Trauma Recovery
- Eileen Borski, M.Ed., LPC, NCC, NPT-C.....832-819-1708**  
**Authentic Brain Solutions**  
15260 Highway 105W, Ste. 260D  
Montgomery, TX 77356  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** ADD/ADHD, Anxiety, Brain Gauge Assessment, Depression, Peak Performance, Strokes, Trauma/PTSD, EMDR Therapy and Neurofeedback
- Gerald Bortz, M.S., LPC.....281-367-0733**  
**Gerald Bortz, M.S., LPC**  
1001 Medical Plaza Drive, Ste. 190  
The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Private Individual Counseling, Parent Education, Workshops, Group Therapy, Christian Counseling, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy, Bi-lingual (Spanish) Counseling

**Gerald Bortz, M.S., LPC.....281-381-0815**

**Gerald Bortz, M.S., LPC**

25301 Borough Park Drive, Ste. 100  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Private Individual Counseling, Parent Education, Workshops, Group Therapy, Christian Counseling, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy, Bi-lingual (Spanish) Counseling

**Clarissa Bourgeois, LPC.....844-516-0759**

**LifeStance Health**

2103 Research Forest Drive, Bldg. 1, Ste. 175  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Couple's Issues, Depression, Grief, Pain Management, Trauma/PTSD, Women's Issues

**Enie Bourland, M.A., LMFT, LPC.....281-813-0672**

**Enie Bourland, Marriage & Family Therapy, PLLC**

9950 Cypresswood Drive, Ste. 206  
Houston, TX 77070

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Sex Addiction-Partner Trauma Specialist, Relationship Issues, Anxiety

**Charles Bower, LPC-Associate.....832-421-8714**

*Supervised By: Kristin King, M.A., LPC-S*

**Sequoia Counseling Center**

17920 Huffmeister Road, Ste. 150  
Cypress, TX 77429

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Christian Counseling, Relationship Issues

**Jasie Boyd, LCSW-S, LCDC, BCN.....281-305-9387**

**Cypress Counseling and Wellness**

16693 Huffmeister Road  
Cypress, TX 77429

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Couples Counseling, Premarital Counseling, Marital Counseling, Relationship Issues, Biofeedback for Anxiety, Panic and Stress

**Kimberly Boyd, M.S., LPC-S.....832-233-3086**

**Kimberly Boyd Counseling Center, LLC**

7702 FM 1960, Ste. 200

Humble, TX 77346

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Childhood Disorders, Depression, Divorce, Grief, Pain Management, Physical and Emotional Abuse, Relationship Issues, Sexual Abuse, Substance Use, Trauma. Assists with the Admission, Review, and Dismissal process and Section 504 meetings.

**Kimberly Boyd, M.S., LPC-S.....832-233-3086**

**Kimberly Boyd Counseling Center, LLC**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Childhood Disorders, Depression, Divorce, Grief, Pain Management, Physical and Emotional Abuse, Relationship Issues, Sexual Abuse, Substance Use, Trauma. Assists with the Admission, Review, and Dismissal process and Section 504 meetings.

**Doris "Gail" Brackins, LCSW.....281-272-1115**

**Brackins and Associates**

515 N. Sam Houston Parkway E., Ste. 215

Houston, TX 77060

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** School Consultation, Virtual Training, Anger Management, Grief and Loss, Social Skills, Enhancing Emotional Intelligence, Newbies, Stress Management, Mother/Daughter Groups

**Amber Bradford, LPC.....281-925-7641**

**The Restorative Counseling Services**

6046 FM 2920, Ste. #625

Spring, TX 77379

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Boundaries, Depression, Stress Management, Women's Issues

**Emily Bradshaw, M.Ed., LPC-Associate.....832-237-2673**

*Supervised By: Kristin King, MA, LPC-S*

**Houston Psychotherapists**

21212 Northwest Freeway, Ste. 455

Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Life Transitions from Adolescents to Young Adulthood, Grief due to Loss of Pregnancy or Loss of a Child, Parenting, Anxiety, Depression, Interpersonal Struggles, Problems Coping or Functioning in Life

- John Bragg, LPC.....936-521-6100**  
**Tri County MHMRA**  
 233 Sgt. Ed Holcomb Boulevard S.  
 Conroe, TX 77304  
**Population Served:** Adults  
**Types of Services:** Individuals, Groups  
**Specialties:** Chemical Dependency Intensive Outpatient Program, Partial Hospitalization Programs, Intensive Outpatient Programs, Dual Diagnosis Program/Co-occurring Condition Programs, Step Down Services for Individuals Leaving Inpatient or Residential Treatment, Aftercare Programming for those that successfully complete the program
- Tershundrea Branch, Ph.D., CSC, LPC.....832-352-1600**  
**Tx Harmony Counseling**  
 110 Vision Park Boulevard, Ste. 200  
 Shenandoah, TX 77384  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Adolescent Counseling, Young Adult Counseling, and Marital/Pre-marital Counseling
- Toby Brans, M.A., NCC, LPC.....346-336-2773**  
**Luna and Sol Counseling, PLLC**  
 9595 Six Pines Drive, Building 8, 2nd Floor, Ste. 8210  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anger Management, Anxiety, Autism, Behavioral Issues, Borderline Personality Disorder, Internet Addiction, Obsessive Compulsive Disorders, Personality Disorders, School Issues, Substance Use, Trauma/PTSD
- Lauren Brasher, M.S., LPC.....346-206-3992**  
**The Resilience Center of Houston**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Bipolar Disorder, Borderline Personality Disorder, Depression, Eating Disorders, Parent Support, Relationship Issues, Self-esteem, Trauma/PTSD
- Cassandra "Cassie" Brelsford, LMSW.....346-314-0022**  
*Supervised By: Karen Magruder, LCSW-S*  
**Calderas Counseling**  
 8900 Eastloch Drive, Ste. 150  
 Spring, TX 77379  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Life Transitions, Self-esteem, Trauma

**Glenn Bricken, Psy.D., LPC.....281-364-0067**

**Bricken and Associates**

25810 Oak Ridge Drive

The Woodlands, TX 77354

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Pre-surgical Evaluations, Anxiety Disorders, Chronic Pain, Psychological Trauma

Associated with a Catastrophic Illness or Injury

**Vanessa Bridges, M.A., LPC.....713-298-7679**

**Bridging Lives, LLC**

4112 Tilson Lane

Houston, TX 77080

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Mental Health, Psychotherapy, Special Needs, Behavior Intervention, Family

Counseling, Marriage and Pre-Marriage Counseling

**Susan Brintz, MSW, LCSW.....281-397-8181**

**Champions Counseling and Psychotherapy**

5629 FM 1960 West, Ste. 218

Houston, TX 77069

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Eating Disorder Specialist, Personality Disorders, Cognitive Behavioral Therapy, Anxiety

Disorders, Mood Disorders, Post-Traumatic Stress Disorders, Codependency Issues,

Marriage/Family Focus

**Brandy Brock, M.A., LMFT.....713-466-1360**

**Cy-Hope Counseling in Cypress**

12715 Telge Road

Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD Coaching, Adult Counseling, Children's Counseling, Teen Counseling, Play

Therapy, Couples Counseling, Family Counseling

**Anitra Brooks, LPC.....844-956-5104**

**LifeStance Health**

19500 Texas State Highway 249, Ste. 120

Houston, TX 77070

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Families, Groups

**Specialties:** Anxiety, Depression, Military/Veterans, Military Life: Transitions, Trauma, and

Reintegration, Overwhelm Due to Life's Demands, Stress

**Rachel Brown, LCSW.....713-440-8513**

**Integrative Psychotherapy Center, LLC**

2219 Sawdust Road, Ste. #1101

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Addiction, Anxiety, Anxiety-related Disorders, Bipolar Disorder, Body Image Issues, Compulsive Behaviors, Depression, Developmental Trauma, Family Communication Issues, Interpersonal Conflict, Ketamine-assisted Psychotherapy, Life Transitions, Low Self-worth, Mood Instability, Mood-related Disorders, Parent Self-regulation, Parenting Skills, Post-traumatic Stress Disorder (PTSD), Recent Traumatic Experiences, Stress

**Rachel Brown, LCSW.....713-440-8513**

**Integrative Psychotherapy Center, LLC**

1416 B Stonehollow Drive

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Addiction, Anxiety, Anxiety-related Disorders, Bipolar Disorder, Body Image Issues, Compulsive Behaviors, Depression, Developmental Trauma, Family Communication Issues, Interpersonal Conflict, Ketamine-assisted Psychotherapy, Life Transitions, Low Self-worth, Mood Instability, Mood-related Disorders, Parent Self-regulation, Parenting Skills, Post-traumatic Stress Disorder (PTSD), Recent Traumatic Experiences, Stress

**Nikki Brown, LCSW, RPT.....281-865-8433**

**Atascocita Counseling Associates**

18700 West Lake Houston Parkway, Ste. A102

Humble, TX 77346

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Depression, ADHD, Grief, Behavioral Issues, Family Conflict

**Vivia Brown, LPC - Associate.....832-233-3086**

*Supervised By: Maggie Chlebana, M.S., LPC-S*

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Adolescent Counseling, Couples Counseling, Highly Stressed Individuals, LGBTQIA+ Issues, Military Members, Multicultural Awareness

**Denise Brown, M.A., LPC.....832-510-5680**

**Denise Brown, LPC, PLLC**

32935 Tamina Road, Ste. 101

Magnolia, TX 77354

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Individual Counseling for Personal Growth, Couples and Marital Counseling, Relationship Counseling. Treats Anxiety, Depression, Fear, Isolation, Inadequacy, Relationship Repair

- Joseph Brown, MSSW, LCSW-S**.....**281-713-9004**  
**Behavioral Solutions of Texas, LLC**  
 8530 Farm to Market 1960 Road E., Ste 117  
 Humble, TX 77346  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Depression, Behavioral and Substance Addictions such as Codependency, Sex and Love Addictions, Relationship Addictions
- Sheri Brown-Ozio, M.Ed., LPC**.....**832-521-8483**  
**Grace in Counseling, PLLC**  
 506 Honea Egypt Road  
 Magnolia, TX 77354  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Education and Learning Disabilities, Emotional Disturbance, Help with the IEP Process, ADHD, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Coping Skills, Depression, Developmental Disorders, Grief, Intellectual Disability, Life Coaching, Life Transitions, Peer Relationships, School Issues, Self-esteem, Self-harm, Sleep or Insomnia, Stress, Trauma/PTSD
- Sheri Brown-Ozio, M.Ed., LPC**.....**936-251-1103**  
**Grace in Counseling, PLLC**  
 1135 Grand Central Parkway, Ste. 250  
 Conroe, TX 77304  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Education and Learning Disabilities, Emotional Disturbance, Help with the IEP Process, ADHD, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Coping Skills, Depression, Developmental Disorders, Grief, Intellectual Disability, Life Coaching, Life Transitions, Peer Relationships, School Issues, Self-esteem, Self-harm, Sleep or Insomnia, Stress, Trauma/PTSD
- Christopher Bruck, MSW, LCSW**.....**844-302-2933**  
**LifeStance Health**  
 23051 Kingwood Place Drive, Ste. 110  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Alcohol and Drug Use Issues, Anxiety, Children's Counseling, Depression, Grief, Relationship Challenges, School Avoidance, School Issues, Self-awareness/Personal Growth, Trauma/PTSD
- Wendy Brueckner, LPC**.....**832-534-3993**  
**Connect Psychological Services PLLC**  
 25511 Budde Road, Ste 3601  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Depression, Divorce or Separation, Grief, Stress, Transitions, Work Performance

- Kay Brumbaugh, Psy.D.**.....**832-800-9558**  
**Kay Brumbaugh, Psy.D.**  
8530 FM 1960 Road East, Ste. 112  
Humble, TX 77346  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Addiction, Relationship Issues
- Tanya Bryant, M.A., LPC**.....**936-521-6115**  
**Tri County Behavioral Health**  
P.O. Box 3067  
Conroe, TX 77305  
**Population Served:** Adults  
**Types of Services:** Individuals, Families  
**Specialties:** U.S. Military Veterans, Veterans, Families, Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI)
- Thomas Bryant, MSW, LCSW, LMFT**.....**281-364-0067**  
**Bricken and Associates**  
25810 Oak Ridge Drive  
The Woodlands, TX 77354  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Assessments, Addictions, Depression, Stress, Anxiety
- Kristy Buchanan, M.A., LPC**.....**281-685-0321**  
**Kristy Buchanan, M.A., LPC**  
3010 Dabney Bottom Road  
Cleveland, TX 77328  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, ADHD, Adoption, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Codependency, Coping Skills, Depression, Divorce, Domestic Abuse, Domestic Violence, Dual Diagnosis, Eating Disorders, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Grief, Infertility, Infidelity, Life Coaching, Mood Disorders, Obesity, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Parenting, Peer Relationships, Personality Disorder, Self-esteem, Self-harm, Sexual Abuse, Sleep or Insomnia, Spirituality, Substance Abuse, Suicidal Ideation, Testing and Evaluation, Trauma/PTSD, Women's Issues
- Priscilla Buentello, M.A., LPC - Associate**.....**832-352-1600**  
*Supervised By: David Lawson, Ph.D., LPC-S*  
**Tx Harmony Counseling**  
110 Vision Park Boulevard, Ste. 200  
Shenandoah, TX 77384  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Childhood Trauma, Coping Skills, Domestic and Family Violence, Trauma

**Bridget Burandt, M.A., LPC.....713-664-5512**

**HealthPartners Group Inc.**

1521 Green Oak Place, Ste. 208

Kingwood, TX 77339

**Population Served:** Toddlers, Children, Adolescents, Teenagers, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, Adoption Issues, Anxiety, Attention Deficit, Bipolar Depression, Grief and Loss, Marriage, Obsessive Compulsive Disorder, Panic Attacks, Sexual Abuse, Step-family issues

**Audrey Burgess, Ph.D.....713-377-8657**

**Audrey Burgess, Ph.D.**

800 Rockmead Drive, Ste. 175

Kingwood, TX 77339

**Population Served:** Toddlers, Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Testing and Evaluation for ADHD, Asperger's Syndrome, Autism, Developmental Disorders, Education and Learning Disabilities. Psychological and Neuropsychological Testing for Problem-solving Skills, Academic Achievement, Social/Emotional Development

**Angela Burk, M.A., LPC-Associate.....936-227-4438**

*Supervised By: Leigh Rainwater, LPC-S*

**Ellie Mental Health - Conroe**

2174 N. FM 3083 West, Ste. 100

Conroe, TX 77304

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Fertility Issues, Survivors of Domestic Violence and Assault

**Savannah Burke, M.Ed., LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anger Management, Anxiety, Depression, Grief and Loss, Marital/Pre-marital Counseling, Testing and Assessment, Treatment of Crisis Situations

**Jenny Burkholder, Ph.D., LPC, LMFT.....346-206-3992**

**The Resilience Center of Houston**

8665 New Trails Drive, Ste. 185

The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Codependency, Couples Counseling, Divorce and Blended Families, Obsessive Compulsive Disorder, Panic Disorder, Parenting Issues, Trauma/PTSD, Trichotillomania

**Ashley Burks, M.A., LPC-Associate.....979-221-6127**

*Supervised By: Kara Grant, LPC-S, CDWF, SEP*

**Mindful Movements Counseling Center**

2219 Sawdust Road, Ste. 1501 and 1502

The Woodlands, TX 77380

**Population Served:** Pre-teens, Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** Domestic Abuse, Relationship Issues, Sexual Abuse, Trauma/PTSD

**Tamika Burns,-Shephard, LPC-S, NBCC.....281-973-8708**

**TSB Consulting**

P.O. Box 23576

Houston, TX 77228

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction and Recovery, ADHD, Adjustment, Anger Management, Anxiety, Child/Adult Trauma, Conflict Resolution, Depression, Divorce, Grief and Loss, Life Coaching, Parenting, Play Therapy, Relationship Issues, Sexual Violence, Sexual Offender Treatment, Stress Management, Work and Career Issues, Trauma/PTSD

**Cheryl Butler, M.A., LPC-S.....936-213-3130**

**True North, The Woodlands**

2219 Sawdust Road, Ste. 103

Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Marriage Counseling, Co-Parenting, Conflict Resolution, Communication Skills, Interpersonal Relationships, Parenting, Anxiety, Self-esteem, Self-confidence, Divorce, Merging Families

**Michelle Byrd, LCSW-S.....832-291-3950**

**Nurturing Nature Child and Family Therapy**

256 Ed English Drive, Bldg. 4, Ste. E

The Woodlands, TX 77385

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** ADHD, Anxiety, Depression, Family Dynamics, Life Transitions, Peer Relationships, Trauma

**Kasey Byrd, M.A., M.Ed., LPC.....281-528-4226**

**The Woodlands Behavioral Health and Wellness Center**

2700 Research Forest Drive, Ste. #130

The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Depression, Grief, Life Transitions, Needs of Special Education Students, Trauma, Women's Issues

- Jennifer Cain, LPC-S, RPT-S.....713-714-7126**  
**Willow Counseling Services**  
 719 Sawdust Road, Ste. 104  
 The Woodlands, TX 77380  
**Population Served:** Toddlers, Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Works with children ages 4-9 with issues of Anxiety, Grief, and Trauma. Play Therapy for Child and Parent and Siblings. Counseling for Parents Who Have Lost a Child.
- Carla Calderas, LPC.....346-314-0022**  
**Calderas Counseling**  
 8900 Eastloch Drive, Ste. 150  
 Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Adolescent Issues, Anxiety, Couples/Marital Counseling, Depression, Emotional Regulation, Life Changes and Transitions, Self-esteem, Stress Management, Emotional/Social/Spiritual Wellbeing
- Carlos R. Calderon, M.A., LPC-S, CART, CGT.....281-419-2323**  
**Christian Life Counseling**  
 25602 Oakhurst Drive  
 Spring, TX 77386  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Abuse, ADD, ADHD, and Child Behavioral Issues, Anger Management, Anxiety, Panic, and Phobias, Communication and Conflict Resolution, Corporate and Employment Issues, Crisis Management, Depression, Divorce, Grief and Loss, Infidelity, Life Transitions, Mood Disorders, Pornography and Other Sexual Challenges, Same Gender Attraction, Spiritual/Meaning and Purpose of Life Issues, Stress Management, Trauma/PTSD, Vision/Mission/Goal Setting. Bilingual in English and Spanish.
- Angela Calkins, M.Ed.....832-847-1898**  
**Sulcata Psychiatry**  
 12075 Spring Cypress Road, Ste. D  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Academic and Achievement Evaluations for ADHD, Autism, Dyslexia, and Learning Disabilities; IQ Testing for ages 2+, Life Coaching for Problem Behaviors and Life Improvement Skills, Parent Meetings to Prepare for Obtaining or Interpreting Accommodations at School or Work, Preparing for ARD Meetings, Advocating for Family to Get Specific Support
- Tara Cameron, LCSW.....281-726-4230**  
**Collaborative Counseling of Kingwood**  
 800 Rockmead Drive, Ste. 111  
 Kingwood, TX 77339  
**Population Served:**  
**Types of Services:** Individuals  
**Specialties:** Depression & Mood Disorders, Postpartum, Grief Counseling, Marital and Family Conflict

**Alexia Camfield, M.A., LCSW-S.....713-857-6358**

**Alexia Camfield, M.A., LCSW-S**

2219 Sawdust Road, Ste. 701  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Behavioral Issues, Career Management, Child and Adolescent Development, Coping Skills, Depression, Grief and Loss, Life Transitions, Self Esteem, Social Skills

**John Campbell, M.A., LPC.....713-955-5925**

**Contemporary Behavioral Therapy**

26202 Oak Ridge Drive, Ste. B-206  
Spring, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Couples Counseling, Distress Tolerance, Emotional Regulation, Interpersonal Effectiveness, Mindfulness,

**Cole Campbell, M.A., LPC-Associate, NCC.....713-466-1360**

*Supervised By: Jasper Gates, M.A., LPC-S*

**Cy-Hope Counseling**

12715 Telge Road  
Cypress, TX 77429

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Men's Issues with Anxiety, Depression, Grief, Relationship Struggles, Trauma

**Kristie Campbell, M.Ed., LPC-S.....713-515-1702**

**Passage Counseling Cypress**

16522 House Hahl Road, Ste. F4  
Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction and Recovery, Anxiety, Conflict Resolution, Couples Counseling, Depression, Family Counseling, Grief Counseling, Parenting Support, Stress Management, Work and Career Issues

**Stacie Campbell-Noonen, M.Ed., LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Abuse, Anger, Autism, Blended Families, Depression, Grief, Self-esteem, Trauma

**Lisa Cano-Nunn, LCSW.....713-440-8513**

**Integrative Psychotherapy Center, LLC**

1416 B Stonehollow Drive  
Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety Disorders (General and Social Anxiety, Obsessive Compulsive Disorder, Panic Disorders), Mood Disorders (Depression, Bipolar Disorder), Treatment-resistant Depression and Anxiety, Post-traumatic Stress Disorder, Obsessive Compulsive Disorders, Depression and Anxiety Associated with Chronic Pain. Provides Ketamine-assisted Psychotherapy

**Jennifer Canul, M.Ed., LPC.....832-304-2472**

**Jennifer Canul, M.Ed., LPC**

8850 Huffmeister Road, Ste. 350  
Houston, TX 77095

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Career Counseling, Coping Skills, Depression, Divorce, Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief Life Coaching, Mood Disorders, Perinatal Mood Disorders, Relationship Issues, Self-esteem, Women's Issues

**Ashton Cardenas, M.A., LPC-Associate.....346-291-3832**

*Supervised By: Cheryl Butler, LPC-S*

**Mindful Movements Counseling Center**

2219 Sawdust Road, Ste. 1502  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Body Image, Coping Skills, Depression, Faith-based Counseling, Grief, Life Changes and Transitions, Peer Relationships, School Issues, Self-esteem, Social Relationships, Spirituality, Stress, Women's Issues

**Robyn Carey, LPC.....281-837-6912**

**Cypress Counseling and Behavioral Center**

12242 Queenston Boulevard, Ste. C  
Houston, TX 77095

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Attachment Issues, Behavioral Problems, Conduct Disorders, Depression, Grief and Loss, Mood Disorders, Self-care/Mindfulness, Self-esteem, Special Needs, Substance Abuse, Trauma

**Robyn Carey, LPC.....281-837-6912**

**Cypress Counseling and Behavioral Center**

17832 Mound Road, Ste. A  
Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Attachment Issues, Behavioral Problems, Conduct Disorders, Depression, Grief and Loss, Mood Disorders, Self-care/Mindfulness, Self-esteem, Special Needs, Substance Abuse, Trauma

- Priscilla Carrera, M.A., Ed.S., LPC.....281-222-6247**  
**Carrera Counseling**  
 10210 Grogans Mill Road, Ste. 145 and 150  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Life Stressors, Post-traumatic Stress Disorder, Trauma, Veterans, Critical Incident Stress Management
- Jorge Carrillo, Ph.D., LSSP.....713-939-1229**  
**Houston Autism Center**  
 5246 Dow Road  
 Houston, TX 77040  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals  
**Specialties:** Full Assessment and Diagnosis of Children and Adolescents with Autism Spectrum Disorders and All Developmental Conditions. Treatment Plans designed for Children with Developmental Delays, Emotional Disturbances, and Learning Disabilities. Bilingual in English and Spanish.
- Samuel "Craig" Carson, M.Ed., LPC, LMFT.....281-893-4111**  
**Red Oak Psychiatry Associates**  
 17115 Red Oak Drive, Ste. 109  
 Houston, TX 77090  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Parent Education, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy, Bilingual in English and Spanish
- Sandy Carter, M.A., LPC.....281-419-9878**  
**Woodlands Psychotherapy: Simple Sitting**  
 33130 Magnolia Circle, Bldg. A, Ste. 10  
 Magnolia, TX 77354  
**Population Served:** Toddlers, Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, ADHD, Adoption, Anger Management, Antisocial Personality, Asperger's Syndrome, Autism, Anxiety, Behavioral Issues, Bipolar Disorder, Bisexual, Borderline Personality Disorder, Career Counseling, Chronic Illness, Chronic Impulsivity, Chronic Pain, Chronic Relapse, Codependency, Coping Skills, Depression, Dissociative Disorders, Divorce, Domestic Abuse, Dual Diagnosis, Eating Disorders, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Grief, Impulse Control Disorders, Infertility, Internet Addiction, Lesbian Issues, LGBTQIA+ Issues, Life Coaching, Life Transitions, Marital/Pre-marital Counseling, Men's Issues, Mood Disorders, Narcissistic Personality Disorder, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Parenting, Peer Relationships, Personality Disorders, Pregnancy/Prenatal/Postpartum, Psychosomatic Pain, Racial Identity School Issues, Self-esteem, Self-harm, Sexual Abuse, Sleep or Insomnia, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Teen Violence, Thinking Disorders, Transgender Issues, Trauma/PTSD, Video Game Addiction, Weight Loss, Women's Issues

- Cynthia Carter, M.S., LPC-S, LMFT-S**.....**281-746-3406**  
**Cynthia R. Carter, M.S., LPC-S, LMFT-S**  
 14525 FM 529 Road, Ste. 200  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Behavioral Issues, Conflict Resolution, Depression, Divorce, Family Problems, Life Transitions and Adjustments, Loss and Grief, Parenting Support, Personal Growth, Relationship Issues, Stress Management, Self-esteem, Self-harm, Trauma
- Julie Casten M.A., LPC**.....**773-840-0916**  
**Tranquil Hearts Counseling Center**  
 16712 Huffmeister Road, Bldg. 400A  
 Cypress, TX 77429  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anger Management, Anxiety, Career Adjustments/Concerns, Depression, Family Issues, Grief and Loss, Life Transition Issues, Marital Struggle, Mood Disorders, Parenting, Relationship Issues, Self-esteem, Stress Management, Trauma/PTSD, Women's Issues
- Lauren Castillo, LPC - Associate**.....**936-215-8538**  
*Supervised By: Jennifer J. Cain, LPC-S, RPT-S*  
**Kingston and Co. Counseling**  
 2219 Sawdust Road, Ste. 1903  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Behavioral Issues, Coping Skills, Depression, Life Transitions, Parenting, Play Therapy, Sandtray, Self-esteem, Stress, Trauma
- Liz Castillo, M.A., LPC**.....**346-206-3992**  
**The Resilience Center**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anxiety, Anger Management, Depression, Family Dysfunction, LGBTQIA+, Self-esteem, Self Harm, Suicidal Ideation,
- Aimeé Castillo, M.Ed., LPC**.....**936-449-8053**  
**Lake Conroe Counseling Center**  
 123 Blue Heron Drive, Ste. 102  
 Montgomery, TX 77316  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Bipolar Disorder, Depression, Emotional Resilience, Healthy Coping Skills, Self-compassion. Bilingual in English and Spanish.

**Donald D. Caudle, Ph.D.**.....844-428-0219

**LifeStance Health**

2103 Research Forest Drive, Bldg.1, Ste. 175  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Young Adults

**Types of Services:** Individuals, Families

**Specialties:** ADHD/Neuropsychological/Psychoeducational/Psychological Evaluations, ADHD, Anxiety, Autism Spectrum Disorders, Childhood Behavior Issues, Depression, Developmental Disabilities, Family Therapy, Medical Conditions/Health Psychology, Medical Procedure Evaluations, Parenting Skills, Obsessive Compulsive Disorder, School Avoidance, Trauma/PTSD

**Anne Causey, M.A., LPC**.....832-492-5068

**Anne M. Causey, M.A., LPC**

26205 Oak Ridge Drive, Ste. 107  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Anxiety, Christian Counseling, Conflict Resolution, Depression, Family Therapy, Infidelity Recovery, Marriage/Couples Counseling, Relationship Issues, Trauma/PTSD

**Jorge Cea, M.S., LPC**.....936-539-4004

**Lone Star Family Health Center**

440 Rayford Road, Ste. 150  
Spring, TX 77386

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Abuse, ADD, ADHD, Bullying in Children and Youth, Depression, Phobias, Substance Abuse. Bilingual in English and Spanish.

**Jonathan Ceasar, M.A., LPC**.....832-360-2033

**All Us We Counseling**

4606 FM Road 1960 West, Ste. 350  
Houston, TX 77069

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anger Management, Anxiety, Children's Issues, Coping Skills, Depression, Family Conflict, Life Transitions, Marital/Premarital, Men's Issues, Mood Disorders, Parenting, Peer Relationships, Racial Identity, Relationship Issues, School Issues, Stress, Substance Abuse, Teen Issues, Trauma/PTSD

**Julia Cedeno, LCSW, RPT, CPT.....832-462-7475**

**Julia's Counseling and Play Therapy Group**

1544 Sawdust Road, Ste. 260  
The Woodlands, TX 77380

**Population Served:** Toddlers, Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** ADHD, Adoption, Anger Management, Anxiety, Behavioral Issues, Bisexual, Borderline Personality, Children's Counseling, Coping Skills, Depression, Dissociative Disorders, Divorce, Domestic Abuse, Dual Diagnosis, Family Conflict, Grief, Impulse Control Disorders, Infertility, Lesbian Issues, LGBTQIA+ Issues, Life Transitions, Marital/Premarital, Mood Disorders, Oppositional Defiance Disorder, Parenting, Peer Relationships, Personality Disorders, Relationship Issues, Self-esteem, Self-harm, Sexual Abuse, Stress, Substance Abuse, Suicidal Ideation, Trauma/PTSD, Transgender Issues, Women's Issues

**Cherie Chadwick, M.A., LPC, LCDC.....936-443-9629**

**Prevail Behavioral Health and Wellness Center**

620 Longmire Road  
Conroe, TX 77304

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anger, Anxiety, Depression, Dual Diagnosis, Substance Abuse, Trauma

**Shannon Champion, LPC - Associate.....866-868-7088**

*Supervised By: Heather Moss, LPC-S*

**Wellsource Counseling and Psychiatry Group**

1308 Kingwood Drive  
Kingwood, TX 77339

**Population Served:** Pre-teens, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Anxiety, Couples Counseling, Depression, Grief, Impulse Control, Mood Disorders, LGBTQIA+ Issues, Life Transitions, Mood Disorders, Preteen Issues (Tweens), Obsessive Compulsive Disorders, Peer Relationships, Stress, Suicidal Ideation, Trauma/PTSD

**Gloria Champion, M.Ed., LPC-S.....346-235-3939**

**Woodnote Counseling, PLLC**

12816 Willow Centre Drive, Ste. F  
Houston, TX 77066

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Anxiety, Asperger's Syndrome, Autism, Codependency, Depression, Divorce, Family Crisis, Grief/Loss, Personality Disorders, Psychosis, Relationship Issues, Sexual Abuse

**Douglas Chan, LPC.....281-251-3030**

**Brownstone Psychiatry**

6605 Cypresswood Drive, Ste. 325  
Spring, TX 77379

**Population Served:** Toddlers, Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anxiety Disorders, Asperger's Syndrome, Autism Spectrum Disorders, Bipolar Disorders (Manic Depression), Depression, Disruptive Behavior Disorders, Eating Disorders, Intellectual Disability, Learning Disorders, Obsessive Compulsive Disorders, Panic Disorders, Post-traumatic Stress Disorder, Substance Abuse and Dependence, Tourette's Disorder (Motor and Vocal Tics)

**Frank Chapa, LPC.....281-837-6912**

**Cypress Counseling and Behavioral Center**

17832 Mound Road, Ste. A  
Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Bullying, Career/Personal Growth Counseling, Depression, Grief, Life Changes, Phase of Life Concerns, Relationship and Dating Concerns, Self-esteem, Teen Issues, Trauma. Bilingual in English and Spanish.

**Beatriz Chapa, M.Ed., LPC - Associate.....346-273-7673**

*Supervised By: Erika Willis, MA, LPC-S, LSSP*

**The Therapy Team**

1002 Village Square Drive  
Tomball, TX 77375

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adoption, Anger Management, Antisocial Personality, Anxiety, Behavioral Issues, Career Counseling, Coping Skills, Depression, Divorce, Family Conflict, Grief, Impulse Control Disorders, Lesbian Issues, LGBTQIA+ Issues, Life Transitions, Parenting, Peer Relationships, Pregnancy/Prenatal/Postpartum, Racial Identity, Relationship Issues, Self-esteem, Spirituality, Stress, Women's Issues. Bilingual in English and Spanish.

**Edward Charlesworth, Ph.D.....281-469-6395**

**Willowbrook Psychological Associates**

10609-B Grant Road, Ste. B  
Houston, TX 77070

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Psychological Assessment for Personality, Intellectual, Educational and Achievement, Behavior Problems, Attention Deficit Disorders, Neuropsychological, Vocational, Custody Evaluations, Disability Evaluation and Impairment Rating, Forensic and Future Treatment Recommendations. Psychotherapy for Stress Management, Anxiety and Depression Management, Pain Control, Weight Control and Eating Disorders, Vocational, Life Change Management, Assertiveness and Effective Communication, Underachievement and School Motivation, Parent Effectiveness Training, Smoking, Drug and Alcohol Addiction, Sexual Abuse and Family Violence, Changing Thoughts and Self-Talk, Bereavement and Grief, Post-traumatic Stress Disorders, Relationship Issues, Relaxation, Hypnosis, and Biofeedback for Self-control

- Crystal Cheap, LCSW.....346-347-6970**  
**New Phase Therapy**  
 8530 FM 1960 Road E., Ste. 108  
 Humble, TX 77346  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, ADHD, Adjustment Issues, Anger Management, Anxiety, Behavior Problems, Communication, Coping Skills, Defiance, Depression, Divorce/Separation, Family Conflict, Grief, Impulse Control, Parenting, Peer Relationships, Post-traumatic Stress Disorder, Problematic Sexual Behavior, Self Development, Self-esteem, Self Management, Sexual Orientation, Social Skills, Trauma
- Kristy A. Cheney, M.Ed., LPC.....281-223-1481**  
**Sunflower Counseling Center**  
 994 Village Square Drive, Bldg. 6, Condo L  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anxiety, Child Counseling, Depression, Grief, Life Transitions, Obsessive Compulsive Disorder, Parenting, Peer Relationships, Relationship Issues, Self-esteem, Sleep or Insomnia, Trauma/PTSD
- Alison Childers, M.A., LPC.....832-264-3614**  
**Childers Counseling, PLLC**  
 25511 Budde Road, Cameron Bldg., Ste. 501  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Faith-based Counseling, Military Veterans through the Headstrong Program, Trauma
- Anthony J. Childress, LPC.....346-200-6260**  
**District Counseling**  
 10330 Lake Road, Ste. Z  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** ADHD, Adjustment Disorders, Anxiety, Athlete/Sports Performance and Mental Health, Depression, Career Counseling, Chronic Illness, Coping Skills, Grief, Life Coaching, Men's Issues, Narcissistic Personality Disorder, Racial Identity, School Issues, Self-esteem, Stress, Trauma/PTSD
- Amanda Chism, M.Ed., LPC.....346-443-2052**  
**The Teen Therapists**  
 19221 Interstate 45, Ste. 110  
 Shenandoah, TX 77385  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Addiction, Anger, Anxiety, Career Counseling, Childhood Trauma, Chronic Illness, Communication Issues, Depression, Entering Adulthood, Family Conflict, Grief, Healing from Abuse, Healing from Divorce, Healing from Infidelity, Life Transitions, Panic Attacks, Phobias, Self-esteem, Self-harm, Stress, Substance Abuse, Suicidal Attempts, Suicidal Thoughts, Trauma, Trouble Socializing, Trouble Reaching Goals

**Maggie Chlebana, M.S., LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anger Management, Anxiety, Communication Skills, Depression, Emotional and Physical Abuse, Family Conflict, Relationship Issues, Self-esteem, Stress Management, Trauma

**Faline Christensen, Ph.D., LMFT.....936-777-2481**

**The Woodlands Center for Couples & Families**

16333 Hafer Road  
Houston, TX 77090

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Marriage and Couples Counseling, Parenting Skills, Family Therapy, Family Conflict, Stepfamily/Blended Family Issues, Anger Management, Domestic Violence

**Natalie Cinotto, M.A., M.A., LPC.....936-315-3085**

**Harvest Moon Counseling**

318 N. Main Street  
Conroe, TX 77301

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues such as Bullying, Life Transitions, Academic Pressures, Peer Pressures. Adult Issues such as Anxiety, Depression, Effective Communication, Intimacy with Partner, Life Transitions, Relationship Issues

**Savannah Citron, LMFT-Associate.....832-421-8714**

*Supervised By: Jenny Deitz, M.A., LMFT-Supervisor*

**Sequoia Counseling Center**

17920 Huffmeister Road, Ste. 150  
Cypress, TX 77429

**Population Served:** Adolescents, Young Adults, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Life Transitions, Relationship Issues, Stress

**Michael Clark, M.Ed., LPC-Associate.....346-208-2942**

*Supervised By: Dr. Nelina R. Moffett, LPC-S*

**Man 2 Man Counseling Center**

25511 Budde Road, Bldg. 2802  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Child or Adolescents, Spirituality, Behavioral Issues

- Erica Cleveland, M.A., LPC-S.....281-892-9986**  
**Mindful Transformations Counseling Center**  
 18635 North Eldridge Parkway, Ste. 102  
 Tomball, TX 77377  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Depression, Grief, Self-esteem, Trauma
- Erica Cleveland, M.A., LPC-S.....281-892-9986**  
**Mindful Transformations Counseling Center**  
 20008 Champion Forest Drive, Ste. 601  
 Spring, TX 77379  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Depression, Grief, Self-esteem, Trauma
- Lauren Cloward, MA, LPC.....281-205-8786**  
**Spring Grove Counseling**  
 8104 Spring Cypress Road  
 Spring, TX 77379  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Self-care, Coping Skills
- Justin Coffey, LPC-Associate.....832-569-7673**  
**Restoring Hope Counseling**  
 5206 FM 1960 West, Ste. #103  
 Houston, TX 77069  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Men's Issues, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Trauma/PTSD
- Katherine Cohn, Ph.D.....281-528-4226**  
**The Woodlands Behavioral Health and Wellness Center**  
 2700 Research Forest Drive, Ste. #130  
 The Woodlands, TX 77381  
**Population Served:** Toddlers, Children, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Parent-focused Interventions for Children Aged 2-6, ADHD, Anxiety, Disruptive Behavior, Parent Guidance to Navigate the Public School System
- Teraka Colbert, LMSW-Associate.....346-297-0405**  
*Supervised By: Brittany Woodley, LCSW-S*  
**Healing2Flourish Counseling and Consulting, PLLC**  
 8530 FM 1960 Road East, Ste. 214  
 Humble, TX 77346  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Behavioral Disorders, Depression, Relationship Issues, Self-esteem Issues, Self-harm, Social Skills Training, Suicidal Ideation, Trauma

- Kellie Cole, M.Ed., LPC-S, RPT-S.....832-928-6757**  
**Compassion Child and Family Counseling**  
 33300 Egypt Lane, Ste. L400  
 Magnolia, TX 77354  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Behavior Problems, Depression, Divorce, Family Discord, Grief and Loss, High Functioning Autism, Learning Differences, Life Transitions, Oppositional Behaviors, Parent/Toddler Therapy, Parent and Child Relationship Difficulties, Parenting, Parent Coaching, Play Therapy, Trauma
- Taylor Marie Coleman, M.A., LPC.....713-854-5654**  
**Houston Behavioral Health, PLLC**  
 4606 FM1960 Road West, Ste. 230  
 Houston, TX 77069  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Knows American Sign Language and Works with Deaf and Hard of Hearing, Couples Counseling, LGBTQIA+, People of Color, Young Adult Issues
- Karla Collazo, M.Ed., LPC.....832-995-2795**  
**A Thriving You Counseling and Wellness**  
 250 Assay Street, Ste. 343  
 Houston, TX 77044  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anxiety, Behavioral Adjustment Issues, Depression, Life Transitions, Self-esteem Issues, Trauma
- Lori Collier-Chavez, M.A., LPC-S.....281-653-6572**  
**Insightful Life Counseling Center, LLC**  
 11123 McCracken Circle, Ste. C  
 Cypress, TX 77429  
**Population Served:** Toddlers, Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Bipolar Disorder, Bisexual, Codependency, Coping Skills, Depression, Grief, Impulse Control Disorders, Lesbian Issues, LGBTQIA+ Issues, Life Coaching, Life Transitions, Marial/Premarital, Mood Disorders, Parenting, Play Therapy, Relationship Issues, Self-esteem, Sexual Abuse, Spirituality, Stress, Trauma/PTSD, Women's Issues
- Erin Cominotti, M.Ed., LPC, RPT.....832-569-7673**  
**Restoring Hope Counseling**  
 5206 Farm to Market 1960 Road West, #103  
 Houston, TX 77069  
**Population Served:** Toddlers, Children, Pre-teens, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Blended Families, Codependency, Depression, Educational and Learning Disabilities, Grief, Intellectual Disability, Oppositional Defiance Disorder, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Video Game Addiction

- Joel Connelly, LCPC, NCC**.....**346-351-5515**  
**CompassTree Counseling**  
 2219 Sawdust Road, Ste. 105  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Grief, Normal Life Changes
- Rebecca Cook, Psy.D.**.....**281-528-4226**  
**The Woodlands Behavioral Health and Wellness Center**  
 2700 Research Forest Drive, Ste. #130  
 The Woodlands, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Groups  
**Specialties:** Psychological Assessments, Assessment and Intervention for PTSD and Co-occurring Disorders, Adjustment Disorder, Anxiety, Bipolar Disorder, Depression, Emotional Regulation, Substance Abuse
- Marian Cooper, LCSW**.....**646-470-1820**  
**Own the Moment Therapy**  
 13810 Champion Forest, Ste. 150  
 Houston, TX 77069  
**Population Served:** Adults  
**Types of Services:** Individuals, Groups  
**Specialties:** Anxiety, Art Therapy, Artful Resilience Group Therapy, High Achievers, Perfectionism, Self-esteem
- Anesha Cordero, LPC**.....**281-837-6912**  
**Cypress Counseling and Behavioral Center**  
 12242 Queenston Boulevard, Ste. C  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Career Counseling, Coping Skills, Couples/Relationship Issues, Depression, Family Conflict, Life Transitions, Peer Relationships, School Issues, Self-esteem, Stress. Understands Spanish and speaks some.
- Anesha Cordero, LPC**.....**281-837-6912**  
**Cypress Counseling and Behavioral Center**  
 17832 Mound Road, Ste. A  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Career Counseling, Coping Skills, Couples/Relationship Issues, Depression, Family Conflict, Life Transitions, Peer Relationships, School Issues, Self-esteem, Stress. Understands Spanish and speaks some.

- Tonja Cordova, LPC**.....346-314-0022  
**Calderas Counseling**  
8900 Eastloch Drive, Ste. 150  
Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Anger Issues, Anxiety, Depression, Greater Life Balance, Grief and Loss, Life Changes and Transitions, Stress Management, Trauma/PTSD
- Blythe Cordova, LPC - Associate**.....346-402-4898  
*Supervised By: Julia Hollenbeck LPC-S*  
**Capstone Connect, PLLC**  
3500 W Davis Street, Ste. 250  
Conroe, TX 77304
- Krissy Cotten, M.A., LPC**.....832-576-5538  
**Cotton Counseling**  
18700 West Lake Houston Parkway, Ste. A102  
Humble, TX 77346  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction Recovery, Adolescent Therapy, Anger Management, Anxiety, Divorce, Domestic Violence, Faith Based Counseling, Family Therapy, Grief and Loss, Marital Counseling, Parenting, Play Therapy for Children, Postpartum Depression, Pregnancy Concerns, Self-esteem, Sexual Abuse, Women's Issues
- Staci Cox, LMFT Associate**.....346-268-7613  
*Supervised By: Lucinda West, LMFT-S*  
14547 Lake Business Drive, Ste. 401  
Conroe, TX 77304
- Lannie Cox, M.A., LPC**.....713-466-1360  
**Cy-Hope Counseling**  
12715 Telge Road  
Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Adoption, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Children's Therapy, Coping Skills, Depression, Divorce, Family Conflict, Grief, Infidelity, Life Transitions, Marital/Premarital Counseling, Men's Issues, Parenting, Relationship Issues, Spirituality, Stress
- Elizabeth Cox, M.A., LPC, LMFT**.....936-333-2653  
**Serenity Ranch Wellness, PLLC**  
902 North San Jacinto Street  
Conroe, TX 77301  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Relationship Issues, Trauma

**Christopher Crawford, LCSW-S, LCDC.....281-528-1523**

**LifeSpring Behavioral Health**

1400 Woodloch Forest Drive, Ste. 575  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Addiction, Substance Use Disorders, Relapse and Recovery

**Courtney Crawford, M.S., LPC, RPT.....832-534-3993**

**Connect Psychological Services PLLC**

25511 Budde Road, Ste. 3601  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Adjustment to Life Stressors, Anxiety, Building Social and Familial Relationships, Depression

**Marion Creighton, M.A., LPC.....346-423-2546**

**Thriveworks**

3210 N. Frazier Street, Ste. C  
Conroe, TX 77303

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Anxiety, Bisexual, Coping Skills, Depression, Grief, Lesbian, LGBTQIA+, Life Transitions, Obsessive Compulsive Disorder, Sleep or Insomnia, Stress, Trauma/PTSD, Transgender

**Marion Fawn Creighton, M.A., LPC.....936-931-7313**

**Woodforest Counseling**

105 Elk Trace Parkway  
Montgomery, TX 77316

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Pediatric ADHD, Adult Counseling, Anxiety, Autism, Couples Counseling, Depression, Depression-related Disorders, Eating Disorders, Internet/Gaming/Social Media Addictions, Marital Counseling, Post-traumatic Stress Disorder, Relationship Issues, Nurturing Health Relationships Through Biblical Counseling Principles

**Holly Crosby, M.A., LPC.....346-206-3992**

**The Resilience Center**

14930 Mueschke, Ste. 100  
Cypress, TX 77433

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Attachment, Depression, Life Transitions, Relationship Issues, Self-esteem, Stress, Trauma, Women's Issues

**Mark S. Crowe, M.Ed., LPC.....440-212-3643**

**Summit Counseling**

602 Pruitt Road

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Adolescent Issues, Anxiety, Change of Life Stages, Crisis Intervention, Depression, Divorce Care, Grief and Loss, Parenting, Self-esteem, Social Skills

**Patti Cryer, LCSW.....346-402-4898**

**Capstone Connect, PLLC**

3500 W Davis Street, Ste. 250

Conroe, TX 77304

**Population Served:**

**Types of Services:**

**Specialties:**

**Brandee Cuffee, LPC.....832-510-4016**

**Experience Life Counseling Services**

1408A Stonehollow Drive, Ste. 300

Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** EMDR, EMDR Consultation, Skills Training and Development, Trauma Informed Trainings

**Molly Cunningham, M.Ed., LPC.....936-213-3130**

**True North, TW**

2219 Sawdust Road, Ste. 103

Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Life Challenges, Problems in the School Setting, Relationships, Self-esteem, Trauma

**Joslyn Curley, M.A., LPC-S.....346-443-3424**

**Dione Counseling & Associates, PLLC**

12340 Jones Road

Houston, TX 77070

**Population Served:** Preteens, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anger Management, Anxiety, Coping Skills, Depression, Domestic Violence, Grief, Stress Management, Substance Abuse

**Sarah Dailey, M.A.M.F.T.,LPC.....832-982-1664**

**Three Oaks Counseling Center**

17302 House and Hahl Road, Ste. 336  
Cypress, TX 77433

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Codependency, Coping Skills, Depression, Divorce, Emotional Disturbance, Grief, Infidelity, Life Transitions, Marital/Premarital, Parenting, Pregnancy/Prenatal/Postpartum, Relationship Issues, Self-esteem, Stress, Trauma/PTSD

**Catherine “Kate” Daley, M.S., LMFT.....401-281-9757**

**Catherine Daley Family Therapy**

1410 Stonehollow Drive, Ste. #700  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anger Management, Anxiety, Behavioral Issues, Bisexual, Chronic Pain, Codependency, Coping Skills, Depression, Divorce, Family Conflict, Lesbian Issues, LGBTQIA+, Life Transitions, Marital/Premarital, Mood Disorders, Parenting, Peer Relationships, Racial Identity, Relationship Issues, School Issues, Self-esteem, Self-harm, Stress, Suicidal Ideation, Women's Issues

**Jayla Daniel, LPC-Associate.....281-746-2704**

*Supervised By: Dr. LaToya Martin Jackson, LPC-S*

**Life's Journey Counseling and Community Services**

12238 Queenston Boulevard, Ste. G  
Houston, TX 77095

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Difficult Emotional Experiences, Cultural Sensitivity

**Emily A. Daniel, M.A., LPC, LMFT.....936-443-9629**

**Prevail Behavioral Health and Wellness Center**

620 Longmire Road  
Conroe, TX 77304

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, Effective Communication, Family Conflict, Life Transitions, Parenting Issues, Trauma/PTSD

**Danelle Darvishian, M.A., LPA, LPC.....832-510-3909**

**Darvishian Psychotherapy, PLLC**

25511 Budde Road, Cameron Bldg., Ste. 501  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Bipolar Disorder, Depression, Divorce, Infidelity, Life Transitions, Marital/Premarital, Relationship Issues, Self-esteem, Stress

- Elise Dauksza, LCDC, LPC.....936-529-0374**  
**Serenity Ranch Wellness, PLLC**  
 902 North San Jacinto Street  
 Conroe, TX 77301  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Addiction, Anxiety, Christian Counseling, Codependency, Depression, Divorce, Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief, Life Coaching, Life Transitions, Mood Disorders, Parenting, Relationship Issues, Self-esteem, Spirituality, Stress, Substance Use, Thinking Disorders, Trauma/PTSD
- Ronald D. Davenport, M.Ed., LPC.....281-359-3283**  
**Ronald D. Davenport, M.Ed., LPC**  
 800 Rockmead Drive, Ste. 161  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Conflict Resolution, Communication Skills, Depression, Developing Healthy Boundaries, Effective Listening, Financial Responsibility, Healthy Sexuality, Needs Development and Establishment in Relationships, Personal Self Care, Relationship Difficulties at Work and at Home, Marital and Premarital Counseling, Life Changes, Feelings of Loss, Sadness, Grief, Isolation, Emptiness, Hopelessness or Meaninglessness, Trauma/PTSD
- Morgan Davies, LMFT.....281-944-7922**  
**Serenity Wellness and Counseling**  
 17844 Mound Road, Ste. H  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anxiety, Autism, Communication and Relationships, Depression, Parenting Support, Parent-Child Relationship, Self-esteem, Trauma
- Lydia Davis, LPC.....832-352-1600**  
**Tx Harmony Counseling**  
 110 Vision Park Boulevard, Ste. 200  
 Shenandoah, TX 77384  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Couples Counseling, Divorce, Life Changes, Life Coaching, Stress Associated with Life Adjustments
- James Davis, LPC-Associate.....281-310-1347**  
*Supervised By: Marcia Baker, Ph.D., LPC, LPC-S, LCDC*  
**Third Coast Counseling and Wellness**  
 350 Nursery Road, Ste. 7101  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Self-esteem, Self-efficacy, Sense of Loss of Control

- Trisha Davis, M.A., LMFT-Associate.....713-466-1360**  
*Supervised By: Jessica Barboza, LMFT-S*  
**Cy-Hope Counseling Cypress**  
 12715 Telge Road  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Open Relationships Non Monogamy, Relationship Issues
- Bill Jack Davis, M.A., LPC.....936-441-8255**  
**Bridge Counseling Center**  
 420 W. Lewis Street  
 Conroe, TX 77301  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Addiction, Alcohol Use, Anger Management, Anxiety, Bipolar Disorder, Borderline Personality Disorder, Depression, Divorce, Family Conflict, Impulse Control Disorders, LFBTQIA+ Issues, Marital/Premarital, Men's Issues, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Parenting, Pregnancy/Prenatal/Postpartum, Religious Abuse, Self-harming, Sexual Abuse, Sexual Addiction, Substance Use, Suicidal Ideation, Video Game Addiction
- Cecily Batiste Dawson, LPC.....832-510-4016**  
**Experience Life Counseling Services**  
 1408A Stonehollow Drive, Ste. 300  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** EMDR, EMDR Consultation, Skills Training and Development, Trauma Informed Trainings
- Dell De Berardinis, M.A., LPC.....713-299-7445**  
**Dell S. DeBerardinis, M.A., LPC**  
 2365 West Settlers Way  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anger Management, Anxiety, Codependency, Coping Skills, Depression, Divorce, Emotional Disturbance, Family Conflict, Grief, Life Transitions, Men's Issues, Mood Disorders, Relationship Issues, Self-esteem, Stress, Thinking Disorders, Trauma/PTSD, Veterans, Women's Issues
- Lu-Cheree De Jager, LPC.....832-352-1600**  
**Tx Harmony Counseling**  
 110 Vision Park Boulevard, Ste. 200  
 Shenandoah, TX 77384  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Bipolar Disorder, Couples Counseling, Depression, Relationship Issues

**Angel De La Rosa M.A., LPC.....936-449-8053**

**Lake Conroe Counseling Center**

123 Blue Heron Drive, Ste. 102  
Montgomery, TX 77316

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Adjustment Disorders, Anxiety, Couples Counseling, Depression, Interpersonal Concerns, Oppositional Defiance Disorder, School Problems, Trauma. Bilingual in English and Spanish.

**Amy R. Dean, M.A., LMFT-S.....936-449-8053**

**Lake Conroe Counseling Center**

123 Blue Heron Drive, Ste. 102  
Montgomery, TX 77316

**Population Served:** Children, Adolescents, Young Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Child and Adolescent Therapy, Family Therapy, Grief and Loss, Suicidal Ideation, Self-injury, Culture Shock, Third Culture Kids (TCK) and Repatriation Issues, Anger Management, Behavioral Issues, Bisexual, Chronic Illness, Coping Skills, Family Conflict, Lesbian Issues, LGBTQIA+ Issues, Life Transitions, Mood Disorders, Oppositional Defiance Disorder, Parenting, Peer Relationships, Racial Identity, Relationship Issues, School Issues, Self-esteem, Sexual Abuse, Women's Issues

**Patricia Dearman, Ph.D., LCSW, BCN.....832-360-7553**

**Woodlands Psychotherapy and Brain Training**

350 Nursery Road, Ste. 3101  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Neurotherapy, Obsessive Compulsive Disorder, Trauma

**Stacie DeFreitas, Ph.D., LP, LSSP.....832-346-8082**

**Ellie Mental Health**

128 Vision Park Boulevard, Ste. 230  
Shenandoah, TX 77384

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Anger, Relationship Issues

**Hanan Del Rio, LPC - Associate.....832-233-3086**

*Supervised By: Kimberly L. Boyd, M.S., LPC-S*

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Abuse, Anxiety, Depression, Life Transitions, Trauma

**Kaitlyn DeLeon, LPC.....832-352-1600**

**Tx Harmony Counseling**

110 Vision Park Boulevard, Ste. 200  
Shenandoah, TX 77384

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Eating Disorders, LGBTQIA+ Issues, Life Adjustments

**Jon Delgado, M.S., LPC.....281-528-4226**

**The Woodlands Behavioral Health and Wellness Center**

2700 Research Forest Drive, Ste. #130  
The Woodlands, TX 77381

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Anger Management, Anxiety, Depression, Marriage Counseling

**Jonathan Delgado, M.S., LPC.....936-463-8185**

**The Woodlands Family Counseling Center**

33300 Egypt Lane, Ste. I -420  
Magnolia, TX 77354

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Addiction, ADHD, Anxiety, Anger Management, Behavioral Issues, Bipolar Disorder, Codependency, Coping Skills, Couples Counseling, Depression, Divorce, Emotional Disturbance, Family Conflict, Grief, Infidelity, Life Transitions, Marital/Premarital, Mood Disorders, Parenting, Personality Disorders, Racial Identity, Relationship Issues, School Issues, Self-esteem, Sports Counseling, Stress, Substance Abuse, Veterans, Video Game Addiction

**Amanda Dennis, LCSW-S.....281-205-7997**

**Cypress Therapy and Counseling**

17774 Cypress Rosehill Road, Ste. 400  
Cypress, TX 77429

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Groups

**Specialties:** Anger Management, Anxiety, Cancer, Career Counseling, Case Management, Chronic or Terminal Illness, Coping Skills, Dementia, Depression, Divorce, Emotional Disturbance, Family Conflict, Geriatric and Seniors, Grief, Life Coaching, Life Transitions, Mood Disorders, Obsessive Compulsive Disorder, Parenting, Peer Relationships, Pregnancy/Prenatal/Postpartum, Relationship Issues, School Issues, Self-esteem, Spirituality, Stress, Suicidal Ideation, Trauma/PTSD, Women's Issues

**Carmen Dennistoun, M.A., LPC.....832-477-4997**

**Carmen Dennistoun Counseling**

17302 House Hahl Road, Ste. 319  
Cypress, TX 77433

**Population Served:** Adults, Elders

**Types of Services:** Individuals

**Specialties:** Addiction, Alcohol Use, Anxiety, Bipolar Disorder, Depression, Drug Abuse, Dual Diagnosis, Life Transitions, Stress, Substance Abuse

**Storrie Denton, LPC-Associate.....832-421-8714**

*Supervised By: Kristin King, M.A., LPC-S*

**Sequoia Counseling Center**

17920 Huffmeister Road, Ste. 150

Cypress, TX 77429

**Population Served:** Children, Adolescents

**Types of Services:** Individuals, Families

**Specialties:** ADD/ADHD, Anxiety, Biblical/Christian Counseling, Depression, Eating Disorders, Grief, Low Self-esteem

**Sandra Dickinson, M.A., LPC, LMFT, NBCC.....281-358-3299**

**Alternatives for Family Crisis**

1525 Lakeville Drive, Ste. 121

Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Couples Counseling, Couples Workshops, Marital/Premarital, Parenting, Parenting Workshops, Relationship Issues

**Sandra Dickinson, M.A., LPC, LMFT, NBCC.....281-223-3421**

**Integrated Pathways Group**

1525 Lakeville Drive, Ste. 114

Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, Anxiety, Chemical Dependency, Codependency, Depression, Grief, Marital/Premarital, Relationships

**Caroline DiNoto, M.Ed., LPC, LMFT.....281-305-3094**

**Caroline DiNoto, M.Ed., LPC, LMFT**

25301 Borough Park Drive, Ste. 202

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Alcohol Use, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Bipolar Disorder, Cancer, Codependency, Coping Skills, Depression, Developmental Disorders, Dissociative Disorders, Divorce, Drug Abuse, Dual Diagnosis, Eating Disorders, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Child/Adolescent Concerns, Grief, Impulse Control Disorders, Lesbian, LGBTQI+, Life Coaching, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Parenting, Peer Relationships, Play Therapy, Psychosis, Relationship Issues, Self-esteem, Substance Abuse, Trauma/PTSD, Traumatic Brain Injury, Veterans

**Ashley Dixon, LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anger, Anxiety, Depressive Thoughts, Difficulty with Life Changes, Grief, Struggles with Self-esteem

**Jean-Tabitha Dixon, M.S., LPC-S, CGP, SEP.....281-520-0707**

**Jean T. Dixon, M.S., LPC-S, CGP, SEP**

25511 Budde Road, Ste. 501

The Woodlands, TX 77380

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Groups

**Specialties:** Anxiety, Bisexual, Coping Skills, Codependency, Depression, Drug Abuse, Dual Diagnosis, Emotional Disturbance, Eating Disorders, Family Conflict, Grief, Highly Sensitive People, Identity, Impulse Control Disorders, Infertility, Infidelity, Lesbian, LGBTQIA+, Mood Disorders, Obsessive Compulsive Disorder, Peer Relationships, Relationship Issues, Self-esteem, Sexual Abuse, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Thinking Disorders, Transgender, Trauma and PTSD

**Woods Dixon, MBA, M.S., LPC.....346-206-3992**

**The Resilience Center**

14930 Mueschke, Ste. 100

Cypress, TX 77433

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anger Management, Anxiety, Depression, Family Dysfunction, Life Transitions, Panic Disorder, Thinking Disorders, Trauma

**Rebecca Dolan, LCSW.....Text: 936-261-7908**

**Innerspark Therapy**

506 Honea Egypt Road, #101

Magnolia, TX 77354

**Population Served:** Adolescents, Young Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, LGBTQIA+ Issues, Relationship Issues, Self-esteem, Stress, Trauma/PTSD/Complex Trauma

**Mercedes Dominguez, M.Ed., LPC.....281-440-0606**

**Mercedes M. Dominguez, M.Ed., LPC**

4422 FM 1960 West, Ste. 415

Houston, TX 77068

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Anger Management, Grief and Loss, Social Skills Group, Enhancing Emotional Intelligence, Stress Management, Mother/Daughter Groups

**Dawn M. Donnelly, M.A., LPC, ACS.....281-572-8606**

**Ellie Mental Health**

800 Rockmead Drive, Ste. 132

Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Career Challenges, Chronic Mental Illness, Intimacy, LGBTQIA Related Challenges, Personality Disorders, Post-traumatic Stress Disorder, Relationship Issues, Self-esteem, Substance Abuse, Weight/Health Concerns

**Angela Doolittle, M.A., LPC-S.....281-608-1346**

**Kingwood Counseling Center**

1521 Green Oak Place, Ste. 250

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** Anxiety, Burnout, Coping Skills, Depression, Grief and Loss, Mood Instability, Self-esteem Issues, Trauma

**Angela Doolittle, M.A., LPC-S.....832-779-4194**

**Angela Doolittle, M.A., LPC-S**

504 Spring Hill Drive, Ste. 306

The Woodlands, TX 77386

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** Anxiety, Burnout, Coping, Depression, Grief, Mood Instability, PTSD/Trauma, Self-esteem Issues

**Shelby Doyle, LCSW.....832-346-8082**

**Elle Mental Health**

128 Vision Park Boulevard, Ste. 230

Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Chronic Illness, Depression, Grief, Interpersonal Challenges, Stressful Life Events

**Jennifer Doyle, M.S., LPC, LCDC.....832-589-5735**

**Jennifer Doyle, M.S., LPC, LCDC**

1776 Woodstead Court, Ste. 102

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Families

**Specialties:** Addiction, ADHD, Adolescent Issues, Anger Management, Anxiety, Behavioral Issues, Codependency, Coping Skills, Depression, Divorce, Domestic Violence, Dual Diagnosis, Family Conflict, Grief, Life Transitions, Mood Disorders, Obsessive Compulsive Disorders, Parenting, Relationship Issues, School Issues, Self-esteem, Stress, Substance Abuse, Trauma/PTSD

**Mi'cah Ducros, B.S., M.A., LMFT.....281-944-7922**

**Serenity Wellness and Counseling**

17844 Mound Road, Ste. H

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Grief and Loss, Interpersonal Conflict, LGBTQIA+ Issues, Play Therapy, Suicidality, Trauma

- Ashley Duff, M.Ed., LPC**.....877-896-3929  
**Life Stance Health**  
 2103 Research Forest Drive, Bldg. 1, Ste. 175  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anger Management, Anxiety, Childhood Behavior Issues, Children's Issues, Depression, Developmental Disabilities, Emotional Disturbance, Family Conflict, Gender Identity, LGBTQIA+, Mood Disorders, Peer Relationships, School Avoidance, Self-esteem, Stress, Suicidal Ideation, Teen Violence, Transgender, Trauma/PTSD
- Brooke Duffy Roberts, Ph.D., LPC, LMFT**.....832-640-9606  
**Jennifer L. Aune Counseling, PLLC**  
 25329 Budde Road, Ste. 503  
 Spring, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Adoption, Anxiety, Behavioral Issues, Career Counseling, Coping Skills, Couples/Marriage Counseling, Depression, Divorce, Emotional Disturbance, Family Conflict, Grief, Life Coaching, Marital/Premarital Counseling, Mood Disorder, Narcissistic Personality Disorder, Obsessive Compulsive Disorder, Parenting, Personality Disorder, Parenting Issues, Spirituality, Thinking Disorders
- Jessicka Dugger, LPC - Associate**.....832-233-3086  
*Supervised By: Kimberly L. Boyd, M.S., LPC-S*  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Individual Counseling, Couples Counseling, Family Counseling, Personal Growth, Relationship Issues
- Jordan Dulaney, M.S., LPC**.....346-273-7673  
**The Therapy Team**  
 1002 Village Square Drive  
 Tomball, TX 77375  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Depression, Life Stressors, Trauma
- Sarah Dunn, M.A., LPC-S**.....281-377-3743  
**Ellie Mental Health**  
 8118 Fry Road, Bldg. 2  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Grief, Life Stress, Trauma

- Sheri Dunn, M.Ed., LPC**.....**832-346-8082**  
**Ellie Mental Health**  
 128 Vision Park Boulevard, Ste. 230  
 Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Depression, Grief, Life Transitions, Relational Difficulties, Self-injurious Behaviors
- Barton C. Durham M.Ed., LPC, LCDC**.....**409-420-4431**  
**Avalon Field Counseling Services**  
 26202 Oak Ridge Drive, Ste. B-202  
 Spring, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Addiction, Ambivalence/Lack of Motivation, Anger Management, Depression, Emotional Dysregulation, LGBTQIA+ Issues, Large Corporation Employment Stress, Life Coaching, Men's Issues, Self-esteem Issues, Self-harm, Sports Performance, Stress Management, Suicidal Ideation, Trauma/PTSD
- Sherry J. Duson, M.A., LPC-S, LMFT-S**.....**713-561-3884**  
**The Center for Postpartum Family Health**  
 25511 Budde Road, #2802  
 The Woodlands, TX 77389  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Pregnancy and Postpartum Depression and Anxiety
- Kenna Earles, M.A., LPC-Associate**.....**346-291-3832**  
*Supervised By: Nicole Ponce, LPC-S, LCDC*  
**Mindful Movements Counseling Center**  
 2219 Sawdust Road, Ste. 1502  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Anxiety, Attachment Challenges, Burn-out, Childhood Wounds, Children with Grief and Trauma, Emotional Difficulties, Faith-based Counseling, Grief and Loss, Life Transitions, Relationship Difficulties, Self-discovery, Social Issues, Trauma/PTSD
- Amber Edwards, LPC, NCC**.....**832-549-1356**  
**SoulFuel Therapy**  
 6601 Cypresswood Drive  
 Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Couples Counseling, Family Counseling, Life Adjustments and Transitions, Stress

- Amber Edwards, LPC, NCC**.....**832-549-1356**  
**SoulFuel Therapy**  
 16718 House and Hahl Road  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Couples Counseling, Family Counseling, Life Adjustments and Transitions, Stress
- Dri Edwards, M.Ed., LPC**.....**936-337-3225**  
**Dri Edwards Counseling, PLLC**  
 5616 Farm to Market 1960 Road East, Ste. 240  
 Humble, TX 77346  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Adjustment-related Issues (including Stage of Life Issues), Anxiety/Fears, Borderline Personality Disorder, Codependency, Depression, Developmental/Complex Trauma, Emotional Regulation, Loss/Grief, Trauma-related Conditions (including Secondary Trauma Issues Related to Professional and Non-professional Caregiving Roles)
- Hamdalat Dee Ekemode, LPC**.....**281-608-1346**  
**Kingwood Counseling Center**  
 1521 Green Oak Place, Ste. 250  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anger Management, Anxiety, Depression, Play Therapy for Children, Mood Disorders. Fluent in Yoruba.
- Mary Elijah, M.Ed., LPC, RPT**.....**832-334-9659**  
**Mary Elijah, M.Ed., LPC, RPT**  
 12337 Jones Road, Ste. 241  
 Houston, TX 77070  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Adjustment, Adoption, Aging Issues, Anxiety, Conflict Resolution, Crisis Counseling, Depression, Family Changes, Grief and Loss, School Challenges, Social Skills, Stress Management, Support for Families with Children with Special Needs
- Danielle "Dani" Ellis, M.A., LPC, NCC**.....**713-893-3989**  
**Wellness Solutions, LLC**  
 26310 Oak Ridge Drive, Ste. 5  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anxiety, Boundary Setting, Codependency, Coping Skills, Depression, Eating Disorders, Emotional and Behavioral Issues, Problems in Daily Living, Stress Management, Trauma/PTSD

**Dustin Ellis, Ph.D., LPC.....832-510-9092**

**D.S. Ellis Counseling**

10210 Grogans Mill Road, #190  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Coping Skills, Depression

**Terrie Emel, LCSW.....281-389-8059**

**Terrie Emel, LCSW, PLLC**

2203 Timberloch Place, Ste. 218B  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Groups

**Specialties:** Anxiety, Coping Skills, Depression, Eating Disorders, Grief and Loss, Life Transitions, Mind/Body Integration, Mindfulness Practice, Personal Growth and Exploration, Relationships, Self Compassion, Self Esteem, Shame Resilience, Stress Management/Reduction, Trauma/PTSD, Women's Issues

**Draughn Emerson, LMSW.....281-608-1346**

*Supervised By: Sydney Adams Ordonio, LCSW-S*

**Kingwood Counseling Center**

1521 Green Oak Place, Ste. 250  
Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Bipolar Disorder, Domestic Violence, Major Depressive Disorder, Trauma

**Leslie Encarnacion M.A., LCSW, Ph.D.....346-704-4441**

**Macchain Solutions**

16903 Red Oak Drive, Ste. 110  
Houston, TX 77090

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Addictive Behaviors, Behavior Management, Family Relations, Interpersonal Relationships, Life Span Issues, Mental Health Issues, Psychiatric Illnesses, Situational Stressors, Substance Use Disorders, Victims of Abuse, Neglect, Domestic Violence, and Traumas

**Rebecca Endtricht, M.Ed., LPC-Associate.....281-572-8606**

*Supervised By: Dr. Timothy Brown, Ph.D., LPC-S, NCC*

**Ellie Mental Health - Kingwood**

800 Rockmead Drive, Ste.132  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Academic and Behavioral Difficulties, ADD/ADHD, Anxiety, Autism, Depression, Divorce, Grief, Relationship Struggles, Social Issues, Stress Management, Suicidal Ideation, Trauma

**Melissa Engel, M.A., LPC.....281-363-4220**

**Woodlands Family Institute**

1610 Woodstead Court, Ste. 420  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Anger Management, Anxiety, Communication Problems, Couples Counseling, Depression, Domestic Abuse, Domestic Violence, Managing Everyday Life Stressors, Life Transitions, Relationship Issues, Self-esteem, Social Skills, Stress Management, School and Work-related Problems, Women's Issues,

**Josie Erb, M.A., LPC.....936-577-9139**

**Josie Erb, M.A., LPC**

114 Willowbend  
Huntsville, TX 77320

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anger Management, Anxiety, Coping Skills, Depression, Divorce, Domestic Abuse, Domestic Violence, Family Conflict, Grief, Life Coaching, Peer Relationships, Relationship Issues, Stress

**Michael Erickson, M.A., LPC.....832-455-5729**

**Erickson Counseling and Mediation, PLLC**

11107 McCracken Circle, #A  
Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples, Families

**Specialties:** Child and Custody Mediation, Civil Mediation, Divorce Mediation, Family Mediation, ADHD, Adoption, Anger Management, Anxiety and Panic Disorder, Bipolar Disorder, Coping Skills, Depression, Divorce, Emotional Disturbance, Grief, Meditation, Self Esteem, Spirituality, Sports Performance, Substance Abuse, Celebrate Recovery, Reunification Therapy

**Benetta Ernestine, Ed.D., M.S., LPC-S, NCC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Couples Counseling, Depression, Family Conflict, Parenting, Self-esteem, Stress, Trauma, Women's Issues

**Katie Escobar, LCSW.....281-769-2238 ext.637**

**Clearhope Counseling and Wellness**

1431 Graham Drive, Ste. 125  
Tomball, TX 77375

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Anxiety, Autism, Children's Issues, Couples Counseling, Depression, Domestic Violence, Geriatric Issues, LGBTQIA+ Issues, Relationship Issues

**Fatimah Escobar, M.A., LPC, CI.....832-237-2673**

**Houston Psychotherapists, Inc.**

North Cypress Medical Center, Professional Bldg. 2, 21212 Northwest Freeway., Ste. 455  
Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Anxiety, Coping Skills, Decision-Making Skills, Depression, Interpersonal Skills, Self-Esteem, Stress

**Mai Lee Eskelund, LPC - Associate.....832-233-3086**

*Supervised By: Kimberly L. Boyd, M.S., LPC-S*

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Groups

**Specialties:** Anxiety, Life's Challenges, Multicultural Issues, Stress, Veterans

**Laura Eskridge, Ph.D.....281-816-6056**

**Eskridge Psychological Associates, PLLC**

11011 Northpointe Boulevard, Ste. B  
Tomball, TX 77375

**Population Served:** Toddlers, Children, Pre-Teens, Adolescents

**Types of Services:** Individuals, Families

**Specialties:** Testing and Evaluation, ADHD, Anxiety, Autism, Asperger's Syndrome, Behavioral Issues, Bipolar Disorder, Depression, Developmental Disorders, Dual Diagnosis, Education and Learning Disabilities, Emotional Disturbance, Impulse Control Disorders, Mood Disorders, Peer Relationships, School Issues, Trauma/PTSD

**Heidi Espegren, M.A., LPC.....936-213-3130**

**True North, The Woodlands**

2219 Sawdust Road, Ste. 103  
Spring, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Family Relationships, Marital/Pre-marital Counseling, Parenting

**Justin Esquivel, M.A., LPC.....832-956-0179**

**Justin Esquivel Counseling, PLLC**

700 Rockmead Drive, Ste. 246  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples, Group

**Specialties:** Anxiety, Depression, Family Conflict, Grief, Infidelity, Marital/Pre-marital Counseling, Men's Issues, Relationship Issues, Stress

- Tamara Estep, M.Ed., LPC.....832-899-5353**  
**Living Well Psychotherapy Inc.**  
 5616 FM 1960 Road, East, Ste. 270  
 Humble, TX 77346  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Couples Counseling, Divorce, Family Counseling, Relationship Issues, Reuniting Couples
- David Christopher "Chris" Estes, LPC.....832-694-0234**  
**Carrera Counseling Services, PLLC**  
 10210 Grogans Mill Road, Ste. 145 and 150  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Abuse, Anxiety, Chronic Illness, Crisis Management, Depression, Grief and Loss, Relationship Issues, Stress, Trauma/PTSD
- Kristi Coats Evans, M.Ed., LPC, CSC.....281-748-0233**  
**Better Self Counseling**  
 26009 Budde Road, A-300  
 Spring, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anxiety, Asperger's Syndrome, Developmental Disorders, Family Conflict, Learning Disabilities
- Sarah Evans, M.Ed., NCC, LPC, CART.....281-726-4231**  
**SOS Life Ring**  
 719 Sawdust Road, Ste. 331  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Groups  
**Specialties:** ADHD, Alcohol Use, Anger Management, Antisocial Personality, Anxiety, Behavioral Issues, Bipolar Disorder, Bisexual, Borderline Personality Disorder, Cancer, Career Counseling, Children's Issues, Codependency, Coping Skills, Depression, Divorce, Domestic Abuse, Domestic Violence, Drug Abuse, Dual Diagnosis, Eating Disorders, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Gambling, Geriatric Issues, Grief, Impulse Control Disorders, Internet Addiction, Lesbian Issues, LGBTQIA+, Life Coaching, Mood Disorders, Narcissistic Personality Disorder, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Peer Relationships, Personality Disorders, Relationship Issues, School Issues, Self-esteem, Self-harm, Sexual Abuse, Sexual Addiction, Sleep/Insomnia, Substance Use, Suicidal Ideation, Teen Violence, Thinking Disorders, Transgender, Trauma/PTSD, Traumatic Brain Injury, Veterans' Issues, Weight Loss
- Emily Pyle Fadool, M.Ed., LPC-S.....936-297-5252**  
**Watershed Counseling Center**  
 14855 Liberty Street  
 Montgomery, TX 77356  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Life Transitions, Perinatal Mood and Anxiety Disorders (PMADs), Relational Challenges, Women's Issues

- Robyn Fairchild, LMSW, LCSW, LPC.....281-363-4220**  
**Woodlands Family Institute**  
 1610 Woodstead Court, Ste. 420  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction Treatment, Anxiety, Couples/Relationship Issues, Depression, Eating Disorders, Existential Issues, Family Issues, Grief/Loss, Help with Parenting, Life Transitions, Sexual Abuse, Trauma, Women's Issues
- Kristina Farmer, M.M.F.T., LMFT.....832-261-1000**  
**Resolve Counseling and EMDR Center**  
 25511 Budde Road, Ste. 3402  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Life Adjustments, Anxiety, Depression, Abuse, Trauma, Relationships, Grief/Loss
- Christie Farris, M.A., LMFT-S, LPC-S.....832-752-0706**  
**Evergreen Family Therapy**  
 10210 Grogan's Mill Road, #355  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Relationship Issues, Family Conflict, Trauma/PTSD
- Margo Farris, M.Ed., LPC.....346-402-4898**  
**Capstone Connect, PLLC**  
 1110 Kingwood Drive  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Behavioral Adjustments, Depression, Life Transitions, Self-esteem, Trauma
- Katelyn Fertitta, LPC-Associate.....281-312-0137**  
*Supervised By: Tracy Lambert, LPC-S*  
**TM Counseling Center**  
 2323 Timber Shadows Drive., Ste. B  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Young Adult Issues
- Carolyn J. Fields M.A., LPC.....936-297-5252**  
**Watershed Counseling Center**  
 14855 Liberty Street  
 Montgomery, TX 77356  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Codependency, Conflict, Depression, Grief, Life Transitions, Relationship Issues and Concerns, Self-esteem, Skill-building, Spirituality, Stress, Trauma

**Candis Firchau, M.A., M.S., LPC.....281-635-3723**

**Candis Firchau Counseling**

14555 Skinner Road  
Cypress, TX 77429

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Autism, Depression, High Conflict Custody, Relationship Issues, Trauma/PTSD.  
Provides Compassion Team of EMDR advanced trained licensed therapists who serve the community pro bono following natural disasters.

**Morgan Fiser, LPC-Associate.....346-200-6260**

*Supervised By: Francisco Ortiz, LPC-S*

**District Counseling Center**

10330 Lake Road, Ste. Z  
Houston, TX 77070

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Depression, Relationship Challenges

**Cheryl Fisher, M.Ed., LPC.....936-521-6100**

**Tri County MHMRA**

233 Sgt. Ed Holcomb Boulevard South  
Conroe, TX 77304

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Mental Health Issues, Substance Abuse Issues

**Mikayla Fleming, LPC-Associate.....281-205-7997**

*Supervised By: Tiffany Priska, M.A., LPC-S*

**Cypress Therapy and Counseling**

17774 Cypress Rosehill Road, Ste. 400  
Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Addictions, Life Challenges

**Debbie Foe, M.A., LPC, LCDC.....713-306-7058**

**DBT Dynamics**

10330-BB Lake Road  
Houston, TX 77070

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Borderline Personality Disorder, Treatment Resistant Depression, Self-injury, Suicidality, Trauma

- Aldra Forrester, Psy.D., LP**.....**281-415-1280**  
**Moore Mental Health and Behavioral Services, PLLC**  
 13810 Champion Forest  
 Houston, TX 77069  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Groups  
**Specialties:** Psychological Evaluations for ADHD, Learning Disabilities, and Personality Disorders, Therapy for Diversity and Inclusion, Spirituality and Faith Processing, Transitional Concerns, Interpersonal Challenges, Self-worth Development, Personal Strengths Training, Mindfulness
- Sarah Fouts, LMFT-Associate**.....**832-421-8714**  
*Supervised By: Supervised by Dana Lewin, LMFT-S*  
**Sequoia Counseling Center**  
 17920 Huffmeister Road, Ste. 150  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Blended Families, Chronic Stress, Co-parenting, Disconnection, Divorce, First Responders, Grief/Loss, Neurodiversity, Relational Wounds, Trauma/PTSD
- Daniel Fox, Ph.D.**.....**832-482-8531**  
**Applied Psychological Services, PLLC**  
 26010 Oak Ridge Drive, #107  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** ADHD, Adult and Adolescent Psychological Testing, Anxiety, Depression, Disability Assessments, Personality Disorders, Substance Abuse, Trauma
- Mary Frank, M.A., LPC, CST**.....**281-241-9255**  
**M. Frank Therapy**  
 25511 Budde Road, Ste. 2802  
 Spring, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Sex Therapy, Relationship Therapy, Trauma and PTSD, Sex Positive, Kink Allied, Anxiety, Bisexual, Codependency, Divorce, Infertility, Infidelity, Lesbian, LGBTQIA+, Marital/Pre-marital, Open Relationships Non-monogamy, Peer Relationships, Pregnancy, Prenatal, Postpartum, Premature Ejaculation/ED, Self-esteem, Sexual Abuse, Sexual Addiction, Sexual Issues, Transitions
- Clyde Fraley, M.A., LMFT, NCC**.....**936-217-4264**  
**Clyde Fraley, M.A., LMFT, NCC**  
 1110 North Loop 336 West, Ste. 430-A  
 Conroe, TX 77301  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Conflict Resolution, Couples Counseling, Couples in Crisis, Depression, Effective Communication, Infidelity, Men's Issues, Nurturing Intimacy, Performance Anxiety, Premarital Guidance, Post-divorce Recovery, Trauma, Trust Issues, Work-Life Balance

**Priscilla Francis, LCSW-S, LCDC.....281-608-2677**

**Gem Healing and Consulting Services, PLLC**

16770 Imperial Valley Drive, Ste. #145  
Houston, TX 77060

**Population Served:** Adults, Adolescents, Elders

**Types of Services:** Individuals

**Specialties:** Addiction, ADHD, Alcohol Use, Anger Management, Anxiety, Bipolar Disorder, Bisexual, Body Positivity, Codependency, Depression, Divorce, Drug Abuse, Dual Diagnosis, Education and Learning Disabilities, Family Conflict, Grief, Intellectual Disability, Lesbian Issues, LGBTQIA+, Marital/Pre-marital, Mood Disorders, Peer Relationships, Personality Disorders, Racial Identity, School Issues, Sexual Abuse, Spirituality, Stress, Substance Abuse, Teen Violence, Thinking Disorders, Trauma/PTSD, Women's Issues

**Tameka Franklin, C.M.H.C., LPC - S.....281-210-6677**

**Connections Child and Family Center**

8122 Spring Cypress Road  
Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anger Management, Behavior Problems, Parent-Child Relationships

**Tameka Franklin, C.M.H.C., LPC - S.....281-210-6677**

**Connections Child and Family Center**

1544 Sawdust Road, Ste. 290  
Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anger Management, Behavior Problems, Parent-Child Relationships

**Rachael Frasier, M.Ed., LPC, CSC.....281-572-8606**

**Ellie Mental Health - Kingwood**

800 Rockmead Drive, Ste.132  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** ADD/ADHD, Anxiety, Mood Disorders, Peer Issues, Relationship Issues, School-related Issues, Self-esteem, Stress

**Natalie Frazier, LMFT.....832-421-8714**

**Sequoia Counseling Center**

17920 Huffmeister Road, Ste. 150  
Cypress, TX 77429

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anger Management, Communication Skills, Depression, Emotional Regulation, Grief and Loss, Infidelity, Life-threatening Trauma, Marital Relations, Sexual Abuse, Trauma

**Shelby R. Frazier, M.A., LPC, LMFT-Associate, NCC.....936-449-8053**

*Supervised By: Amy R. Dean, LMFT-S*

**Lake Conroe Counseling Center**

123 Blue Heron Drive, Ste. 102

Montgomery, TX 77316

**Population Served:** Children, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Depression, Disconnectedness, Emotional Regulation, Life Transitions, Parenting Skills, Play Therapy, Self-care, Self-esteem

**Valerie Fredrickson, M.S., LPC.....832-233-6030**

**Valerie Fredrickson, M.S., LPC**

9810 FM 1960 Bypass Road West, Ste. 280

Humble, TX 77338

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Abuse, Affective Mood Disorder, Anxiety Disorder, ADHD, Chemical Dependency, Eating Disorders

**Erika Freeman, LPC-Associate.....281-205-7997**

*Supervised By: Tiffany Priska, M.A., LPC-S*

**Cypress Therapy and Counseling**

17774 Cypress Rosehill Road, Ste. 400

Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Adolescent Issues, Family Therapy, LGBTQIA+ Issues, Young Adult Issues

**Renisha Freeman, M.Ed., LPC.....832-264-1326**

**From Hurt to Healing Counseling and Wellness**

440 Benmar Drive

Houston, TX 77060

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Behavioral Issues, Child Issues, Coping Skills, Depression, Family Conflict, Grief, Infidelity, Life Coaching, Life Transitions, Peer Relationships, School Issues, Self-esteem, Spirituality, Stress, Trauma/PTSD, Women's Issues

**Larry Freaney, Jr., Ph.D., LPC.....844-295-3167**

**Rejoice Counseling**

18511 Klein Church Road

Spring, TX 77379

**Population Served:** Adults

**Types of Services:** Individuals, Couples

**Specialties:** Psychological Assessments Particularly for Admission to Diaconate and Seminary Formation Programs, Individuals and Couples with Financial Issues focused on Budgeting, Paying Off Debt, and Basic Investing

- Ashley Frutos, M.Ed., CSC, LPC, NCC.....281-572-8606**  
**Ellie Mental Health**  
 800 Rockmead Drive, Ste.132  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Children's Issues, Coping Strategies, Parenting
- Carolina Fuentes, LCSW, MDiv.....281-901-0050**  
**Create Mental Health and Educational Center**  
 19627 Interstate 45 North  
 Spring, TX 77388  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Groups  
**Specialties:** Adjustment Issues Related to Immigration, Adolescent Issues, Anxiety, Behavioral Issues, Children's Issues, Coping Skills, Depression, Family Conflict, Forensic Evaluations for Immigration, Grief, Life Changes, Mood Disorders, Racial Identity, Self-esteem, Spirituality, Stress, Trauma/PTSD
- Kenia Fuentes, M.S., LPC-Associate.....281-837-6912**  
*Supervised By: Paul D Duffy M.Ed., LPC-S*  
**Cypress Counseling and Behavioral Center**  
 12242 Queenston Boulevard, Ste. C  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Life Changes, Narcissistic Abuse, Relational Problems, Social Anxiety, Teen Issues, Trauma. Bilingual in English and Spanish.
- Kenia Fuentes, M.S., LPC-Associate.....281-837-6912**  
*Supervised By: Paul D Duffy M.Ed., LPC-S*  
**Cypress Counseling and Behavioral Center**  
 17832 Mound Road, Ste. A  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Life Changes, Narcissistic Abuse, Relational Problems, Social Anxiety, Teen Issues, Trauma. Bilingual in English and Spanish.
- Nicole Fuhrmann, M.S., LPC.....936-760-1880**  
**Counseling Center of Montgomery County**  
 212 Conroe Drive  
 Conroe, TX 77301  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Groups  
**Specialties:** Addiction and Recovery, Anger Management, Anxiety, Autism, Chronic Mental Illness, Conflict Resolution, Court Approved Parenting Classes, Depression, Grief Counseling, Parenting Support, Play Therapy, Stress Management, Work and Career Issues

- Veronica Funke, CSW, LCSW, RYT.....281-203-1843**  
**Sunrise Psychotherapy**  
 4606 FM 1960 Road West, Ste. 580  
 Houston, TX 77069  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Betrayal, Depression, Grief and Loss, Trauma/PTSD
- Dana Futrell, M.A., LPC, NCC.....832-509-8390**  
**Dana Futrell, LPC**  
 9595 Six Pines Drive, Ste. 8210  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anxiety, Depression, Parents with Challenging Children, Relationship Issues, Trauma/PTSD, Victims of Abuse
- LaKeysa Gaines, M.A., LPC.....832-717-7166**  
**Greater Houston Counseling Services**  
 8118 Fry Road, Ste. 601 and 602  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Anger Management, Depression, Grief, Inappropriate Sexual Behaviors, Low Self-esteem, Survivors of Sexual Assault
- Marcel Gamboa, M.A., LPC-S.....281-299-8607**  
**Life Cycles Counseling**  
 5870 Highway 6 North, Ste. 310  
 Houston, TX 77084  
**Population Served:** Pre-teen, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Alcohol Use, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Bisexual, Children's Issues, Codependency, Coping Skills, Depression, Family Conflict, Grief, Impulse Control Disorders, Lesbian Issues, LGBTQIA+ Issues, Life Coaching, Marital/Pre-marital, Men's Issues, Mood Disorders, Open Relationships Non-Monogamy, Relationship Issues, Self-esteem, Self-harming, Sexual Abuse, Sexual Addiction, Sleep/Insomnia, Stress, Substance Use, Suicidal Ideation, Trauma/PTSD. Speaks Norwegian, Russian, and Spanish.
- Deborah Gant, LPC.....346-235-3939**  
**Woodnote Counseling, PLLC**  
 12816 Willow Centre Drive, Ste. F  
 Houston, TX 77066  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Anxiety, Asperger's Syndrome, Autism, Codependency, Depression, Divorce, Family Crisis, Grief/Loss, Personality Disorders, Psychosis, Relationship Issues, Sexual Abuse

- Yolanda Garcia, M.Ed., LPC**.....713-408-1909  
**Yolanda E. Garcia, M.Ed., LPC**  
 25511 Budde Road, Ste. 502  
 Spring, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety Disorders, Anxiety and Stress Management Counseling, Christian Counseling, Codependency Issues, Cognitive Behavioral Therapy, Grief Counseling, Marriage/Family Focus, Mood Disorders, Stress Management, Women's Issues
- Leslie Garcia, M.Ed., LPC - Associate**.....832-233-3086  
*Supervised By: Kimberly L. Boyd, M.S., LPC-S*  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Academic Advisement, Behavioral Issues, 504 Services, Learning Disabilities
- Michelle Garcia, Psy.D.**.....713-397-3104  
**Michelle Garcia, Psy.D. & Associates**  
 24624 N. I-45 Frontage Road, Ste. 200  
 Spring, TX 77386  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Autism, Behavioral Challenges, Parenting, Psychological and Neuropsychological Testing and Evaluation. Provides Expert Testimony including Due Process, Family Law, State and Federal Cases for cases of Autism or Other Disability. Specialized assessments to diagnose or confirm Autism or Other Disability Conditions for persons involved in the Criminal Justice System.
- Alisha Renee Gardner, M.A., LPC - Associate**.....936-642-0061  
*Supervised By: Kathleen McMahon LPCS*  
 1305 11th Street  
 Huntsville, TX 77340
- Nicole Garrett, M.A., LPC**.....281-528-1523  
**LifeSpring Behavioral Health**  
 1400 Woodloch Forest Drive, Ste. 575  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Sexual Trauma and Abuse
- Oprah Garrett, M.A., LPC**.....832-602-5023  
**Family 1st Counseling**  
 3730 Cypress Creek Parkway, Ste. 103  
 Houston, TX 77068  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anger Management, Behavioral Issues, Defiance, Depression, Disruptive Mood Dysregulation Disorder, Impulse Control and Self-regulation, Oppositional Defiance Disorder, Peer Relationships, Problem-solving Skills, Self-expression, Social and Interpersonal Skills

- Amberly Garvin, M.A., LPC**.....**281-205-7997**  
**Cypress Therapy and Counseling**  
 17774 Cypress Rosehill Road, Ste. 400  
 Cypress, TX 77429  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues
- Joseph Garza, M.A., LPC**.....**281-815-2621**  
**Champion Christian Community Counseling Center**  
 333 South Cherry Street  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorders, Career Counseling, Children's Issues, Chronic Impulsivity, Codependency, Coping Skills, Depression, Domestic Abuse, Drug Abuse, Dual Diagnosis, Emotional Disturbance, Family Conflict, Family/Couples Counseling, Grief, Hoarding, Impulse Control, Infidelity, Internet Addiction, Life Coaching, Life Transitions, Marital/Premarital, Men's Issues, Mood Disorders, Obsessive Compulsive Disorder, Parenting, Peer Relationships, Psychosis, Relationship Issues, School Issues, Self-esteem, Self Harm, Sexual Abuse, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Teen Violence, Trauma/PTSD, Video Game Addiction, Weight Loss
- Samuel J. Gaspard, M.A., LPC**.....**281-205-8786**  
**Spring Grove Counseling**  
 8104 Spring Cypress Road  
 Spring, TX 77379  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anxiety, Autism, Creating and Sustaining Healthy Boundaries, Depression, Grief, Men's Issues, Pornographic Addiction, Trauma, Work-related Stress
- Sandy Gaston, LMFT**.....**832-306-2969**  
**Finding Peace Counseling Center**  
 25511 Budde Road, Ste. 1901  
 The Woodlands, TX 77380  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Anger Management, Bipolar Disorder, Bisexual, Career Counseling, Coping Skills, Depression, Domestic Violence, Drug Abuse, Family Conflict, Grief, Lesbian, LGBTQIA+, Life Transitions, Mood Disorders, Self-esteem, Stress, Substance Abuse, Trauma and PTSD, Veterans, Women's Issues
- Jasper Gates, M.A., LPC-S**.....**713-466-1360**  
**Cy-Hope Counseling**  
 12715 Telge Road  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Grief, Depression, Play Therapy, Social Skills Problems, Video Game Addiction

- Jasper Gates, M.A., LPC-S**.....**713-466-1360**  
**Cy-Hope Counseling**  
 1210 A Street, Ste. G  
 Waller, TX 77484  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Grief, Depression, Play Therapy, Social Skills Problems, Video Game Addiction
- Erica Gault, M.Ed., LPC Associate**.....**281-560-3193**  
*Supervised By: Adrienne Nicole Neal, LPC-S*  
**Taylor Counseling Group**  
 24900 Pritkin Road, Ste. 290  
 Spring, TX 77386  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Divorce, Family Conflict, Grief, Life Transitions, Marital/Premarital, Mood Disorders, Parenting, Peer Relationships, Relationship Issues, Self-esteem, Sex Therapy, Spirituality, Stress
- Lindsay Gentles, M.A., LPC**.....**936-213-3130**  
**True North, The Woodlands**  
 2219 Sawdust Road, Ste. 103  
 Spring, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Body Image, Challenging Life Circumstances, Disordered Eating Issues, Parenting, Perfectionism, Self-esteem
- Jessica Gifford, LMSW**.....**346-402-4898**  
**Capstone Connect, PLLC**  
 3500 W Davis Street, Ste. 250  
 Conroe, TX 77304
- Brittany Gilchrist, M.A., LPC, CEDS-S**.....**832-901-6416**  
**Peace and Purpose Counseling**  
 10210 Grogan's Mill Road, #315  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Eating Disorders, Disordered Eating, Body Image, Anxiety, Depression, Perfectionism, Social/Relational Issues, Life Transitions, Identity Development
- Makayla Gill, M.A., LPC - Associate**.....**936-642-0061**  
*Supervised By: Kathleen McMahon, LPC-S*  
**Rise Counseling and Wellness Center**  
 1305 11th Street  
 Huntsville, TX 77340

**Torey Gilmore M.Ed., LPC.....346-208-2942**

**Man 2 Man Counseling Center**

25511 Budde Road, Bldg. 2802

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Behavioral Modification, Character Building, Social Emotional Learning, Anger, Resentment, and Guilt Management

**Cody Glover, M.P.H., M.Ed., LPC.....281-748-0233**

**Better Self Counseling**

26009 Budde Road, A-300

Spring, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples

**Specialties:** LGBTQIA+, Open/Non-monogamous Relationships, Secular/Alternative Faiths such as Paganism

**Bridgett Goddard, M.S., LMFT, LCDC.....713-489-8837**

**Goddard & Associates Counseling**

11500 Northwest Freeway, Ste. 285

Houston, TX 77092

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Addiction, Pre-Marital Counseling, Relationship Issues, Women's Issues

**Michael Goldsby, Ph.D., CCRP.....281-367-1015**

**Family Psychiatry of The Woodlands**

8701 New Trails Drive, #150

Spring, TX 77381

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Clinical Trials on Psychotropic Medications, Neuropsychology

**Adriana Gonzalez, M.A., LPC.....281-939-5565**

**HKA Counseling, PLLC**

1525 Lakeville Drive, Ste. 217

Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Bisexual, Body Positivity, Borderline Personality Disorder, Coping Skills, Codependency, Depression, Eating Disorders, Lesbian Issues, LGBTQIA+, Life Transitions, Medication Management, Mood Disorders, Narcissistic Personality Disorder, Obsessive Compulsive Disorder, Parenting, Relationship Issues, Self-esteem, Self-harm, Sexual Abuse, Stress, Suicidal Ideation, Trauma/PTSD, Women's Issues

**Leonela Gonzalez, M.A., LPC - Associate.....832-233-3086**

*Supervised By: Maggie Chlebana, M.S., LPC-S*

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Low Self-esteem, Panic, Trauma

**Trish Gonzalez, M.S., LPC.....346-206-3992**

**The Resilience Center of Houston**

8665 New Trails Drive, Ste. 185

The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Grief/Loss, Life Transitions, Military and Veterans, Panic Disorder, Physical and Sexual Abuse, Rape Issues, Police, Fire Fighters, and First Responders, Thinking Disorders, Trauma

**Carol Gooch, M.S., LPC, LMFT, LCDC.....713-256-8002**

**Carol Gooch, M.S., LPC, LCDC, LMFT**

147 April Waters Drive North

Montgomery, TX 77356

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Alcohol and Chemical Dependency, Marriage and Family Conflict, Parenting Skills, Senior Citizen Issues, Stress Management

**Susan Good, M.A., LPC, RPT.....936-827-9544**

**Behavioral and Counseling Services**

14547 Lake Business Drive, #401

Conroe, TX 77304

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addictions, Adolescent Issues, Adult Issues, Anger Management, Anxiety, Depression, Family Counseling, Grief and Loss, Marital and Relationship Counseling, Post-traumatic Stress Disorder (PTSD)

**Hailey Grant, MSW, LCSW.....832-847-1898**

**Sulcata Psychiatry**

12075 Spring Cypress Road, Ste. D

Tomball, TX 77375

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Domestic Violence, Grief, Personality Disorders, Relationship Complications, Trauma

**Ron Gravis, M.A., LPC, LCDC, CSAT.....832-846-3000**

**Gravis Therapy**

27 Wintergrass Place

The Woodlands, TX 77382

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anger Management, Anxiety, Attachment Disorders/Relational Work, Bipolar Disorder, Co-occurring Disorders, Couples/Marriage Difficulties, Depression, Family Conflict, Gay/Bisexual Issues, Men's Issues, Mood Disorders, Panic Disorder, Post-divorce Healing, PTSD, Sexual Addiction, Sexual Identity, Substance/Alcohol Addictions, Trauma (Sexual, Physical, Emotional Abuse), Veteran's Transitional Issues

**Kathy Gray M.A., LPC, LMFT, OTA.....281-223-3421**

**Achievement Fulfillment Counseling**

1525 Lakeville Drive, Ste. 114

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, ADHD, Anger Management, Anxiety, Behavioral Issues, Coping Skills, Depression, Dissociative Disorders (DID), Eating Disorders, Family Conflict, Impulse Control Disorders, Life Transitions, Mood Disorders, Obsessive Compulsive Disorders, Parenting, Peer Relationships, Personality Disorders, Relationship Issues, Self-esteem, Stress, Substance Abuse, Thinking Disorders, Trauma/PTSD

**Deborah Greco, MSW, LCSW, RPT.....832-792-7256**

**Carol Sepulveda, Center for Counseling and Play Therapy**

700 Rockmead Drive, Ste. 205

Kingwood, TX 77339

**Population Served:** Toddlers, Children

**Types of Services:** Individuals

**Specialties:** Adoption, Anger Management, Anxiety, Behavioral Issues, Children's Issues, Coping Skills, Depression, Dual Diagnosis, Grief, Mood Disorders, Oppositional Defiance Disorders, Parenting, Peer Relationships, Personality Disorders, Relationship Issues, School Issues, Self-esteem, Self-harm, Thinking Disorders, Trauma/PTSD

**Naseem Green, LMFT.....346-769-1207**

**Ever After Therapy PLLC**

8118 Fry Road, Ste. 401

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Adoption, Anger Management, Anxiety, Bipolar Disorder, Body Positivity, Career Counseling, Chronic Illness, Coping Skills, Depression, Divorce, Domestic Violence, Family Conflict, Grief, Infidelity, LGBTQIA+, Life Transitions, Marital/Premarital, Narcissistic Personality Disorder, Open Relationships Non-Monogamy, Parenting, Racial Identity, Relationship Issues, Self-harming, Sex Positive, Kink Allied, Sports Performance, Stress, Trauma/PTSD, Veterans

**Destiny Green, MSW, LCSW.....346-206-3992**

**The Resilience Center**

14930 Mueschke, Ste. 100  
Cypress, TX 77433

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** Abuse, Anxiety, Attachment, Codependency, Dissociative Disorders, Domestic Violence, Grief/Loss, Phobias, Trauma/PTSD

**Alicia Gregg, M.A., LPC.....281-363-4220**

**Woodlands Family Institute, P.C.**

1610 Woodstead Court, Ste. 420  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Anxiety, Depression, Life Transitions, Parenting Training, Play Therapy, Relationship Issues, Self-esteem Issues, Stress Management, Women's Issues

**Stephanie Kosut Gregory, M.A., LPC-S.....936-443-9629**

**Prevail Behavioral Health and Wellness Center**

620 Longmire Road  
Conroe, TX 77304

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Assistance for School, College, and Work Accommodations, Behavioral Health Genetic Testing for Supplementation, Diagnosing, Forensic Examinations and Testifying, Formal Diagnosis for Children, Adolescents, and Adults, Formal Evaluation, Help to Physicians for Medication Management, Psychological/Psychometric Testing, Psychopharmacology

**Rickeena Gresham, LPC.....832-346-8082**

**Ellie Mental Health**

128 Vision Park Boulevard, Ste. 230  
Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Relationships, Stress, Trauma

**Heidi Grover, LPC, NCC.....281-205-8786**

**Spring Grove Counseling**

8104 Spring Cypress Road  
Spring, TX 77379

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Depression, Anxiety

- Jasmine Groves, LPC.....281-608-1346**  
**Kingwood Counseling Center**  
 1521 Green Oak Place, Ste. 250  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anger Management, Anxiety, Bipolar Disorder, Depression, Grief and Loss, Impulse Control Issues, Inattention/Focusing Problems, Occupational Stressors, Panic Attacks, Post Traumatic Stress Disorder (PTSD), Relational Stressors, Self-harm, Substance Abuse
- Michael P. Groves, M.A., LPC, NCC.....281-528-1523**  
**LifeSpring Behavioral Health**  
 1400 Woodloch Forest Drive, Ste. 575  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Anger, Coping Skills, Depression, Grief, Life Transitions, Marriage and Family Issues, Trauma, Ways to Overcome Incapacitating Troubles
- Tiffany Grymes, M.A., LPC.....832-233-3086**  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Crisis, Depression, Physical and Emotional Abuse, Interpersonal Relationships, Group Therapy on Anger Management, Parenting, and Divorce
- Jaime Guajardo Jr., LCSW.....832-264-1928**  
**Serenity Place Family Therapy**  
 2219 Sawdust Road, Ste. 1101  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anger Management, Anxiety, Children's Issues, Depression, Divorce, Family Conflict, Grief, Men's Issues, Mental Health Evaluations for Immigration Cases, Peer Relationships, Relationship Issues, School Issues, Self-esteem, Sexual Abuse, Stress, Trauma/PTSD, Video Game Addiction. Bilingual in Spanish.
- Maria Guerrero, LPC-S.....281-837-6912**  
**Cypress Counseling and Behavioral Center**  
 12242 Queenston Boulevard, Ste. C  
 Houston, TX 77095  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Grief, Life Changes, Self-esteem, Trauma

- Maria Guerrero, LPC-S.....281-837-6912**  
**Cypress Counseling and Behavioral Center**  
 17832 Mound Road, Ste. A  
 Cypress, TX 77433  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Grief, Life Changes, Self-esteem, Trauma
- Edmund Guilfoyle, Ph.D.....281-955-6655**  
**Edmund Guilfoyle, Ph.D.**  
 9950 Cypresswood Drive, Ste. 224  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety Disorders, Attention Deficit Disorders (ADHD), Couples Counseling, Family Counseling, Marriage Counseling, Post-traumatic Stress Disorder (PTSD)
- Lisa Guillory, LCSW.....832-455-4043**  
**Lisa Guillory, LCSW**  
 Houston, TX 77090  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Anger Management, Anxiety, Depression, Communication Skills, Faith-based Counseling, Grief, and Loss, Life Transitions, Marital Therapy, Personal Growth, Relational Issues, Self-esteem, Stress Reduction and Mindfulness Training, Women's Issues
- Patricia "Trish" Gunn, MSW, LCSW.....346-206-3992**  
**The Resilience Center of Houston**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Children of Divorce, Codependency, Military and Veterans, Parent Support, Physical and Sexual Abuse, Relationship Issues, School Issues, Self-esteem, Trauma/PTSD
- Srimaya Gurung, M.S., LPC-S.....302-547-9957**  
**H.O.P.E. Psychotherapy of Houston**  
 17510 Huffmeister Road, #102  
 Cypress, TX 77429  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Burnout, Depression, Emotional Disturbance, Life Stressors, Relationship Issues, Stress, Trauma/PTSD, Veterans, Work-Life Balance. Bilingual in English and Nepali.
- Agustin Gutierrez, Jr., LPC.....936-788-1211**  
**Agustin Gutierrez Jr., LPC**  
 812 West Dallas, Ste. 150  
 Conroe, TX 77301  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescents and Adults Referred by Court Order for the Treatment of Family Violence, Petty Theft, Sexual Offenses, Substance Abuse, Theft by Check

**Yvonne Habet, Ph.D.**.....713-939-1229

**Houston Autism Center**

5246 Dow Road

Houston, TX 77040

**Population Served:** Children, Adolescents

**Types of Services:** Individuals

**Specialties:** Full Assessment and Diagnosis of Children and Adolescents with Autism Spectrum Disorders and All Developmental Conditions. Treatment Plans designed for Children with Developmental Delays, Emotional Disturbances, and Learning Disabilities. Bilingual in English and Spanish.

**Chris Haggard, LMFT**.....346-440-4382

**Prospering Hope, PLLC**

25329 Budde Road, #1104

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Personal Growth

**Dana Hahn, M.S., LPC-S, LMFT-S**.....713-553-0203

**The Woodlands Center for Families, PLLC**

66 Winter Wheat Place

Spring, TX 77381

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Anger Management, Anxiety, Behavioral Issues, Communication Skills, Career Stress, Coping Skills, Depression, Divorce, Family Conflict, Life Transitions, Marriage Counseling, Relationship Issues, Self Harm, Work Stress

**Priya Hajari, LPC**.....281-377-3743

**Ellie Mental Health**

8118 Fry Road, Building 2

Cypress, TX 77433

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Adolescents Issues, Anxiety, Behavioral Issues, Body Positivity, Coping Skills, Depression, Family Conflict, Grief, LGBTQIA+, Life Transitions, Multicultural Issues, Obsessive Compulsive Disorder, Peer Relationships, Racial Identity, Relationship Issues, School Issues, Self-esteem, Self Harm, Stress, Substance Abuse, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues, Young Adult Issues

**Courtlyn Hale, LPC**.....281-769-2238

**Clearhope Counseling and Wellness**

1431 Graham Drive, Ste. 125

Tomball, TX 77375

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Adolescent Issues, Anxiety, Bipolar Disorder, Depression, Emotional Disturbance, Family Problems, Grief, LGBTQIA+, Mood Disorders, Sexual Abuse, Suicidal Ideation, Trauma/PTSD, Women's Issues

**Lisa Hale, M.S., LPC-S, LCDC, NCC.....281-205-8786**

**Spring Grove Counseling**  
8104 Spring Cypress Road  
Spring, TX 77379

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Addictions, Anxiety, Codependency, LGBTQ+ Issues, Mood Disorders, Relationships, Trauma, Process Addictions: Sex, Love, Pornography, Technology and Gambling

**Barbara Hall, Ph.D.....281-671-7992**

**Greenwood Psychological Services**  
25511 Budde Road, Ste. 2802  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Codependency, Coping Skills, Depression, Dual Diagnosis, Family Conflict, Life Transitions, Men's Issues, Mood Disorders, Parenting, Relationship Issues, Self-esteem, Stress, Substance Abuse, Thinking Disorders, Trauma/PTSD, Women's Issues

**Charles Hallmark, Ph.D., LP, LSSP.....281-815-0899**

**Grace Psychological Services**  
26010 Oak Ridge Drive, Ste. #107  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Psychoeducational and Psychological Evaluations, Disruptive Behavioral Disorders, Grief/Loss, Anxiety, Depression, Parent Training, Bilingual in English and Spanish

**Kamica Hampton, M.S., LPC-Associate.....281-572-8606**

*Supervised By: Bronwyn E. Lucas, LPC-S*

**Ellie Mental Health-Kingwood**  
800 Rockmead Drive, Ste. 132  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** ADD/ADHD, Anxiety, Behavioral Problems, Depression, Relationship Challenges, Stress Management

**Ellen Hanna, LPC, LMHC.....832-306-2969**

**Finding Peace Counseling Center**  
25511 Budde Road, Ste. 1901  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Active Duty Military, Addiction, ADHD, Adoption, Anger Management, Anxiety, Cancer, Career Counseling, Codependency, Communication Skills, Coping Skills, Depression, Divorce, Domestic Abuse, Grief/Loss, Infidelity, LGBTQIA+, Marital/Premarital, Obsessive Compulsive Disorder, Open Relationships Non-monogamy, Relationship Issues, Self-esteem, Sexual Abuse, Sleep/Insomnia, Suicidal Ideation, Trauma/PTSD, Trauma Victims, Veterans

**Jennifer Hanson, LCSW.....832-306-2969**

**Finding Peace Counseling Center**

25511 Budde Road, Ste. 1901

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Obsessive Compulsive Disorder, Anxiety, Depression, ADHD, Bipolar Disorder, Career Counseling, Coping Skills, Emotional Disturbance, Hoarding, LGBTQIA+, Life Transitions, Mood Disorders, Parenting, Psychosis, Self-esteem, Stress, Thinking Disorders, Women's Issues

**Hannah Hanz, LPC-Associate.....281-312-0137**

*Supervised By: Dr. Candice Ashley, LPC-S*

**The Willow Partnership**

2323 Timber Shadows Drive, Ste. B

Kingwood, TX 77339

**Population Served:** Toddler, Children, Adolescents, Adults

**Types of Services:** Individuals, Groups

**Specialties:** ADHD, Anxiety, Behavioral Issues, Children's Issues, Bipolar Disorder, Career Counseling, Coping Skills, Depression, Developmental Disorders, Dual Diagnosis, Education and Learning Disabilities, Family Conflict, Intellectual Disability, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Parenting, School Issues, Self-esteem, Sports Performance, Stress, Women's Issues

**Doug Harbrueger, M.Ed., LPC.....832-925-2295**

**Next Steps Counseling Center, PLLC**

16712 Huffmeister Road, Bldg. 400-A

Cypress, TX 77429

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Self-Esteem, Stress, Trauma and PTSD

**Dana Harding, Ph.D., LSSP.....903-255-2945**

**Harding and Associates - Psychotherapy and Evaluation**

1521 Green Oak Place, Ste. 191

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Adoption, Anger Management, Asperger's Syndrome, Autism, Bipolar Disorder, Children's Issues, Chronic Impulsivity, Chronic Pain, Coping Skills, Depression, Dissociative Disorders (DID), Domestic Violence, Emotional Disturbance, Geriatrics and Seniors, Impulse Control Disorders, Infertility, Obesity, Obsessive Compulsive Disorders, Parenting, Peer Relationships, Personality Disorders, Pregnancy/Prenatal/Postpartum, Psychosis, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Sexual Addiction, Sleep/Insomnia, Spirituality, Stress, Suicidal Ideation, Thinking Disorders, Trauma/PTSD, Veterans, Video Game Addiction, Weight Loss

- Christine Hards, M.Ed., LPC.....832-674-1936**  
**All Things Counseling**  
 11711 Cypress N. Houston Road  
 Cypress, TX 77429  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Academic Success, Anxiety, Behavioral Concerns, Communication, Faith, Frequent Conflict, Depression, Divorce, Grief, Identity, Obesity, Self-esteem
- Kathleen Harmatuk-Swisher, M.S., LPC.....936-520-3597**  
**Counseling and Coaching in The Woodlands**  
 250 Ed English Drive, Bldg. 3, Ste. B  
 Shenandoah, TX 77385  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Depression, Self-esteem/Self-image Issues
- Demetria Harris, LPC.....832-239-5534**  
**Embracing Minds**  
 1931 Humble Place Drive, Ste. 106 & 200  
 Humble, TX 77338  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Children's Issues, Coping Skills, Depression, Divorce, Impulse Control Disorders, Parenting, Relationship Issues, School Issues, Self-esteem, Self Harm, Trauma/PTSD
- Raegin Hart, LPC.....832-847-1898**  
**Sulcata Psychiatry**  
 12075 Spring Cypress Road, Ste. D  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Grief, Trauma
- Steve Hartman, M.A., LPC.....281-858-5874**  
**Bear Creek Counseling Center**  
 15430 Ridge Park Drive  
 Houston, TX 77095  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anxiety, Bereavement, Communication Skills, Dating - Trust and Infidelity, Depression, Dissociative Disorders, Divorce, Domestic Violence, Executive Coaching, Family Counseling, Marital/Pre-marital Counseling, Mood Disorders, Parenting, Parenting Skills for Separation and Divorce, Personality Disorders, School Related Concerns, Sexual Disorders, Social Skills, Stress Management, Substance Abuse, Trauma Resolution,

**Jessica Hartsaw M.S., LMFT-S, LPC-S.....713-703-2072**

**J. Hartsaw Therapy**

1110 Kingwood Drive, Ste.200JK  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Addiction, Adoption, Alcohol Use, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Bipolar Disorder, Bisexual, Borderline Personality Disorder, Cancer, Career Counseling, Children's Issues, Chronic Illness, Chronic Impulsivity, Chronic Relapse, Codependency, Coping Skills, Dementia, Developmental Disorders, Dissociative Disorders (DID), Divorce, Domestic Abuse, Domestic Violence, Drug Abuse, Dual Diagnosis, Family Conflict, Geriatric/Seniors, Grief, Impulsive Control Disorders, Infidelity, infertility, Lesbian Issues, LGBTQIA+, Life Coaching, Life Transitions, Mood Disorders, Open Relationships Non-Monogamy, Parenting, Peer Relationships, Personality Disorders, Pregnancy/Prenatal/Postpartum, Psychosis, Relationship Issues, School Issues, Self-esteem, Self Harm, Sex Therapy, Sexual Abuse, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Thinking Disorders, Traumatic Brain Injury (TBI), Veterans, Women's Issues

**Monique A. Harvey, M.Ed., NCC, LPC.....832-413-2410**

**Grief Recovery Center**

2000 North Loop West Freeway, Ste. 100  
Houston, TX 77018

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Coping Skills, Depression, Divorce, Family Conflict, Grief, Mood Disorders, Relationship Issues, Self-esteem, Stress, Trauma/PTSD

**Florencia Hassey, Ph.D., LPC, LMFT, EMDR.....832-529-6801**

**Fyadra Healing & Transformation**

26019 Oak Ridge Drive, Ste. 1111  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Parenting, Relationship Issues, Sex Therapy, ADHD, Addiction, Anger Management, Anxiety, Behavioral Issues, Bisexual, Children's Issues, Codependency, Coping Skills, Depression, Divorce, Domestic Abuse, Domestic Violence, Emotional Disturbance, Family Conflict, Adolescent Issues, Infidelity, Marriage Issues, Lesbian, LGBTQIA+, Life Coaching, Mood Disorders, Narcissistic Personality, Obesity, Peer Relationships, Personality Disorders, Self-esteem, Spirituality, Testing/Evaluation, Thinking Disorders, Trauma/PTSD, Weight Loss, Speaks French, Italian, Spanish

**Lauren Hasz, Ph.D.....281-783-3612**

**The Center for Postpartum Family Health**

1544 Sawdust Road, Ste. 290  
Spring, TX 77380

**Population Served:** Toddlers, Children, Pre-teens, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** ADHD, Anxiety, Infertility, Pregnancy/Prenatal/Postpartum, Women's Issues

**Nashema Hatten, M.A., LPC-S, RPT-S.....281-241-7096**

**Nashema Hatten, M.A., LPC-S**  
20333 State Highway 249, Ste. C  
Houston, TX 77070

**Population Served:** Toddlers, Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anger Management, Anxiety, Autism, Behavioral Issues, Children's Issues, Coping Skills, Depression, Developmental Disorders, Divorce, Impulse Control Disorders, Life Coaching, Mood Disorders, Parenting, Relationship Issues, School Issues, Self-esteem, Self Harm, Suicidal Ideation, Trauma/PTSD

**Alyssa Hawkins, LPC - Associate.....936-642-0061**

*Supervised By: Kathleen McMahon LPCS*

**Rise Counseling and Wellness Center**  
1305 11th Street  
Huntsville, TX 77340

**Jerrilyn Hayes, LCSW.....281-272-2206**

**Sol Mental Health**  
2002 Timberloch Place, Ste. 200  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Anxiety, Depressive Disorder, Developmental Delay, Trauma/PTSD

**Angela Hays, Ph.D.....281-882-3706**

**Hayes Behavioral Health Group**  
10857 Kuykendahl Road, Ste. 240  
The Woodlands, TX 77382

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Assessments and Evaluations for ADHD, Anxiety, Depression, Learning Disabilities, Mood Disorders, School Entrance Examinations, Gifted Evaluations. Counseling for ADHD, Anger, Anxiety, Bullying, Codependency, Death of a Loved One, Depression, Divorce, Domestic Violence, Eating Issues, Isolation, Loneliness, Self-doubt, Self Harm, Social Anxiety, Social Problems, Stress Management, Transitions

**Quinn Heavrin, M.S., LMFT.....281-318-6479**

**Atascocita Counseling Associates**  
18700 W. Lake Houston Parkway, Ste. A-102  
Humble, TX 77346

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Couples Therapy, Depression, Emotional Health, Pastors and Their Families, Teens and Parents

- Chantell Marie Hebert, LCSW**.....**936-703-3539**  
**Steven Hebert Counseling Agency**  
 412 W. Phillips Street, Ste. 122  
 Conroe, TX 77301  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Bipolar Disorder, Coping Skills, Depression, Domestic Abuse, Dual Diagnosis, Grief, Life Transitions, Mental Health Care, Oppositional Defiance Disorder, Relationship Issues, Suicidal Ideation, Wellness Counseling
- Emily Henderson, LMFT**.....**281-766-3376**  
**Ray Family Therapy**  
 12238 Queenston Boulevard, Ste. F  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** ADHD, Anxiety, Boundaries, Communication Skills, Couples Counseling, Depression, Men's and Women's Sexual Health
- Jack Henderson, LPC**.....**888-572-9544**  
**LifeStance Health**  
 19500 Texas State Highway 249, Ste. 120  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Adoption/Foster Care, Alcohol and Drug Use Issues, Anxiety, Bipolar Disorder, Christian Counseling, Couples' Issues, Depression, Faith-based Counseling, Grief, Hoarding, Later Life Transitions, Medical Conditions/Health Psychology, Men's Issues, Midlife Transitions, Parenting Skills, Psychosis, Relationship Difficulties, Schizophrenia, School Avoidance, Trauma/PTSD
- Erica Henry, M.Ed., LPC, NCC**.....**832-532-8671**  
**Therapeutic Enrichment, LLC**  
 12337 Jones Road, Ste. 241  
 Houston, TX 77070  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anger Management, Anxiety, Couples Counseling, Depression, Divorce, Grief/Loss, Parenting Issues, Personal Growth, Relationship Issues, Self-esteem, Stress Management
- Kristin Henshaw, M.S., LMFT-S**.....**713-466-1360**  
**Cy-Hope Counseling**  
 12715 Telge Road  
 Cypress, TX 77429  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Closeness and Intimacy, Communication, Depression, Family Counseling, Familial Distress, Grief/Loss, Infertility, IVF Treatment Process, Job/Work-related Stress, Marriage Enrichment, Mindfulness Training, Pregnancy Loss, Post-partum Depression/Anxiety, Prepare/Enrich Premarital Counseling, Relationship Distress, Struggles to Conceive

- Michael Henson, LMFT**.....**832-207-6064**  
**Transformation Psychotherapy**  
33300 Egypt Lane, Bldg. B, Ste. 900  
The Woodlands, TX 77354  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addictions, Anxiety, Conflict Resolution Therapy, Couples Counseling, Depression, Family Counseling, Grief/Loss Counseling, Intimacy and Relationship Counseling, Life/Work Coaching, Marital Therapy, Panic Attacks, Panic Disorders, Personality and Mood Disorders, Post-traumatic Stress Disorder (PTSD), Stress Management, Substance Abuse, Suicide Prevention, Work with Veterans
- Jennifer Lynn Henson, LPC, LMFT**.....**936-294-6244**  
**Jennifer Lynn Henson, LPC, LMFT**  
Cleveland, TX 77327  
**Population Served:** Toddlers, Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Bisexual, Cancer, Children's Concerns, Chronic Pain, Coping Skills, Depression, Dissociative Disorders (DID), Divorce, Emotional Disturbance, Family Conflict, Geriatrics/Seniors, Grief, Impulse Control Disorders, Infertility, Infidelity, Lesbian Issues, LGBTQIA+, Marital/Premarital, Mood Disorders, Obsessive Compulsive Disorder, Parenting, Peer Relationships, Personality Disorders, Psychosis, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Thinking Disorders, Transgender, Trauma/PTSD, Veterans
- Eynar Hernandez, LPC**.....**281-837-6912**  
**Cypress Counseling and Behavioral Center**  
12242 Queenston Boulevard, Ste. C  
Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** ADD/ADHD, Anxiety, Couples Counseling, Depression, Grief, LGBTQIA+ Issues, Life Changes, Relational Problems, Trauma. Bilingual in English and Spanish.
- Devny Hernandez, M.A., LPC**.....**281-570-9355**  
**Insight Counseling**  
33018 Tamina Road  
Magnolia, TX 77354  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Adolescent Issues, Anxiety, Communication Problems, Couples Counseling, Depression, Infidelity, Stress, Trauma, Women's Issues
- Kimberly Hernandez, M.A., LPC**.....**832-602-5023**  
**Family 1st Counseling**  
3730 Cypress Creek Parkway, Ste. 103  
Houston, TX 77068  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anger Management, Behavioral Issues, Defiance, Depression, Disruptive Mood Dysregulation Disorder, Impulse Control and Self-regulation, Oppositional Defiance Disorder, Peer Relationships, Problem-solving Skills, Self-expression, Social and Interpersonal Skills

**Tammy Hicks, M.A., LPC.....832-239-5534**

**Embracing Minds Counseling**

1931 Humble Place Drive, Ste 106 and 200

Humble, TX 77338

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anger Management, Anxiety, Depression, Family Conflict, Life Difficulties, Marital Conflict, Parenting Issues, Physical Abuse, Relationship Issues, Sexual Abuse, Stress Management, Substance Abuse, Trauma/PTSD

**Rayla Higginbotham, LPC - Associate.....832-454-7300**

*Supervised By: Kim Huff-Howard LPC-S*

**Counseling Creations**

825 Village Square Drive, Ste. 3

Tomball, TX 77375

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Anger Management, Anxiety, Bipolar Disorder, Boundaries, Depression, Divorce, Gender Identity, Individuals and Students with Special Needs, Memory Issues, Learning Issues such as Dyslexia, Oppositional Defiance Disorder, Pain Management, Relationship Issues, Self-harm, Suicidal Ideation, Teen Issues, Trauma/PTSD

**Rachel Higgins, LMFT-Associate.....281-301-5588**

*Supervised By: Catherine King, LMFT-S, LPC-S*

**HappiNest Marriage and Family Therapy**

17110 House and Hahl Road, #C-13

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Behavioral Issues, Bisexual, Coping Skills, Depression, Dissociative Disorders (DID), Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief, Lesbian Issues, LGBTQIA+, Marital/Premarital, Mood Disorders, Marital/Premarital, Obsessive Compulsive Disorder, Parenting, Relationship Issues, Self-esteem, Spirituality, Stress, Transgender, Trauma/PTSD

**Rebecca Higgins, M.A., LMFT.....346-206-3992**

**The Resilience Center of Houston**

8665 New Trails Drive, Ste. 185

The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** ADHD, Anxiety, Autism Spectrum Disorder, Behavior Disorders, Depression, Learning Disabilities, Mood Disorders, School Issues, Trauma

**Sasha Higgins, M.Ed., LPC.....832-242-9970**

**Grace and Guidance Counseling PLLC**

25329 Budde Road, Ste. 401

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Adolescent Issues, Anxiety, Depression, First Responder Issues, Grief/Loss, Marriage Issues, Self Harm, Trauma Related Issues

**Gloria High, M.Ed., LPC.....713-878-8500****Health Concepts Texas**

2017 N. Frazier, Ste. F-1  
Conroe, TX 77301

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** CEAP, CISD, Couples/Marriage Therapy, Dialectical Behavioral Therapy, EAP General, Family Therapy, Medical Illness/Disease Management

**Spring Hill, M.S., LPC, LMFT.....713-927-5093****Spring Hill Counseling, PLLC**

26110 Oak Ridge Drive  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Chronic Pain, Depression, Domestic Abuse, Domestic Violence, Family Conflict, Grief, Obsessive Compulsive Disorder, Parenting, Peer Relationships, Relationship Issues, Self-esteem, Sleep/Insomnia, Stress

**Stephanie Hiller-Aiello, M.Ed., LPC-Associate.....832-717-7166**

*Supervised By: Katrina N Daneshvar, LPC-S*

**Greater Houston Counseling Services, PLLC**

8118 Fry Road, Ste. 601 & 602  
Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Adolescent and Teen Support, Alternative Lifestyles, Anxiety, Depression, Family Dynamics, Grief and Loss, Life Transitions, Mood Disorders, Non-monogamous Relationships/Alternative Family Structures, Post-traumatic Stress Disorder, Self-esteem, Self-harm, Sexual Assault, Suicidal Ideation, Trauma, Women's Issues

**Glen Hilton, M.S., LPC-S, LMFT-S.....832-276-5376****Hilton Therapy**

4001 N. Shephard Drive, Ste. 226  
Houston, TX 77018

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** ADHD, Adolescent Issues, Anxiety, Behavioral Issues, Coping Skills, Depression, Family Conflict, Gay Issues, Gender Identity, Grief, Homelessness, Transitional Aged Youth (TAY)

- Karen Himelfarb, M.S., LMFT**.....713-453-6358  
**Brightside Counseling Center**  
 15201 East Freeway  
 Channelview, TX 77530  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anger Management, Anxiety, Autism, Behavioral Issues, Bipolar Disorder, Body Positivity, Child Issues, Codependency, Coping Skills, Depression, Divorce, Domestic Abuse, Domestic Violence, Eating Disorders, Grief, Infidelity, Marital/Pre-marital, Mood Disorders, Obesity, Obsessive Compulsive Disorder, Parenting, Peer Relationships, Pregnancy/Prenatal/Postpartum, Racial Identity, Relationship Issues, School Issues, Self-esteem, Self Harm, Sexual Abuse, Sleep/Insomnia, Stress, Suicidal Ideation, Thinking Disorders, Weight Loss, Women's Issues
- Cynthia Hinds, M.A. LPC**.....281-560-3193  
**Taylor Counseling Group**  
 24900 Pitkin Road, Ste. 290  
 Spring, TX 77386  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Alcohol Use, Anger Management, Anxiety, Borderline Personality Disorder, Depression, Grief, Life Transitions, School Issues, Spirituality, Trauma/PTSD
- Matt Hines, M.A., LPC**.....936-697-1633  
**CompassTree Counseling**  
 2219 Sawdust Road, Ste. 105  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Relationship Issues
- Montisha Hines-Goosby, LMSW**.....832-756-2749  
*Supervised By: Regina Lynn Spencer, LCSW-S*  
**Spencer and Associates Therapeutic Alliance PLLC**  
 12340 Jones Road, Ste. 290  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Autism, Anxiety, Family Relationships, Life Coaching, Youth-to-Adulthood Transitions
- Yvonne Hinojosa, LPC**.....855-841-3288  
**LifeStance Health**  
 23051 Kingwood Place Drive, Ste. 110  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Couples' Issues, Depression, Grief, Later Life Transitions, Men's Issues, Midlife Transitions, Mindfulness, Parenting Skills, Postpartum Depression/Anxiety, Relationship Issues, School Avoidance, Women's Issues. Bilingual in English and Spanish.

**Shawn Hirsch, Ph.D.**.....713-275-5400

**The Menninger Clinic**

12301 S. Main Street  
Houston, TX 77035

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Autism Spectrum Disorders, Neurodevelopmental Disorders, Psychological Assessments, Psychological Evaluations and Interventions

**Dr. Geo-Anna Hirshenbaum, Ph.D.**.....281-899-8877

**Geo Psychological Testing**

2002 Timberloch Place, Ste. 200  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD Testing and Evaluations, Autism Testing and Evaluations, Emotional Disturbance Testing, Evaluations for Test Accommodations, Gifted Testing and Evaluations, Kindergarten Readiness Testing, IQ Testing, Learning Disability Evaluations, MMPI-3 Testing, Neurocognitive Testing, Oppositional Defiance Disorder Testing, Pre-Adoption Assessments, Psychological Consultations, Psychological Evaluations

**Connie Hoagland, M.Ed., LPC, CSC**.....281-748-0233

**Better Self Counseling**

26009 Budde Road, A-300  
Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Groups

**Specialties:** Academic Concerns, Anxiety, Christian Counseling, College and Career Goals, Couples/Marital Counseling, Grief/Loss, Past Abuse, Relationship Issues, Women's Issues

**Misty Hodge, LPC**.....713-597-2377

**Misty Hodge, LPC**

1000 Cypress Creek Parkway, Ste. 118  
Cypress, TX 77090

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Aggression/Violence, Adolescent Issues, Aging/Geriatric Issues, Anger Management, Antisocial Personality, Anxiety, Attachment Issues, ADHD, Behavioral Issues, Bipolar Disorder, Bullying, Burnout, Career Coaching, Caregiver Issues/Stress, Child Issues, Communication Problems, Coping Mechanisms, Couples/Marriage/Relationships, Depression, Developmental Disorders, Dual Diagnosis, Emotional Disturbance, Emotional Intelligence, Entitlement, Family Conflict, Gender/Sexual Identity Exploration, Grief/Loss, Impulse Control Disorders, Infidelity and Affair Recovery, LGBTQIA+, Life Coaching, Meditation/Mindfulness, Men's Issues, Mood Disorders, Multicultural Concerns, Obsessions and Compulsions, Oppositional Defiance Disorder, Panic, Parenting, Perinatal and Postpartum Mental Health, Personality Disorders, Premarital Counseling, Psychosis, Racial Stress/Trauma, Racial/Cultural Identity, Relationship and Interpersonal Issues, Self-esteem, Self Harm, Sexual Assault/Abuse/Harassment, Sleep/Insomnia, Socioeconomic Stress/Issues, Stress, Substance Use, Suicidal Ideation, Teen Violence, Transgender and Nonbinary People, Trauma/PTSD, Traumatic Brain Injury, Women's Issues

**Patsy Holden, M.Ed., LPC-S, CCBT.....866-868-7088**

**Wellspring Counseling and Psychiatry Group**

1308 Kingwood Drive  
Kingwood, TX 77339

**Population Served:** Adults, Elders

**Types of Services:** Individuals

**Specialties:** Anxiety, Attention/Focus, Bipolar Disorders, Depression, Dual Diagnosis, Grief and Aging, Mood Disorders, Post-traumatic Stress Disorder, Stress, Substance/Alcohol Use, Suicidal Ideation, Trauma

**Agnes H. Holland, M.Ed., LPC.....936-438-3204**

**Agnes H. Holland, M.Ed., LPC**

3837 Summer Lane  
Huntsville, TX 77340

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Behavioral Issues, Depression

**Sarah Holliday, LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Autism Spectrum Disorder, Depression, Grief, Post-traumatic Stress Disorder

**Lauren Hollis, M.A., LPC, RPT.....936-524-7523**

**The Center for Hope and Healing**

25511 Budde Road, Ste. 3501  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Trauma, Grief, Acute and Chronic Medical Conditions, Anxiety, Self-esteem, Life Transitions, Marital/Pre-marital, Relationship Issues

**Lauren Hollis, M.A., LPC, RPT.....832-299-4830**

**Lauren Hollis, M.A., LPC**

25511 Budde Road, Ste. 3501  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couple/Marital

**Specialties:** Trauma/PTSD, Grief, Coping Skills, ADHD, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Chronic Illness, Depression, Divorce, Family Conflict, Life Transitions, Marital/Pre-marital, Parenting, Peer Relationships, Pregnancy/Prenatal/Postpartum, Relationship Issues, School Issues, Self-esteem, Self-harm, Sexual Abuse, Spirituality, Stress, Suicidal Ideation, Teen Violence

**Lucenda Honore, LCSW.....855-841-3288**

**LifeStance Health**

23051 Kingwood Place Drive, Ste. 110  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Adoption/Foster Care, Anxiety, Depression, Couples' Counseling, Executive Coaching, Midlife Transitions, Parenting Skills, Parenting Support, Personal Growth, Postpartum Depression/Anxiety, Reproductive Challenges, Stress Management, Trauma/PTSD, Women's Issues

**Margaret Hood-Black, M.A., LPC.....713-562-7819**

**Margaret Hood Black & Associates, PC**

19222 Tomball Parkway  
Houston, TX 77070

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Depression, Family Counseling, Infidelity, Marital Counseling, Marital Affairs, Parenting, Oppositional Teens, Self Harm, Women's Issues

**Margaret Hood-Black, M.A., LPC.....713-562-7819**

**Margaret Hood Black & Associates, PC**

5520 Kingwood Drive  
Kingwood, TX 77345

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Depression, Family Counseling, Infidelity, Marital Counseling, Marital Affairs, Parenting, Oppositional Teens, Self Harm, Women's Issues

**Beverly Hooks, LCSW.....832-346-8082**

**Ellie Mental Health**

128 Vision Park Boulevard, Ste. 230  
Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Adoption, Anger Management, Anxiety, Bipolar Disorder, Career Counseling, Caregivers' Stress, Coping Skills, Depression, Domestic Violence, Life Transitions, Mood Disorders, Parenting, Peer Relationships, School Issues, Self-esteem, Sexual Abuse, Stress, Trauma/PTSD, Women's Issues

**Melissa Hoot, LPC.....281-315-0386**

**Youngs Counseling**

16712 Huffmeister Road, Bldg. 200C  
Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADD/ADHD, Anxiety, Behavioral Concerns, Deaf and Hard of Hearing Individuals and Families, Emotional Regulation, Family Therapy, Life Transitions, Relationship Challenges, Relationship Counseling, Trauma/PTSD

- Kimberly Hopkins, M.Ed., LPC**.....713-597-2377  
**Kendred Wellness Center, PLLC**  
 1000 Cypress Creek Parkway, Ste. 118  
 Houston, TX 77090  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anger Management, Anxiety, Bully Prevention, Crisis Intervention, Depression, Determining Values, Domestic Violence, Ending of a Relationship, Family Stress, Finding Meaning and Purpose in Life, Grief, Life Stressors, Parenthood, Relationship Crisis, Relationship Difficulties, Stress, Stress Management, Trauma, Work-Life Balance
- Alicia Horn, LPC**.....281-205-8786  
**Spring Grove Counseling**  
 8104 Spring Cypress Road  
 Spring, TX 77379  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Anxiety Driven Depression, Attachment Issues, Parenting Issues, Shame, Trauma
- Debbie Horn, M.A., LPC**.....832-797-5655  
**Life Reflections Counseling, LLC**  
 5 Grogans Park Drive, Ste. 112  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Behavioral Issues, Bipolar Disorder, Depression, Divorce, Grief, Infidelity, Marriage Counseling, Relationship Issues, Self-esteem, Sexual Abuse, Trauma/PTSD, Women's Issues
- Loretta Horn, M.A., LPC. LCDC. CART, BCCC**.....281-814-9895  
**AMPT Up for Change**  
 3845 Cypress Creek Parkway, Ste. 350  
 Houston, TX 77068  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anger Management, Anxiety, Depression, Ongoing Court Ordered Classes, Outpatient Substance Abuse/Misuse Problems
- Barry Horn, M.Ed., LPC-Associate**.....844-295-3167  
*Supervised By: Dr. Chris Stravitsch, DMin, LPC-S, LMFT-S*  
**Rejoice Counseling**  
 18511 Klein Church Road  
 Spring, TX 77379  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Career, Communication Issues, Couples Counseling, Depression, Emotional Intelligence, Family Counseling, Grief, Men's Issues, Relationships, Self Awareness, Suicidal Ideation, Trauma

- Emily Horton, Ph.D., LPC, RPT.....713-561-3884**  
**The Center for Postpartum Family Health**  
 25511 Budde Road, #2802  
 The Woodlands, TX 77389  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Parenting, Postpartum Depression, Anxiety, Obsessive Compulsive Disorder, Birth Trauma, Perinatal Loss, Postpartum or Pregnancy Issues, Child and Adolescent Issues
- Ben Houghton, LMSW.....281-748-0233**  
**Better Self Counseling**  
 26009 Budde Road, A-300  
 Spring, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** LGBTQIA+, Immigrants, Refugees
- Meagan N. Houston, Ph.D.....713-854-5654**  
**Houston Behavioral Health, PLLC**  
 4606 FM1960 Road West, Ste. 230  
 Houston, TX 77069  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Behavioral Disorders, Couples Counseling, Eating Disorders, Law Enforcement Personnel, Marital/Premarital Therapy, Mental Health and Psychological Assessments, Men's Issues, Mood Disorders, Psychological Disorders, Relationship Problems, Self Harm Behaviors, Sex Addiction, Sexuality and Gender Concerns, Spirituality Concerns, Stage of Life Changes, Substance Abuse Concerns, Suicidal Ideation Behaviors, Women's Issues
- Sarah Howard, LPC.....832-421-8714**  
**Sequoia Counseling Center**  
 17920 Huffmeister Road, Ste. 150  
 Cypress, TX 77429  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Birthing Trauma, Child Bearing for Families, Christian Counseling, Depression, Grief, Infant and Child Loss, Infertility, Panic Disorder, Perinatal /Postpartum Mood Disorders, Pregnancy, Role Transitions, Trauma/PTSD
- Holly Howard, LPC - Associate.....832-233-3086**  
*Supervised By: Kimberly L. Boyd, M.S., LPC-S*  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Christian Counseling, Depression, Life Decisions, Relationship Stressors (Family, Friendship, Significant Other), Stress

- Sandra Howard, M.A., LPC**.....713-510-4556  
**Reflections in Therapy PLLC**  
6605 Cypresswood Drive, #175  
Spring, TX 77379  
**Population Served:** Adults  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Anxiety, Crisis Intervention, Depression, Grief, Mood Disorders, Prevention, Trauma
- Suzanne Howard-Roberts, MSW, LCSW-S**.....302-547-9957  
**H.O.P.E. Psychotherapy of Houston**  
17510 Huffmeister Road, #102  
Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anger Management, Anxiety (Social and Generalized), Bipolar Disorder, Career/Educational Issues, Couples Therapy/High Conflict, Depressive Disorders, Eating Disorders/Body Dysmorphic Disorders, Family Therapy, LGBTQIA+ Issues, Play Therapy (Ages 4-11), Post-traumatic Stress Disorder (PTSD), Reunification Therapy, Self Harm, Somatic Disorders
- Bailey Hudson, Registered Dietician**.....832-409-4679  
**Empower and Elevate**  
10210 Grogans Mill Road, Ste. 194  
The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Chronic Illness, Diabetes, Disordered Eating, Eating Disorder Recovery, Intuitive Eating, Nutritional Counseling, Sports Nutrition
- Bailey Hudson, Registered Dietician**.....832-409-4679  
**Empower and Elevate**  
14150 Huffmeister Road, Ste. 122  
Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Chronic Illness, Diabetes, Disordered Eating, Eating Disorder Recovery, Intuitive Eating, Nutritional Counseling, Sports Nutrition
- Kim Huff-Howard, M.Ed., LPC-S**.....832-299-8863  
**Counseling Creations**  
825 Village Sq. Drive, Ste. 3  
Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Anger Management, Anxiety, Bipolar Disorder, Boundaries, Depression, Gender Identity, Learning Issues such as Dyslexia, Memory Issues, Pain Management, Relationships, Self-harm, Stress, Suicidal Ideation, Teen Issues, Trauma/PTSD, Veterans Issues

- Kim Huff-Howard, M.Ed., LPC-S.....832-299-8863**  
**Counseling Creations**  
 18230 FM 1488, Ste. 304  
 Magnolia, TX 77354  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Anger Management, Anxiety, Bipolar Disorder, Boundaries, Depression, Gender Identity, Learning Issues such as Dyslexia, Memory Issues, Pain Management, Relationships, Self-harm, Stress, Suicidal Ideation, Teen Issues, Trauma/PTSD, Veterans Issues
- Tiffanie Hughes, M.Ed., LPC - Associate.....832-233-3086**  
*Supervised By: Kimberly L. Boyd, M.S., LPC-S*  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Women Who Have Experienced Trauma, Abuse, and Grief, Women's Issues and Health-related Concerns
- Blaine Hummel, J.D., M.Ed., LPC.....346-347-3489**  
**The Hive Counseling Collective**  
 25511 Budde Road, #3501  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Counseling for Attorneys, High Conflict Divorce and Custody Issues, Counseling for Professionals
- Rachel Humphries, M.S., LPC - Associate.....832-233-3086**  
*Supervised By: Kimberly L. Boyd, M.S., LPC-S*  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anxiety, Autism, Childhood Trauma, Communication Skills, Coping Skills, Depression, Emotional Regulation, Grief, Personality Disorders, Relationship Issues, Self-esteem, Self-harm Behaviors, Stress, Suicidal Risks/Crisis, Trauma/PTSD
- Lindsey Hurley, M.A., LPC-Associate.....832-569-7673**  
*Supervised By: Dr. Ametis Bassir, Ph.D., LPC-S*  
**Restoring Hope Counseling**  
 5206 Farm to Market 1960 Road West, #103  
 Houston, TX 77069  
**Population Served:** Pre-teens, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Trauma/PTSD

- Agha Hussain, LPC - Associate**.....**832-346-8082**  
*Supervised By: Rebecca Smith, LPC-S*  
**Ellie Mental Health**  
 128 Vision Park Boulevard, Ste. 230  
 Shenandoah, TX 77384  
**Population Served:** Pre-teens, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Groups  
**Specialties:** Acculturative Stress, Addiction, Anger Management, Anxiety, Bipolar Disorder, Body Positivity, Career Counseling, Depression, Drug Abuse, Internet Addiction, Life Coaching, Life Transitions, MAPs, Men's Issues, Mood Disorders, Parenting, Peer Relationships, Racial Identity, Relationship Issues, School Issues, Self-esteem, Sexual Addiction, Substance Abuse, Suicidal Ideation, Video Game Addiction. Bilingual in Hindi and Urdu.
- Brandy Hussey, LPC - Associate**.....**281-389-2930**  
*Supervised By: Christie Farris, LMFT-S, LPC-S*  
**Evergreen Family Therapy**  
 10210 Grogan's Mill Road, #355  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples  
**Specialties:** Adolescent Issues, Couples Issues
- Brandy Hussey, LPC - Associate**.....**281-528-1523**  
*Supervised By: Christie Farris, LMFT-S, LPC-S*  
**LifeSpring Behavioral Health**  
 1400 Woodloch Forest Drive, Ste. 575  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Marital/Pre-marital Counseling
- Patricia Hutchinson, LCSW-S**.....**855-562-0751**  
**LifeStance Health**  
 23051 Kingwood Place Drive, Ste. 110  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Adoption/Foster Care, Alcohol and Drug Use Issues, Anxiety, Autism Spectrum Disorders, Bipolar Disorder, Children's Behavioral Issues, Depression, Developmental Disabilities, Life Transitions, Parenting Skills, Pregnancy/Prenatal/Postpartum, Psychosis, School Avoidance, Trauma/PTSD, Women's Issues. Bilingual in English and Spanish.
- AJ Huynh, M.A., LPC-Associate**.....**346-634-7571**  
*Supervised By: Rebecca Smith, LPC-S*  
**Liberated Minds TX Counseling**  
 14150 Huffmeister Road, Ste. 200-129  
 Cypress, TX 77429  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anxiety, Borderline Personality Disorder, Chronic Pain, Depression, Drug Abuse, Eating Disorders, Grief, Obsessive Compulsive Disorder, Personality Disorder, Self Harm, Stress, Substance Abuse, Suicidal Ideation, Trauma/PTSD. Bilingual in English and Vietnamese.

**Adeola Ibeneme, M.A., LPC-Associate.....832-717-7166***Supervised By: Christina Runnels, LPC-S***Greater Houston Counseling Services, PLLC**

8118 Fry Road, Ste. 601 &amp; 602

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Finding Effective Solutions to Presenting Challenges**Nicole Ilacqua, M.Ed., LPC.....832-233-3086****Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Grief, Life Transitions, Low Self-esteem, Pregnancy and Post-partum Issues, Post-traumatic Stress Disorder, Trauma**Deborah Imhoff, M.S., LPC-S.....281-936-0078****Imhoff Counseling**

2002 Timberloch Place, Ste. 200

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Bipolar Disorder, Cancer, Coping Skills, Depression, Divorce, Grief, Life Transitions, Marital/Premarital, Relationship Issues, Self-esteem, Self Harm, Suicidal Ideation. Bilingual in English and Spanish.**Shawnae Inama, LPC-Associate.....832-569-7673***Supervised By: Jennifer Cain, LPC-S, RPT-S***Restoring Hope Counseling**

5206 FM 1960 W., #103

Houston, TX 77069

**Population Served:** Toddlers, Children, Pre-teens, Adolescents, Adults**Types of Services:** Individuals**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Blended Families, Depression, Education and Learning Disabilities, Oppositional Defiance Disorder, Parenting, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues**Paige Ingersoll, LPC - Associate.....713-597-6506***Supervised By: Cortnee Wright, M.A., LPC-S***Elle Mental Health**

128 Vision Park Boulevard, Ste. 230

Shenandoah, TX 77384

**Population Served:** Pre-teens, Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** Anxiety, Coping Skills, Depression, Domestic Abuse, Domestic Violence, Grief, Life Transitions, Peer Relationships, Self-esteem, Self Harm, Sexual Abuse, Trauma/PTSD

- Melissa Isaacks, LPC.....571-554-1147**  
**Thriveworks Counseling**  
 20008 Champion Forest Drive, Ste. 704  
 Spring, TX 77379  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anger, Anxiety, Behavioral Issues, Bipolar Disorder, Children's Issues, Coping Skills, Depression, Drug Abuse, Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief, Impulse Control Disorders, LGBTQIA+, Life Transitions, Obsessive Compulsive Disorder, Parenting, Peer Relationships, Relationship Issues, School Issues, Self-esteem, Self Harm, Stress, Thinking Disorders, Transgender, Trauma/PTSD
- Jimena Isaza, M.A., LPC.....832-671-6616**  
**Woodlands Bilingual Counseling**  
 2219 Sawdust Road, Ste. 1101  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anger Management, Anxiety, Family Relationships, Grief/Bereavement, Life Transitions, Multicultural/Diversity Issues, Post-traumatic Stress Disorder (PTSD)
- Jenna Jackson, LMSW, LCDC.....281-241-6406**  
*Supervised By: Elizabeth Castrellon, LCSW-S*  
**Sazo Counseling**  
 700 Rockmead Drive, Ste. 200  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Grief, Life Transitions/Changes, Relationship Issues, Substance Use, Stress, Trauma/PTSD
- Jenny Jacobs, LPC.....832-422-8171**  
**Therapy for Families - Healing Wholeness**  
 2219 Sawdust Road, Ste. 1101  
 The Woodlands, TX 77380  
**Population Served:** Pre-Schoolers, Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anger Management, Animal-Assisted Therapy, Anxiety, Behavioral Issues, Coping Skills, Depression, Divorce, Family Conflict, Grief, Impulse Control, Life Transitions, Parenting, Peer Relationships, Play Therapy, School Issues, Self-esteem, Social Emotional Regulation, Stress, Trauma Counseling
- Sally James, M.A., LPC-S, NCC.....281-536-9223**  
**Connect2Counseling**  
 719 Sawdust Road, Ste. 104  
 The Woodlands, TX 77380  
**Population Served:** Toddlers, Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Couples Therapy, Depression, Family Therapy, Health Issues, Parenting, Play Therapy, Relationship Issues, Sleeplessness, Work Issues

**Cami Jamison, LMFT.....832-346-8082**

**Ellie Mental Health**

128 Vision Park Boulevard, Ste. 230  
Shenandoah, TX 77384

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Empowerment, Recognize life patterns, Self-compassion

**Jesse Jasso, M.A., LPC.....346-206-3992**

**The Resilience Center**

14930 Mueschke, Ste. 100  
Cypress, TX 77433

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anger Management, Anxiety, Borderline Personality Disorder, Career Counseling, Codependency, Depression, Family Dysfunction, Grief/Loss, Pain Management

**Farah Javaid, M.A., LPC.....832-543-3002**

**Inner Acceptance Therapy**

1525 Lakeville Drive, Ste. 112  
Kingwood, TX 77346

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Relationship Issues, Self-esteem, Stress. Bilingual in Hindi and Urdu.

**Jerome Javellana, LPC-Associate.....281-210-6677**

*Supervised By: Tameka Franklin, LPC-S*

**Connections Child and Family Center**

8122 Spring Cypress Road  
Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Art Therapy, Play Therapy, Body Image, Eating Concerns, Gender Identity, LGBTQIA+ Issues

**Jerome Javellana, LPC-Associate.....281-210-6677**

*Supervised By: Tameka Franklin, LPC-S*

**Connections Child and Family Center**

1544 Sawdust Road, Ste. 290  
Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Art Therapy, Play Therapy, Body Image, Eating Concerns, Gender Identity, LGBTQIA+ Issues

**Joyce Jeane-Latiolais, LPC-S.....346-810-6437**

**LifeStance Health**

308 S. Friendswood Drive, Ste. 200  
Friendswood, TX 77546

**Population Served:** Toddlers, Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Alcohol Use, Anxiety, Bipolar Disorder, Children's Issues, Chronic Pain, Depression, Eating Disorders, Grief, Hoarding, Infertility, LGBTQIA+, Life Transitions, Obsessive Compulsive Disorder, Prenatal/Pregnancy/Postpartum, Psychosis, Relationship Issues, Sleep/Insomnia, Transgender, Trauma/PTSD. Bilingual in Gujarati, Hindi, and Urdu.

**Troy Jefferson, LCDC.....281-999-4859**

**Solutions Counseling and Consulting Inc.**

505 N. Sam Houston Parkway East, Ste. 308  
Houston, TX 77060

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Addiction, Chemical Dependency, Substance Use Disorder

**Chester Jefferson, M.S., LPC - Associate.....832-233-3086**

*Supervised By: Kimberly L. Boyd, M.S., LPC-S*

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Groups

**Specialties:** Behavior Intervention, Couples Counseling, Depressive Disorders, Males with Multicultural Backgrounds Who Want Mental Health Counseling, Multicultural Challenges, Spiritual Counseling, Substance Abuse

**Robert Jefferson, MSW, LCSW, BCD, QCSW.....281-816-5289**

**Robert Jefferson & Associates**

5625 FM 1960 Road West, Ste. 520  
Houston, TX 77069

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Relationship Issues

**Stephanie Jenkins, M.A., LPC.....832-228-7569**

**Stephanie Jenkins Counseling, LLC**

26518 Oak Ridge Drive  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addictions, Anxiety, Child/Adolescents Issues, Depression, Dual Diagnosis, Couples/Marital Issues, Infidelity, Illness, Parenting Conflict, Poor Communication, Self-Esteem Issues

**Jessica Jensen M.A., LPC.....979-221-8749**

**Tranquil Hearts Counseling Center**

16712 Huffmeister Road, Bldg. 400A  
Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Career Counseling, Conflict Resolution, Depression, Divorce, Grief, Life Transitions, Marital Dilemmas, Post-secondary Planning

**Ita Jervis, M.Ed., LPC, GRMS, RYI.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Career and Professional Hardships, Chemical Dependency, Conflict Resolution, Culture Shock, Domestic Violence, Grief. Bilingual in English and Spanish.

**Jennifer Jessen, M.A., LPC, LCDC.....832-463-2673**

**Houston Psychotherapists, Inc.**

21212 Northwest Freeway, Ste. 455  
Cypress, TX 77429

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anger Management, Anxiety, Communication Issues, Depression, Grief/Loss, Stress, Trauma/PTSD

**Heather Jewell, M.Ed., LPC.....409-245-9422**

**Atascocita Counseling Associates**

18700 W. Lake Houston Parkway, Ste. A-102  
Humble, TX 77346

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Abuse, ADHD, Anxiety, Couples Counseling, Depression, Divorce, Faith-based Counseling, Family Therapy, Grief, Trauma

**Irene Jirinzu, LCSW.....832-756-2749**

**Spencer and Associates Therapeutic Alliance, PLLC**

12340 Jones Road, Ste. 290  
Houston, TX 77070

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Families

**Specialties:** Adolescent Issues, Anxiety, Depression, Family Dynamics, Geriatric Issues, Women's Issues, Young Adults

**Shari Jobe, LPC.....281-296-3158**

**New Caney Counseling Center**

23010 Gabriel, Ste. 205

New Caney, TX 77357

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Christian Counseling, Depression, Domestic Violence, Life Changes and Transitions, Parent Coaching, Relationship Issues, School and Behavioral Challenges, Self-esteem, Stress Management, Trauma

**Barbara Johns, LPC-Associate.....832-421-8714**

*Supervised By: Kristin King, MA, LPC-S*

**Sequoia Counseling Center**

17920 Huffmeister Road, Ste. 150

Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Forster Healthy Child-Parent Relationships, Life Transitions, Parenting, Relationship Issues, Self-esteem, Stress. Children's Issues: ADHD, Anxiety, ASD, Behavioral Issues, Play Therapy, Poor Emotional Regulation, Difficulty Adjusting to Changes

**Ashley Johnson, LMSW.....855-209-3255**

**Thriveworks**

15103 Mason Road, Ste. E2

Cypress, TX 77433

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anger Management, Anxiety, Coping Skills, Depression, Divorce, Domestic Abuse, Grief, Life Transitions, Military/Veterans, Pregnancy/Prenatal/Postpartum, Relationship Issues, Stress, Women's Issues

**Ejama Johnson, M.Ed., LPC.....346-297-0405**

**Healing2Flourish Counseling and Consulting, PLLC**

8530 FM 1960 Road E., Ste. 214

Humble, TX 77346

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Emotional Neglect, Generational Trauma, Helping Minority Women Heal and Grow from Trauma That Developed Through Domestic Abuse and Abandonment During Childhood and Adulthood, Physical Abuse, Psychological Abuse, Sexual Abuse, Stress

**Heather Johnson, M.Ed., LPC-Associate.....832-291-3950**

*Supervised By: Michelle Byrd, LCSW-S and Rosanne C. Juarez, LPC-S*

**Nurturing Nature Child and Family Therapy**

256 Ed English Drive, Bldg. 4, Ste. E

Shenandoah, TX 77385

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Low Self-esteem, Performance Anxiety, Social Anxiety

**Tamara Johnson, M.S., CMHC, LPC-Associate.....866-868-7088**

*Supervised By: Heather Moss, LPC-S*

**Wellsorce Counseling and Psychiatry Group**

1308 Kingwood Drive

Kingwood, TX 77339

**Population Served:** Pre-teens, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Academic Challenges, Adolescent Issues, Anxiety, Autism Spectrum Disorder, Depression, Difficult Transitions, Peer Conflict, Pre-teen Issues (Tweens), Stress, Suicidal Ideation, Trauma/PTSD

**Amelia Johnson, M.S., LPC.....713-466-1360**

**Cy-Hope Counseling**

12715 Telge Road

Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD Coaching for Older Adolescents and Adults, Parent Coaching for Parents of Children with ADHD. In addition, work with Anxiety, Co-parenting, Parenting, Obsessive Compulsive Disorder, Women's Sexual Health, Trauma

**Brooke Johnson, MMFT, LPC.....832-346-8082**

**Ellie Mental Health**

128 Vision Park Boulevard, Ste. 230

Shenandoah, TX 77384

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, Anxiety, Body Positivity, Codependency, Coping Skills, Depression, Divorce, Drug Abuse, Dual Diagnosis, Family Conflict, First Responders, Grief, Life Transitions, Marital/Premarital, Obsessive Compulsive Disorder, Peer Relationships, Relationship Issues, Self-esteem, Sleep/Insomnia, Stress, Substance Abuse, Transgender, Trauma/PTSD, Women's Issues, Veterans

**Duane Johnson, Ph.D., LPC.....281.631.5229**

**Locus Counseling Center**

900 Rockmead Drive, Ste. 280

Kingwood, TX 77339

**Aundrea Jones, LMFT-Associate.....832-717-7166**

*Supervised By: Larry R. Bell, Jr., M.S., LCMFT-S*

**Greater Houston Counseling Services, PLLC**

8900 Eastloch Drive

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anxiety, Autism Spectrum Disorder, Depression, Domestic Violence, Grief/Loss, Infidelity, Major Life Changes, Neurodevelopmental Disorders, Relationship Struggles, Substance Use, Trauma/PTSD

- Bobbie Jones, LPC.....832-736-3105**  
 12238 Queenston Boulevard, Ste. G  
 Houston, TX 77095  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Life Transitions
- Sammie Jones, M.A., LPC.....832-237-2673**  
**Houston Psychotherapists, Inc.**  
 21212 Northwest Freeway, Ste. 455  
 Cypress, TX 77429  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Groups  
**Specialties:** Mood Disorders, Relationship Issues, Self Harm
- Rica Jones, M.S., LPC.....346-206-3992**  
**The Resilience Center**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Trauma, Abuse, Anger Management, Attachment, Domestic Violence, Family Dysfunction, Grief/Loss, Spirituality, Psychosis
- Kim Jones, MA, LMFT-S, LPC-S.....713-561-3884**  
**The Center for Postpartum Family Health**  
 25511 Budde Road, #2802  
 The Woodlands, TX 77389  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Individuals and Couples experiencing Mental Health and Relational Challenges during Pregnancy and Postpartum, Substance Abuse, Eating Disorders, Grief/Loss, Relationship Difficulties, Mood Disorders, Anxiety Disorders
- Dr. Allison Jones, PsyD.....281-939-3259**  
 990 Village Square Drive, Ste. G-200  
 Tomball, TX 77375  
**Population Served:** Adolescents, Adult  
**Types of Services:** Individual and Family  
**Specialties:** Specialize in the treatment of anxiety disorders and ADHD
- Marjorie Jordan, M.A., LPC, LMFT.....832-381-4863**  
**Jordan Christian Counseling**  
 26205 Oak Ridge Drive, Ste. 109  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Marriage and Couples Counseling, Parenting Skills, Family Therapy, Family Conflict, Stepfamily/Blended Family Issues, Anger Management, One Day Intensives for Couples in Crisis

**Cathy Jordan, Psy.D.**.....281-768-1619

**Clear Channel Counseling**

3920 Cypress Creek Parkway, Ste. 540  
Houston, TX 77068

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, ADHD, Anger Management, Anxiety, Behavioral Issues, Depression, Divorce, Domestic Abuse, Eating Disorders, Grief, Infidelity, Marriage Counseling, Obesity, Parenting, Relationship Issues, Self-esteem, Self Harm, Stress, Trauma/PTSD, Weight Loss, Women's Issues

**Rosanne Juarez, MEd, LPC-S**.....832-766-0995

2219 Sawdust Road, Ste. 1101  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marriage, Families

**Specialties:** Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Education, Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression, Anxiety, OCD, Anger Management, Psychotherapy

**Colleen Jungersen, Ph.D.**.....281-210-6677

**Connections Child and Family Center**

8122 Spring Cypress Road  
Spring, TX 77379

**Population Served:** Children

**Types of Services:** Individuals, Families

**Specialties:** Children under age 12 with Anxiety, Emotional Regulation Issues, and Impulsivity, Autism, ADHD, Psychological Testing

**Colleen Jungersen, Ph.D.**.....281-210-6677

**Connections Child and Family Center**

1544 Sawdust Road., Ste. 290  
Spring, TX 77380

**Population Served:** Children

**Types of Services:** Individuals, Families

**Specialties:** Children under age 12 with Anxiety, Emotional Regulation Issues, and Impulsivity, Autism, ADHD, Psychological Testing

**Catherine Kahla, M.Ed., LPC-Associate**.....713-466-1360

*Supervised By: Courtney Suddath, M.A., LSSP, LPC-S*

**Cy-Hope Counseling**

12715 Telge Road  
Cypress, TX 77429

**Population Served:** Adolescents, Young Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Depression, Post-traumatic Stress Disorder (PTSD)

**Mark Kakos, LCDC.....281-528-1523**

**LifeSpring Behavioral Health**

1400 Woodloch Forest Drive, Ste. 575  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Alcohol and Drug Use Issues, Adolescent Issues

**Amanda Kasowski, M.A., LPA-IP.....281-210-6677**

**Connections Child and Family Center**

8122 Spring Cypress Road  
Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Psychological Assessments for Symptoms of Everyday Life such as Irritability, Worry, Inattention, Hyperactivity, Lack of Motivation, Difficulty Sleeping

**Amanda Kasowski, M.A., LPA-IP.....281-210-6677**

**Connections Child and Family Center**

1544 Sawdust Road, Ste. 290  
Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Psychological Assessments for Symptoms of Everyday Life such as Irritability, Worry, Inattention, Hyperactivity, Lack of Motivation, Difficulty Sleeping

**Katy Kavanagh, M.A., LPC-Associate.....281-210-6677**

*Supervised By: Catherine King, LMFT-S, LPC-S*

**Connections Child and Family Center**

8122 Spring Cypress Road  
Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anger Management, Anxiety, Autism Spectrum Disorders, Behavior Issues, Depression, Divorce, Grief, Loss, Life Changes, Neurodivergent, Parent Coaching, Relationship Issues, Stress Management

**Katy Kavanagh, M.A., LPC-Associate.....281-210-6677**

*Supervised By: Catherine King, LMFT-S, LPC-S*

**Connections Child and Family Center**

1544 Sawdust Road, Ste. 290  
Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anger Management, Anxiety, Autism Spectrum Disorders, Behavior Issues, Depression, Divorce, Grief, Loss, Life Changes, Neurodivergent, Parent Coaching, Relationship Issues, Stress Management

- Colleen Keiser, LPC.....855-209-3255**  
**Thriveworks**  
 15103 Mason Road, Ste. E2  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Coping Skills, Depression, Grief, Life Transitions, Peer Relationships, Relationship Issues, Stress, Veterans
- Shawn M. Keith, M.S., LPC-S.....281-352-9398**  
**Shawn Keith Counseling**  
 26310 Oak Ridge Drive, Ste. 12  
 Spring, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Grief, LGBTQIA+ Allied, Self-esteem, Stress, Substance Abuse
- Harold (Hank) Keller, MSW, LCSW.....302-547-9957**  
**H.O.P.E. Psychotherapy of Houston**  
 17510 Huffmeister Road, #102  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anger Management, Anxiety, Bipolar Disorder, Conduct Disorder, Conflict Resolution, Depression, Divorcing Families, Drug and/or Alcohol Problems, Obsessive Compulsive Disorder (OCD), Oppositional Defiance Disorder (ODD), Stress Management
- JP Kendrick, MSW, LCSW.....346-206-3992**  
**The Resilience Center**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Trauma, Adjustment Disorders, Anxiety, Attachment, Blended and Divorced Families, Codependency, Conflict Management, Depression, Emotional Disturbance
- Mary Kennington, Ph.D.....713-201-8791**  
**Mary Kennington, Ph.D.**  
 21638 State Highway 249  
 Houston, TX 77070  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Depression, Chronic Pain, Anxiety
- Lisa Kerr, LPC.....281-205-8786**  
**Spring Grove Counseling**  
 8104 Spring Cypress Road  
 Spring, TX 77379  
**Population Served:** Children  
**Types of Services:** Individuals  
**Specialties:** Exceptional Children that manifest Atypical Development, Autism Spectrum Disorders, Gifted, Twice-exceptional

- Gloria E. Kessler, M.Ed., LPC, LCDC**.....**936-447-0541**  
 1506 FM 2854, Ste. 111  
 Conroe, TX 77304
- Mphatso Khoza, M.A., LPC-A**.....**346-208-2942**  
*Supervised By: Bodganos Stamatis, LPC-S*  
**Man 2 Man Counseling Center**  
 25511 Budde Road, Bldg. 2802  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Life Transitions, Relationship Issues, Family Issues, Unfinished Business
- Brittany Kicker, LMSW**.....**281-608-1346**  
*Supervised By: Sonya E. Gonzelez, LCSW-S, LCDC*  
**Kingwood Counseling Center**  
 1521 Green Oak Place, Ste. 250  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adjustment Disorder, Family Issues, Issues concerning Work/School Life, Marriage Issues, Mood Disorders, Personality Disorders, Purpose in Life, Severe and Persistent Mental Illness
- Susan Kiefaber, MA, LMFT, NCC**.....**832-445-8395**  
 506 Honea Egypt Road  
 Magnolia, TX 77354  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Trauma, PTSD, Domestic Abuse, and Relationship Issues
- Kristin King, LPC-S**.....**832-421-8714**  
**Sequoia Counseling Center**  
 17920 Huffmeister Road, Ste. 150  
 Cypress, TX 77429  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Adoption, Attachment, Christian Counseling, Couples Counseling, Infidelity, Parenting, Relationship Struggles, Trauma
- Brandon L. King, M.A., LPC**.....**346-208-2942**  
**Man 2 Man Counseling Center**  
 25511 Budde Road, Bldg. 2802  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Men's Issues, Multicultural Issues

- Ashley King, Ph.D., LPC, LMFT**.....**346-206-3992**  
**The Resilience Center**  
 14930 Mueschke, Ste. 100  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Children of Divorce, Communication Issues, Couples Counseling, Family Dysfunction, Peer Relationships, School Issues, Self-esteem
- Brittany Kingston, LMFT**.....**713-487-6659**  
**Kingston and Co. Counseling**  
 2219 Sawdust Road, Ste. 1903  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Marriage Counseling, Relationship Issues, Trauma/PTSD
- Tawanda Kitchen, LPC**.....**281-826-1273**  
**Atascocita Counseling Associates**  
 18700 W. Lake Houston Parkway, Ste. A-102  
 Humble, TX 77346  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Adjustment Disorders, Adolescent Identity and Social Awareness, Trauma, Post-Traumatic Stress Disorders, Executive Functioning, Anxiety, Play Therapy, Grief, Sexual Identities
- Heidi Kleeman, M.A., NCC, LPC-S**.....**866-868-7088**  
**Wellspring Counseling and Psychiatry Group**  
 1308 Kingwood Drive  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Adolescent Issues, Anger Management, Anxiety, Attention/Focus, Depression, Divorce, Grief, Impulse Control, LGBTQIA+ Issues, Lesbian Issues, Low Self-esteem, Obsessive Compulsive Disorders, Parenting Skills, Stress, Substance/Alcohol Use, Trauma/PTSD
- Karlee Kleibrink, M.Ed., LPC - Associate**.....**832-233-3086**  
*Supervised By: Maggie Chlebana, M.S., LPC-S*  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Couples Therapy, Depression, Developing Coping Skills, Families Impacted with Special Needs - Specifically Autism, Grief, Post-traumatic Stress Disorder, Testing and Assessments

**Heidi Kling, LPC.....281-701-1053**

**Heidi Kling Counseling**

17510 Huffmeister Road, Ste. 107  
Cypress, TX 77429

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Addiction, Anger Management, Anxiety, Career Counseling, Grief

**Robert Knapick, Ph.D., LMFT.....936-333-2653**

**Serenity Ranch Wellness, PLLC**

902 North San Jacinto Street  
Conroe, TX 77301

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Codependency, Coping Skills, Grief Counseling, Life Coaching, Non-violent Crisis Intervention, Parenting, Relaxation Training, Social Skills, Stress Reduction, Substance Abuse

**Brandy Kness, LPC-Associate.....713-466-1360**

*Supervised By: Jasper Gates, M.A. LPC-S*

**Cy-Hope Counseling**

12715 Telge Road  
Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Career Changes, Life Transitions like Moving, Personal Growth, Relationships

**Abbey Kniffin, M.A., LPC, NCC.....713-466-1360**

**Cy-Hope Counseling**

12715 Telge Road  
Cypress, TX 77429

**Population Served:** Children, Adolescents, and Adults

**Types of Services:** Individuals

**Specialties:** Children's Issues, Play Therapy

**Amanda Koenig-Reed, MA, LMFT.....832-779-6691**

**Be Well Institute of Texas**

26518 Oak Ridge Drive, #101  
Spring, TX 77380

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Perfectionism, Self-harm, Couples Counseling, Relational Problems, Women's Issues, Teen and Young Adult Concerns, Sudden Life Changes/Adjustment Issues, Low Self-esteem, Family/Peer Relationship Issues, Divorce, Behavioral Disorders, ADHD, Autism, Asperger's Syndrome, Oppositional Defiant Disorder, Parenting, Adoption, Educational/Peer Concerns, Grief, Trauma, Depression, Anxiety

**Stephanie Kosut, M.A., LPC-S.....936-443-9629**

**Prevail Behavioral Health and Wellness Center**

620 Longmire Road  
Conroe, TX 77304

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Assistance for School, College, and Work Accommodations, Behavioral Health Genetic Testing for Supplementation, Diagnosing, Forensic Examinations and Testifying, Formal Diagnosis for Children, Adolescents, and Adults, Formal Evaluation, Help to Physicians for Medication Management, Psychological/Psychometric Testing, Psychopharmacology

**Michael Kouba, M.A., LPC.....281-205-7997**

**Cypress Therapy and Counseling**

17774 Cypress Rosehill Road, Ste. 400  
Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families, Couples

**Specialties:** Adjustment Disorders, Attachment Disorders, Anxiety, Communication Issues, Conflict Resolution, Depression, Grief/Loss, Holistic Wellness, Spiritual Concerns

**Cynthia Kowalis, M.S., LPC-Associate, NCC.....281-849-4080**

*Supervised By: Ryan P. Holliman PhD LPC-S*

**Your Family Psychiatrist**

12247 Queenston Boulevard, Ste. D  
Houston, TX 77095

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Grief/Loss, Obsessive Compulsive Disorder, Personality Disorders, Post-traumatic Stress Disorder, Substance Abuse

**Erin Kramer, M.A., LPC.....713-330-9350**

**Erin Kramer, M.A., LPC**

700 Rockmead Drive, Ste. 246  
Kingwood, TX 77339

**Population Served:** Preteens, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Depression, Marriage Counseling, Spirituality, Trauma/PTSD

**James Kuciemba, Ph.D.....936-443-9629**

**Prevail Behavioral Health and Wellness Center**

620 Longmire Road  
Conroe, TX 77304

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Behavior Modification/Parenting Skills for Children and Their Parents, Couples Counseling, Helps Physicians with Medication Management, LGBTQIA+ Issues, Marriage Therapy, Mild to Severe Mental Illness, Nurturing Skills Training for Fathers, Personality Disorders, Psychological Assessment for Formal Diagnosis for Children, Adolescents, and Adults, Substance Abuse, School/College/Work Accommodations, Trauma (Interpersonal and Combat), Women's Issues

**Kristin Lahey, LMFT.....832-663-0455**

2203 Timberloch Place, Ste. 218 B

The Woodlands, TX 77381

**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples, Families**Specialties:** Relationship Issues, Family Conflict**Tracy Lambert, LPC-S.....281-312-0137****TM Counseling Center**

2323 Timber Shadows Drive, Ste. B

Kingwood, TX 77339

**Population Served:** Toddlers, Children, Pre-Teens, Adolescents, Adults**Types of Services:** Individuals, Families, Groups**Specialties:** ADHD, Depression, Grief, Self-esteem, Trauma/PTSD**Mary Lambrecht, M.S., LMFT.....832-953-4030****Family Help Counseling and Seminars, LLC**

26205 Oak Ridge Drive, Ste. 109-B

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Adopted Children's Issues, Adolescent Issues, Anxiety, Christian Counseling, Codependency, Couples Counseling, Grief/Loss, Depression, Effective Communication Skills, Family of Origin Issues, Family Conflict, Life Transitions, Marital and Other Relational Struggles, Mood Disorders, Social Skills, Anger Management**Shelby LaMothe, LPC-Associate.....832-346-8082***Supervised By: Thelma Rouse, LPC-S***Ellie Mental Health - The Woodlands**

128 Vision Park Boulevard, Ste. 230

Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Adolescents Issues, Children's Issues, Couples Counseling, Family Counseling**Alison Lampton M.Ed., LPC.....832-630-0777****Tranquil Hearts Counseling Center**

16712 Huffmeister Road, Bldg. 400A

Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety, Depression, Grief and Loss, Infertility, Life Transitions, Play Therapy, Self-esteem, Stress

- Jaylee Lange, M.Ed., LPC**.....866-868-7088  
**Wellspring Counseling and Psychiatry Group**  
 1308 Kingwood Drive  
 Kingwood, TX 77339  
**Population Served:** Pre-teens, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Adolescent Issues, Anxiety, Attention/Focus, Bipolar Disorders, Depression, Dual Diagnosis, Impulse Control, LGBTQIA+ Issues, Mood Disorders, Oppositional Defiance Disorders, Stress, Suicidal Ideation, Trauma/PTSD
- Haley Langford, LPC-Associate**.....281-769-2238  
*Supervised By: Ana Valenzuela, M.S., LPC-S, LCDC, NCC*  
**Clearhope Counseling and Wellness**  
 7702 FM 1960 East, Ste. 310  
 Humble, TX 77346  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Adolescent Issues, Anxiety, Autism, Children's Issues, Christian Counseling, Chronic Pain, Couples Counseling, Depression, Grief, Loss of a Child, Trauma/PTSD, Women's Issues
- Nicole Langman, LPC**.....832-356-8771  
**Sensible Counseling**  
 6710 Spring Stuebner Road, Ste. 709 PMB 1098  
 Spring, TX 77389
- Britney LaRive, M.A., LPC-Associate**.....346-200-6260  
*Supervised By: Cheri S. Westcott, LPC-S*  
**District Counseling**  
 10330 Lake Road, Ste. Z  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Life-stage Development, Obsessive Compulsive Disorder, Self-esteem, Trauma/PTSD
- Adrienne LaRoe, MS, LMFT**.....346-367-5117  
 1095 Evergreen Circle, Ste. 200  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Autism, Grief, PTSD, Chronic Pain
- Nikki Larsen, LMFT**.....713-367-1530  
**Starlight Counseling**  
 17840 Mound Road, Ste. E  
 Cypress, TX 77433  
**Population Served:** Pre-teens, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Grief, Marriage Counseling, Relationship Issues, Self-esteem

**Emily M. Lash, M.A., NCC, LPC.....281-528-1523**

**LifeSpring Behavioral Health**

1400 Woodloch Forest Drive, Ste. 575  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Groups

**Specialties:** Life's Challenges

**Rosie Lasiter, Ph.D.....713-914-9944**

**Psychology Houston**

8111 Ashland Way  
The Woodlands, TX 77382

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety Disorders, OCD, Depression, Behavior Management, Executive Function Weaknesses, Social Skills Difficulties and the Assessment of ADHD, Learning Disabilities, and Cognitive Functioning

**Nora Law, LCSW.....281-746-2704**

**Life's Journey Counseling and Community Services**

12238 Queenston Boulevard, Ste. G  
Houston, TX 77095

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Individual, Couples/Marital, Family, and LGBTQIA+ Counseling and Life Coaching

**Tammy Lee, LPC, LPA.....281-377-3743**

**Ellie Mental Health**

8118 Fry Road, Bldg. 2  
Cypress, TX 77433

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Adolescent Issues, Family Issues, Grief/Loss, Personal Growth, Shame

**Kacie LeGaye, LCSW-S.....855-209-3299**

**Thriveworks**

1201 Lake Woodlands Drive, Ste. 4009  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, Alcohol Use, Anxiety, Children's Issues, Coping Skills, Chronic Relapse, Depression, Drug Abuse, Dual Diagnosis, Family Conflict, Grief, Life Transitions, Marital/Premarital, Parenting, Pregnancy/Prenatal/Postpartum, Relationship Issues, Stress, Substance Abuse

**Jessica Leger, LCSW, RPT.....832-773-4638**

**Leger Counseling**

26411 Oak Ridge Drive  
Spring, TX 77380

**Population Served:** Infants, Toddlers, Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Depression, Interpersonal Struggles, Parent/Child Relationship Problems, Parenting Skills, Infant Mental Health, New Beginnings Program, a Parenting Program for Parents Who are Divorced or Separated

**Jeff Leiber, LPC, LCDC.....281-699-8012**

**Leiber Counseling, PLLC**

2002 Timberloch Place, Ste. 200  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Families

**Specialties:** Addiction, Alcohol Use, Anxiety, Depression, Obsessive Compulsive Disorder,

**Nathalie Lejeune-Smith, LPC.....832-306-2969**

**Finding Peace Counseling Center**

25511 Budde Road, Ste. 1901  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Depression, Trauma, Life Adjustments like Immigration and Expatriation, Relationship Issues, Trauma and PTSD

**Jake Leoni, MSW, LCSW.....713-962-5948**

**Counseling Creations**

14847 Brown Road  
Magnolia, TX 77377

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Anxiety, Depression, Drug and Alcohol Abuse/Addiction, Relationship Issues, Stress, Teen Issues, Trauma

**Jennifer Leslie-Van Blarcom, M.A., LPC-S.....832-771-5630**

**Enriching Counseling Services, PLLC**

107 West 1st Street, Ste. 200  
Humble, TX 77338

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Borderline Personality Disorder, Depression, Drug Misuse, Eating Disorders, Long Term Illnesses, Obsessive Compulsive Disorder, Post-traumatic Stress Disorder,

- Shaun Lester, Ph.D., LPC-S**.....713-292-4647  
**Shaun Lester, Ph.D., LPC-S**  
 2219 Sawdust Road, Ste. 105  
 The Woodlands, TX 77380  
**Population Served:** Toddlers, Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addictions, Adolescent Issues, Anxieties/Fears, Children's Issues, Christian Counseling, Depression, Divorce, Eating Disorders, Mood Disorders, Self-esteem, Sexual Addiction, Stress, Testing and Evaluation
- Ali Lichty, M.A., LPC**.....281-363-4220  
**Woodlands Family Institute, P.C.**  
 1610 Woodstead Court, Ste. 420  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anger Management, Anxiety, Depression, Communication Issues, Eating Disorders, Food Addiction, Grief/Loss, Life Transitions, Food Disorders, Obesity, Relationship Issues, Substance Use Disorders, Work and School-related Problems, Stress Management
- Beth Lindsey, M.A., LPC**.....713-447-2770  
**Resolve Counseling and EMDR Center**  
 25511 Budde Road, Ste. 3402  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Obsessive Compulsive Disorder, ADHD, Unresolved Trauma, Relationship Conflict, Life Transitions, Grief/Loss, Disordered Eating, Poor Body Image
- Teresa Linnemann, LMFT**.....346-298-9500  
 10210 Grogans Mill Rd. Ste. 230  
 The Woodlands, TX 77380
- Anne Litsey, LCSW**.....832-306-2969  
**Finding Peace Counseling Center**  
 25511 Budde Road, Ste. 1901  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Trauma, Resilience Building, LGBTQIA+, Grief, Health Issues, Life Transitions - Adulting, Retirement, Care Giving, Career Changes
- Carla Litzsey, M.S., LPC, LCDC, CI**.....832-210-2999  
**Purpose Restored Counseling**  
 25511 Budde Road, #1302  
 The Woodlands, TX 77380  
**Population Served:** Child, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Child and Adolescent Issues, Depression, Life Transitions, Perfectionism, Relationship Issues, Stress, Substance Abuse, Single/Co-parenting

**Sherry Butler Loeb, M.S., LPC.....855-562-0751****LifeStance Health**

23051 Kingwood Place Drive, Ste. 110  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Adoption/Foster Care, Anxiety, Autism Spectrum Disorders, Bipolar Disorder, Childhood Behavior Issues, Couples' Issues, Depression, Developmental Disabilities, Grief, Later Life Transitions, Midlife Transitions, Parent-Child Interaction Therapy, Parenting Skills, Trauma/PTSD, Women's Issues

**Tori Logback, M.A., LPC-Associate.....713-466-1360**

*Supervised By: Courtney Suddath, M.A., LSSP, LPC-S*

**Cy-Hope Counseling**

12715 Telge Road  
Cypress, TX 77429

**Population Served:** Adolescents, Young Adults

**Types of Services:** Individuals, Families

**Specialties:** Adolescent Issues, First Responders and Families, Military Veterans and Families, Young Adult Issues

**Andrew L. Logue, M.A., LPC-Associate.....936-449-8053**

*Supervised By: Tameka Franklin, LPC-S*

**Lake Conroe Counseling Center**

123 Blue Heron Drive, Ste. 102  
Montgomery, TX 77316

**Population Served:** Children, Adolescents, Young Adults

**Types of Services:** Individuals, Families

**Specialties:** Adolescent Therapy, Anxiety, Autism Spectrum Disorders, Children's Issues, Children with Intellectual and Developmental Disabilities, Depression, First Responders/Military/Veterans and Their Families

**John Loh, LMFT.....832-306-2969****Finding Peace Counseling Center**

25511 Budde Road, Ste. 1901  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, Alcohol Use, Anger Management, Anxiety, Borderline Personality, Depression, Divorce, Grief, Infidelity, Internet Addiction, LGBTQIA+, Life Coaching, Life Transitions, Marital/Pre-marital, Mood Disorders, Open Relationships Non-monogamy, Personality Disorders, Self-esteem, Sex Therapy, Stress, Veterans, Video Game Addiction

**Kimberley Loken, LCSW.....844-428-0219**

**LifeStance Health**

2103 Research Forest Drive, Bldg.1, Ste. 175  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** ADHD, Alcohol and Drug Use Issues, Anxiety, Bipolar Disorder, Childhood Behavioral Issues, Couples' Issues, Depression, Eating Disorders, Gender Identity, Grief, Hoarding, Later Life Transitions, Medical Conditions/Health Psychology, Midlife Transitions, Obsessive Compulsive Disorder, Pain Management, Postpartum Depression/Anxiety, PTSD/Trauma, Psychosis, Relationship Challenges, Schizophrenia, Sleep Disorders/Insomnia, Women's Issues

**Joel Looney, M.A., LPC.....281-516-8529**

**Joel Looney Counseling**

26205 Oak Ridge Drive, Ste. 106  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Groups

**Specialties:** Anxiety, Ketamine-Assisted Psychotherapy, Men's Issues, Relationship Problems, Stress

**Rubi Lopez, LPC.....281-944-7922**

**Serenity Wellness and Counseling**

17844 Mound Road, Ste. H  
Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Autism, Bipolar Disorder, Cognitive and Learning Disabilities, Depression, Hard of Hearing/Deafness, LGBTQIA+ Issues, Mood Disorders, Post-traumatic Stress Disorder. Bilingual in English and Spanish.

**Vanessa Lorant, M.A., LPC.....844-428-0219**

**LifeStance Health**

2103 Research Forest Drive, Bldg.1, Ste. 175  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Grief, LGBTQIA+ Issues, School Avoidance

**Keyana Love, LMSW.....281-892-9986**

**Mindful Transformations Counseling Center**

18635 North Eldridge Parkway, Ste. 102  
Tomball, TX 77377

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Depression, Self-esteem, Trauma/PTSD, Veterans' Issues

- Hailey-Lou Lowry, LPC Associate.....281-560-3193**  
*Supervised By: Sarah Police, LPC-S*  
**Taylor Counseling Group**  
 24900 Pitkin Road, Ste. 290  
 Spring, TX 77386  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Coping Skills, Healthy Communication Skills, Counseling for Children and Adolescents, Depression, Life Transitions, Play Therapy
- Michael Lucas, LMFT - Associate.....346-616-4000**  
*Supervised By: Ashley Blu Staats PhD, LMFT-S*  
 17840 Mound Road, Ste. E  
 Cypress, TX 77433
- Marie Luna, M.A., LMFT-Associate.....281-837-6912**  
*Supervised By: Cynthia R. Carter, M.S., LPC-S, LMFT-S*  
**Cypress Counseling and Behavioral Center**  
 17832 Mound Road, Ste. A  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Behavioral Issues, Children's Issues, Depression, Family Conflict, Grief, Life Changes, Self-esteem, Teen Issues, Trauma. Bilingual in English and Spanish.
- A. Catherine Lunde, Ed.E., LPC, CSC.....936-463-8185**  
**The Woodlands Family Counseling Center**  
 33300 Egypt Lane, Ste. I-420  
 Magnolia, TX 77354  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anxiety, Depression, Grief, Help for Parents when seeking Special Education Services from Schools, Infertility, Parenting, Stress Management, Tourette's Syndrome
- Melissa MacDonald, MFT, LMFT-Associate.....936-227-4438**  
*Supervised By: Therese Thomas LMFT-S, AAMFT-AS*  
**Ellie Mental Health-Conroe**  
 2174 N. FM 3083 W., Ste. 100  
 Conroe, TX 77304  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Grief, Fostering Family Connections, LGBTQIA+ Issues, Life Transitions, Self-esteem, Trauma
- Alexander Macdonald, Ph.D., LCSW.....913-967-9039**  
 18700 W. Lake Houston Parkway, Ste. A-102  
 Humble, TX 77346  
**Population Served:** Adolescents and Adults  
**Types of Services:** Individuals, Couples, Families  
**Specialties:** Anxiety, Anger Management, Grief and Loss, Divorce, Veterans Issues.

- Jean Mach, LPC.....346-402-4898**  
**Capstone Connect, PLLC**  
 3500 W Davis Street, Ste. 250  
 Conroe, TX 77304
- Carla Maddox, MSW, LCSW-S, MBA.....281-572-8606**  
**Ellie Mental Health**  
 800 Rockmead Drive, Ste.132  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Post-traumatic Stress Disorder (PTSD), Trauma, Veterans Issues
- Joseph Magallanes, M.A., LPC.....346-476-6537**  
**District Counseling**  
 12262 Queenston Boulevard, Ste. F  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Emotional Issues, Grief and Loss, Self-esteem, Transitions of Life
- Abigayle Majul, LPC.....855-209-3255**  
**Thriveworks**  
 20008 Champion Forest Drive, Unit 704  
 Spring, TX 77379  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Coping Skills, Depression, Domestic Abuse, Domestic Violence, Grief, Life Transitions, Pregnancy, Prenatal/Postpartum, Sexual Abuse, Stress, Trauma/PTSD, Women's Issues
- Shea Maness, M.Ed., LPC, RPT.....866-868-7088**  
**Wellsource Counseling and Psychiatry Group**  
 1308 Kingwood Drive  
 Kingwood, TX 77339  
**Population Served:** Children  
**Types of Services:** Individuals, Families  
**Specialties:** Children Experiencing Developmental and Sensory Processing Differences, ADHD, Anxiety, Attention/Focus, Divorce, Developmental Delays, Impulse Control, Stress
- Mae Marshall, M.S., LPC-Associate.....832-569-7673**  
*Supervised By: Melody Celeste Osborne, LPC-S*  
**Restoring Hope Counseling**  
 5206 Farm to Market 1960 Road West, #103  
 Houston, TX 77069  
**Population Served:** Pre-Teens, Adolescents, Young Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Blended Families, Codependency, Depression, Domestic Abuse, Grief, Obesity, Obsessive Compulsive Disorder, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues

- Amber Martin, MSW, LCSW.....346-206-3992**  
**The Resilience Center of Houston**  
8665 New Trails Drive, Ste. 185  
The Woodlands, TX 77381  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anger Management, Anxiety, Bipolar Disorder, Couples Counseling, Depression, Grief, Military and Veterans, Sleep Disorders, Trauma/PTSD
- Dr. Sharese Martin, PhD, LPC.....281-382-1474**  
9950 Cypresswood Drive, Ste. 355  
Houston, TX 77070
- LaVonna Martin, Psy.D., LPC, LSSP.....346-483-8536**  
**District Counseling**  
12262 Queenston Boulevard., Ste. F  
Houston, TX 77095  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Determine Need for Special Education Services, Consultation to Teachers, Fostering Environment for Learning for Students in School Settings. Individual, Family, Group Therapy for Children and Adolescents Ages 5-18 and their Families.
- Lenda Martinez, LPC.....281-837-6912**  
**Cypress Counseling and Behavioral Center**  
12242 Queenston Boulevard, Ste. C  
Houston, TX 77095  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Grief, Trauma
- Lady Martinez, M.Ed., LPC.....832-422-0383**  
**Counseling Creations**  
825 Village Square Drive, Ste. 3  
Tomball, TX 77375  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Anxiety, Depression, Drug and Alcohol Abuse/Addiction, Relationship Issues, Stress, Teen Issues, Trauma. Bilingual in English and Spanish.
- Lady Martinez, M.Ed., LPC.....832-422-0383**  
**Counseling Creations**  
18230 FM 1488, Ste. 304  
Magnolia, TX 77354  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Anxiety, Depression, Drug and Alcohol Abuse/Addiction, Relationship Issues, Stress, Teen Issues, Trauma. Bilingual in English and Spanish.

- Kristina Martinez, M.Ed., LPC-Associate.....832-242-9970**  
*Supervised By: Lona Snell, M.Ed., LPC-S*  
**Grace & Guidance Wellness**  
 25329 Budde Road, Ste. 401  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Anxiety, Anger Management, Boundaries, Communication Skills, Depression, First Responder Issues, Grief/Loss, Parenting, Trauma Related Issues, Self-harm
- Cynthia Martinez, M.S., LMFT.....346-268-8899**  
**CMM Therapy and Counseling**  
 26205 Oak Ridge Drive, Ste. 104  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Depression, Relationship Issues, Trauma/PTSD
- LaToya Martin-Jackson, M.A., LPC-S.....281-746-2704**  
**Life's Journey Counseling and Community Services**  
 12238 Queenston Boulevard, Ste. G  
 Houston, TX 77095  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Individual, Couples/Marital, Family, LGBTQIA+ Counseling and Life Coaching
- Veronica Martin-Perkins, LPC-Associate.....281-769-2238**  
*Supervised By: Dr. Angela Powell, LPC-S*  
**Clearhope Counseling and Wellness**  
 7702 FM 1960 East, Ste. 310  
 Humble, TX 77346  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Couples Counseling, Depression, Domestic Violence, LGBTQIA+, Trauma/PTSD
- Elissa Mattar, M.Ed., LPC.....281-528-4226**  
**The Woodlands Behavioral Health and Wellness Center**  
 2700 Research Forest Drive, #130  
 The Woodlands, TX 77381  
**Population Served:** Pre-teens, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anxiety, Codependency, Depression, Self-esteem,
- Jeff Matthews, M.Ed., LPC, CSC, NCC.....346-291-3832**  
**Mindful Movements Counseling Center**  
 2219 Sawdust Road, Ste. 1502  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Abuse, Addiction, Anxiety, Behavioral Concerns, Depression, Emotional Challenges, LGBTQIA+, Parent/Child Dynamics, Social Challenges, Suicide/Suicidal Ideation, Trauma

- Claudia Mattox, LPC**.....832-305-6785  
33130 Magnolia Circle, Ste. A4  
Magnolia, TX 77354
- Kaitlin May, LPC**.....281.656.1820  
2517 Sam Houston Avenue  
Huntsville, TX 77320
- Nora D. Magnuson Mazzoni M.A., LPC, LADC, MH**.....281-407-4014  
**Magnuson Mazzoni Center**  
25511 Budde Road, Ste. 1603  
The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Trauma Experiences, Post Traumatic Stress Disorder, Vicarious Trauma, Childhood Trauma, Neurotherapy, Women's Challenges, Domestic Abuse, Anxiety, Depression, Work Stress/Life Stress, Sleep Issues/Insomnia, Suicidal Thoughts and Prevention, Self-harming Tendencies, Impulse Control and Behavioral Issues, Emotional Regulation, Grief of Loss, Personality Disorders, Family and Relationship Issues, Alcohol and Substance Abuse
- Darren D. McArthur, M.A., LPC**.....281-746-2704  
**Life's Journey Counseling and Community Services**  
12238 Queenston Boulevard, Ste. G  
Houston, TX 77095  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Alcohol and Substance Abuse, Anger, Behavioral Issues, Couples/Marital Counseling, Depression, Family Issues, Relationship Issues
- Mitzi McBride, LCSW**.....832-422-5949  
33130 Magnolia Circle, Ste. A4  
Magnolia, TX 77354
- Lisa McCarren, M.S., LPC**.....281-620-1180  
**Lisa M. McCarren, M.S., LPC**  
26205 Oakridge Drive, Ste. 111  
The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Post Traumatic Stress Disorder, Depression Disorder, Bipolar Disorder, Anxiety Disorder, Phobias, Family Issues, Marital Problems, Teenage Peer Problems, ADHD, Behavioral Problems, Autism Spectrum Disorders
- Maureen McClelland, LPC**.....936-777-1457  
10210 Grogans Mill Road, Ste. 300  
Spring, TX 77380

**Lisa McCormick, LPC-S, RPT.....936-337-3756**

**Courageous Connections Counseling & Consulting**

410 College Street

Montgomery, TX 77356

**Population Served:** Toddlers, Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anxiety, Parenting, Relationship Issues, Trauma/PTSD

**Jeanie McCusker, Ed.D., LPC, CSC, CCAC.....281-528-4226**

**The Woodlands Behavioral Health and Wellness Center**

2700 Research Forest Drive, #130

The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples, Families

**Specialties:** ADHD, Anxiety, Depression, Parenting, Self-Esteem

**Paula McDonald- Neely, MSW, LCSW.....281-610-8412**

**Paula McDonald-Neely, LCSW, PLLC**

26411 Oak Ridge Drive

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction and Recovery, Anger Management, Change of Life/Transitions, Couples Counseling, Co-Parenting Strategies and Divorce, Domestic Violence Intervention and Recovery, Family Counseling, Grief Counseling, Mood Disorders (Major Depressive Disorder, Generalized Anxiety Disorder, Bipolar I and II), Family Conflict, LGBTQIA+ Issues and Support, PTSD and Trauma Recovery, Teen Mental Health

**Hannah McDonald, LMFT-Associate.....281-210-6677**

*Supervised By: Denny Chi-Sing Li, LMFT-S*

**Connections Child and Family Center**

8122 Spring Cypress Road

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Behavior Concerns, College Transitioning, Depression, Domestic Violence, Life Changes, Relationship Issues, Trauma

**Hannah McDonald, LMFT-Associate.....281-210-6677**

*Supervised By: Denny Chi-Sing Li, LMFT-S*

**Connections Child and Family Center**

1544 Sawdust Road, Ste. 290

Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Behavior Concerns, College Transitioning, Depression, Domestic Violence, Life Changes, Relationship Issues, Trauma

**Alexander McDonald, Ph.D., LCSW.....913-967-9039**

**A.F. McDonald Counseling**

18700 W. Lake Houston Parkway, Ste. A-102  
Humble, TX 77346

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Anger Management, Anxiety, Communication Challenges, Coping Skills, Depression, Divorce, Family Conflict, Grief/Loss, Isolation, Life Transitions, Mindfulness, Parent/Child Concerns, Phase of Life Issues, Relationship Concerns, Self-esteem, Shame, Stress, Veterans' Issues, Vulnerability

**Teresa L. McGrath, M.S., LPC, LMFT.....281-620-3849**

**Teresa L. McGrath, M.S., LPC, LMFT**

25511 Budde Road, Ste. 501, The Cameron Bldg.  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples

**Specialties:** Anxiety, Marriage Counseling, Men's Issues, Narcissistic Personality, Stress, Women's Issues

**Rebekah McKinney, LPC.....832-421-8714**

**Sequoia Counseling Center**

17920 Huffmeister Road, Ste. 150  
Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Adoption/Foster Care, Attachment, Christian Counseling, Parenting, Play Therapy, Trauma

**Hannah McKinnies, M.S., LMFT-Associate.....936-297-5252**

*Supervised By: Dr. Paula Boros, Ph.D., LMFT-S*

**Watershed Counseling Center**

14855 Liberty Street  
Montgomery, TX 77356

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Behavioral Issues, Blended Families, Divorce, Marriage Counseling, Relationship Issues, Trauma and PTSD

**Deborah McLeod, M.A., LPC-S.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Adult and Childhood History of Sexual, Physical and Emotional Abuse, Anxiety, Chronic Illness, Depression, End of Life Issues, Feelings Work, Grief and Loss, HIV/AIDS, LGBTQ+ Issues, Low Self-esteem, Relationship Issues, Stress

**Kathleen McMahon, LPC-S, NCC, RPT-S.....936-642-0061**

**Rise Counseling and Wellness Center**  
 1305 11th Street  
 Huntsville, TX 77340

**Krystal McNutt, Psy.D., LP.....281-815-0899**

**Grace Psychological Services**  
 26010 Oak Ridge Drive, Ste. #107  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Antisocial Personality Disorders, Autistic/ADHD Teenagers, Conduct Disorder, Mood Disorders, Trauma Related Disorders

**Rae McWilliams, M.S., LMFT-S, LCDC-Intern, ASOTP.....346-702-0072**

**Equity Counseling Services**  
 14150 Huffmeister Road  
 Cypress, TX 77429  
**Population Served:** Children, Pre-teens, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Addiction, ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Blended Families, Depression, Divorce, Domestic Abuse, Eating Disorders, Educational and Learning Disabilities, Gambling, Grief, Hoarding, Infidelity, Marriage Counseling, Men's Issues, Narcissistic Personality Disorder, Obesity, Obsessive Compulsive Disorder, Parenting, Racial Identity, Relationship Issues, Self-esteem, Self Harm, Sex Therapy, Sexual Abuse, Sexual Addiction, Sleep Disturbance/Insomnia, Stress, Substance Abuse, Suicidal Ideation, Transgender, Trauma/PTSD, Video Game Addiction, Weight Loss,

**Kiara Meade, M.A., LPC.....832-717-7166**

**Greater Houston Counseling Services**  
 21021 Springbrook Plaza Drive, Ste. 140  
 Spring, TX 77379  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Personal Growth, Racial Identity, Spirituality, Teen Issues, Women's Issues

**James Mena, M.A., LPC-S.....281-205-8786**

**Spring Grove Counseling**  
 8104 Spring Cypress Road  
 Spring, TX 77379  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Autism Spectrum Disorders, Dual Diagnosis, Employee/Supervisor Relationships, Non-court Mediations, Personality Disorders, Sex Addiction, Substance Abuse

**Elena Mendez-Knutson, LCSW, CCTP.....302-547-9957**

**H.O.P.E. Psychotherapy of Houston**

17510 Huffmeister Road, #102

Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Anxiety, Bipolar Disorder, Complex Trauma, Depression, Grief, Neurodevelopmental Disorders, Personality Problems, Poly-victimization

**Haylie Merchen, LMSW.....281-205-8786**

*Supervised By: Katherine Nazaroff, LCSW-S*

**Spring Grove Counseling**

8104 Spring Cypress Road

Spring, TX 77379

**Population Served:** Children, Adolescents

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Emotional and Behavioral Issues

**Haylie Merchen, LMSW.....281-305-9387**

*Supervised By: Supervised by Katherine Nazaroff, LCSW-S*

**Cypress Counseling and Wellness**

16693 Huffmeister Road

Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Autism Spectrum Disorders, Depression, ADHD, Emotional and Behavioral Issues, Young Adults in Transition who are Managing Relationships, or Dealing with Anxiety or Depression

**Paige Meyer, M.S., LPC - Associate.....346-273-7673**

*Supervised By: Dr. Daniel Osborne, PhD, LPC-S*

**The Therapy Team**

1002 Village Square Drive

Tomball, TX 77375

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Families

**Specialties:** Addiction, ADHD, Antisocial Personality, Anxiety, Bipolar Disorder, Borderline Personality Disorder, Coping Skills, Depression, Dissociative Disorders, Divorce, Emotional Disturbance, Family Conflict, Narcissistic Personality Disorder, Obsessive Compulsive Disorder, Psychosis, Relationship Issues, Self-esteem, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Women's Issues

**Dr. Rochelle (Shelly) Middleman, Ph.D., LMFT.....936-443-9629**

**Prevail Behavioral Health and Wellness Center**

620 Longmire Road

Conroe, TX 77304

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Communication Skills, Couples Counseling, Family Therapy, Marital Therapy, Men's Issues, Parenting Skills, Substance Abuse, Trauma, Women's Issues

- Melissa Mignogna, Ph.D.**.....**832-974-1176**  
 2001 Timberloch Place, Ste. 500  
 The Woodlands, TX 77381  
**Population Served:** Toddlers, Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Autism, Behavioral Issues, Divorce, Parenting
- Danielle Mikeska-Garcia, M.Ed., LPC**.....**713-466-1360**  
**Cy-Hope Counseling**  
 12715 Telge Road  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Difficult Times
- Dwan Milam-Reed, PhD, LCSW-S, LICSW**.....**346-236-7271**  
 8000 Research Forest Drive  
 The Woodlands, TX 77382
- Shaniqua Miles, LCSW**.....**888-572-9544**  
**LifeStance Health**  
 19500 Texas State Highway 249, Ste. 120  
 Houston, TX 77070  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Grief, Later Life Transitions, LGBTQIA+, Medical Conditions/Health Psychology, Postpartum Depression/Anxiety, Trauma/PTSD, Women's Issues
- Paris Miles, LPC**.....**281-769-2238**  
**Clearhope Counseling and Wellness**  
 1431 Graham Drive, Ste. 125  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Adolescent Issues, Children's Issues, Christian Counseling, Obsessive Compulsive Disorder, Parenting Skills, Women's Issues, Young Adult Issues
- Lauren Miller, LCSW**.....**281-205-8786**  
**Spring Grove Counseling**  
 8104 Spring Cypress Road  
 Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Life Transitions, Mood Disorders, Relationship Challenges
- Courtney Miller, LPC**.....**346-254-4285**  
**Courtney Miller Psychotherapy**  
 10210 Grogans Mill Rd., Ste. #213  
 The Woodlands, TX 77380  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Divorce, Marriage Counseling, Relationship Issues

**Shauna Miller, LPC-Associate.....281-210-6677**

*Supervised By: Cyndi Doyle, LPC-S, CDWF, CISM*

**Connections Child and Family Center**

8122 Spring Cypress Road

Spring, TX 77379

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Adolescents experiencing Anxiety, Depression, Social Isolation and Conflicts with Family or Peers, Life Transitions, Problems with Relationships, School, or Family Life, LGBTQIA+ Issues, Grief and Loss, Trauma, Young Adults Concerns about College, Careers, or Relationships

**Shauna Miller, LPC-Associate.....281-210-6677**

*Supervised By: Cyndi Doyle, LPC-S, CDWF, CISM*

**Connections Child and Family Center**

1544 Sawdust Road, Ste. 290

Spring, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Adolescents experiencing Anxiety, Depression, Social Isolation and Conflicts with Family or Peers, Life Transitions, Problems with Relationships, School, or Family Life, LGBTQIA+ Issues, Grief and Loss, Trauma, Young Adults Concerns about College, Careers, or Relationships

**Denise Miller, M.A., NCC, LPC.....866-868-7088**

**Wellspring Counseling and Psychiatry Group**

1308 Kingwood Drive

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, ADHD, Anxiety, Depression, Stress

**Andrea Mitchell, M.Ed., LPC.....936-463-8185**

**The Woodlands Family Counseling Center**

33300 Egypt Lane, Ste. I -420

Magnolia, TX 77354

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Coping Skills, Family Changes, Life Challenges, Life Transitions, Parenting, Personal Crisis, Relationship Issues, Separation/Divorce

**Monique Mitchell, M.Ed., LPC.....936-529-0374**

**Serenity Ranch Wellness, PLLC**

902 North San Jacinto Street

Conroe, TX 77301

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Groups

**Specialties:** ADHD, Adolescent Girls' Issues, Anxiety, Anger Management, Behavioral Issues, Communication Skills, Coping Skills, Depression, Divorce, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Grief, Impulse Control Disorders, LGBTQIA+ Issues, Mood Disorders, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Parenting, Peer Relationships, Personality Disorders, Relationship Issues, School Issues, Self-esteem, Stress Management, Thinking Disorders, Trauma/PTSD, Women's Issues

**Denina Mitchell, M.S., LPC-Associate.....281-572-8606**

*Supervised By: Amanda Howard-Darden, M.S., LMFT, LPC-S*

**Ellie Mental Health - Kingwood**

800 Rockmead Drive, Ste. 132

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Depression, Grief, Life Transitions, Mental Distress, Self-esteem, Self-harm, Spirituality, Suicidal Ideations, Trauma

**Beverly Mizrany, M.A., LPC.....713-466-1360**

**Cy-Hope Counseling**

12715 Telge Road

Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Emotional Regulation, Grief, Marital Difficulties

**Maritza Molina, M.A., LPC.....936-529-0374**

**Serenity Ranch Wellness, PLLC**

902 North San Jacinto Street

Conroe, TX 77301

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Addiction, Anger Management, Anxiety, Codependency, Coping Skills, Depression, Divorce, Domestic Violence, Grief, Marital/Pre-marital, Relationship Issues, Sleep/Insomnia, Stress, Trauma/PTSD. Bilingual in English and Spanish.

**Lori Mondshine, M.A., LPC.....832-493-6965**

**Cypresswood Christian Counseling**

9950 Cypresswood Drive, Ste. 221

Houston, TX 77070

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, ADHD, Anger Management, Codependency, Coping Skills, Depression, Identity Issues, Life Coaching, Life Transitions, Premarital and Marital Counseling, Divorce, Grief/Loss, Family Counseling, Parenting, Blended Family Dynamics, Relationship Issues, Parent-Child Relationships, Conflict Resolution, Self-esteem, Self-worth, Spirituality, Stress Management

**Steven Monroe, M.S., LMFT.....323-327-2399**

**Steven Monroe, M.S., LMFT**

26022 Budde Road, Ste. B201

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, Anger Management, Anxiety, Codependency, Child/Adolescent Therapy, Depression, Family Relational Dynamics, Grief/Loss, Identifying and Changing Multigenerational Behavior Patterns, Healthy Communication Skills, Mania, Relationship Issues, Sex Addiction, Substance Abuse, Trauma

**Karen Monsivais, M.A., LPC.....346-440-4382**

**Prospering Hope, PLLC**

25329 Budde Road, #1104

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Coping Skills, Anger Management, Hyperactivity, Inattention, Refugees, Foster/Adoptive Families, Immigrants, Bilingual English and Spanish

**Lish Montesa, LPC - Associate.....936-292-3199**

*Supervised By: Monica McClain, LPC-S*

**Creature Commons Counseling**

506 Honea Egypt Road

Magnolia, TX 77354

**Population Served:** Teens and Young Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Trauma, and Substance Use or Addiction. Equine Assisted Therapy

**Shuntá Montgomery, M.Ed., LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Couples Counseling, Depression, Grief, Low Self-esteem, Mental and Physical Abuse, Trauma

**Kenya L. Moore, LMSW.....346-402-4898**

**Capstone Connect, PLLC**

1110 Kingwood Drive

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Abuse, Anxiety, Depression, Grief and Loss, Neglect, Relationship Conflicts

**Sabastan Moore, M.A., LPC.....346-208-2942**

**Man 2 Man Counseling Center**

25511 Budde Road, Bldg. 2802

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Emotional and Behavioral Issues for Children, Couples Counseling, Family Issues

**Jessica Moore, M.A., LPC-Associate.....302-547-9957**

*Supervised By: Krystal Humphreys, Ph.D., LPC-S*

**H.O.P.E. Psychotherapy of Houston**

17510 Huffmeister Road, #102

Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Anxiety, Depression, Divorce/Coparenting, Family Conflict, LGBTQIA+ Issues, Life Transitions, Obsessive Compulsive Disorder, Peer Relationships, Pregnancy/Prenatal/Postpartum, Post-traumatic Stress Disorder (PTSD), Relationship Issues, Stress, Women's Issues

**Melissa Moore, Psy.D., LSSP.....281-415-1280**

**Moore Mental Health and Behavioral Services, PLLC**

13810 Champion Forest

Houston, TX 77069

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Adult Women Struggling with Anxiety, Depression, LGBTQIA+ Issues, Life Challenges, Relationship Difficulties, Spiritual Impasses

**Sabrina Morales, MSW, LCSW.....281-609-3237**

**Sabrina Morales, LCSW**

700 Rockmead Drive, Ste. 205

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Behavioral Issues, Children's Issues, Coping Skills, Depression, Divorce, Emotional Disturbance, Family Conflict, Grief, Life Transitions, Parenting, Peer Relationships, School Issues, Self-esteem, Self Harm, Stress, Suicidal Ideation, Women's Issues

**Samantha Morel, Ph.D.....832-304-8894**

10210 Grogans Mill Road, Ste. 330

The Woodlands, TX 77380

**Kayce Morgan, M.Ed., LCDC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Addiction, Anger Management, Anxiety, Body Image, Chemical Dependency, Childhood Trauma, Communication Skills, Coping Skills, Depression, Eating Disorders, Grief, Self-esteem, Self-harm Behaviors, Stress, Substance Abuse, Suicidal Risk/Crisis, Trauma/PTSD, Work-Life Balance

- Emily Morris, M.A., LMFT.....346-206-3992**  
**The Resilience Center of Houston**  
8665 New Trails Drive, Ste. 185  
The Woodlands, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Academic Underachievement, ADHD, Children of Divorce, Christian Counseling, Depression, Disruptive Behavior, Family Dysfunction, Grief
- Cindy Morris, M.A., LPC, NCC.....713-582-5108**  
**Resolve Counseling and EMDR Center**  
25511 Budde Road, Ste. 3402  
The Woodlands, TX 77380  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Developmental Trauma (Physical, Sexual, Emotional Abuse), Coping Skills, Family Conflict, Grief, Infidelity, Anxiety, Anger, Life Transitions, Open Relationships Non-monogamy, Marital/Pre-marital, Relational Issues, Sex Therapy, Self-esteem, Women's Issues
- Emilie Morrison, M.Div., M.Ed., LPC-S.....832-569-7673**  
**Restoring Hope Counseling**  
5206 Farm to Market 1960 Road West, #103  
Houston, TX 77069  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Codependency, Depression, Divorce, Domestic Abuse, Infidelity, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Spirituality, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues
- Elizabeth Morrison, M.S., LPC.....936-443-9629**  
**Prevail Behavioral Health and Wellness Center**  
620 Longmire Road  
Conroe, TX 77304  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Behavioral Issues, Depression, Grief, LGBTQIA+ Issues, Life Transitions, Mood Disorders, Neurodivergent Adults, Substance Abuse
- Melany Morrison, M.A., LPC, LMFT, CGP.....281-433-6267**  
**Melany Morrison, LMFT, LPC-Spring Marriage & Family Therapy**  
3414 Rolling Terrace Drive  
Spring, TX 77388  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution

**Lori Morton, LPC.....281-819-0308**

**Therapy for Families - Healing Wholeness**

2219 Sawdust Road, Ste. 1101

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Affair Recovery, Anxiety, Anger Management, Depression, Divorce and Co-parenting, Faith-based Counseling, Grief, Loss and Bereavement, Family Therapy, Interpersonal Communication, Life Transitions, Marital/Pre-Marital Therapy, Medical Family Therapy, Parenting, Personal Development, Relationship Issues, Stress Management

**Amber Morton, M.A., LPC.....346-206-3992**

**The Resilience Center**

14930 Mueschke Road, Ste. 100

Cypress, TX 77433

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Families

**Specialties:** Communication, Depression, Grief/Loss, Life Transitions, Mood Disorders, Peer Relationships, Religion Issues, Self-Esteem, Trauma

**Julie Morvant, LPC.....832-365-3515**

525 Woodland Square Boulevard, Ste. 222

Conroe, TX 77384

**Shannon Mosher, LPC.....832-543-3002**

**Inner Acceptance Therapy**

1525 Lakeville Drive, Ste. 112

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Eating Disorders, Parenting, Relationship Issues, Stress, Trauma/PTSD

**Dr. Julie Mosier, Ph.D.....281.361.0777**

**The Family Psychology Clinic of Kingwood**

2606 Bens Branch Drive, Ste. C

Kingwood, TX 77339

**Monique Moss, M.Ed., LPC.....281-296-3158**

**New Caney Counseling Center**

23010 Gabriel, Ste 205

New Caney, TX 77357

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Disordered Eating, Body Image, Depression, Anxiety, Stress, PTSD

**Heather Moss, M.S., LPC-S.....866-868-7088**

**Wellspring Counseling and Psychiatry Group**

1308 Kingwood Drive  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Families

**Specialties:** ADHD, Anxiety, Attention/Focus, Bipolar Disorders, Adolescent Issues, Depression, Dual Diagnosis, Impulse Control, LGBTQIA+ Issues, Life Transitions, Mood Disorders, Obsessive Compulsive Disorders, Oppositional Defiance Disorders, Parenting School Issues, Stress, Substance/Alcohol Use, Suicidal Ideation, Trauma/PTSD

**Ashtyn Mouret, M.S., LPC.....855-562-0751**

**LifeStance Health**

23051 Kingwood Place Drive, Ste. 110  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** ADHD, Adoption/Foster Care, Anxiety, Childhood Behavior Issues, Daily Stressors, Depression, Divorce, First Responders, Grief, Medical Procedure Evaluations, Midlife Transitions, Parenting Skills, Postpartum Depression/Anxiety, School Avoidance, Trauma/PTSD, Women's Issues

**Jerrie Smith Muehr, M.S., LPC.....855-562-0751**

**LifeStance Health**

23051 Kingwood Place Drive, Ste. 110  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** ADHD, Adoption/Foster Care, Anxiety, Depression, First Responders, Military/Veterans, Trauma/PTSD

**Shelley Muller, M.A., LPC.....346-206-3992**

**The Resilience Center of Houston**

8665 New Trails Drive, Ste. 185  
The Woodlands, TX 77381

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Career Counseling, Codependency, Couples Counseling, Divorce and Blended Families, LGBTQIA+, Occupational Issues, Relationship Issues

**Renashia "Renee" Mullin, LMFT.....832-389-2699**

316 East Main Street, Ste. 2C  
Humble, TX 77388

**Dianne Murphree, M.A., LPC.....346.202.5619**

1521 Green Oak Place, Ste. 191  
Kingwood, TX 77339

**Esther Mutombo, LPC-Associate.....346-314-0022**

*Supervised By: Diane Herrero, Ph.D., LPC-S*

**Calderas Counseling**

8900 Eastloch Drive, Ste. 150

Spring, TX 77379

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Adolescent Issues, Anxiety, Depression, Grief and Loss, Life Transitions, Relational Conflicts, Trauma

**Kelly Myer, LCSW.....281-210-6677**

**Connections Child and Family Center**

8122 Spring Cypress Road

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Behavior Issues, Grief, Parent Child Interaction Therapy, Stress Management

**Kelly Myer, LCSW.....281-210-6677**

**Connections Child and Family Center**

1544 Sawdust Road, Ste. 290

Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Behavior Issues, Grief, Parent Child Interaction Therapy, Stress Management

**Regina Myers, M.A., M.S., LPC.....844-428-0219**

**LifeStance Health**

2103 Research Forest Drive, Bldg.1, Ste. 175

The Woodlands, TX 77380

**Population Served:** Children, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adoption/Foster Care, Alcohol and Drug Use Issues, Anxiety, Childhood Behavioral Issues, Couples' Issues, Depression, Grief, Later Life Transitions, Midlife Transitions, Parent-Child Interaction Therapy, Postpartum Depression/Anxiety, PTSD/Trauma, Women's Issues

**Vandi Nall, M.Ed., LPC.....832-569-7673**

**Restoring Hope Counseling**

5206 Farm to Market 1960 Road West, #103

Houston, TX 77069

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Behavioral Issues, Codependency, Divorce, Domestic Abuse, Grief, Infidelity, Marriage Counseling, Pregnancy/Prenatal/Postpartum, Relationship Issues, Self-esteem, Self Harm, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues

**Todd Nall, M.Ed., LPC Associate.....832-569-7673**

*Supervised By: Melody Celeste Osborne, LPC-S*

**Restoring Hope Counseling**

5206 Farm to Market 1960 Road West, #103

Houston, TX 77069

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anger Management, Anxiety, Blended Families, Codependency, Depression, Divorce, Domestic Abuse, Marriage Counseling, Men's Issues, Parenting, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender

**Amandamay Naquin-Eason, M.A., LPC-Associate.....281-572-8606**

*Supervised By: Kelli Remy, M.A., LPC-S*

**Ellie Mental Health-Kingwood**

800 Rockmead Drive, Ste. 132

Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Crisis Intervention, Depression, Family Conflicts, Grief, Post-traumatic Stress Disorder (PTSD), Relationship Struggles, Stress Management, Suicidal Ideation, Work-Life Balance

**David L. Nash, Ph.D.....346-306-6886**

11803 Grant Road, Ste. 207

Cypress, TX 77429

**Lylah Nassar, LMFT.....281-837-6912**

**Cypress Counseling and Behavioral Center**

12242 Queenston Boulevard, Ste. C

Houston, TX 77095

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Body Dysmorphia, Career Counseling for Young Adults, Depression, Domestic Violence and Abuse, Eating Disorders, Life Changes, Relational Problems, Trauma

**Laura Nava, M.S., LPC-Associate.....832-569-7673**

*Supervised By: Melody Celeste Osborne, LPC-S*

**Restoring Hope Counseling PLLC**

5206 Farm to Market 1960 Road West, Ste. 103

Houston, TX 77069

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anger Management, Anxiety, Behavioral Issues, Depression, Relationship Issues, Self-esteem, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues. Bilingual in English and Spanish.

- Kat Nazaroff, LCSW-S, LCDC.....281-305-9387**  
**Cypress Counseling and Wellness**  
 16693 Huffmeister Road  
 Cypress, TX 77429  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Groups  
**Specialties:** Addictions, Compulsive Behaviors, Postpartum Mood and Anxiety Disorders, Trauma
- Avery Neal, Ph.D., LPC.....866-995-7910**  
**Women's Therapy Clinic**  
 8111 Ashland Way, Ste. 221  
 The Woodlands, TX 77382  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Divorce, Prenatal Anxiety, Postpartum Depression, Psychological Abuse, Self-esteem, Self-confidence, Overall Life Satisfaction. Women's Issues
- Marissa Nelson, LPC.....832-756-2749**  
**Spencer and Associates Therapeutic Alliance PLLC**  
 12340 Jones Road, Ste. 290  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Adolescent Issues, Anger Issues/Management, Anxiety, Depression, Histories of Abuse/Trauma, LGBTQIA+, Major Life Events/Transitions, Self-esteem Difficulties, Stress Management, Women's Issues, Young Adults
- Lisa Neuhart, M.S., LMFT, CART.....713-444-2529**  
 2219 Sawdust Road, Ste. 1101  
 The Woodlands, TX 77380
- Kevin Newton, LCSW-S.....713-248-3239**  
 9659 N. Sam Houston Parkway East, Ste.150., PMB 222  
 Humble, TX 77396  
**Population Served:** Adolescents and Adults  
**Types of Services:** Individuals, Couples, Families  
**Specialties:** ADHD, Anxiety, Behavioral Issues, Depression, Dual Diagnosis
- Robin Neyrey, LCSW.....713-213-8194**  
**Robin Neyrey, LCSW**  
 25511 Budde Road, Ste. 1603  
 The Woodlands, TX 77380  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Groups  
**Specialties:** Boundaries, Family of Origin Work, Accumulated Stress, Addiction Recovery, Codependency, Trauma Resolution, Grief Work, Relationship Issues, Intimacy Betrayal, Love Addiction/Love Avoidance, Anxiety, Depression, PTSD, Shame/Shame Resilience

- Christine Nguyen, M.A., LMFT - Associate.....713-487-6659**  
*Supervised By: Afshana Haque, Ph.D., LMFT - S*  
**Kingston and Co. Counseling**  
 2219 Sawdust Road, Ste. 1903  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Anxiety, Asperger's Syndrome, Career Counseling, Codependency, Depression, Grief/Loss, Marriage Counseling, Relationship Issues, Self-esteem, Self Harm, Sex Therapy, Stress, Suicidal Ideation
- Marica Nicholas, M.Ed., M.A., LPC-Associate.....281-769-2238**  
*Supervised By: Ana Valenzuela, M.S., LPC-S, NCC, LCDC, CTRP-C*  
**Clearhope Counseling and Wellness**  
 1431 Graham Drive, Ste. 125  
 Tomball, TX 77375  
**Population Served:** Toddlers, Children, Pre-Teens, Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Depression, Educational and Learning Disabilities, Grief, Intellectual Disability, Oppositional Defiance Disorder, Relationship Issues, Self-esteem, Self Harm, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Trauma/PTSD, Women's Issues
- Janet Nicholas, M.A., LPC, LCDC.....713-882-4268**  
**Janet Nicholas, M.A., LPC, LCDC**  
 Magnolia, TX 77354  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Addiction, ADHD, Anxiety, Blended Families, Career Counseling, Depression, Dual Diagnosis, Grief, Marriage Counseling, Women's Issues
- Lauren Nichols, LPC.....832-786-9959**  
 855 Rockmead Drive  
 Kingwood, TX 77339
- Kristin Niekerk, M.S., LPC, CEDS.....281-205-1355**  
**Pathway Counseling Services**  
 994 Village Square Drive, Bldg. 6, Condo L  
 Tomball, TX 77375  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Eating Disorders, Depression, Self-Esteem, Anxiety, Coping Skills, Divorce, Grief, Life Coaching, Obesity Parenting, Peer Relationships, Relationships Issues, Self-Harming, Spirituality, Weight Loss
- Julie Nieto, LPC, LMFT.....713-641-5656**  
 303 Longmire Road, Ste. 1001  
 Conroe, TX 77304

- Tammy Nix, M.A., LPC-S, LCDC.....281-528-1523**  
**LifeSpring Behavioral Health**  
 1400 Woodloch Forest Drive, Ste. 575  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anxiety, Couples Issues, Depression, Family Issues, Grief, Marital/Pre-marital Issues, Mental Health Issues, Mood Disorders, Stress, Trauma
- Theora Noble, M.A., LPC-S, LCDC, AAC.....281-363-4220**  
**Woodlands Family Institute**  
 1610 Woodstead Court, Ste. 420  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction Treatment, Alcohol and Drug Education, Anxiety, Bereavement/Grief Issues, Bipolar Disorder, Couples/Relationship Issues, Christian Counseling with Scriptures, Depression, Family Issues, Post-acute Withdrawal Syndrome, Post-divorce Recovery, Stress Management, Suicidal Thoughts and Attempts, Supervision for Licensed Professional Counselor Associates, Trauma and PTSD
- Tiffany Noll, M.A., LPC, RPT.....713-466-1360**  
**Cy-Hope Counseling**  
 12715 Telge Road  
 Cypress, TX 77429  
**Population Served:** Children, Adolescent, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Children's Issues, Parenting, Parenting Coaching
- John Nomura, Ph.D., LP, LSSP, BCBA-D.....832-237-2673**  
**Houston Psychotherapists**  
 21212 Northwest Freeway, Ste. 455  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Groups  
**Specialties:** ADHD, Adult ADHD, Autism Spectrum, Assessment Overview, Cognitive (IQ) Testing, Extended Time Testing, Psychological Evaluations
- John Nomura, Ph.D., LP, LSSP, BCBA-D.....832-377-0063**  
**John Nomura, Ph.D.**  
 13302 Kathy Lane, Bldg. B, Ste. 6  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Groups  
**Specialties:** ADHD, Adult ADHD, Autism Spectrum, Assessment Overview, Cognitive (IQ) Testing, Extended Time Testing, Psychological Evaluations

**Susie Novak, Ph.D., LPC.....346-206-3992**

**The Resilience Center of Houston**

8665 New Trails Drive, Ste. 185  
The Woodlands, TX 77381

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Eating Disorders, LGBTQIA+, Rape Issues, Relationship Issues, School Issues, Sexual Abuse, Trauma/PTSD

**Lisa Nunn, LCSW.....713-440-8513**

**Integrative Psychotherapy Center**

2219 Sawdust Road, #1101  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety Disorders (General and Social Anxiety, Obsessive Compulsive Disorder, Panic Disorders), Mood Disorders (Depression, Bipolar Disorder), Treatment-resistant Depression and Anxiety, Post-traumatic Stress Disorder, Obsessive Compulsive Disorders, Depression and Anxiety Associated with Chronic Pain. Provides Ketamine-assisted Psychotherapy

**Ali Obey, LCSW.....832-303-8933**

**Julia's Counseling and Play Therapy Group**

1544 Sawdust Road, Ste. 260  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Body Image, Depression, Mood Disorders, Trauma/PTSD

**Chad Odom, M.S., LPC.....281-231-8963**

**Teen and Adult Counseling Center**

3 Grogans Park Drive, Ste. 205  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anxiety, Communication Skills, Coping Skills, Depression, Overall Functioning

**Juliet Ogbonna, LMSW.....832-303-8933**

*Supervised By: Dr. Dwan Milam-Reed, PhD, LCSW-S*

**Julia's Counseling and Play Therapy Group**

1544 Sawdust Road, Ste. 260  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Couples Counseling, Parenting Support

**Christina Okechukwu, M.A., LPC-Associate.....832-717-7166***Supervised By: Christina Runnels, MA, LPC-S, PMH-C***Greater Houston Counseling Services**

8118 Fry Road, Ste. 601 and 602

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples**Specialties:** Anger Management, Anxiety, Behavior Modification, Conflict Resolution, Decision-Making, Depression**Brittney Okorocho, LPC.....832-717-7166****Greater Houston Counseling Services**

8118 Fry Road, Ste. 601 and 602

Cypress, TX 77433

**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Low Self-confidence, Low Self-esteem, Self-acceptance, Self-growth**Briana Olivo, LMFT-Associate.....346-314-0022***Supervised By: Dr. Jessica Barboza, LMFT-S***Calderas Counseling**

8900 Eastloch Drive, Ste. 150

Spring, TX 77379

**Population Served:** Adolescents, Young Adults, Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Adolescent Issues, Young Adult Issues, Anxiety, Career Counseling, Couples Counseling, Depression, Identity Issues, Life Changes and Transitions, Stress Management**Sheandra O'Neal, LPC.....844-428-0219****LifeStance Health**

2103 Research Forest Drive, Bldg.1, Ste. 175

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** ADHD, Adoption/Foster Care, Anxiety, Childhood Behavior Issues, Depression, Grief, Later Life Transitions, Midlife Transitions, Parenting Skills, Trauma/PTSD, Women's Issues**LaShonda V. O'Neal, M.Ed., LPC.....855-562-0751****LifeStance Health**

23051 Kingwood Place Drive, Ste. 110

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Adoption/Foster Care, Alcohol and Drug Use Issues, Anxiety, Bipolar Disorder, Childhood Behavior Issues, Couples' Issues, Depression, Developmental Disabilities, Eating Disorders, First Responders, Gender Identity, Grief, LGBTQIA+, Midlife Transitions, Military/Veterans, Obsessive Compulsive Disorder, Postpartum Depression/Anxiety, Parenting Skills, Trauma/PTSD, Women's Issues

- Sydney Adams Ordonio, LCSW-S.....281-608-1346**  
**Kingwood Counseling Center**  
 1521 Green Oak Place, Ste. 250  
 Kingwood, TX 77339  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Abuse, Adjustment to Medical or Mental Health Diagnosis, Christian Counseling, Divorce, Grief/Loss, Mental Illness, Occupational Issues, Phase of Life Transitions, Reconciliation, Spiritual Issues, Trauma, Women's Issues
- Deysie Orosco, M.A., LPC.....281-746-2704**  
**Life's Journey Counseling and Community Services**  
 12238 Queenston Boulevard, Ste. G  
 Houston, TX 77095  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Individuals, Couples/Marital, Family, LGBTQIA+ Counseling and Life Coaching
- Valerie Ortega, M.S., LPC.....832-569-7673**  
**Restoring Hope Counseling**  
 5206 Farm to Market 1960 Road West, #103  
 Houston, TX 77069  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Adoption, Anger Management, Anxiety, Codependency, Depression, Divorce, Domestic Abuse, Grief/Loss, Infidelity, Infertility, Marriage Counseling, Pregnancy/Prenatal/Postpartum, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues
- Frank J. "Francisco" Ortiz, M.S., LPC.....346-800-7601**  
**District Counseling**  
 12258 Queenston Boulevard, Ste. A  
 Houston, TX 77095  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Brainspotting, Crisis Intervention in Workplace, School, and Other Commercial Settings, Depression, Emotional Support Animal Evaluation, Forensic Mental Health Evaluations for Legal and Immigration-related Cases, Internet Addiction, Ketamine-assisted Therapy, Life Transitions, Microcurrent Neurofeedback, Relationship Issues, Trauma, Video Game Addiction. Bilingual in English and Spanish.
- Celeste Osborne, M.A., LPC-S.....832-569-7673**  
**Restoring Hope Counseling**  
 5206 Farm to Market 1960 Road West, #103  
 Houston, TX 77069  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** ADHD, Alcohol Use, Anger Management, Anxiety, Behavioral Issues, Chronic Illness, Chronic Pain, Codependency, Depression, Divorce, Domestic Abuse, Grief, Infidelity, Parenting, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Sleep Disturbance/Insomnia, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Weight Loss, Women's Issues. Trained in EMDR and CPT.

- Lonnie Owen, M.A., LPC**.....**346-206-3992**  
**The Resilience Center**  
 14930 Mueschke Road, Ste. 100  
 Cypress, TX 77433  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Behavior Modification, Christian Counseling, Depression, Emotional Disturbance, Obsessive Compulsive Disorders, Panic Disorder, Phobias, Suicidal Ideation
- Sheri Ozio, M.Ed., LPC**.....**832-521-8483**  
**Grace in Counseling, PLLC**  
 506 Honea Egypt Road  
 Magnolia, TX 77354  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Education and Learning Disabilities, Emotional Disturbance, Help with the IEP Process, ADHD, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Coping Skills, Depression, Developmental Disorders, Grief, Intellectual Disability, Life Coaching, Life Transitions, Peer Relationships, School Issues, Self-esteem, Self-harm, Sleep or Insomnia, Stress, Trauma/PTSD
- Sheri Ozio, M.Ed., LPC**.....**936-251-1103**  
**Grace in Counseling, PLLC**  
 1135 Grand Central Parkway, Ste. 250  
 Conroe, TX 77304  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Education and Learning Disabilities, Emotional Disturbance, Help with the IEP Process, ADHD, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Coping Skills, Depression, Developmental Disorders, Grief, Intellectual Disability, Life Coaching, Life Transitions, Peer Relationships, School Issues, Self-esteem, Self-harm, Sleep or Insomnia, Stress, Trauma/PTSD
- Teresa Pace, Ph.D., M.Ed., LPC**.....**281-363-4220**  
**Woodlands Family Institute**  
 1610 Woodstead Court, Ste. 420  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Achievement, Motivation and Peak Performance, Improving Communication Skills, Setting Limits and Boundaries with Others, Advocating for Self, Self-care, Mindfulness, Meditation, Relaxation and Existential Goals, Life Transitions, Grief, Unexpected Change, Trauma-Complex and Acute Traumatic Experience, Burnout and Vicarious Trauma for Professional First Responders, Helpers, or Private Caretakers, Couples and Interpersonal Relationship Struggles, Parenting the Disobedient Child, Helping Parents to Reconnect with Teens, Problematic or Explosive Anger Issues, Panic, Anxiety and Depressive Disorders
- Courtney Padden, MS, LPC, LMFT**.....**281-231-8963**  
**Teen and Adult Counseling Center**  
 3 Grogans Park Drive, Ste. 205  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Communication Skills, Coping Skills, Depression, Overall Functioning

**Chelsea Pangelinan, M.S., LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Dr., Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Bipolar Disorder, Depression, Grief, Interpersonal Conflicts, Marital Conflicts, Panic Disorder, Post-traumatic Stress Disorder, Self-harm, Schizophrenia, Suicidal Ideation and Attempts

**Josh Parham, M.A., LPC-S.....281-363-4220**

**Woodlands Family Institute**

1610 Woodstead Court, Ste. 420

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addictions, Adolescent/Young Adult Issues, Anger Management, Anxiety, Bipolar Disorder, Communication Skills, Depression, Life Coaching, Men's Issues, Obsessive Compulsive Disorder, Relationship Issues, Transition Problems

**Joanne Parham, Ph.D., LPC, LMFT.....281-363-4220**

**Woodlands Family Institute**

1610 Woodstead Court, Ste. 420

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Marital and Relationship Therapy, Behavior Management Programs, Post-traumatic Stress Disorder/Trauma, Parenting Skills and Strategies, Coping with Attention Deficit Hyperactivity Disorder, Life Transitions, Existential Goals and Issues, Loneliness, Mood Disorders, Mood Stability, Depressive Disorders, Bipolar Disorders, Anxiety Disorders, Behavior Disorders, Personality Disorders, Women's Issues, Addictive Issues

**Stephen Parham, Ph.D., LPC, LMFT.....281-363-4220**

**Woodlands Family Institute**

1610 Woodstead Court, Ste. 420

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adult Relationships in Distress, Anger Management, Anxiety, Couples Counseling, Depression, Effective Communication in Relationships, Existential Goals and Issues, Help with Parenting Teens, Life Coaching, Helping Men Be Better Husbands, Life Transitions, Coaching Parents of Millennials, Men's Issues, Mood Stability, Trama, Post-traumatic Stress Issues, Sex and Emotional Issues, Trust and Empathy in Marriage

**Melissa Paris, M.S. Ed., LPC, NCC, CEDS.....832-299-5304**

**Melissa Paris Counseling**

2219 Sawdust Road, Ste. 1801

Spring, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Eating Disorders

- Mycael Parks, M.S., CSC, LPC - Associate.....832-352-1600**  
*Supervised By: Marion Montgomery, LPC-S*  
**Tx Harmony Counseling**  
 110 Vision Park Boulevard, Ste. 200  
 Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Young Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anger Management, Assertiveness, Anxiety, Grief, Life Transitions, Self-esteem, Stress
- David Parmer, M.A., LPC.....281-907-1314**  
**David Parmer, M.A., LPC**  
 26113 Oak Ridge Drive, Ste. C.  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Attention Deficit Disorder, Bipolar, Depression, Grief/Loss, Marriage, Obsessive Compulsive Disorder, Panic Attacks, Step-Family Issues
- Tia Parsley, M.A., LPC.....936-900-8040**  
**ESSENTIALS Holistic Therapy**  
 1776 Woodstead Court, Ste. 102  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Balance, Children, Substance Abuse, Coping, Addiction
- Lauren Pasqua, Psy.D.....281-210-6677**  
**Connections Child and Family Center**  
 1544 Sawdust Road, Ste. 290  
 Spring, TX 77380  
**Population Served:** Toddlers, Children, Pre-teens, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** ADHD, Anger Management, Autism, Behavioral Issues, Parenting
- Julie Pate, LPC, LCDC.....832.409.4679**  
**Empower and Elevate**  
 10210 Grogans Mill Road, Ste. 194  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Eating Disorders, Identity Exploration, Life Transitions, Substance Use
- Kristi Patterson, M.A., LPC-S, LMFT-S, RPT-S, ICST.....713-817-7896**  
**Kristi Patterson Family and Play Therapy, LLC**  
 26310 Oak Ridge Drive, Ste. 39  
 Spring, TX 77380  
**Population Served:** Toddlers, Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples, Families  
**Specialties:** Adjustment Issues, Anxiety, Attachment, Burnout, Healthy Boundaries, High Achievers, Mental Health/Healthcare Professionals, Parenting, Play Therapy, Sandtray Therapy for Adults and Children, Women's Issues

- Ashley Paulsen, LPC-Associate**.....**936-247-9929**  
*Supervised By: Courtnee Wright, MA, LPC-S*  
**Kingston and Co. Counseling**  
 2219 Sawdust Road, Ste. 1903  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Coping Skills, Depression, Domestic Violence, Relationship Issues, Self-esteem, Trauma, Women's Issues
- Justin Payne-Tyson, LPC**.....**832-360-2033**  
 4606 FM 1960 W, Ste. 350  
 Houston, TX 77069
- Brittney H. Payton, LMSW**.....**832-239-5534**  
**Embracing Minds Counseling**  
 1931 Humble Place Drive, Ste. 106 & 200  
 Humble, TX 77388  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anger Management, Anxiety, Chronic Illness, Somatic Symptoms, Stress Management
- Scott Peacock, M.A., LPC, LMFT, LCDC**.....**713-478-5650**  
**DBT Dynamics**  
 10330-BB Lake Road  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Alcohol/Drug Addiction, Anxiety, Bipolar Disorder, Borderline Personality Disorder, Couples Counseling, Depression, Infidelity, Self-harm, Sex Addiction
- Jasmine Pearson, LPC, LCDC**.....**346-402-4898**  
**Capstone Connect, PLLC**  
 1110 Kingwood Drive  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Abuse, Addiction, ADHD, Alcohol Use, Anger Management, Anxiety, Behavioral Issues, Chemical Dependency Challenges, Coping Skills, Depression, Domestic Abuse, Domestic Violence, Drug Abuse, Family Conflict, Grief and Loss, Neglect, Impulse Control Disorders, Marital/Pre-marital Counseling, Mood Disorders, Oppositional Defiance Disorder, Parenting, Peer Relationships, Personality Disorders, Relationship Issues, Self-esteem, Self-harm, Substance Use, Spirituality, Stress, Suicidal Ideation, Teen Challenges, Trauma/PTSD
- Sarah Peck, LPC**.....**832-864-5084**  
 19125 Mueschke Rd  
 Tomball, TX 77377

- Anggie Pedraza-Watson, M.S., LPC, NCC.....346-476-6537**  
**District Counseling Center**  
 12262 Queenston Boulevard, Ste. F  
 Houston, TX 77095  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Adoption, Anger Management, Anxiety, Bipolar Disorder, Career Counseling, Codependency, Depression, Divorce, Domestic Abuse, Grief, Infidelity, Life Transitions, Marital/Pre-marital, Mood Disorders, Parenting, Pregnancy/Prenatal/Postpartum, Racial Identity, Relationship Issues, School Issues, Self-esteem, Sexual Abuse, Spirituality, Stress, Trauma/PTSD, Veterans, Women's Issues. Bilingual in English and Spanish.
- Belinda Perez-Hernandez, LPC.....936-220-2944**  
 1325 Windsor Street  
 Huntsville, TX 77340
- Brandi Peterson, M.A., LPC, LMFT.....832-409-0061**  
**Family Counseling of The Woodlands**  
 9595 Six Pines Drive, Ste. 8210  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Blended Families, Marriage Counseling, Parenting, Relationship Issues, Stress
- Haley Pettigrew, M.S., LMFT, LCDC.....936-524-7523**  
**The Center for Hope and Healing**  
 25511 Budde Road, Ste. 3501  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Trauma, Addiction, Co-occurring Mental Health Disorders
- Jon Picker, M.A., LPC, LMFT, LCDC.....281-583-0112**  
**Creative Therapy Center**  
 326 Noble Street  
 Spring, TX 77373  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Relationships, Crisis, Substance Abuse, Mental Health Counseling, Depression, Anxiety
- Ginny Piletere, LMFT.....281-305-9387**  
**Cypress Counseling and Wellness**  
 16693 Huffmeister Road  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Body Image Distress, Chronic Dieting, Depression, Communication Skills, Co-parenting, Disordered Eating Behaviors, Eating Disorders, Life Transitions, Low Self-esteem, Marital/Pre-marital Counseling, Perfectionism, Poor Relationship with Food and Body, Relational Dynamics and Relational Distress

- Rubina Pina, M.Ed., LPC, LCDC-Intern.....936-227-4438**  
**Ellie Mental Health-Conroe**  
 2174 N. FM 3083 West, Ste. 100  
 Conroe, TX 77304  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anger, Anxiety, Bipolar Disorder, Depression, Legal Issues, Trauma
- Inga Pinson, MA, LPC, LMFT.....713-377-8632**  
**IKP Counseling Center**  
 3707 Cypress Creek Parkway, Ste. 310 #4094  
 Houston, TX 77068  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Couples Conflicts, Problems with Children, Depression
- Erin Pitts, Ph.D., LPC, NCC.....346-291-3832**  
**Mindful Movements Counseling Center**  
 2219 Sawdust Road, Ste. 1502  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Career Counseling, Depression, Gender Identity, Interpersonal Relationship Challenges, Life Transitions, Sexual Orientation, Trauma/PTSD, Veterans' Issues, Women's Issues
- Kathy Plascencia, LPC, LMHC, CCTP.....832-306-2969**  
**Finding Peace Counseling Center**  
 25511 Budde Road, Ste. 1901  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Families  
**Specialties:** Active Military/Spouse/Veterans Issues, Borderline Personality, Children's Issues, Coping Skills, Depression, Emotional Disturbance, LGBTQIA+, Life Transitions, Mood Disorders, Racial Identity, Self-esteem, Substance Abuse, Suicidal Ideation, Trauma and PTSD, Veterans, Women's Issues
- Aubrey Plumley, LPC-Associate.....567-343-2584**  
*Supervised By: Supervised by Julia Roy, LPC-S*  
 14547 Lake Business Drive, Ste. 401  
 Conroe, TX 77304
- Rachel Plympton, LCSW.....281-305-9387**  
**Cypress Counseling and Wellness**  
 16693 Huffmeister Road  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Behavioral Challenges, Mood Disorders, Food Sensitivity Testing, Nutrigenomics Genetic Testing, Fatty Acid Panel Testing

**Sarah Police, M.A., LPC, LCDC.....281-560-3193**

**Taylor Counseling Group**  
24900 Pitkin Road, Ste. 290  
Spring, TX 77386

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adjustments to Life Changes, Anxiety, Addiction Recovery, Conflict Resolution, Coping with Hallucinations, Depression, LGBTQIA+ Issues, Life Transitions, Play Therapy for Children, Personality Disorders, Relationship Issues, Suicidal Thoughts, Trauma

**Susan Pollard, Ph.D.....281-570-8227**

1420 Stonehollow Drive, Ste. C  
Kingwood, TX 77339

**Katie Porter, M.A., LPC-S.....713-253-9612**

1525 Lakeville Drive, Ste. 217  
Kingwood, TX 77339

**Letitia Powell, Ph.D., LPC-S.....832-704-1885**

**The Restorative Counseling Services**  
6046 FM 2920, #625  
Spring, TX 77379

**Population Served:** Individuals

**Types of Services:** Adults, Couples/Marital

**Specialties:** Anxiety, Couples, Grief, Moderate Depression, Stress Management, Trauma, Women's Issues

**Lauren Prasse, M.A., LPC-S, NCC.....713-510-4556**

**Reflections in Therapy**  
6605 Cypresswood Drive, #175  
Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anger, Anxiety, Depression, Grief/Loss, Life Changes, Parenting Issues, Relationship Problems

**Stephanie Presley, M.A., NCC, LPC-Associate.....281-572-8606**

*Supervised By: Jennifer Alamia, LPC-S, CCTP*

**Ellie Mental Health - Kingwood**  
800 Rockmead Drive, Ste. 132  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anger Management, Anxiety, Depression, Domestic Abuse, Domestic Violence, Self-esteem, Suicidal Ideation, Trauma/PTSD

- Jessica Preston, M.Ed., LPC-Associate**.....**346-443-2052**  
*Supervised By: Robert Ferow, LPC-S*  
**The Teen Therapists**  
 19221 Interstate 45, Ste. 110  
 Shenandoah, TX 77385  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families, Groups  
**Specialties:** Anxiety, College and Career Planning, Communication with Parents, Depression, LGBTQIA+ Issues, Immigrants, Life Stressors, Self-esteem, Self-harm, Stress, Substance Abuse, Suicidal Ideation, Trauma
- Will Price, MSW, LCSW**.....**346-206-3992**  
**The Resilience Center of Houston**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anger Management, Anxiety, Chronic Relapse, Gambling Addiction, Impulse Disorders, Obsessive Compulsive Disorder, Pain Management, Self-esteem, Substance Abuse
- Derek Prins, M.A., LPC**.....**832-534-3993**  
**Connect Psychological Services PLLC**  
 25511 Budde Road, Ste. 3601  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Children and Adolescent Issues, Anxiety, Depression, Life Changes/Direction, Family Dynamics
- Tiffany Priska, M.A., LPC-S**.....**281-205-7997**  
**Cypress Therapy and Counseling**  
 17774 Cypress Rosehill Road, Ste. 400  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples  
**Specialties:** Anxiety, Bipolar Disorder, Borderline Personality Disorder, Coping Skills, Depression, Emotional Regulation, Mood Disorders, Oppositional Defiance Disorder, Personality Disorders, Psychosis, Relationship Issues, Self-esteem, Self-harm, Suicidal Ideation
- Tori Prophet, M.A., LMFT**.....**713-561-3884**  
**The Center for Postpartum Family Health**  
 25511 Budde Road, #2802  
 The Woodlands, TX 77389  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Coping Skills, Depression, Grief, Life Transitions, Mood Disorders, Parenting, Prenatal/Pregnancy/Postpartum, Relationship Issues, Self-esteem, Stress, Thinking Disorders, Trauma/PTSD, Women's Issues

**Yanay Puente, LPC-Associate.....832-717-7166**

*Supervised By: Sarah Whitmire, LPC-S and Maria Benezra, LPC-S*

**Greater Houston Counseling Services**

21021 Springbrook Plaza Drive, Ste. 140

Spring, TX 77379

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Families, Groups

**Specialties:** Addiction, Anxiety, Behavioral Issues, Codependency, Coping Skills, Depression, Domestic Abuse, Drug Abuse, Dual Diagnosis, Emotional Disturbance, Grief, Life Coaching, Life Transitions, Mood Disorder, Obsessive Compulsive Disorder, Parenting, Self-esteem, Seniors/Geriatric, Sleep Problems/Insomnia, Spirituality, Stress, Substance Abuse, Testing and Evaluation

**Tawnie Putignano, LCSW.....855-209-3255**

**Thriveworks**

1201 Lake Woodlands Drive, Ste. 4009

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Divorce, Grief/Loss, Pregnancy/Postpartum, Relationship Issues

**Anthony "Tony" Quarles, M.Ed., LMFT-Associate.....832-447-7902**

*Supervised By: E. Dawn Thompson LMFT Supervisor*

**Capstone Connect**

1110 Kingwood Drive, Ste. 120

Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Family Counseling, Marital/Pre-marital Counseling, Christian Counseling, Christian Life Coaching

**Anthony "Tony" Quarles, M.Ed., LMFT-Associate, CCLC.....832-447-7902**

*Supervised By: E. Dawn Thompson LMFT Supervisor*

**Quarles Christian Therapy and Coaching**

26411 Oak Ridge Drive

The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Marriage and Remarriage Therapy and Coaching, Premarital Assessment/Therapy and Coaching, Sexual Concerns, Affair Recovery, Divorce Recovery, Communication and Conflict. Individual Therapy: Anger Management, Anxiety, Depression, Grief/Loss, Singles Concerns

**Bridgett S. Quarles, M.S.M.F.T., LMFT-S.....713-325-3857**

**Quarles Christian Therapy and Coaching**

26411 Oak Ridge Drive

The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Marriage and Remarriage Therapy and Coaching, Premarital Assessment/Therapy and Coaching, Sexual Concerns, Affair Recovery, Divorce Recovery, Communication and Conflict. Individual Therapy: Anger Management, Anxiety, Depression, Grief/Loss, Singles Concerns

**Sisily Rainey, M.S., LPC**.....888-572-9544

**LifeStance Health**

19500 Texas State Highway 249, Ste. 120  
Houston, TX 77070

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Emotional Well Being, Mood Disorders

**Alexa Ramirez, LPC-Associate**.....832-346-8082

*Supervised By: Dr. Eboni T. Butler, Psy.D., LPC-S*

**Elle Mental Health**

128 Vision Park Boulevard, Ste. 230  
Shenandoah, TX 77384

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Depression, Life Changes, Parenting Challenges, Relationship Problems

**Ashley Ramirez, LPC-Associate**.....936-227-4438

*Supervised By: Abbie Satterfield, ME.d., LPC-S*

**Elle Mental Health-Conroe**

2174 N. FM 3083 W., Ste. 100  
Conroe, TX 77304

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, College Student Issues, Couples Counseling, Depression, Grief/Loss, LGBTQIA+ Issues, Relationship Issues, Trauma, Young Adult Issues

**Deanna Ramirez, LPC-Associate**.....678-777-4494

*Supervised By: Vick Sears LPC-S*

**Atascocita Counseling Associates**

18700 W. Lake Houston Parkway, Ste. A-102  
Humble, TX 77346

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Emotional Regulation, Grief, Identity, LGBTQIA+, Life Transitions, Trauma

**Christina Ramos, M.A., LPC, NCC**.....936-249-6972

**Christina Ramos Counseling and Consulting, LLC**

26205 Oak Ridge Drive  
The Woodlands, TX 77380

**Population Served:** Toddlers, Children, Pre-teens, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** ADHD, Behavioral Issues, Depression, Marriage Counseling, Women's Issues. Bilingual in English and Spanish.

**Carmen Randleman, M.Ed., LPC.....346-206-3992**

**The Resilience Center**

8665 New Trails Drive, Ste. 185  
The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** ADHD, Anger Management, Anxiety, Autism Spectrum, Career Counseling, Christian Counseling, Depression, Emotional Disturbance, Life Transitions

**Maja (MI-ya) Rasmussen, M.A., LPC.....936-443-9629**

**Prevail Behavioral Health and Wellness Center**

620 Longmire Road  
Conroe, TX 77304

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Anxiety, Complex Trauma, Chronic Mental Illness, Depression, Mood Disorders. Working with Children to Learn Coping Skills, Emotional Regulation Skills, Effective Communication Skills, and Effective Behavior Modifications

**Jewel Ratcliff, MSW, LCSW.....855-562-0751**

**LifeStance Health**

23051 Kingwood Place Drive, Ste. 110  
Kingwood, TX 77339

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Alcohol and Drug Use Issues, Anxiety, Bipolar Disorder, Caregivers, Chronic Illness, Couples' Issues, Depression, First Responders, Gender Identity, Gender Affirmative Medical Readiness Evaluations, Health Issues, LGBTQIA+, Life Transitions, Later Life Transitions, Military/Veterans, Parenting Skills, Alternative Lifestyle and Ethical Non-monogamous Relationships

**Rebecca Ray, LMFT-S, CSAT, CCPS, EMDR.....281-766-3376**

**Ray Family Therapy**

12238 Queenston Boulevard, Ste. F  
Houston, TX 77095

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anger, Anxiety, Betrayal Trauma, Couples Counseling to Reignite Passion, Sexual Intimacy and Equality in the Relationship, Depression, Grief, Miscarriage and Perinatal Loss, Sex Addiction, Trauma/PTSD

**Rachael Reed, LPC, LMFT.....832-409-4679**

**Empower and Elevate**

10210 Grogans Mill Road, Ste. 194  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Boundaries, Changing Internal Beliefs, Coaching, Coping Skills, Creating New Routines, Depression, Eating Disorder Recovery, Family of Origin, Grief, Healing Relationships with Self, Body, and Others, Identifying Patterns, Parenting, Perfectionism, Substance Use, Trauma

**Lauren Reed, M.A., LMFT.....346-291-3832**

**Mindful Movements Counseling Center**

2219 Sawdust Road, Ste. 1502  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Anxiety, Depression, Faith-based Counseling, Family Issues, Marital/Pre-marital Counseling, Relationship Issues

**Judith Reedy, M.Ed., LPC.....936-207-1330**

**Judith Reedy, M.Ed., LPC**

25511 Budde Road, Ste. #501  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Custody/Co-parenting, Grief and Loss, Emotional Regulation, Relationship Issues, Stress

**Melissa Reese, M.A., LPC, NCC.....281-849-4080**

**Your Family Psychiatrist**

12247 Queenston Boulevard, Ste. D  
Houston, TX 77095

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Autism Spectrum, Bipolar Disorder, Depression, Eating Disorders, Grief/Loss, Obsessive Compulsive Disorder, Personality Disorders, Substance Abuse

**Ashlyn Reeves, LPC.....832-303-8933**

**Julia's Counseling and Play Therapy Group**

1544 Sawdust Rd. , Ste. 260  
The Woodlands, TX 77380

**Population Served:** Children, Teens, Young Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Behavioral Issues, Bipolar Disorder, Child-centered Play Therapy, Depression, Divorce, Gender Identity/Sexual Orientation Concerns, LGBTQIA+

**Aileen Renteria, M.S., LPC, LMFT.....281-939-7874**

**Renteria Therapy**

26411 Oak Ridge Drive  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Mental and Behavioral Health, Anxiety, Bilingual in Spanish and English, Boundaries, Communication Skills, Depression, Developmental Disabilities, Family Relationships, Gender Identity, Grief/Bereavement, Labels, LGBTQIA+ Support, Motivation, Multicultural/Diversity Issues, Intimate/Romantic Relationships, Sexual Identity, Stress, Suicidal Ideation, Self-harm, Self-worth

**Brenda Resendez, LPC-Associate.....832-717-7166**

*Supervised By: Christina Runnels, M.A., LPC-S, PMH-C and Maria Benezra, M.A., LPC-S*

**Greater Houston Counseling Services, PLLC**

8900 Eastloch Drive

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Autism Spectrum Disorder, Coping Strategies, Cultivating Resilience, Interpersonal Difficulties, Mood Disorders, Trauma

**Graciela Reyes-McDonald, Ph.D., LP, LSSP, NCSP.....281-815-0899**

**Grace Psychological Services**

26010 Oak Ridge Drive, Ste. #107

The Woodlands, TX 77380

**Population Served:** Children, Adolescents

**Types of Services:** Individuals, Families

**Specialties:** Autism Assessment, Emotional and Behavioral Assessment (ADHD, Mood Disorders, Anxiety, Selective Mutism, Behavioral Problems), Assessment of Learning Disorders including Dyslexia, Behavioral Interventions, Independent Education Evaluation, Bilingual in English and Spanish

**Amanda Rhodes, LCSW.....832-291-3950**

**Nurturing Nature Child and Family Therapy**

256 Ed English Drive, Bldg. 4, Ste E

The Woodlands, TX 77385

**Population Served:** Children, Adolescents, Young Adults, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Behavioral Issues, Depression, Dysfunctional Family, Environmental Changes, Grief, Hyperactivity, Low Self-esteem, Managing Anger, Mood Dysregulation, Peer Relationships, Previous Trauma, Self-harm, Suicidal Thinking, Stress Management. Work with Young Adults to Adjust to Adulthood, Work through Depression, Anxiety Symptoms, or Life Stressors

**Susan Rhodes, M.Ed., LPC.....346-402-4898**

**Capstone Connect, PLLC**

3500 W Davis St., Ste. 250

Conroe, TX 77304

**Katie Rial, Ph.D.....281-210-6677**

**Connections Child and Family Center**

8122 Spring Cypress Road

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Psychological Testing, Parent Child Interaction Therapy, Trauma, Dialectical Behavior Therapy

- Katie Rial, Ph.D.**.....**281-210-6677**  
**Connections Child and Family Center**  
 1544 Sawdust Road, Ste. 290  
 Spring, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Psychological Testing, Parent Child Interaction Therapy, Trauma, Dialectical Behavior Therapy
- Kat Ricardo, M.S., LPC - Associate**.....**940-629-8414**  
*Supervised By: Lisa Grubbs, Ph.D., LPC-S*  
**Kingston and Co. Counseling**  
 2219 Sawdust Road, Ste. 1903  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Self-esteem, Stress, Trauma/PTSD. Bilingual in English and Spanish.
- Kathleen Rice, Ph.D., LPC-S**.....**936-506-2966**  
 1110 North Loop 336 West  
 Conroe, TX 77301
- Tracy Richied, MSW, LCSW**.....**346-206-3992**  
**The Resilience Center**  
 14930 Mueschke Road, Ste. 100  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Bipolar Disorder, Codependency, Couples Counseling, Depression, Divorce and Blended Families, Grief/Loss, Infertility, Infidelity, Parenting, Post-Partum Issues, Sexual Abuse, Trauma/PTSD
- Melissa Riggs, Ph.D.**.....**281-509-1010**  
**Embrace Therapy and Wellness**  
 26113 Oak Ridge Drive, Ste. C  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Coping Skills, Relationship Issues, Mind-Body Connection, Stress, Trauma
- Hayden Riley, M.A., LPC-Associate**.....**346-314-0022**  
*Supervised By: Chari Westcott, M.A., LPC-S*  
**Calderas Counseling**  
 8900 Eastloch Drive, Ste. 150  
 Spring, TX 77379  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anger Issues, Anxiety, Couples/Marital Counseling, Depression, LGBTQIA+ Issues, Self-esteem, Stress, Substance Abuse

- Brenda Ritchie, LMFT**.....**281-837-6912**  
**Cypress Counseling and Behavioral Center**  
 17832 Mound Road, Ste. A  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Behavioral Issues, Depression, Family Conflict, Life Changes, Relational Problems, Trauma. Bilingual in English and Spanish.
- Brett Ritchie, M.A., LPC**.....**832-237-2673**  
**Houston Psychotherapists, Inc.**  
 21212 Northwest Freeway, Ste. 455  
 Cypress, TX 77429  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples  
**Specialties:** Anxiety, Depression, Difficult Relationships, Life Transitions, Men's Issues, Relationship Issues
- Barbara Rivas, LCSW, ACSW, QCSW, DCSW**.....**832-286-1539**  
 5629 FM 1960 West, Ste. 311  
 Houston, TX 77069  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Depression, Mood Swings, Loneliness, Difficulties in Relationships, Marriage, Divorce, Death, Parenthood, Blended Family Issues, Retirement, Aging Process, Worries or Obsessions, Anger, Frustration, Guilt, No Resolution
- Brianna Roberts, M.A., LPC**.....**832-233-3086**  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Communication Skills, Depression, Emotional and Physical Abuse, Family Conflict, Relationship Issues, Self-esteem, Stress Management, Trauma
- Alissa Roberts, M.A., LPC-Associate**.....**281-363-4220**  
*Supervised By: Pam Cosart, MA, LPC-S, LCDC*  
**Woodlands Family Institute, P.C.**  
 1610 Woodstead Court, Ste. 420  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Adolescent Issues, Anxiety, Couples Counseling, Depression, Grief, Life Transitions, Marital/Premarital Counseling, Peripartum/Postpartum, Relationship Issues, Stress Management, Trauma, Women's Issues,

**Rachel Roberts, M.Ed., LPC, LADC.....713-854-5654**

**Houston Behavioral Health, PLLC**  
4606 FM1960 Road West, Ste. 230  
Houston, TX 77069

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Addiction, Assessment for Intellectual and Developmental Disabilities, Emotional Dysregulation, Intimate Partner Violence, Trauma

**Mary Lee Roberts, M.S., LPC.....832-510-4790**

**Mary Lee Roberts, M.S., LPC**  
25511 Budde Road, Ste. #501  
The Woodlands, TX 77380

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Depression, Anxiety, Mood Disorders, Relationship Issues, Trauma and PTSD

**Heather Roberts, M.A., LPC, LMFT.....281-475-5957**

**Heather R. Roberts, M.A., LPC, LMFT**  
26411 Oak Ridge Drive  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Abusive History or Trauma, Family Relationship Issues, Marital Conflict, Marital/Pre-marital Counseling, Obsessive Compulsive Disorder, Parenting Concerns

**Brooke Duffy Roberts, Ph.D., LPC, LMFT.....832-640-9606**

**Brook Duffy Roberts, Ph.D., LPC, LMFT**  
25329 Budde Road, Ste. 503  
Spring, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Tension

**Sara Robertson, M.A., LPC, CCTP.....713-466-1360**

**Cy-Hope Counseling**  
12715 Telge Road  
Cypress, TX 77429

**Population Served:** Adolescents

**Types of Services:** Individuals

**Specialties:** Anxiety, Bipolar Disorder, Depression, Post-traumatic Stress Disorder (PTSD)

**Dr. Maritza Robinson, LPC.....281-317-7745**

16635 Spring Cypress Road #902  
Cypress, TX 77410

- Robin Robinson, M.Ed., LPC**.....832-233-3086  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Autism, Behavioral Disorders, Grief
- Leslie Rodriguez, LCSW**.....713-861-4849  
**Family Houston**  
 1600 Lake Front Circle, Ste. 200  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Anxiety, Children's Issues, Depression, Relationships, Self-esteem
- Barbara Rodriguez, M.A., LCDC, LPC Associate**.....832-291-6733  
*Supervised By: Joni A. Adams, M.A., LPC-S*  
**Kingwood Psychotherapy and Assessment Center, PLLC**  
 1420 Stonehollow Drive, Ste. C  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Mental Health Concerns, Addiction Issues
- Sarah Rodriguez, M.A., LPC**.....346-200-6260  
**District Counseling Center**  
 10330 Lake Road, Ste. Z  
 Houston, TX 77070  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Addiction, Behavioral Issues, Coping Skills, Depression, Divorce, Drug Abuse, Emotional Disturbance, Infertility, Mood Disorders, Parenting, School Issues, Self-harm, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Teen Violence
- Amanda Rogers, MSW, LCSW**.....832-847-1898  
**Sulcata Psychiatry**  
 12075 Spring Cypress Road, Ste. D  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Bipolar Disorder, Depression, Grief, Trauma, Women's Issues
- Trisha Rojas, M.Ed., LPC**.....832-233-3086  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Codependency, Communication Issues, Cultural Issues/Identity, Depression, Eating Disorders, Grief, Intimate Partner Violence, Relationship Issues, Self-esteem, Trauma

- Alysha Roll, MSW, LCSW.....832-623-2102**  
**Couples Counseling and Professional Training Associates**  
 1525 Lakeville Drive, Ste. 108  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Affairs, Anxiety, Betrayals, Couples Counseling, Enhance Friendship, Grief and Loss, Manage Conflict, Marathon Therapy for Couples, Marital/Premarital Counseling, Mental Health Concerns, Mood Disorders, Self-esteem, Stress Management
- Stephanie Romero, M.Ed, LPC.....281-944-7922**  
**Serenity Wellness and Counseling**  
 17844 Mound Road, Ste. H  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Depression, Family Conflict, Life Events, Post-traumatic Stress Disorder, Self-esteem. Bilingual in English and Spanish.
- Monica Romo, LCSW.....281-837-6912**  
**Cypress Counseling and Behavioral Center**  
 Cypress, TX 77433  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Immigration Evaluations
- Ciji Rosa, MSW, LCSW.....888-572-9544**  
**LifeStance Health**  
 19500 Texas State Highway 249, Ste. 120  
 Houston, TX 77070  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Childhood Behavior Issues, Depression, Grief, Immigration-related Stressors, LGBTQIA+, Trauma/PTSD. Bilingual in English and Spanish.
- Darya Ross, M.A., LPC.....281-801-1347**  
**Joyful Hearts Play Therapy and Counseling Center**  
 2219 Sawdust Road, Ste. 1001  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Adoption, Anxiety, Autism, Behavioral Issues, Body Positivity, Depression, Emotional Well Being, Mood Disorders, Children's Issues, Coping Skills, Eating Disorders, Emotional Disturbance, Grief, LGBTQIA+, Life Transitions, Mood Disorders, Oppositional Defiance Disorder, Peer Relationships, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Trauma/PTSD, Transgender, Veterans, Women's Issues
- Julia Roy, LPC-S.....936-597-7055**  
 2500 Lone Star Parkway, Ste. 305  
 Montgomery, TX 77356

**Heather Rubio, LMFT - Associate.....832-791-1414***Supervised By: Christie Farris, LMFT-S LPC-S***Thriving Tree Family Therapy**

10210 Grogan's Mill Road, Ste. 205

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Addiction. Anxiety. Marriage Counseling, Parenting, Self-Esteem, Stress, Women's Issues**Guadalupe Ruiz, M.S., LPC.....832-233-3086****Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Abuse, Anger Management, Anxiety, Depression, Family Relationship Problems, Grief, Life Transitions, Low Self-esteem, Marital Problems, Trauma**Christina Runnels, M.A., LPC-S, LCDC, PMH-C.....832-717-7166****Greater Houston Counseling Services, PLLC**

8900 Eastloch Drive

Spring, TX 77379

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma and PTSD, Pregnancy/Prenatal/Postpartum, Adoption, Anxiety, Depression, Divorce, Infertility, Infidelity, Sexual Abuse. Bilingual in Spanish**Christina Runnels, M.A., LPC-S, LCDC, PMH-C.....832-717-7166****Greater Houston Counseling Services, PLLC**

8118 Fry Road, Ste. 601

Cypress, TX 77433

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma and PTSD, Pregnancy/Prenatal/Postpartum, Adoption, Anxiety, Depression, Divorce, Infertility, Infidelity, Sexual Abuse. Bilingual in Spanish.**Ellen Russell, M.A., LPC-Associate.....281-572-8606***Supervised By: Hope Brown, LPC-S***Ellie Mental Health-Kingwood**

800 Rockmead Drive, Ste. 132

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** Adjustment Issues, Anxiety, Depression, LGBTQIA+ Issues, Men's Issues, Relationship Issues, Self-esteem, Women's Issues

- Joy Ryan, M.A., LPC, RPT.....832-534-3993**  
**Connect Psychological Services PLLC**  
 25511 Budde Road, Ste. 3601  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Play Therapy for Adjustment to Significant Family Changes, Anxiety, Depression, Trauma, Adult Therapy for Obsessive Compulsive Disorder, Trichotillomania, Tourette's Syndrome, and Body Dysmorphic Disorder
- J. Gregory Ryan, Psy.D., LSSP, BCBA-D.....832-534-3993**  
**Connect Psychological Services PLLC**  
 25511 Budde Road, Ste. 3601  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Psychological Evaluations Related to Issues with Developmental Concerns, Learning, Attention, Personality Assessment and Clarification of Diagnosis with an Emphasis on Functional and Practical Recommendations
- Pamela Salaam, MSSW, LCSW.....832-330-2567**  
**Pamela Salaam, MSSW, LCSW**  
 5514 Hickory Village Drive  
 Kingwood, TX 77345  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Gottman Method, Marital Therapy, Separation and Divorce, Step-Parenting & Blended Families, Life Transitions, Anxiety, Job Loss, Substance Abuse, Depression, Gay and Lesbian Issues, Parents and Family of LGBT, Sexual Abuse, Multicultural Issues, Elder Care, Women's Issues, Sexuality Problems, Chronic Mental Illness, Addictions
- Luis Saldana, LPC - Associate.....832-233-3086**  
*Supervised By: Kimberly L. Boyd, M.S., LPC-S*  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples, Families, Groups  
**Specialties:** Anger Management, Anxiety, Communication Problems, Depression, Family Conflict, Relationship Issues, Self-esteem
- Kim Saltzman, B.S., M.A., LPC, NCC.....281-245-0785**  
**Kim Saltzman: Licensed Professional Counselor**  
 26113 Oak Ridge Drive, Ste. C  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Groups  
**Specialties:** Anxiety, Depression, Eating Disorders, Emotional Disturbance, Obsessive Compulsive Disorder, Pregnancy/Prenatal/Postpartum, Relationship Issues, Self-harm, Sex Therapy, Sexual Addiction, Spirituality, Substance Abuse, Trauma/PTSD

**Miguel Sanchez, LPC.....346-258-7101**

**Thriveworks Counseling**

611 Rockmead Drive, Ste. 100  
Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anger, Anxiety, Coping Skills, Depression, Life Transitions, Self Esteem, Stress, Trauma/PTSD

**Laura Sanchez, M.S., LMFT, LPC.....713-510-3184**

8530 FM 1960 Road East, Ste. 114  
Humble, TX 77346

**Jessica Sanchez-Gomez, MPA, MAMFT, LPC – Associate.....346-402-4996**

*Supervised By: Kimberly Harrington-Delgado, M.Ed., LPC-S, RPT-S*

**Capstone Connect Counseling and Trauma Services**

1110 Kingwood Drive  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Adolescent Issues, Anxiety, Behavioral Issues, Children's Issues, Coping Strategies, Depression, Healthy Communication Patterns, Life Transitions, Relationship Issues, Self-esteem, Self-control, Stress, Trauma

**Tamiko Sanders-Simpson, LCSW.....832-756-2749**

**Spencer and Associates Therapeutic Alliance PLLC**

12340 Jones Road, Ste. 290  
Houston, TX 77070

**Population Served:** Children

**Types of Services:** Individuals, Families

**Specialties:** Adoptive Families, Child Development, Child Welfare, Culturally Diverse Populations, Foster Families

**Anne Sarrat, LCSW.....281-769-2238**

**Clearhope Counseling and Wellness**

7702 FM 1960 East, Ste. 310  
Humble, TX 77346

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Issues, Adoption/Foster Care, Anger, Anxiety, Autism, Behavioral Issues, Children's Issues, Christian Counseling, Couples Counseling, Depression, Domestic Violence, Elderly Life Transitions, Family Issues, Geriatric Issues, Grief/Loss, LGBTQIA+, Parenting Skills, Play Therapy, Spiritual Issues

- Denise Sartori-Garcia, M.A., LPC, LMFT-S**.....**281-748-0233**  
**Family & Youth Institute, LLC**  
 26009 Budde Road, A-300  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Adolescent Issues, Anger, Anxiety, Behavioral Changes, Bipolar Disorder, Communication, Coping Skills, Depression, Life Adjustments/Transitions, Marital/Pre-marital, Mood Disorders, Parenting Skills, Peer-related Concerns, Relational Issues, School-related Concerns, Stress Management
- Mary Ann Sartori-Hunt, M.A., LPC-S, CSC**.....**281-748-0233**  
**Better Self Counseling**  
 26009 Budde Road, A-300  
 Spring, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Adolescent Issues, Anger, Anxiety, Behavioral Issues, Depression, Codependency, Oppositional Defiance Disorder, Parent Education, Parenting Skills
- Daidra Saunders, M.S., LPC-Associate**.....**346-200-6260**  
*Supervised By: Keisha Henderson Sylve, LPC-S*  
**District Counseling Center**  
 10330 Lake Road, Ste. Z  
 Houston, TX 77070  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anger, Anxiety, Emotional Dysregulation, Grief, Low Self-esteem, Trauma
- Juan Sazo, LCSW**.....**281-594-7138**  
**Sazo Counseling**  
 700 Rockmead Drive, Ste. 200  
 Kingwood, TX 77339  
**Population Served:** Pre-teens, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Behavioral Issues, Conflict Resolution Skills, Coping Skills, Depression, Grief, Life Transitions, Men's Issues, Racial Identity, Self Harm, Stress, Suicidal Ideation, Trauma/PTSD. Bilingual in English and Spanish.
- Traci Schindewolf, M.A, LPC**.....**832-534-3993**  
**Connect Psychological Services PLLC**  
 25511 Budde Road, Ste. 3601  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Adolescent Issues, Anxiety, Depression, Relationships, Self-esteem

**Shayla Schmidt, M.A., LPC, LMFT, NCC.....936-449-8053**

**Lake Conroe Counseling Center**

123 Blue Heron Drive, Ste. 102  
Montgomery, TX 77316

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Coping Skills, Communication Skills, Depression, Emotional Regulation Skills, Mood Disorders, Personality Disorders, Marital Conflicts, Phase of Life Adjustments

**Angelic Schmidt, M.A., LPC.....832-390-0109**

21 Waterway Avenue, Ste. 300  
The Woodlands, TX 77380

**William Schmidt, Ph.D., LPC, LSOTP, LMSW, LMFT, LCDC, CSAT.....281-359-8998**

**Schmidt Counseling Associates**

514 First Street  
Humble, TX 77338

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Addiction, Men's Issues, Sex Therapy, Sexual Abuse, Sexual Addiction

**Kristy Schneider, M.S., LPC.....713-466-1360**

**Cy-Hope Counseling**

12715 Telge Road  
Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Anger Management, Anxiety, Autism, Behavioral Issues, Bipolar, Depression, Grief, Obsessive-Compulsive Disorder, Oppositional Defiance, Self-Esteem, Self-Harming, Stress, Suicidal Ideation, Trauma and PTSD, Women's Issues

**Amanda "Mandy" Schramm, LPC.....832-346-8082**

**Ellie Mental Health**

128 Vision Park Boulevard, Ste. 230  
Shenandoah, TX 77384

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Abuse, Adolescent Issues, Adoption, ADHD, Anger Issues, Anxiety, Bipolar Disorder, Body Image Issues, Depression, Grief/Loss, Oppositional Defiance Disorder, Post-traumatic Stress Disorder, Self-esteem, Self Harm, Suicidal Thoughts

**Meija Schreiner, LPC.....346-457-5655**

506 Honea Egypt Road, Ste. 930  
Magnolia, TX 77354

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Life Transitions and Grief, and ADHD

**Lisa Schultz, M.A., LPC - Associate.....832-233-3086**

*Supervised By: Maggie Chlebana, M.S., LPC-S*

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Addictions, Anger Management, Anxiety, Depression, Domestic Abuse, Interpersonal Conflict, Relationship Issues, Trauma

**Dr. Paige Schultz, Ph.D., LPC-S, NCC.....281-210-6945**

5501 Louetta Road, Ste. B

Spring, TX 77379

**Allie Scott, LPC.....832-497-8826**

17302 House Hahl Road, Ste. 302

Cypress, TX 77433

**Victoria C. Scott, M.S, LMFT.....281-819-0308**

**Therapy for Families**

2219 Sawdust Drive, #1101

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Addiction, Anxiety, Coping Skills, Depression, Emotional Disturbance, Grief, Self-esteem

**Vikki Sears, M.Ed., LPC-S.....936-524-4320**

**Counseling Creations**

14847 Brown Road

Tomball, TX 77377

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Anger Management, Anxiety, Creative Visualization, Depression, Grief, Mindfulness, Relationships, Self-awareness, Self-esteem Issues, Stress Management

**Darly Sebastian, LPC.....832-302-4072**

**The Shape of Counseling**

7901 Research Forest Drive, Ste. 400, #3075,

The Woodlands, TX 77382

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Groups

**Specialties:** Anxiety, Depression, Grief/Bereavement, Parenting Issues, Phase of Life Transitions, Relationship Issues, Substance Abuse, Trauma/PTSD

- Jonathan Semro, M.Div., LPC-Associate**.....**281-944-7922**  
*Supervised By: Emily Head, LPC-S*  
**Serenity Wellness and Counseling**  
 17844 Mound Road, Ste. H  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Career Counseling Issues, Couple's Communication, Depression, Suicidal Ideation, Trauma
- Carol Sepulveda, MSW, LCSW-S, RPT-S**.....**832-792-7256**  
**Center for Counseling and Play Therapy, PLLC**  
 700 Rockmead Drive, Ste. 205  
 Kingwood, TX 77339  
**Population Served:** Toddlers, Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Trauma and PTSD, Anger Management
- Mia Sepulveda, MSW, LMSW**.....**832-792-7256**  
**Center for Counseling and Play Therapy, PLLC**  
 700 Rockmead Drive, Ste. 205  
 Kingwood, TX 77339  
**Population Served:** Children  
**Types of Services:** Individuals, Families  
**Specialties:** Children's Issues, Play Therapy, Parenting Skills
- Jimmy Sethna, Psy.D., M.A., CART**.....**281-397-0200**  
**Jimmy Sethna, Psy.D., M.A., CART**  
 17115 Red Oak Drive, Ste. 220  
 Houston, TX 77090  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Mood Disorders, Testing and Evaluation, Anxiety
- Sherry Shaefer, M.A., LPC**.....**346-206-3992**  
**The Resilience Center of Houston**  
 8665 New Trails Drive, Ste. 185  
 The Woodlands, TX 77381  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Christian Counseling, First Responders, Mood Disorders, Self-esteem, Self-harm, Stress, Suicide, Trauma/PTSD
- Jacquelyn Shair, LPC**.....**281-916-2465**  
**Thriveworks**  
 1201 Lake Woodlands Drive, Ste. 4009  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples  
**Specialties:** ADHD, Anxiety, Behavioral Issues, Coping Skills, Depression, Grief, Life Transitions, Obsessive Compulsive Disorder, Self-esteem, Sex Therapy, Sexual Abuse, Stress, Trauma/PTSD

- Hannah Shaw, M.A., LPC.....281-748-0233**  
**Better Self Counseling**  
 26009 Buddle Road, A-300  
 Spring, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples  
**Specialties:** Adolescents, Christian Moms, Couples
- Meghan Shaw, M.S., LPC, LCDC.....409-203-4347**  
**Ready Change Therapy**  
 1110 Kingwood Drive, Ste. 200 J/K  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Addiction, Alcohol Use, Anxiety, Depression, Stress
- LaToscha Sherman, LPC.....832-239-5534**  
**Embracing Minds Counseling**  
 1931 Humble Place Drive, Ste. 106 and 200  
 Humble, TX 77338  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Grief/Loss
- Nadia Sherman, LPC.....281-916-2465**  
**Thriveworks**  
 1201 Lake Woodlands Drive, Ste. 4009  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples  
**Specialties:** Anger Management, Anxiety, Coping Skills, Depression, Grief, LGBTQIA+, Life Transitions, Stress, Trauma/PTSD, Women's Issues
- Jamie Shields, M.A., LPC, LCDC.....832-348-3713**  
**Jamie Shields, M.A., LPC, LCDC**  
 800 Rockmead Drive, #113  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Depression, Trauma, Substance Abuse, Cognitive Behavioral Therapy, Reality Therapy, Solution Focused Brief Therapy
- Andrea Shiflet, M.S., LMFT-S.....936-227-4438**  
**Ellie Mental Health-Conroe**  
 2174 N. FM 3083 W., Ste. 100  
 Conroe, TX 77304  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Couples Counseling, Healthy Boundaries, Relationship Issues, Self-care, Substance Abuse

- Jessica Shrieve, LPC**.....**409-242-0237**  
**Jessica Shrieve Counseling**  
 1776 Woodstead Court, Ste. 102  
 The Woodlands, TX 77380  
**Population Served:** Children, Pre-teens, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Behavioral Issues, Obsessive Compulsive Disorder, Stress, Trauma/PTSD
- Haley Shults, LPC-Associate**.....**281-205-7997**  
*Supervised By: Tiffany Priska, M.A., LPC-S*  
**Cypress Therapy and Counseling**  
 17774 Cypress Rosehill Road, Ste. 400  
 Cypress, TX 77429  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Addictions, Anxiety, Bipolar Disorder, Trauma/PTSD
- Erin Silva, M.Ed., LPC, ICST**.....**281-433-1363**  
**Tranquil Hearts Counseling Center**  
 16712 Huffmeister Road, Bldg. 400A  
 Cypress, TX 77429  
**Population Served:** Toddlers, Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Abuse, ADHD, Adjustment Disorders, Anxiety, Anger Management, Depression, Divorce, Grief and Loss, Parenting Training, Play Therapy, Self-esteem, Self-harm, Special Needs, Stress, Suicidal Ideation
- Ashley Silver, LCSW**.....**832-847-1898**  
**Sulcata Psychiatry**  
 12075 Spring Cypress Road, Ste. D  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Bipolar Disorder, Couples Issues, Couples Communication, Depression, Grief, Life Stressors, Life Transitions, Relationship Issues, Trauma, Women's Issues
- Cheryl Simcox, LPC - Associate**.....**936-215-8538**  
*Supervised By: Jennifer Cain, M.A., LPC-S, RPT-S*  
**Kingston and Co. Counseling**  
 2219 Sawdust Road, Ste. 1903  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Chronic Illness, Chronic Pain, Coping Skills, Depression, Grief, Infidelity, Life Transitions, Parenting, Peer Relationships, Relationship Issues, School Issues, Self-esteem, Stress, Women's Issues

**Jamie Simmons, MSW, LMSW.....936-333-4744**

*Supervised By: Dr. Ann Webb Ph.D.*

**Kind Counseling Services**

19221 I-45, Ste. 110

Shenandoah, TX 77385

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** ADHD, Anxiety, Career Counseling, Chronic Illness, Coping Skills, Depression, Family Conflict, Life Transitions, Marital/Pre-marital, Peer Relationships, Self-esteem, Stress, Trauma/PTSD

**Ashby Simons, M.A., LPC, LCDC.....346-206-3992**

**The Resilience Center of Houston**

8665 New Trails Drive, Ste. 185

The Woodlands, TX 77381

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Bipolar Disorder, Chemical Dependence, Codependency, Depression, Self-esteem, Suicidal Ideation, Thinking Disorders, Trauma/PTSD

**Joanne Simpson, LMFT.....832-562-5989**

**Simpson Therapy**

10210 Grogans Mill, Ste. 217

The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Sexual Abuse, Marital and Premarital, Relationship Issues

**Kiira Sisman, LPC.....832-534-0818**

**Sisman Counseling**

12837 Louetta Road, Ste. 202

Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Codependency, Depression, Infertility, Self-esteem, Stress, Women's Issues

**Steven Sizemore, M.A., LPC.....281-830-0664**

**Woodlands Psychotherapy**

The Woodlands, TX

**Population Served:** Pre-Teens, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD

**Kristen Skowronski, LMFT - Associate.....346-370-0028**

*Supervised By: Leonard Michael Bohanon, Ph.D., LMFT - S*

**Skowronski Counseling**

256 Ed English Drive, Bldg. 4, Unit C

Shenandoah, TX 77385

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Depression, Infidelity, Marriage Counseling, Pregnancy/Prenatal/Postpartum, Relationship Issues, Stress

- Carrington Slaughter, M.S., LPC-Associate.....832-792-7256**  
*Supervised By: Mark Berg, M.A., LPC-S, CEAP, SAP*  
**Center for Counseling and Play Therapy, PLLC**  
 700 Rockmead Drive, Ste. 205  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Behavioral Concerns, Children's Issues, Coping Skills, Relationship Concerns, Self-awareness
- Yvette Smith, M.A., LPC.....936-756-4500**  
**Yvette Smith, M.A., LPC**  
 Conroe, TX  
**Population Served:** Children, Adolescent, Adult  
**Types of Services:** Individuals, Families  
**Specialties:** Anxiety, Depression, Relationship Issues
- Jane Smith, LPC.....832-878-2936**  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** ADHD, Anger Management, Anxiety, Bipolar, Codependency, Depression, Divorce, Grief, Infidelity, Life Coaching, Marriage Counseling, Relationship Issues, Self-Esteem, Sex Therapy, Stress, Suicidal Ideation, Trauma and PTSD
- Denise Smith, M.Ed., LPC.....713-614-9259**  
**Morning Light Counseling Services**  
 14011 Park Drive, Ste. 210  
 Tomball, TX 77377  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Faith Based Counseling, Women's Issues, Marriage and Relationships, Divorce, Abuse, Trauma, PTSD
- Lona Snell, M.Ed., LPC.....832-242-9970**  
**Grace & Guidance Wellness**  
 25329 Budde Road, Ste. 401  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Grief/Loss, Adolescent Issues, Marriage Issues, First Responder Issues, Trauma Related Issues, Self-harm
- Beverly Solomon, LCSW.....281-552-8532**  
**The Counseling Center - Beverly Solomon, LCSW**  
 26515 Oakridge Drive  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Groups  
**Specialties:** Rage, Anger, Fear, Withdrawal, Addictions, Codependency, Infertility, Adoption, Grief and Loss

- Kyle Sommers, LPC**.....**936-701-6009**  
**Kyle Sommers, LPC - The Bro Therapist**  
 719 Sawdust Road, Ste. 104  
 Spring, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Brainspotting for Trauma, Emotionally Unavailable Men, Stress Management, Anxiety, Depression
- Kevin Spain, LPC**.....**832-712-7620**  
**Kevin Spain Counseling**  
 13810 Champion Forest Drive, Ste. 150  
 Houston, TX 77069  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Individual Counseling, Marital/Pre-marital Counseling, EMDR for Trauma
- Regina Spencer, LCSW-S**.....**832-756-2749**  
**Spencer and Associates Therapeutic Alliance PLLC**  
 12340 Jones Road, Ste. 290  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Adoptive Families, Anxiety, Conflict Resolution, Depression, Family Conflict, Foster Families, Relationship Issues, School Issues,
- Dana Spinler, M.A., LPC**.....**936-213-3130**  
**True North - The Woodlands**  
 2219 Sawdust Road, Ste. 103  
 Spring, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Life Transitions, Sex Therapy
- Elisa Squier, M.M.F.T., LMFT**.....**281-210-6677**  
**Connections Child and Family Center**  
 8122 Spring Cypress Rd.  
 Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Coping Skills, Life Transitions, Marital/Pre-marital Counseling, Adolescents Relationship Issues with Peers or Family, Self-esteem
- Elisa Squier, M.M.F.T., LMFT**.....**281-210-6677**  
**Connections Child and Family Center**  
 1544 Sawdust, Ste. 290  
 Spring, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Coping Skills, Life Transitions, Marital/Pre-marital Counseling, Adolescents Relationship Issues with Peers or Family, Self-esteem

**Valerie St. Germain, LMSW.....346-402-4898**

**Capstone Connect, PLLC**

3500 W Davis Street, Ste. 250

Conroe, TX 77304

**Ashley Stakes, LPC - Associate.....281-940-4822**

*Supervised By: Cyndi Doyle LPC-S*

**Carrera Counseling Services, PLLC**

10210 Grogans Mill Road, Ste. 145 and 150

The Woodlands, TX 77380

**Population Served:** Teenagers, Adults, Seniors

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Addiction, ADHD, Alcohol Use, Anger Management, Anxiety, Behavioral Issues, Blended Families, Codependency, Depression, Domestic Abuse, Dual Diagnosis, Grief, Marriage Counseling, Men's Issues, Parenting, Relationship Issues, Self-Esteem, Self-Harming, Sexual Abuse, Sexual Addiction, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Trauma and PTSD, Women's Issues

**Keli Noorda Stalder, M.A., LPC Associate.....832-291-6733**

*Supervised By: Joni A. Adams, M.A., LPC-S*

**Kingwood Psychotherapy and Assessment Center, PLLC**

1420 Stonehollow Drive, Ste. C

Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Bullying, General Stresses of Life, Life Transitions, LGBTQIA+ Issues, Relationship Issues

**Mia Stallworth, LPC-Associate.....855-209-3255**

*Supervised By: Traci Phipps, LPC-S*

**Thriveworks**

15103 Mason Road, Ste. E2

Cypress, TX 77433

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Borderline Personality, Coping Skills, Depression, Grief/Loss, Infidelity, Life Transitions, Stress, Trauma/PTSD

**Michel R. Stamper, M.S., LPC.....832-790-4642**

**Michel R. Stamper, M.S., LPC**

704 N. Thompson, Ste. 190

Conroe, TX 77302

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Depression, Sexual Abuse, Dissociative Disorders, Provides Services in English and Spanish

- Shana J. Steinke, M.Ed., LPC-Associate.....832-291-6733**  
*Supervised By: Joni A. Adams, M.A., LPC-S*  
**Kingwood Psychotherapy and Assessment Center, PLLC**  
 1420 Stonehollow Drive, Ste. C  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Communication Skills, Healthy Mindset, Relationships, Self-awareness, Trauma
- Allison Stephan, M.A., LPC.....281-363-4220**  
**Woodlands Family Institute, P.C.**  
 1610 Woodstead Court, Ste. 420  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** ADHD, Anxiety, Athletic Excellence, Communication Skills, Co-parenting Support, Divorce Support, Executive Functioning, Learning Differences - Dyslexia and Dysgraphia, Neurodivergence, Parenting Support, Religious Trauma, Trauma
- Shaune Sterling, LMSW.....346-702-0072**  
**Equity Counseling Services**  
 14150 Huffmeister Road  
 Cypress, TX 77429  
**Population Served:** Pre-Teens, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anger Management, Anxiety, Bipolar Disorder, Blended Families, Divorce, Eating Disorders, Education and Learning Disabilities, Infertility, Infidelity, Marriage Counseling, Narcissistic Personality Disorder, Obesity, Racial Identity, Relationship Issues, Self-harm, Sleep Disturbance, Spirituality, Testing and Evaluation, Trauma/PTSD, Women's Issues
- Jason Stewart, LPC.....713-893-3989**  
**Wellness Solutions, LLC**  
 8000 Research Forest Drive, Ste. 115, PMB 1168  
 The Woodlands, TX 77382  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Addiction, Anxiety, Depression, Stress, Trauma and PTSD
- Justin Stevens, LPC.....832-248-5539**  
 1095 Evergreen Circle, Ste. 200  
 The Woodlands, TX 77380
- Patrice Stevens, LPC.....281-837-6912**  
**Cypress Counseling and Behavioral Center**  
 17832 Mound Road, Ste. A  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Anger Management, Attachment Disorders, Couples Issues, Depression, Family Conflict, Grief, Life Changes, Parenting Skills, Relationship Issues, Self-care, Self-esteem, Teen Issues, Trauma/PTSD

- Monica Stiles, M.S., LPC, LSSP.....346-476-6537**  
**District Counseling Center**  
 12262 Queenston Boulevard, Ste. F  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Autism, Behavioral Issues, Coping Skills, Developmental Disorders, Depression, Divorce, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Grief, Intellectual Disability, Life Transitions, Marital/Pre-marital, Peer Relationships, Relationship Difficulties, School Issues, Self-esteem, Self-harm, Social Skills, Stress, Suicidal Ideation, Testing and Evaluation, Trauma/PTSD
- Sharain Stith, M.S., LPC.....844-956-5104**  
**LifeStance Health**  
 19500 Texas State Highway 249, Ste. 120  
 Houston, TX 77070  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** ADHD, Adoption/Foster Care, Alcohol and Drug Use Issues, Anxiety, Bipolar Disorder, Childhood Behavior Disorders, Couples' Issues, Depression, Developmental Disabilities, First Responders, Grief, Hoarding, LGBTQIA+, Medical Conditions/Health Psychology, Midlife Transitions, Military/Veterans, Obsessive Compulsive Disorder, Pain Management, Parenting Skills, Postpartum Depression/Anxiety, Psychosis, Reproductive Challenges, Schizophrenia, Sleep Disorders/Insomnia, Somatoform Disorders, Trauma/PTSD, Women's Issues
- Arianna Stittiams, LPC-Associate.....281-315-0386**  
*Supervised By: Dawn-Petrice Young, LPC-S*  
 16712 Huffmeister Road, Bldg. 200C  
 Cypress, TX 77429  
**Population Served:** Pre-Teens, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Alzheimer's, Anxiety, Behavioral Issues, Blended Families, Depression, Divorce, Infidelity, Life Coaching, Marriage Counseling, Parenting, Racial Identity, Relationship Issues, Self-Esteem, Spirituality, Stress, Women's Issues
- Michael Stokes, M.S., LPC.....713-510-4556**  
**Reflections in Therapy, PLLC**  
 6605 Cypresswood Drive, #175  
 Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Abuse, Anger Management, Anxiety, Depression, Family Systems, Trauma
- Sabrina Stone, M.A., LPC.....832-381-8532**  
**Resolve Counseling and EMDR Center**  
 25511 Budde Road, Ste. 3402  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Developmental Trauma (Physical, Sexual, Emotional Abuse), Grief, Anxiety, Depression, Life Transitions

- Michelle Stone, Ph.D.**.....**281-837-6912**  
**Cypress Counseling and Behavioral Center**  
 12242 Queenston Boulevard, Ste. C  
 Houston, TX 77095  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Adult ADHD Testing, Learning Disability Assessments, Personality Assessments, Individual Adult Therapy for ADHD, Adjustment Disorders, Anxiety, Depression, LGBTQIA+ Issues, Relational Issues, Trauma
- Tiffany Stout, M.A., LPC**.....**936-449-8053**  
**Lake Conroe Counseling Center**  
 123 Blue Heron Drive, Ste. 102  
 Montgomery, TX 77316  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Disconnectedness, Emotional Regulation, Life Transitions, Self-care, Self-esteem
- Rebecca Strick, MSW, LCSW, DCSW**.....**936-321-8286**  
**The Strick Center**  
 The Woodlands, TX  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, ADHD, Alcohol Use, Alzheimer's, Anxiety, Asperger's Syndrome, Bipolar Personality Disorder, Blended Families, Career Counseling, Chronic Illness, Chronic Pain, Codependency, Depression, Divorce, Domestic Abuse, Dual Diagnosis, Grief, infertility, Infidelity, Life Coaching, Marriage Counseling, Parenting, Pregnancy/Prenatal/Postpartum, Relationship Issues, Self-esteem, Sexual Abuse, Stress, Substance Abuse, Suicidal Ideation, Transgender, Trauma/PTSD
- Breanna Stuard, LPC, LMFT**.....**832-233-8269**  
 26411 Oak Ridge Drive  
 Spring, TX 77380  
**Population Served:**  
**Types of Services:** Individuals, Couples  
**Specialties:** ADHD, Parenting, Relationship Issues, Bipolar Disorder, Mood Disorders, LGBTQ+, Transgender
- Brandi Sturrock, LCSW-S**.....**855-209-3255**  
**Thriveworks**  
 611 Rockmead Drive, Ste. 100  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Domestic Abuse, Grief/Loss, Life Transitions, Trauma/PTSD, Women's Issues

- Dilnavez Subawalla, Ph.D.**.....**832-593-8100**  
**Endocrine and Psychiatry Center**  
9539 Huffmeister Road  
Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety Disorder, Bipolar Disorder, Depression, Life Changes, Marital Difficulties, Trauma and Distress
- Shadia Suber, MA, LSSP, LPC-Associate**.....**832-348-3713**  
*Supervised By: Morgan Tuck, M.A., LPC-S, NCC*  
800 Rockmead Drive, #113  
Kingwood, TX 77339
- Courtney A. Suddath, M.A., LSSP, LPC-S**.....**713-659-9908**  
**Sycamore Family Counseling**  
North Cypress Medical Plaza Building II, 21212 Northwest Freeway  
Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Individual Counseling, Child and Adolescent Counseling, Family Counseling
- Ashlee Sumrall, LPC-Associate**.....**281-624-5538**  
*Supervised By: Edward Salazar- LPC-S*  
**Counseling Creations**  
825 Village Square Dr., Ste. 3  
Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Anxiety, Depression, Divorced Families, Gender Identity, Relationship Issues, Self-harm, Suicidal Ideation, Stress, Teen Issues, Trauma/PTSD
- Ashlee Sumrall, LPC-Associate**.....**281-624-5538**  
*Supervised By: Edward Salazar- LPC-S*  
**Counseling Creations**  
18230 FM 1488, Ste. 304  
Magnolia, TX 77354  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Anxiety, Depression, Divorced Families, Gender Identity, Relationship Issues, Self-harm, Suicidal Ideation, Stress, Teen Issues, Trauma/PTSD
- Tameka Survillion, M.A., LPC**.....**346-206-3992**  
**The Resilience Center of Houston**  
8665 New Trails Drive, Ste. 185  
The Woodlands, TX 77381  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Couples Counseling, Grief, Infidelity, Life Transitions, Mood Disorders, Rape Issues, Self-esteem, Trauma/PTSD

- Dee Ann M. Sweeney, M.A., LPC**.....936-203-4143  
 2510 South Loop 336 West. Ste. 215-G  
 Conroe, TX 77304  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Spiritual Focused EMDR/ART, Relationship Therapy
- Erica Sykes, M.Ed., LPC**.....832-233-3086  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anger, Anger Management, Anxiety, Communication Skills, Codependency, Cultural Issues/Identity, Depression, Grief, Relationship Issues, Self-awareness, Self-esteem, Trauma
- Iesha Sylvester, LPC**.....281-895-3327  
**Rise and Shine Education & Counseling Enterprise**  
 1135 Grand Central Parkway, Ste. 307  
 Conroe, TX 77304  
**Population Served:** Children, Adolescents, and Adults  
**Types of Services:** Individuals and Families  
**Specialties:** Play therapy, Trauma, PTSD, Dissociative Identity Disorder, EMDR, Depression, Anxiety
- Brandon Sylvester, Psy.D.**.....346-704-4441  
**Macchain Solutions**  
 16903 Red Oak Drive, Ste. 110  
 Houston, TX 77090  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Addictive Behaviors, Behavior Management, Family Relations, Interpersonal Relationships, Life Span Issues, Mental Health Issues, Psychiatric Illnesses, Situational Stressors, Substance Use Disorders, Victims of Abuse, Neglect, Domestic Violence, and Traumas
- Ava Szucs, M.A., LPC-Associate**.....346-476-6537  
*Supervised By: Courtney Suddath, LSSP, LPC-S*  
**District Counseling Center**  
 12262 Queenston Boulevard, Ste. F  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Anxiety, Autism, Body Positivity, Depression, Life Transitions, Obsessive Compulsive Disorder, Relationship Issues, Self-esteem, Stress, Women's Issues
- Kendall Talbert, LPC-Associate**.....281-312-0137  
*Supervised By: Tracy Lambert, LPC-S*  
**TM Counseling Center**  
 2323 Timber Shadows Drive, Ste. B  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Bipolar Disorder, Play Therapy, Self-esteem Issues

- Jesse Tamez, LPC.....281-769-2238**  
**Clearhope Counseling and Wellness**  
 7702 FM 1960 East, Ste. 310  
 Humble, TX 77346  
**Population Served:** Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anger, Anxiety, Depression, Family Problems, Low Self-esteem, Men's Issues, Substance Abuse, Trauma/PTSD
- Jesus Tamez, M.A., LPC.....832-233-3086**  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Anger, Anxiety, Depression, Family Problems, Men's Issues, Low Self-esteem, Substance Abuse Problems
- Moni Tang, M.A., LMFT-S.....713-561-3884**  
**The Center for Postpartum Family Health**  
 25511 Budde Road, #2802  
 The Woodlands, TX 77389  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Perinatal Mood and Anxiety Disorders, Transition into Parenthood, Self-identity, Self-esteem, Pre-marital Counseling, Relationship Issues, Relationship Enrichment
- Teresa Tarver, Psy.D.....281- 943-9250**  
**Cy-Fair Psychological Associates, LLC**  
 11250 West Road, Bldg. I  
 Houston, TX 77065  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Grief, Post Abortion Remorse, Anxiety
- Bridgett Tate, M.S., Ph.D.....281-826-1460**  
**Willow Wellness**  
 502 Malone Street  
 Tomball, TX 77375  
**Population Served:** Children, Pre-teens, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD, Adoption, Anxiety, Depression, Parenting
- Bridgett Tate, Ph.D., LP.....281-815-0899**  
**Grace Psychological Services**  
 26010 Oak Ridge Drive, Ste. #107  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals  
**Specialties:** Autism Assessment, Emotional and Behavioral Assessment (ADHD, Anxiety, Behavioral Problems, Mood Disorders), Behavioral Intervention

- Britney Maxwell Tegtmeier, LMFT**.....**281-826-1460**  
 502 Malone Street  
 Tomball, TX 77375  
**Population Served:** Children, Teens, Adults  
**Types of Services:** Individuals and Families  
**Specialties:** ADHD, Adoption, Anxiety, Depression, Parenting
- Michelle Temofonte, LPC**.....**832-626-7825**  
**Shield Bearer Counseling Center**  
 12337 Jones Road, Ste. 114  
 Houston, TX 77070  
**Population Served:** Teenagers, Adults  
**Types of Services:** Individuals, Families, and Groups  
**Specialties:** Addiction, Anger Management, Anxiety, Behavioral Issues, Bipolar, Blended Families, Career Counseling, Chronic Pain, Codependency, Depression, Divorce, Domestic Abuse, Dual Diagnosis, Eating Disorders, Grief, Hoarding, Infertility, Infidelity, Men's Issues, Narcissistic Personality, Obsessive-Compulsive Disorder, Oppositional Defiance, Parenting, Relationship Issues, Self-Esteem, Self-Harming, Sexual Abuse, Sexual Addiction, Sleep Disturbance or Insomnia, Stress, Substance Abuse,, Suicidal Ideation, Testing and Evaluation, Transgender, Trauma and PTSD, Traumatic Brain Injury, Women's Issues
- Aaron Thomas, LPC**.....**832-287-3422**  
 10242 Greenhouse Road, Ste. 1502  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individual, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Mood Disorders, Relationship Issues, Family Conflict
- Lisa Thomas, LPC**.....**832-287-3422**  
 10242 Greenhouse Road, Ste. 1502  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individual, Couples/Marital, Families  
**Specialties:** Anxiety, Depression, Mood Disorders, Relationship Issues, Family Conflict
- Stephanie Thomas, LPC-S**.....**855-562-0751**  
**LifeStance Health**  
 23051 Kingwood Place Dr., Ste. 110  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Bipolar Disorder, Couples' Issues, Depression, Grief, Midlife Transitions, Obsessive Compulsive Disorder, LGBTQIA+, Mindfulness, Parenting Skills, Postpartum Depression/Anxiety, Psychosis, Schizophrenia, Trauma/PTSD, Women's Issues
- Galina Thomas, M.S., LMFT**.....**281-826-4380**  
**Follow Your Heart Counseling**  
 6601 Cypresswood Drive, Ste. 118  
 Spring, TX 77379  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anxiety, Codependency, Marriage Counseling, Relationship Issues

- Molly Thomason, Ph.D.**.....**281-528-4226**  
**The Woodlands Behavioral Health and Wellness Center**  
 2700 Research Forest Drive, #130  
 The Woodlands, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Neuropsychological Evaluations for Children and Young Adults with a History of Medical Conditions, Diagnostic Evaluations for Developmental Delays, Learning Difficulties, Attention Problems, Mood Concerns, Behavioral Difficulties; Independent Evaluations for Special Education Services and Admissions Evaluations for Private Schools; Evaluations for Young and Middle-Aged Adults for Diagnosis of ADHD and Autism Spectrum Disorder
- Ian Thompson, LPC**.....**281-310-1347**  
**Third Coast Counseling and Wellness**  
 350 Nursery Road, Ste. 7101  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Stress and Anxiety Management, Executive Skills Coaching, Substance Use Disorders, High Functioning Autism, Depression, ADHD, Bipolar Disorder, Personality Disorder
- Theatric Thompson, LPC**.....**832-786-9703**  
**V.A.L.O.R Psychotherapy & Coaching**  
 507 North Sam Houston Parkway, #600T  
 Houston, TX 77060  
**Population Served:** Adolescents and Adults  
**Types of Services:** Individuals and Families  
**Specialties:** Anxiety, Depression, Substance Abuse, Family Issues, Couples
- Elizabeth Dawn Thompson, M.A., LMFT**.....**832-928-9143**  
**Elizabeth Dawn Thompson, M.A., LMFT**  
 26411 Oak Ridge Drive  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Depression and Anxiety, Panic Attacks and Phobias, Sexual and Relationship Problems, Medical and Health Concerns, Grief and Loss, Work and Career Issues, Stress Management, Addiction & Recovery, Parenting and Family Issues, Conflict Resolution
- Mary Thomson, LPC**.....**346-200-6260**  
**District Counseling Center**  
 10330 Lake Road, Ste. Z  
 Houston, TX 77070  
**Population Served:** Pre-Teens, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** ADHD, Anxiety, Autism, Depression, Self-Esteem, Women's Issues

**Cindy Thornby, M.A., LPC.....281-755-3561**

**Creative Life Counseling**

25511 Budde Road, Ste. 2802  
Houston, TX 77380

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** Chronic Pain Solution, Treatment of Anxiety and Depression, Severe and Chronic Psychiatric Disorders, Transforming Distress, Anger Management, Domestic Violence, Achieving Emotional Balance, Mental Clarity, Healing Trauma, Adjusting to Life Transitions/Resolving Loss and Grief, Improving Self-Esteem, Intimacy Issues, Behavioral Problems

**Katie Thornton, LCSW.....832-422-6726**

8000 Research Forest Drive, Ste. 115  
The Woodlands, TX 77382

**Population Served:**

**Types of Services:** Individuals, Families

**Specialties:** Grief, EMDR

**Laura Thorsten, M.Ed., LPC.....832-563-4279**

**Laura Thorsten, M.Ed., LPC**

25511 Budde Road, The Bentley Bldg., Ste. 1902  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anger Management, Anxiety, Depression, Social Skills, Communication Skills, Divorce Adjustment, Everyday Life Challenges, Grief/Loss, Career/Academic Concerns, Building Sexual Intimacy, Mental Health Disorders, Relationship Issues, Substance Abuse, Trauma/PTSD

**Mary Thory, M.A., LPC.....281-687-8280**

**Mary Thory, M.A., LPC, PLLC**

2219 Sawdust Road, Ste. 1801  
The Woodlands, TX 77380

**Population Served:** Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Anxiety, Chronic Illness, Depression, Grief, Trauma/PTSD

**Gary Tipton, Ed.D., LSSP.....281-364-0067**

**Bricken and Associates**

25810 Oak Ridge Drive  
The Woodlands, TX 77354

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Families

**Specialties:** Psychological Assessment - Including ADHD, Autism, Developmental Disorders, Behavior Disorders, School Psychology, Learning Disabilities

- Cami Tisnabudi, M.S., LPC-Associate.....832-569-7673**  
*Supervised By: Melody Celeste Osborne, LPC-S*  
**Restoring Hope Counseling**  
 5206 Farm to Market 1960 Road West, #103  
 Houston, TX 77069  
**Population Served:** Adults, Elders  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Blended Families, Codependency, Depression, Divorce, Domestic Abuse, Grief, Infidelity, Marriage Counseling, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Trauma/PTSD, Women's Issues
- Leigh Alanna Todd, LCSW-S.....832-856-1807**  
**Prospering Hope, PLLC**  
 25329 Budde Road, #1104  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** ADHD, Adoption, Anger Management, Anxiety, Behavioral Issues, Codependency, Divorce, Grief, Infertility, Infidelity, Life Coaching, Self-Esteem, Spirituality, Stress, Substance Abuse, Women's Issues
- Jose Torres, M.Ed., LPC.....832-233-3086**  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Counseling, Early Adulthood, End of Life Planning, Grief Processing, Mental Health Education, Mood Disorders, Multicultural Issues, Self-esteem and Assertiveness, Social Justice Awareness, Suicide Prevention
- Jose Torres, M.Ed., LPC.....281-572-8606**  
**Ellie Mental Health-Kingwood**  
 800 Rockmead Drive, Ste. 132  
 Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Bipolar Disorder, Depression, Homicidal Ideation, Post-traumatic Stress Disorder (PTSD), Psychosis, Schizophrenia, Schizoaffective Disorder, Self-harm, Suicidal Ideation, Veterans with Trauma Symptoms
- James "Jim" Toth, M.A., LPC-S, LMFT-S.....832-541-4176**  
**Threshold Counseling Solutions**  
 26205 Oak Ridge Drive, Ste. 108  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Divorce Recovery, Separation, Marriage Counseling, Parenting, Crisis Intervention, Anxiety, Depression, Communication, Anger Management, Career Counseling, Sexual Concerns, Grief, Singles Concerns, Alzheimer's Issues, Christian Counseling

**Chad Touchette, LMFT-S, CSAT.....281-766-3376**

**Ray Family Therapy**

12238 Queenston Boulevard, Ste. F  
Houston, TX 77095

**Population Served:** Adults

**Types of Services:** Couples/Marital

**Specialties:** Couples Counseling to Communicate Needs, Compromise, and Learn to Love Themselves Again, Grief and Loss, Recovery from Sex and Porn Addiction

**Kathleen Treadway, M.A., LPC, LCDC.....713-502-8151**

**Serenity Counseling**

2307 Willow Point Drive  
Kingwood, TX 77339

**Population Served:** Adults, Elders

**Types of Services:** Individuals

**Specialties:** Anxiety, Co-occurring Disorders, Depression, Grief, Substance Use Disorders, Trauma

**James Trenchard, LCSW.....713-449-4806**

**James Trenchard, LCSW**

800 Rockmead Drive, Ste. 161  
Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Relationship Issues, Depression, Emotional Disturbance

**Valentina Trevino, LPC.....346-440-4382**

**Prospering Hope, PLLC**

25329 Budde Road, #1104  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adjustments to Life Changes, Anxiety, Behavioral Problems, Daily Struggles, Depression, Grief

**Kristen Trevino, LPC-Associate.....281-595-8313**

*Supervised By: Francisco Ortiz, M.S., LPC-S, NCC*

**The Tree House**

17828 Mound Road, Ste. D  
Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Anxiety, Behavioral Issues, Bipolar Disorder, Codependency, Coping Skills, Depression, Family Conflict, Grief, Peer Relationships, School Issues, Self-esteem, Self-harm, Sexual Abuse, Stress, Trauma/PTSD. Bilingual in English and Spanish.

- Sheela Trivedi, LPC.....281-357-4111**  
**Champions Christian Counseling Center**  
333 S. Cherry Street  
Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** ADD/ADHD, Anger Management, Anxiety, Autism, Behavioral Issues, Coping Skills, Depression, Domestic Violence, Elderly Disorders, Emotional Disturbance, Foster Children and Adoption, Infidelity, Intellectual Disability, Mood Disorders, Special Needs Children, Stress
- Lana Trotter, Ph.D., LPC-Associate.....346-291-3832**  
*Supervised By: Yvonne Garza-Chaves, Ph.D., LPC-S*  
**Mindful Movements Counseling Center**  
2219 Sawdust Road, Ste. 1502  
The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Athletes, Depression, Emotional Issues, Life Transitions, Social Issues, Trauma
- Julie Trumbo, LCSW.....281-607-5325**  
16910 FM 2920  
Tomball, TX 77377  
**Population Served:** Children, Adolescents  
**Types of Services:**  
**Specialties:** Trauma, PTSD, Depression, Anxiety, OCD, Eating Disorders, Play Therapy
- Julie Trushenski, M.A., LPC Associate.....936-213-3130**  
*Supervised By: Cheryl Butler, M.A., LPC, LPC-S*  
**True North, The Woodlands**  
2219 Sawdust Road, Ste. 103  
Spring, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anxiety, Codependency, Depression, Parenting, Relationship Issues, Transgender
- Nikki Turner, LCSW.....832-930-1430**  
14547 Lake Business Drive, Ste. 401  
Conroe, TX 77304
- Michelle Urquhart, LPC.....281-377-3743**  
**Ellie Mental Health**  
8118 Fry Road, Bldg. 2  
Cypress, TX 77433  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals, Families  
**Specialties:** Adolescent Issues, Children's Issues, Parenting Skills, Play Therapy

**Veronique Vaillancourt, M.A., LCSW.....713-478-5800**

**Veronique Vaillancourt, M.A., LCSW**

2219 Sawdust Road, #701

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Individual Therapy, Child & Teen Therapy, Life Coaching

**Arianne Valdez, M.S., LPC, NCC, CTP.....936-463-8185**

**The Woodlands Family Counseling Center**

33300 Egypt Lane, Ste. I-420

Magnolia, TX 77354

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Abuse of Children (Sexual, Physical, and Emotional), Assessment of Post-traumatic Stress Disorder in Children, Bullying, Coping Skills, Grief and Loss, Improving Social Skills, Play Therapy, Managing Anxiety, Managing Self-harm, Self-esteem Issues. Work in Couples Counseling to address Arguments, Communication Difficulties, Divorce, Infidelity, Lack of Trust, Parenting Style Conflicts, Understanding a Neurodivergent Partner

**Brechtje Van De Laar, LCSW.....281-358-5701**

**Kingwood Psychiatry**

19701 Kingwood Drive, #3

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD

**Lori Van Dresar LPC, A.R.T. Practitioner, EMDR-trained, CCTP, CART.....832-299-4802**

14547 Lake Business Drive, Ste. 401

Conroe, TX 77304

**Population Served:** Preteen, Adolescents, Adults, Elders

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Depression, Anxiety, Trauma, PTSD, Anger Management, Couples Counseling, and Family Therapy

**Dr. John VanderKaay, LMFT-S.....936-703-5029**

702 N. Thompson Street, Ste. 120

Conroe, TX 77301

**Population Served:** Pre-teens, Adolescents, Adults, Seniors

**Types of Services:** Individuals, Couples, Families, Groups

**Specialties:** Christian Counseling, Addiction, ADHD, Adoption, Alcohol Use, Anger Management, Anxiety, Autism, Behavioral Issues, Bipolar Personality, Blended Families, Codependency, Depression, Divorce, Domestic Abuse, Dual Diagnosis, Grief, Infidelity, Intellectual Disability, Internet Addiction, Marriage Counseling, Medication Management, Men's Issues, Obsessive-Compulsive Disorder, Parenting, Relationship Issues, Self-Esteem, Self-Harming, Sexual Addiction, Spirituality, Stress, Substance Abuse, Testing and Evaluation, Trauma and PTSD, Traumatic Brain Injury

**Lisa Vanderpool, LPC.....936-449-8053**

123 Blue Heron Drive, Ste. 104

Montgomery, TX 77316

**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Addiction, ADHD, Alcohol Use, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Bipolar, Blended Families, Career Counseling, Codependency, Depression, Divorce, Dual Diagnosis, Life Coaching, Obsessive-Compulsive Disorder, Parenting, Relationship Issues, Self-Harming, Sleep Disturbance or Insomnia, Stress, Substance Abuse, Suicidal Ideation, Transgender, Trauma and PTSD, Women's Issues**Felix Vara, LMFT-Associate.....402-237-8272***Supervised By: S. McCarty LMFT-S***Carrera Counseling Services, PLLC**

19221 I-45, Suite 110-18

The Woodlands, TX 77385

**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** First Responders, Law Enforcement, Military Veterans, Those Who Have Experienced Stressful Situations or Traumatic Incidents, Anxiety, Infidelity**Elizabeth Vargas, LPC.....832-306-2969****Finding Peace Counseling Center**

25511 Budde Road, Ste. 1901

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Autism, Behavioral Issues, Children's Therapy, Crisis, Depression, Developing Social Skills, Divorce, Grief, Independent Living Skills, Infidelity, Life Transitions, Obsessive Compulsive Disorder, School Concerns, Self-esteem, Self-harm, Social Disorders**Lizette Vasquez-Pinto, M.Ed., LPC.....346-273-7673****The Therapy Team**

1002 Village Square Drive

Tomball, TX 77375

**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Adolescent/Teen Girls and Women with Anxiety, Depression, Life Challenges, Self-esteem Issues**Savannah Vazquez, LPC-Associate.....832-303-8933***Supervised By: Kelly Peyton, LPC-S, RPT-S***Julia's Counseling and Play Therapy Group**

1544 Sawdust Road, Ste. 260

The Woodlands, TX 77380

**Population Served:** Toddlers, Children, Teens, Young Adults**Types of Services:** Individuals, Families**Specialties:** Behavioral Issues, Foster Care, Infants, Military Families, Mood Disorders, Toddlers, Trauma/PTSD

- Heidi Velez, M.Ed., LPC**.....**832-956-1099**  
**Heidi B. Velez, M.Ed., LPC**  
 4747 Research Forest Drive, Ste. 180-206  
 The Woodlands, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, ADHD, Depression, Grief, Medication Management, Mood Disorder, OCD, Police/Fire Fighters, PTSD, Psychotic, Schizophrenic Disorders
- Zamaria Venzant, M.A., LPC**.....**832-239-5534**  
**Embracing Minds Counseling**  
 1931 Humble Place Drive, Ste. 106 and 200  
 Humble, TX 77338  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Depression, Racial Identity, Relationship Issues, Self-esteem, Stress, Suicidal Ideation, Trauma/PTSD
- Ashlee Vines, LPC-Associate**.....**281-312-0137**  
*Supervised By: Tracy Lambert, LPC-S*  
**TM Counseling Center**  
 2323 Timber Shadows Drive, Ste. B  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Children's Issues
- Johnathan (Brook) Viningre, M.Ed., LPC-Associate**.....**832-242-9970**  
*Supervised By: Lona Snell, M.Ed., LPC-S*  
**Grace & Guidance Wellness**  
 25329 Budde Road, Ste. 401  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Anxiety, Anger Management, Boundaries, Communication Skills, Depression, First Responder Issues, Grief/Loss, Parenting, Trauma Related Issues, Self-harm
- Hanh Vo, Ph.D., LPC-S**.....**346-770-3002**  
**Infinite Beings Treatment Center**  
 14641 Gladebrook Drive, Ste. 10  
 Houston, TX 77068  
**Population Served:** Children, Pre-teens, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families, Groups  
**Specialties:** Addiction, Sexual Abuse, Trauma/PTSD
- Wendy Voyles, M.A., LPC-Associate**.....**832-205-8675**  
*Supervised By: Tim Brown, PhD, LPC-S, NCC*  
 318 North Main Street  
 Conroe, TX 77301  
**Population Served:** Adults  
**Types of Services:** Individuals and Couples  
**Specialties:** Anxiety, Depression, Trauma, Grief

**Martha Wade, LMFT-Associate.....281-789-0754***Supervised By: Stephanie Zepeda, Ph.D.*

1110 Kingwood Drive, Ste. 102F

Kingwood, TX 77339

**Population Served:** Adults**Types of Services:** Couples and Families**Specialties:** Parenting, Relationship Issues, Marital and Pre-marital issues.**Hannah Wadsworth, LCSW.....832-306-2969****Finding Peace Counseling Center**

25511 Budde Road, Ste. 1901

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** ADHD, Anxiety, Anger Management, Autism, Bipolar Disorder, Borderline Personality, Coping Skills, Depression, Divorce, Dual Diagnosis, Emotional Disturbance, Grief, Infidelity, LGBTQIA+, Life Transitions, Mood Disorders, Obsessive Compulsive Disorders, Parenting, Personality Disorders, Pregnancy, Prenatal, Postpartum, Relationship Issues, Self-esteem, Trauma and PTSD, Women's Issues**Kathryn G. Wainscott, MCMHC, LPC.....281-528-1523****LifeSpring Behavioral Health**

1400 Woodloch Forest Drive, Ste. 575

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Helping Adolescents and Adults Develop Coping Skills During Major Transitional Periods of Life, College/Career Counseling, Pre-marital/Post-marital Counseling, Infidelity Recovery, Early Adulthood and Family Dynamic Changes, ADHD/ADD, Autism Spectrum Disorders, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Anxiety**Chelsea Wallace, M.A., Licensed Psychological Associate.....281-364-0067****Bricken and Associates**

25810 Oak Ridge Drive

The Woodlands, TX 77354

**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Psychological Testing**Stephanie Walsh, M.S., LPC, NCC.....281-301-1843****New Day Family Counseling**

26205 Oak Ridge Drive, Ste. 109

The Woodlands, TX 77380

**Population Served:** Toddlers, Children, Pre-teens**Types of Services:** Individuals**Specialties:** Adoption, Anxiety, Behavioral Issues, Blended Families, Parenting, Self Harm, Sexual Abuse, Trauma/PTSD

- Secarra Walton, LPC.....281-502-4947**  
**The Restorative Counseling Services**  
6046 FM 2920, #625  
Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Anger Management, Anxiety, Depression, Grief, Peer Relationships, Teens Struggling with School Issues, Stress
- Chandre Ward, LCSW-S.....281-769-2238**  
**Clearhope Counseling and Wellness**  
7702 FM 1960 East, Ste. 310  
Humble, TX 77346  
**Population Served:** Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Crisis, Family Therapy, Grief, Trauma
- Ashley Ward, LPC.....713-899-9567**  
**Becoming You: Counseling and Trauma Services**  
336 1/2 N. Main Street, Ste. 210  
Conroe, TX 77301  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Career Counseling, Codependency, Depression, Divorce, Life Coaching, Marriage Counseling, Narcissistic Personality Disorder, Obsessive Compulsive Disorder, Pregnancy/Prenatal/Postpartum, Relationship Issues, Self-esteem, Self Harm, Stress, Trauma/PTSD, Women's Issues
- Kaytie Ware, M.Ed., LPC.....866-868-7088**  
**Wellsorce Counseling and Psychiatry Group**  
1308 Kingwood Drive  
Kingwood, TX 77339  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Adolescent Issues, Anxiety, Attention/Focus, Bipolar Disorders, Challenging Circumstances, Depression, Dual Diagnosis, Impulse Control, Mood Disorders, Obsessive Compulsive Disorders, Personal Growth, Psychosis, Relationship Issues, Stress, Substance/Alcohol Use, Suicidal Ideation, Trauma/PTSD
- Sue Watkins, M.A., LMFT.....936-524-7523**  
**The Center for Hope and Healing**  
25511 Budde Road, Ste. 3501  
The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Trauma/PTSD, Marital/Pre-marital, Anxiety, Addiction, ADHD, Adult Children/Spouse of Narcissists, Bipolar Disorder, Chronic Pain, Codependency, Coping Skills, Depression, Divorce, Relationship Issues, Sexual Abuse, Spirituality

- LeNay Watkins, M.S., LPC.....346-206-3992**  
**The Resilience Center**  
 14930 Mueschke, Ste. 100  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Disruptive Behaviors, Family Dysfunction, Gender Identity, Peer Relationships, School Issues, Stress
- Haley Way, LPC.....832-422-8503**  
 26411 Oak Ridge Drive  
 The Woodlands, TX 77380  
**Population Served:** Adolescent, Adults  
**Types of Services:**  
**Specialties:** Anxiety, Depression, Grief Counseling
- Erin Webb, M.A., LMFT.....832-510-4010**  
 307-A Sawdust Road  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals, Families  
**Specialties:** Specialization in child behavioral disorders encompassing but not limited to Autism Spectrum Disorders, ADHD, Social Anxiety, Learning Differences, Gifted and Talented, Depression and Anxiety.
- Alyssa Webb-McCune, LPC.....832-390-0109**  
**Natural Balance Counseling**  
 21 Waterway Avenue, Ste. 300  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Infidelity, Marriage Counseling, Relationship Issues, Sex Therapy, Spirituality
- Sam Wegman, M.S., LPC.....832-233-3086**  
**Kimberly Boyd Counseling Center**  
 1801 Kingwood Drive, Ste. 200 and Ste. 240  
 Kingwood, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anger Management, Anxiety, Depression, End of Life/Mortality Counseling, Grief and Loss, Marital/Pre-marital Counseling, Substance Abuse Treatment, Terminal Illness Counseling
- Michael Weinberger, LPC-S.....832-717-7166**  
**Greater Houston Counseling Services**  
 8118 Fry Road, Ste. 601 and 602  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals, Couples, Families  
**Specialties:** Anxiety, Abuse, Depression, Self-esteem, Trauma/PTSD. Therapy with teens on Focus and Concentration, Abuse, Self-Injury, Social Awkwardness

- Gabriela Westbrook, LCSW.....346-336-2854**  
**OCD & Anxiety of The Woodlands**  
 10210 Grogans Mill Road, Ste. 340  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals  
**Specialties:** Anxiety, Hoarding, Obsessive-Compulsive Disorder
- Lindsay Weston, LMFT.....346-298-0012**  
**The Harbor: Cypress Family Therapy**  
 17302 House Hahl Road, #320  
 Cypress, TX 77433  
**Population Served:** Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Anxiety, Codependency, Depression, Marriage Counseling, Relationship Issues
- Lloyd Whieldon, M.S., LPA.....936-444-6710**  
**Reconnect Counseling**  
 2219 Sawdust Road, Ste. 1101  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Codependency, Men's Issues, Relationship Issues, Stress
- Paula Whitaker, M.Ed., M.A., PCC, BCCC.....281-357-4111**  
**Champions Christian Counseling Center**  
 333 S. Cherry Street  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADD/ADHD, Addiction and Recovery, Alcohol and Drug Issues, Anger Management, Anxiety, Communication Skills, Depression, Educational Issues, Grief and Loss, Lack of Focus, Learning Disabilities, Marital/Premarital, Organizational Skills, Parenting, Play Therapy, Relationship Issues, School Adjustment, School Success, Stress Management
- Stephanie White, M.S., LCDC, LPC-Associate, NCC.....936-297-5252**  
*Supervised By: LaToya Troy, LPC-S*  
**Watershed Counseling Center**  
 14855 Liberty Street  
 Montgomery, TX 77356  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** ADHD/ADD Interventions, Anger, Anxiety, Depression, Parenting Struggles, Relational Difficulties, Social Anxiety, Substance Abuse, Trauma

- Stephne Whitfield, LPC-Associate.....281-892-9986**  
*Supervised By: Efrain Uribe, LPC-S*  
**Mindful Transformations Counseling Center**  
 18635 North Eldridge Parkway, Ste. 102  
 Tomball, TX 77377  
**Population Served:** Adults  
**Types of Services:** Individuals  
**Specialties:** Life's Challenges, Trauma/PTSD
- Victoria Wiese, LPC-Associate.....346-314-0022**  
*Supervised By: San Juanita Gutierrez LPC-S*  
**Calderas Counseling**  
 8900 Eastloch Drive, Ste. 150  
 Spring, TX 77379  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Issues, Anxiety, Depression, Emotional Regulation, Self-esteem, Emotional/Social/Spiritual Wellbeing
- Meredith Wiese, Ph.D., LSSP.....281-210-6677**  
**Connections Child and Family Center**  
 8122 Spring Cypress Road  
 Spring, TX 77379  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Behavior Issues, Psychological Testing
- Meredith Wiese, Ph.D., LSSP.....281-210-6677**  
**Connections Child and Family Center**  
 1544 Sawdust Road, Ste. 290  
 Spring, TX 77380  
**Population Served:** Children, Adolescents  
**Types of Services:** Individuals, Families  
**Specialties:** Behavior Issues, Psychological Testing
- Dr. Van Wiesner, Ph.D., LPC.....281-825-7789**  
 1110 North Loop 336 West, Texas Tower, Ste. 215  
 Conroe, TX 77301  
**Population Served:**  
**Types of Services:**  
**Specialties:** Infidelity, Marital and Premarital, Alcohol Abuse
- Natalie Wilie, LPC.....832-352-1600**  
**Tx Harmony Counseling**  
 110 Vision Park Boulevard, Ste. 200  
 Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital  
**Specialties:** Anxiety, Depression, Relationship Counseling. Trauma and PTSD

**Stephen Williams, LPC.....281-608-1346**

**Kingwood Counseling Center**

1521 Green Oak Place, Ste. 250

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals

**Specialties:** Anxiety, Depression, Schizophrenia

**Mikayla Williams, M.A., LPC, NCC.....346-291-3832**

**Mindful Movements Counseling Center**

2219 Sawdust Road, Ste. 1502

The Woodlands, TX 77380

**Population Served:** Pre-teens, Adolescents, Adults, Elders

**Types of Services:** Individuals, Groups

**Specialties:** Anxiety, Grief, Sexual Abuse, Suicidal Ideation, Trauma/PTSD

**Sarah Williams, Ph.D., LCSW.....346-206-3992**

**The Resilience Center of Houston**

8665 New Trails Drive, Ste. 185

The Woodlands, TX 77381

**Population Served:** Adults

**Types of Services:** Individuals

**Specialties:** Academic Underachievement, Career Counseling, Domestic Violence, Gender Issues, Occupational Issues, Racial Issues, Religious Issues, School Issues, Women's Issues

**Danielle Williamson, M.A., LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Abuse, Anxiety, Depression

**Tracy Wilshusen, MSW, LCSW.....281-560-3193**

**Taylor Counseling Group**

24900 Pitkin Road, Ste. 290

Spring, TX 77386

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Abuse, Anxiety, Body Image, Healthy Communication Skills, Coping Skills, Depression, Eating Disorders, Grief and Loss Recovery, Life Transitions, Self-esteem, Stress Management, Trauma/PTSD, Trauma Recovery

- Lisa A. Wines, Ph.D., LPC-S, CSC.....832-683-427**  
**L and A Professional Services**  
 25511 Budde Road, Ste. #3604  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Services:** Individuals, Couples/Marital, Group  
**Specialties:** Addiction, ADHD, Adoption, Anger Management, Anxiety, Behavioral Issues, Bisexual, Body Positivity, Career Counseling, Coping Skills, Divorce, Domestic Violence, Drug Abuse, Dual Diagnosis, Education and Learning Disabilities, Emotional Disturbance, Family Conflict, Grief, Infertility, infidelity, Internet Addiction, Lesbian, LGBTQIA+, Life Transitions, Marital/Pre-marital, Men's Issues, Mood Disorders, Obesity, Peer Relationships, Personality Disorders, Pregnancy/Prenatal/Postpartum, Racial Identity, School Issues, Self-esteem, Self-harm, Sex Therapy, Sexual Abuse, Sexual Addiction, Sleep/Insomnia, Spirituality, Stress, Substance Abuse, Suicidal Ideation, Teen Violence, Testing and Evaluation, Thinking Disorders, Veterans, Video Game Addiction, Weight Loss, Women's Issues
- Ainsley Winter, M.S., LPC-Associate.....832-346-8082**  
*Supervised By: Lora Peters, LPC-S*  
**Ellie Mental Health**  
 128 Vision Park Boulevard, Ste. 230  
 Shenandoah, TX 77384  
**Population Served:** Adolescents, Adults  
**Types of Services:** Individuals  
**Specialties:** Adolescent Social/ Emotional/ Behavioral Needs, Anxiety, Critical Life Skills, Depression, Life Changes, Meaningful Connections, Relationships, Stress, Work Difficulties
- Kelley Wolf, M.A., LPC-Associate, NCC.....936-213-3130**  
*Supervised By: Cheryl Butler, M.A., LPC-S*  
**True North, The Woodlands**  
 2219 Sawdust Road, Ste. 103  
 Spring, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Couples/Marital, Families  
**Specialties:** Academic/Behavior Problems, Anxiety, Depression, Grief, Parenting, Life Transitions, Relationship Issues, Self-esteem, Stress Management
- Michelle Wolf, M.A., LPC-S.....281-900-8960**  
**Michelle Wolf, M.A., LPC-S**  
 1306 Kingwood Drive  
 Houston, TX 77339  
**Population Served:** Adults  
**Types of Services:** Individuals, Families, and Couples  
**Specialties:** Depression and Anxiety
- Ryan Woods, LPC.....832-421-8714**  
**Sequoia Counseling Center**  
 17920 Huffmeister Road, Ste. 150  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Child Counseling, Play Therapy, Adolescent Counseling, Teen Issues, Communication Skills, Family Counseling

**Tiffany Woodward, M.S., M.A., LPC.....281-730-2916**

**Tiffany Woodward, M.S., M.A., LPC**

18700 W. Lake Houston Parkway, Ste. A-102

Humble, TX 77346

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Abuse, Adolescents/Children Dealing with Behavioral and Adjustment Issues, Anger Management, Anxiety, Depression, Faith-based Counseling, Family Relationships, Parenting, Skills, Trauma

**Analyn Woodworth, M.A., LPC.....832-233-3086**

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families, Groups

**Specialties:** Anxiety, Crisis, Depression, Personal Growth, Physical Violence, Sexual Abuse, Trauma/PTSD

**Michele Wright, LPC.....281-377-3743**

**Ellie Mental Health**

8118 Fry Road, Bldg. 2

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Autism Spectrum, Life Transitions, Stress Management

**Alyssa Wright, LPC-Associate.....713-510-4556**

*Supervised By: Lauren Prasse, LPC-S*

**Reflections in Therapy, PLLC**

6605 Cypresswood Drive, #175

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** Adjustment Disorder, Anxiety, Depression, Grief, Self-esteem, Life Transitions, Self Harm

**Michelle Wright, M.A., LPC.....281-944-7922**

**Serenity Wellness and Counseling**

17844 Mound Road, Ste. H

Cypress, TX 77433

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Children's Therapy, Christian Counseling, Depression, Family Therapy, Parent-Child Interaction, Trauma

**Carla J. Wynn, MSW, LCSW, DCSW.....281-516-5745**

26113 Oak Ridge Drive, Ste. C

The Woodlands, TX 77380

**Population Served:** Adolescents, Adults

**Types of Services:**

**Specialties:** Bipolar, Anxiety, Panic Attacks, Mood Disorders, Trauma, PTSD

**Elizabeth Yerger, LMFT-Associate.....832-233-3086**

*Supervised By: Hiwanya B. Miller, LMFT-S*

**Kimberly Boyd Counseling Center**

1801 Kingwood Drive, Ste. 200 and Ste. 240

Kingwood, TX 77339

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** Adolescent Counseling, Anxiety, Couples Counseling, Depression, Existentialism, Family Conflict, Individual Psychological Problems, Life Challenges, Relational Trauma, Religious Trauma, Stress

**Justina Yohannan, Ph.D.....281-210-6677**

**Connections Child and Family Center**

1544 Sawdust Road, Ste. 290

Spring, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Chronic Pain, Chronic Illness, Depression, Discrimination, Prejudice, LGBTQIA+, Traumatic Stress, Identity Issues Related to Race/Ethnicity, Sexual Orientation, Gender Identity, and Disability

**Rhonda York, M.S., LPC, NCC.....866-868-7088**

**Wellsource Counseling and Psychiatry Group**

1308 Kingwood Drive

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Families

**Specialties:** Anxiety, Bipolar Disorders, Adolescent Issues, Crisis of Personal Identity, Depression, Dual Diagnosis, LGBTQIA+ Issues, Mood Disorders, Obsessive Compulsive Disorders, Psychosis, Stress, Suicidal Ideation, Trauma/PTSD

**Dawn-Petrice Youngs, LPC-S.....281-315-0386**

16712 Huffmeister Road, Bldg. 200C

Cypress, TX 77429

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals

**Specialties:** ADHD, Anxiety, Behavioral Issues, Life Coaching, Pregnancy, Prenatal, Postpartum, Sexual Abuse, Stress, Trauma and PTSD, Women's Issues

**Darlene Zavertnik, LPC-Associate.....832-346-8082**

*Supervised By: Dr. Robert Ferow LPC-S*

**Ellie Mental Health**

128 Vision Park Boulevard, Ste. 230

Shenandoah, TX 77384

**Population Served:** Adolescents, Adults, Elders

**Types of Services:** Individuals, Groups

**Specialties:** Addiction, ADHD, Anxiety, Behavioral Issues, Bipolar Disorder, Borderline Personality Disorder, Caregivers Stress, Chronic Illness, Chronic Pain, Coping Skills, Depression, Domestic Abuse, Geriatric/Seniors, Grief, Life Transitions, Pregnancy/Prenatal/Postpartum, Relationship Issues, Spirituality, Stress, Traumatic Brain Injury, Trauma/PTSD, Women's Issues

**Zenon, M.Ed., LPC-Associate.....346-297-0405**

*Supervised By: Tia Jennings, LPC-S*

**Healing2Flourish Counseling and Consulting, PLLC**

8530 FM 1960 Road E., Ste. 214

Humble, TX 77346

**Population Served:** Adolescents, Adults

**Types of Services:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anxiety, Couples/Marital Issues, Domestic/Intimate Partner Violence, Grief, Major Depressive Disorder, Occupational Issues, Post-traumatic Stress Disorder, Stress Management, Women's Issues

**Jim Zettle, Ph.D.....281-528-4226**

**The Woodlands Behavioral Health and Wellness Center**

2700 Research Forest Drive, #130

The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Services:** Individuals, Families

**Specialties:** Assessment for Developmental Delays, Neurologically-based Conditions, ADHD/ADD, Asperger's Syndrome, Autism Spectrum Disorders, Neuropsychological Evaluations, Parent-Child Interaction Therapy

**Heidi Zimmerman, M.Ed., LPC.....713-923-0954**

**Birds of a Feather Wellness and Counseling**

17302 House & Hahl Road, Ste. 312

Cypress, TX 77433

**Population Served:** Children, Preteen, Adolescents, Adults

**Types of Services:** Individuals, Families, Groups

**Specialties:** Anxiety, ADHD, Depression

**Amy Zulko, M.S., LPC-Associate, NCC, CTP.....832-390-0109**

*Supervised By: Teri Marrow Ph.D., NCC, and LPC-S*

21 Waterway Avenue, Ste. 300

The Woodlands, TX 77380

**Population Served:** Adults

**Types of Services:** Individuals, Couples/Marital

**Specialties:** Anxiety, Coing Skills, Depression, Dual Diagnosis, Relationship Issues

## **PSYCHIATRISTS AND NURSE PRACTITIONERS**

**Adenike "Nikki" Adeleke, NP.....832-593-8100**

**Endocrine and Psychiatry Center**

9539 Huffmeister Road

Houston, TX 77095

**Population Served:** Adults

**Types of Service:** Individuals

**Specialties:** Anxiety Disorders, Bipolar Disorders, Major Depressive Disorders, Mood Disorders, Psychosis, Schizoaffective Disorders, Medication Management

**Oluwatobi Adeleke, PMHNP-BC.....936-209-3547**

**Leading Edge Behavioural Health**

1915 N. Frazier Street, Ste. F 14

Conroe, TX 77301

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Anger Management, Anxiety, Autism, Codependency, Depression, Medication Management, Suicidal Ideation, Testing and Evaluation

**Nishan D. Adihetty, M.D.....832-585-0005**

**Pathways Specialty Clinic - The Woodlands**

2219 Sawdust Road, Ste. 1004

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Adult Services: Adjustment Disorders, Anxiety Disorders, Bipolar Disorders, Depression, Obsessive Compulsive Disorder, Eating Disorders, Peripartum and Postpartum Depression and Psychosis, Personality Disorders, Psychiatric Disorders Related to Female Reproductive Functions (Premenstrual Dysphoric Disorder), Psychotic Disorders, Sleep Disorders, Trauma Related Disorders/Post Traumatic Stress Disorder. Children/Adolescent Services: ADHD, Autism Spectrum Disorder, Disruptive Mood Dysregulation Disorder, Depression, Bipolar Disorder, Psychotic Disorders, Anxiety Disorders, Obsessive Compulsive Disorder, Trauma Related Disorders/Post Traumatic Stress Disorder, Acute Stress Disorder, Sleep Disorders, Adjustment Disorders, Eating Disorders

**Joanah Afolabi, PMHNP.....888-572-9544**

**LifeStance Health**

19500 Texas State Highway 249, Ste. 120

Houston, TX 77070

**Population Served:** Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** ADHD, Adoption/Foster Care, Alcohol and Drug Use Issues, Anxiety, Autism Spectrum Disorders, Bipolar Disorder, Childhood Behavior Issues, Depression, Developmental Disabilities, Eating Disorders, First Responders, Gender Identity, Grief, LGBTQIA+, Medical Conditions/Health Psychology, Medication Management, Military/Veterans, Obsessive Compulsive Disorder, Pain Management, Postpartum Depression/Anxiety, Psychosis, Schizophrenia, Sleep Disorders/Insomnia, Trauma/PTSD

**Dr. Hilary Akpudo, M.D., M.P.H.....832-701-0283**

**CHA Behavioral Healthcare**  
 201 Kingwood Medical Drive, Ste. A450  
 Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults, Elder

**Types of Service:** Individuals

**Specialties:** Evaluation, Treatment, and Medication Management for Depression, Bipolar Disorder, Anxiety Disorders, Post Traumatic Stress Disorder, Obsessive Compulsive Disorder, Substance Abuse and Dependence, Schizophrenia, Autism Spectrum Disorders, Panic Disorders, Eating Disorders

**Taha Ali, M.D.....281-248-8419**

**Taha Ali, M.D., PLLC**  
 455 School Street, Ste. 27  
 Tomball, TX 77375

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals, Families

**Specialties:** Assessment, Treatment and Medication Management for ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, and Many Others. Evidence-based evaluation of Nutrition, Exercise, and Sleep.

**Taha Ali, M.D.....281-248-8419**

**Taha Ali, M.D., PLLC**  
 719 Sawdust Road, Ste. 104  
 The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals, Families

**Specialties:** Assessment, Treatment and Medication Management for ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, and Many Others. Evidence-based evaluation of Nutrition, Exercise, and Sleep.

**Mercer Allyson, PMHNP, APRN.....281-724-7980**

**Magnolia Psychiatry**  
 13145 Spring Cypress Road, Ste. 3B  
 Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** ADHD, Anger Management, Anxiety, Bipolar Disorder, Depression, Impulse Control Disorders, Medication Management, Mood Disorders, Obsessive Compulsive Disorder, Psychosis, Sleep or Insomnia, Stress, Transgender, Veterans, Women's Issues

**Ifeoma Arene, M.D.....281-893-3656**

**MedCare Psychiatry**  
 10103 Louetta Road, Ste. 113  
 Houston, TX 77070

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Autism, Behavioral Disorders, Brain Injuries, Depression, Ketamine Therapy, Medication Management, Mental Health Disorders, Transcranial Magnetic Stimulation (TMS)

- Bumni Asana, M.D.**.....281-463-0889  
**Center for Mental Wealth**  
 14531 FM 529, Ste. 150  
 Houston, TX 77095  
**Population Served:** Adults, Elders  
**Types of Service:** Individuals, Couples, Families  
**Specialties:** Addiction, ADHD, Anger Management, Anxiety, Bipolar Disorder, Bisexual, Chronic Illness, Coping Skills, Depression, Divorce, Domestic Violence, Grief, Lesbian, LGBTQIA+ Issues, Obsessive Compulsive Disorder, Racial Identity, Relationship Issues, School Issues, Self-esteem, Sleep and Insomnia, Spirituality, Stress, Trauma/PTSD
- Olayinka Ayeni, M.D.**.....281-803-5882  
**Dr. Olayinka M. Ayeni**  
 25329 Budde Road, Bldg. 7, Ste. 702  
 Spring, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Anxiety, Depression, Eating Disorders, Employee Assistance Evaluations, Mood Disorders, Post-Traumatic Stress Disorder, Schizophrenia
- Amy Azih, PA-C**.....346-476-6537  
**District Counseling**  
 12262 Queenston Boulevard, Ste. F  
 Houston, TX 77095  
**Population Served:** Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Diagnosis, Medication Assessment, Medication Management, Potential Side Effects Management, Routine Monitoring. Bilingual in English and Spanish.
- Nora Lee Bailey, M.D.**.....832-458-1344  
**Woodlands Psychiatry Group**  
 2219 Sawdust Road, Ste. 1505  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Acute Stress Disorder, Adjustment Disorder, General Anxiety Disorder, Bipolar Disorder, Dissociative Disorder, Sleep Disorder, Major Depressive Disorder, Obsessive Compulsive Disorder, Panic Disorder, Personality Disorders, Post-traumatic Stress Disorder, Premenstrual Dysphoric Disorder, Postpartum Depression and Psychosis, Medication Management, Transcranial Magnetic Stimulation (TMS) Therapy
- Michael Barber, M.D., PA**.....832-384-1560  
**Michael J. Barber, M.D.**  
 2180 N. Loop West, Ste. 450  
 Houston, TX 77018  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Evaluations, Medication Management

- Jason Baron, M.D.**.....713-783-8889  
**DAPA Psychiatric and Substance Abuse Programs**  
5500 Guhn Road, #100  
Houston, TX 77040  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Substance Abuse, Medication Management
- Jessica Basa, PMHNP**.....281-724-7980  
**Magnolia Psychiatry**  
22325 Gosling Road  
Spring, TX 77389  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Assessment, Diagnosis and Treatment for ADHD, Adjustment Disorder, Anxiety, Depression, Obsessive Compulsive Disorder, Trauma and Stress-related Disorder, Schizophrenia, Bipolar Disorder. Medication Management, Telepsychiatry, On-site Specimen Collection for Lab Analysis, ADHD Testing
- Nareeman Bashatwah, NP**.....281-358-5701  
**Kingwood Psychiatry**  
150 Pine Forest Drive, #108  
Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).
- Nareeman Bashatwah, NP**.....281-358-5701  
**Kingwood Psychiatry**  
19701 Kingwood Drive, #3  
Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).
- Peter Berndt, M.D.**.....866-995-7910  
**Woodlands-Psychiatrist**  
8111 Ashland Way, Ste. 221  
The Woodlands, TX 77382  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Stress-related Medical and Psychiatric Illness, Women's Issues, Interpersonal Relationships, PTSD and Related Syndromes, Depression, Post-partum Depression, Anxiety, Pain Syndromes, Pregnancy and Fertility-related Issues, Clinical Hypnosis for Relaxation Training, Conditioning for Childbirth, and Treatment for Habit Disorders (Smoking Cessation, Weight Control, Fear of Flying and Other Phobias), Work-related Issues (Stress Management, Conflict Resolution, Change Management, Team Building, and Creative/Innovative Thinking Workshops)

- Vincent Bett, PMHNP**.....281-532-5462  
**Texas Holistic Psychiatry**  
3411 Cedar Knolls Drive, Ste. B  
Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Medication Management
- Emad Bishai, M.D.**.....281-292-7246  
**The Woodlands Pain Institute**  
1006 Windsor Lakes Boulevard, Ste. 150  
Conroe, TX 77384  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** TMS for Depression, Treatment for Back Pain, Cancer Pain, Sacroiliac Joint Pain, Neck Pain, Sciatica Nerve Pain, Thoracic Spine Pain
- Patrick Blouin, DNP, PMHNP-BC**.....281-367-1015  
**Family Psychiatry of The Woodlands**  
8701 New Trails Drive, #150  
Spring, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues
- Robert Bogan, M.D.**.....936-521-6300  
**Tri-County Behavioral Healthcare**  
233 Sgt. Ed Holcomb Boulevard S.  
Conroe, TX 77304  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Assessment and Referral, Medication Services, Case Management, Adult Rehabilitation, Supported Housing, Inpatient Services, Special Contract Services
- Victor Bonoan, PMHNP**.....281-532-5462  
**Texas Holistic Psychiatry**  
3411 Cedar Knolls Drive., Ste. B  
Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Medication Management
- Bradley Borsboom, NP**.....281-358-5701  
**Kingwood Psychiatry**  
150 Pine Forest Drive, #108  
Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Bradley Borsboom, NP.....281-358-5701**

**Kingwood Psychiatry**

19701 Kingwood Drive #3

Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Lourdes Bosquez, M.D.....281-364-9884**

**Lourdes Bosquez, M.D.**

9006 Forest Crossing Drive, Ste. C

The Woodlands, TX 77381

**Population Served:** Toddlers, Children, Adolescents, Adults, Elders

**Types of Service:** Individuals, Families

**Specialties:** Adoption Issues, Anxiety, ADHD, Autism, Depression, Developmental Disabilities, Psychiatric Evaluation, Forensic Evaluation, Geriatrics, Medication Management, Mood Disorders, Psychotic/Schizophrenic Disorders

**Lisa Boyd, M.D.....832-299-6938**

**Lisa Boyd, M.D.**

4840 W. Panther Creek Drive, Ste. 212

The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Dual Diagnosis, Medication Management, Mood Disorders, Substance Abuse

**R. Bryan Boyle, M.Ed., MSN, APRN, PMHNP-BC, LPC-S.....713-489-8925**

**Wellsource Group Psychiatry and Counseling**

1308 Kingwood Drive

Kingwood, TX 77339

**Population Served:** Adolescents, Adults, Elders

**Types of Service:** Individuals, Families

**Specialties:** Medication Management, Mood Disorders, Anxiety, Addiction, Bipolar Disorder, Bisexual, Chronic Impulsivity, Depression, Dual Diagnosis, Geriatric/Seniors, Lesbian, LGBTQ+, Obsessive-Compulsive, Trauma/PTSD

**Ayanna Brown, M.D.....281-251-3030**

**Brownstone Psychiatry**

6605 Cypresswood Drive, Ste. 325

Spring, TX 77379

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Psychiatric Medication Management and Individual Psychotherapy for Anxiety Disorders, ADHD, Autism Spectrum Disorders, Asperger's Syndrome, Bipolar Disorder, Depression, Disruptive Behavior Disorders, Eating Disorders, Intellectual Disabilities, Learning Disorders, Obsessive Compulsive Disorders, Panic Disorders, Post-traumatic Stress Disorder (PTSD), Substance Abuse and Dependence, Tourette's Syndrome

**Emily Brozgal, NP.....281-358-5701**

**Kingwood Psychiatry**

150 Pine Forest Drive, #108  
Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Emily Brozgal, NP.....281-358-5701**

**Kingwood Psychiatry**

19701 Kingwood Drive, #3  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Hilary Butella, DNP, APRN, PMHNP-BC, FNP-C.....281-528-1523**

**LifeSpring Behavioral Health**

1400 Woodloch Forest Drive, Ste. 575  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Service:** Individuals

**Specialties:** Medication Management, Physical Wellbeing, Lifestyle Choices, Emotional Health, Spirituality

**Tempestt Butler, MSN, APRN, PMHNP-BC.....281-367-1015**

**Family Psychiatry of The Woodlands**

8701 New Trails Drive, #150  
Spring, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues

**Aaron Byrd, NP.....281-358-5701**

**Kingwood Psychiatry**

150 Pine Forest Drive, #108  
Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Aaron Byrd, NP.....281-358-5701**

**Kingwood Psychiatry**

19701 Kingwood Drive, #3  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Roopa Challapalli, M.D.....832-543-8736**

**Mindpath Health**

10001 Woodloch Forest Drive, Ste. 375  
The Woodlands, TX 77380

**Population Served:** Adults, Elders

**Types of Service:** Individuals

**Specialties:** Treatment Services: Diagnostic Assessment, Medication Management, Psychiatric Consultation, Transcranial Magnetic Stimulation, and Bariatric and Same Day Initial Evaluations. Issues Treated: ADHD, Alzheimer's/Dementia, Anxiety, Bariatric Assessment for Surgery, Bipolar Disorders, Co-occurring Conditions, Depression, End of Life Issues, Major Depressive Disorder, Men's Mental Health, Mood Disorders, Obsessive Compulsive Disorder, Pania Attacks, Phobias, Postpartum Mental Health, Psychotic Disorders, Schizoaffective Disorder, Schizophrenia, Sleep Problems, Stress, Stress Management, Trauma/PTSD, Women's Mental Health. Clinically fluent in English, Hindi, and Telugu.

**Vishnu Challapalli, M.D.....832-543-8736**

**Mindpath Health**

10001 Woodloch Forest Drive, Ste. 375  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Treatment Services: Diagnostic Assessment, Medication Management, Psychiatric Consultation and Same Day Evaluations. Issues Treated: ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Mood Disorders, Obsessive Compulsive Disorder, Pania Attacks, Panic Disorders, Psychotic Disorders, Schizophrenia/ Schizoaffective, Sleep or Insomnia, Stress, Trauma/PTSD. Bilingual in English and Telugu.

**Amol Chaugule, M.D.....832-412-1341**

**Empathidoc Psychiatry and Therapy**

1801 Lexington Street  
Houston, TX 77098

**Population Served:** Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Anger Management, Anxiety, Bipolar Disorder, Borderline Personality Disorder, Depression, Divorce, Emotional Disturbance, Family Conflict, Grief, Life Transitions, Medication Management, Mood Disorders, Obsessive Compulsive Disorder, Peer Relationships, Personality Disorders, Psychosis, Relationship Issues, Self-esteem, Self Harm, Sexual Abuse, Spirituality, Stress, Trauma/PTSD. Bilingual in English, Hindi, and Marathi.

- Frank Chen, M.D.**.....**832-384-1560**  
**Houston Adult Psychiatry**  
 2180 N. Loop West, Ste. 450  
 Houston, TX 77018  
**Population Served:** Adults  
**Types of Service:** Individuals, Families  
**Specialties:** Abuse, Anger Management, Anxiety, Behavioral Addictions, Behavioral Issues, Developmental Disorders, Impulse Control Disorders, Inattention and Difficulty Concentrating, LGBTQIA+ Issues, Mood Disorders, Psychotic Disorders, Substance Abuse, Trauma/PTSD
- Kathleen Dalton, MSN, APN, PMHNP-BC**.....**281-367-1015**  
**Family Psychiatry of The Woodlands**  
 8701 New Trails Drive, #150  
 Spring, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues
- Cynthia DeVos, M.D.**.....**281-367-1015**  
**Family Psychiatry of The Woodlands**  
 8701 New Trails Drive, #150  
 Spring, TX 77381  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 6 and Older Suffering from a Variety of Mental Health Issues
- Nicole Doghor, M.D.**.....**713-489-8964**  
**Wholemind Psychiatry, PLLC**  
 17302 House Hahl Road  
 Cypress, TX 77433  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Anxiety, Christian Counseling, Depression, Medical Professional Stress, Trauma, Women's Issues
- Jamillah Elvehoe, APRN, MSN, PMHNP-BC**.....**281-944-7922**  
**Serenity Wellness and Counseling**  
 17844 Mound Road, Ste. H  
 Cypress, TX 77433  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Diagnosis, Treatment, and Medication Management for Psychiatric Diagnosis: ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Personality Disorders, Post-Traumatic Stress Disorder, Schizophrenia

**Jamillah Elvehoey, APRN, MSN, PMHNP-BC.....833-847-1898**

**Sulcata Psychiatry**

12075 Spring Cypress Road, Ste. D  
Tomball, TX 77375

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** Diagnosis, Treatment, and Medication Management for Psychiatric Diagnosis: ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Schizophrenia

**Dr. Henrietta Evans, DNP, APRN, PMHNP-BC.....832-879-2107**

**Tranquility Behavioral Health Center**

855 Rockmead Drive, Ste. 604  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** ADHD Testing, Autism Assessment, Concussion Testing, Dementia Testing, Geriatric Psychiatry, Neurocognitive Testing, Pharmacogenetic and Nutrigenomic Testing, Nexus Letters and DBQs to Support Veteran's Disability Claims

**Brandy N. Evans, RN, MSN, FNP-BC.....281-454-0101**

**CVS Pharmacy**

8000 N. Sam Houston Parkway E.  
Humble, TX 77396

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Academic Underachievement, Adoption, Anxiety/Fears, ADHD, Behavioral Issues, Bipolar Disorder, Coping Skills, Divorce, Domestic Violence, Family Conflict, Learning Disabilities, Life Coaching, Loss/Grief, Obsessive Compulsive Disorder, Mood Disorders, Peer Relationships, Self Esteem, Testing and Evaluation, Trauma/PTSD

**Larry Flowers, M.D.....281-586-7880**

**Larry Flowers and Associates, P.A.**

1125 Cypress Station Drive, Ste B-1  
Houston, TX 77090

**Population Served:** Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Addiction, Mood Disorders

**Allyson Gelman, MPAS, PA-C.....281-532-5462**

**Texas Holistic Psychiatry**

3411 Cedar Knolls Drive, Ste. B  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Medication Management

- Lawrence Ginsberg, M.D.**.....**281-893-4111**  
**Red Oak Psychiatry Associates**  
 17115 Red Oak Drive, Ste. 109  
 Houston, TX 77090  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Behavioral Health Needs, Substance Abuse, Chemical Dependency, Inpatient and Outpatient Services
- J. Tyson Godsy, M.D.**.....**281-631-0081**  
**North Houston Psychiatry, PLLC**  
 11439 Spring Cypress Road, Unit A  
 Tomball, TX 77377  
**Population Served:** Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADD, ADHD, Alzheimer's, Anxiety, Bipolar Disorder, Mood Disorders, Obsessive Compulsive Disorder, Panic Disorders, Phobias, Psychosis, Post-traumatic Stress Disorder (PTSD), Schizophrenia
- Bethany Godsy, PMHNP-BC, FNP**.....**281-631-0081**  
**North Houston Psychiatry, PLLC**  
 11439 Spring Cypress Road, Unit A  
 Tomball, TX 77377  
**Population Served:** Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Anxiety, Asperger's Syndrome, Bipolar Disorder, Coping Skills, Depression, Emotional Disturbance, Grief, Impulse Control Disorder, Mood Disorders, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Personality Disorders, Substance Abuse, Suicidal Ideation, Trauma/PTSD, Women's Issues
- Ashley Graham, APRN, MSN, PMHNP-BC**.....**833-847-1898**  
**Sulcata Psychiatry**  
 12075 Spring Cypress Road, Ste. D  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Diagnosis, Treatment, and Medication Management for Psychiatric Diagnosis: ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Schizophrenia
- Brian D. Graham, APRN, PMHNP-BC**.....**281-367-1015**  
**Family Psychiatry of The Woodlands**  
 8701 New Trails Drive, #150  
 Spring, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues

- Megan Grande, PA-C.....281-205-8786**  
**Spring Grove Counseling**  
8104 Spring Cypress Road  
Spring, TX 77379  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals, Families  
**Specialties:** Medication Management, Depression, Anxiety, Panic Attacks, ADHD, Insomnia
- Michael Graves, MSN, APRN, PMHNP-BC.....281-393-4692**  
**Lakeside Mental Health PLLC**  
96 Beach Walk Boulevard, Ste. 208  
Conroe, TX 77304  
**Population Served:** Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Medication Management, Post-traumatic Stress Disorder (PTSD), Psychiatric/Mental Health Evaluations
- Layth Hakim, M.D.....888-552-6087**  
**LifeStance Health**  
2103 Research Forest Drive, Bldg. 1, Ste. 175  
The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Service:** Individuals, Couples/Marital  
**Specialties:** ADHD, Alcohol and Drug Abuse Issues, Anxiety, Bipolar Disorder, Couples Issues, Depression, First Responders, Medical Conditions/Health Psychology, Men's Issues, Midlife Transitions, Military/Veterans, Obsessive Compulsive Disorder, Postpartum Depression/Anxiety, Psychosis, Schizophrenia, Trauma/PTSD
- T. Lynn Hale, PMHNP, DNP.....844-428-0219**  
**LifeStance Health**  
2103 Research Forest Drive, Bldg.1, Ste. 175  
The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** ADHD, Alcohol and Drug Use Issues, Anxiety, Bipolar Disorder, Depression, First Responders, Head Injuries, LGBTQIA+, Military/Veterans, Obsessive Compulsive Disorder, Postpartum Depression/Anxiety, PTSD/Trauma, Psychosis, Schizophrenia
- Mary Lou Heater, DNP, APRN, PMHCNS.....713-970-8400**  
**The Harris Center for Mental Health and IDD**  
3737 Dacoma Street  
Houston, TX 77092  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals, Couples/Marital, Families  
**Specialties:** Addiction, Anger Management, Anxiety or Fears, ADHD, Aging, Depression, Divorce, Domestic Abuse, Domestic Violence, Life Coaching, Parenting, Spirituality, Trauma and PTSD, Borderline Personality Disorders, Narcissism

- Jared Heathman, M.D.**.....**281-849-4080**  
**Your Family Psychiatrist**  
 12247 Queenston Boulevard, Ste. D  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Addiction, ADHD, Adolescent Depression, Anxiety, Obsessive Compulsive Disorder, Perinatal Mood Disorders, Substance Abuse,
- Justina Hicks, Psych NP**.....**800-976-9192**  
**Holistic Behavioral Health**  
 719 Sawdust Road, Ste. 112  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Schizophrenia
- Matthew Hinthorn, M.D.**.....**281-849-4080**  
**Your Family Psychiatrist**  
 12247 Queenston Boulevard, Ste. D  
 Houston, TX 77095  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Autism Spectrum Disorder, Anxiety, Bipolar Disorder, Cognitive Disorders
- Paul T. Homsy, M.D.**.....**281-500-6970**  
**Copperfield Psychiatry**  
 7825 Highway 6 North, Ste. 101  
 Houston, TX 77095  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Medication Management for Mental Health Issues
- Comfort U. Ibe, MBA, APRN, PMHNP-BC**.....**281-367-1015**  
**Family Psychiatry of The Woodlands**  
 8701 New Trails Drive, #150  
 Spring, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues
- Judith Irabor, MSN, PMHNP-BC**.....**281-367-1015**  
**Family Psychiatry of The Woodlands**  
 8701 New Trails Drive, #150  
 Spring, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues

**Festus Irabor, PMHNP-BC.....800-976-9192**

**Holistic Behavioral Health**

719 Sawdust Road, Ste. 112  
The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Disruptive Mood Dysregulation Disorder (DMDD), Insomnia, Oppositional Defiance Disorder, Post-traumatic Stress Disorder (PTSD), Schizophrenia

**Bilal Jilani, M.D.....855-508-2552**

**LifeStance Health**

19500 Texas State Highway 249, Ste. 120  
Houston, TX 77070

**Population Served:** Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Developmental Disabilities, Grief, Obsessive Compulsive Disorder, Medication Management, Postpartum Depression/Anxiety, PTSD/Trauma, Sleep Disorders/Insomnia

**Peter A. Johnson, M.D.....281-528-1523**

**LifeSpring Behavioral Health**

1400 Woodloch Forest Drive, Ste. 575  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Service:** Individuals

**Specialties:** Assists Established and Emerging Leaders Achieve Their Highest Potential and Maximize Their Impact on Those Around Them, Medication Management

**Nancy Johnson, RN, NP.....281-532-5462**

**Texas Holistic Psychiatry**

3411 Cedar Knolls Drive, Ste. B  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Medication Management

**Stoni Johnston, APRN, MSN, PMHNP-BC.....833-847-1898**

**Sulcata Psychiatry**

12075 Spring Cypress Road, Ste. D  
Tomball, TX 77375

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Diagnosis, Treatment, and Medication Management for Psychiatric Diagnosis: ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Schizophrenia

- Gloria Keraga, M.D.**.....**844-428-0219**  
**LifeStance Health**  
 2103 Research Forest Drive, Bldg.1, Ste. 175  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Alcohol and Drug Use Issues, Anxiety, Bipolar Disorder, Depression, Eating Disorders, First Responders, Gender Identity, Grief, Hoarding, Later Life Transitions, LGBTQIA+, Medical Conditions/Health Psychology, Midlife Transitions, Military/Veterans, Obsessive Compulsive Disorder, Pain Management, Postpartum Depression/Anxiety, PTSD/Trauma, Psychosis, Reproductive Challenges, Schizophrenia, Sleep Disorders/Insomnia, Somatoform Disorders, Women's Issues
- Patrick Klepfer, PA-C**.....**281-290-8188**  
**Everhealth**  
 14011 Park Drive, Ste. 212  
 Tomball, TX 77377  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Medication Management, Psychiatric Assessment, Treatment Plans for Anxiety, Attention Deficit Disorders, Bipolar Disorder, Conduct Disorder, Depression, Disruptive Mood Dysregulation Disorder, Insomnia, Insomnia in Children, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, Panic Disorder, Pediatric Depression, Schizoaffective Disorder, Schizophrenia, Social Anxiety Disorder, Trauma/PTSD
- Chris Kos, PMHNP**.....**281-724-7980**  
**Magnolia Psychiatry**  
 1904 Longmire Road, Bldg. 400, Ste. 401  
 Conroe, TX 77304  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Assessment, Diagnosis and Treatment for ADHD, Adjustment Disorder, Anxiety, Depression, Obsessive Compulsive Disorder, Trauma and Stress-related Disorder, Schizophrenia, Bipolar Disorder. Medication Management, Telepsychiatry, On-site Specimen Collection for Lab Analysis, ADHD Testing
- Vipan Kumar, M.D.**.....**888-572-9544**  
**LifeStance Health**  
 19500 Texas State Highway, 249, Ste. 120  
 Houston, TX 77070  
**Population Served:** Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, First Responders, LGBTQIA+, Medication Management, Military/Veterans, Postpartum Depression/Anxiety, Psychosis, Schizophrenia, Sleep Disorders/Insomnia, Trauma/PTSD
- Will Lambert, PMHNP, FNP**.....**936-548-6598**  
 2002 Timberloch Place, Ste. 200  
 The Woodlands, TX 77380  
**Population Served:** Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Anxiety, Coping Skills, Depression

**Kyung (Bob) Lee, MSN, PMHNP.....936-937-2506**

**LifeStance Health**

2103 Research Forest Drive, Bldg. 1, Ste. 175  
The Woodlands, TX 77380

**Population Served:** Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Grief/Loss, Medication Management, Obsessive Compulsive Disorder, Pregnancy/Prenatal/Postpartum, Psychosis, Sleep/Insomnia, Trauma/PTSD

**Susie Lee, PA-C.....281-290-8188**

**Everhealth**

14011 Park Drive, Ste. 212  
Tomball, TX 77377

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** Medication Management, Psychiatric Assessment, Treatment Plans for Anxiety, Attention Deficit Disorders, Bipolar Disorder, Conduct Disorder, Depression, Disruptive Mood Dysregulation Disorder, Insomnia, Insomnia in Children, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, Panic Disorder, Pediatric Depression, Schizoaffective Disorder, Schizophrenia, Social Anxiety Disorder, Trauma/PTSD

**Mark Lejsek, APRN, PMHNP-BC.....281-367-1015**

**Family Psychiatry of The Woodlands**

8701 New Trails Drive, #150  
Spring, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues

**Dawn Lewis, MSN, PMHNP.....281-724-7980**

**Magnolia Psychiatry**

22325 Gosling Road  
Spring, TX 77389

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Assessment, Diagnosis and Treatment for ADHD, Adjustment Disorder, Anxiety, Depression, Obsessive Compulsive Disorder, Trauma and Stress-related Disorder, Schizophrenia, Bipolar Disorder. Medication Management, Telepsychiatry, On-site Specimen Collection for Lab Analysis, ADHD Testing

- Wei Liu, PA-C.....281-290-8188**  
**Everhealth**  
 14011 Park Drive, Ste. 212  
 Tomball, TX 77377  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Medication Management, Psychiatric Assessment, Treatment Plans for Anxiety, Attention Deficit Disorders, Bipolar Disorder, Conduct Disorder, Depression, Disruptive Mood Dysregulation Disorder, Insomnia, Insomnia in Children, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, Panic Disorder, Pediatric Depression, Schizoaffective Disorder, Schizophrenia, Social Anxiety Disorder, Trauma/PTSD
- Paul Looney, M.D.....713-725-1305**  
**Paul Looney, M.D.**  
 26205 Oak Ridge Drive, Ste. 109  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Service:** Individuals, Couples/Marital, Families  
**Specialties:** Coaching and Counseling for Individuals and Couples, Couples/Marital Retreats
- Marshall Lucas, M.D.....281-367-1015**  
**Family Psychiatry of The Woodlands**  
 8701 New Trails Drive, #150  
 Spring, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals, Families  
**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues
- Laura Madu, PMHNP, NP.....855-562-0751**  
**LifeStance Health**  
 23051 Kingwood Place Drive, Ste. 110  
 Kingwood, TX 77339  
**Population Served:** Adults, Elders  
**Types of Service:** Individuals, Couples/Marital  
**Specialties:** ADHD, Anxiety, Autism Spectrum Disorders, Bipolar Disorder, Childhood Behavior Issues, Depression, Eating Disorders, First Responders, Gender Identity, Grief, Men's Issues, LGBTQIA+, Medication Management, Military/Veterans, Obsessive Compulsive Disorder, Pain Management, Psychosis, Schizophrenia, School Avoidance, Trauma/PTSD, Women's Issues
- John Marcellus, M.D.....713-346-1551**  
**Greater Houston Psychiatric Associates**  
 4888 Loop Central Drive, Ste. 510  
 Houston, TX 77081  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Medication Management, Mood Disorders

**Anthony Martinez, PMHNP**.....281-724-7980

**Magnolia Psychiatry**

1904 Longmire Road, Bldg. 400, Ste. 401  
Conroe, TX 77304

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** Assessment, Diagnosis and Treatment for ADHD, Adjustment Disorder, Anxiety, Depression, Obsessive Compulsive Disorder, Trauma and Stress-related Disorder, Schizophrenia, Bipolar Disorder. Medication Management, Telepsychiatry, On-site Specimen Collection for Lab Analysis, ADHD Testing

**Rahab Mbugua, PMHNP**.....888-526-1418

**LifeStance Health**

19500 Texas State Highway 249, Ste. 120  
Houston, TX 77070

**Population Served:** Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Eating Disorders, Gender Identity, Grief, Medication Management, Men's Issues, Military/Veterans, Obsessive Compulsive Disorder, Postpartum Depression/Anxiety, Sleep Disorders/Insomnia, Somatoform Disorders, Trauma/PTSD, Women's Issues

**Andrew Merande, PMHNP**.....346-505-5976

**Baraka Behavioral Health**

25301 Borough Park Drive, #216  
Spring, TX 77380

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals, Couples/Marital, Families

**Specialties:** Alcohol Use, Anger Management, Antisocial Personality, Anxiety, Asperger's Syndrome, Autism, Bipolar Disorder, Borderline Personality, Chronic Pain, Coping Skills, Depression, Developmental Disorders, Dissociative Disorders, Domestic Abuse, Drug Abuse, Dual Diagnosis, Eating Disorders, Family Conflict, Gambling, Impulse Control Disorders, Medication Management, Men's Issues, Mood Disorders, Obsessive Compulsive Disorder, Prescription Refill, Psychiatry Consultation, Psychiatry Follow up, Psychosis, Psychotherapy, Veterans

**Allyson Mercer, PMHNP**.....281-724-7980

**Magnolia Psychiatry**

13145 Spring Cypress Road, Ste. B  
Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Assessment, Diagnosis and Treatment for ADHD, Adjustment Disorder, Anxiety, Depression, Obsessive Compulsive Disorder, Trauma and Stress-related Disorder, Schizophrenia, Bipolar Disorder. Medication Management, Telepsychiatry, On-site Specimen Collection for Lab Analysis, ADHD Testing.

- Gary Miller, M.D.**.....**281-440-6899**  
**Alternative Services Network**  
 17115 Red Oak Drive , Ste. 119  
 Houston, TX 77090  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:**  
**Specialties:** Behavioral Health Issues, Mental Health Issues, Substance Abuse Issues; Psychiatry
- Nita Naim, PMHNP-BC**.....**281-586-0747**  
**James R. Wright III, M.D., P.A.**  
 14340 Torrey Chase Boulevard, Ste. 325  
 Houston, TX 77014  
**Population Served:** Adolescents, Adults  
**Types of Service:** Individuals ages 14 and above  
**Specialties:** Medication Management, TMS, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Post-traumatic Stress Disorder (PTSD)
- Joann Negron, NP**.....**281-358-5701**  
**Kingwood Psychiatry**  
 150 Pine Forest Drive, #108  
 Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).
- Joann Negron, NP**.....**281-358-5701**  
**Kingwood Psychiatry**  
 19701 Kingwood Drive, #3  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).
- Kimberly Ngo, PA-C**.....**281-290-8188**  
**Everhealth**  
 14011 Park Drive, Ste. 212  
 Tomball, TX 77377  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Medication Management, Psychiatric Assessment, Treatment Plans for Anxiety, Attention Deficit Disorders, Bipolar Disorder, Conduct Disorder, Depression, Disruptive Mood Dysregulation Disorder, Insomnia, Insomnia in Children, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, Panic Disorder, Pediatric Depression, Schizoaffective Disorder, Schizophrenia, Social Anxiety Disorder, Trauma/PTSD

- Tuoanh Nguyen, PMHNP**.....**281-724-7980**  
**Magnolia Psychiatry**  
 13145 Spring Cypress Road, Ste. B  
 Cypress, TX 77429  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Assessment, Diagnosis and Treatment for ADHD, Adjustment Disorder, Anxiety, Depression, Obsessive Compulsive Disorder, Trauma and Stress-related Disorder, Schizophrenia, Bipolar Disorder. Medication Management, Telepsychiatry, On-site Specimen Collection for Lab Analysis, ADHD Testing. Bilingual in English and Vietnamese.
- Shanell Noble, APRN, MSN, PMHNP-BC**.....**833-847-1898**  
**Sulcata Psychiatry**  
 12075 Spring Cypress Road, Ste. D  
 Tomball, TX 77375  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Diagnosis, Treatment, and Medication Management for Psychiatric Diagnosis: ADHD, Anxiety, Autism, Bipolar Disorder, Depression, Personality Disorders, Post-Traumatic Stress Disorder (PTSD), Schizophrenia
- Richard Noel, M.D.**.....**281-440-6899**  
**Alternative Services Network**  
 17115 Red Oak Drive, Ste. 119  
 Houston, TX 77090  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:**  
**Specialties:** Behavioral Health Issues, Mental Health Issues, Substance Abuse Issues, Psychiatry
- Sandrine Motokwa Ntsang, PMHNP**.....**888-572-9544**  
**LifeStance Health**  
 19500 Texas State Highway 249, Ste. 120  
 Houston, TX 77070  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** ADHD, Alcohol and Drug Use Issues, Anxiety, Autism Spectrum Disorders, Bipolar Disorder, Depression, Developmental Disabilities, First Responders, Grief, Head Injuries, LGBTQIA+, Medication Management, Military/Veterans, Postpartum Depression/Anxiety, Psychosis, Reproductive Challenges, Schizophrenia, Sleep Disorders/Insomnia, Trauma/PTSD
- Emmanuel Nwabude, PMHNP-BC**.....**281-631-0081**  
**North Houston Psychiatry, PLLC**  
 11439 Spring Cypress Road, Unit A  
 Tomball, TX 77377  
**Population Served:** Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Alzheimer's, Anxiety, Asperger's Syndrome, Bipolar Disorder, Coping Skills, Depression, Emotional Disturbance, Grief, Impulse Control Disorder, Mood Disorders, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Personality Disorders, Substance Abuse, Suicidal Ideation, Trauma/PTSD

**Ifeoma, M.D. Nwugbana, M.D.**.....**281-528-4226**

**The Woodlands Behavioral Health and Wellness Center**

2700 Research Forest Drive, #130

The Woodlands, TX 77381

**Population Served:** Children, Adolescents, Young Adults

**Types of Service:** Individuals

**Specialties:** Medication Management, Psychiatric Evaluations, ADHD, Anxiety, Autism Spectrum Disorders, Mood Disorders

**Dr. Pacificah Nyangau, DNP, APRN-RN, PMHNP-BC**.....**281-651-8474**

**Equanimity Behavioral Health and Consultation Services**

25301 Borough Park Drive, Ste. 220

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** Behavioral Issues, Medication Management, Depression, Addiction, ADHD, Alcohol Use, Alzheimer's, Anger Management, Antisocial Personality, Anxiety, Asperger's Syndrome, Autism, Bipolar Disorder, Borderline Personality Disorder, Career Counseling, Children's Issues, Chronic Impulsivity, Coping Skills, Dissociative Disorders, Divorce, Domestic Abuse, Domestic Violence, Drug Abuse, Eating Disorders, Education and Learning Disabilities, Geriatric and Seniors Issues, Impulse Control Disorders, Internet Addiction, Marital/Pre-marital Issues, Medication Assisted Treatment for Opioid Use Disorder, Men's Issues, Mood Disorders, Narcissistic Personality Disorder, Obesity, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, Parenting, Peer Relationships, School Issues, Self-esteem, Self-harm, Sexual Abuse, Sleep/Insomnia, Stress, Substance Use, Substance Use Disorder, Suicidal Ideation, Teen Violence, Testing and Evaluation, Thinking Disorders, Trauma/PTSD, Women's Issues

**Joy Oche, PMHNP-BC, DNP**.....**281-305-9387**

**Cypress Counseling and Wellness**

16693 Huffmeister Road

Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals, Couples/Marital, Families

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Personality Disorders, Medication Evaluation, Medication Management

**Ori Ogebe-Sheriff, M.D.**.....**832-662-2090**

**SOL Mental Health**

2002 Timberloch Place, Ste. 200

The Woodlands, TX 77380

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Addiction, ADHD, Anger Management, Anxiety, Behavioral Issues, Codependency, Coping Skills, Depression, Eating Disorders, Family Conflict, Grief, Life Transitions, Obsessive Compulsive Disorder, Peer Relationships, Post-traumatic Stress Disorder, Relationship Issues, Self-esteem, Stress, Substance Abuse, Trauma, Women's Issues

- Bose Okawu, PMHNP-BC, FNP-BC.....800-976-9192**  
**Holistic Behavioral Health**  
719 Sawdust Road, Ste. 112  
The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Life Style Support, Medication Management, Post-traumatic Stress Disorder (PTSD), Therapy
- Favor Osakwe, DNP, APRN.....800-976-9192**  
**Holistic Behavioral Health**  
719 Sawdust Road, Ste. 112  
The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Mood Disorders, Post-traumatic Stress Disorder (PTSD)
- Neha Patel, M.D.....832-593-8100**  
**Endocrine and Psychiatry Center**  
9539 Huffmeister Road  
Houston, TX 77095  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Medication Management, Psychiatric Evaluations
- Orlando Peccora, M.D.....281-528-4226**  
**The Woodlands Behavioral Health and Wellness Center**  
2700 Research Forest Drive, #130  
The Woodlands, TX 77381  
**Population Served:** Children, Adolescents, Young Adults  
**Types of Service:** Individuals  
**Specialties:** Medication Management, Psychiatric Evaluations, ADHD, College Student Issues, Eating Disorders, Substance Abuse. Speaks fluent Spanish.
- Mira Pistillo, MSN, APRN, PMHNP-BC.....281-367-1015**  
**Family Psychiatry of The Woodlands**  
8701 New Trails Drive, #150  
Spring, TX 77381  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues
- Amber Pyles, DNP, APRN, PMHNP-BC, PMH-C.....281-528-1523**  
**LifeSpring Behavioral Health**  
1400 Woodloch Forest Drive, Ste. 575  
The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Perinatal/Pregnancy/Postpartum, Transition to Motherhood,

- Dr. Shiraz Qalbani, M.D.**.....832-631-6249  
**Psychiatric Consulting of The Woodlands**  
 9595 Six Pines Drive, Ste. 8210  
 The Woodlands, TX 77380  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Comprehensive Psychiatric and Wellness Evaluations, Medication Management, Psychiatric Consultative Evaluations, Psychotherapy for Individuals, Couples/Marital, Families, Groups
- Bharath Raj, M.D.**.....281-532-5462  
**Texas Holistic Psychiatry**  
 3411 Cedar Knolls Drive, Ste. B  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Medication Management
- Tawa Raji, PMHNP**.....281-886-8595  
 9816 Memorial Boulevard, # 207  
 Humble, TX 77396  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Medication Management
- April Ruggiana, MPAS, PA-C**.....281-532-5462  
**Texas Holistic Psychiatry**  
 3411 Cedar Knolls Drive, Ste. B  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Medication Management
- Kathyrn Rutland, M.D., MPH, FASAM**.....281-528-1523  
**LifeSpring Behavioral Health**  
 1400 Woodloch Forest Drive, Ste. 575  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Addictions, Chemical Dependency and Related Problems, Medication Management, Stress Management, Mindfulness, Harm Reduction, Relapse Prevention, 12 Step Support
- Alicia Sandoval-Alexander, FNP-BC, PMHNP-BC**.....832-850-3110  
**Innova Mind and Body**  
 16712 Huffmeister Road, Bldg. 400A  
 Cypress, TX 77429  
**Population Served:** Pre-teens, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** Evaluation, Diagnosis, and Treatment of Psychiatric Conditions, Maintenance of Well Being, Medication Management, Reduction of the Risk of Age-related Health Issues, Weight Loss

- Khurram Shaikh, M.D.**.....936-270-8011  
**Heart land Physicians Associates**  
 150 Pine Forest Dr., Ste. 501  
 Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** Addiction, ADHD, Anxiety Disorders, Autism Spectrum Disorders, Learning Disabilities, Medication Management, Mood Disorders, Personality Disorders, Psychotic Disorders
- Kristi Sikes, M.D.**.....281-907-9012  
**Sikes Psychiatry**  
 26400 Kuykendahl Road, Ste. A 220  
 The Woodlands, TX 77375  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals, Families  
**Specialties:** Adult-onset and Childhood ADHD, Anxiety Disorders, Autism Spectrum Disorders, Bipolar Disorder, Borderline Personality Disorder, Childhood Disorders, Depression, Eating Disorders (Anorexia, Bulimia, Binge Eating), Gender Dysphoria, Grief/Loss, Medication Management, Obsessive Compulsive Disorder, Panic Disorder, Peripartum Psychiatric Disorders, Personality Disorders, Psychosis, Suboxone Maintenance, Substance Use Disorders, Trauma/PTSD
- Jim Simon, DNP, APRN, PMHNP-BC**.....713-489-8925  
**Wellspring Group Psychiatry and Counseling**  
 1308 Kingwood Drive  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals, Families  
**Specialties:** Evaluation for Psychiatric Medication, Medication Management, Anxiety, Attention/Focus, Bipolar Disorder, Depression, Dual Diagnosis, Impulse Control, LGBTQ+ Issues, Mood Disorders, Obsessive-Compulsive Disorder, Oppositional Defiance Disorder, Psychosis, Sleep/Insomnia, Stress, Substance/Alcohol Use, Suicidal Ideation, Trauma/PTSD
- J. Michael Smith, DHSc, MPAS, PA-C, CAQ-Psychiatry**.....281-528-1523  
**LifeSpring Behavioral Health**  
 1400 Woodloch Forest Drive, Ste. 575  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Educating Patients Regarding Lifestyle Choices to Promote Mental, Emotional, and Spiritual Health
- Yolanda Smith, MSN, APRN, PMHNP-BC**.....855-562-0751  
**LifeStance Health**  
 23051 Kingwood Place Drive, Ste. 110  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults, Elders  
**Types of Service:** Individuals  
**Specialties:** ADHD, Alcohol Use, Anxiety, Bipolar Disorder, Children's Issues, Chronic Pain, Depression, Eating Disorders, Grief, Hoarding, Infertility, LGBTQIA+, Life Transitions, Medication Management, Obsessive Compulsive Disorder, Pregnancy/ Prenatal/Postpartum, Psychosis, Relationship Issues, Transgender, Trauma/PTSD

**Devin Stein, MPAS, PA-C.....281-532-5462**

**Texas Holistic Psychiatry**

3411 Cedar Knolls Drive, Ste. B  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Medication Management

**Kevin Stump, MPH, PMHNP.....281-724-7980**

**Magnolia Psychiatry**

22325 Gosling Road  
Spring, TX 77389

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Assessment, Diagnosis and Treatment for ADHD, Adjustment Disorder, Anxiety, Depression, Obsessive Compulsive Disorder, Trauma and Stress-related Disorder, Schizophrenia, Bipolar Disorder. Medication Management, Telepsychiatry, On-site Specimen Collection for Lab Analysis, ADHD Testing

**Krishna Sunkureddi, M.D.....281-358-0502**

**Dr. Krishna Sunkureddi**

855 Rockmead Drive, Ste. 301  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** Medication Management

**Cathy Taylor, PMHNP-BC.....281-724-7980**

**Magnolia Psychiatry**

1904 Longmire Road, Bldg. 400, Ste. 401  
Conroe, TX 77304

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Assessment, Diagnosis, Management and Treatment for ADHD, Adjustment Disorders, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Schizophrenia, Stress-related Disorders, Trauma

**Hannah Throgmorton, DNP, PMHNP-BC.....281-367-1015**

**Family Psychiatry of The Woodlands**

8701 New Trails Drive, #150  
Spring, TX 77381

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Comprehensive Evaluations, Psychotherapy, Individualized Medication Management, and Education to Patients Aged 5 and Older Suffering from a Variety of Mental Health Issues

**Peris Thuo, NP.....281-358-5701**

**Kingwood Psychiatry**

150 Pine Forest Drive, #108  
Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Peris Thuo, NP.....281-358-5701**

**Kingwood Psychiatry**

19701 Kingwood Drive, #3  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Dr. DoNesha Tinsley-Obaseki, DNP, APRN, PMHNP-BC.....832-879-2107**

**Tranquility Behavioral Health Center**

855 Rockmead Drive, Ste. 604  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults, Elders

**Types of Service:** Individuals

**Specialties:** ADHD Testing, Autism Assessment, Concussion Testing, Dementia Testing, Geriatric Psychiatry, Neurocognitive Testing, Pharmacogenetic and Nutrigenomic Testing, Nexus Letters and DBQs to Support Veteran's Disability Claims

**Fernando Torres, M.D.....281-570-4636**

**Conroe Psychiatry**

19515 Walden Road, Ste. 1  
Montgomery, TX 77356

**Population Served:** Children, Adolescents, Adults

**Types of Service:** individuals

**Specialties:** Comprehensive Assessment and Evaluation, Diagnostic Interview, Medication Treatment and Management, Diagnostic Laboratory and Testing, Appropriate Referral, and Brief Psychotherapy for Anxiety, Depression, Difficulty Focusing, Irritability, Insomnia

**Hai Trinh, NP.....888-572-9544**

**LifeStance Health**

19500 Texas State Highway 249, Ste. 120  
Houston, TX 77070

**Population Served:** Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Grief, LGBTQIA+, Medication Management, Military/Veterans, Obsessive Compulsive Disorder, Postpartum Depression/Anxiety, Sleep Disorders/Insomnia, Trauma/PTSD. Bilingual in English and Vietnamese.

**Joshua Trujillo, PA.....281-358-5701**

**Kingwood Psychiatry**

150 Pine Forest Drive, #108  
Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Joshua Trujillo, PA.....281-358-5701**

**Kingwood Psychiatry**

19701 Kingwood Drive, #3  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Blia Vang, PMHNP.....281-586-0747**

14340 Torrey Chase Boulevard, Ste. 325  
Houston, TX 77014

**Population Served:** Adolescents, Adults

**Types of Service:** Individuals ages 14 and above

**Specialties:** Medication Management, TMS

**Destin Vantyle, MPAS, PA-C.....281-532-5462**

**Texas Holistic Psychiatry**

3411 Cedar Knolls Drive, Ste. B  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Medication Management

**Athi P. Venkatesh, M.D.....281-358-5701**

**Kingwood Psychiatry**

150 Pine Forest Drive, #108  
Shenandoah, TX 77384

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Athi P. Venkatesh, M.D.....281-358-5701**

**Kingwood Psychiatry**

19701 Kingwood Drive, #3  
Kingwood, TX 77339

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).

**Bradley Vessel, FNP-BC, PMHNP-BC, APRN.....855-562-0751**

**LifeStance Health**

23051 Kingwood Place Drive, Ste. 110  
Kingwood, TX 77339

**Population Served:** Adults

**Types of Service:** Individuals

**Specialties:** ADHD, Alcohol and Drug Use Issues, Anxiety, Bipolar Disorder, Couples' Issues, Depression, Eating Disorders, First Responders, Grief, Head Injuries, Later Life Transitions, Medical Conditions/Health Psychology, Medication Management, Men's Issues, Midlife Transitions, Military/Veterans, Obsessive Compulsive Disorder, Postpartum Depression/Anxiety, Psychosis, Schizophrenia, Trauma/PTSD, Women's Issues

**Idalia Viard, PMHNP-BC.....281-528-1523**

**LifeSpring Behavioral Health**

1400 Woodloch Forest Drive, Ste. 575  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Service:** Individuals

**Specialties:** Medication Management, Supportive Therapy, Holistic Modalities to Help Clients Restore Balance and Empower Them on Their Journey to a Healthier, Happier Life

**Debra Wagner, MSN, PMHNP.....281-724-7980**

**Magnolia Psychiatry**

13145 Spring Cypress Road, Ste. B  
Cypress, TX 77429

**Population Served:** Children, Adolescents, Adults

**Types of Service:** Individuals

**Specialties:** Assessment, Diagnosis and Treatment for ADHD, Adjustment Disorder, Anxiety, Depression, Obsessive Compulsive Disorder, Trauma and Stress-related Disorder, Schizophrenia, Bipolar Disorder. Medication Management, Telepsychiatry, On-site Specimen Collection for Lab Analysis, ADHD Testing.

**Quinn Walkley, PMHNP-BC.....281-528-1523**

**LifeSpring Behavioral Health**

1400 Woodloch Forest Drive, Ste. 575  
The Woodlands, TX 77380

**Population Served:** Adults

**Types of Service:** Individuals

**Specialties:** Medication Management, Mind-Body Approach, Combines Mental, Physical, Faith, and Spiritual Well Being for the Patient to Reach Full Potential

- Kymerli Williams-Zeno, MSN, FNP-BC, PMHNP-BC.....281-357-9606**  
**Vitality By Kym**  
 25511 Budde Road, Ste. 3601  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Anxiety Assessment, Health and Wellness Coaching, Holistic Services, Medication Management, Psychiatric Diagnostic Evaluations, Supportive Psychotherapy, Telepsychiatry. Treats ADHD, Anxiety, Bipolar Disorder, Depression, and Sleep Disorders
- Jason Winston, M.D.....805-380-5022**  
 8111 Ashlane Way  
 The Woodlands, TX 77382  
**Population Served:** Adults  
**Types of Service:** Medication Management  
**Specialties:** Mental Health, Physical Health, Medication Management
- James Wright III, M.D.....281-586-0747**  
 14340 Torrey Chase Boulevard, Ste. 325  
 Houston, TX 77014  
**Population Served:** Adolescents, Adults  
**Types of Service:** Individuals ages 14 and above  
**Specialties:** Medication Management, TMS
- Francisca Yazigi, PA.....281-358-5701**  
**Kingwood Psychiatry**  
 150 Pine Forest Drive, #108  
 Shenandoah, TX 77384  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).
- Francisca Yazigi, PA.....281-358-5701**  
**Kingwood Psychiatry**  
 19701 Kingwood Drive, #3  
 Kingwood, TX 77339  
**Population Served:** Children, Adolescents, Adults  
**Types of Service:** Individuals  
**Specialties:** ADD, ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, Trauma/PTSD. Provides Diagnosis, Medication Management and Treatment. Provides Ketamine and Transcranial Magnetic Stimulation (TMS).
- Kymerli Zeno, MSN, FNP-BC, PMHNP-BC.....281-357-9606**  
**Vitality By Kym**  
 25511 Budde Road, Ste. 3601  
 The Woodlands, TX 77380  
**Population Served:** Adults  
**Types of Service:** Individuals  
**Specialties:** Anxiety Assessment, Health and Wellness Coaching, Holistic Services, Medication Management, Psychiatric Diagnostic Evaluations, Supportive Psychotherapy, Telepsychiatry

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**Psychological Testing can help provide you with the insights you need to guide your mental health or educational decisions.**

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# Alcohol and Drug Addiction Intervention

## Interventions Can Help Start the Recovery Process

An alcohol or drug addiction intervention is a structured process where family members, friends, and other concerned individuals (i.e. coworkers, employers, pastors, etc.) confront the alcoholic or addict about the consequences of their addiction and the impact that it has had on their lives. An intervention is a carefully planned process that is designed to break through the denial of the alcoholic or addict and motivate them to accept treatment.

## Interventions at New Dimensions Day Treatment Centers

The intervention team at New Dimensions can help you determine if an intervention is appropriate for you and your loved ones. Our staff of trained chemical dependency counselors will evaluate your current situation and help you develop a plan of action to help you help the alcoholic or addict in your life. The intervention staff will be with you throughout the intervention process and will help you develop effective strategies to maximize the opportunities for a successful outcome.

An intervention can be a powerful way of getting your loved one to accept the help that they need so that the whole family can begin the healing process. Don't keep putting it off. Addiction is progressive. It gets worse over time. The sooner you get started, the faster everyone can start recovering.

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New Dimensions Day Treatment Centers provide psychiatric and substance abuse treatment for adolescents and adults. We have facilities that are conveniently located in Clear Lake, The Woodlands, and Katy. Our Partial Hospitalization and Intensive Outpatient Programs are an effective alternative to inpatient hospitalization and can be used to supplement existing outpatient psychotherapy or medication services.

Since 1991, we have helped individuals and families heal the pain that is caused by depression, trauma, anxiety, and addictions. Our staff of licensed therapists, substance abuse counselors and psychiatrists are skilled at helping individuals rediscover their own power and develop healthy patterns of living.

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- Self-Destructive Behaviors
- Stress from Work or School
- Substance Abuse
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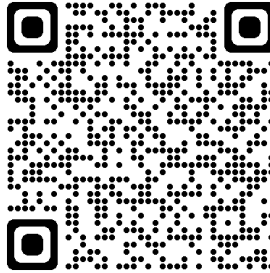
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The Woodlands, TX 77380

**800-685-9796**  
**[www.nddtreatment.com](http://www.nddtreatment.com)**