



Clear Lake Mental Health Resource Book 2024

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New Dimensions
DAY TREATMENT CENTERS
help when you need it most

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New Dimensions
DAY TREATMENT CENTERS
help when you need it most

New Dimensions Day Treatment Centers

proudly sponsors the

Clear Lake 2024 Mental Health Resource Book

New Dimensions Provides Partial Day and Intensive Outpatient Treatment for Adolescents and Adults.

If you are struggling with emotional, behavioral or substance abuse issues, *we can help!*

**In-network for most health plans and accepts self-pay.*

www.nddtreatment.co

The Clear Lake Location

1345 Space Park Dr.,
Suite C
Houston, TX 77058

The Katy Location

439 Mason Park Blvd.
Suite B
Katy, TX 77450

The Woodlands Location

25511 Budde Road,
Suite 2401
The Woodlands, TX 77380

800-685-9796

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NEW DIMENSIONS DAY TREATMENT CENTERS 800-685-9796

NEW DIMENSIONS DAY TREATMENT CENTERS

New Dimensions Day Treatment Centers, located in Clear Lake, Katy and The Woodlands, provides in-person psychiatric and substance abuse treatment to both adolescents and adults, online evening services for adults, and are now able to provide Intensive Online Treatment Programs to all Texas residents through telehealth.

New Dimensions is licensed by the Texas Health and Human Services Commission and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Since 1991, New Dimensions has helped individuals and families develop the tools they need to successfully cope with the difficult challenges of life.

Services

New Dimensions specializes in helping individuals and families overcome the problems associated with:

- Addictions
- Alcoholism
- Anger Issues
- Anxiety
- Behavior Problems
- Bipolar Disorders
- Depression
- Drug Abuse
- Intervention Services
- Low Self-Esteem
- Obsessive Compulsive Disorders
- PTSD
- Psychological Testing
- Thoughts of Suicide
- Trauma

If you or someone you know is having difficulty dealing with these issues or other struggles in life, contact us at 800-685-9796.

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HOW TO CHOOSE A PROVIDER

When choosing a mental health provider, it is important to match your needs with the skills, expertise, and training of the provider. When seeking help, it is often useful to ask providers about their experience in working with your area of concern. While many providers work with a variety of problems, some specialize in specific areas.

This resource guide lists some of these specialties but is not intended to be a definitive list of specialties and areas of expertise. The resource guide is also not an endorsement of any provider, treatment program, or mental health resource, but instead is intended to provide a broad listing of mental health services in the area.

The resource guide is designed to be a starting point in finding a provider of mental health resources. Referrals from family, friends, or other trusted resources are also useful when choosing a provider. The list below provides the most common types of mental health credentials.

Licensed Chemical Dependency Counselor (LCDC) is licensed by the State of Texas to provide chemical dependency counseling. These counselors receive specialized training in the treatment of individuals and families that are trying to overcome problems related to alcohol and drug abuse. Counselors with only the LCDC are limited to providing treatment for substance abuse and are not able to provide mental health therapy.

Licensed Clinical Social Worker (LCSW) is licensed by the State of Texas to provide therapy for individuals and families with mental health problems. (Some clinicians with this license are listed as LMSW or LCSW.) They typically have a minimum of a master's degree in social work. These therapists work with a variety of problems, including mental health, substance abuse, couples, and family problems.

Licensed Marriage and Family Therapist (LMFT) is licensed by the State of Texas to provide marriage and family therapy. These therapists typically have a minimum of a master's degree and receive specialized training in working with couples, families, and systems. These therapists work with individuals who struggle with a variety of problems, including mental health, substance abuse, couples, and family problems.

Licensed Professional Counselor (LPC) is licensed by the State of Texas to provide therapy services to both individuals and families. These therapists typically have a minimum of a master's degree and receive a variety of training in the treatment of mental health issues. They work with a variety of problems including mental health, substance abuse, couples and family problems.

Psychologist (PhD) is licensed by the State of Texas to provide therapy services to individuals, couples, and families. They have a Doctor of Psychology. In addition to providing therapy services to people with mental health and substance abuse issues, many psychologists also provide a variety of psychological testing services.

Psychiatrists (MD) is a licensed Medical Doctor who specializes in the treatment of mental disorders. Psychiatrists are licensed to prescribe medications for their clients. While psychiatrists can provide therapy services to their clients, most focus primarily on medication management and prefer to refer their clients to other professionals for therapy.

Psychiatric Nurse Practitioner (PMHNP) A psychiatric mental health nurse practitioner is licensed and nationally board certified to provide psychiatric care for patients with mental illness.

ADVOCACY AND REFERRALS**211.....877-541-7905***www.211.org*

Nationwide referral hotline sponsored by United Way to connect persons in need with local resources.

24 Hour Domestic Violence Hotline.....800-799-7233

24 Hour crisis hotline to report domestic violence.

988.....988*www.988lifeline.org*

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for individuals and their loved ones, and best practices for professionals in the United States.

ActiveMinds.....202-332-9595

2001 South St. NW, Ste. 700

Washington, DC 20009

www.activeminds.org

Supports mental health awareness and education for ages 14-25 by providing speakers and educational programs to schools and youth organizations. Mental health screenings, information on mental health conditions, and referral resources are available on the website.

Advocacy Center for Children of Galveston County.....409-741-6000

5710 Avenue S. 1/2

Galveston, TX 77551

www.galvestoncac.org

Provides a child friendly approach and environment for evaluating child abuse in Galveston County. Provides crisis therapy, forensic interviews, medical examinations, resource referrals, crisis follow up, and community prevention programs.

Aid to Victims of Domestic Abuse.....713-224-9911

1001 Texas, Ste. 600

Houston, TX 77002

www.avda-tx.org

Provides advocacy, legal representation, battering intervention, community education and outreach. Also provides group counseling for men who are abusive. This program is called Battering Intervention Services (BIPP).

Alvin Police Department's Comprehensive Victim Assistance**Program.....281-388-4200**

216 W. Sealy St.

Alvin, TX 77511

www.alvin-tx.gov/284/Victim-Assistance

Program provides services to victims of any type of crime such as referrals to area service providers, transportation (when needed) to area hospitals, doctors, and support for court appearances.

Alzheimer's Association Houston and Southeast Chapter.....800-272-3900

Houston, TX

www.alztex.org

Nonprofit provides health care, support, and research to eliminate Alzheimer's disease through the advancement of research to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

American Academy of Child and Adolescent Psychiatry.....202-966-7300

3615 Wisconsin Ave., N.W.

Washington, DC 20016

www.aacap.org

Provides assistance in finding a child and adolescent psychiatrist and educational information on mental health for adolescents and their families.

American Association of Suicidology.....202-237-2280

5221 Wisconsin Ave., NW, 2nd Floor

Washington, DC 20015

www.suicidology.org

Promotes the understanding and prevention of suicide through support groups, resources and crisis lines.

American Cancer Society.....800-227-2345

Houston, TX

www.cancer.org

Provides research, advocacy, education, and service for cancer patients and their families.

American Foundation for Suicide Prevention..... 212-363-3500**Toll-Free: 1-888-333-AFSP (2377)**199 Water Street, 11th Floor

New York, NY 10038

www.afsp.org

Provides support to those people thinking of suicide and those individuals who have lost someone to suicide.

American Heart Association.....832-918-4000

10060 Buffalo Speedway

Houston, TX 77054

www.heart.org

Nonprofit organization offers programs to reduce disability and death from cardiovascular diseases and stroke.

American Lung Association of Texas Houston & S.E. Region.....800-586-4872**- Lung Help Line (Toll Free); 713-629-5864 - Service/Intake**

2550 North Loop West, Ste. 265

Houston, TX 77092

www.lung.org

Fights lung disease and promotes lung health through tobacco and asthma education programs.

- American Psychiatric Association.....202-559-3900**
 800 Maine Ave., S.W., Ste. 900
 Washington, DC 20024
www.psychiatry.org
 Provides information on psychiatric illness and assistance to find a psychiatrist to patients and their families.
- American Red Cross - Greater Houston Chapter.....713-526-8300**
 2700 Southwest Fwy.
 Houston, TX 77098
www.redcross.org/local/texas/gulf-coast
 Provides emergency aid (food, clothing and temporary shelter) to victims of fires, floods and other disasters. Provides services to military families and veterans. Delivers health education classes, CPR and First Aid training.
- Autism Society of America - Texas Gulf Coast Chapter.....512-479-4199**
 1300-A Bay Area Blvd.
 Houston, TX 77058
<https://www.texasautismsociety.org/gulf-coast/>
 Counseling Services, Support Groups
- Autism Society of Texas.....512-479-4199 ext. 1**
 300 E. Highland Mall Blvd., Ste. 205
 Austin, TX 78752
www.texasautismsociety.org/tag/houston/
 Provides free information and referrals, education, state and national advocacy for those persons with autism.
- Autism Speaks.....713-724-5092**
www.autismspeaks.org
 Provides advocacy, services, supports, research and innovation, and advances in care for autistic individuals and their families.
- Autism Speaks-Houston..... 713-724-5092**
<https://www.autismspeaks.org/central-texas-gulf-coast>
 Provides information on the signs, symptoms, and causes of autism. Website provides resources to address autism along with a directory of providers who treat autism.
- Avenue 360 Health and Wellness.....713-426-0027**
 2150 West 18th St.
 Houston, TX 77008
www.avenue360.org
 Provides services to people with HIV/AIDS including prevention, outreach, dental care, adult day care, financial assistance, residential hospice, and counseling.

Avenue 360 Health and Wellness.....832-830-8345

14095 South Main St.

Houston, TX 77035

www.avenue360.org

Provides services to people with HIV/AIDS including prevention, outreach, dental care, adult day care, financial assistance, residential hospice, and counseling.

BakerRipley Pasadena Campus.....713-944-9186

720 Fairmont Parkway

Pasadena, TX 77504

<https://bakerripley.org/locations/pasadena-campus/>

Provides after-school programs, leadership development and summer camps for low income students and their families.

Bay Area Alliance for Youth and Families.....281-284-0370

2902 Falcon Pass

Houston, TX 77062

<https://thealliancebayarea.org/>

Provides community awareness for substance abuse concerns and the resources available to address those concerns.

Bay Area Council on Drugs & Alcohol (BACODA).....800-510-3111

2947 E. Broadway, Ste. 400

Pearland, TX 77581

www.bacoda.org

Provides mental health awareness. Assists individuals, families, and communities to prevent substance use disorders through education, prevention, intervention, and recovery services in Brazoria, Galveston, Matagorda, Southeast Harris and Wharton County and the City of Pasadena.

Bay Area Turning Point.....281-286-2525

210 South Walnut St.

Webster, TX 77598

www.bayareaturningpoint.org

Provides 24-hour hotline, women's shelter and walk-in crisis intervention center for women and children impacted by family violence and sexual assault. Child-care and counseling are provided for those impacted by domestic violence.

Beacon of Hope Center – Galveston.....409-762-2064

4007 Broadway, Ste. B-101

Galveston, TX 77551

<https://catholiccharities.org/galveston/>

Provides food, clothing, shelter and a network of support services to people of all ages.

Appointments preferred.

Beacon of Hope Center - Texas City.....409-948-0405

712 5th Ave. North
Texas City, TX 77590

<https://catholiccharities.org/galveston/>

Provides food, clothing, shelter and a network of support services to people of all ages.
Appointments preferred.

Big Brothers Big Sisters - Greater Houston.....888-887-2447

1003 Washington Ave.
Houston, TX 77002

www.bbbstx.org/greater-houston

Provides dependable adult friendship and guidance to youth.

Boys and Girls Club of Greater Houston.....713-868-3426

815 Crosby St.
Houston, TX 77019

www.bgcgh.org

Trained professional staff provides positive adult mentors and role models. Nationally recognized programs help young people succeed in school, stay healthy, learn important life skills, pursue interests in the arts and sports, and explore vocational choices.

Brazoria County.....979-849-5711

111 E. Locust St.
Angleton, TX 77515

www.brazoriacountytx.gov

A program which teams a probation officer and a qualified mental health professional to coordinate and provide supervision and mental health services. This program is designed to supervise those who have a mental health diagnosis and who meet the requirements.

Brazoria County Dream Center.....979-388-0280

792 S. Hwy. 288-B
Clute, TX 77531

www.bcdreamcenter.org

Outreach center dedicated to children and adults who are experiencing hardships. Provides food, clothing and other resources.

Brazoria County Housing Authority, Community Development, and Welfare Department.....979-864-1427

1524 East Mulberry, Ste. 162
Angleton, TX 77515

www.brazoriacountytx.gov/departments/housing-and-urban-development

Assists with housing and utilities to Reliant customers that are in Brazoria County.

Can Care of Houston, Inc.....713-461-0028

9575 Katy Fwy., Ste. 428
Houston, TX 77024

www.cancare.org

Supports cancer survivors and their families.

Cancer Hope Network.....877-HOPENET (877-467-3638)

2 North Rd., Ste. A

Chester, NJ 07930

www.cancerhopenetwork.org

National non-profit that provides free one-on-one emotional support to adult cancer patients and their families.

Career & Recovery Resources.....713-754-7000

2525 San Jacinto St.

Houston, TX 77002

www.careerandrecovery.org

Provides career and employment services to the disadvantaged and to substance abusers.

C.A.S.A. Child Advocates of Fort Bend.....281-344-5100

5403 Ave. N

Rosenberg, TX 77471

www.cafb.org

Provides advocacy for abused and neglected children.

C.A.S.A. Child Advocates of Galveston.....409-572-2552

600 Gulf Freeway, Ste. 228

Texas City, TX 77591

www.casagalveston.org

Provides advocacy for abused and neglected children.

Catholic Charities – Bay Area281-282-6069

1300-A Bay Area Blvd.

Houston, TX 77058

www.catholiccharities.org

Provides programs for basic needs (food, clothing, emergency assistance, etc.), counseling, parenting education, services for seniors, and women veterans.

Catholic Charities – Galveston.....409-762-2064

4700 Broadway, #F103

Galveston, TX 77550

www.catholiccharities.org

Provides programs for basic needs (food, clothing, emergency assistance, etc.), counseling, parenting education, services for seniors, and women veterans.

Catholic Charities – Texas City, Mainland.....409-948-0405

712 5th Ave North

Texas City, TX 77590

www.catholiccharities.org

Provides programs for basic needs (food, clothing, emergency assistance, etc.), counseling, parenting education, services for seniors, and women veterans.

Child Advocates Inc.....713-529-1396

3701 Kirby Dr., Ste. 400

Houston, TX 77098

www.childadvocates.org

Mobilizes court-appointed volunteers to break the cycle of child abuse. Advocates for children.

Children's Protective Services.....713-755-5101https://www.dfps.texas.gov/child_protection/

Agency mandated to investigate and provide services for children who are physically or sexually abused.

Christian Helping Hands.....281-485-9776

3402 Swensen Rd.

Pearland, TX 77581

www.christianhelpinghands.org

Provides assistance with basic needs and provides food through a food pantry.

Coalition for the Homeless of Houston/Harris County.....713-739-7514

2000 Crawford St., Ste. 700

Houston, TX 77002

www.homelesshouston.org

Educating and advocating for the needs of the homeless.

Crime Victim's Compensation - Texas.....800-983-9933

P.O. Box 12548

Austin, TX 78711

www.texasattorneygeneral.gov/crime-victims/crime-victims-compensation-program/mental-health-care

Assists with the payment of psychiatric and counseling services for crime-related mental health care costs.

Crisis Hotline of Galveston County.....409-763-1441 (24/7)

Trained phone counselors offer crisis and phone counseling for any problem or crisis.

Crisis Intervention Hotline of Houston.....832-416-1177**Teen Talk: 832-416-1199; Teen Text: 281-201-4430**

5322 West Bellfort, Ste. 203

Houston, TX 77035

www.crisishotline.org

Provides survivor of suicide support groups, conducts presentations and suicide prevention education, and operates a crisis hotline.

Crisis Text Line.....text HOME to 741741www.crisistextline.org

Provides a trained crisis counselor 24/7 to respond to any crisis from anywhere in the United States. The crisis counselor will receive the text and respond to help ease a hot moment into a cool moment.

- Department of Family and Protective Services.....409-948-3481**
 2000 Texas Ave., Ste. 800
 Texas City, TX 77590
www.dfps.texas.gov
 Provides services to abused or neglected children and adults.
- Depression and Bipolar Support Alliance.....800-826-3632**
 55 E. Jackson Blvd., Ste. 490
 Chicago, IL 60604
www.dbsalliance.org
 Provides hope, help, support, and education to improve the lives of people who have mood disorders. Online peer support groups and online parent groups are available.
- Disability Rights of Texas.....800-252-9108**
 1500 McGowen St., Ste. 100
 Houston, TX 77004
www.disabilityrightstx.org
 Assists persons with disabilities in case of discrimination in housing, employment, accessibility, civil rights, education, and transportation.
- Disaster Distress Helpline.....800-985-5990**
www.samhsa.gov/find-help/disaster-distress-helpline
 Provides year-round disaster crisis counseling. The toll-free, multilingual, crisis support service is available 24/7 to all residents in the U.S. and its territories who are experiencing emotional distress related to natural or human-caused disasters.
- Freeport Community Health Center.....281-824-1480**
 905 N. Gulf Blvd.
 Freeport, TX 77541
www.mychn.org/locations/freeport
 Provides virtual and in-person counseling, psychiatry, medical visits and in-person dental services. They accept most private insurances, Medicaid, Medicare, CHIP, CHIP Pericatal, and self-pay methods to ensure you get the attention you need.
- Galveston County Social Services.....409-762-8621**
 722 Moody Ave.
 Galveston, TX 77550
www.galvestoncountytexas.gov/cs/ss/Pages/default.aspx
 Provides utility and rent assistance along with some prescription medication assistance. Food vouchers are available for Galveston residents.
- Galveston Sheriff's Office - Mental Health Division.....409-766-2322**
 601 54th St.
 Galveston, TX 77551
<https://www.galvestoncountytexas.gov/our-county/sheriff/divisions/mental-health-division>
 24-hour non-emergency call center for Galveston, Bolivar Peninsula, La Marque, Texas City, Hitchcock, Sante Fe (409 area codes) which addresses the concerns and needs of mentally ill during crisis situations.

Galveston Sheriff's Office - Mental Health Division.....281-534-3515

601 54th St.

Galveston, TX 77551

<https://www.galvestoncountytexas.gov/our-county/sheriff/divisions/mental-health-division>

24-hour non-emergency call center for League City, Dickinson, Bacliff, San Leon, Kemah, Friendswood, Algoa (281 area codes) which addresses the concerns and needs of the mentally ill during crisis situations.

Galveston Urban Ministries.....409-497-2460

3727 Ball St.

Galveston, TX 77550

www.galvestonurbanministries.org

Provides a job readiness and development program. Provides training to obtain a GED.

Good RXwww.goodrx.com

Provides a drug savings card for discounts of up to 80% on most prescription drugs at over 70,000 U.S. pharmacies. Also available as a cell phone application.

Greater Coastal Community Action Council.....409-762-8418

4700 Broadway, Ste. 113

Galveston, TX 77551

www.gccac.org

Assists with utility bills, homeless prevention, and nutrition for low-income seniors, disabled, and others in need. Serves Brazoria, Fort Bend, and Galveston counties.

Gulf Coast Chapter Autism Society of America.....512-479-4199

1300-A Bay Area Blvd.

Houston, TX 77058

www.texasautismsociety.org/gulf-coast

Provides autism awareness.

Harris Center for Mental Health and IDD.....713-970-7000

9401 Southwest Fwy.

Houston, TX 77074

www.theharriscenter.org

Provides services to meet the individual needs of children and adolescents up to the age of 18 and adults with severe emotional, behavioral or mental disorders.

Harris County Assistance Programswww.needhelp-payingbills.com

Provides information on state and local aid programs, charity organizations, and other resources that will provide help paying bills, mortgage and debt, show how to save money, as well as provide some tips and ways to pay bills when money is tight.

Harris County Community Services Department.....713-578-2000

8410 Lantern Point Dr.

Houston, TX 77054

www.csd.harriscountytexas.gov/Pages/default.aspx

Provides rental assistance, emergency utility assistance, food, clothing, and mental health referrals. Also provides housing and community resources, transit services, after school programs, meals for the elderly and disabled, disaster recovery, social services, health care and activities for seniors, homeless services, and bereavement services.

Harris County District Attorney's Office, Family Criminal Law**Division.....713-274-5800**

1201 Franklin St., Ste. 600

Houston, TX 77002

www.harriscountyda.com

Family Criminal Law Division of Harris County

Harris County Sheriff's Office Domestic Violence Unit.....713-274-9369 Ext. 1

1200 Baker St.

Houston, TX 77002

<https://harriscountytexas.org/Services/crimevictimsassistanceunit>

Aids in times of domestic problems. Provides list of resources for counseling for mental health or substance abuse and a list of shelters and resources for those affected by domestic violence.

Healthcare for the Homeless, Houston.....713-286-6000

1934 Caroline St.

Houston, TX 77002

www.homeless-healthcare.org

Promotes health, hope and dignity for Houston's homeless through accessible and comprehensive care.

HIS Ministries - Santa Fe and Hitchcock.....409-925-4697

4205 Jackson

Santa Fe, TX 77517

www.hisministries-sf.com

Provides food and clothing assistance. Provides some transportation assistance. By appointment only.

Houston Autism Disability Network.....832-341-3394

P.O. Box 2796

Cypress, TX 77410

Website communication tool that connects autism and disability parents, professionals, services, organizations, and agencies.

Houston Center for Independent Living - Coalition for Barrier Free**Living.....713-974-4621**

11111 Wilcrest Green Dr., Ste. 385

Houston, TX 77042

www.hcil.cc

Provides information and referral, peer support, advocacy, training, and coordination of services for individuals with disabilities.

Houston Food Bank.....713-223-3700

535 Portwall St.

Houston, TX 77029

www.houstonfoodbank.org

Gives aid to Houston's hungry, homeless, unemployed and all others in need of food assistance through food drives, TANF, and volunteers.

Houston Police Department Domestic Violence Unit.....713-308-1100

1200 Travis St., 11th Floor

Houston, TX 77002

<https://www.houstontx.gov/police/fvu/child.htm>

Provides support and counseling to victims of domestic abuse.

Houston Police Department Mental Health Division.....832-394-4200

150 N. Chenevert St.

Houston, TX 77002

www.houstoncit.org

Houston's mental health division oversees the department's multi-faceted specialized strategies for responding to the mentally ill.

Interfaith Caring Ministries - Food Pantry.....281-332-3881

151 Park Ave.

League City, TX 77573

www.icmtx.org

Utilites and rent assistance, gas vouchers for medical appointments, food and transportation for seniors to doctor appointments and counseling services available.

International Foundation for Research and Education on Depression

P.O. Box 17598

Baltimore, MD 21297

www.ifred.org

Provides assessment tools for depression, connection to support groups and information about depression and treatment for it.

Legal Aid for Survivors of Sexual Assault-Texas RioGrande Legal**Aid.....800-991-5153**www.legalaidforsurvivors.org

Provides survivors of sexual assault with a wide range of free legal services from general advice to holistic, direct representation on civil legal matters.

- M.I. Lewis Social Service Center.....281-534-2043**
 245 FM 517 E.
 Dickinson, TX 77539
www.milewisctr.org
 Provides assistance to individuals living in Dickinson ISD boundaries. Provides a food pantry, school supplies, senior food delivery, and emergency assistance.
- Mary Queen Catholic Church.....281-482-1391 ex. 328**
 606 Cedarwood Dr.
 Friendswood, TX 77546
www.maryqueencatholicchurch.org
 Provides a food pantry.
- MedSavers.....866-765-9292**
 1800 W. 35th St.
 Austin, TX 78703
www.medsaverspharmacy.com
 Provides reasonable prices on medications.
- Mental Health America of Greater Houston.....713-523-8963**
 2211 Norfolk, Ste. 810
 Houston, TX 77098
www.mhahouston.org
 Provides services to mentally ill through education and advocacy and provides pro bono counseling services.
- Mental Health Texas**
www.mentalhealthtx.org
 Provides contacts and resources to mental health services throughout the State of Texas.
- Michael E. Debakey VA Medical Center.....713-794-7561**
 2002 Holcombe Blvd.
 Houston, TX 77030
www.va.gov/houston-health-care/
 Provides a full-service hospital for veterans.
- Military OneSource.....800-342-9647 or 877-888-0727**
www.militaryonesource.mil
 Offers specialized information and referral for military personnel and their families. Mental Health Counseling - Provides a referral for six sessions per issue to professional civilian counselors at no cost to service members and family members. Specialized Information and Referral - Provides information and referral for issues such as childcare, education, financial and legal concerns, health care, work concerns, and deployment-related issues.
- My RX Advocate.....888-331-1002**
myrxadvocate.com
 Assists with the application to obtain free prescription medications. Annual income must be below \$49,000 to qualify.

NAMI - Greater Houston.....713-970-4483

9401 Southwest Fwy., Ste. 1234

Houston, TX 77074

www.namigreaterhouston.org

Provides advocacy and resources for individuals affected by mental illness and their families.

National Alliance on Mental Illness (NAMI) - Gulf Coast.....281-585-3100

P.O. Box 4096

Alvin, TX 77512

www.namigulfcoast.org

Provides support, education, and service advocacy for families and individuals affected by mental illness.

National Child Traumatic Stress Network.....310-235-2633

11150 W. Olympic Blvd., Ste. 650

Los Angeles, CA 90064

www.nctsn.org

Provides information on what trauma is, the types of traumas, treatment available for trauma, and resources to access for trauma treatment.

National Domestic Violence Hotline.....800-799-SAFE (7233)

P.O. Box 90249

Austin, TX 78709

www.thehotline.org

Provides 24/7 support for victims of domestic abuse, ways to identify domestic abuse, and suggestions for creating a safety plan. Provides local resources to connect individuals to domestic violence shelters and treatment for victims of domestic abuse.

National Eating Disorders Association.....212-575-6200

333 Mamaroneck Ave., Ste, 214

White Plains, NY

www.nationaleatingdisorders.org

Provides information, treatment options, screening tools, and videos by experts on eating disorders and how to get help. A text line is available by texting "NEDA" to 741741 to connect with a trained volunteer at Crisis Text Line.

National Education Alliance for Borderline Personality Disorderwww.borderlinepersonalitydisorder.org

Provides support, resources and education for individuals with borderline personality disorder and their families.

National Human Trafficking Hotline.....888-373-7888www.humantraffickinghotline.org

Provides 24 hours a day, 7 days a week helpline with support along with a national directory of anti-trafficking organizations and programs that offer emergency, transitional, and long-term services to victims and survivors of human trafficking. Accepts tips on human trafficking from the public.

National Maternal Mental Health Hotline.....833-852-6262

www.mchb.hrsa.gov/national-maternal-mental-health-hotline

Provides 24/7, free, confidential hotline for pregnant and new moms in English and Spanish. Services can be reached by call or text at 1-833-TLC-MAMA (1-833-852-6262).

National Runaway Safeline.....800-RUNAWAY (800-786-2929)

3141B N. Lincoln

Chicago, IL 60657

www.1800runaway.org

Provides a national communications system designated by the United States federal government for runaway and homeless youth, their parents and families, teens in crisis, and others who might benefit from its services.

National Sexual Assault Telephone Hotline.....800-656-HOPE (4673)

www.rainn.org

Provides confidential support to victims from a trained staff member. Assists in finding a local health facility that is trained to care for survivors of sexual assault and offers local resources for healing and recovery.

National Suicide Prevention Lifeline.....988

www.988lifeline.org

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for individuals and their loved ones, and best practices for professionals in the United States.

National Suicide Prevention Resource Center-Education Development Center, Inc.

1025 Thomas Jefferson St., NW, Ste. 700

Washington, DC 20007

www.sprc.org

Provides programs, toolkits, fact sheets, and other resources to take effective action to prevent suicide.

National Teen Dating Abuse Helpline.....866-331-9474

www.loveisrespect.org

Provides a 24/7 hotline for teens to answer questions about dating in general, specific relationships, or about unhealthy or abusive relationships. Provides support and resources to help the teen address the situation.

Needy Meds.....800-503-6897

www.needymeds.com

Provides a drug discount card through a cell phone application.

Partnership for Prescription Assistance.....866-218-0694

www.patienthelpnetwork.org

Provides advocacy to obtain reduced costs for medications.

- Pasadena Community Ministry.....713-477-4336**
 2301 S. Houston Rd.
 Pasadena, TX 77502
www.pcm-texas.org
 Provides food and clothing assistance.
- Pearland Neighborhood Center.....281-485-1987**
 2335 N. Texas Ave.
 Pearland, TX 77581
www.pnctexas.com
 Provides a food pantry with baby supplies, rent and utility assistance, school supply vouchers, Santa's Helpers for Christmas gifts for children, and GED scholarship assistance. Assistance is available for Manvale, Brookside, and Pearland residents.
- Resource and Crisis Center of Galveston County, Inc.....409-763-1441**
 1204 45th St.
 Galveston, TX 77550
www.rccgc.org
 Promotes the safety, well-being, and best interest of victims of family violence, sexual assault, and human trafficking. Advocates for the prevention of such crimes.
- River of Hope.....979-299-9464**
 792 Brazosport Blvd. S.
 Clute, TX 77531
www.riverofhopetx.org
 Assists with rent and utilities of Brazoria ISD residents who have experienced a crisis in the last four months.
- Salvation Army - Galveston County Command.....409-763-1691**
 601 51st St.
 Galveston, TX 77551
www.southernusa.salvationarmy.org/galveston/
 Provides emergency and transitional shelter along with a daily community meal. Offers financial assistance to established section 8 individuals.
- Salvation Army - Pasadena Command.....713-378-0020**
 2732 Cherrybrook Ln.
 Pasadena, TX 77502
www.salvationarmyhouston.org/Pasadena
 Provides social services, financial assistance, and a food pantry for the working poor, youth character-building and sports programs, daily meals, social and recreational activities for seniors.
- Salvation Army - Texas City.....409-935-1190**
 4801 Emmet F. Lowery
 Texas City, TX 77591
www.southernusa.salvationarmy.org/galveston/
 Provides rental and utility assistance along with grocery assistance.

Santa Fe Family Services.....409-927-4133

4205 Jackson St.

Santa Fe, TX 77517

www.rentassistance.us/li/tx-santa_fe_family_service_rental_assistance

Provides emergency assistance with rent, utilities, and small bills once a year for those residing in the Santa Fe ISD area.

Senior Health and Wellness - Bay Area.....281-282-9700

1511 El Dorado Blvd.

Houston, TX 77062

<https://bakerripley.org/locations/bay-area/>

Provides in-home services, transportation, grocery shopping, and home management to assist seniors to live independently.

St. Vincent De Paul Society.....281-485-2976

2209 Old Alvin Rd.

Pearland, TX 77581

www.sthelenchurch.org

Provides food pantry and utility assistance inside St. Helens Catholic Church. Utility assistance provided for residents of Pearland, Alvin, Rosharon, Manvale and Friendswood.

St. Vincent's Episcopal House.....409-763-8521

2817 Post Office St.

Galveston, TX 77550

www.stvhope.org/clinical-services

Provides healthcare services through the UTMB Nurse Practitioner program. The Galveston Chapter of the Lions Club provides eye care and vision services at St. Vincent's House. The Dental Clinic is staffed by local dentists and student assistants. The Family Service Center of Galveston County provides mental health services five days a week by appointment. Individual and family counseling is available. Call 409-765-2217 to make an appointment for counseling. Only services Galveston County residents.

Suicide and Crisis Lifeline.....988www.988lifeline.org

Provides free and confidential 24/7 emotional support to people in suicidal crisis or emotional distress.

Suicide Prevention Hotline.....988www.suicidepreventionlifeline.org

Provides crisis intervention for suicide prevention.

Teen Crisis Hotline.....832-416-1199 or 281-201-4430 (Text)www.crisishotline.org

Crisis hotline (TeenTalk) for teens dealing with emotional trauma or suicidal ideation.

Texas Advocacy Project.....800-374-Hope (4673)

www.texasadvocacyproject.org

The Texas Advocacy Project offers free legal services statewide to victims of domestic abuse, sexual assault, and stalking. The program helps victims file emergency protective orders, develop safety plans, and obtain referrals for shelter locations. The project staff advocate for victims of teen dating violence.

Texas Council on Family Violence.....800-525-1978

P.O. Box 163865

Austin, TX 78716

www.tcfv.org

Information and resources on the prevention of family violence.

Texas Crime Victims Compensation Benefits – Office of the Attorney**General.....800-983-9933 or 512-936-1200**

P.O. Box 12548

Austin, TX 78711

www.texasattorneygeneral.gov/crime-victims/crime-victims-compensation-program

Provides financial assistance to victims of violent crime for related expenses that cannot be reimbursed by insurance and other sources.

Texas Department of Family and Protective Services - Texas Abuse**Hotline.....800-252-5400**

www.txabusehotline.org

Assists persons to report abuse of children, elderly, and those with physical and mental disabilities.

Texas Department of State Health Services.....512-776-7111

1100 West 49th St.

Austin, TX 78756

www.dshs.texas.gov

Provides free medical and dental checkups for people under age 21 who have Medicaid. Eye exams, glasses, hearing tests, shots, case management and health advice are also available.

Texas Drug Card.....855-4MY-TXRX (855-469-8979)

www.texasdrugcard.com

Texas's free prescription assistance program. Provides uninsured residents savings up to 80% on medications.

Texas Gulf Coast Aging and Disability Resource Center713-627-3200

3555 Timmons Lane

Houston, TX 77027

www.h-gac.com/aging-and-disability-resource-center

Provides information, assistance, and referrals to connect older adults, individuals with disabilities, and their caregivers to community resources close to home. The counties served are Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Liberty, Matagorda, Montgomery, Waller, Walker, and Wharton.

Texas Health and Human Services

www.hhs.texas.gov/services/mental-health-substance-use

Offers mental health and substance abuse services for families and people of all ages.

Texas Health and Human Services512-424-6500

North Austin Complex

4601 W. Guadalupe St.

Austin, TX 78751

www.h-gac.com/aging-and-disability-resource-center

Provides one centralized location to find services for the Aging and Disability Resource Centers, the Area Agencies on Aging, Community Services Regional Offices, the Department of State Health Services locations, local Intellectual and Developmental Disability Authorities, Regulatory Services Regional Offices, Service and Benefits Offices and State Supported Living Centers.

Texas Health and Human Services - Galveston.....409-763-0277

123 Rosenberg St.

Galveston, TX 77550

www.dcf-offices.org/office/tx_77550_texas-health-and-human-services-commission-galveston

Provides applications for Medicaid, CHIPs, TANF and food stamps. Resource for child or adult abuse through the Department of Family Services.

Texas Health and Human Services - Lake Jackson.....979-265-1291

489 This Way St.

Lake Jackson, TX 77566

www.hhs.texas.gov/hhs-services

Provides applications for Medicaid, CHIPs, TANF and food stamps. Offers mental health services for people of all ages.

Texas Health and Human Services - Texas City.....409-945-0317

2000 Texas Ave., Ste. 900

Texas City, TX 77590

www.hhs.texas.gov/

Provides applications for Medicaid, CHIPs, TANF and food stamps. Provides a continuum of care campus to address behavioral health issues.

Texas Suicide Prevention Council

www.texassuicideprevention.org

Website provides suicide hotline numbers and resources to assist those considering suicide.

Provides training for the program, ASK About Suicide.

- Texas United Way Helpline.....877-541-7905**
www.uwtexas.org/2-1-1-texas
 Provides access to hundreds of programs for childcare, counseling, food, housing, health care, legal aid, mental health and substance abuse treatment.
- Texas Workforce Commission.....713-576-2580**
 2636 S. Loop West, Ste. 525
 Houston, TX 77054
www.twc.tx.gov
 Helps provide rehabilitation and job search support.
- Texas Youth and Runaway Hotline.....800-989-6884**
 701 W. 51st St.
 Austin, TX 78751
www.texasyouth.org
 Provides peer counseling to youth and family members for family conflicts, delinquency, truancy, abuse and neglect, and running away.
- The Bread of Life, Inc.....832-939-7477**
 2019 Crawford St.
 Houston, TX 77003
www.breadoflifeinc.org
 Provides assistance to the homeless, those with AIDS, and the hungry by providing a transitional living facility for men with substance abuse, serving breakfast and lunch for the homeless each day, aiding with rent and bill payment, and by hosting free HIV testing and prevention programs.
- The Bridge Over Troubled Waters - Baytown.....713-473-2801**
 8203 John Martin Rd.
 Baytown, TX 77521
www.tbotw.org
 Provides short term emergency shelter along with long term residential care for women and children who are victims of domestic violence or sexual assault. Also provides outpatient counseling and advocacy services for women and children to address their basic needs.
- The Bridge Over Troubled Waters - Pasadena.....713-473-2801**
 3811 Allen-Genoa Rd.
 Pasadena, TX 77504
www.tbotw.org
 Provides short term emergency shelter along with long term residential care for women and children who are victims of domestic violence or sexual assault. Also provides outpatient counseling and advocacy services for women and children to address their basic needs.
- The Jed Foundation.....212-647-7544**
 530 7th Ave., Ste. 801
 New York, NY 10018
www.jedfoundation.org
 Provides mental health resources to teenagers and young adults to support mental health and prevent suicide. Educational programs to support mental health are provided to high schools and colleges.

- The Montrose Center.....713-529-0037**
 401 Branard St.
 Houston, TX 77006
www.montrosecenter.org
 A 24-hour crisis and information hotline specifically for the gay, lesbian, bisexual and transgender community of Greater Houston.
- The Trevor Project.....212-695-8650**
 P.O. Box 69232
 West Hollywood, CA 90069
www.thetrevorproject.org
 Provides crisis counselors who assist with information and support to LGBTQ young people 24/7 all year around. Services are provided through telephone calls, text, and chat.
- United Way Information and Referral.....281-282-6000**
 1300-A Bay Area Blvd.
 Houston, TX 77058
www.unitedwayhouston.org
 Information and referral resources for health and human services.
- United Way of Greater Houston.....713-685-2300**
 50 Waugh Dr.
 Houston, TX 77007
www.unitedwayhouston.org
 Information and referral to connect people to local resources for health and human services.
- United Way of Greater Houston THRIVE Center.....281-282-6000**
 1300-A Bay Area Blvd.
 Houston, TX 77058
www.unitedwayhouston.org
 Serves as a referral source for wrap-around services such as financial, benefits and employment assistance.
- Veterans Crisis Line.....988 then press 1**
www.veteranscrisisline.net
 Provides 24/7 confidential helpline by call, chat or text to reach crisis counselors to support veterans and their loved ones
- W.I.C. - Dickinson Clinic.....281-337-7606**
 2401 Termini St.
 Dickinson, TX 77539
www.gchd.org
 Offers nutrition assistance for pregnant women, infants, and children under age 18.

W.I.C. - Galveston County Clinic.....409-763-7202

4700 Broadway St., Ste. F-102

Galveston, TX 77551

www.gchd.org

Offers nutrition assistance for pregnant women, infants, and children under age 18.

W.I.C. - Texas City Clinic.....409-949-3471

9850-B Emmett F. Lowry Expy., Ste. B101

Texas City, TX 77591

www.gchd.org

Offers nutrition assistance for pregnant women, infants, and children under age 18.

Women's Center of Brazoria County800-243-5788

715 N. Valderas

Angleton, TX 77515

<https://bcwomenscenter.com/>

Operates a 24/7 crisis hotline for victims of sexual assault or domestic violence.

Provides crisis support, legal aid, shelter and housing, educational programs and community outreach for these victims.

Workforce Solutions - Baytown.....281-837-0079

4308-B Garth Rd.

Baytown, TX 77521

www.wrksolutions.com

Helps individuals find jobs.

Workforce Solutions - Clear Lake.....346-230-7018

1300-A Bay Area Blvd., Ste. 133

Houston, TX 77058

www.wrksolutions.com

Helps individuals find jobs.

Workforce Solutions - Pearland.....832-409-0049

5730 Broadway, Ste. 121

Pearland, TX 77581

www.wrksolutions.com

Helps individuals find jobs.

Workforce Solutions - South East.....713-576-2580

12148-B Gulf Fwy.

Houston, TX 77034

www.wrksolutions.com

Helps individuals find jobs.

Workforce Solutions - Texas City.....409-949-9055

3549 Palmer Hwy.
Texas City, TX 77590

www.wrksolutions.com

State funded organization that helps individuals with disabilities develop skills they need to find work and live independently. Also makes disability determinations for the Social Security Administration.

YMCA of Greater Houston.....713-659-5566

www.ymcahouston.org

Provides youth camps and enrichment activities for youth development and healthy living.

HIV/AIDS RESOURCES**AIDS Foundation Houston, Inc.....713-623-6796**

6260 Westpark Dr., Ste. 100
Houston, TX 77057

www.aidshelp.org

Provides services to people with HIV/AIDS including prevention, outreach, housing, food assistance, and employment resources.

Avenue 360 Health and Wellness.....713-426-0027

2150 West 18th St.
Houston, TX 77008

www.avenue360.org

Provides services to people with HIV/AIDS including prevention, outreach, dental care, adult day care, financial assistance, residential hospice, and counseling.

Brentwood Community Foundation.....713-852-1452

13033 Landmark St.
Houston, TX 77045

www.brentwoodfoundation.org

Provides services for people living with HIV/AIDS.

The Montrose Center.....713-529-0037

401 Branard St.
Houston, TX 77006

www.montrosecenter.org

The Montrose Center is a nonprofit agency with programs primarily for gay, lesbian, bisexual, transgender, and HIV infected and their significant others.

EDUCATION**Archway Academy.....713-328-0780**

6221 Main St.

Houston, TX 77030

www.archwayacademy.org

Provides a supportive and sober learning environment to meet the individual educational needs of adolescents in recovery.

Lifeway International.....713-459-9427

12955 Memorial Dr.

Houston, TX 77079

www.lifewayrocks.com

Fully accredited and specialized safe and sober high school for Lifeway's Assisted Peer Groups.

Space City Tutoring and Learning Center, LLC.....281-282-9418

1211 Longledge Dr.

Seabrook, TX 77586

www.spacecitytutors.com

Specializing in tutoring and providing educational services for students PreK-12.

RESIDENTIAL TREATMENT AND HOSPITALS**ADA Women's Recovery Center (Alcohol and Drug Abuse)409-763-5516**

201 First St.

Galveston, TX 77550

www.adawomenscenter.org

Provides chemical dependency treatment for medically indigent women in Galveston and Brazoria counties.

ADA Women's Recovery Center (Alcohol and Drug Abuse)409-763-5516

712 5th Ave. N.

Texas City, TX 77590

www.adawomenscenter.org

Provides chemical dependency treatment for medically indigent women in Galveston and Brazoria counties.

American Addiction Centers.....866-215-4608www.americanaddictioncenters.com

American Addiction Centers is a national behavioral healthcare provider focused on addiction treatment and rehabilitation. Six residential treatment centers throughout the United States have programs focused on addressing substance abuse, alcohol and binge eating. These programs are 12-step based and address dual diagnosis.

- Aspire Behavioral Health Hospital.....936-647-3487**
 2006 S. Loop 336 W., Ste. 500
 Conroe, TX 77304
www.aspirehealthcorp.com
 Short-term, acute care, adult geriatric, psychiatric hospital.
- Austin Recovery.....512-697-8500**
 4201 South Congress Ave., Ste. 202
 Austin, TX 78745
www.austinrecovery.org
 Residential and outpatient chemical dependency treatment program for adults. Provides 90-day residential program for women and children.
- Bay Area Recovery Center - Women's Inpatient Center.....281-853-8635**
 3111 Yupon
 Dickinson, TX 77539
www.bayarearecovery.com
 Provides detox, inpatient, partial hospitalization, and outpatient treatment for adults with substance abuse issues. Several locations throughout the Houston area.
- Bay Area Recovery Center - Men's Inpatient Center.....281-853-8635**
 1807 FM 517 Rd. E
 Dickinson, TX 77539
www.bayarearecovery.com
 Provides detox, inpatient, partial hospitalization, and outpatient treatment for adults with substance abuse issues. Several locations throughout the Houston area.
- Bayes Achievement Center, Inc.....936-291-3391**
 7517 S. Hwy. 75 S.
 Huntsville, TX 77340
www.bayescenter.com
 Licensed residential treatment center and day school program which serves emotionally disturbed and autistic children and adolescents, ages 6-22, with severe behavior problems.
- Baylor Psychiatry Clinic.....713-798-4857**
 1977 Butler Blvd., 4th Floor, Ste. E4.100
 Houston, TX 77030
www.bcm.edu/psychiatry
 Provides inpatient and partial day psychiatric services for adults.
- Behavioral Hospital of Bellaire.....800-432-0017**
 5314 Dashwood Dr., Ste. 300
 Houston, TX 77081
www.bhbhospital.com
 Provides inpatient mental health and chemical dependency services to adolescents and adults in a psychiatric hospital setting. Provides intensive outpatient services to adults in a partial day hospital.

- Ben Taub Hospital.....713-873-2000**
 1504 Taub Loop
 Houston, TX 77030
www.harrishealth.org
 Provides psychiatric crisis services.
- Brazos Place Behavioral Health Center.....979-233-3826**
 1103 North Ave. H
 Freeport, TX 77541
www.brazosplace.org
 Provides a residence for medically stable adults recovering from alcohol and drug addiction. The program is a transitional residential program that assists clients in continual treatment after discharge.
- BRC Recovery.....888-559-2036**
 11503 Parsons Rd.
 Manor, TX 78653
www.brcrecovery.com
 Adult residential drug and alcohol recovery. Accepts most major insurance carriers and private pay.
- Bridges to Recovery.....844-223-1490**
 725 Foothill Rd.
 Beverly Hills, CA 90210
www.bridgestorecovery.com
 Provides high-end psychiatric treatment for adults.
- Brookside Farm.....800-252-2412**
 Austin, TX
www.brookside-farm.org
 Residential treatment facility providing long term care for adults with psychiatric disabilities.
- Burke Center.....800-392-8343**
 2001 South Medford Dr.
 Lufkin, TX 75901
www.myburke.org
 Provides mental health and substance abuse services to adolescents and adults. Services include sub-acute detox (adults only), residential and outpatient treatment. and family services.
- Burning Tree Ranch.....877-389-0500**
 2837 County Rd. 101
 Kaufman, TX 75142
www.BurningTreeRanch.com
 Provides long term residential treatment for adults with alcohol and drug abuse issues and co-occurring disorders.

Cenikor Foundation - Adolescent Program.....888-236-4567

5629 Grapevine St.
Houston, TX 77085
www.cenikor.org

Provides adolescent inpatient treatment for chemical dependency.

Cenikor Foundation - Adult Program.....888-236-4567

4525 Glenwood Ave.
Deer Park, TX 77536
www.cenikor.org

Provides adult inpatient treatment for chemical dependency.

Center for Change - Boise Location.....888-224-8250

1411 W. Franklin St.
Boise, ID 83702
www.centerforchange.com

Inpatient and residential treatment for eating disorders: anorexia, bulimia and binge eating.
TRICARE certified.

Center for Change - Orem Location.....888-224-8250

1790 N. State St.
Orem, UT 84057
www.centerforchange.com

Inpatient and residential treatment for eating disorders: anorexia, bulimia and binge eating.
TRICARE certified.

Center for Change - Salt Lake City Location.....888-224-8250

7050 Highland Dr., Ste. 310
Cottonwood Heights, UT 84121
www.centerforchange.com

Inpatient and residential treatment for eating disorders: anorexia, bulimia and binge eating.
TRICARE certified.

Center for Discovery-Residential.....713-574-2318

17515 Swansbury Dr.
Cypress, TX 77429
www.centerfordiscovery.com

Provides residential treatment for adolescents with anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, compulsive overeating, and selective eating disorder (ARFID).

Children's Safe Harbor.....936-756-4644

1519 Odd Fellow St.
Conroe, TX 77301
www.childrensafeharbor.org

Provides assistance and treatment to child abuse victims and their non-offending family members.

- Christus St. Joseph's Hospital.....713-757-1000**
 1401 St. Joseph Pkwy.
 Houston, TX 77002
www.sjmctx.org
 Provides in-patient psychiatric services for adults.
- Clearfork Academy.....817-382-8463**
 7820 Hanger Cutoff Rd.
 Fort Worth, TX 76135
www.clearforkacademy.com
 Provides a Christ-Centered residential program for teens ages 13-18 with substance abuse disorders.
- Covenant House.....713-523-2231**
 1111 Lovett Blvd.
 Houston, TX 77006
www.covenanthousetx.org
 Helps youth (ages 18-24) in crisis through residential resources, outreach, and community services designed to keep kids off the streets.
- Cypress Creek Hospital.....281-586-7600**
 17750 Cali Dr.
 Houston, TX 77090
www.cypresscreekhospital.com
 Provides short term hospitalization for adults and adolescents with psychiatric and substance abuse issues.
- Cypress Lake Recovery.....409-219-5867**
 1129 Hwy. 287 N.
 Woodville, TX 75979
www.cypresslakerecovery.com
 Residential treatment facility for adults suffering from addiction. Offers intervention services, residential inpatient treatment, outpatient treatment, and aftercare services. Accepts insurance and self-pay.
- DePelchin Children's Center.....713-730-2335**
 4950 Memorial Dr.
 Houston, TX 77007
www.depelchin.org
 Provides mental health needs for children through its foster care and adoption homes.
- Devereux Advanced Behavioral Health Texas - League City.....800-373-0011**
 1150 Devereux Dr.
 League City, TX 77573
www.devereuxtx.org
 Non-profit that provides counseling and residential services to adolescents and young adults, ages 13-22, with emotional, behavioral, psychiatric and addiction problems.

Dunn Behavioral Sciences Center at UT Health Houston.....713-500-1500

5615 H. Mark Crosswell Jr. St.

Houston, TX 77021

www.uth.edu/dunn-behavioral-sciences-center/

Provides inpatient care for adults who are experiencing behavioral health disorders, including anxiety disorders, bipolar disorders, depression and other mood disorders, and psychosis.

Falcon Ridge Ranch.....435-635-5260

750 E. SR 9

Virgin, UT 84779

www.falconridgeranch.com

A residential treatment center for adolescent females ages 12-17 ½ providing programs to treat clinically complex mental health and some behavioral issues.

Fulshear Ranch: Treatment to Transition.....979-977-6748

10514 Oberrender Rd.

Needville, TX 77461

www.fulsheartransition.com

Provides residential treatment for young women ages 18 - 24 with moderate to severe emotional, social, and/or behavioral issues including dual diagnosis, personality disorders, bipolar, post-traumatic stress, addiction, severe depression and anxiety, and poor body image.

Great Oaks Recovery Center.....877-278-7086

11210 FM 102

Egypt, TX 77436

www.greatoaksrecovery.com

Provides detox and residential adult substance abuse. Treats co-occurring disorders if substance abuse is primary. Accepts insurance. Partners with aftercare programs.

Harris County Psychiatric Center (HCPC).....713-741-5000

2800 South MacGregor Way

Houston, TX 77021

<https://hcpc.uth.edu>

Provides psychiatric inpatient and outpatient treatment for children, adolescents and adults.

Hazelden Betty Ford Foundation.....833-780-0054

15251 Pleasant Valley Rd.

Center City, MN 55012

www.hazeldenbettyford.org

Provides addiction treatment programs including campus based sober living, inpatient and outpatient treatment, and family programs for adults age 18+. There are 15 locations throughout the United States.

- Hope Village.....281-482-7926**
 15403 Hope Village Rd.
 Friendswood, TX 77546
www.hope-village.com
 Provides residential living, day programs, and support services to adults with intellectual and developmental disabilities.
- House of Extra Measures - 23rd Street House for Men.....832-439-8171**
 240 W. 23rd St.
 Houston, TX 77008
www.thehouseofextrameasures.com
 Provides supportive programming and structured communal living for men ages 18 - 30 who are newly recovering from addiction.
- House of Extra Measures - Hoskins House for Women.....832-652-9945**
 2329 Hoskins Dr.
 Houston, TX 77080
www.thehouseofextrameasures.com
 Provides structured communal living for women aged 19 and older who are newly recovering from addiction.
- House of Extra Measures - Truscon House for Women.....832-651-9945**
 9703 Truscon Dr.
 Houston, TX 77080
www.thehouseofextrameasures.com
 Provides structured communal living for women aged 19 and older who are newly recovering from addiction.
- Houston Behavioral Healthcare Hospital.....832-834-7710**
 2801 N. Gessner Rd.
 Houston, TX 77080
www.houstonbehavioralhealth.com
 Provides intensive inpatient hospitalization for adolescents and adults with mental health issues and chemical dependency. Provides partial hospitalization and intensive outpatient services for adolescents and adults. Provides detox and chemical dependency inpatient treatment for adults.
- Houston Methodist Baytown Hospital.....281-420-8600**
 4401 Garth Rd.
 Baytown, TX 77521
www.methodisthealth.com
 Psychiatric hospital for adults.
- Houston Recovery Center.....713-236-7800**
 150 N. Chenevert St., Ste. 100
 Houston, TX 77002
www.houstonrecoverycenter.org
 Provides counseling, assessments, and referrals to treatment for substance abuse.

InnerChange.....877-282-4782

www.innerchange.com

InnerChange is a family of seven long-term residential treatment programs providing educational, treatment, and recovery programs for adolescents and young adults experiencing emotional or behavioral difficulties.

Into Action Recovery Centers.....844-694-3576

17250 El Camino Real

Houston, TX 77058

www.intoactionrecovery.com

Provides detox, residential, and outpatient treatment for chemical dependency for men and women.

Kemah Palms Recovery.....713-568-1210

1013 Delesandri Lane

Kemah, TX 77565

www.kemahpalms.com

Provides medical detox, residential treatment, intensive outpatient, partial day hospital and outpatient rehabilitation for the treatment of addiction and chronic pain in men and women aged 18 and older. Accepts major insurance and private pay.

Kingwood Pines Hospital.....281-404-1001

2001 Ladbrook Dr.

Kingwood, TX 77339

www.kingwoodpines.com

Provides inpatient psychiatric treatment for children (ages 5-12), adolescents and adults. Provides detox, inpatient, and intensive outpatient chemical dependency programs for adults.

La Hacienda Treatment Center.....800-749-6160

145 La Hacienda Way Southwest

Hunt, TX 78024

www.lahacienda.com

Provides residential substance abuse services for young adults (ages 18-24), recovering professionals, and adults. Accepts most major insurance.

Laurel Ridge Treatment Center.....800-624-7975

17720 Corporate Woods Dr.

San Antonio, TX 78259

www.laurelridgetc.com

Provides residential programs for children (ages 4-12) who have emotional and behavioral problems requiring a safe environment. Provides residential treatment for adolescents (ages 13-17) who have psychiatric disorders, emotional difficulties, substance abuse problems, eating disorders, history of sexual and/or physical abuse, and behavioral disorders. Provides adult chemical dependency treatment. Medicaid, Medicare, TriCare and most major insurance plans accepted.

- Lava Heights Academy.....435-635-0300**
 730 Spring Dr.
 Toquerville, UT 84774
www.lavaheightsacademy.com
 An evidence-based residential treatment center for troubled teens, both boys and girls ages 12 to 18, who are struggling with personal identity issues that are causing significant problems in other areas of their lives.
- Lifeskills South Florida.....844-327-1577**
 1431 SW 9th Ave.
 Deerfield Beach, FL 33441
www.lifeskillssouthflorida.com
 Provides comprehensive extended care residential treatment for dually diagnosed adult patients. Accepts major insurance plans and self-pay.
- Lone Star Behavioral Health.....281-351-6644**
 30903 Quinn Rd.
 Tomball, TX 77375
www.lonestarbehavioralhealth.com
 Provides inpatient and intensive outpatient treatment for alcohol and drug abuse for men and women.
- Magnificat Houses, Inc.....713-529-4231**
 1410 Elgin St.
 Houston, TX 77004
www.magnificathousesinc.org
 Provides community residences for mentally ill, adults with HIV, homeless adults and children, addicts, and abused women.
- Menninger Clinic.....713-275-5400**
 12301 S. Main St.
 Houston, TX 77035
www.MenningerClinic.com
 Provides inpatient psychiatric treatment for adolescents (ages 12-17) and adults to address anxiety, mood, obsessive-compulsive disorders, eating disorders, and personality disorders. Provides adolescent and adult chemical dependency and process addictions programs.
- Meridell Achievement Center.....800-366-8656**
 12550 W. Hwy. 29
 Liberty Hill, TX 78642
www.meridell.com
 Residential treatment center specializing in psychiatry and neuropsychiatry for children and adolescents (ages 11-17). Accepts most major insurance plans and Tricare.

- Methodist Hospital.....713-790-3311**
 6565 Fannin Street
 Houston, TX 77030
www.houstonmethodist.org
 Provides inpatient treatment for suicidal, psychotic, or delusional adults. Also provides medical management of acute detox.
- Michael E. DeBakey VA Medical Center.....713-791-1414**
 2002 Holcomb Blvd.
 Houston, TX 77030
www.houston.va.gov
 Provides mental health services for veterans.
- New Dimensions Day Treatment Centers.....800-685-9796**
 1345 Space Park Dr., Ste. C
 Houston, TX 77058
www.nddtreatment.com
 Provides psychiatric and chemical dependency treatment for adults and adolescents. Offers partial day and intensive outpatient treatment. Accepts most major insurance plans.
- New Hope Ranch.....737-910-7248**
 11908 Sparks Rd.
 Manor, TX 78653
www.newhoperanch.com
 Provides residential treatment focusing on prevention, assessment, treatment and reintegration for adults struggling with substance use disorder.
- Origins Recovery Centers.....855-426-5391**
 4405 South Padre Blvd.
 South Padre Island, TX 78597
www.originstexas.com
 Provides residential inpatient treatment for adults with the co-occurring disorders of mental illness and chemical dependency.
- Pasadena Villas.....888-672-0881**
 119 Pasadena Place
 Orlando, FL 32803
www.pasadenavilla.com
 Provides residential inpatient treatment for adults with complex psychiatric disorders.
- Pasadena Villas.....865-366-9838**
 3889 Wonderland Ln.
 Sevierville, TN 37862
www.pasadenavilla.com
 Provides residential inpatient treatment for adults with complex psychiatric disorders.

Pathway to Recovery Men's Center.....866-902-0759

2119 S. Oak

La Marque, TX 77568

www.pathwaytorecovery.com

Provides a men's drug and alcohol treatment facility offering intensive residential (RTC), partial hospitalization (PHP), intensive outpatient (IOP), and supportive outpatient (SOP), as well as unlimited aftercare for drug addiction and alcoholism.

Pathway to Recovery Women's Center.....409-933-4772

1224 Linton Dr.

La Marque, TX 77568

www.pathwaytorecovery.com

Provides a women's alcohol and drug treatment facility offering inpatient, intensive residential (RTC), partial hospitalization (PHP), intensive outpatient (IOP), supportive outpatient (SOP), and unlimited aftercare.

Pavillon.....800-392-4808

241 Pavillon Place

Mill Spring, NC 28756

www.pavillon.org

Residential treatment center for chemical dependency and co-occurring disorders for adults. Accepts major insurance plans.

Peachford Hospital.....770-455-3200

2151 Peachford Rd.

Atlanta, GA 30338

www.peachford.com

Inpatient psychiatric care for children (ages 4-12), adolescents (11-18) and adults. Residential substance abuse recovery services for adolescents, adults and seniors. Accepts major insurance plans, Medicare and TriCare.

Phoenix House Houston Outpatient and Prevention Services.....713-426-2637

2525 N. Loop W. Ste. #100

Houston, TX 77008

www.phoenixhousetx.org/locations/houston/

Provides in-person and virtual intensive outpatient treatment to adolescents with substance abuse disorders. These groups are co-educational for adolescents ages 13-18.

Power House Recovery Center.....281-442-1919

1713 Runyan Ave.

Houston, TX 77039

www.powerhouserecovery.org

Not for profit organization that provides a supportive sober living environment for men pursuing a spiritually based 12 step program of recovery from alcoholism or substance abuse.

Prevention and Recovery Center (PaRC)832-982-0238

3043 Gessner Rd.
Houston, TX 77080
www.parcbh.com

Provides adult, young adult, and adolescent chemical dependency treatment and detox through residential, partial hospitalization, intensive outpatient and 12 Step programs.

Pride Institute.....888-408-1625

14400 Martin Dr.
Eden Prairie, MN 55344
www.pride-institute.com

Provides residential substance abuse and psychiatric treatment for gay, lesbian, bisexual and transgender patients.

Resolution Ranch Academy.....254-718-3364

2274 County Road 203 Loop
Cameron, TX 76520
www.resolutionranch.com

Therapeutic residential boarding school providing treatment for mental/emotional/behavioral problems and chemical dependency issues for boys ages 13 - 17.

Rosewood Centers for Eating Disorders.....800-845-2211

2716 Ocean Park Blvd., Ste. 3020
Santa Monica, CA 90405
www.rosewoodranch.com

Provides residential treatment for youth (ages 12+) and adults suffering from anorexia nervosa, bulimia nervosa, binge eating and other eating disorders.

Rosewood Centers for Eating Disorders.....800-845-2211

36075 South Rincon Rd.
Wickenburg, AZ 85390
www.rosewoodranch.com

Provides residential treatment for youth (ages 12+) and adults suffering from anorexia nervosa, bulimia nervosa, binge eating and other eating disorders.

Rusk State Hospital.....903-683-3421

805 North Dickinson Dr.
Rusk, TX 75785

www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals/rusk-state-hospital

Complete psychiatric evaluation, psychiatric rehabilitation and treatment for multiple disabilities. Must have a mental illness whose active symptomatology poses a danger to self or others.

San Marcos Treatment Center.....800-251-0059

120 Bert Brown St.

San Marcos, TX 78666

www.sanmarcostc.com

Provides short, intermediate, and long-term residential treatment programs for adolescent boys and girls ages 8 through 18 years who are developmentally delayed, have neuropsychiatric or psychiatric problems or sexual behavior problems.

Santa Maria - Bonita House.....713-691-0900

2605 Parker Rd.

Houston, TX 77093

www.santamariahastel.org

Provides residential and outpatient treatment services for substance abuse treatment. Serves pregnant and parenting women and their children.

Santa Maria - Jacquelyn House.....713-228-0125

2005 Jacquelyn Dr.

Houston, TX 77055

www.santamariahastel.org

Provides residential treatment, recovery housing, and VIEWS (Female Veteran) for single women.

Sante Center for Healing.....866-625-2279

914 Country Club Rd.

Argyle, TX 76226

www.santecenter.com

Provides dual diagnosis treatment specializing in addiction treatment of substance use disorders, process / behavioral addictions, compulsive behaviors, trauma related issues, co-occurring psychiatric disorders, professional and safety sensitive issues, and eating disorders. Accepts most major insurance.

Serenity Light Recovery.....281-431-6700

1820 E. County Rd. 36

Angleton, TX 77515

www.serenitylightrecovery.com

Provides residential living, intensive outpatient, outpatient, and aftercare for men and women suffering from alcohol and drug abuse.

Shades of Hope.....800-588-HOPE (4673)

402-A Mulberry St.

Buffalo Gap, TX 79508

www.shadesofhope.com

Residential and outpatient treatment for eating disorders and addictions for adult men and women.

Shiloh Treatment Center.....281-489-1290

3926 Bahler Ave.
Manvel, TX 77578

www.shilohTreatmentCenter.com

Provides residential and day treatment services to children and youth up to age 18 with behavioral and emotional problems.

Sierra Tucson.....844-905-2501

39580 South Lago del Oro Pkwy.
Tucson, AZ 85739

www.sierratucson.com

Residential treatment for adult addictions, eating disorders, dual diagnosis and mood disorders.

St. Joseph's Medical Hospital.....713-757-1000

1401 St. Joseph Pkwy.
Houston, TX 77002

www.sjmctx.org

Provides intensive outpatient treatment for adults age 18+ who have a psychiatric disorder. Provides assessments and evaluations for people age 60+ with sudden behavior changes or other age-related problems.

Star of Hope Mission.....713-748-0700

4848 Loop Central Dr., Ste. 500
Houston, TX 77081

www.sohmission.org

Provides meals, shelter, clothing and referrals for the homeless through a men's shelter and development center, a women's and family emergency shelter and a transitional living center for women and families.

Starlite Recovery Center.....855-401-2221

230 Mesa Verde Dr.
Center Point, TX 78010

www.starliterecovery.com

Provides residential chemical dependency treatment for adults and adolescents. Accepts most major insurance plans and Tricare.

Summer Sky Rehab.....888-857-8857

1100 N. McCart St.
Stephenville, TX 76401

www.summersky.us

Provides medical detox, inpatient and residential treatment, partial hospitalization drug rehab, and intensive outpatient substance abuse services.

Sun Behavioral Houston.....713-796-2273

7601 Fannin Dr.
Houston, TX 77054

www.sunbehavioral.com/houston

Provides short term hospitalization for children, adolescents and adults with psychiatric issues and substance abuse issues. Provides intensive outpatient treatment for adults with psychiatric and substance abuse issues. Accepts most insurance.

Sweeny Community Hospital.....979-548-1500

305 N. McKinney
Sweeny, TX 77480

www.sweenyhospital.org

Provides counseling associates program for children (12+), adolescents, adults, and families. Licensed professionals address topics including abuse, anger management, depression, gay and lesbian issues, and learning disabilities. Accepts most insurance plans.

Sweeny Community Hospital - Senior Horizons Program for Senior Adults.....979-548-1500

305 N. McKinney
Sweeny, TX 77548

www.sweenyhospital.org

Provides individualized treatment to older adults who suffer from psychiatric or emotional disorders. Provides clinical evaluation at no charge to clients to determine and diagnose treatment options. Accepts Medicare, Medicaid and private insurance.

Taylor Recovery Center.....713-557-8573

5715 Lavender St., Bldg. 5 & 6
Houston, TX 77026

www.taylorrecovery.com

A sober living house for drug and alcohol abuse treatment with a recovery program.

Texas ChalleNGe Academy.....877-822-0050

2200 West 35th St., Bldg. 1
Austin, TX 78763

www.tmd.texas.gov/texas-challenge-academy

Texas Challenge Academy is a 5 1/2-month residential military academy sponsored by the Texas National Guard. Tuition free education program for youth ages 16-18 who are disengaged from school. Offers academic instruction, structure and discipline to help students develop personal accountability and become successful adults.

Texas Children's Psychiatry Service.....832-822-1900

8080 N. Stadium Dr., Ste. 180
Houston, TX 77054

www.texaschildrens.org/departments/psychiatry

Provides psychiatric evaluations and medical management of neuropsychiatric symptoms for children and youth ages 10-24 years of age.

Texas NeuroRehab Center.....855-932-5151

1106 West Dittmar Rd.

Austin, TX 78745

www.texasneurorehab.com

A hospital providing inpatient and outpatient services for adolescents and adults suffering from brain injuries and complex medical challenges. Provides neurobehavioral residential treatment for children with complex medical, behavioral, social and learning difficulties.

The Arbor Behavioral Healthcare.....844-560-7269

1443 County Rd. 103

Georgetown, TX 78626

www.thearbor.com

Long term (15-month) 12 step program for adults to address alcohol and substance use disorders.

The Bridge Over Troubled Waters.....713-472-0753

3811 Allen-Genoa Road

Pasadena, TX 77504

www.tbotw.org

Provides residential and long-term housing programs for children, youth, and adults who have experienced domestic violence, victimization or sexual assault.

The Children's Center Inc.....844-763-8861

P.O. Box 2600

Galveston, TX 77553

www.thechildrenscenterinc.org

Provides residential care for children ages 7-18 who have run away, been abandoned or neglected. The program serves 13 counties.

The Colin A. Ross Institute for Psychological Trauma.....214-738-3645

1701 Gateway, Ste. 359

Richardson, TX 75080

www.rossinst@rossinst.com

Provides individual and group psychotherapy for trauma survivors. Treated disorders include post-traumatic stress disorder, dissociative disorders, borderline personality disorder, and substance use disorders.

The Colin A. Ross Institute for Psychological Trauma.....737-228-0538

700 Market St., Ste. 105

Cedar Park, TX 78613

www.rossinst@rossinst.com

Provides individual and group psychotherapy for trauma survivors. Treated disorders include post-traumatic stress disorder, dissociative disorders, borderline personality disorder, and substance use disorders.

- The DAPA Way - Houston's Mental Health Specialists.....713-783-8889**
 5500 Guhn Rd., Ste. 100
 Houston, TX 77040
 Provides partial hospitalization and intensive outpatient programs to treat chemical dependency and psychiatric issues. Provides acute inpatient treatment for geriatric adults.
- The Meadows of Wickenburg.....866-331-7179**
 1655 N. Tegner St.
 Wickenburg, AZ 85390
www.themeadows.com
 Provides treatment for psychological issues, trauma, and substance abuse issues in a residential setting.
- The Meadows Ranch.....866-331-5926**
 1901 Gold Nugget Lane
 Wickenburg, AZ 85390
www.meadowsranch.com
 Residential hospital program for adolescents (ages 8-17) and adults (ages 18+) suffering from eating disorders including anorexia, bulimia and binge eating. Accepts major insurance plans and Tricare.
- The Meadows Texas.....214-495-1738**
 3800 County Rd. 444
 Princeton, TX 75407
www.themeadowstexas.com
 Residential facility that provides primary addiction treatment to adults with co-occurring disorders.
- The Meehl Foundation.....979-248-0840**
 P.O. Box 2089
 Brazoria, TX 77422
www.meehlfoundation.org
 Provides a 90-day residential dialectical behavior therapy treatment program to address bipolar disorders, borderline personality disorders, anxiety, major depression and process addictions.
- The Ranch at Dove Tree.....866-572-6065**
 1406 Quinlan St.
 Lubbock, TX 79403
www.ranchatdovetree.com
 Provides residential recovery program from alcohol and drug abuse for college age and older adults. Accepts major insurance plans.
- The Right Step - Houston.....844-768-0169**
 12350 Wood Bayou Dr.
 Houston, TX 77013
www.rightsteprehabhouston.com
 Provides detox, residential services, transitional living, and intensive outpatient treatment for adults with alcohol and drug abuse issues. Accepts most major insurance plans.

The Salvation Army - Center of Hope.....713-223-8889

1717 Congress Ave.

Houston, TX 77002

www.salvationarmyhouston.org/recovery/

Providing transitional housing and faith-based recovery services for homeless women suffering from drug and alcohol addictions.

The Salvation Army - Evangeline Booth Garden Apartments.....713-920-1844

2627 Cherrybrook Lane

Pasadena, TX 77502

www.salvationarmyhouston.org/EvangelineBooth

Provides safe, affordable housing to seniors to enrich their overall quality of life.

The Salvation Army - Harbor Light Center and Red Shield**Lodge.....713-869-3551**

2118 Washington Ave.

Houston, TX 77007

www.salvationarmyhouston.org/recovery/

Providing transitional housing and faith-based recovery services for homeless men suffering from drug and alcohol addictions.

The Wheelhouse.....281-478-4488

210 W. Helgra

Deer Park, TX 77536

www.thewheelhouse.org

Provides residential treatment and a drug rehabilitation program for men only.

The Women's Home.....713-521-3150

607 Westheimer Rd.

Houston, TX 77006

www.thewomenshome.org

Provides a 57-bed transitional living facility for women only, no children. Long-term shelter with residents stays of 6-18 months. Residents must be between 22 and 55 years old and have 90 days sobriety before admission.

The Women's Home - Jane Cizik Garden Place.....713-328-1976

1839 Jacquelyn Rd.

Houston, TX 77055

www.thewomenshome.org

Provides 87 units of supportive housing apartments for women only. Specializes in women-centered services and substance abuse treatment. Apartments do not have accommodations for children. Residents (age 18+) must be working and pay rent. No drinking or smoking on property.

- Touchstone - Neurorecovery Center.....713-351-6633**
 2929 Woodlands Park Dr.
 Houston, TX 77082
www.nhsltd.com
 The program is a C.A.R.F. certified, medically based, residential post-acute brain injury rehabilitation program that serves individuals from ages 14-100+ with known or suspected neurological impairments. Both inpatient and outpatient services are available on site.
- Transitional Living Communities.....480-833-0143**
 32 S. MacDonald St.
 Mesa, AZ 85210
www.transitionalliving.org
 Provides long-term residential treatment mental health and substance abuse services to adults. Accepts insurance, EAP, self-financing and payment plans.
- University Behavioral Health of Denton.....940-320-8100**
 2026 W. University Dr.
 Denton, TX 76201
www.ubhdenton.com/treatment-services/the-ross-institute-for-trauma/
 Provides inpatient and day treatment programs for adults to address all types of psychological trauma. The program is provided at UBH Denton.
- UTMB - Department of Psychiatry - Clear Lake.....281-338-2798**
 400 North Texas Ave., Ste. A
 Webster, TX 77598
www.utmb.edu/psychiatry
 Offers psychiatric services for children, adolescents and adults. Must have a referral from UTMB physician. Accepts most insurance including Medicare.
- UTMB - Department of Psychiatry - Galveston.....409-772-0770**
 400 Harborside Dr., Ste. 118-119
 Galveston, TX 77555
www.utmb.edu/psychiatry
 Offers psychiatric services for children, adolescents and adults. Must have a referral from UTMB physician. Accepts most insurance including Medicare and Medicaid.
- Volunteers of America Texas.....713-460-0781**
 4808 Yale St.
 Houston, TX 77018
www.voatx.org
 Outpatient and residential treatment for chemically dependent, medically indigent men and women in the Greater Houston area.
- Way Out Women's Center.....713-645-9962**
 3217 Lola St.
 Houston, TX 77017
www.wayoutcenter.com
 Provides a 10-day alcohol detox rehabilitation for women. Provides 12 Step meetings.

West Oaks Hospital.....713-995-0909
 6500 Hornwood Dr.
 Houston, TX 77074
www.westoakshospital.com

Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues. Accepts Medicare, Medicaid, and private insurance.

Westpark Springs.....832-586-8569
 6902 S. Peek Rd.
 Richmond, TX 77407
www.westparksprings.com

Provides short term hospitalization for adolescents and adults with psychiatric and substance abuse issues.

SUPPORT GROUPS

Al-Anon.....713-683-7227
 Houston, TX
www.houstonalananon.org

Provides resources throughout Greater Houston for support groups for teenagers of individuals struggling with alcoholism.

Alcoholics Anonymous (Intergroup Assn., Inc.)713-686-6300
 5151 Mitchelldale, Ste. B10
 Houston, TX 77092
www.aahouston.org

Provides a 24-hour hotline and 12 Step support groups for individuals in recovery from substance abuse.

Bay Area Council on Drugs and Alcohol (BACODA).....800-510-3111
 2947 E. Broadway, Ste. 400
 Pearland, TX 77581
www.bacoda.org

Provides support groups for individuals in recovery from substance abuse.

Bo's Place.....713-942-8339
 10050 Buffalo Speedway
 Houston, TX 77054
www.bosplace.org

Provides grief support groups for children, adolescents and families along with information and referral resources.

Center for Discovery.....713-909-7963
 8588 Katy Fwy., Ste. 440A
 Houston, TX 77024
www.centerfordiscoveryhouston.com

Support groups for individuals and their family members to address eating disorders.

- Cocaine Anonymous.....713-668-6822**
Houston, TX
www.ca-texas.org
Support groups for individuals with cocaine addiction.
- Depression and Bipolar Support Alliance.....800-273-TALK (8255)**
www.dbsalliance.org
Support groups for people suffering from depression and bipolar disorders.
- Emotions Anonymous.....651-647-9712**
www.emotionsanonymous.org
Support group that helps others work toward resolution of emotional difficulties. It also provides chat and skype session meetings.
- Gambler's Anonymous.....855-222-5542**
www.gamblersanonymous.org
Provides 12-step support groups for those struggling with gambling addiction.
- GriefShare.....800-395-5755**
P.O. Box 1739
Wake Forest, NC 27588
www.griefshare.org
Provides support groups to assist people understand the difficult emotions of grief. This is a 13-week group to learn what's "normal" in grief, helpful ways of coping with grief, and gain solid support each step of the way.
- Hatch Youth.....713-529-0037**
401 Branard St.
Houston, TX 77006
www.montrosecenter.org/hatch-youth
Providing a safe social environment, offering role models and peer support, and sponsoring educational and community outreach opportunities.
- LGBTQ Switchboard 24hr. Helpline.....713-529-3211**
401 Branard St.
Houston, TX 77006
www.montrosecenter.org
Provides support for the LGBTQ+ individuals in crisis.
- Narcotics Anonymous.....713-661-4200**
www.na.org
12 step support meetings for those struggling with addiction to drugs.

National Alliance for Mental Illness (NAMI) - Gulf Coast.....281-585-3100

P.O. Box 4096

Alvin, TX 77512

www.namigulfcoast.org

Provides a free, peer-led support group for any adult (age 18+) who has experienced symptoms of a mental health condition.

Nicotine Anonymous.....877-TRY-NICA (877-879-6422)www.nicotine-anonymous.org

12 step support groups for those struggling with addiction to tobacco.

Overeaters Anonymous.....713-973-6633www.oahouston.org

12 step support groups for overeaters.

Palmer Drug Abuse Program.....281-589-4602

3730 Kirby Dr., Ste. 1200

Houston, TX 77098

www.pdaphouston.org

Cost-free peer to peer support groups for adolescents (ages 14-18), young adults (ages 18-25), and their families dealing with chemical dependency problems.

Parents of Murdered Children, Inc.....713-522-9045www.pomc.org/houston

Provides support group for those who have lost loved ones due to homicide, DWI, or sudden loss.

Recovery International.....866-221-0302www.recoveryinternational.org

Provides self-help support groups for those struggling with mental illness such as depression, bipolar, and anxiety disorders.

ReMind.....713-600-1131www.remindsupport.org

Support groups in the Houston area for people suffering from depression and bipolar disorders.

Sex Addicts Anonymous.....713-869-4902

P.O. Box 70949

Houston, TX 77270

www.saa-recovery.org

12-step support groups for sexual addiction.

Survivors of Incest Anonymous.....877-742-9761www.siawso.org

Support groups for incest survivors.

Tender Hearts

www.davidkesslertraining.com/tenderhearts

Provides a weekly virtual grief support group led by David Kessler, nationally recognized grief expert. The website provides 24/7 access to a virtual community for support. David provides weekly lessons, worksheets, and informational resources on the grief process. Specialized grief support groups are available for unique circumstances such as loss of a child or spouse as well as death by suicide.

TREATMENT RESOURCES**Adoue Family Health Center.....281-824-1480**

1111 W. Adoue St.

Alvin, TX 77511

www.mychn.org/locations/adoue-family-health-center/

Provides same day, seven day a week outpatient medical, dental and mental health care for children, adolescents, and adults. Mental health services include mental health assessment and referral.

Anchor Point Pregnancy Center.....832-632-1221

103 Davis Rd., Ste. B

League City, TX 77573

www.anchorpoint.us

Provides, counseling, education, pregnancy tests and referrals.

Archway Academy.....713-328-0780

6221 Main St.

Houston, TX 77030

www.archwayacademy.org

Provides a supportive and sober learning environment to meet the individual educational needs of adolescents in recovery.

Avondale House.....713-993-9544

3737 O'Meara Dr.

Houston, TX 77025

www.avondalehouse.org

Provides educational, residential and day habilitation services to children and young adults (ages 3-21) with autism. Respite and residential services are provided for ages 21 and older.

Bay Area Council on Drugs and Alcohol (BACODA).....800-510-3111

2947 E. Broadway, Ste. 400

Pearland, TX 77581

www.bacoda.org

Provides individual substance abuse assessments and counseling, a crisis hotline, DWI and drug offender education programs.

Bay Area Rehabilitation Center.....281-424-5513

5313 Decker Drive

Baytown, TX 77520

www.bayarearehab.org

Provides assessment and support services for children ages 0-36 months with a developmental delay or disability.

Bay Area Turning Point.....281-338-7600

210 South Walnut St.

Webster, TX 77598

www.bayareaturningpoint.org

Provides a 24-hour hotline and domestic shelter for individuals impacted by family violence, domestic violence, and sexual assault.

Baylor Psychiatry Clinic.....713-798-4857

1977 Butler Blvd., Ste. E4.400

Houston, TX 77030

www.bcm.edu/departments/psychiatry-and-behavioral-sciences

Provides outpatient treatment for children, adolescents and adults with psychiatric and co-occurring disorders. Offers comprehensive assessments and treatment for children and adolescents. It also offers medication management and individual, marital, group and family psychotherapy.

Blue Bird Circle Clinic.....713-528-0470

615 W. Alabama St.

Houston, TX 77006

thebluebirdcircle.com/pediatric-neurology-clinic/

Provides diagnosis, treatment and follow up care for neurological disorders in children.

Boys and Girls Clubs of Greater Houston.....409-763-2227

4420 Ave.P.

Galveston, TX 77550

www.bgcghprograms.com

Programs for disadvantaged young people ages 6-17 to enhance and improve the quality of their lives.

Briarwood Detox Center.....832-730-7136

1019 Ashland St.

Houston, TX 77008

www.briarwooddetox.com/houston

Provides medically assisted detox and stabilization.

Capstone Treatment Center.....866-729-4479

120 Meghan Ln.
Judsonia, AR 72081

www.capstonetreatmentcenter.com

Residential treatment program for young adults ages 18-24 and adolescent males ages 14-17, who struggle with chemical dependency, substance abuse, sexual addiction/compulsivity, trauma, and family conflict. Treatment also addresses personal problems such as loss, abandonment, attachment issues, hurts, anger, abuse, depression, low self-esteem, defiance and a rebellious attitude.

Casa de Esperanza de Los Ninos.....713-529-0639

2911 Corder St., Bldg. A
Houston, TX 77054

www.casahope.org

Provides psychological, medical and residential care for children in crisis due to neglect, abuse, or HIV. Services are provided for children up to 6 years old in foster care.

Catholic Charities of the Archdiocese of Galveston-Houston.....713-526-4611

2900 Louisiana St.
Houston, TX 77006

www.catholiccharities.org

Provides community outreach, school counseling, family counseling, adoption and pregnancy counseling. It also provides a Victim's Assistance Program.

Center for Discovery.....866-326-0315

8588 Katy Fwy., Ste. 440
Houston, TX 77024

www.centerfordiscovery.com

Provides intensive outpatient treatment for adolescents and adult men and women with anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, compulsive overeating, and selective eating disorder (ARFID).

Center for Mind Body Health.....832-786-8757

2925 Gulf Freeway S., Ste. B
League City, TX 77573

www.centerformindbodyhealth.org

Provides groups on healing from trauma. Offers group retreats, community events and education on mindfulness, nutrition and stress management.

Charlie Health.....866-219-5070

www.outreach.charliehealth.com

Virtual intensive outpatient treatment program (IOP) provides a personalized combination of support groups, individual, and family therapies. Serves teenagers, young adults, and their families with multiple locations throughout the United States.

Choice Health at Home - Angleton.....713-941-2155

600 E. Cedar St.

Angleton, TX 77515

www.choicehealthathome.com

As a hospice and home health agency, the organization provides nurses, medical social workers, therapists, chaplains, and home health aides to assist with pain management and end of life.

Choice Health at Home - Houston.....713-975-0690

3535 Briarpark Dr., Ste. 220

Houston, TX 77042

www.choicehealthathome.com

As a hospice and home health agency, the organization provides nurses, medical social workers, therapists, chaplains, and home health aides to assist with pain management and end of life.

Choice Health at Home - Texas City.....844-270-0096

8900 Emmett F. Lowry Expwy., Ste. 102

Texas City, TX 77591

www.choicehealthathome.com

As a hospice and home health agency, the organization provides nurses, medical social workers, therapists, chaplains, and home health aides to assist with pain management and end of life.

Coastal Health and Wellness - Galveston.....409-938-2234

4700 Broadway, F100

Galveston, TX 77551

www.coastalhw.org

Provides counseling and therapy services for mild to moderate mental health conditions for all ages.

Coastal Health and Wellness - Texas City.....409-938-2234

9850-C Emmett F. Lowry Expressway, Ste. C

Texas City, TX 77591

www.coastalhw.org

Provides counseling and therapy services for mild to moderate mental health conditions for all ages.

Communities in Schools of Galveston County.....409-765-5395

1727 Bayou Rd.

La Marque, TX 77568

www.cisgalcvo.org

Communities in Schools is a student dropout prevention program that provides ongoing educational support for students along with case management services to improve the academics, attendance and behavior of students.

Communities in Schools of Houston.....713-654-1515

1111 North Loop West, Ste. 300

Houston, TX 77008

www.cishouston.org

Communities in Schools is a student dropout prevention program that provides ongoing educational support for students along with case management services to improve the academics, attendance and behavior of students.

Community Family Center.....713-923-2316

7524 Avenue E
Houston, TX 77012

www.communityfamilycenters.org

Provides early childhood education, family support services, adolescent prevention and intervention services for substance abuse, and counseling to low-income Hispanics.

Community Health Network.....281-824-1480

1111 W. Adoue St.
Alvin, TX 77511

www.sfachn.org/behavioral-health-psychiatry

Provides mental health partial hospitalization program for adolescents and adults. Offers outpatient mental health counseling in individual and group sessions for adolescents and adults. Accepts Medicaid and Medicare. Takes uninsured patients.

Cornerstone of Houston Team Counseling.....832-463-0226

1619 Castle Ct.
Houston, TX 77006

www.cornerstoneteamcounseling.com/

Provides treatment for adolescents and young adults to address substance abuse disorders and other self-destructive behaviors.

Covenant House Texas.....713-523-2231

3412 Beulah St.
Houston, TX 77004

www.covenanhousetx.org

Provides transitional and permanent housing, mental health and substance abuse services for homeless and runaway youth ages 18-24.

DAPA Family Recovery Center.....713-783-8889

5500 Guhn Rd., Ste. 100
Houston, TX 77040

www.dualdisordertreatmentprograms.com

Provides chemical dependency and psychiatric treatment through partial day and intensive outpatient treatment, and acute inpatient hospitalization for adults (18+). Accepts Medicare A and B and major insurance.

DeBlin Health Concepts.....713-686-9194

4411 Dacoma St.
Houston, TX 77092

www.deblinhealthconcepts.com

Provides 24-hour crisis line and in-home and school based counseling to children and adolescents. Office based mental health counseling is provided to adults.

DePelchin Children's Center.....713-730-2335

4950 Memorial Dr.
Houston, TX 77007
www.depelchin.org

Provides parent education and support services to foster parents and children. Provides support services for adoption and post-adoption children and parents.

Eating Recovery Center.....713-264-3700

7515 S. Main St., Ste. 400
Houston, TX 77030

www.eatingrecoverycenter.com

Provides partial hospitalization, intensive outpatient and virtual intensive outpatient treatment for eating disorders: anorexia nervosa, ARFID, binge eating, bulimia, diabulimia, and OSFED. Accepts major insurance.

Family Houston - Bay Area.....713-861-4849

1300 Bay Area Blvd., Bldg. A, Ste. 240
Houston, TX 77058

www.familyhouston.org

Provides free and reduced cost outpatient individual and family therapy services.

Family Houston - Central Location.....713-861-4849

4950 Memorial Dr.
Houston, TX 77007

www.familyhouston.org

Provides free and reduced cost outpatient individual and family therapy services.

For Kids Sake Program - Galveston.....409-766-2399

600 59th St., 1st Floor
Galveston, TX 77551

www.galvestoncountytexas.gov/ct/ct1/Pages/For-Kids-Sake-Seminar.aspx

Provides a parenting class and seminar for divorcing parents as preventive education.

For Kids Sake Program - Texas City.....409-766-2399

6101 Attwater Ave.
Texas City, TX 77590

www.galvestoncountytexas.gov/ct/ct1/Pages/For-Kids-Sake-Seminar.aspx

Provides a parenting class and seminar for divorcing parents as preventive education.

Freeport Community Health Center.....281-824-1480

905 N. Gulf Blvd.
Freeport, TX 77541

www.mychn.org/locations/freeport-community-health-center/

Provides same day, seven day a week outpatient medical, dental and mental health care for children, adolescents, and adults. Mental health services include mental health assessment and referral.

Galveston County Critical Incident Stress Management.....281-309-5002

1353 FM 646 Rd. West, Ste. 201

Dickinson, TX 77539

www.gcoem.org/about-us/contacts/volunteer/critical-stress-management-team

Provides critical incident stress management intervention to emergency service agencies requesting assistance after a crisis.

Galveston County Health District.....409-938-7221

9850 Emmett F. Lowry Expy.

Texas City, TX 77591

www.gchd.org

Community health services focus on public health prevention through integrated community programs and initiatives.

Greater Houston Psychiatric Associates.....281-922-7333

11550 Fuqua St. # 560

Houston, TX 77034

www.ghpa.net

Provides individual, couples, and family counseling for children, adolescents, adults and seniors.

Offers intensive outpatient program (IOP) for adults aged 18 and older to address life and transitional challenges.

GreenRiver Wellness and Recovery Center.....713-785-7575

2400 Augusta Dr., Ste. 240

Houston, TX 77057

www.greenriverwellness.com

Provides a thorough assessment, therapeutic support to make a personal recovery plan, and ongoing peer support for long-term success in recovery from alcohol and drug abuse.

Gulf Coast Center - Bayou House.....800-643-0967

2320 E. Mulberry

Angleton, TX 77515

www.gulfcoastcenter.org

Offers mental health and intellectual and developmental disability services to residents of Galveston and Brazoria counties. Services include adult mental health services, child and adolescent mental health services, intellectual and developmental disability services, and drug and alcohol treatment recovery services.

Gulf Coast Center - Brazoria Community Service Center.....800-643-0967

101 Tigner

Angleton, TX 77515

www.gulfcoastcenter.org

Offers mental health and intellectual and developmental disability services to residents of Galveston and Brazoria counties. Services include adult mental health services, child and adolescent mental health services, intellectual and developmental disability services, and drug and alcohol treatment recovery services.

Gulf Coast Center - Brazoria County Youth Behavioral Health**Clinic.....800-643-0967**

2352 E. Mulberry
 Angleton, TX 77515

www.gulfcoastcenter.org

Offers mental health and intellectual and developmental disability services to residents of Galveston and Brazoria counties. Services include adult mental health services, child and adolescent mental health services, intellectual and developmental disability services, and drug and alcohol treatment recovery services.

Gulf Coast Center - Galveston County Youth Behavioral Health**Clinic.....409-944-4337**

4700 Broadway, Ste. F103
 Galveston, TX 77551

www.gulfcoastcenter.org

Provides outpatient and intensive outpatient treatment for adults with substance abuse problems in Galveston County. HIV and dual diagnosis services available. Accepts insurance, uninsured, sliding scale, Medicaid, Medicare and Tricare.

Gulf Coast Center - Galveston Community Service Center.....409-944-4337

4700 Broadway, Ste. F103
 Galveston, TX 77551

www.gulfcoastcenter.org

Provides outpatient and intensive outpatient treatment for adults with substance abuse problems in Galveston County. HIV and dual diagnosis services available. Accepts insurance, uninsured, sliding scale, Medicaid, Medicare and Tricare.

Gulf Coast Center - Harbor House.....800-643-0967

5825 Emmett F. Lowry Expressway
 Texas City, TX 77591

www.gulfcoastcenter.org

Offers mental health and intellectual and developmental disability services to residents of Galveston and Brazoria counties. Services include adult mental health services, child and adolescent mental health services, intellectual and developmental disability services, and drug and alcohol treatment recovery services.

**Gulf Coast Center - League City.....409-763-2373
or 866-729-3848 (Crisis Hotline)**

4444 West Main
 League City, TX 77573

www.gulfcoastcenter.org

Offers mental health and intellectual and developmental disability services to residents of Galveston and Brazoria counties. Services include adult mental health services, child and adolescent mental health services, intellectual and developmental disability services, and drug and alcohol treatment recovery services.

Gulf Coast Center - Mackey Bldg.....800-643-0967

4352 Emmett F. Lowry Expressway
Texas City, TX 77591

www.gulfcoastcenter.org

Offers mental health and intellectual and developmental disability services to residents of Galveston and Brazoria counties. Services include adult mental health services, child and adolescent mental health services, intellectual and developmental disability services, and drug and alcohol treatment recovery services.

Gulf Coast Center - Northern Brazoria Community Service**Center.....800-643-0967**

101 Brennen
Alvin, TX 77511

www.gulfcoastcenter.org

Offers mental health and intellectual and developmental disability services to residents of Galveston and Brazoria counties. Services include adult mental health services, child and adolescent mental health services, intellectual and developmental disability services, and drug and alcohol treatment recovery services.

HEARTS (UT Health) - HIV Education, Awareness, Referral and Treatment for**Substance Use Disorders.....713-486-2736**

1941 East Road
Houston, TX 77054

www.med.uth.edu/psychiatry/research/centers/heartsuthealth/

Supports individuals who have previously or are currently experiencing problematic substance use by providing professional counseling, HIV/HCV testing, and Hepatitis A/B vaccine, at no cost.

**Houston Area Women's Center.....713-528-2121 Domestic Violence
Hotline; 713-528-7273 Sexual Assault Hotline**

1010 Waugh Dr.
Houston, TX 77019

www.hawc.org

Provides 24 hr. hotline and emergency shelter for battered women and their children for up to 90 days. Also provides domestic violence information, public awareness training, and a referral hotline.

Houston Galveston Institute (HGI) Counseling Center.....713-526-8390

2990 Richmond Ave., Ste. 530
Houston, TX 77098

www.talkhgi.org

Offers a unique method of collaborative counseling and postmodern therapy to individuals, families and communities of all socioeconomic backgrounds.

Houston-Galveston Trauma Institute.....713-960-8450

3100 Richmond Ave., Ste. 110
Houston, TX 77098

www.hgtraumainstitute.org

Provides low-cost therapy for trauma victims on a sliding fee scale.

- Houston OCD Program.....713-526-5055**
 708 E. 19th St.
 Houston, TX 77008
www.houstonocdprogram.org
 Provides residential support program, intensive outpatient program and outpatient services for children, adolescents and adults suffering with anxiety disorders, phobias and obsessive-compulsive disorders (OCD).
- IDD Crisis Center at The Gulf Coast Center.....888-839-3229**
 4444 West Main
 League City, TX 77573
www.gulfcoastcenter.org/services/intellectual-developmental-disabilities/
 Offers short-term, emergency care for persons with intellectual and developmental disability/autism spectrum disorder between the ages of 6 and 54. To qualify the person must experience a behavioral crisis that involves law enforcement, emergency departments, or the Mobile Crisis Outreach Team (MCOT).
- Innovative Alternatives Inc.....713-222-2525**
 1335 Regents Park Dr., Ste. 240
 Houston, TX 77058
www.innovativealternatives.org/
 Provides free victims' assistance counseling regardless of when the crime happened. It also provides family reconciliation and intervention mediation, divorce and custody mediation.
- Jewish Family Service.....713-667-9336**
 4131 S. Braeswood Blvd.
 Houston, TX 77025
www.jfshouston.org
 Provides individual, couples, and family counseling for children, adolescents, adults and seniors. Offers intensive outpatient program (IOP) for adults aged 18 and older to address life and transitional challenges.
- Justice for Children.....713-225-4357**
 3518 Emancipation Ave. #205
 Houston, TX 77004
www.justiceforchildren.org
 Advocates for children who are victims of child abuse. Provides a full range of advocacy and services for abused and neglected children.
- Kinghaven Counseling Group.....713-457-4372**
 6315 Gulfton St., Ste. 100
 Houston, TX 77081
www.kinghavencounseling.com
 Provides outpatient therapy for children, adolescents and adults. Treatment is provided for behavioral health and substance abuse issues. Accepts major insurance carriers, Medicaid, Medicare and TriCare.

- Krist Samaritan Counseling Center.....281-480-7554**
 16441 Space Center Blvd., Ste. C-100
 Houston, TX 77058
www.samaritanhouston.org
 Provides outpatient individual, family, and marital therapy on a sliding scale to children, adolescents and adults.
- Legacy Community Health - Baytown.....832-548-5000**
 3509 Garth Rd.
 Baytown, TX 77521
www.legacycommunityhealth.org
 Provides behavioral health services including assessment, medication management, therapy and psychological testing to those who have insurance and those that don't.
- Legacy Community Health - Deer Park.....281-628-2040**
 3430 Center St.
 Deer Park, TX 77536
www.legacycommunityhealth.org
 Provides behavioral health services including assessment, medication management, therapy and psychological testing to those who have insurance and those that don't.
- Legacy Community Health - San Jacinto.....281-420-8400**
 4301 Garth Rd., Ste. 400
 Baytown, TX 77521
www.legacycommunityhealth.org
 Provides behavioral health services including assessment, medication management, therapy and psychological testing to those who have insurance and those that don't.
- Lifeway International.....713-459-9427**
 12955 Memorial Dr.
 Houston, TX 77079
www.lifewayrocks.com
 Fully accredited and specialized safe and sober high school for Lifeway's assisted peer groups.
- Luna Recovery.....713-589-7887**
 5757 Woodway Dr. #110
 Houston, TX 77057
www.lunarecovery.com
 Provides detox, residential, partial hospitalization, and intensive outpatient treatment for adults and adolescents suffering from chemical dependency.
- Magnificat Houses, Inc.....713-529-4231**
 3209 Austin St.
 Houston, TX 77004
www.mhihouston.org
 Provides residential care for adult men and women suffering from mental illness.

Mark Kilroy Foundation.....409-925-7771

4135 Warpath, Rm. 303
Santa Fe, TX 77510

www.markkilroyfoundation.org

The Mark Kilroy Foundation offers many programs including the S.A.F.E. Program, a family and teen assistance program, including preventive education classes and teen parenting classes. The Foundation also offers life skills classes, counseling support groups, and resource referrals.

Memorial Hermann Mental Health Crisis Clinic.....713-338-6422

4850 W. Bellfort St.
Houston, TX 77035

www.memorialhermann.org/mental-health/

Provides outpatient mental health services for individuals in crisis situations and individuals unable to follow up with other outpatient providers for their mental health needs. This service is provided regardless of insurance and even if the patient is uninsured.

Memorial Hermann Mental Health Crisis Clinic – Southeast**Hospital.....281-929-6100**

11800 Astoria Blvd.
Houston, TX 77089

www.memorialhermann.org

Provides outpatient crisis mental health treatment for children, adolescents and adults. Patients are seen by a doctor and a clinician.

Montrose Clinic - Legacy Community Health.....832-548-5100

1415 California St.
Houston, TX 77006

www.legacycommunityhealth.org

Offers assessment, medication management, therapy and psychological assessment for all patients.

New Dimensions Day Treatment Center - Clear Lake.....800-685-9796

1345 Space Park Dr., Ste. C
Houston, TX 77058

www.nddtreatment.com

Provides psychiatric and chemical dependency treatment for adults and adolescents. Offers partial day and intensive outpatient treatment. Accepts most major insurance plans.

OCD Institute of Texas713-589-7887

708 E. 19th St.
Houston, TX 77008

www.ocditexas.com

Provides residential support program and an intensive outpatient program for adults with OCD. Provides outpatient services for children and adolescents suffering with anxiety disorders, phobias, and obsessive-compulsive disorders (OCD).

Palmer Drug Abuse Program.....281-589-4833

3730 Kirby Dr., Ste. 1200
Houston, TX 77098

www.pdaphouston.org

Provides free support groups, crisis intervention, and information and referral to young people ages 12 to 25 and their families.

Positive Recovery Center - Clear Lake.....877-468-0910

1120 E. NASA Pkwy., Ste. 300
Houston, TX 77058

www.positiverecovery.com

Offers a broad range of individualized addiction treatment programs including medical detox, residential rehab, partial hospitalization program, intensive outpatient program and after care.

Positive Recovery Center - Pasadena.....877-468-0910

722 Fairmont Pkwy., Ste. 210
Pasadena, TX 77504

www.positiverecovery.com

Offers a broad range of individualized addiction treatment programs including medical detox, residential rehab, partial hospitalization program, intensive outpatient program and after care.

Prevention and Recovery Center (PaRC).....832-968-6809

3043 Gessner Rd.
Houston, TX 77521

www.parcbh.com

Provides adult, young adult, and adolescent chemical dependency treatment and detox through residential, partial hospitalization, intensive outpatient and 12 Step programs.

Project Safe Place and Youth Advocacy.....409-765-5212

P.O. Box 58545
Houston, TX 77258

www.thechildrenscenterinc.org

Provides assistance to youth who are not able to access care. Helps them identify their strengths and move forward. Helps prevent children from being exploited, homeless, and dropping out of school.

Renew Psychotherapy Group.....832-569-2450

1414 S. Friendswood Dr., Ste. 430, Bldg. B
Friendswood, TX 77546

www.renewtherapygroup.com

Provides individual, couples, and family counseling for children, adolescents, and adults.

RDIconnect (Relationship Development Intervention)713-838-1362

4130 Bellaire Blvd.
Houston, TX 77025
www.rdiconnect.com

A cognitive-developmental treatment program for individuals and families that face developmental difficulties. Treatment of Autism Spectrum Disorders are shown to improve neural connectivity in individuals with Reactive Attachment Disorder, ADHD, Tourette Syndrome and other developmental issues.

Richmond State Supported Living Center281-232-2075

2100 Preston St.
Richmond, TX 77469
www.hhs.texas.gov/services/disability/intellectual-or-developmental-disabilities/state-supported-living-centers-sslcs

Provides campus-based direct services and support to persons with intellectual and developmental disabilities. Serves people who are medically fragile or who have behavioral problems.

Roads to Recovery.....832-481-2520

699 S. Friendswood Dr.
Friendswood, TX 77546
www.roads2recovery.com

Offers intervention services and individual substance abuse counseling to adolescents and adults. Provides treatment placement and transportation assistance to substance abuse treatment facilities for adolescents and adults.

Sagmont Counseling Center.....281-481-7133

11339 Hughes Rd.
Houston, TX 77089
www.sagmontchurch.org/counseling

Provides outpatient therapy for children, adolescents and adults. Treatment is provided for behavioral health and substance abuse issues. Provides support groups for divorce care, grief and infidelity survivors anonymous.

Samaritan Center.....512-451-7337

8956 Research Blvd., Bldg. 2
Austin, TX 78758
www.samaritan-center.org

Provides outpatient individual, family, and marital therapy on a sliding scale to children, adolescents and adults.

San Jose Clinic.....713-228-9411

2615 Fannin St.
Houston, TX 77002
www.sanjoselclinic.org

Provides counseling and psychiatric services exclusively to low income and underserved children, adolescents and adults. Serves Harris and surrounding counties.

**Spindletop Center - Beaumont - North Campus.....409-839-1000
or 24 hr. Crisis Hotline 800-937-8097**

655 S. 8th St.

Beaumont, TX 77701

www.spindletopcenter.org

Provides an intellectual and developmental disability (IDD) day program, an early childhood intervention (ECI) program, intellectual and developmental disability (IDD) behavioral support services and an intellectual and developmental disability (IDD) respite program.

**Spindletop Center - Beaumont - South Campus.....409-839-1000
or 24 hr. Crisis Hotline 800-937-8097**

2750 S. 8th St.

Beaumont, TX 77701

www.spindletopcenter.org

Provides mental health services including intake, crisis services, the Beaumont Outpatient Clinic, care coordination services, substance use disorder services, Daybreak Interagency Youth Services (DIYS) and Youth Empowerment Services (YES Waiver), assessment for early onset psychosis (EOP), the Genoa Pharmacy and the Hope Center, and peer support groups for mental health and substance use recovery.

Spindletop Center - Port Arthur Clinic.....409-813-8300

3401 57th St.

Port Arthur, TX 77642

www.mentalhealthtx.org/facilities/spindletop-center-port-arthur-clinic/

Provides a crisis stabilization unit, screening and assessment, community behavioral health clinic, early childhood intervention (ECI), an intellectual and developmental disability (IDD) day program, mental health services in an outpatient clinic, substance use disorder services, and a youth substance use disorder prevention program.

Stable-Spirit.....409-422-4297

295 Flamingo St.

Rose City, TX 77662

www.stable-spirit.org

A nonprofit organization providing mental health services to youth and adults who have experienced the effects of crime, crisis, trauma, and other issues that may put them at risk.

Stephen F. Austin Community Health Care.....281-824-1480

1612 Callaway Dr.

Alvin, TX 77511

www.sfachn.org

Provides individual, group, and psychiatric mental and behavioral health services to adolescents and adults. Accepts Medicaid and Medicare.

Teen and Family Services (TAFS)713-464-3950

11140 Greenbay St., Scout Annex Bldg.

Houston, TX 77024

www.tafs.org

Provides peer-based recovery support program for adolescents and their families suffering from teen substance abuse.

Teen and Family Services (TAFS).....713-464-3950

2504 Almeda-Genoa

Houston, TX 77047

www.tafs.org

Provides peer-based recovery support program for adolescents and their families suffering from teen substance abuse.

Teen Health Clinic - Mental Health.....409-766-5713

P.O. Box 925

Galveston, TX 77553

www.teenhealthcenter.org

Offers therapy and psychiatry services for children, adolescents and young adults (ages 0-21 years) needing mental health services. Serves Galveston Island residents.

Texana Center - Behavioral Healthcare Clinic at Bay City.....979-245-9231

400 Ave. F

Bay City, TX 77414

www.texanacenter.com/locations/behavioral-healthcare-clinic-at-bay-city/

Provides outpatient treatment for children, adolescents and adults. Accepts Medicaid and Medicare. Contracts with the Department of State Health Services to provide care to those with no other funding source.

Texas Children's Autism Center832-822-1900

8080 N. Stadium Dr.

Houston, TX 77054

www.texaschildrens.org/departments/autism-program

Provides individual diagnosis and treatment plans for children under age 12. Following evaluation, families receive information on education, therapy services, and information on how to access services.

The Bridge Over Troubled Waters.....713-472-0753

3811 Allen Genoa Rd.

Pasadena, TX 77504

www.tbotw.org

Provides counseling services to children, youth and adults who have experienced domestic violence, victimization or sexual assault.

- The Carruth Center.....713-935-9088**
 11001 Hammerly Blvd.
 Houston, TX 77043
www.carruthcenter.org
 Provides developmental assessment and individual and group psychotherapy for children. Also provides child-parent relationship therapy.
- The Center for Pursuit.....713-525-8400**
 4400 Harrisburg Blvd.
 Houston, TX 77011
www.thecenterforpursuit.org
 Provides people with intellectual and developmental disabilities with employment training, community living, and social skills training to gain the skills of daily living.
- The Children's Center, Inc.....409-765-5212**
 P.O. Box 58545
 Houston, TX 77258
www.thechildrenscenterinc.org
 Provides crisis and response teams to aid youth. Offers transitional living programs for older homeless youth and emergency shelters for families.
- The Council on Recovery.....713-942-4100**
 303 Jackson Hill St.
 Houston, TX 77007
www.councilonrecovery.org
 Provides children, adolescents, adults and families with outpatient clinical treatment services, women's and children's services, school-based prevention and intervention, and adolescent intervention. Education and outreach services are provided for anyone seeking services or information for alcohol or other drug-related problems.
- The Gathering Place713-275-5724**
 5310 S. Willow Dr.
 Houston, TX 77035
www.menningerclinic.org/treatment/treatment-for-adults/outpatient-programs/the-gathering-place
 Provides adults (age 18+) who have severe and persistent mental illness with employment assistance, a wellness program and social skills support.
- The Harris Center for Mental Health and IDD.....713-970-7000**
 9401 Southwest Fwy.
 Houston, TX 77074
www.theharriscenter.org
 Provides services to children, adolescents and adults with severe mental illness and intellectual developmental disabilities (IDD).

- The Lighthouse of Houston.....713-527-9561**
 3602 West Dallas
 Houston, TX 77019
www.houstonlighthouse.org
 Offers vocational evaluation, career training, and services to the blind and visually impaired.
- The Menninger Clinic.....713-275-5400**
 12301 S. Main St.
 Houston, TX 77035
www.menningerclinic.com
 Provides adults aged 18 and older who have a severe and persistent mental illness with employment assistance, wellness program and social skills support.
- The Montrose Center.....713-529-0037**
 401 Branard St.
 Houston, TX 77006
www.montrosecenter.org
 Provides mental health, substance abuse treatment, and case management services to gays, lesbians, and persons with HIV infection.
- The Right Step - Houston.....844-567-9621**
 12350 Wood Bayou Dr.
 Houston, TX 77013
www.rightsteprehabhouston.com
 Offers a broad range of professional services in a residential setting - an inpatient rehabilitation program, an intensive outpatient care program and aftercare.
- Toxicology Associates Inc. - La Marque Clinic.....409-935-3749**
 2411 Franklin
 La Marque, TX 77568
www.toxicologyassociates.com
 Provides substance abuse treatment services including outpatient detoxification and methadone treatment.
- University of Clear Lake - Psychological Services Clinic.....281-283-3330**
 2700 Bay Area Blvd., Box 83
 Houston, TX 77058
www.uhcl.edu/psychological-services-clinic
 Provides individual counseling and family therapy to children, adolescents, and adults on a sliding scale. It also provides assessment for children with autism spectrum disorders and behavior problems.
- Unlimited Visions Aftercare - Baytown Facility.....281-427-8967**
 313 Hwy. 146 S.
 Baytown, TX 7750
www.unlimitedvisions.org
 Provides adolescents (ages 13-17) intensive outpatient and residential treatment for substance abuse disorders.

Unlimited Visions Aftercare - Houston Facility.....713-921-2276

5527 Lawndale

Houston, TX 77023

www.unlimitedvisions.org

Provides adolescents (ages 13-17) intensive outpatient and residential treatment for substance abuse disorders.

Unlimited Visions Aftercare - Pasadena Facility.....713-534-8191

907 Preston

Pasadena, TX 77503

www.unlimitedvisions.org

Provides adolescents (ages 13-17) intensive outpatient and residential treatment for substance abuse disorders.

UTHealth Trauma and Resilience Center.....713-486-2500

1941 East Road

Houston, TX 77054

www.med.utah.edu/psychiatry/research/centers/trauma-and-resilience-center/

Provides counseling to people experiencing psychological problems in the aftermath of traumatic life experiences. Treatment is provided for patients struggling with complex trauma, post-traumatic stress disorder (PTSD) and trauma-related behavioral health conditions.

UTMB - Department of Psychiatry - Clear Lake.....281-338-2798

400 North Texas Ave., Ste. A

Webster, TX 77598

www.utmb.edu/psychiatry

Offers psychiatric services for children, adolescents and adults. Must have a referral from UTMB physician. Accepts most insurance including Medicare.

UTMB - Department of Psychiatry - Galveston.....409-772-0770

400 Harborside Dr., Ste. 118-119

Galveston, TX 77555

www.utmb.edu/psychiatry

Offers psychiatric services for children, adolescents and adults. Must have a referral from UTMB physician. Accepts most insurance including Medicare and Medicaid.

Victim Assistance Centre Inc.....832-927-5007

1310 Prairie St., Ste. 1030

Houston, TX 77002

Provides services to victims of violent crimes.

Walker Wellness Clinic.....877-899-7254

5225 Katy Fwy., Ste. 415

Houston, TX 77007

www.walkerwellness.com/

Provides outpatient treatment for anorexia, bulimia, binge eating disorder, compulsive overeating and emotional distress to adults, adolescents and children.

Wellsprings Village Inc.....713-529-6559

P.O. Box 311017

Houston, TX 77231

www.wellspringsvillage.org

Provides transitional housing for single women between the ages of 25-50, who are homeless or have been abused.

Youth and Family Counseling Services.....979-849-7751

801 Buchta Rd.

Angleton, TX 77515

www.yfcs.org

Provides counseling, case management and educational services to prevent child abuse, neglect and delinquency in Brazoria, Wharton and Matagorda Counties. Counseling and case management services for children ages 0-17 are free of cost. Parenting classes for intact families as well as families in divorce or custody situations is available. Low cost counseling services are available for children, adolescents, and adults.

THERAPISTS**Elizabeth Aceves, M.S., LPC-Associate.....281-326-9032***Supervised By: Dr. Cynthia Coronado, Ed.D., LPC-S, CAS, CCTP, EMDR***Brighter Life Counseling and Wellness, PLLC**

16850 Saturn Ln.

Houston, TX 77058

*www.psychologytoday.com/us/therapists/brighter-life-counseling-and-wellness-llc-houston-tx/1161779***Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** ADHD, Anxiety, Behavioral Issues, Coping Skills, Depression, Divorce, Family Conflict, Grief**Jennifer L. Ackerman, M.S., LMFT, LPC.....281-944-8218****Jennifer L. Ackerman, M.S., LMFT, LPC**

821 Marlin St.

Bayou Vista, TX 77563

*www.jennifer-ackerman-psychotherapist.business.site***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Family Conflict, Relationship Issues, Emotional Disturbance, Adoption, Anxiety, Behavioral Issues, Chronic Illness, Divorce, LGBTQ, Marital and Premarital, Self-harm, Stress, Transgender, Online /Phone Therapy Available**Marriane Adams, M.A., LPC.....281-810-9775****Blue Horizon Counseling**

3820 E. Broadway St.

Pearland, TX 77581

*www.bluehorizoncounseling.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** School Relationships, Depression, Lacking Motivation, Concentration, CBT**Taylor N. Adams, LCSW-S, RYT.....281-317-0076****Healing in Motion Therapy**

2228 Mechanic St., Ste. 304

Galveston, TX 77550

*www.healinginmotiontherapy.com***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** Trauma, PTSD, Domestic Abuse, Sexual Abuse

Stephanie Adamson, LPC.....281-481-7133

Sagemont Counseling Center

11300 S. Sam Houston Pkwy., E.

Houston, TX 77089

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Relationship Difficulties, Body Image Issues, Life Transitions

Kate Akers, M.Ed, LPC, LCDC.....832-932-3530

League City Counseling and Education Center

2555 South Shore Blvd., Ste. C

League City, TX 77573

www.lccounselingandedcenter.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Marital and Premarital, Addiction, Depression

Shajuan Alexander, MSW, LCSW-S.....832-305-7458

The Culture of Health, PLLC

3422 Business Center Dr., Ste. 106 #1162

Pearland, TX 77584

www.cultureofhealthpllc.com

Population Served: Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Stress, Creating Boundaries, Struggling with Perfectionism

Sharon Alexander, LCSW.....832-304-2247

Sharon Alexander, LCSW

2336 N. Texas Ave, Ste. 100

Pearland, TX 77581

www.psychologytoday.com/us/therapists/sharon-alexander-lcsw-pearland-tx/281130

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Coping Skills, Mood Disorders

Monica E. Alharazim, Ph.D., LPC-S.....346-503-9419

iWin Counseling, PLLC

1322 Space Park Dr., B143

Houston, TX 77058

www.iwincounseling.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Domestic Abuse, Women's Issues, Relationship Issues, Disability Counseling, Career Counseling

Laura Alvarado-Rojas, M.S., LPC-Associate.....832-932-3530*Supervised By: Chari Westcott, LPC-S, EMDR***League City Counseling and Education Center**

2555 South Shore Blvd., Ste. C

League City, TX 77573

*www.lccounselingandedcenter.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Depression, Anxiety, Trauma, Suicidal Ideation, Eating Disorders, Loss of Identity**Cristian Amador, LPC-Associate.....713-588-6166***Supervised By: Peat-Gay Ledbetter, LPC-S***Thriveworks Pearland**

Pearland, TX 77584

*www.thriveworks.com/therapist/tx/cristian-amador***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anger Management, Anxiety, Behavioral Issues, Career Counseling, Coping Skills, Depression**Donna Amstberg, LCSW.....832-236-8446****Donna Amstberg, LCSW-S, Equine Assisted Therapy**

5731 Brookside Rd.

Brookside Village, TX 77581

*www.donna-amstberg.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Groups**Specialties:** Equine-Assisted Therapy, Diagnosis and Treatment Planning, Psychoeducation, Family Violence, Human Trafficking**Aimee Roulaine Anderson, M.A., LMFT.....832-720-4330****The Family Relationship Center**

17043 El Camino Real, Ste. 220

Houston, TX 77058

*www.thefamilyrelationshipcenter.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationships, Marital/Premarital, Men's Issues, Military or Veterans, Trauma, Self-esteem

Jennifer Anderson, LMFT-Associate, LPC-Associate.....832-827-3288*Supervised By: Erika Labuzan-Lopez, LMFT-S, LPC-S***Center for Couples Counseling**

880 Lawrence Rd., Ste. 180

Kemah, TX 77565

*www.erikalabuzanlopeztherapy.com***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationship Issues, Connected Couples, Anxiety, Depression, Relationships Affected by Substance Abuse, Body Image, Family Issues, New Parenting, Self-care, Past Relationships**LaTonya Anderson, M.A., LPC.....832-947-3548****LaTonya Anderson, M.A., LPC**

Houston, TX

*www.latonyaanderson.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationship Issues, Anxiety, Depression**Melissa Anderson, M.A., LPC, ASAT.....346-302-8089****Anderson Counseling Associates**

2947 E. Broadway St., Ste. 100

Pearland, TX 77581

*www.judahchristiancounseling.com***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Groups**Specialties:** Bipolar Disorder, Depression, Anxiety**Nicole Anderson, Ph.D., LP, LSSP.....281-407-5658****Clear Lake Children's Center**

17100 Glenmount Park Dr., Ste. C

Webster, TX 77598

*www.clearlakechildrenscenter.com***Population Served:** Children, Adolescents**Types of Services:** Individuals, Families**Specialties:** Screening and Evaluations: Autism, ADHD, Learning Disabilities, Developmental Disabilities, Social/Emotional/Behavioral Disorders, Giftedness**Melissa Andrews, LCSW-S.....832-979-1781****Melissa Andrews, LCSW-S**

1110 East NASA Pkwy., Ste. 545Q

Houston, TX 77058

*www.psychologytoday.com/us/therapists/melissa-andrews-houston-tx/1022925***Population Served:** Adults**Types of Services:** Individuals**Specialties:** Chronic Illness, Anxiety, Life Transitions

Judith Andriola, MSW, LCSW.....979-633-5147

Judith Andriola, LCSW

Pearland, TX

www.psychologytoday.com/us/therapists/judith-andriola-pearland-tx/355223

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Grief, Anxiety, Depression

Lilian Anowey, LPC-Associate.....281-549-4705

Supervised By: Bukola Onyirioha, LPC-S

Hopeful Texas, PLLC

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

www.hopefultexas.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, PTSD, Sexual Abuse, Trauma, Eating Disorders, Grief/Loss, Marital Conflict, Divorce Recovery

Delali Apaloo, M.S., LPC-S.....281-524-2854

www.guidinglightcounselinggroup.org

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Problems, Depression, Anxiety, Trauma

Flor Aponte, LCSW.....832-224-9143

Guiding Light Counseling and Consulting

1560 W. Bay Area Blvd., Ste. 303

Friendswood, TX 77546

www.thefeelingshealers.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Coping Skills, Trauma and PTSD, Relationship Issues

Sherry Ash, M.Ed., LPC.....832-372-5498

Sherry Ash, M.Ed., LPC

1100 East NASA Rd.1 Pkwy., Ste. 545R

Houston, TX 77058

www.sherry-ash.clientsecure.me

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Trauma, Adjustment Disorder, Aging, Attachment Issues, Blended Families, Career Counseling, Codependency, College Mental Health, Coping Skills

Vanessa Vigers Austin, LPC-S.....281-984-4887

Vanessa Vigers Austin, LPC-S

12234 Shadow Creek Pkwy., Bldg. 1, Ste. 1108

Pearland, TX 77584

www.psychologytoday.com/us/therapists/vanessa-vigers-austin-pearland-tx/463102

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Marital and Premarital, Spirituality, Family Conflict

Susan Avila, M.Ed., LPC.....409-420-4232

Susan Avila Counseling

1350 NASA Rd. 1, Ste. 112

Houston, TX 77058

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Family Conflict

Chrystina Bacek Kachantones, Ph.D.....281-956-1032

Texas Psychology Services, PLLC

1560 W. Bay Area Blvd., Ste. 184

Friendswood, TX 77546

www.texaspsychologyservices.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couple/Marital, Families

Specialties: Depression, Anxiety, Relationship Issues, Anger Management, Women's Issues,

Addictions, Eating Disorders, Grief/Loss, Life Stressors

Michele Bachman, M.A., LPC-S.....832-819-1492

League City, TX 77573

www.morningstarhouston.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Depression, Clinical Supervision

Shani Bacy, LCSW.....832-460-4108

Cultivating Changes

1335 Regents Park Dr., Ste. 130

Houston, TX 77058

www.cultivatingchanges.net

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Sexual Abuse, Complex Trauma, Human Trafficking, Grief, Substance Abuse, Learning and Developmental Disabilities, Co-occurring Disorders, Culturally Competent and Trauma Responsive Psychotherapy

Angela Baehr, LPC-S.....281-937-4133**Thrive Family Counseling - League City**

201 Enterprise Ave., #650

League City, TX 77573

www.thrivefamilycounseling.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Recovering from Childbirth, Perinatal Mood, Anxiety, Postpartum Support, Depression**Alyssa Baker, M.A., LMFT-S.....281-207-0788****Life Tree Counseling Center**

201 Enterprise Ave., Ste. 300

League City, TX 77565

www.lifetreecounseling.org**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Adult ADHD Evaluations, Addiction, Sexuality, Gender Identity, Teen Resiliency, Stress Reduction, Coping with Chronic Medical Conditions, Mood Disorders**Claudia Balatoni, LPC, NCC.....281-485-9280****Counseling Connections for Change**

2549 Roy Rd.

Pearland, TX 77581

www.counselingconnections.org**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Depression, Anxiety, Panic Disorders, Self-esteem, Adoption, Parenting, Domestic Violence, Suicide, Physical and Sexual Abuse, Women's Issues**Cindy Bandemer, M.A., M.P.H, LPC-S.....281-787-5558****Clear & Creative Counseling, LLC**

17045 El Camino Real, Ste. 211

Houston, TX 77058

www.cindybandemerlpc.clientsecure.me**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families, Group**Specialties:** Relationship Issues, Life Transitions, Women's Issues, Anxiety, Attachment Issues, Abandonment, Life Coaching, Addiction, Trauma, Parenting**John R. Barnhart, M.A., LPC.....979-292-8142****John R. Barnhart Counseling**

122 West Way, Ste. 407

Lake Jackson, TX 77566

www.johnrbarnhart.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Trauma, Anxiety, Depression, Grief and Loss, Violence and Abuse

Amy Barrera-Kovach, LCSW-S, CCM.....409-219-0353

Amy Barrera-Kovach, LCSW-S, CCM

305 21st St., Ste. 248

Galveston, TX 77550

www.psychologytoday.com/us/therapists/amy-barrera-kovach-galveston-tx/374805

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma and PTSD, Addiction, Rehabilitation

Kristin Barrs, M.A., LPC, LCDC.....832-569-2450

Renew Psychotherapy Group

1414 S. Friendswood Dr., Ste. 430, Bldg. B

Friendswood, TX 77546

www.renewtherapygroup.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Groups

Specialties: EMDR, Trauma, Coping Skills, Depression, Anxiety, Women's Issues, Life Transitions, Self-esteem, Stress, Grief, Interpersonal Relationships, Trauma, Christian Counseling

Colona Bates, LPC-S, LCDC-Intern.....832-721-5559

Adorned Counseling

1300 Bay Area Blvd., Ste. B233

Houston, TX 77058

www.adornedcounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Goal Setting, Coping Skills

Stacy Baynham, LCSW-S, EMDR.....832-614-4847

Serene Counseling and Wellness

2734 Sunrise Blvd., Ste. 309

Pearland, TX 77584

www.serenecounselingsvc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Trauma, Women's Issues, Life Transitions, Play Therapy, Foster Care, Supervision

Christopher Beckley, Psy.D.....281-332-5100

Psychology Resources

216 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Stress, Anxiety, Depression, Life Transitions, Relationships, Self-awareness, Grief, Trauma

Tracie Bein, M.A., LPC.....866-574-0552

New Dimensions Day Treatment Centers

1345 Space Park Dr., Ste. C

Houston, TX 77058

www.nddtreatment.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Trauma Counseling, Bipolar Disorder, Depression, Anxiety Disorders, Grief Work

Tiffany Belfrom, M.S., LPC, NCC, CCTP.....512-270-8522

PURE Life Psychotherapy, PLLC

League City, TX 77573

www.purelifepsychotherapy.com

Population Served: Adults

Types of Services: Individuals

Specialties: Trauma and PTSD, Anxiety, Life Transitions

LaShasta Bell, M.A., LPC-S.....281-940-4115

I Choose Me Counseling

303 E. Main St., Ste. 280

League City, TX 77573

www.ichoosemecounseling.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Relationship Issues, Life Coaching, Mood Disorders, Thinking Disorders

Shani Bell, M.A., LPC, ATR.....346-206-3992

The Resilience Center of Houston

12234 Shadow Creek Pkwy., Bldg. 10, Ste. 106

Pearland, TX 77584

www.resiliencecenterhouston.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Life Transitions, Adjustment Disorder, Codependency, Women's Issues, Physical and Sexual Abuse, Anxiety, Panic Disorder, Mood Disorders

Andrea Bellard, M.Ed., LPC.....832-616-1977

BlueFlame Psychotherapy Services

2214 N. Park Ave.

Pearland, TX 77581

www.blueflamepsychotherapy.com

Population Served: Adolescents

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Substance Abuse, Grief, Anger Management

- Heather Belzeski, M.A., LPC-Associate.....281-407-5658**
Supervised by: Erika Willis, LPC-S
Clear Lake Children's Center
 17100 Glenmount Park Dr., Ste. C
 Webster, TX 77598
www.clearlakechildrenscenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Coping Skills, Depression, Grief, Life Transitions
- David Benavidez, M.A., LMFT-Associate.....281-942-7305**
Supervised by: Elizabeth Cobb, M.A., LMFT-S, LPC-S, CDWF
The Family Relationship Center
 17043 El Camino Real, Ste. 220
 Houston, TX 77058
www.thefamilyrelationshipcenter.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Life Difficulties, Relationship Issues
- Heather Benbrook, LPC.....832-590-0878**
Heather Benbrook, LPC
 105 N. Gordon St., Ste. 202
 Alvin, TX 77511
www.psychologytoday.com/us/therapists/heather-benbrook-alvin-tx/1108067
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Relationship Issues
- Veronica Benitez, M.S., LPC.....713-396-2525**
Benison Counseling & Wellness
 1300 Rollingbrook Dr., Ste. 502
 Baytown, TX 77521
www.benisoncounseling.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Antisocial Personality, Anxiety, Anger Management, Depression, Family Conflict, Grief/Loss, Life Changes/Transitions, Marital/Premarital, Infidelity, Parenting, Self-esteem, Spiritual Issues, Women's Issues
- Aimee Bentley, LPC.....713-678-0403**
Counseling Futures
 211 E. Parkwood Ave., Ste. 104
 Friendswood, TX 77546
www.counselingfutures.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Families
Specialties: Anxiety, Coping Skills, Grief

Brett Bergvall, LPC-S, CART.....281-549-4705

Hopeful Texas, PLLC

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

www.hopefultexas.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Life Transitions, Trauma/PTSD, Dual Diagnosis, Behavioral Issues, Parenting

Vicki Berk, M.A., LPC, LSSP.....713-304-2035

Vicki Berk, M.A., LPC, LSSP

Houston, TX

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: General Counseling

Yesenia Bertl, M.S., LMFT.....281-937-4139

Magnolia Counseling of Pearland

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.magnoliacounselingofpearland.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Marital and Premarital, Parenting

Cicely Betts, LCSW.....281-778-9529

Pearland Psychiatric Associates

2743 Smith Ranch Rd., Unit 101

Pearland, TX 77584

www.pearlandpsychiatricassociates.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Trauma-Focused Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, EMDR

Patricia Bing, M.Ed., LPC-S.....832-607-9987

Patty Weber Bing, JD, M.Ed., LPC-S, PLLC

1506 E. Winding Way, Bldg. 100, Ste. 104

Friendswood, TX 77546

www.pattyweberbingjdmedlpcpl.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: ADHD, Adoption, Anger Management, Anxiety, Behavioral Issues, Bipolar Personality, Codependency

Jennifer Bissett, Ph.D.....281-332-5100

Psychology Resources

216 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Stress, Anxiety, Depression

Barbie Blair, M.A., LPC.....346-206-3992

The Resilience Center of Houston

12234 Shadow Creek Pkwy., Bldg. 10, Ste. 106

Pearland, TX 77584

www.resiliencecenterhouston.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Trauma and PTSD, Domestic Abuse, Physical and Sexual Abuse, Relationship Issues, LGBTQA+, Self-esteem, Depression

Melissa Blair, Ph.D., LPC.....903-228-3169

Melissa Kay Blair, Ph.D., LPC

606 Rollingbrook, Ste. 1K

Baytown, TX 77521

www.psychologytoday.com/us/therapists/melissa-kay-blair-baytown-tx/358565

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: EMDR, CBT, Addiction, DBT

Christina "Ceejay" Blake, LMSW.....832-374-8118

Cultivating Changes

1335 Regents Park Dr., Ste. 130

Houston, TX 77058

www.cultivatingchanges.net

Population Served: Adults

Types of Services: Individuals

Specialties: Coping Skills, Emotional Balance, Resilience

Alex Blalock, M.S., LPC-Associate.....281-207-0788

Supervised By: Mondee Stone, M.S., LPC-S

Life Tree Counseling Center

201 Enterprise Ave., Ste. 300

League City, TX 77565

www.lifetreecounseling.org

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Body Image Issues, Bullying, Career Exploration, Life Adjustments

Melodie Bond, M.S., LPC.....979-297-4335

Texas Family Solutions

109 Circle Way

Lake Jackson, TX 77566

www.txfamilysolutions.net

Population Served: Children, Preteens, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Behavioral Issues, Career Counseling, Depression, Eating Disorders, Grief, Infidelity, Marriage Counseling, Obesity, Parenting, Self-esteem, Trauma/PTSD, Women's Issues

Stephen Anthony Bonnette, M.S., LPC.....281-674-7625

Stephen Anthony Bonnette, M.S., LPC

1110 E. NASA Pkwy., Ste. 545T

Houston, TX 77058

www.psychologytoday.com/us/therapists/stephen-anthony-bonnette-houston-tx/979469

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Relationship Issues, Depression

Lisa Bowles, Ph.D.....832-580-7038

Break Free Therapy and Counseling

2600 NASA Pkwy., Ste. 101

Seabrook, TX 77586

www.drlisabowles-phd.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Groups

Specialties: Online Counseling, Depression, Anxiety, Coping Skills

Amanda Bradley, LPC, LCDC, NCC.....281-800-5366

Amanda Bradley Counseling

League City, TX

www.amandabradleycounseling.com

Population Served: Adults

Types of Services: Individuals

Specialties: Addiction, Anxiety, Mood Disorders, Relationship Issues, Trauma and PTSD

Brent Bradley, Ph.D., LMFT.....832-377-8813

The Couple Zone

1506 Winding Way, Bld. 110, Ste. 202

Friendswood, TX 77546

www.couplezone.org

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationships, Marital/Premarital, Men's Issues, Military or Veterans, Trauma, Self-esteem

Divya Brahmabhatt, LCSW.....609-576-1774

Life Redefined Healing

1506 Winding Way, Ste. 108

Friendswood, TX 77546

www.lifereDEFINEDhealing.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Major Depressive Disorder, Schizophrenia, Bipolar, PTSD, Adjustment Disorder, Anxiety, Substance Use, Anger Management, Behavior Changes

Tiffany Braman, LPC-Associate.....281-843-8395

Supervised By: Matt Bierds, LPC-S

Tiffany Braman, LPC-Associate

18333 Egret Bay Blvd., Ste. 270L, Box 115

Houston, TX 77058

www.psychologytoday.com/us/therapists/tiffany-braman-houston-tx/1157590

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Adoption, ADHD, Depression, Anxiety, Behavioral Issues, Blended Families

Randy Brazzel, M.A., LPC, LMFT.....866-574-0552

Randy Brazzel, M.A., LPC, LMFT

1345 Space Park Dr., Ste. D

Houston, TX 77058

www.nddtreatment.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Grief, Anger, Trauma, Conflict Resolution, Marital Conflict, Alcohol and Drug Abuse, Behavioral Problems

Gwen Brehm, LPC, LMFT.....832-786-8757

Brehm Psychotherapy and Counseling

2925 Gulf Frwy. S., Ste. B, #483

League City, TX 77573

www.gwenbrehm.com

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Obsessive-Compulsive Disorder, Self-harm, Trauma/PTSD

Rochelle Bridges, M.A., LMFT, CDWF.....281-819-0144

Friendswood Family Counseling

1414 S. Friendswood Dr., Ste. 114B

Friendswood, TX 77546

www.friendswoodfamilycounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Life Transitions, Life Coaching, Relationship Issues, Premarital Counseling

Allison Briggs, M.Ed., LPC.....832-956-1508**Being Real, PLLC**

150 West Shadowbend Ave., Ste. 200

Friendswood, TX 77546

www.on-being-real.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Trauma, Disability, Anxiety, Depression, Co-Dependency, PTSD, ADHD, EMDR**Haley Briggs, LPC-Associate.....281-993-8040***Supervised by: Dr. Elil Yuvarajan, Ph.D.***Stepping Stone Therapy**

1400 West F.M. 528, Ste. E

Webster, TX 77598

www.stepsingstonetherapy.org**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Trauma, Substance Abuse, Depression, Anxiety, Interpersonal/Relational Problems**Melanie Bright, LCSW.....281-819-0308****Therapy for Families**

Kemah, TX 77565

www.healingwholeness.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Depression, Trauma, Addiction, Perfectionism, Relationship Problems**Dane Brinsko, M.S., LPC.....281-207-0788****Life Tree Counseling Center**

201 Enterprise Ave., Ste. 300

League City, TX 77565

www.lifetreecounseling.org**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anger, Depression, Anxiety, Grief, Sexual Abuse, Abandonment, Bullying, Career Exploration, Premarital Counseling**Kelsey Broussard, LPC-Associate.....832-301-9377***Supervised By: Mary McCullough, Ph.D., LSSP, LPC-S***Pragma Wellness**

2225 County Rd. 90, Ste. 105

Pearland, TX 77584

www.pragmawellness.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Anxiety, Coping Skills, Depression, Mood Disorders, Self-esteem, Spirituality, Stress, Trauma and PTSD

Wyannicka Broussard, LPC.....346-327-5161**Inspire Counseling & Therapy**

5144 East Sam Houston Pkwy. N, Ste. 114

Houston, TX 77015

*www.inspirecounselingandtherapy.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** ADHD, Adjustment Disorder, Anger Management, Anxiety, Depression, Grief, PTSD**Ann Brown, Psy.D., LPC.....940-391-4309****Life Renewal Counseling**

17000 El Camino Real, Ste. 307B

Houston, TX 77058

*www.liferenewalcounseling.org***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Depression, Sexual Assault, Trauma Survivors, Addictions, Marital Problems, Betrayal Issues, Co-Dependency**Betty Brown, Ph.D.....281-332-5100****Psychology Resources**

216 North Michigan Ave.

League City, TX 77573

*www.psychology-resources.net***Population Served:** Adults, Elders**Types of Services:** Individuals, Couples/Marital, Groups**Specialties:** Anxiety, Depression, Life Transitions**Christopher W. Brown, M.A., LPC.....281-639-5775****Pearland Therapeutic Services, P.C.**

12234 Shadow Creek Pkwy., Bldg. #1, Ste. 1108

Pearland, TX 77584

*www.psychologytoday.com/us/therapists/christopher-w-brown-pearland-tx/131838***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families, Groups**Specialties:** Anxiety, Dual Diagnosis, Marriage Counseling, Men's Issues, Relationship Issues**Hope Brown, M.A., LPC-S.....936-402-6768****New Hope New Liberty Counseling**

1610 James Bowie Dr., Ste. B-104

Baytown, TX 77520

*www.nhnlc.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Child-Centered Play Therapy, Person-Centered, Cognitive Behavioral, Existential Therapies

Matt Brown, Ph.D., LMFT.....281-407-4157

Relate Therapy

16815 Royal Crest Dr., Ste. 240

Houston, TX 77058

www.mattbrowntherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Infidelity, Men's Issues, Anxiety, Coping Skills, Depression, Divorce, Family Conflict, Life Coaching, Self-esteem, Women's Issues

Rendie Brown, LMFT-S.....281-779-8619

Ellie Mental Health

2200 Space Park Dr., Ste. 240

Houston, TX 77058

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Perinatal Mood and Anxiety Disorders, Trauma, PTSD, Anxiety, Depression, Marital Issues, Relationship Issues, Communication, Family Conflict

Leah Browne-Freeman, M.S., LPC-Associate.....281-783-3259

Supervised By: Heather Murphy, M.A., LPC-S

The Feelings Healers

106 Avondale St.

Houston, TX 77006

www.psychologytoday.com/us/therapists/leah-browne-houston-tx/1034767

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Families, Groups

Specialties: ADHD, Autism, Behavioral Issues, Divorce, Family Conflict, Grief, Parenting, School Issues, Self-esteem, Stress

Michelle Brumley, M.Ed., LPC.....832-532-9171

Michelle Brumley Counseling, PLLC

105 N. Gordon St., Ste. 202

Alvin, TX 77511

www.michellebrumleycounseling.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Substance Use, Anxiety, Depression

Pearl Bryant, LCSW-S.....832-307-3008

Pinnacle of Purpose Counseling, PLLC

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.pinnacleofpurposecounseling.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Depression, Anxiety, Solution-Focused, Mindfulness, Women's Issues, Life Transitions, Mental Health Professionals

Jennifer Burkhardt, LPC, LCDC, PMH-C.....713-344-0368

Jennifer Burkhardt, LPC, PMH-C

880 Lawrence Rd., Ste. 180

Kemah, TX 77565

www.jenniferburkhardtllpc.com

Population Served: Adults

Types of Services: Individuals

Specialties: Woman's Issues, Life Transitions, Anxiety, Postpartum, Stress Management, Telehealth

Chari Burnett, LPC.....281-769-2238 ext. 559

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, ADHD, Anger, Depression, PTSD, Trauma

Julie Burnett, LPC.....281-916-6442

Thriveworks

2743 Smith Ranch Rd., Ste. 801

Pearland, TX 77584

www.thriveworks.com/therapist/tx/julie-burnett

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Grief and Loss, Domestic Abuse, Parenting

Patricia Butkus, LCSW.....713-502-5484

Patricia Butkus, LCSW

16821 Buccaneer Ln., Ste. 119

Houston, TX 77058

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Addiction, Anger Management, Divorce, Domestic Abuse, Family Conflict, Grief, Life Coaching, Parenting, Relationship Issues, Self-esteem, Spirituality

Jennifer Cain, M.A., LPC, LCDC.....832-721-5559

Adorned Counseling

1300 Bay Area Blvd., Ste. B233

Houston, TX 77058

www.adornedcounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Trauma, Adult Survivors, Employment Issues, Relationship Issues, Health Concerns, Grief/Loss

Lisa Cambiano, M.S., LMFT, LPC-S.....713-222-2525

Innovative Alternatives, Inc.

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

www.innovativealternatives.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Group

Specialties: Anxiety, Depression, Anger Management, Adjustment Disorders, Parenting, Relationship Issues

Erin Cameron-Webb, LMSW.....281-752-6890

Nurture and Nature Therapy Center

17047 El Camino Real, Ste. 215

Houston, TX 77058

www.nurtureandnaturetherapycenter.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Teen/Parent Relationships, Dynamics, Complex Trauma, Suicidality, High Risk Behaviors, Oppositional Behaviors

Lori T. Candrian, M.S., LPC.....281-585-0000

Downtown Counseling Services

105 N. Gordon St., Ste. 202

Alvin, TX 77511

www.downtowncounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Grief, Relationship Issues, Parenting, Pregnancy/Prenatal/Postpartum, Self-esteem, Sexual Abuse, Sleep Disturbance, Stress, Trauma and PTSD, Women's Issues

Gea Carey, M.A., LPC-S, CMC.....713-222-2525

Innovative Alternatives, Inc.

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

www.innovativealternatives.org

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: Physical Issues, Behavioral Health Issues, Emotional Health Issues, Terminal/Chronic Illness, Trauma, Grief, End of Life and Palliative Care, Adjustment to Life Altering Physical Health Diagnosis

Diana Carleton, Ed.D., LMFT.....713-628-6761

Diana Carleton, Ed.D., LMFT, Psychologist

8610 Seawall Blvd.

Galveston, TX 77554

www.dr-dianacarleton.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Communication Issues, Stress, Grief, Addiction, Divorce, Abuse

Jennifer Carlin, M.A., LMFT.....415-317-2611

Jennifer Carlin, LMFT

Houston, TX

www.jennifercarlinmft.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Marital Counseling, Premarital Counseling, Emotionally Focused Therapy

Regina Carrillo, M.A., LPC, RPT.....713-338-9106

Regina Carrillo, LLC

150 West Shadowbend Ave., Ste. 200

Friendswood, TX 77546

www.psychologytoday.com/us/therapists/regina-carrillo-friendswood-tx/92646

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: Adolescent Issues, Behavioral Issues, Adoption, ADHD, Anxiety, Depression, Family Conflict, Parenting, Peer Relationships, Relationship Issues, Sexual Abuse

Ashley "Jade" Carroll, M.A., LPA.....281-818-6758

Anew Psychological Services

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: ADHD, Impulsivity Disorder, Autism Spectrum Disorder, Comprehensive Evaluation for Children, Comprehensive Evaluation for Adults

David Castele, LCSW.....281-779-8619

Ellie Mental Health

2200 Space Park Dr., Ste. 240

Houston, TX 77058

www.elliementalhealth.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Behavioral Disorders, Mood Disorders, Trauma, Life Stressors

Cindy Castillo, LPC.....346-242-6663

The Mental Wellness and Behavioral Health Center

607 East House St.

Alvin, TX 77511

www.thementalwellnessandbehavioralhealthcenter.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, PTSD, School Difficulties, Parent Alienation, Trauma, Loss, Separation, Divorce, Family Conflict, Anger, Low Self-esteem, Eating Disorders

Joshua Castro, M.A., LPC.....281-612-8137

Joshua Castro, M.A., LPC

1560 W. Bay Area Blvd., Ste. 303

Friendswood, TX 77546

www.joshuacastroipc.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Parenting Issues, Health and Wellness

Veronica Cavazos, M.Ed., LPC-S.....346-206-3992

The Resilience Center of Houston

12234 Shadow Creek Pkwy., Bldg. 10, Ste. 106

Pearland, TX 77584

www.resiliencecenterhouston.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anger Management, Trauma, PTSD, Couples Counseling, Family Dysfunction, Parenting Issues, Bipolar Disorder, Emotional Disturbances

Joseph "Joe" Chambers II, M.A., LPC.....281-818-6758

Anew Psychological Services

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anger Management, Addictions, Codependency, Traumatic Experiences

Kristen Chambliss, Ph.D.....281-324-0503

Kristen Chambliss, Ph.D., PLLC

1506 E. Winding Way Dr., Bldg. 110, Ste. 606

Friendswood, TX 77546

www.kristenchambliss.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Infertility, Relationship Concerns, Anxiety

Stacy Choi, Psy.D.....832-261-1432

Clear Lake Psychological Services, PLLC

1110 East NASA Pkwy., Ste. 545Q

Houston, TX 77058

www.clearlakepsych.clientsecure.me

Population Served: Adults

Types of Services: Individuals, Groups

Specialties: Depression, Anxiety, Relationship Issues

Steve Christopherson, M.S., LPC, NCC.....713-475-0072

Pro-Act Counseling

4311 Terlingua St.

Pasadena, TX 77504

www.pro-act.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Family Conflict, Parenting, Communication

Sandra Clamon, LPC.....832-403-0614

Clamon Counseling Services

Houston, TX 77058

www.clamoncounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Trauma

Adam Clark, Psy.D., LP.....713-706-8300

Houston Professional Counseling, PLLC

1110 NASA Pkwy., Ste. 604

Houston, TX 77058

www.houstonprofessionalcounseling.com

Population Served: Adults

Types of Services: Individuals, Families

Specialties: Relationship Issues, Addictive Behaviors, Stressful and Traumatic Life Experiences, Veterans, First Responders

Ashley Clark, M.S., LPC.....281-668-4470

Ashley Clark, M.S., LPC

Friendswood, TX

www.ashleyclarklpc.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Gottman Method, Eating Disorders, Grief Counseling, PTSD, Stress Management, Addiction Recovery, Women's Issues, Telehealth-Online Therapy

Jerry Clark, M.A., LPC.....281-335-8422

Jerry D. Clark, M.A., LPC

1110 E. NASA Pkwy., Ste. 200

Houston, TX 77058

www.jerrydclark.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anger Management, Anxiety, Depression, Marriage Counseling, Relationship Issues

Mindy Clarkson, M.Ed., CBC.....713-678-0403

Counseling Futures

211 E. Parkwood Ave., Ste. 104

Friendswood, TX 77546

www.counselingfutures.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: Women's Issues, Adoption, Life Transitions

Kristina Clevinger, Ph.D.....281-993-8040

Stepping Stone Therapy

1400 W. NASA Pkwy., Ste. E

Webster, TX 77598

www.steppingstonetherapy.org

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Eating Disorders, Body Image, Interpersonal and Relationship Problems, Anxiety, Identity Development, Adjustment Concerns, Life Transitions

Joanna Cobb, M.Ed., LPC-Associate.....346-763-0644

Supervised By: Bonnie G. Mondragon, M.S., LPC-S, RPT-S

Diagnostic and Counseling Services

2541 County Rd. 357

Alvin, TX 77511

www.diagnosticandcounselingservices.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: ADHD, Anxiety, Coping Skills, Parenting Skills

Omar Cobo, M.S., LPC, NCC.....832-905-1975

Cobo Counseling

17047 El Camino Real, Ste. 225

Houston, TX 77058

www.cobocounseling.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Mood Disorders, Stress, Substance Use

Taylor Marie Coleman, M.A., LPC-Associate.....832-377-5408

Supervised By: Angela Waggoner, M.A., LPC-S, NCC

Lakeside Counseling

www.lakesidecounselingtx.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Relationship Issues, Depression, Anxiety, Communication

Corinna Collins, M.A., LPC, CART.....832-219-8174

EMDR Therapy with Corinna Collins

Galveston, TX

www.psychologytoday.com/us/therapists/emdr-therapy-with-corinna-collins-galveston-tx/366797

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Family Conflict, Communication, Marital Strife

Heather Comer, LCSW.....281-843-1701

Comer Counseling Services

Houston, TX 77058

www.psychologytoday.com/us/therapists/heather-comer-houston-tx/460623

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Trauma and PTSD, Anxiety, Depression, Behavioral Issues

Eunice Contreras, M.A., LPC-S.....713-222-2525

Innovative Alternatives, Inc.

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

www.innovativealternatives.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anger Management, Anger Resolution, Employee Assistance Specialist

Cynthia Cook, Ph.D.....281-332-5100

Psychology Resources

216 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Couples Counseling, Relationship Issues, Women's Issues, Spirituality, Managing Anxiety, Multicultural Counseling, Vocational Counseling

Sarah Cook, M.A., LPC, CART.....281-207-0788

Life Tree Counseling Center

201 Enterprise Ave., Ste. 300

League City, TX 77565

www.lifetreecounseling.org

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Addiction, Depression, Anxiety, Trauma, Relationship Issues, Grief, Mood Disorders

Caren Cooper, Ed.D., LPC-S, PMH-C.....346-347-3266

Cooper Counseling and Wellness, LLC

Pearland, TX 77584

www.cooper-counseling.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Pregnancy/Prenatal/Postpartum, Trauma, PTSD, Women's Issues

Kifferie Corley, M.A., LPC.....832-819-4604

Galveston Marriage and Family Counseling

305 21st St., Ste. 251

Galveston, TX 77550

www.galvestonmarriageandfamilycounseling.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Children's Play, Sand Tray Therapy, Acu-Detox Ear Acupuncture, Meditation and Mindfulness

Cynthia Lee Coronado, Ed.D., LPC-S, CAS, CCTP, EMDR.....281-317-6447

1560 W. Bay Area Blvd., Ste. 265

Friendswood, TX 77546

www.psychologytoday.com/us/therapists/cynthia-lee-coronado-friendswood-tx/216407

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Behavioral Issues, Marital and Premarital

Cynthia Lee Coronado, Ed.D., LPC-S, CAS, CCTP, EMDR.....281-317-6447

Social & Emotional Therapy, PLLC

2121 Market St.

Galveston, TX 77550

www.psychologytoday.com/us/therapists/cynthia-lee-coronado-friendswood-tx/216407

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Behavioral Issues, Marital and Premarital, Anxiety, Depression

Dawn Coryat-Hon, Ed.D., LPC, CTRP-E.....832-930-2961

Daen Coryat-Han, Ed.D., LPC, CTRP-E

Houston, TX 77573

www.riseandrenewcounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: School Issues, Trauma, PTSD, Relationship Issues

Daniela Costa, Ph.D.....281-902-1050

Family PsychSolutions, PLLC

8603 Broadway

Pearland, TX 77584

www.familypsychsolutions.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Self-esteem, Work Related Stress, Marital Stress, Anger Management, Grief, Parenting, Divorce, Blended Families, Sibling Conflict, ADHD, Social Skills, Trauma, Abuse/Neglect, Foster Care, Adoption Issues

Michelle Cote, M.A., LPC, LMFT.....409-209-7590

Michelle Cote, M.A., LPC, LMFT

914 F.M. 517 West 242

Dickinson, TX 77539

Population Served: Adults, Elders

Types of Services: Individuals, Families

Specialties: Depression, Life Transitions, Women's Issues, Anxiety, Dual Diagnosis

Domonick F. Crane, LPC.....832-720-2149

Domonick Crane, LPC

2600 South Loop West, Ste. 475B

Houston, TX 77054

www.focusedtherapy.org

Population Served: Adults, Adolescents, Elders

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anxiety, Depression, Men's Issues, Self-esteem, Stress

James Scott Creighton, Psy.D.....346-298-0293

James Scott Creighton, Psy.D.

4306 Yoakum Blvd., Ste. 510

Houston, TX 77006

www.drjamescottcreighton.clientsecure.me

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Family Conflict, Divorce, Relationship Issues, Psychological Assessments

Sandy Crisp, M.S., LCDC, LPC-Associate.....409-256-6171

Supervised By: Dr. Rachita Sharma, Ph.D., LPC-S, CRC

Sandy Crisp - Counseling and Coaching

Galveston, TX

www.sandycrisp.com

Population Served: Adults, Elders

Types of Services: Individuals, Families, Groups

Specialties: Trauma and PTSD, Relationship Issues, Grief

Tara Crum, LPC-Associate.....281-769-2238 ext. 562

Supervised By: Kim McGough, LPC-S

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Anxiety, Christian Counseling, Depression, Grief/Loss, School Issues,

Relationship Issues, Trauma, Women's Issues

Candace Cudd, LPC, NCC, CTC.....281-660-0327

Counseling Concepts, P.C.

2118 Grand Blvd.

Pearland, TX 77581

www.counselingconcepts-houston.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Social Skills, Anxiety, Divorce/Blended Families, Stress Management, Grief and

Loss, Relationship Issues, Personal Growth

Marcus Curry, LPC.....346-302-8089

Judah Christian Counseling & Recovery

2947 E. Broadway St., Ste. 100

Pearland, TX 77581

www.judahchristiancounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Family Conflict, Anxiety, Behavioral Addictions, Bipolar Disorder, Career Counseling,

Codependency, Compassion Fatigue, Coping Skills

Melissa Kummer Dague, LPC.....346-810-2060

Melissa Kummer Dague, LPC

League City, TX

www.mkdcounseling.com

Population Served: Adults

Types of Services: Individuals

Specialties: Anger Management, Career Counseling, Cognitive Behavioral Therapy, Conflict

Resolution, Trauma, New Mothers

Kimberly Daigle, LPC.....346-302-8089

Judah Christian Counseling & Recovery

2947 E. Broadway St., Ste. 100

Pearland, TX 77581

www.judahchristiancounseling.com

Population Served: Adults

Types of Services: Individuals

Specialties: Trauma, PTSD, Complex Trauma, Sexual Abuse, Anxiety, Depression, Stress Management, Women's Issues

Shirley Daniels, M.A., LPC, LMHC.....281-973-2471

Shirley Daniels, M.A., LPC, LMHC

Pearland, TX 77584

www.psychologytoday.com/us/therapists/shirley-daniels-pearland-tx/439119

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Grief, Bipolar Disorder, Depression

Delee D'Arcy, M.A., LPC-S, LMFT-S.....713-302-6698

D'Arcy & Associates Counseling Services, PLLC

17047 El Camino Real, Ste. 224

Houston, TX 77058

www.darcycounselingservices.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Therapy for Men, Couples Counseling, Women's Issues

Aisha Davis, LPC.....713-222-2525

Innovative Alternatives, Inc.

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Personality Disorders, Suicidal Ideation, Crisis Intervention, Stress

Joseph Davis, M.A., LPC-Associate.....936-402-6768

Supervised By: Hope V. Brown, LPC-S

New Hope New Liberty Counseling

1610 James Bowie Dr., Ste. B-104

Baytown, TX 77520

www.nhnlc.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Marital and Premarital

Kimberly Rena Davis, LMFT-Associate.....346-206-1386

Supervised By: Sol-Angel Garcia, LMFT-S

Kimberly Rena Davis, B.S., MHA, LMFT-A

6608 Gulf Frwy.

La Marque, TX 77568

www.psychologytoday.com/us/therapists/kimberly-rena-davis-la-marque-tx/1091912

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Anxiety, Coping Skills, Depression, Divorce, Family Conflict, Grief

Shane Davison, M.A., LPC.....979-285-9242

Psychology Works

2225 County Rd. 90, Ste. 105

Pearland, TX 77584

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Groups

Specialties: Depression, Anxiety, OCD, Trauma, Borderline Personality Disorder

Ashley Day, LCSW.....832-307-3008

Pinnacle of Purpose Counseling, PLLC

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.pinnacleofpurposecounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couple/Marital, Families

Specialties: Premarital and Marital Counseling, Social Anxiety, Depression, Women's Issues, New Mothers, Postpartum Depression

Tanya De Koning, M.A., LMFT.....713-913-4575

Genesis Family

1110 E. NASA Pkwy., Ste. 201

Houston, TX 77058

www.genesis-family.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Identity Formation, Relationship Issues, Trauma and PTSD

Roxanne Deams, LPC-S, CART.....832-614-4847

Serene Counseling and Wellness

2734 Sunrise Blvd., Ste. 309

Pearland, TX 77584

www.serenecounselingsvc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Foster/Adoption, Trauma, Grief/Loss, Anger, Anxiety, Depression

Shannon Deitch, M.S., LPC-S, RPT-S.....346-774-1774

SLD Counseling Services, PLLC

105 N. Gordon St., Ste. 202

Alvin, TX 77511

www.sldcounselingservices.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Behavioral Issues, Depression, Grief, Trauma/PTSD

Jennifer Delclos, M.Ed., LPC.....409-203-3438

Little Pirates Therapy and Consulting

305 21st St., Ste. 176

Galveston, TX 77550

www.littlepiratestherapy.com

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Anxiety, Stress, Trauma and PTSD

Ashley Deleon, M.A., LMFT.....346-471-8042

Soulfull Minds

150 W Shadowbend Ave., Ste. 205

Friendswood, TX 77546

www.soulfullminds.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Self-esteem, Relationship Issues, Life Coaching

Ja'Quavia L. Demus, LPC-Associate.....281-940-4115

Supervised By: LaShasta Bell, M.A., LPC-S, CSSC

I Choose Me Counseling

303 E. Main St.

League City, TX 77573

www.ichoosemecounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: General Counseling

Beth Dennard, Ed.D., LPC, CEP.....281-486-0023

Bright Futures Consulting

1322 Space Park Dr., Ste. C232

Houston, TX 77058

www.brightfuturesllc.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Career Counseling, College Counseling, Future Planning

Lauren Denney, M.A., LPC.....346-206-3992

The Resilience Center of Houston

12234 Shadow Creek Pkwy., Bldg. 10, Ste. 106

Pearland, TX 77584

www.resiliencecenterhouston.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Panic Disorder, Anxiety, Adjustment Disorders, Depression, Self-esteem, Phobias, OCD, Trauma, Self-harm

Rose Devlin, LPC.....281-886-7915

Rose M. Devlin, LPC

1560 Bay Area Blvd., Ste. 265

Friendswood, TX 77546

www.psychologytoday.com/us/therapists/rose-m-devlin-friendswood-tx/748491

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Trauma and PTSD, Anxiety, Mood Disorders

Julie Diggins, M.A., LCDC.....281-960-9194

Addiction Recovery Counseling, LLC

1120 East NASA Pkwy., Ste. 220H

Houston, TX 77058

www.addiction-recovery-counseling.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Addiction, Alcohol Abuse, Drug Abuse, Anxiety, Depression, Chronic Relapse, Relationship Issues

Crysta Dillashaw, LMSW.....281-769-2238 ext. 608

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples, Families

Specialties: Abuse, Anxiety, Depression, Domestic Violence, Parenting, School Issues, Trauma

Nina Dillenbeck, M.S., NCC, LPC, CAC-AD.....409-220-3067

The Space Between Psychotherapy, LLC

6511 Stewart Rd., Ste. 1C

Galveston, TX 77551

www.thespacebetweentherapy.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Coping Skills, Stress, Women's Issues, Life Transitions, Relationship Issues

Tami Dinh, LPC-Associate.....832-224-9143*Supervised By: Heather Murphy, LPC-S***The Feelings Healers**

1560 W. Bay Area Blvd., Ste. 303

Friendswood, TX 77546

*www.thefeelingshealers.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Groups**Specialties:** LGBTQ+, Mood Disorders, Anxiety, Depression, Emotional Disturbance**Malené Dixon, LPC-S.....832-224-6832****Lofty Life**

3900 Essex Lane, Ste. 900

Houston, TX 77027

*www.loftylife.net***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Relationship Issues, Women's Issues, Parenting**Sandra Dominguez, M.A., LMFT.....281-755-7238****Sandra Dominguez, M.A., LMFT**

Webster, TX

*www.sandra-dominguez.clientsecure.me***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Mood Disorders, Depression, Self Esteem**Jaimi Douthit, LPC.....832-827-3288****Center for Couples Counseling**

880 Lawrence Rd., Ste. 180

Kemah, TX 77565

*www.erikalabuzanlopeztherapy.com***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Self-care, Burnout, Depression, Perfectionism, Exhausted Moms, Grief, Family Issues, Relationship Issues**Larissa Dovalina, M.Ed., LPC.....281-524-2854****Guiding Light Counseling and Consulting***www.guidinglightcounselinggroup.org***Population Served:** Adults**Types of Services:** Individuals**Specialties:** Depression, Anxiety, Past Trauma, Loss of a Loved One, Relationship Issues, Life Transitions

Mary Grace Downs, LPC-Associate.....281-993-3733*Supervised By: Rolla Bradley, LPC***LifeStance Health**

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

*www.lifestance.com/provider/mary-grace-downs-lpc-a/?utm_medium=paid-affiliate&utm_source=psychologytoday.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety, Depression, ADHD**Tammy Doyle, LPC, LCDC.....281-937-4133****Thrive Family Counseling - League City**

201 Enterprise Ave., #650

League City, TX 77573

*www.thrivefamilycounseling.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Behavioral Issues, Depression, Anxiety, Substance Abuse, Stress Management, Relationship Conflicts**Maria Dsouza, M.Ed., LPC.....832-761-4491****Grow Therapy**

League City, TX

*www.growtherapy.com/provider/du9mc1gjpgdos/maria-dsouza-**?ref=pt%3F&utm_source=pt&utm_medium=profile-link&utm_campaign=1-standard-profile***Population Served:** Adults**Types of Services:** Individuals**Specialties:** Anxiety, Coping Skills, Depression, ADHD**Regina Andrews Duarte, B.S., MSW, LCSW-S.....409-939-6383****Regina Andres Duarte, B.S., MSW, LCSW-S**

League City, TX 77573

Population Served: Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Marital, Premarital, Stress, Relationship Issues, Anxiety, Depression**Gina Dunckel, Psy.D.....281-910-3913****Gina Dunckel, Psy.D.**

1500 Marina Bay Dr., Ste. 113E

Clear Lake Shores, TX 77565

*www.ginadunckelpsyd.com***Population Served:** Adults**Types of Services:** Individuals**Specialties:** Veterans, Active-Duty Military Families, Physically Disabled Adults, PTSD, Anxiety, Sleep Disorder, Pain Management, Life Changes

Heather Dunn, M.A., LPC-S, LMFT-S.....281-810-9775

Blue Horizon Counseling

3820 E. Broadway St.

Pearland, TX 77581

www.bluehorizoncounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma Work, Depression, Anxiety

Jeanné Dyer, M.A., LPC.....713-678-0403

Counseling Futures

211 E. Parkwood Ave., Ste. 104

Friendswood, TX 77546

www.counselingfutures.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Families

Specialties: Trauma and PTSD, Anxiety, Testing and Evaluation

Rachel Eagan, LPC-S.....281-317-6237

Rachel Eagan, LPC-S

1110 East NASA Pkwy., Ste. 545M

Houston, TX 77058

www.psychologytoday.com/us/therapists/rachel-eagan-houston-tx/1045401

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Chronic Illness, Anxiety, Life Transitions

Joanna Eckley, M.A., LPC.....713-678-0403

Counseling Futures

211 E. Parkwood Ave., Ste. 104

Friendswood, TX 77546

www.counselingfutures.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Parenting, Marital and Premarital, Family Conflict

Stacey Ecord, M.A., LPC.....281-450-5546

Stacey Ecord, LPC, PLLC

17043 El Camino Real, Ste. 216-A

Houston, TX 77058

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Depression, Grief, Stress

Sara Eddy, M.S., LPC, LCDC.....979-480-1523

Sara Eddy, M.S., LPC

Lake Jackson, TX

www.saraeddycounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Grief, School Issues, Parenting, Self-esteem, Body Image Disorders, Life Transitions, Relationship Issues

Rachael Edelman, M.A., LPC.....361-880-0542

Change of Mind Counseling

202 Reynolds Ave.

League City, TX 77573

www.psychologytoday.com/us/therapists/rachael-edelman-league-city-tx/790675

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Behavioral Issues, Depression, Anxiety

Julieta Edmond, M.A., LPC, PCIT.....281-488-0615

Counseling for Renewal and Empowerment

2718 S. Medford Dr., Ste. A

Lufkin, TX 75901

www.julietaedmondipc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Trauma, Addictions, Parenting Issues, Persistent Chaotic Patterns, Unsatisfying Relationships

Danny Edwards, M.A., LMFT, LPC, LCDC.....979-297-4335

Texas Family Solutions

109 Circle Way

Lake Jackson, TX 77566

www.txfamilysolutions.net

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Behavioral Issues, Career Counseling, Depression, Eating Disorders, Grief, Infidelity, Marriage Counseling, Obesity, Parenting, Self-esteem, Trauma/PTSD

Page Elgin, M.Ed., M.S., LPC, RPT.....713-366-2914

Assessment, Behavior & Counseling Services

1322 Space Park Dr., C237

Houston, TX 77058

www.abcstherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Play Therapy, Autism Evaluation and Therapy, Anger, Behavioral Support, ADHD, Anxiety, Depression, Adjustment Disorder, PTSD, Dyslexia Evaluation

Joe Elliott, LPA.....409-766-0954

Joe Elliott Psychological Services

305 21st St., Ste. 248

Galveston, TX 77550

www.galvestonpsych.com

Population Served: Adults

Types of Services: Individuals

Specialties: Coping Skills, Relationship Issues, Virtual Reality Therapy

Darrin Erb, Ph.D., M.S., LMFT-S.....760-919-2428

BestYOUtx

699 S. Friendswood Dr., Ste. 107

Friendswood, TX 77546

www.bestyoutx.com

Population Served: Children, Adolescents, Adults,

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Anxiety, Depression

Coleen Essary, M.A., LPC.....361-857-4510

Coleen K. Essary, M.A., LPC

Friendswood, TX 77546

www.coleenkessarycounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Family Conflict, Marital and Premarital Counseling

Jessica Estep, LCSW.....281-549-4705

Hopeful Texas, PLLC

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

www.hopefultexas.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Eating Disorders, Anxiety, Depression

Dedra Etzel, M.S., LPC, CCPT.....832-463-4545

Parkside Counseling Center

105 Shadwell Lane

Friendswood, TX 77546

www.parksidecounselingcenter.com

Population Served: Children, Adolescents

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, Depression, Grief, ADHD, Anger Management, Behavioral Issues, Coping Skills

Alex Evans, Ph.D.....281-993-8040

Stepping Stone Therapy

1400 W. NASA Pkwy., Ste. E

Webster, TX 77598

www.steppingstonetherapy.org

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety Management, LGBTQ+, Career Stressors, Eating Concerns

Daniela Fant, LCSW.....281-306-2865

Daniela M. Fant, LCSW

Baytown, TX 77520

www.psychologytoday.com/us/therapists/daniela-m-fant-baytown-tx/169169

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Chronic Pain, Depression, Family Conflict, Grief

Katie Fayle, M.A., LPC-Associate, CSAT-C.....713-208-7880

Supervised By: Penny Lezak, LPC-S

Resilient Mind Counseling and Coaching

9511 Warren Rd.

Mont Belvieu, TX 77521

www.resilient-minded.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Relationship Issues, Sexual Addiction, Trauma and PTSD

Anna Fazio, M.A., LPA.....281-818-6758

Anew Psychological Services

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Depression, Anxiety, Trauma

Melanie Featherly, M.Ed., LCDC, LPC-Associate.....832-932-3530

Supervised By: Mondee Stone, LPC-S

League City Counseling and Education Center

2555 South Shore Blvd., Ste. C

League City, TX 77573

www.lccounselingandedcenter.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Transitions, Anxiety, Depression, Trauma

David A. Feil, M.S., LPC.....409-227-6047

David A. Feil, M.S., LPC

305 21st St., Ste. 254

Galveston, TX 77550

www.davidafeil.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Childhood Trauma, Family Violence, Sexual Assault, Emotional Abuse, Human Trafficking

Lynda Feldt, M.S., LPC, LCDC, NCC.....281-207-0788

Life Tree Counseling Center

201 Enterprise Ave., Ste. 300

League City, TX 77565

www.lifetreecounseling.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Substance Use, Depression, Anxiety, Trauma, Grief, Life Transitions

Greg Fenberg, M.A., LMFT, CART.....713-487-7792

Create Change Therapy

2200 Market St., Ste. 325

Galveston, TX 77550

www.createchangetherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Emotional Wellness and Balance, Self-esteem, Stress, Anger Management, CBT, Disaster Recovery, Parenting Concerns, Gay and Lesbian Issues, Life Transition and Adjustment, Adult Sexual Abuse, Domestic Violence, Substance Abuse, Grief and Loss

Jennifer Ferguson, M.A., LPC.....832-463-4545

Parkside Counseling Center

105 Shadwell Dr.

Friendswood, TX 77546

www.parksidecounselingcenter.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anxiety, Marital and Premarital, Addiction

Emily Fessler, Ph.D., LMFT-S.....979-330-7006

Dr. Emily Fessler, Ph.D., LMFT-S

16815 Royal Crest Blvd., Ste. 240

Houston, TX 77058

www.emilyfesslertherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Sex Therapy, Marital and Premarital, Women's Issues

Yarden Finder, Ph.D.....281-993-8040

Stepping Stone Therapy

1400 W. NASA Pkwy., Ste. E

Webster, TX 77598

www.steppingstonetherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Neurodevelopmental Disorders, ADHD, Autism Spectrum Disorder, Specific Learning Disorders

Elizabeth Fisher, M.A., LPC.....833-826-7570

Elizabeth Fisher, M.A., LPC

2225 County Rd. 90, Ste. 215

Pearland, TX 77584

www.psychologytoday.com/us/therapists/elizabeth-fisher-pearland-tx/467415

Population Served: Adults

Types of Services: Individuals

Specialties: Depression, Trauma, PTSD, Women's Issues

Jo'Sina Fletcher, M.S., LPC.....832-301-9244

The Feelings Healers

1560 W. Bay Area Blvd., Ste. 303

Friendswood, TX 77546

www.psychologytoday.com/us/therapists/josina-fletcher-austin-tx/835449

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADD/ADHD, Anxiety and Panic Disorders, Stress, Substance Abuse, Grief and Loss, Cancer/Life Threatening Diseases, Low Self-esteem, Depression, Marital/Family Conflict, Eating Disorders

Faith Flowers, LPC-Associate.....281-481-7133

Supervised By: Tamisha Daniels, LPC-S

Sagemont Counseling Center

11300 S. Sam Houston, Pkwy., E.

Houston, TX 77089

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Unhealthy Relationships, Anger Management, Grief, Loss

Jocelynn Flowers-Ashton, M.A., LPC-Associate.....281-524-2854

Supervised By: Fatimah Escobar, M.A., LPC-S

Guiding Light Counseling and Consulting

www.guidinglightcounselinggroup.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Stress, Depression, Anxiety, Trauma, Life Transitions

John Fontenot, M.A., LPC.....832-569-2450

Renew Psychotherapy Group

1414 S. Friendswood Dr., Ste. 430 B

Friendswood, TX 77546

www.renewtherapygroup.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Anger, PTSD, Trauma, Relationship Skill Development

Tina Fontenot, M.S., LPC.....281-475-9958

Empowerment Therapy

4827 Main St.

Sante Fe, TX 77510

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Depression, Lesbian Issues

Christine Foster, M.A., LPC.....281-720-7448

Christine Foster Counseling

1110 E. NASA Pkwy., Ste. 545M

Houston, TX 77058

www.christinefostercounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Life Transitions, Family Conflict, Anxiety, Women's Issues

Tammy S. Fountain, LPC-S, CGP.....409-527-6176

Tammy S. Fountain, LPC-S, CGP

Galveston, TX 77551

<https://www.psychologytoday.com/us/therapists/tammy-s-fountain-galveston-tx/130710>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Women's Issues, Codependency, Life Coaching

Chris Fowles, LPC-S, LCDC.....281-937-4133

Thrive Family Counseling - League City

201 Enterprise Ave., Ste. 650

League City, TX 77573

www.thrivefamilycounseling.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Addiction, Trauma and PTSD, Sexual Addiction, Anxiety, Trauma and PTSD

Dedra Frazier, Ph.D., LP, LSSP.....979-285-9242

Psychology Works

210 Lake Rd., Ste. 700A

Lake Jackson, TX 77566

www.psychologyworkstx.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: ADHD, Depression, Anxiety, Trauma, PTSD, Learning Disabilities

Jessica Frasier, M.A., LPC, CTP.....940-210-0752

Hope Again Counseling

150 W. Shadowbend Ave., Ste. 100

Friendswood, TX 77546

www.hopeagaincounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Group

Specialties: Grief, Trauma and PTSD, Anxiety, Coping Skills, Depression, Life Transitions, Parenting, Relationship Issues, Self-esteem, Stress, Suicidal Ideation, Women's Issues

Tenley Fukui, M.A., LPC.....713-408-2468

Tenley Fukui, M.A., LPC

17047 El Camino Real, Ste. 222

Houston, TX 77058

www.tenleyfukui.net

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Chronic Pain, Obesity, Obsessive Compulsive Disorder (OCD), Sleep Disturbance, Insomnia, Trauma, PTSD

Matthew Furman, M.S., LPC-Associate.....979-297-4335

Supervised By: Rhonda West, M.A., LPC-S

Texas Family Solutions

109 Circle Way

Lake Jackson, TX 77566

www.txfamilysolutions.net

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Behavioral Issues, Career Counseling, Depression, Eating Disorders, Grief, Infidelity, Marriage Counseling, Obesity, Parenting, Self-esteem

Paola Gonzalez Fusilier, M.A., LPC, RPT.....713-527-2295

Pasadena Counseling Center

3315 Preston Ave.

Pasadena, TX 77505

www.pasadenacounselingcenter.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, ADHD, Stress Management, Family Relationships, Behavioral Issues, Work/Life Balance, Trauma, PTSD, Addiction, Grief, Adoption/Foster Care, Parenting

Danielle Fyffe, M.A., LPC, NCC.....281-992-3186

Healing Hearts Christian Counseling

2400 West Bay Area Blvd.

Friendswood, TX 77546

www.danielleyfffe.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma/PTSD, Marital and Premarital, Relationship Issues

Christina Garcia, LPC.....281-426-0262

In These Shoes Therapy and Wellness

17300 Saturn Ln., Ste. 103

Houston, TX 77058

www.itstherapyandwellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Behavioral Issues, Parenting

Donielle Garcia, M.A., LPA.....281-818-6758

Anew Psychological Services

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Life Changes, Depressive Disorders, Anxiety, Obsessive Compulsive Disorder (OCD), ADHD, Trauma

Lupe Garcia, LPC, NCC.....281-997-8400

Pearland Counseling Center

2217 Park Ave.

Pearland, TX 77581

www.pearlandcounselingcenter.com

Population Served: Adults

Types of Services: Individuals

Specialties: Substance Abuse, Personality Disorders, Depression, Trauma, Grief and Loss, Relational Problems, Anxiety, Anger Management

Omar Garcia, LPC, LCDC.....281-549-4705

Hopeful Texas, PLLC

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

www.hopefultexas.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anger Management, Depression, Stress, Mood Disorders, Anxiety, Behavioral Issues, Bipolar Disorder, Grief, Trauma, PTSD

Sol-Angel Garcia, LMFT-S.....713-201-5412**Sol Counseling**

2006 E. Broadway Ste. 104

Pearland, TX 77581

www.solgarciacounseling.com**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Depression, Anxiety, Couples Counseling, Work and Career Issues, Stress Management, Conflict Resolution, Immigration Evaluations**Christine "Mika" Gardaya-Walton, M.A., LPC.....281-818-6758****Anew Psychological Services**

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Neurodevelopmental Disorders, Mindfulness Practices, Anxiety, Mood Disorders, Grief, Trauma, Resilience**Angelica Melissa Garza-Benavides, Ph.D.....713-817-1596****Angelica Melissa Garza-Benavides, Ph.D.**

Houston, TX 77058

www.psychologytoday.com/us/therapists/dr-garza-benavides-houston-tx/50076**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Depression, Trauma, PTSD, Anxiety, Behavioral Issues**Gardenia Garza-Paul, LCSW.....281-769-2238 ext. 603****Clearhope Wellness Center**

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com**Population Served:** Children, Adults**Types of Services:** Individuals**Specialties:** Abuse, Anxiety, Bilingual in Spanish, Complex Medical, Developmental and Behavioral Diagnosis in Pediatric Populations, Depression, Immigrant Populations, Substance Abuse Disorder in Maternal Perinatal Populations**Liza George, LPC.....281-549-4705****Hopeful Texas, PLLC**

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

www.hopefultexas.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Work Stressors, School Issues, Life Transitions, Anxiety, Depression

Roshney George, M.A., LPC-Associate.....346-302-8089*Supervised By: Charles McComb, M.A., LPC-S, CSAT, CMAT***Judah Christian Counseling & Recovery**

Pearland, TX 77581

www.judahchristiancounseling.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Coping Skills, Anxiety, Self-esteem, Depression, Women's Issues**Christen Geron, M.A., LMFT-Associate.....281-207-0788***Supervised By: Melanie Graves, M.A., LMFT-S***Life Tree Counseling Center**

201 Enterprise Ave., Ste. 300

League City, TX 77565

www.lifetreecounseling.org**Population Served:** Adults**Types of Services:** Individuals, Families**Specialties:** Communication, Conflict, Trauma, Post-Divorce, Grief, Loss, Female Issues, Infertility, Postpartum Depression**Maryehdiah Giah, LPC.....281-549-4705****Hopeful Texas, PLLC**

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

www.hopefultexas.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anger Management, Trauma and PTSD**Julie Gibson, M.A., LPC, NCC.....713-857-9875****Julie C. Gibson, M.A., LPC, NCC**

107 Shadwell Lane, Ste. 105

Friendswood, TX 77546

Population Served: Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Depression, Parenting**Leah Gillam, LCSW-S.....281-818-1745****Selah Counseling Center, PLLC**

2734 Sunrise Blvd., Ste. 309

Pearland, TX 77584

www.selahtx.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Trauma, PTSD, Anxiety, Depression

Verdale Goins, Ph.D., LPC, CAC.....346-874-7105

Jireh Counseling Center

2000 25th Ave. N., Ste. 103

Texas City, TX 77590

www.jirehcounselingcenter.org

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Behavioral Issues, Marital and Premarital, Anxiety, Depression

Ashley Gonzalez, M.S., LPC-S, LCDC.....346-910-8767

A Peaceful Mind, LLC

1300 Bay Area Blvd., Ste. B115

Houston, TX 77058

www.apeacefulmindcc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Trauma, ADHD, Coping Skills, Substance Use, Stress, Adjustment Disorder, Abuse Survivors, Alcohol Use, Autism Spectrum Disorder, Bipolar Disorder, Parenting, Social Anxiety, Couples Counseling

Patricia Goodman, LPC-Associate.....281-937-4133

Supervised By: Dr. Cynthia Coronado, Ed.D., LPC-S, CAS, CCTP, EMDR

Thrive Family Counseling - League City

201 Enterprise Ave., #650

League City, TX 77573

www.thrivefamilycounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Trauma, Parenting, Teen Issues

Shayra Gonzalez, LPC-Associate.....713-322-9517

Supervised By: Chris Hansen, Ph.D., LPC-S

Thriveworks Pearland

2743 Smith Ranch Rd., Ste. 801

Pearland, TX 77584

www.thriveworks.com/therapist/tx/shayra-gonzalez

Population Served: Adults

Types of Services: Individuals, Families

Specialties: Life Stressors, Family Conflict, Depression, Anxiety, Self-discovery

Vinny Gonzales, LMFT.....832-409-1722

Relate Therapy

16815 Royal Crest Dr., Ste. 240

Houston, TX 77058

www.mattbrowntherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Life Transitions, Relationship Issues, Depression

Rachelle Goodwin, M.A., LPC.....346-206-3992

The Resilience Center of Houston

12234 Shadow Creek Pkwy., Bldg. 10, Ste. 106
Pearland, TX 77584

www.resiliencecenterhouston.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Mood Disorders, Self-esteem, Suicidal Ideation, Disruptive Behavior, Oppositional Defiance and Conduct Disorder, Life Transitions, Anxiety, Trauma

Arlene T. Gordon-Hollingsworth, Ph.D.....281-818-6758

Anew Psychological Services

3129 Kingsley Dr., Unit 840
Pearland, TX 77584

www.anew-psychological.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: ADHD, Impulsivity Disorder, Autism Spectrum Disorder, Comprehensive Evaluation for Children, Comprehensive Evaluation for Adults

Feliss Goree, M.A., LPC, NCC, CRC.....346-503-9419

iWin Counseling, PLLC

Houston, TX

www.iwincounseling.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Coping Skills, Anxiety, Depression

Melinda Goudeau, M.A., LPC.....713-678-0403

Counseling Futures

211 E. Parkwood Ave., Ste. 104
Friendswood, TX 77546

www.counselingfutures.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Abuse, Anxiety, Depression, Marriage, Ministers and Their Families, Relationship Conflicts, Retirement, Self-esteem, Shame, Trauma

Crystal Graham, LMFT-Associate.....281-940-4115

Supervised by: Lauren L. Barron, Ph.D., LMFT-S

I Choose Me Counseling

303 E. Main St.

League City, TX 77573

www.ichoosemecounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Trauma, Relationship Issues

Debbie Grammas, Ph.D.....713-304-6554

Debbie Grammas, Ph.D.

1300 Bay Area Blvd., Bldg. B, Ste. 125

Houston, TX 77058

www.debbiegrammas.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Depression, Marital Issues, Body Image, Eating Disorders, Grief and Loss, Parenting

Melanie Graves, M.A., LMFT-S.....979-476-2682

Victory Therapy Service, PLLC

1300 Bay Area Blvd., Bldg. B., Ste. 122

Houston, TX 77058

www.melaniegraves.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Relationship Issues, Divorcing Families, Blended Families, Grief

Donald Gray, M.A., LMFT.....281-744-4074

Clear Lake Family Counseling

201 Enterprise Ave.

League City, TX 77573

www.clearlakefamilycounseling.org

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Family Conflict, Marital and Premarital, Parenting

Crystal Green, LCSW.....281-810-9775

Blue Horizon Counseling

3820 E. Broadway St.

Pearland, TX 77581

www.bluehorizoncounseling.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Depression, Mood and Personality Disorders, Relationship and Marital Issues, Codependency

Shameitra N. Green, M.A., LMFT.....281-628-2123

Nexus Therapy

12234 Shadow Creek Pkwy., Ste. 1108

Pearland, TX 77584

www.psychologytoday.com/us/therapists/shameitra-n-green-pearland-tx/113095

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Sexual Abuse, Trauma and PTSD, Family Conflict, Grief

Tara Greer, LCSW.....281-549-4706

Hopeful Texas, PLLC

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77059

www.hopefultexas.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Trauma and PTSD, Depression

Mark Groblewski, LCSW.....832-687-7915

Mark Groblewski, LCSW

1110 NASA Pkwy., Ste. 545K

Houston, TX 77058

www.relationshiptherapyhouston.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Infidelity, Marriage Counseling, Relationship Issues

Mario Guel, M.A., LPC.....281-317-0584

Empatico Counseling

115 N. Dixie Dr., #250

Lake Jackson, TX 77566

www.apeacefulmindcc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Anger Management, Grief, Loss, Family Issues, Couples Issues, Spanish Speaking

Ashlee Gulley, M.Ed., LPC.....832-910-7476

Hurtspeaks Wellness Center, PLLC

Regus Office, 11200 Broadway St.

Pearland, TX 77584

www.hurtspeaks.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Grief, Anxiety, Trauma, PTSD

Katia Gurgel, LPC-Associate.....281-779-8619

Supervised By: Darline Hunter, LPC-S

Ellie Mental Health

2200 Space Park Dr., Ste. 240

Houston, TX 77058

www.elliementalhealth.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Parenting, Depression, Anxiety

Cardenas Gutierrez, LPC-S, NCC, LCDC.....346-351-0428**Cardenas Gutierrez, LPC-S, NCC, LCDC**

306 S. Friendswood Dr., Ste. C-3

Friendswood, TX 77546

*www.cardenasgutierrezlpc.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Trauma, Self-esteem, Communication Issues, Life Transitions such as Empty Nesting, Change in Marital Status, Adjustments to College or Workplace, or Arrival of a New Baby**Leslie Hagemeyer, LMSW.....281-485-9280****Counseling Connections for Change**

2549 Roy Rd.

Pearland, TX 77581

*www.counselingconnections.org***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Trauma, PTSD, Self-Esteem, Communication, Coping Skills**Peggy Halyard, BBA, M.A., LPC.....832-594-8837****Peggy Halyard: Houston Marriage Counseling Therapy**

1300 Bay Area Blvd., Bldg. B., Ste. 125

Houston, TX 77058

*www.couples-help.com***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Marriage Counseling, Couples Counseling, Anxiety, Depression, Relationship Issues**Meaghan Hampton, LPC - Associate.....713-678-0403***Supervised By: Kali Scheschuk, LPC-S***Counseling Futures**

211 E. Parkwood Ave., Ste. 104

Friendswood, TX 77546

*www.counselingfutures.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** ADHD, Anxiety, Coping Skills, Family Conflict, Grief**Jayna Haney, M.S., LPC, EMDR.....832-779-2120****The Bridge Across**

11200 Broadway St., Ste. 2743

Pearland, TX 77584

*www.psychologytoday.com/us/therapists/jayna-haney-single-parentsstepfamiliesco-parents-houston-tx/262646***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Men's Issues, Parenting, Relationship Issues

Kimberly Haney, M.S., LPC.....281-333-2817

League City Counseling

18333 Egret Bay Blvd., 270M

Houston, TX 77058

www.leaguecitycounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, Depression, Difficult Life Adjustments, Trauma, Substance Use Disorders

Amy Hansen, LPC-S, LCDC.....832-532-2074

Silver Linings Texas

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.silverliningstx.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Anxiety, Depression, Addiction

Blanca E. Hanus, M.A., LPC.....713-637-6000

Northshore Counseling Center, Inc.

331 Freeport St.

Houston, TX 77015

www.nshore.cc

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Emotional Issues, Severe Psychological Disorders, Crisis Management, Parent Training

Amy Harlow, LPC-Associate.....409-770-4021

Supervised By: Dr. Cynthia Coronado, Ed.D., LPC-S, CAS, CCTP, EMDR

Amy Harlow Counseling

Santa Fe, TX 77510

www.amy-harlow-counseling.clientsecure.me

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Trauma, School Issues, Parenting, Women's Issues, Stress, Behavioral Issues, ADD/ADHD

Daphane Harris, M.S., LMFT.....346-297-0590

D-Joy House Counseling

1110 NASA Pkwy., Ste. 545-S

Houston, TX 77058

www.djoyhouse.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Groups

Specialties: Relationship Issues, Marital and Premarital, Women's Issues

Will Harris, LPC, LCDC.....281-997-8400

Pearland Counseling Center

2217 Park Ave.

Pearland, TX 77581

www.pearlandcounselingcenter.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Veterans, Active-Duty Military Families, Psychiatric Disorders, EMDR

Lakisha Hayes, LPC.....713-222-2525

Innovative Alternatives, Inc.

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Behavioral Issues, Emotional Issues, Family Conflict

Terrinice Hayes, LMFT-Associate.....866-574-0552

Supervised By: Leslie Guditis, LMFT-S

New Dimensions Day Treatment Center

1345 Space Park Dr., Ste. C

Houston, TX 77058

www.nddtreatment.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, Panic Attacks, Depression, Trauma/PTSD, Suicidal Thoughts, Self-harm, Anger Issues, Bipolar Disorder, Severe Stress, Alcoholism, Substance Abuse

Ashli Hedrick, LPC.....281-481-7133

Sagemont Counseling Center

11300 S. Sam Houston Pkwy., E.

Houston, TX 77089

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Spiritual Issues, Emotional Issues, Mental Health Issues

Paige Stafford Helms, M.A., LPC-S.....281-386-4650

Novel Changes Therapy

1560 Bay Area Blvd., Ste. 303

Friendswood, TX 77546

www.novelchangestherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: LGBTQ+, Anxiety, Depression

Deborah Henderson, M.A., LPC.....281-937-4139

Magnolia Counseling of Pearland

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.magnoliacounselingofpearland.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Trauma, Depression, Anxiety, Interpersonal Difficulties

Michelle Hendrick, M.S., LPC.....979-429-2973

Michelle Hendrick, M.S., LPC

Lake Jackson, TX 77566

www.michellehendricklpc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Anger Management, Grief/Loss, Marriage Issues, Family Issues

Donna J. Henn, M.S., LPC.....832-816-4441

Donna J. Henn, M.S., LPC

Houston, TX 77058

www.donnahenn.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anger Management, Crisis Management, Relationship Issues, Anxiety, Depression, Communication, Family Conflict

Christine Henry, Ph.D., NCC, LCDC.....832-380-4850

Dr. Christine Henry Therapy For Pet People

Houston, TX

www.therapyforpetpeople.com

Population Served: Adults

Types of Services: Individuals

Specialties: Neurodivergence, Highly Sensitive Person, Trauma, Grief, Religious Trauma, Therapy for Therapists

Rachel Hensley, M.A., LMFT, CART.....409-789-3535

Hensley Consulting Services: Counseling & Guidance, PLLC

528 9th Ave. N.

Texas City, TX 77590

www.rachelhensleymft.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anxiety, Depression, Anger/Aggression, Self-awareness, Communication, Infidelity, Sex/Intimacy, Parenting, Divorce/Separation, Aggression/Abuse/Violence

Justina Heredia, M.S., LPC, LCDC.....832-569-2450

Renew Psychotherapy Group

1414 S. Friendswood Dr., Ste. 430, Bldg. B

Friendswood, TX 77546

www.renewtherapygroup.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Stress, Anxiety, Couples, Life Changes, Life Coaching, ADHD, Learning Styles, Career Difficulties, Multicultural, Military and Family Life, Christian Counseling

Cynthia Hernandez, LCSW.....936-213-0473

The Feelings Healers

1560 W. Bay Area Blvd., Ste. 303

Friendswood, TX 77546

www.thefeelingshealers.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Life Adjustments, Parent-Child Relationship, Traumatic Experience

Katy Hewson, MSW, LCSW-S.....713-253-1433

League City Therapy, LLC

1110 NASA Pkwy., Ste. 545J

Houston, TX 77058

www.leaguecitytherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Life Changes, Relationship Issues, Divorce, Parenting, Family Conflict, ADHD, Grief, Suicidal Ideation, Bullying

Laura Hicks, M.A., LPC, LMFT.....832-569-2450

Renew Psychotherapy Group

1414 S. Friendswood Dr., Ste. 430, Bldg. B

Friendswood, TX 77546

www.renewtherapygroup.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Improving Relationship Skills, Couples Counseling, Parenting Issues, Emotional Abuse, Divorce Recovery, Mood Disturbances, Anxiety, Depression, Faith-based Counseling

Oscar Higareda, LCDC, LPC.....346-242-6663

The Mental Wellness and Behavioral Health Center

607 East House St.

Alvin, TX 77511

www.thementalwellnessandbehavioralhealthcenter.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, PTSD, School Difficulties, Parent Alienation, Trauma, Loss, Separation, Divorce, Family Conflict, Anger, Low Self-esteem, Eating Disorders

- Kellie Hill, M.S., LPC-S.....281-549-4705**
Hopeful Texas, PLLC
 1100 E. NASA Pkwy., Ste. 101
 Houston, TX 77058
www.hopefultexas.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Grief, Relationship Issues
- Gary Hilliard, B.S., LCDC.....866-574-0552**
New Dimensions Day Treatment Center
 1345 Space Park Dr., Ste. C
 Houston, TX 77058
www.nddtreatment.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Substance Abuse, Alcoholism, Severe Stress, Anger Issues, Self-harm, Suicidal Thoughts, Trauma and PTSD, Depression, Panic Attacks, Anxiety
- Shea Hillman, LPC.....281-723-6672**
Stone Styled Therapy
 League City, TX 77573
www.stonestyledtherapy.com
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Relationships, Life Transitions, Anger Management, Trauma
- Karen Himelfarb, M.S., LMFT.....713-453-6358**
Brightside Counseling Center
 15201 East Freeway, Ste. 112
 Channelview, TX 77530
www.psychologytoday.com/us/therapists/brightside-counseling-center-channelview-tx/1005407
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: ADHD, Anxiety, Grief, Marriage Counseling, Relationship Issues, Depression, Divorce, Infertility, Infidelity, Obesity, Obsessive Compulsive Disorder (OCD)
- Tanya Hinson, M.S., LPC.....281-333-5250**
Daniel K. Sanders, Psy.D. & Associates, Inc.
 18333 Egret Bay Blvd., Ste. 145
 Houston, TX 77058
www.dksanderspsychology.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Mood Disorders, Anxiety, Acute Mental Illness, Addiction, Psychological Assessments, Learning Disabilities

Victor Hirsch, Ph.D.....281-332-3852

Hirsch & Associates: Comprehensive Mental Healthcare

549 Egret Bay Blvd., Ste. 300

League City, TX 77573

www.drvectorhirsch.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: PTSD, Motivation, Relationship Issues, Men's Issues, Enhancing Sports Performance, Panic Disorders, Anxiety, Depression

Emily Hladik, LMFT.....281-769-2238 ext.574

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples, Families

Specialties: Christian, Family Therapy, Play Therapy

Jennifer Hobson, M.S., LPC.....832-757-5014

Inspire Center for Counseling

1322 Space Park Dr., Ste. B128

Houston, TX 77058

www.inspirecfc.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Men's Issues, Relationship Issues, Trauma/PTSD, Women's Issues

Mark Hobson, LPC-Associate.....832-757-5014

Supervised By: Charles Huston McComb, Jr., M.A., LPC-S, CSAT, CMAT

Inspire Center for Counseling

1322 Space Park Dr., Ste. B128

Houston, TX 77058

www.inspirecfc.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Men's Issues, Anxiety, Behavioral Issues, Relationship Issues, Coping Skills, Depression

Patty Hooks, LPC.....281-769-2238 ext.609

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples, Families

Specialties: Christian, DBT, Family Therapy, Trauma, Women's Issues

- Helen Humphries, M.A., LMFT.....832-377-0056**
 1120 NASA Pkwy., #633
 Houston, TX 77058
www.helenhumphriestherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Trauma, Play Therapy, Behavioral Issues, Family Conflict, Relationship Issues. Bilingual in English and Spanish.
- Denetrius Hunter, LCSW.....832-307-3008**
Clear Lake Child and Family Therapy
 11200 Broadway St., Ste. 2743
 Pearland, TX 77584
www.pinnacleofpurposecounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, PTSD, Women's Issues, Life Transitions, Substance Abuse
- Aysha Hussaini, MSW, LCSW.....346-206-3992**
The Resilience Center of Houston
 12234 Shadow Creek Pkwy., Bldg. 10, Ste. 106
 Pearland, TX 77584
www.resiliencecenterhouston.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Mood Disorders, Bipolar Disorder, Anxiety, Trauma and PTSD, LGBTQIA+, Self-esteem, Self-harm, Relationship Issues
- Rebecca Jacklin, LMSW.....281-247-6283**
Supervised By: Tara Bates, LCSW-S
Rebecca Jacklin, LMSW
 307 South Friendswood Dr., Ste. B-3
 Friendswood, TX 77546
www.psychologytoday.com/us/therapists/rebecca-jacklin-sugar-land-tx/866642
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Art Therapy, Christian Counseling, Dance Movement Therapy, DBT, Motivational Interviewing, Multicultural Therapy, Music Therapy, Parent-Child Interaction, Play Therapy, Sand Play, Strength-based Therapy
- Kim Jackson, LPC, ASOTP.....832-829-2400**
The Refuge Counseling Services
 200 Houston Ave., Ste. A
 League City, TX 77573
www.therefugecounseling.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Children's Issues, Self-esteem, Anxiety

- Kimberly James, Ph.D.....281-993-8040**
Stepping Stone Therapy
 1400 W. NASA Pkwy., Ste. E
 Webster, TX 77598
www.steppingstonetherapy.com
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Stress, Self-esteem, Career/Work-related Concerns, Grief, Work Stress and Burnout, Life Transitions, Relationships (particularly intra-cultural and intercultural), Nutrition, Fitness
- Linda Jefferson, LPC, LCDC.....713-331-3883**
Confident Solutions Counseling
 Pearland, TX
www.lindajefferson.clientsecure.me
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Trauma, Anger Management, Communication Issues, Coping Skills, Family Conflict
- Andrea Johnson, LMFT.....281-797-9879**
Life Redefined Healing
 1506 Winding Way Dr., Ste. 108
 Friendswood, TX 77546
www.liferedefinedhealing.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital
Specialties: Marital/Premarital, Family Therapy, Depression, Women's Issues, Adolescent Issues, Life Coaching
- Ashley Johnson, M.Ed., LPC.....832-633-5211**
Lee Mental Health Services
 11800 Magnolia Pkwy.
 Pearland, TX 77584
www.leementalhealth.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Coping Skills
- Cherie Johnson, LPC.....281-940-4115**
I Choose Me Counseling
 303 E. Main St.
 League City, TX 77573
www.ichoosemecounseling.com
Population Served: Pre-Teens, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Behavioral Issues, Depression, Grief, Relationship Issues

Jennie Johnson, LPC, LCDC.....346-206-3992**The Resilience Center of Houston**

12234 Shadow Creek Pkwy., Bldg. 10, Ste. 106

Pearland, TX 77584

www.resiliencecenterhouston.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Substance and Behavioral Dependency, Anger Management, Conflict Management, ADHD, Anxiety, Physical and Sexual Abuse, Borderline Personality Disorder, Depression, Grief**Mariah Johnson, M.A., LPC.....281-207-0788****Life Tree Counseling Center**

201 Enterprise Ave., Ste. 300

League City, TX 77565

www.lifetreecounseling.org**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anxiety, Abuse, Trauma, Grief, Loss, Parent-Child Relationships, Self-harm, Anger Issues, Body Image**Renee Johnson, M.Ed., LPC, NCC.....281-962-9017****CRM Counseling**

2810 Center St., #102

Deer Park, TX 77536

www.psychologytoday.com/us/therapists/renee-johnson-deer-park-tx/1160426**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** ADHD, Anxiety, Depression, Behavioral Issues, Coping Skills, Family Conflict, Grief, Life Transitions, Mood Disorders, Obsessive Compulsive Disorder (OCD), Oppositional Defiance Disorder (ODD), Parenting, Peer Relationships, School Issues, Self-esteem, Self-harm, Stress, Suicidal Ideation, Trauma, PTSD, Women's Issues, Veterans**Mary Ann Johnston, M.Ed., LPC.....713-667-5659****Mary Ann Johnston, M.Ed., LPC**

2025 County Road 90, #221

Pearland, TX 77584

www.psychologytoday.com/us/therapists/mary-ann-johnston-bellaire-tx/40615**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma, PTSD, Relationship Issues, Depression, Addiction, Anger Management, Anxiety, Behavioral Issues, Chronic Pain, Divorce, Domestic Violence, Dual Diagnosis, Family Conflict, Grief, Internet Addiction, Parenting, Self-esteem, Women's Issues

Kourtnei Jones, LPC.....346-242-6663

The Mental Wellness and Behavioral Health Center

607 East House St.

Alvin, TX 77511

www.thementalwellnessandbehavioralhealthcenter.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, PTSD, School Difficulties, Parent Alienation, Trauma, Loss, Separation, Divorce, Family Conflict, Anger, Low Self-esteem, Eating Disorders

LaQuita Jones, MSW, LCSW.....281-885-8856

LaQuita Jones, MSW, LCSW

Pearland, TX 77584

www.psychologytoday.com/us/therapists/laquita-jones-pearland-tx/991297

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Family Conflict, Life Transitions

Michael Jones, Ph.D.....281-554-6100

Psychological Associates

17300 Saturn Ln., Ste. 103

Houston, TX 77058

www.4psych.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Meditation and Mindfulness, Depression, Stress, Anxiety, Mood Disorders, Career Changes, Loss and Grief, CBT, Low Self-esteem, Relationships, Life Transitions

Tamara Jones, M.Ed., LPC.....832-905-9307

Tamara Jones Impact

Pearland, TX

www.tamarajonesimpacts.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples, Families

Specialties: Relationship Issues, Parenting, Sex Therapy

Jesica Joseph, M.A., LPC.....281-818-6758

Anew Psychological Services

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Adjustment, Trauma, Health Issues

Jasmine Juge, LCSW.....832-617-3536

As You Were, PLLC

Webster, TX

www.asyouweretherapy.com

Population Served: Adults, Elders

Types of Services: Individuals, Groups

Specialties: Anxiety, Depression, Trauma and PTSD

Jessica Canfield Kafrouni, M.A., M.Ed., LCDC, CART.....281-450-8375

Kan Counseling, PLLC

2217 N. Park Ave.

Pearland, TX 77581

www.psychologytoday.com/us/therapists/jessica-canfield-kafrouni-friendswood-tx/345727

Population Served: Adults

Types of Services: Individuals, Families, Groups

Specialties: Addiction, Anger Management, Anxiety, Behavioral Issues, Coping Skills, Depression, Drug Abuse, Family Issues, LGBTQ+, Peer Relationships, Self-esteem, Self-harm, Stress

Deanna Kasper, Ph.D., LPC.....409-392-0592

Deanna Kasper, Ph.D., LPC

8610 Seawall Blvd., Ste. 205

Galveston, TX 77550

www.deannakaspercounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma, Depression, Anxiety, Grief and Loss, Relationship Issues, Personal Growth

Thomas Kasper, LPC.....574-699-3369

Thomas Kasper Counseling

1120 NASA Pkwy., Ste. 220H

Houston, TX 77058

www.kaspercounselinghouston.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: EMDR Therapy, Anxiety, Depression, Marriage Counseling, Family Counseling, Addictive Behaviors, Trauma, Stress Therapy, Sleep, Self-esteem

Brian James Kearns, Ph.D.....346-666-6752

Brian James Kearns, Ph.D.

150 West Shadowbend Ave.

Friendswood, TX 77546

www.psychologytoday.com/us/therapists/brian-james-kearns-friendswood-tx/940036

Population Served: Children, Adolescents

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, Sexual Addiction, Couples Counseling, Grief, Trauma

- Donna Kelly, M.S., LPC-S.....281-309-1981**
Kelly's Home Therapy Services, LLC
Houston, TX
www.kellyshometherapyservices.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Home Therapy: Trauma and PTSD, ADHD, Coping Skills, Anger Management, Anxiety, Autism, Bipolar Disorder, Depression, Grief, Oppositional Defiance, Parenting, Self-esteem
- JP Kendrick, LMSW.....281-752-6890**
Nurture and Nature Therapy Center
17047 El Camino Real, Ste. 215
Houston, TX 77058
www.nurtureandnaturetherapycenter.com
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Trauma, Addiction, Personality Disorders, Men's Issues, Depression, Anxiety, Life Transitions, Professional Issues
- Marissa Kepple, LPC-Associate.....281-993-8040**
Supervised by: Dr. Elil Yuvarajan, Ph.D.
Stepping Stone Therapy
1400 West F.M. 528, Ste. E
Webster, TX 77598
www.steppingstonetherapy.org
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Trauma, Interpersonal Issues, Substance Use
- Carol Kerr, M.Ed., LPC, LCDC.....281-336-9470**
Carol S. Kerr, M.Ed., LPC, LCDC
Galveston, TX
www.psychologytoday.com/us/therapists/carol-s-kerr-galveston-tx/713147
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Parenting Skills, Adoption, Foster Care, Adolescent Changes, ADHD, School Issues, Depression, Anxiety, Divorce, Marital/Couple Counseling, Personal Growth, Aging, Work Conflict, Addiction, Codependency, Grief and Loss
- Shelly Kessinger, M.Ed., LPC.....281-317-7057**
Friendswood Marriage Counseling
1414 S. Friendswood Dr., Bldg. B, Ste. 312
Friendswood, TX 77581
www.friendswoodmarriagecounseling.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Communication Skills, Rebuilding Trust, Affair Recovery, Rebuilding Emotional Connections, Premarital Counseling

- Lorri Key, LCSW, M.P.H.....281-490-2400**
Bay Pointe Behavioral Health
 13310 Beamer Rd., Ste. G
 Houston, TX 77089
www.baypointebehavioral.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Life Transitions
- Anselm Khoo, M.Ed., LPC-S, NCC, CCM.....713-597-3531**
Anselm Khoo, M.Ed., LPC-S
 10907 Memorial Herman Dr., Ste. 340
 Pearland, TX 77584
www.psychologytoday.com/us/therapists/anselm-khoo-pearland-tx/1206134
Population Served: Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Addictions, Eating Disorders, Mood Disorders, Borderline Personality Disorder, Depression, Dual Diagnosis, Racial Identity, Substance Use, Suicidal Ideation. Speaks Mandarin, Spanish, Cantonese, and English.
- Katie King, LPC-Associate.....281-485-9280**
Supervised By: Connie Austin, M.A., LPC-S
Counseling Connections for Change
 2549 Roy Rd.
 Pearland, TX 77581
www.counselingconnections.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Relationship Issues, Family Conflict, Trauma, PTSD, Depression, Anxiety
- Brian Kline, Ph.D.....281-332-5100**
Psychology Resources
 216 North Michigan Ave.
 League City, TX 77573
www.psychology-resources.net
Population Served: Adults
Types of Services: Individuals
Specialties: Relationships, Depression, Anxiety (generalized, social, panic), Trauma, Career Development, Identity Development (gender, sexual, and racial/ethnicity identity development)
- Nancy Kling, M.A., LPC, LSSP.....281-482-7587**
Behavior Plus, Inc.
 902 South Friendswood Dr., Ste. G.
 Friendswood, TX 77546
www.behaviorplus.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Autism Spectrum Disorders, Management of Difficult Behaviors, Parenting, Social Skill Deficits, Learning Differences

Lee Ann Krause-Henry, M.S., LPC-S, LSSP.....281-810-9775

Blue Horizon Counseling

3820 E. Broadway St.

Pearland, TX 77581

www.bluehorizoncounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, PTSD, ADHD, Autism Spectrum Disorders, Separation Anxiety Disorder

Johanna Krauter, LPC, NCC.....281-937-4139

Magnolia Counseling of Pearland

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.magnoliacounselingofpearland.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Marital/Premarital, Family Issues, Relationship Issues, Conflict Resolution

Jennifer Kuhl, M.A., LPC, RPT.....713-222-2525

Innovative Alternatives, Inc.

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

Population Served: Children, Adults

Types of Services: Individuals, Families, Groups

Specialties: Depression, Anxiety, Adjustment Disorders, Wellness, Grief, Abuse Issues

Stefanie Kuhn, M.A., LMFT.....281-344-2204

Therapy Works

17047 El Camino Real, Ste. 215

Houston, TX 77058

www.therapyworkswell.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Infidelity, Sex Therapy, Couples Therapy

Ashley Kula, LPC.....281-481-7133

Sagemont Counseling Center

11339 Hughes Rd.

Houston, TX 77089

www.sagemontchurch.org

Population Served: Children, Adolescents

Types of Services: Individuals, Families, Groups

Specialties: Mentoring, Restoring Family Systems, Parenting, Anxiety, Depression, Trauma, Grief, Parenting, Life Transitions, Addiction, Family Issues

Sevren Lab, LMFT-Associate.....832-377-8813*Supervised By: Jennifer Kendall, Ph.D., LMFT-S***The Couples Zone**

1506 Winding Way, Bldg. 110, Ste. 202

Friendswood, TX 77546

*www.couplezone.org***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationships, Marital/Premarital, Men's Issues, Military or Veterans, Trauma, Self-esteem**Erika Labuzan-Lopez, M.A., LMFT, LPC.....832-827-3288****Center for Couples Counseling**

880 Lawrence Rd., Ste. 180

Kemah, TX 77565

*www.erikalabuzanlopeztherapy.com***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationship Struggles, Marriage Counseling, Infertility, Transition to Parenthood, Infidelity, Postpartum Mood, Anxiety, Affair Recovery**Heather Lambert, LPC.....281-769-2238 ext.501****Clearhope Wellness Center**

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

*www.clearhopewellness.com***Population Served:** Adults**Types of Services:** Individuals**Specialties:** EMDR, Trauma**Madonna Land, M.S., LPC, LCDC, NCC.....832-905-1323****Do The Work Counseling Services**

2640 E. League City Pkwy., Ste. 104 #4000

League City, TX 77573

*www.madonna-land.secure.me***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Adjustment Disorder, Anxiety, Addiction, Anger Management, Behavioral Issues, Codependency, Communication Issues, Compassion Fatigue, Coping Skills, Depression, Drug Abuse, Dual Diagnosis, Family Conflict, LGBTQIA+, Mindfulness, Relationships Issues, Self-esteem, Social Anxiety, Stress, Sports Performance

Melissa Lane, LMFT.....832-377-8813**The Couples Zone**

1506 Winding Way, Bldg. 110, Ste. 202

Friendswood, TX 77546

*www.couplezone.org***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Relationship Issues, Communication, Affairs, EMDR**Hannah Cavell Langley, Ph.D.....281-332-5100****Psychology Resources**

216 North Michigan Ave.

League City, TX 77573

*https://psychology-resources.net/***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families, Groups**Specialties:** Parenting Issues, Anxiety, Aggression, Defiance, Inattention, Motivation, Sleep, Toilet Training**Micheal Lanman, M.A., LPC.....281-241-1845****Lanman Counseling, PLLC**

Pearland, TX 77584

*www.psychologytoday.com/us/therapists/michael-lanman-pearland-tx/196994***Population Served:** Adolescents, Adults,**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationship Issues, Marital and Premarital, Infidelity**Virginia Lara, LPC-S, LMFT-S.....281-481-7133****Sagemont Counseling Center**

11339 Hughes Rd.

Houston, TX 77089

*www.sagemontchurch.org***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Family Dynamics, Domestic Violence, Drug and Alcohol Abuse, Anger Management, Decision Making, Grief/Loss, Parenting/Grandparenting**Faith Larson, MSW, LCSW, CCTP-II, CIMHP.....281-215-3716****Cultivating Changes**

1335 Regents Park Dr., Ste. 130

Houston, TX 77058

*www.cultivatingchanges.net***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Complex Trauma, EMDR, PIT, Motivational Interviewing, DBT, CPT, TBRI, Trauma Focused Cognitive Behavior Therapy

Olan Latin, M.A., LPC.....713-766-1934

Latin Counseling & Psychotherapy

1110 NASA Pkwy., Ste. 220-T

Houston, TX 77058

www.houstonprofessionalcounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Addictions, Relationship Issues, Difficulties Adjusting to Life Events

Rev. Jim Laucher, M.A., LMFT-S, LPC-S, NCC.....281-481-7133

Sagemont Counseling Center

11339 Hughes Rd.

Houston, TX 77089

www.sagemontchurch.org/counseling

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Spiritual Growth, Marital/Premarital, Remarriage, Parenting, Adolescent Issues, Relationship Guidance, Elder Care, Divorce, Vocation, Addiction, Anger Management, Loss, Depression

Dawn Lawless, LCSW-S, LSOTP-S.....281-485-9280

Counseling Connections for Change

2549 Roy Rd.

Pearland, TX 77581

www.counselingconnections.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Childhood Trauma, Family Issues, Domestic Violence, Anxiety, Depression

Catherina Lawson, LPC.....281-937-4139

Magnolia Counseling of Pearland

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.magnoliacounselingofpearland.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Infidelity, Anxiety, Depression, Self-harm Prevention, Systems Work, LGBTQ+, Domestic Violence/Relationship Abuse

Pamela Lawson, M.A., LMFT.....281-997-8400

Pearland Counseling Center

2217 Park Ave.

Pearland, TX 77581

www.pearlandcounselingcenter.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, PTSD, Shame, Guilt, Anger, Behavioral Issues

Jacqlyn Layne, LPC.....832-616-1977

BlueFlame Psychotherapy Services

2243 N. Park Ave.

Pearland, TX 77581

www.blueflamepsychotherapy.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Trauma, Stress, Mood Disorders, Relationship Struggles

Lisa Layne, LCSW-S.....281-942-4093

Layne's Licensed Counseling Café

1120 NASA Pkwy., #640

Houston, TX 77058

<https://www.psychologytoday.com/us/therapists/lisa-b-layne-houston-tx/272052>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma Recovery, Cognitive Behavior, Behavior Modification, Sexual/Physical/Emotional Abuse

Trina Le, LPC-Associate.....832-614-4847

Supervised By: Roxanne M. Deams, LPC-S

Serene Counseling and Wellness

2734 Sunrise Blvd., Ste. 309

Pearland, TX 77584

www.serenecounselingsvc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Behaviors, Trauma, Life Changes, Anger Management, Grief/Loss, Anxiety, Depression, College

Melinda Lea, Ph.D.....281-488-0615

Clear Lake Psychotherapy & Diagnostics

957 NASA Pkwy., #511

Houston, TX 77058

www.clearlakepsychotherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Post-Traumatic Stress Disorder (PTSD), Alcohol/Drug Abuse, Grief Reaction, Stress-Related Disorders, Personality Disorders, Relationship Issues

Peta Gay Ledbetter, Ph.D., LPC-S.....210-940-2502

Thriveworks Pearland

2743 Smith Ranch Rd., Ste. 801

Pearland, TX 77584

thriveworks.com/therapist/tx/peta-gay-

ledbetter?utm_source=GMBlisting_PP&utm_medium=organic&field:8499441=GMB

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Depression, Pregnancy/Postpartum, Anxiety, Women's Issues, Sexual Assault, Sex Trafficking, Domestic Violence, Trauma, Complicated Grief, LGBTQIA+, Self-harm

David Lee, MSW, LCSW.....346-206-3992

The Resilience Center of Houston

12234 Shadow Creek Pkwy., Bldg. 10, Ste. 106

Pearland, TX 77584

www.resiliencecenterhouston.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Self-esteem, Thinking Disorders, Conflict Management, Military and Veterans, PTSD, Health and Wellness, Christian Counseling

Matt Lee, M.A., LPC.....281-481-7133

Sagemont Counseling Center

11300 S. Sam Houston Pkwy., E.

Houston, TX 77089

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Addiction, Anger Management, Anxiety, Depression, Grief/Loss, Self-esteem, Marital Problems, Mindfulness, Relationships Issues, Self-care, Self-harm, Spirituality/Faith, Stress Management, Trauma, Vocational

Lindsey Lehtinen, M.S., LCSW.....281-207-0788

Life Tree Counseling Center

201 Enterprise Ave., Ste. 300

League City, TX 77565

www.lifetreecounseling.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Trauma, Self-harm, Suicidality, Parenting Skills, Grief and Loss, ADHD, Self-esteem

Elexus Lewis, M.A., LPC.....281-524-2854

Guiding Light Counseling and Consulting

www.guidinglightcounselinggroup.org

Population Served: Adults

Types of Services: Individuals

Specialties: Past Trauma, Anxiety

Chrismathe Lindsay, Ed.S., LPC, NCC.....281-997-8400

Pearland Counseling Center

2217 Park Ave.

Pearland, TX 77581

www.pearlandcounselingcenter.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Academic Issues, Adjustment Problems, Anxiety, Behavioral Problems, Career Counseling, Depression, Disability Related Concerns, Grief/Loss, Parenting, Relationship Difficulties, Trauma and Crisis, Stress Management, Women's Issues

Kimberly Lipar, LCDC, CART.....832-664-7421

Lipar Counseling and Therapy

2600 South Shore Blvd., Ste. 300

League City, TX 77573

www.psychologytoday.com/us/therapists/kimberly-ann-lipar-league-city-tx/312164

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Alcohol Abuse, Drug Abuse, Dual Diagnosis

Sheralyn Littles, M.S., LPC.....281-324-8724

Sheralyn Littles, M.S., LPC

17045 El Camino Real, Ste. 211

Houston, TX 77058

www.psychologytoday.com/us/therapists/sheralyn-littles-houston-tx/461088

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Depression, Anxiety, Women's Issues

Ashlie Llorens, Ph.D., LSSP.....281-818-6758

Anew Psychological Services

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: ADHD, Impulsivity Disorder, Autism Spectrum Disorders, Comprehensive Evaluation for Children, Comprehensive Evaluation for Adults

Larna V. Loeckle, LPC-S.....281-513-8023

Southwest Counseling Services, P.C.

1725 East Main

League City, TX 77573

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: ADHD, Autism, Mood Disorders, Marital/Premarital, Personality Disorders, A

Steve Long, M.S., LPC.....713-678-0403**Counseling Futures**

211 E. Parkwood Ave., Ste. 104

Friendswood, TX 77546

www.counselingfutures.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Addictions, Anger Management, Anxiety, Behavioral Problems, Career Guidance, Couples Therapy, Depression, Grief, Marital Conflict, Men's Issues, Parenting, School/ Academic Achievement, Self-esteem Issues, Self-harm, Sexual Addiction, Spirituality/Discernment**Tania Lopez, M.A., LPC.....832-569-2450****Renew Psychotherapy Group**

1414 S. Friendswood Dr., Ste. 430, Bldg. B

Friendswood, TX 77546

www.renewtherapygroup.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Family Conflict, Stress, Anxiety, Depression, Self-esteem, Behavioral Issues**Jennifer Lorenzo, M.Ed., LPC.....281-247-6149****Jennifer Lorenzo, M.Ed, LPC**

127 Wesley Dr.

League City, TX 77573

www.psychologytoday.com/us/therapists/jennifer-lorenzo-league-city-tx/1156474**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety, Life Transitions, ADHD, Career Counseling, Coping Skills, Depression, Domestic Abuse, Grief, Pregnancy/Prenatal/Postpartum, Spirituality, Stress, Trauma/PTSD, Women's Issues**Noel R. Love, M.Ed., LPC, LCDC.....713-447-5989****Noel Love Counseling**

1100 NASA Pkwy., Ste. 211B

Houston, TX 77058

www.noellovetx.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** LGBTQ+, Grief and Loss, Depression, Bipolar Disorder, Anxiety, Mood Disorder, Codependency, Affective Disorder, Impulse Control Disorder, Obsessive-Compulsive Disorder (OCD), Post-Traumatic Stress Disorder (PTSD)

- Georgia Lovell, M.A., LPC, NCC.....281-626-7507**
Georgia Lovell, M.A., LPC, NCC
 12234 Shadow Creek Pkwy., Ste. 5108
 Pearland, TX 77584
www.psychologytoday.com/us/therapists/georgia-lovell-pearland-tx/797279
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Panic Disorders, Depression, General Mental Health, Marriage and Partnerships, Women's Mental Health
- Audra Lozano, M.A., LPC.....281-485-9280**
Counseling Connections for Change
 2549 Roy Rd.
 Pearland, TX 77581
www.counselingconnections.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Relationship Issues, Family Conflict, Trauma, PTSD, Depression, Anxiety
- Scot Macomber, LPC.....281-299-5959**
Niagara Counseling
 107 Shadwell Way
 Friendswood, TX 77546
www.niagaracounseling.com
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Trauma, PTSD, Grief/Loss, Medical Professionals, Veterans, First Responders, College Students, Performance Anxiety, Confidence/Self-esteem, Relationship Issues
- Alessia Fontenette Madkins, LPC-S, CCPS.....346-302-8089**
Judah Christian Counseling
 2947 E. Broadway St., Ste. 100
 Pearland, TX 77581
www.judahchristiancounseling.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Addiction, Intimacy Disorders, Childhood Trauma, Post Ttraumatic Stress Disorder (PTSD), Communication, Relationship Issues
- Heather Madrid, M.A., LPC-Associate.....281-488-0615**
Supervised By: Krystal Humphreys, LPC-S
Clear Lake Psychotherapy & Diagnostics
 957 NASA Pkwy., #511
 Houston, TX 77058
www.clearlakepsychotherapy.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Couples Issues, Marital Therapy

Rachael Maly, LPC, ATR, CYT.....832-947-3167

Art & Soul Counseling

1701 TX-3

League City, TX 77573

www.artandsoulcounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Marital/Couples, Families, Groups

Specialties: Art Therapy, Soul Collage Group, Depression, Anxiety

Lethean Manuel, LPC-Associate.....346-302-8089

Supervised By: Charles McComb, M.A., LPC-S, CSAT, CMAT

Judah Christian Counseling & Recovery

3017 Yost Blvd.

Pearland, TX 77581

www.judahchristiancounseling.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Women's Issues, Family Conflict, Marital/Premarital Counseling, Anxiety, Coping Skills, Depression, Grief/Loss, Interpersonal Relationships, Life Transitions, Stress

Elizabeth Marcum, M.S., LPC, NCC, CEDS.....281-549-4705

Hopeful Texas, PLLC

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

www.hopefultexas.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Eating Disorders, Trauma, LGBTQ+, Relationships, Anxiety, Depression, Marital Issues, Self-esteem, Anger Management, Substance Abuse, Social Skills Training, Anxiety, PTSD

Sharla Marek, Ph.D.....281-332-5100

Psychology Resources

216 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Disruptive Mood Dysregulation, Adjustment Disorders, Traumatic Stress, ADHD, Oppositional Defiance, Developmental Delays, Psychological Assessments, Psycho-educational Assessments, Functional Behavior Assessments

- Erica Mares, LPC-Associate.....281-769-2238 ext.583**
Supervised By: Larneka Lavalais, LPC-S
Clearhope Wellness Center
 6021 Fairmont Pkwy., Ste. 200
 Pasadena, TX 77505
www.clearhopewellness.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Abuse, ADHD, Anger, Grief, Parenting, School Issues, Trauma
- Josh Marlar, LMFT.....432-935-1292**
Therapy for Families
 820 Lawrence Dr., Ste. 128
 Kemah, TX 77565
www.healingwholeness.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital
Specialties: Relationship Issues, Sexual/Intimacy Difficulties, Affair Recovery, Men's Issues, Anxiety, Depression, Life Stage Issues, Trauma Recovery
- Hannah Marsh, LPC.....281-485-9280**
Counseling Connections for Change
 2549 Roy Rd.
 Pearland, TX 77581
www.counselingconnections.org
Population Served: Children, Adolescents
Types of Services: Individuals
Specialties: Traumatic Events, Anxiety, Depression, Family Conflict
- Rebecca Marsh, M.A., LMFT, LPC, RPT.....832-720-4330**
The Family Relationship Center
 17043 El Camino Real, Ste. 220
 Houston, TX 77058
www.thefamilyrelationshipcenter.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Divorce, Co-parenting, Parental Alienation, Mediation, Communication, Relationship Issues
- Justin Martin, M.A., LPC.....713-637-6000**
Northshore Counseling Center, Inc.
 331 Freeport St.
 Houston, TX 77015
www.nshore.cc
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety Disorders, Self-esteem Issues

Marlon Martin, LCDC, CART, LPC-Associate.....281-652-5821*Supervised By: Shaunnika Green, M.A., LPC-S***The MK-Center, LLC**

11200 Broadway St., Ste. 2743

Pearland, TX 77584

*www.themkcenter.com***Population Served:** Adults, Elders**Types of Services:** Individuals, Couples/Marital, Groups**Specialties:** Substance Abuse, Spirituality, Dual Diagnosis, Family Conflict, Managing Relationships, Anger Management**Peggy Martin, M.S., LPC, NCC.....281-485-9280****Counseling Connections for Change**

2549 Roy Rd.

Pearland, TX 77581

*www.counselingconnections.org***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Adjustment, Transition, Loss, Couples Counseling**Alyssa Martinez, M.S., LPC-Associate.....979-297-4335***Supervised By: Rhonda West, M.A., LPC-S***Texas Family Solutions**

109 Circle Way

Lake Jackson, TX 77566

*www.txfamilysolutions.net***Population Served:** Children, Preteens, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** ADHD, Behavioral Issues, Career Counseling, Depression, Eating Disorders, Grief, Infidelity, Marriage Counseling, Obesity, Parenting, Self-esteem, Women's Issues**Janet Martinez, M.S., LPC.....832-856-0705****JCM Counseling**

2810 Center St., Ste. 102

Deer Park, TX 77536

*www.jcmcounseling.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Relationship Issues, Substance Abuse, Addiction, Anger Management, Anxiety, Career Counseling, Codependency, Coping Skills, Divorce, Drug Abuse, Family Conflict, Infidelity, Mood Disorders, Parenting, Self-esteem, Suicidal Ideation, Trauma and PTSD

- Christopher Marullo, M.A., LPC.....281-488-0615**
Clear Lake Psychotherapy & Diagnostics
 957 NASA Pkwy., #511
 Houston, TX 77058
www.clearlakepsychotherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Trauma, PTSD, Couples Counseling
- Dorothy Massie, LCSW-S, LCDC, CCM, CART.....281-485-9280**
Counseling Connections For Change, LLC
 2549 Roy Rd.
 Pearland, TX 77581
www.counselingconnections.org
Population Served: Adults, Elders
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Alcohol/Substance Abuse, Stress Management, Anger Management, Grief and Loss, Coping with Chronic Health Issues, Aging Families
- Debra K. Matos, MSW, LCSW.....240-888-5066**
Serenity Psychotherapy
 907 S. Friendswood Dr., Ste. 217
 Friendswood, TX 77546
www.psychologytoday.com/us/therapists/debra-kay-matos-friendswood-tx/51212
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families, Groups
Specialties: Trauma and PTSD, Self-harming, Family Conflict, Anxiety, Depression, Dual Diagnosis, Dissociative Disorders, Grief, LGBTQ+, Life Transitions, Marital/Premarital, Military Families, Peer Relationships, Relationship Issues, Self-esteem, Sexual Abuse, Spirituality, Stress, Women's Issues
- Pierre Matta, LMFT-S.....713-861-4849**
Family Houston
 1300 Bay Area Blvd., Ste. 240A
 Houston, TX 77058
www.familyhouston.org
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Family Conflict, Relationship Issues
- Gayle A. McAdoo, M.A., LMFT-S, LPC-S, LCDC.....281-280-8641**
Gayle A. McAdoo, M.A., LMFT-S, LPC-S, LCDC
 16821 Buccaneer Ln., Ste. 119
 Houston, TX 77058
Population Served: Adults, Seniors
Types of Services: Individuals, Couples/Marital, Families
Specialties: Relationship Issues, Anxiety, Depression, Grief, Stress, Substance Abuse, Marriage Counseling

Hannah McAllister, LMSW.....832-721-5559**Adorned Counseling**

1300 Bay Area Blvd., Ste. B233

Houston, TX 77058

www.adornedcounseling.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** LGBTQ+ Issues, Trauma**Tymme McCallister, LPC-Associate.....281-769-2238 ext.518***Supervised By: Angela Baehr, M.Ed., LPC-S***Clearhope Wellness Center**

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families, Groups**Specialties:** Anger, Anxiety, Depression, Family Problems, Trauma**Shelley McCaul-Parent, LPC.....832-966-7343****Shelley McCaul-Parent, LPC**

1110 NASA Pkwy., Ste. 545V

Houston, TX 77058

www.shelleymccaul.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Self-esteem, Stress, Trauma, PTSD, Relationship Issues, Anger, Personality Disorders, Coping Skills, Domestic Violence, Empathic/Highly Sensitive People, Narcissistic Abuse, Parenting Skills, Life Transitions, Divorce**Cydney McClain, LMHC, LPC.....281-993-3733****LifeStance Health**

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

www.lifestance.com/provider/cydney-mcclain-lmhc-lpc/?utm_medium=paid-affiliate&utm_source=psychologytoday.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety, Depression, Gender Identity, Grief, Health Psychology, Later Life Transitions, Medical Conditions, Postpartum Depression, PTSD/Trauma, School Avoidance, Women's Issues

- Asia McClenon, LPC, LCDC-I.....832-614-4847**
Serene Counseling and Wellness
 2734 Sunrise Blvd., Ste. 309
 Pearland, TX 77584
www.serenecounselingsvc.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Substance Use, Life Transitions, Depression, Anxiety, Couples, Relationship Difficulties, Foster Care
- Daisey McCloud, M.A., LPC-S.....281-779-8619**
Ellie Mental Health
 2200 Space Park Dr., Ste. 240
 Houston, TX 77058
www.elliementalhealth.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Life Transitions, Grief/Loss, School Issues, Empty Nesters, Marital Strife, Divorce
- C. Huston McComb, Jr., M.A., LPC-S, CSAT, CMAT.....346-302-8089**
Judah Christian Counseling
 2947 E. Broadway St., Ste. 100
 Pearland, TX 77581
www.judahchristiancounseling.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Trauma/PTSD, Sexual Addiction, Addiction, Codependency, Couples Counseling, Alcohol Abuse, Anxiety, Anger Management, Depression, Drug Abuse, Dual Diagnosis, Infidelity, Internet Addiction, Life Transitions, Marital/Premarital, Men's Issues, Relationship Issues, Self-esteem, Sexual Abuse, Spirituality
- Harriet McCune, M.S., LPC.....713-222-2525**
Innovative Alternatives, Inc.
 1335 Regents Park Dr., Ste. 240
 Houston, TX 77058
www.innovativealternatives.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anger Management, Relationship Issues, Abuse, Trauma, Depression, Anxiety, Substance Abuse
- Melissa McDavid, LPC, LMFT, LSSP.....713-324-3754**
Ethos Wellness Lovett
 900 Lovett Blvd.
 Houston, TX 77006
www.ethoswellness.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Parenting, Emotional Behavioral Issues, Anxiety, Depression, Autism, Bereavement

Carol McDaniel, M.Ed., LPC-S.....713-870-0504**Thrive Counseling**

1414 S. Friendswood Dr.

Friendswood, TX 77546

www.psychologytoday.com/us/therapists/carol-mcdaniel-friendswood-tx/261457**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Marital/Premarital, Relationship Issues, Anxiety, Anger Management, Addiction, Codependency, Depression, Grief, Parenting, Sexual Abuse, Spirituality, Stress, Women's Issues**Kelvin McHenry, M.S., LPC, NCC, ASD-CS.....832-977-6138****McHenry Counseling & Family Services**

17077 N. Texas Ave. #58837

Houston, TX 77598

www.mchenry-counseling.clientsecure.me**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anger Management, Anxiety, Behavioral Issues, Bipolar Personality, Depression, Self-esteem, Suicidal Ideation, Trauma/PTSD, Relationship Issues, Grief, Domestic Abuse**Julia D. Meadows, M.A., LPC.....832-794-0646**

Psychology Resources

4650 Center St.

Deer Park, TX 77536

www.meadowscounselingcenter.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, ADHD, Relationship Issues, Depression, Adoption Concerns, Grief, Trauma, Life Transitions, Divorce**Sheryl Medina-Rivera, Psy.D.....281-332-5100****Psychology Resources**

216 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Trauma, Exposure to Adverse Experiences, Stress, Anxiety, Mood Disorders, Behavioral Disorders, ADHD, Life Transitions**Puja Mehta, M.A., LPC.....281-333-2817****League City Counseling**

18333 Egret Bay Blvd., Ste. 270M

Houston, TX 77058

www.leaguecitycounseling.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families, Groups**Specialties:** Anxiety, Depression, Self-harming, Trauma, Mood Disturbances, Family Changes such as Divorce, Separation

Shelby Mersing, LPC-Associate.....281-485-9280

Supervised By: Courtney Gabriel M.A., LPC-S

Counseling Connections for Change

2549 Roy Rd.

Pearland, TX 77581

www.counselingconnections.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Career Counseling, Codependency, Depression, Domestic Abuse

Rebeca Meyer, M.S., LPC-Associate.....346-302-8089

Supervised By: Charles McComb, M.A., LPC-S, CSAT, CMAT

Judah Christian Counseling & Recovery

3017 Yost Blvd.

Pearland, TX 77581

www.judahchristiancounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: ADHD, Anger, Anxiety, Depression, Life Transitions, Autism, Racial Identity, Emotional Disturbance, Self-esteem, Trauma, Women's Issues

E'Shereca Mills, M.Ed., LPC.....409-919-3489

Elevated Self Counseling

2000 25th Ave., Ste .116

Texas City, TX 77590

www.elevatedself.co

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Relationship Issues, Life Transitions, Anger Management, Trauma, Grief, Depression, Anxiety

Madeline Minor, LMFT-Associate, LPC-Associate.....281-301-5246

Supervised By: Jennifer Reeves, M.A., LMFT-S, CST-S and Shaunnika Green, LPC-S

Inner Acceptance Therapy

Houston, TX

www.lakesidecounselingtx.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Women's Issues, Self-esteem, Women of Color Experiencing Maternal Mental Health Challenges (antepartum and postpartum depression and anxiety), Marital/Premarital, Divorce, Grief/Loss, Infidelity, Life Transitions, Mood Disorders, Racial Identity, Spirituality, Stress, Trauma

Treasa Mitchell, M.S., LPC, LMFT.....832-240-4745

Inner Acceptance Therapy

1120 E. NASA Pkwy., Ste. 110

Houston, TX 77058

www.tabonocmc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Anxiety, Behavioral Issues, Depression, Marriage Counseling, Grief, Stress Management, Unresolved Childhood Issues

Kari Moll, M.S., LPC.....281-819-7004

Friendswood Counseling Center

3526 E. FM 528 Rd., Ste. 207

Friendswood, TX 77546

www.friendswoodcc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Mood Disorders, Anxiety, Depression, Grief, Loss, Life Transitions, Sexual Orientation, Relationship Issues, Parenting, Self-esteem

Clara Monroe, LPC-S.....281-962-9017

CRM Counseling

2810 Center St., #102

Deer Park, TX 77536

www.crmcounseling.net

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Parenting, Family Conflict, Grief, Anger Management, Behavioral Issues, Addiction, Spirituality, Trauma, Mood Disorders, LGBTQIA+

Jesus Montelongo, M.A., LPC.....713-222-2525

Innovative Alternatives, Inc.

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

www.innovativealternatives.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Anxiety, Anger Management, PTSD, Relationship Issues, Bilingual: English and Spanish

Guy Moore, M.A., LPC.....409-935-7900

Guy M. Moore, M.A., LPC

2925 Palmer Hwy., Ste. C

Texas City, TX 77590

www.guymmoore.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Bipolar Disorder, Anxiety, Grief, Marriage Counseling, Stress, Substance Abuse, Anger Management

Justine Moore, MSW, LCSW.....281-262-2230**Think Change Counseling**

Houston, TX

www.thinkchangecounseling.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Anxiety Disorders, Depression, Stress-Related Problems, Grief and Bereavement, Trauma/PTSD, Impulse Control Disorders, Mood Disorders, Personality Disorders, Thinking Disorders, Family Conflict, LGBTQIA+, Relationships**Malory Moore, LPC-Associate.....832-662-1588***Supervised By: Rachel Falbo, LPC-S***Therapy for Families**

820 Lawrence Dr., Ste. 128

Kemah, TX 77565

www.psychologytoday.com/us/therapists/mallory-moore-kemah-tx/1017181**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Borderline Personality Disorder, Eating Disorders, Anger Management, Gender Dysphoria, Impulse Control Disorders, LGBTQIA+, Mood Disorders, Narcissistic Personality Disorder, Relationship Issues, Self-esteem, Self-harm, Suicidal Ideation, Trauma and PTSD**Becky Moorefield, LCSW.....979-235-7896****Becky Moorefield, LCSW**

Angleton, TX 77515

www.becky-moorefield.com**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anxiety, Stress Management, PTSD/Trauma, Phobias, Parent Support, Grief and Loss, Work and Career Issues, Conflict Resolution, EMDR, Adjustment Disorder, Aging, Anger Management, Blended Families, Coping Skills, Couples Counseling, Divorce, Marital/Premarital, Life Coaching, Life Transitions, Parenting, Self-esteem, Relationship Issues, Perfectionism, Social Anxiety, Women's Health, Work Stress, Women's Issues**Eugenia Morefield, M.S., LPC, CHT.....832-453-9078****Spirituality and Beyond Counseling Services**

1700 El Camino Real

Houston, TX 77058

www.spiritualityandbeyond1.com**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Behavioral Issues, Coping Skills, Spirituality, Trauma, Transpersonal Hypnotherapy, Clinical Hypnotherapy, Parts Therapy, Anger Management, Anxiety, Depression, Smoking Cessation, Eating Disorders, Health Issues

- Ayesha Morgan, M.Ed., LPC.....832-779-3736**
Journey2Life Counseling & Community Services, PLLC
 2225 County Rd. 90, Ste. 121
 Pearland, TX 77584
www.journey2lifeccs.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Family Conflict, Grief Counseling, Spiritual/Biblical Counseling
- Wendy Morua, Ph.D.....281-993-8040**
Stepping Stone Therapy
 1400 W. NASA Pkwy., Ste. E
 Webster, TX 77598
www.steppingstonetherapy.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anxiety, Academic Issues, Social and Emotional Issues, Behavioral Issues, Relationship Issues. Bilingual in English and Spanish.
- Josie Mueller, M.A., LMFT, LPC, CART.....979-297-4335**
Texas Family Solutions
 109 Circle Way
 Lake Jackson, TX 77566
www.txfamilysolutions.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples, Marital, Families
Specialties: Blended Families, Relationship Issues, Communication, Depression, Anxiety
- Julia Mundy, Ph.D.....281-816-6460**
Winding Way Therapy
 1506 Winding Way Dr., Bldg. 110, Ste. 606
 Friendswood, TX 77546
www.windingwaytherapy.com
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Parent/Child Conflict, Autism Spectrum Disorder, Adjustment Issues such as Divorce and Chronic Illness, Grief, ADHD, Disruptive/Oppositional Disorder, Parenting Skills
- Isabel Munoz, LPC.....281-769-2238 ext.571**
Clearhope Wellness Center
 6021 Fairmont Pkwy., Ste. 200
 Pasadena, TX 77505
www.clearhopewellness.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals,
Specialties: ADHD, Autism, Parenting, Play Therapy, Obsessive Compulsive Disorder (OCD), Post Traumatic Stress Disorder (PTSD), Trauma, Substance Abuse. Bilingual in English and Spanish.

Evette Muro, LMSW.....281-769-2238 ext.570

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Stress, Substance Abuse, Depression, Domestic Violence, Mood Disorders, Sexual Abuse, Trauma, Self-esteem Issues, Women's Issues. Bilingual in English and Spanish.

Melanie Murphey, LCSW.....281-769-2238 ext.507

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Career Struggles, Christian Counseling, Chronic Illness, Depression, Grief/Loss, Geriatric Issues, Healing Relationships, Life Transitions, Overcoming Abuse, Spirituality, Trauma, Women's issues

Heather Murphy, M.A., LPC-S.....346-384-0006

The Feelings Healers

1560 W. Bay Area Blvd., Ste. 303

Friendswood, TX 77546

www.thefeelingshealers.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Eating Disorders, Body Image, Self-esteem, Play Therapy, Obsessive Compulsive Disorder (OCD), Trauma, Parenting, ADHD

Sherman Murphy, LPC.....210-940-2502

Thriveworks Pearland

2743 Smith Ranch Rd., Ste. 801

Pearland, TX 77584

www.thriveworks.com/therapist/tx/sherman-murphy

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: ADHD, Anger Management, Depression, LGBTQIA+, Men's Issues, Sexual Abuse, Stress

Jennifer Muschweck, LPC-Associate.....866-574-0552*Supervised By: Brett Bergvall, LPC-S***New Dimensions Day Treatment Center**

1345 Space Park Dr., Ste. C.

Houston, TX 77058

*www.nddtreatment.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families, Groups**Specialties:** Anxiety, Panic Attacks, Depression, Trauma and PTSD, Suicidal Thoughts, Self Harm, Anger Issues, Bipolar Disorder, Severe Stress, Self-Esteem, Alcoholism, Substance Abuse**Leigh Muths, M.A, LPC-S.....281-488-0615****Clear Lake Psychotherapy & Diagnostics**

957 NASA Pkwy. #511

Houston, TX 77058

*www.clearlakepsychotherapy.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety, Stress, Substance Use, Depression, Trauma, Mood Disorders, Sexual Abuse, Domestic Violence, Self-esteem Issues**Angela Navarro, LPC-Associate.....832-219-8538***Supervised By: Charles McComb, M.A., LPC-S, CSAT, CMAT***Genesis Family**

1110 E. NASA Pkwy., Ste. 201

Houston, TX 77058

*www.genesis-family.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Women's Issues, Parenting, Relationship Issues, Christian Counseling, Infertility, Prenatal/Pregnancy/Postpartum**Colleen Neal, M.S., LPC, NCC.....281-508-2566****Colleen Neal, M.S., NCC, LPC**

16864 Royal Crest Dr.

Houston, TX 77058

*www.colleenneal.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** ADHD, Anger Management, Anxiety, Asperger's Syndrome, Behavioral Issues, Bipolar Disorder, Coping Skills, Depression, Divorce, Emotional Disturbance, Grief, Life Transitions, Parenting, Obsessive-Compulsive Disorder, Oppositional Defiance Disorder, Peer Relationships

Leah E. Neese, M.A., LPC.....713-825-0086

Mont Belvieu Counseling

10629 Eagle Dr.

Mont Belvieu, TX 77580

www.thefeelingshealers.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Eating Disorders, Disordered Eating, Body Image, Depression, Anxiety, Parenting

Support, Stress Management, Addiction and Recovery, EMDR (Eye Movement Desensitization and Reprocessing)

Steve Newkirk, M.Ed., LPC.....345-361-1554

Reflections Family Therapy

1120 E. NASA Pkwy., Ste. 610

Houston, TX 77058

www.psychologytoday.com/us/therapists/steve-newkirk-houston-tx/415594

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Depression, Anxiety, Relationship Issues, Parenting, Behavior Disorders, Trauma Recovery, Marriage, Divorce, Co-parenting, Couples Counseling

Vincent Ray Newman, M.A., M.Ed., Ph.D., LPC, NCC.....281-488-7792

Newman Psychology & Associates, PLLC

18333 Egret Bay Blvd., Ste. 160

Houston, TX 77058

www.psychologytoday.com/us/therapists/vincent-ray-newman-houston-tx/55519

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Stress, Grief and Loss, Relationship Difficulties, Self-image and

Low Self-esteem, Emotional/Physical/Sexual Abuse, Chemical Dependency, Bipolar Disorder, Anger Resolution, Shame, ADHD, LGBT Issues, Personality Disorders, Career Selection

Jenny Nguyen, LMFT-Associate.....832-614-4847

Supervised By: Dr. Afshana Haque, LMFT-S

Serene Counseling and Wellness

2734 Sunrise Blvd., Ste. 309

Pearland, TX 77584

www.serenecounselingsvc.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Couples Issues, Family Issues, Grief/Loss, Anxiety, Depression, Life Transitions, Relationship Issues, Family Conflict

Kelli P. Nickel, M.S., LPC.....346-774-1774

SLD Counseling Services, PLLC

105 N. Gordon St., Ste. 202

Alvin, TX 77511

www.sldcounselingservices.com

Population Served: Children, Pre-Teens, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anger Management, Anxiety, Behavioral Issues, Depression, Parenting Issues, Changes in Home Life Circumstances, Grief, School Problems

Marisol Nieves, LCSW.....832-307-3008

Pinnacle of Purpose Counseling, PLLC

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.pinnacleofpurposecounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Depression, Anxiety, Women's Issues, Life Transitions, Young Professionals, Behavioral Problems, Codependency, Peer Relationships

Chinwe Nzerue-Obi, LPC.....281-916-2538

Thriveworks

Pearland, TX 77584

www.psychologytoday.com/us/therapists/chinwe-nzerue-obi-pearland-tx/1134667

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples, Families

Specialties: Addiction, Pregnancy, Prenatal, Postpartum, Sleep or Insomnia, Anger, Anxiety, Depression, Grief, Substance Abuse, Parenting, Relationship Issues

Nicholas Oleen-Junk, Ph.D.....281-332-5100

Psychology Resources

216 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Perfectionism/Obsession, Stress, Anxiety, Burnout, Trauma, Grief, Relationship Concerns (friends, family, and partners)

Felicia Oliver, LPC.....281-769-2238 ext.606

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Anger, Bipolar, Christian, College and Career Planning, Depression, Finding the Flow in Life, Geriatric Issues, Trauma, Women's Issues

Julia Ortiz, M.A., LPC.....832-598-8674

Magnolia Wood Counseling

Houston, TX

www.magnoliawoodtx.com

Population Served: Adults

Types of Services: Individuals

Specialties: Trauma, PTSD, Anxiety, Mood Disorders, Cognitive Processing Theray, Eye Movement Desensitization and Reprocessing (EMDR), Neurofeedback Therapy

Kristi Ottis, M.S., LPC, NCC.....281-819-7004

Friendswood Counseling Center

3526 E. FM 528 Rd., Ste. 207

Friendswood, TX 77546

www.friendswoodcc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety Disorders, Grief, Loss, Spirituality, Self-esteem, Assertiveness Training, Emotional/Verbal Abuse, Working with Empaths, Life Transitions, Stress Management, Self-care, Depression

Cynthia Campbell Palmer, Ph.D.....281-780-5821

Dr. Cynthia Campbell Palmer

www.drcampbellpalmer.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Depression, Anxiety, Panic Symptoms, Stress, Anger, Parenting Difficulties, Behavioral Problems, Life Transitions, Adjustment Difficulties, Low Self-esteem, Relational Issues

Bob Paluszak, M.S., LPC.....346-822-3696

Pearland Place

2006 East Broadway St., Ste. 102A

Pearland, TX 77584

www.pearlandplace.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Men's Issues, Anxiety, Depression, Life Transitions, Spirituality, Stress Management, Attention Deficit Disorder (ADD), Work/Career Counseling, Parent/Child Relationships, Self-esteem

Cody Parker, M.S., LPC, CCTP.....979-429-3597

Cody Parker, LPC Counseling Services

Houston, TX 77048

www.sites.google.com/codyparkerlpc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Alcohol Addiction, Substance Abuse, Gambling, Self-harm, Food Addiction, Internet Addiction, Emotional Disturbance, Emotion Regulation, Life Coaching, Life Transitions, Obsessive Compulsive Disorder (OCD), Parenting, Self-esteem, Sex/Intimacy, Stress, Social Anxiety

TaTanisha Parker, Ed.D, LPC-S, NCC, CSC.....281-824-3288

Majestic Counseling and Consulting, LLC

12234 Shadow Creek Pkwy., Ste. 5108

Pearland, TX 77584

www.majesticcounselingandconsulting.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Anger Management, Anxiety Disorders, Grief, Loss, Self-esteem, Assertiveness, Emotional/Verbal Abuse, Depression, Divorce, Life Transitions, Domestic Abuse, Domestic Violence, Battering Intervention and Prevention Program, Family Conflict, Peer Relationships, School Issues

Emily Paultz, M.S., LPC-Associate.....281-301-5246

Supervised By: Angela Waggoner, M.A., LPC-S, NCC

Lakeside Counseling, PLLC

2600 NASA Pkwy., Ste. 204

Seabrook, TX 77586

www.lakesidecounselingtx.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Depression, Anxiety, Eating Disorders, Body Image, Body Dysmorphia, Hyper Sexuality and Sexual Compulsions, Mood Disorders, Perfectionism, Self-esteem, Self-harm, Suicidal Ideation

Cynthia Pratt Peña, M.A., MSW, LPC.....281-638-8880

Houston Counseling Support, LLC

1560 Bay Area Blvd., Ste. 265

Friendswood, TX 77546

www.houstoncounselingsupport.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Stress, Relationship Issues, Life Transitions, Trauma

Gabriela Pequeno, M.Ed., LPC.....346-639-4292

Wallflower Counseling and Wellness

Webster, TX

www.psychologytoday.com/us/therapists/gabriela-pequeno-webster-tx/863743

Population Served: Adults

Types of Services: Individuals

Specialties: Abuse, Anxiety, Bipolar Disorder, Communication Issues, Trauma/PTSD, Mood Disorders, Depression, Anger Management, Bisexual, Lesbian, LGBTQIA+, Racial Identity, Stress

Alyson Pertuis, LPC.....469-222-4090

Life Renewal Counseling

17000 El Camino Real, Ste. 307B

Houston, TX 77058

www.liferenewalcounseling.org

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Depression, Anxiety, Grief, Trauma, PTSD, Physical Pain, Dyslexia, Eating Disorders, Obsessive Compulsive Disorder (OCD), Phobia, Panic Attacks, Social Anxiety

Nancy Peskin, LCSW.....281-997-8400**Pearland Counseling Center**

2217 Park Ave.

Pearland, TX 77581

www.enoughalready8.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Eating Disorders, Infidelity, Relationship Issues, Weight Loss, Body Image, Self-esteem**Diem Pham, M.A., LPC.....281-559-7079****Diem K. Pham, M.A., LPC**

Pearland, TX

www.psychologytoday.com/us/therapists/diem-k-pham-pearland-tx/735205**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Anxiety, Self-Esteem, Obsessive Compulsive Disorder (OCD), Depression, Life Coaching, Peer Relationships, Relationship Issues, Stress, Trauma, Post Traumatic Stress Disorder**Kendall Phillips, LPC.....281-962-9017****CRM Counseling**

2810 Center St., Ste. 102

Deer Park, TX 77536

www.crmcounseling.net**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Coping Skills, Depression, Drug Abuse, Grief, Life Coaching, Self-esteem, Self-harm, Substance Abuse, Trauma, Life Transitions**Lela Pickett, Ph.D.....281-332-5100****Psychology Resources**

216 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net**Population Served:** Adults, Elders**Types of Services:** Individuals**Specialties:** Trauma, Multicultural Counseling, Anxiety, Depression, Identity Development, LGBTQIA+, Relationships**Darlene Plant, Ph.D.....805-443-5849****Darlene Joy Plant, Ph.D.**

1120 NASA Pkwy., Ste. 220-L

Houston, TX 77058

www.onlytrueself.com**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Online Counseling, Eating Disorders, Infidelity, Relationship Issues, Depression, Anxiety, Grief/Loss, Overwhelming Emotions

Charlotte Ponish, M.A., LPC.....979-529-9853

Charlotte Ponish, M.A., LPC

115 N. Dixie Dr., Ste. 250

Lake Jackson, TX 77566

www.charlotteponishlpc.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Trauma, Grief, Addiction, Relationship Issues, Stress, Eating Disorders, ADD/ADHD

Jamie Porter, LMFT-S, LPC-S.....281-937-4139

Magnolia Counseling of Pearland

11200 Broadway St., Ste. 2743

Pearland, TX 77584

www.magnoliacounselinofpearland.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Self-harm Prevention, Relationship Issues

Genie Portillo, MSW, CSW, LCDC, CCTP, EMDR, CCTHP.....832-932-3530

League City Counseling and Education Center

2555 South Shore Blvd., Ste. C

League City, TX 77573

www.lccounselingandedcenter.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Marriage Counseling, Women's Issues, Substance Abuse, Trauma/PTSD, Codependency, Anxiety, Depression

Katherine Portillo, M.Ed., LPC, LCDC, EMDR.....832-932-3530

League City Counseling and Education Center

2555 South Shore Blvd., Ste. C

League City, TX 77573

www.lccounselingandedcenter.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Trauma and PTSD, Anxiety, Substance Abuse, Codependency, Anxiety, Depression

Jacquelyn Poteet, M.A., LMFT-S.....713-222-2525

Poteet Wellness Point

105 Shadwell, #5

Friendswood, TX 77546

www.innovativealternatives.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Blended Families, Trauma, Abuse, Self-harm, Parenting Issues

Keshia Powell-Byerly, M.Ed., LPC.....979-285-9242

Psychology Works

2225 County Rd. 90, Ste. 105

Pearland, TX 77584

www.psychologyworkstx.com/about/ms-keshia-powell-byerly/

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Addiction, Anxiety Disorders, Depressive Disorders, Grief, Marital/Premarital, Relationships, Stress, Trauma, Work-related Issues, Mental Sports Performance Training and Injury Recovery, Mental Health Coaching to Student Athletes

Louise Ribeiro Presley, LCSW, Ph.D.....734-308-6249

Louise Ribeiro Presley, LCSW, Ph.D.

1300 Bay Area Blvd., Ste. B 150-31

Houston, TX 77058

www.psychologytoday.com/us/therapists/louise-ribeiro-presley-houston-tx/133200

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Depression, Family Conflict, Borderline Personality, Trauma/PTSD, Families with Bipolar Parents, Mood Disorders, Peer Relationships, Personality Disorders, Sexual Abuse

Rebecca Prolic, LMFT.....409-225-3496

Rebecca Prolic, LMFT

2000 25th Ave. N., Ste. 111

Texas City, TX 77590

www.psychologytoday.com/us/therapists/rebecca-prolic-texas-city-tx/441230

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Marital/Premarital, Behavioral Issues, Family Conflict, Parenting, Relationship Issues, School Issues, Sexual Addiction, Stress, Mood Disorders, Infidelity

Erin Provost, M.S., LPC-S.....325-603-9322

Provost Therapy

1300 Bay Area Blvd., Ste. B 275-4

Houston, TX 77058

www.erinprovost.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, Coping Skills, Depression, Grief/Loss, Stress, Life Transitions, Trauma

Thalia Puente, LCSW.....281-984-5367

Pinnacle of Purpose Counseling, PLLC

Houston, TX 77065

www.psychologytoday.com/us/therapists/thalia-puente-houston-tx/959975

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Eating Disorders, Disordered Eating Patterns, Body Image, Depression, Complex Trauma, Relationship Concerns, Behavioral Problems, Anxiety. Bilingual in English and Spanish.

Maria Quadri, M.S., LPC.....832-743-2699

Maria Quadri, M.S., LPC

Pearland, TX 77584

www.psychologytoday.com/us/therapists/maria-quadri-pearland-tx/806320

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Panic Disorders, Depression, Domestic Abuse, Domestic Violence, Eating Disorders, Body Image, Personal Growth, Parenting, Personality Disorders, Trauma/PTSD, Behavioral Issues, School Issues, Teen Violence, Self-esteem. Bilingual in English and Urdu.

Anetra Quinn, Ph.D.....281-332-5100

Psychology Resources

216 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Child Psychopathology, Stress Management, Anger Management, Depression, Anxiety, Trauma, Crisis Intervention/Suicide Prevention, Autism Evaluations, ADHD Evaluations, Functional Behavioral Assessments

Jossie Quintana, M.S., LPC-S.....281-207-0788

Life Tree Counseling Center

201 Enterprise Ave., Ste. 300

League City, TX 77573

www.lifetreecounseling.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Grief, Life Transitions, Abuse, Trauma, Difficulties at School, Family Issues

Shawn D. Quintanilla, LPC-S, LMFT, RPT, EMDR Certified.....281-997-8400

Pearland Counseling Center

2217 Park Ave.

Pearland, TX 77581

www.windrosecounseling.org

Population Served: Pre-Teens, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Infidelity, Relationship Issues, Stress, Trauma/PTSD, Eye Movement Desensitization and Reprocessing (EMDR), Sandtray Therapy

Erica Espinosa Quiroz, M.A., LPC, LSOTP.....281-801-6195

San Jacinto Mental Health Clinic

4001 Preston Ave., Ste. 147

Pasadena, TX 77505

www.psychologytoday.com/us/therapists/erica-espinosa-quiroz-houston-tx/321914

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Peer Relationships, Family Conflict, Women's Issues. Bilingual in English and Spanish.

Vickie Rabino, LPC-Associate.....281-937-4133

Supervised By: Dr. Cynthia Coronado, Ed.D., LPC-S, CAS, CCTP, EMDR

Thrive Family Counseling - League City

201 Enterprise Ave., #650

League City, TX 77573

www.thrivefamilycounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Parenting Skills, Play Therapy, Attachment-focused Therapy, Faith-based Therapy, Life Transitions, Behavioral Issues, Emotional Disturbance

Cebrina Ramirez, M.Ed., LPC.....832-315-4873

Querencia Counseling

307 S. Friendswood Dr., Unit D-2

Friendswood, TX 77546

www.cebrina-ramirez.clientsecure.me

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Trauma/PTSD, Grief, End of Life, Anxiety, Relationship Issues, Life Transitions, Stress, Codependency, Coping skills, Divorce, Parenting, School Issues, Self-esteem, Women's Issues

Benjamin Ramon, Jr., LPC, LMFT, CSAT.....832-855-0861

Friendswood Christian Counseling

307 South Friendswood Dr.

Friendswood, TX 77546

www.friendswoodchristiancounseling.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Marital and Premarital, Relationship Issues, Anxiety, Sexual Addiction, Grief, Trauma

Angelica Ramos, Ph.D., M.S., LPC.....409-420-4232

Safe Harbor Coastal Counseling

1322 Space Park Dr., Ste. C119

Houston, TX 77058

www.safeharborcoastalcounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Physical and Mental Trauma, Sexual Assault, Domestic Violence Survivors, LGBTQIA+, Post Traumatic Stress Disorder (PTSD), School Issues, Teen Violence, Sexual Addiction, Transgender

Tamera Rasmussen, M.S., LPC, LPCC, NCC, C-PD.....832-616-1977

BluFlame Psychotherapy Services

2214 N. Park Ave.

Pearland, TX 77581

www.blueflamepsychotherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma, Eating Disorders, Personality Disorders, Exercise Psychotherapy, Life After Weight Loss Psychotherapy, Circle of Security Parenting, Co-parenting, Sex and Intimacy, Attachment Issues, Divorce Transition, Marital Distress, Body Image, Bulimia, Anorexia, Grief/Loss

Bennette "Michelle" Reescano, MSW, LCSW.....281-997-8400

Pearland Counseling Center

2217 Park Ave.

Pearland, TX 77581

www.pearlandcounselingcenter.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Grief/Bereavement, Career Counseling, Anxiety, Depression, Self-esteem, Self-image, Trauma, Spirituality, Self-care, Parenting Challenges

Mary Reissinger, Ph.D.....281-485-9280

Counseling Connections for Change

2549 Roy Rd.

Pearland, TX 77581

www.counselingconnections.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Career Counseling, Codependency, Depression, Domestic Abuse, Trauma, Stress-related Disorders

Kirsten Reynolds, MSW, LCSW.....832-390-1018

Cultivating Changes

1335 Regents Park Dr., Ste. 130

Houston, TX 77058

www.cultivatingchanges.net

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma, Relationship Issues, Self-esteem, Identity Issues, Chronic Illness, Grief, Transitions, Spiritual Issues, Difficult Jobs, Recovery, Habits, Boundaries, Connection

Heather Richard, M.A., LPC.....713-637-6000

Northshore Counseling Center, Inc.

331 Freeport St.
Houston, TX 77015
www.nshore.cc

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Trauma, Parenting

Linda Richards, LCSW.....281-949-7103

Linda L. Richards, LCSW

League City, TX 77573
www.psychologytoday.com/us/therapists/linda-l-richards-league-city-tx/379983

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Life Transitions (career, relationship, school), Depression, Anger Management, Family of Origin Issues, Self-esteem/Self-worth, Grief

Meredith Roach, LPC.....713-429-5325

One Behavioral

12234 Shadow Creek Pkwy. #B
Pearland, TX 77584
www.onebehavioralhealth.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Bipolar Disorder, Borderline Personality Disorder, Schizoaffective Disorder, Anxiety, Sadness, Grief/Loss, Personality Disorders, Trauma, Active and Retired Military

Andrew Roberts, M.A., LMFT, CCTP.....832-350-8518

Life Trek Psychotherapy Services

1120 E. NASA Pkwy., Ste. 220X
Houston, TX 77058
www.lifetrekps.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma, Physical Abuse, Sexual Abuse, Divorce, Death and Grief, PTSD and War, Behavioral Issues, Borderline Personality Disorder, Family Members for Someone with Borderline Personality Disorder, Mood Disorders, Teen Issues

Joanna Robertson, M.MFT, LPC, LMFT.....713-706-8300

Houston Professional Counseling, PLLC

1110 NASA Pkwy., Ste. 604
Houston, TX 77058
www.houstonprofessionalcounseling.com

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Substance Abuse, Relationships, Perfectionism, School Trouble, Body Image, Mindfulness Practices

Amy Rodriguez, LCSW.....832-734-8971

Essential Mental Health Services

2010 East Broadway St., Ste. 131

Pearland, TX 77581

www.essentialmentalhealthservices.com/

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma and PTSD, Mood Disorders, Depression, Anxiety, Stress, Relationship Issues, Parenting, Communication Skills, Adolescent Academic Pressures, Social Anxiety, Body Image

Stephanie R. Rodriguez, MSW, LCSW-S, CSAT, SEP, CDWF.....281-810-3613

Cultivating Changes, LLC

1335 Regents Park Dr., Ste. 130

Houston, TX 77058

www.cultivatingchanges.net

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Trauma, PTSD, Family Violence, Sexual Assault, Sexual Addiction, Sexual Abuse, Anxiety, Behavioral Issues, Chronic Pain, Coping Skills, Depression, Grief, Self-esteem, Suicidal Ideation

Elizabeth Roehl, M.S., LPC.....281-723-2807

Sunshine Counseling Services, PLLC

150 West Shadowbend Ave., Ste. 200

Friendswood, TX 77546

www.sunshinecounselingtx.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Trauma, Relationship Issues, Women's Issues, Coping Skills, Family Conflict, Life Transitions

Rudolf Rojahn, LMFT.....832-819-0974

Rudolf Rojahn, LMFT

305 21st St., Ste. 249

Galveston, TX 77550

www.rojahnlmft.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma and PTSD, Addiction, Depression, Stress, Anger, Relationship Issues, Parenting, Family Dynamics, Family Conflict

Andrea Rojas, LPC-Associate.....832-721-5559*Supervised By: Dr. Karen Haynes, Ph.D., LPC-S***Adorned Counseling**

1300 Bay Area Blvd., Ste. B233

Houston, TX 77058

*www.adornedcounseling.com***Population Served:** Adolescents**Types of Services:** Individuals**Specialties:** Adolescent Coping Skills and Coping Strategies. Bilingual in English and Spanish.**Melissa Romell, LPC.....281-993-3733****LifeStance Health**

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

*www.lifestance.com/provider/melissa-romell-lpc/?utm_medium=paid-affiliate&utm_source=psychologytoday.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families, Groups**Specialties:** ADHD, Anxiety, Bipolar Disorder, Depression, Trauma/PTSD, Childhood Behavioral Issues, Grief, Pain Management, School Avoidance, Substance Abuse Disorders, Medical Conditions**Jill Roper, M.S., LMFT.....409-204-2180****Jill Roper, M.S., LMFT**

11340 Eagle Dr., Ste. 4

Mont Belvieu, TX 77523

*www.jillroperlmft.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Family Conflict, Anger Management, Anxiety, Counseling for New Mothers, Depression, Grief/Bereavement, Children's Issues, Mindfulness**Michael Ross, LCSW.....281-482-3882****Christian Counseling Center**

2051 W. Parkwood Ave.

Friendswood, TX 77546

*www.christiancounselingfriendswood.org***Population Served:** Pre-Teens, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Loneliness, Stress, Depression, Grief, Personal and Family Dysfunction, Family Conflict, Marital Difficulty, Parenting Problems, Spiritual Struggles, Religious Questions, Christian Counseling

Jennifer Rothfleisch, Ph.D.....713-338-9121**Jennifer Rothfleisch, Ph.D.**

2225 County Rd. 90, Ste. 221

Pearland, TX 77584

*www.psychologytoday.com/us/therapists/jennifer-rothfleisch-pearland-tx/50465***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Anxiety, Relationship Issues, Bipolar Disorder, Children's Issues, Emotional Disturbance, Life Coaching, Obsessive Compulsive Disorder (OCD), Self-esteem, Spirituality**Brent Rucker, LPC.....713-222-2525****Innovative Alternatives, Inc.**

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

*www.innovativealternatives.org***Population Served:** Adults**Types of Services:** Individuals**Specialties:** Life's Challenges, Spirituality, Mediation**Sharonda Ruffin, MSW, LCSW.....337-704-7626****A.Y.O. Conversations, PLLC**

Pearland, TX

*www.ayoconversations.com***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Families**Specialties:** Anxiety, Depression, Trauma, Parenting, Friendship Concerns, Self-esteem**Ellen Russell, M.A., LPC-Associate.....936-402-6768***Supervised By: Hope Brown, M.A., LPC-S***New Hope New Liberty Counseling**

1610 James Bowie Dr., Ste. B-104

Baytown, TX 77520

*www.nhnlc.com***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Addiction, Anxiety, Coping Skills, Relationship Issues, Depression**Veronica Sabatier, LMFT-Associate.....832-304-5775***Supervised By: Alyssa Marie Baker, LMFT-S***Therapy for Families**

820 Lawrence Dr., Ste. 128

Kemah, TX 77565

*www.healingwholeness.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Marital/Premarital, Self-esteem, Self-image, Grief, Loss, Stress Management, Anxiety, Depression

Lisa Salazar, M.A., D.MFT, LMFT-S, LPC-S.....281-940-4050

Resilient Pathways Therapy, PLLC

15700 Space Center Blvd.

Houston, TX 77062

www.resilientpathwaystherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, ADD, Depression, Anxiety, Stress, Panic Attacks, Trauma/PTSD, Grief/Loss, Crisis, Life Transitions, Medical and Chronic Illness, Childhood Trauma. Bilingual in English and Spanish.

Samantha Salazar, M.A., LPC.....832-341-0222

Ackerman Family Therapy, PLLC

1110 E. NASA Pkwy., Ste. 545H

Houston, TX 77058

www.ackermanfamilytherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Coping Skills, Spirituality, Anxiety, Depression, Marital/Premarital, Trauma, Cultural Sensitivities

Shannon Samuel, LPC.....832-910-7476

Hurtspeaks Wellness Center, PLLC

Regus Office, 11200 Broadway St.

Pearland, TX 77584

www.hurtspeaks.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Grief, Anxiety, Trauma and PTSD, Certified Grief Recovery Specialist

Christine Sanchez, LPC.....832-846-6206

Insight Life Counseling

17625 El Camino Real Center #2, Ste. #220

Webster, TX 77058

www.insightlc.com

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Trauma, Daily Struggles

Daniel K. Sanders, Psy.D.....281-333-5250

Dr. Daniel K. Sanders & Associates

18333 Egret Bay Blvd., Ste.145

Houston, TX 77058

www.dksanderspsychology.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Autism, Depression, Traumatic Brain Injury, Neuropsychological Assessment, Psychological Assessment, Learning Disability Assessment, Autism Assessment, Alcohol and Drug Abuse, Biofeedback, Cognitive Rehabilitation

Debra Santos, M.S., LPC.....281-803-8155

BART Counseling, LLC

League City, TX 77573

www.bartcounseling.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Depression, Anxiety, Relationship Issues, Family Issues, Parenting Support, Grief, Work and Career Issues, Stress Management, Addiction and Recovery, Conflict Resolution

Jackie Sarager, LPC-Associate.....346-644-3698

Supervised By: Julie Jones, LPC-S

Relate Therapy

16815 Royal Crest Dr., Ste. 240

Houston, TX 77058

www.mattbrowntherapy.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Trauma and PTSD, Family Conflict, Anxiety, Depression, Family of Origin Issues, Childhood Trauma, Relationship Issues

Elizabeth Sardelich, M.A., LPC-S, LMFT.....979-848-0766

Sardelich Counseling and Consulting

305 E. Mulberry

Angleton, TX 77515

www.sardelichcounseling.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anger Management, Depression, Marital/Premarital, Trauma/PTSD, Women's Issues, Sexual Abuse, Anxiety, Eating Disorders, Grief, Parenting Concerns, Stress, School Problems

Muqaddas Sarwar, Ph.D.....281-993-8040

Stepping Stone Therapy

1400 W. FM 528, Ste. E

Webster, TX 77598

<https://steppingstonetherapy.org/>

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Minority Stress, Trauma/PTSD, Substance Abuse, Health Concerns, Whole Health, Grief/Loss, Coping with Stress

Julia Saucedo, LPC.....281-549-4705**Hopeful Texas, PLLC**

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

*www.hopefultexas.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Behavioral Issues, Developmental Disabilities, Grief, Immigration Issues, Impulse Control Disorders, Mood Disorders, Personality Disorders, Stress, Substance Abuse, Trauma. Bilingual in English and Spanish.**Kali Scheschuk, M.A., LPC-S.....713-678-0403****Counseling Futures**

211 E. Parkwood Ave., Ste. 104

Friendswood, TX 77546

*www.counselingfutures.com***Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Relationship Issues, Family Conflict, Behavioral Issues, Parenting, Anxiety, Depression, Trauma/PTSD, Divorce, Infidelity, Suicidal Ideation, Grief, Hoarding, Eating Disorders, Addictions**Rebecca Schneider, LCSW.....281-769-2238 ext.629****Clearhope Wellness Center**

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

*www.clearhopewellness.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Anger, Depression, Domestic Violence, Dissociation, LGBTQIA+, Life Transitions, Mood Disorders, Sexual Abuse, Trauma**Brian Schulz, M.S., LPHA, LPC, LCDC, CCPT.....281-549-4705****Hopeful Texas, PLLC**

1100 E. NASA Pkwy., Ste. 101

Houston, TX 77058

*www.hopefultexas.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Home Visits Available, Depression, Anxiety, Substance Abuse, Mood Disorders, Co-Occurring Disorders (Dual Diagnosis), Personality Disorders, PTSD, Anger Management, Grief, LGBTQIA+ Issues, Abuse, Career Counseling, Stress Management, Impulse Control Disorders

Mike Schumacher, M.S., M.Div., LPC-S, LMFT.....281-481-7133

Sagmont Counseling Center

11339 Hughes Rd.

Houston, TX 77089

www.sagmontchurch.org/counseling

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anxiety, Depression, Marital/Premarital, Narcissistic Personality, Relationship Issues, Mood Disorders, Personality Disorders, Trauma Recovery

Myles Schutte, LPC, CSAT.....346-302-8089

Judah Christian Counseling

2947 E. Broadway St., Ste. 100

Pearland, TX 77581

www.judahchristiancounseling.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Depression, Anxiety, Anger Management, Codependency, Sexual Addictions, Sexual Identity Issues, Trauma/PTSD, Unwanted Sexual Compulsive Behaviors, Sexual Addiction, Emotion Regulation, Stress and Burnout, Self-esteem, Behavioral Addictions, Life Transitions, Spirituality

Christopher Scott, Ph.D.....832-779-1586

Scott Psychological Services, PLLC

2010 E. Broadway St. #130

Pearland, TX 77581

www.scottpsychologicalservices.org

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Online Counseling, Depression, Marital/Premarital, Anxiety, Divorce, Family Conflict, Loneliness/Social Isolation, Men's Issues, Sex Addiction/Porn Addiction, Relationship Concerns, Sexual Abuse, Sexual Orientation and Gender Identity, Academic and Workplace Performance, Workplace Conflict, Sexual Dysfunction, LGBTQIA+ Issues

George Scott, Ph.D.....281-332-5100

Psychology Resources

261 North Michigan Ave.

League City, TX 77573

www.psychology-resources.net

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Depression, Bipolar Disorder, Anxiety, Obsessive Compulsive Disorder (OCD), ADHD, Grief, Trauma, Psychosis, Neurocognitive Disorders, Medically Complex Clients with Co-occurring Psychological Disorders

Rosanne Scott, M.S., LPC.....832-569-2450

Renew Psychotherapy Group

1414 S. Friendswood Dr., Ste. 430, Bldg. B

Friendswood, TX 77546

www.renewtherapygroup.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Relationship Issues, Depression, Anxiety, Stress, Grief, Self-esteem, Family Conflict, Trauma, Students Struggling with Teachers, Grades, Peer Relationships, Parenting, Anger

Victoria Scott, LMFT.....281-819-0308

Therapy for Families

820 Lawrence Dr., Ste. 128

Kemah, TX 77565

www.healingwholeness.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Shame, Self-esteem, Trauma, Attachment Reparative Work, Marital/Premarital, Family Conflict, Addictions, Codependency, Developmental Trauma Work

Kathryn Scroggins, M.S., LPC-Associate.....281-524-2854

Supervised By: Rebecca Kern, M.S., LPC-S, NCC

Guiding Light Counseling and Consulting

www.guidinglightcounselinggroup.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Life's Challenges, Depression, Anxiety

Veronica Sebatier, M.Ed., LMFT-Associates.....281-207-0788

Supervised By: Alyssa Baker, M.A., LMFT-S

Life Tree Counseling Center

201 Enterprise Ave., Ste. 300

League City, TX 77573

www.lifetreecounseling.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Self-esteem Issues, Depression, Anxiety, Relationship Issues, Life Event Challenges

Karen Sebung, MA, LMFT-S.....281-334-6543

Clear Creek Therapy

1300B Bay Area Blvd., Ste. 122

Houston, TX 77058

www.clearcreektherapy.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Anxiety, Behavioral Issues, Coping Skills, Couples Issues, Depression, Divorce, Relationships, Self-esteem, Self-harm, Sexual Abuse, Substance Abuse, Suicidal Ideation, Trauma, Post-traumatic Stress Disorder (PTSD), LGBTQIA+, Transgender Issues. Bilingual in English and German.

Keyah Seedanee, M.S., LPC.....512-846-3615

Conquer & Thrive Counseling Center

1110 E. NASA Pkwy., Ste 5451

Houston, TX 77058

www.psychologytoday.com/us/therapists/keyah-seedanee-houston-tx/460484

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Depression, Anxiety, Trauma, Sexual Compulsions, Stress, Bisexual, Impulse Control Disorders, LGBTQIA+, Parenting, Peer Relationships, Racial Identity, Trauma/PTSD, Women's Issues

Kelsey Seifert, M.A., LPC-S, LMFT, NCC.....713-907-7315

Mental Wellness & Restoration, PLLC

4701 Preston Rd.

Pasadena, TX 77505

www.kelseyseifert.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Panic, Phobias, Body-Focused Repetitive Behaviors, Obsessive Compulsive Disorder (OCD), Perinatal Mental Health, Depression, Trauma

Karen S. Seitz, Ph.D., LSSP.....832-275-0527

Dr. Karen Seitz, Clinical & Consulting Psychology

16864 Royal Crest Dr.

Houston, TX 77058

www.drkareenseitzclinicalandconsult.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Assessment, Diagnosis, and Treatment of ADHD/ADD, Anxiety, Depression, Mood Disorders, Tele-psychology

Phyllis Sensat, LCSW.....281-769-2238 ext.599

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples, Families, Groups

Specialties: Abuse, Depression, Family Therapy, Grief, Group Therapy, Parenting Skills, PTSD, Trauma, Violence

Christina Shaw, Ed.D., LPC, CSC.....346-230-1406**The Family Relationship Center**

16821 Buccaneer Ln., Ste. 108

Houston, TX 77058

www.psychologytoday.com/us/therapists/christina-shaw-houston-tx/960285**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** ADHD, Anxiety, Behavioral Issues, Depression, Grief, Parenting, Self-esteem, Stress, Trauma/PTSD, Women's Issues, Education and Learning Disabilities, Emotional Disturbance, LGBTQIA+, Peer Relationships, School Issues, Self-harm, Trauma Recovery**Courtney Shaw, M.S., LPC, LCDC.....409-234-1450****Cultivating Changes**

1335 Regents Park Dr., Ste. 130

Houston, TX 77058

www.cultivatingchanges.net**Population Served:** Adults**Types of Services:** Individuals**Specialties:** PTSD, Complex Trauma, Family Violence, Sexual Assault, Grief/Loss, Anxiety, Depression, Substance Abuse, Anger Management, Self-esteem, Suicidal Ideation, and Co-occurring Disorders, Military Veterans, Victims of Violent Crime, First Responders**Steven Sheffield, M.S., LPC.....346-633-3046****Thrive Family Counseling - League City**

League City, TX 77573

www.psychologytoday.com/us/therapists/steven-sheffield-league-city-tx/1227580**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Life Stressors, Oppositional Defiant Disorder (ODD), ADHD, Mood Disorders, Parenting, Relationship Issues, School Issues, Anxiety, Suicidal Ideation, Trauma/PTSD, Depression**Marilyn Kay Shroyer, M.S., LPC.....281-793-2151****Marilyn Kay Shroyer, M.S., LPC**

1209 Decker Dr., Ste. 201A

Baytown, TX 77521

www.marilynkayshroyer-ms-lpc.com**Population Served:** Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Codependency, Life Coaching, Relationship Issues, Stress, Trauma/PTSD, Women's Issues

George Shu, LMSW.....346-471-1533**Cultivating Changes**

1335 Regents Park Dr., Ste. 130

Houston, TX 77058

*www.cultivatingchanges.net***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Trauma, PTSD, Obsessive Compulsive Disorders (OCD), Anxiety, Addiction, Depression, Emotional Disturbance, Family Conflict, Grief, Men's Issues, Mood Disorders, Phobias, Racial Identity, Self-esteem, Spirituality, Stress**Abbey Shultz, LCSW.....281-993-3733****LifeStance Health**

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

*www.lifestance.com/provider/abbey-shultz-lcsw/?utm_medium=paid-affiliate&utm_source=psychologytoday.com***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Couple's Issues, Depression, Grief, Later Life Transitions, Medical Conditions, Trauma/PTSD, Women's Issues, Reproductive Challenges**Becky Siekierski, Ph.D., LP, LSSP.....281-407-5658****Clear Lake Children's Center**

17100 Glenmount Park Dr., Ste. C

Webster, TX 77598

*www.clearlakechildrenscenter.com***Population Served:** Children, Adolescents**Types of Services:** Individuals, Families**Specialties:** Testing and Evaluation, Behavioral Issues, School Issues, ADHD, Anger Management, Anxiety, Asperger's Syndrome, Autism, Coping Skills, Depression, Emotional Disturbance, Self-esteem**Cynthia Sierra, M.S., LPC.....832-736-7376****The Intrinsic Mind, PLLC**

127 Wesley Dr.

League City, TX 77573

*www.theintrinsicmind.clientsecure.me***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Co-occurring Conditions, Depression, Anxiety, Work-related Issues, Career Counseling, School-related Issues, Parenting Issues and Support, Anger Management, Self-esteem, Grief/Loss, Trauma/PTSD, Mood Disorders

Elizabeth Silva, LMSW.....281-769-2238 ext.576

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Abuse, Anger Issues, Anxiety, Depression, Difficult Life Changes, Domestic Violence, Grief and Loss, LGBTQIA+, Mood Disorders, Trauma/PTSD, Self-esteem Issues, Sexual Abuse, School Issues, Stress Management, Substance Use Disorders. Bilingual in English and Spanish.

Maria Silva, Ph.D., M.Ed., LPC.....281-339-7237

Inner Wellness Counseling Center

Houston, TX 77058

www.inner-wellness.net

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Anxiety, Depression, Panic, Obsessions and Compulsions, Bipolar Disorder, Couples Issues, Relationship Issues, Teen Group Therapy

Ticiane Silva, Ph.D.....979-285-9242

Psychology Works

2225 County Rd. 90, Ste. 105

Pearland, TX 77584

www.psychologyworkstx.com

Population Served: Children, Adolescents

Types of Services: Individuals

Specialties: Psychological Evaluations for Emotional, Behavioral, and Developmental Conditions

Alan H. Silverblatt, Ph.D.....281-332-2500

Dr. Alan H. Silverblatt, Ph.D.

17448 Hwy. 3, Ste. 130

Webster, TX 77598

Population Served: Adults, Elders

Types of Services: Individuals, Families

Specialties: Pain Management, Psychological Testing

Faye Simien, M.S., LPC.....281-397-3670

Exodus Counseling Center

League City, TX

www.psychologytoday.com/us/therapists/faye-simien-league-city-tx/92238

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Depression, Anxiety, Women's Issues, Anger Management, Behavioral Issues, Divorce, Emotional Disturbance, Oppositional Defiant Disorder (ODD), Racial Identity, Veterans, Family Conflict, Grief, School Issues, Trauma/PTSD

Krystal Simmons, Ph.D., LSSP, NCSP.....979-285-9242

Psychology Works

210 Lake Rd., Ste. 700A

Lake Jackson, TX 77566

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Psychological Assessment, Psychoeducational Assessment, Behavioral Intervention, Crisis Intervention, ADHD, Depression, Anxiety, Autism Spectrum Disorders, Learning Disabilities

Trevor Simon, M.S., LPC.....832-916-4416

Pure Bliss Counseling

2225 County Rd. 90, Ste. 219

Pearland, TX 77584

www.pureblisscounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Life Transitions, Marital/Premarital, Grief, Stress, Weight Management, Binge Eating Disorders

Carl Simpson, LPC.....281-332-3852

Hirsch & Associates: Comprehensive Mental Healthcare

549 Egret Bay Blvd., Ste. 300

League City, TX 77573

www.drivictorhirsch.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Behavioral Issues, Life Situations, Trauma, Anxiety, Depression, Relationship Issues

Dawn Sims, MSN, APRN.....281-993-3733

LifeStance Health

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

www.lifestance.com/provider/dawn-sims-pmhnp/?utm_medium=paid-affiliate&utm_source=psychologytoday.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: ADHD, Anxiety, Bipolar Disorder, Depression, Obsessive Compulsive Disorder, (OCD), Postpartum Depression, Psychosis/Schizophrenia, Trauma/PTSD, Sleep Disorders/Insomnia, Women's Issues, Assessment, Diagnosis and Medication Management

Jasmine Singleton-Caster, LCSW.....281-607-4091

Jasmine Singleton-Caster, LCSW

Pearland, TX 77584

www.psychologytoday.com/us/therapists/jasmine-singleton-caster-pearland-tx/1166301

Population Served: Adults

Types of Services: Individuals

Specialties: Women's Issues, Anxiety, Depression, Anger Management, Mood Disorders, Racial Identity, Relationship Issues, Self-esteem, Stress, Trauma/PTSD

Michelle Sitkowski, LCSW.....409-207-9264

Michelle Sitkowski, LCSW

2728 Avenue Q

Galveston, TX 77550

www.psychologytoday.com/us/therapists/michelle-sitkowski-galveston-tx/968061

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Trauma/PTSD, Addiction, Depression, Anxiety, Chronic Pain, Dual Diagnosis, Family Conflict, Grief, Infidelity, Obesity, Obsessive Compulsive Disorder (OCD), Parenting, Peer Relationships, Relationship Issues, Self-esteem, Self-harm, Sexual Abuse, Sleep/Insomnia, Stress

Tracy Skripka, LPC.....281-769-2238 ext.508

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Dyslexia and Reading Intervention, Parenting, School Accommodations for Academic and Behavioral Support, School Issues, Social Skills

Danielle Smith, M.Ed., LPC-Associate.....281-745-7876

Supervised By: Colleen Neal, LPC-S

Danielle Smith, LPC-Associate

16864 Royal Crest Dr.

Houston, TX 77058

www.daniellesmithlpc.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Lifestyle Changes, School Challenges, Athlete Stressors, Athlete Injuries, Shift Worker Syndrome, Marriage Complications, Trauma

Daryl Smith, LPC-Associate.....346-327-5161

Supervised By: Theresa Harris, LPC-S

Inspire Counseling & Therapy

5144 East Sam Houston Pkwy. N, Ste. 114

Houston, TX 77015

www.inspirecounselingandtherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: ADHD, Adjustment Disorder, Anger Management, Anxiety, Depression, Grief, Oppositional Defiant Disorder, Post Traumatic Stress Disorder (PTSD)

Melanie Smith, M.A., LPC.....281-997-8400

Pearland Counseling Center

2217 Park Ave.

Pearland, TX 77581

www.pearlandcounselingcenter.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Aggression, Anger Management, Anxiety, Autism, Asperger's Syndrome, Depression, Developmental Disorders, Emotional Regulation, Family Counseling, Life Coaching, Life Transitions, Parenting

Rona Smith, M.S., LPC.....281-660-0327

Counseling Concepts P.C.

2118 Grand Blvd.

Pearland, TX 77581

www.counselingconceptshouston.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Emotional Regulation, Loss, Stress Reduction, Trauma, Mindfulness

Brandi Snow, M.S., LPC.....281-660-0327

Counseling Concepts P.C.

2118 Grand Blvd.

Pearland, TX 77581

www.counselingconceptshouston.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Relationship Issues, Depression, Anxiety, Behavior Issues, Mood Issues, Teen Issues, Self-esteem, Personal Growth

Karla Solis-Auces, LPC.....281-769-2238 ext.503

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Chronic Pain, Depression, Life Transitions, Post Traumatic Stress Disorder (PTSD), Stress Management, Life Transitions

Jasime Sonny, Psy.D.....866-574-0552

New Dimensions Day Treatment Center

1345 Space Park Dr., Ste. C

Houston, TX 77058

www.nddtreatment.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Psychological Testing, Anxiety, Panic Attacks, Depression, Trauma/PTSD, Suicidal Thoughts, Self-harm, Anger Issues, Bipolar Disorder, Severe Stress, Substance Use Disorders

Candace Southall, Ph.D., LPC.....281-962-9017

CRM Counseling

2810 Center St., #102

Deer Park, TX 77536

www.crmcounseling.net

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Relationship Issues, Grief, Anger Management, Career Counseling, Spirituality, Self-esteem, Parenting, Family Conflict, Relationship Issues, Peer Relationships, Stress

Dempsey Spears, M.A., LPC-S.....409-359-3355

Transitional Life Counseling and Consultation

1228 N. Logan St., Ste. 101

Texas City, TX 77590

www.transitionallifecounselingandconsultation.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Mood Disorders, Psychosis, Behavioral Issues, Anxiety

Quin'Tara Spencer-Vallaire, LMSW.....281-609-6010

Safe Mind Space Counseling Group

1335 Regents Park, Ste. 140

Houston, TX 77058

www.psychologytoday.com/us/therapists/quintara-spencer-vallaire-houston-tx/966799

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Sexual Abuse, Bipolar Disorder, Eating Disorders, Substance Abuse, Trauma, Victims of Sex Trafficking and Abuse, Anger Management, Family Conflict, Suicidal Ideation, Teen Violence

Meghan Stang, M.S., LPC, LCDC, NCC.....713-222-2525

Innovative Alternatives, Inc.

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

www.innovativealternatives.org

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Substance Abuse, Trauma, Career Exploration, Educational Issues, Social Difficulties, Communication Skills

Elizabeth Hightower Stanley, LPC.....281-332-3852**Hirsch & Associates: Comprehensive Mental Healthcare**

549 Egret Bay Blvd., Ste. 300

League City, TX 77573

www.drivictorhirsch.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Stress, Life Transitions, Habit-building, Harmful Behavior, Anxiety, Depression, ADHD, Self-esteem, Relationship Issues, Life Transitions, College Admissions Process, Career Counseling**Bill Steinhoff, LPC-Associate.....346-564-8739***Supervised By: Patrice Houston, LPC-S***Stonewheel Counseling**

1322 Space Park Dr., Ste. B121

Houston, TX 77058

www.stonewheelcounseling.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Depression, Anxiety, Mood Disorders, ADHD, Asperger's Syndrome, Autism, Behavioral Issues, Drug Abuse, Family Conflict, Intellectual Disability, Men's Issues, Peer Relationships, Self-esteem, Self-harm, Sports Performance, Suicidal Ideation, Teen Violence**Cat Stephens, LPC.....409-206-0320****Sol Radiance Counseling & Wellness**

Galveston, TX

www.solradiancecounseling.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Transgender, LGBTQ+, Depression, Anger Management, Anxiety, Trauma, Self-esteem, Stress, Mindfulness**Melissa Stewart, M.Ed., LPC.....832-569-2450****Renew Psychotherapy Group**

1414 S. Friendswood Dr., Ste. 430, Bldg. B

Friendswood, TX 77546

www.renewtherapygroup.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Marital/Premarital, Anxiety, Bullying, Suicidality, Depression, Sexual Identify, Family Conflict, Relationships Issues, School Issues, Self-esteem, Self-harm, Chronic Illness, Sexual Abuse, Spirituality, Trauma/PTSD, Women's Issues

Cecil Stimits, LPC.....281-769-2238 ext.627

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples, Families

Specialties: ADHD, Anger, Autism, Bipolar Disorder, Eating Disorders

Diana Stinson, Psy.D.....281-993-8040

Stepping Stone Therapy

1400 W. NASA Pkwy., Ste. E

Webster, TX 77598

www.psychologytoday.com/us/therapists/diana-cook-stinson-webster-tx/886780

Population Served: Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Perfectionism, Relationship Concerns, Trauma, Psychological Evaluations, Bisexual, LGBTQIA+, Education and Learning Disabilities, Testing and Evaluation

Mondee Stone, LPC-S.....281-723-6672

Stone Styled Therapy

League City, TX 77573

www.stonestyledtherapy.com

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Depression, Relationship Issues, LGBTQIA+ Issues

Sarah Shyne Storie, LPC.....832-846-6206

Insight Life Counseling

17625 El Camino Real Center #2, Ste. #220

Webster, TX 77058

www.insightlc.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Depression, Anxiety, Relationship Issues, Trauma, Life Adjustments

Jacquelyn Strait, Ph.D.....281-816-6460

Winding Way Therapy

1506 Winding Way Dr., Bldg. 110, Ste. 606

Friendswood, TX 77546

<https://www.windingwaytherapy.com/>

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Depression, Grief, Racial Identity, Self-esteem, Stress, Trauma/PTSD, Women's Issues, Psychological Evaluation, Neuropsychological Evaluation

Jennifer Street, LCSW.....813-240-2281**Life Renewal Counseling**

17000 El Camino Real, Ste. 307B

Houston, TX 77058

*www.liferenewalcounseling.org***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples, Group, Families**Specialties:** Trauma, Women's Issues, Depression, Anxiety, Eating Disorders, Self-Injury, Abuse Recovery, Survivors of Domestic Violence**Kristin Streich, Psy.D.....713-910-1799****Bear Creek Behavioral Health**

315 S. Friendswood Dr., Ste. 200

Friendswood, TX 77546

*www.bearcreekbh.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety Disorders, Post Traumatic Stress Disorder (PTSD), Trauma Recovery, Depression Disorders, Teen Emotional and Behavioral Needs, Self-injury, ADHD, Parent Education**Alexandrea Strnadel, M.Ed., LPC-Associate.....979-297-4335***Supervised By: Rhonda West, M.A., LPC-S***Texas Family Solutions**

109 Circle Way

Lake Jackson, TX 77566

*www.txfamilysolutions.net***Population Served:** Children, Preteens, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** ADHD, Behavioral Issues, Career Counseling, Depression, Eating Disorders, Grief, Infidelity, Marital/Premarital, Obesity, Parenting, Relationship Issues, Self-esteem, Transgender, Women's Issues**Kendra Sullivan, M.A., LPC-S.....281-481-7133****Sagemont Counseling Center**

11300 S. Sam Houston Pkwy., E.

Houston, TX 77089

*www.sagemontchurch.org***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Developmental Delays, Mood Disorders, Anxiety, ADHD, Trauma, Identity Issues for Women, Relationship Issues, Motherhood

Stacie Sustaita, LCSW-S.....832-762-8621**Stacie Sustaita, LCSW-S**

17043 El Camino Real, Ste. 103

Houston, TX 77058

www.healingheartandmind.com**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Grief and Bereavement, Caregiver/Role Strain, Depression, Anxiety, Relationship Issues, Trauma/PTSD**Shana Sutcliffe, M.A., LPC.....281-948-5355****Spark Counseling: Shana Sutcliffe, M.A., LPC**

2006 Broadway, Ste. 104

Pearland, TX 77581

www.shanasutcliffelpc.com**Population Served:** Adults, Elders**Types of Services:** Individuals, Couples/Marital**Specialties:** Women's Issues, Life Coaching, Addiction, Anxiety, Depression, Drug Abuse, Dual Diagnosis, Grief, Infidelity, Parenting, Relationship Issues**Steve Sutherland, M.A., LPC.....281-794-7414****Steve Sutherland, M.A., LPC**

1421 Stone Rd.

Pearland, TX 77581

www.psychologytoday.com/us/therapists/steve-sutherland-lake-jackson-tx/130815**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anger Management, Grief, Addiction, Alcohol and Drug Abuse, Antisocial Personality, Anxiety, Behavioral Issues, Bipolar Disorder, Career Counseling, Coping Skills, Depression, Domestic Abuse, Divorce, Family Conflict, Parenting, Peer Relationships, Relationship Issues, Self-esteem**Alexandra Svadlenak, M.S., LPC, LCDC.....281-818-6758****Anew Psychological Services**

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Addiction, Co-occurring Disorders, Depression, Anxiety, Anger Issues, Stress Management, Self-esteem, Relationship Issues, ADHD

Elizabeth Svetlik, M.A., LPC.....281-485-9280

Counseling Connections for Change

2549 Roy Rd.

Pearland, TX 77581

www.counselingconnections.org

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Boundary Issues, Career Counseling, Codependency, Depression, Domestic Abuse, Grief

Julie Swanson, Ph.D., CGP.....936-657-1975

Julie A. Swanson, Ph.D.

18333 Egret Bay Blvd., Ste. 270M

Houston, TX 77058

www.leaguecitycounseling.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Relationship Issues, Emotional Disturbance, Life Transitions, Anxiety, Adjustment Difficulties, Depression, GLBTQ Issues, Trauma Recovery, Grief and Loss, Family of Origin Issues

Bryan Sweeney, Ph.D.....281-956-1032

Texas Psychology Services, PLLC

1560 W. Bay Area Blvd., Ste. 184

Friendswood, TX 77546

www.texaspsychologyservices.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families, Groups

Specialties: Child Custody Evaluations, Mediation Services, High-Conflict Resolution Training, Child Abuse Evaluations, Risk Assessments for Prior Sex Offenders and Child Abusers, Adoption Readiness Evaluations, Family Reunification Services, Psychological Assessments (Fitness for Duty, Personal Psychological Injury, Workers Compensation Evaluations), Expert Testimony

Rachel Sword, LPC-S.....281-769-2238 ext.614

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Groups

Specialties: Anxiety, Bipolar Disorder, Depression, Executives/Professionals, First Responders, Grief/Loss, HIV/AIDS, LGTBQIA+, Life Stressors, Mental Health and Medical Issues, Schizophrenia, Sexual Issues, Substance Use Disorders, Relationship Conflict, Veterans, Trauma

- Catheryn Tallant, Ph.D.....281-332-3852**
Hirsch & Associates: Comprehensive Mental Healthcare
 549 Egret Bay Blvd., Ste. 300
 League City, TX 77573
www.drivictorhirsch.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Anxiety, Depression, Attention/Concentration Issues, Personality Disorder, Bipolar Disorder, Life Transitions, Adjustment Disorders, Motivation, Trauma Resolution, Assessments
- Brandi Tarver, M.A., LPC, LMFT.....281-219-9020**
Brandi Tarver, M.A., LPC, LMFT
 1560 W. Bay Area Blvd., Ste. 170
 Friendswood, TX 77546
www.houstonbayareacounselor.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Marriage/Relationship Difficulties, Divorce, Anxiety, Depression, Stress Management, Grief
- Allison Tate, M.A., LPC, CAS.....832-653-4147**
Green Apple Counseling & Consulting
 121 Magnolia St., Ste. 201
 Friendswood, TX 77546
www.greenapplecounselingtx.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, High-functioning Autism, ADHD, Adoption, Behavioral Issues, Life Challenges
- Crystal Taylor, LPC, NCC.....346-347-3266**
Cooper Counseling and Wellness, LLC
 Pearland, TX 77584
www.cooper-counseling.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Pregnancy/Prenatal/Postpartum, Trauma/PTSD, Women's Issues
- Victoria Ashley Theobalds, LPC.....281-916-2538**
Thriveworks Pearland
 2743 Smith Ranch Rd., Ste. 801
 Pearland, TX 77584
www.thriveworks.com/therapist/tx/victoria-ashley-theobalds
Population Served: Adults, Elders
Types of Services: Individuals, Couples/Marital
Specialties: Depression, Career Counseling, Relationship Issues

Debra Thompson, RN, LPC.....281-481-7133**Sagemont Counseling Center**

11300 S. Sam Houston Pkwy., E.

Houston, TX 77089

www.sagemontchurch.org/counseling/**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** ADD/ADHD, Anxiety, Mood Disorders, Depression, Obsessive Compulsive Disorder (OCD), Life Challenges**Kaitlyn Thompson, MSW, LCSW-S, SEP.....281-810-3628****Cultivating Changes**

1335 Regents Park Dr., Ste. 130

Houston, TX 77058

www.cultivatingchanges.net**Population Served:** Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Trauma/PTSD, Treatment for Immigrants, Refugees, Veterans, and Crime Victims, Marital/Premarital, Compassionate Mind Focused Therapy, Trauma Recovery, Enneagram Coach**Linda Thompson, M.A., LPC.....713-637-6000****Northshore Counseling Center, Inc.**

331 Freeport St.

Houston, TX 77015

www.nshore.cc**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Mood Disorders, Anxiety Disorders, Bereavement Counseling, Marital/Premarital, Adolescent Behavioral Issues, Trauma Recovery**Steffanie Thompson, M.Ed., LPC, LCDC.....979-476-0993****Integrative Counseling Solutions**

1216 N. Velasco St., Ste. 105

Angleton, TX 77515

www.icsolutionstx.com**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families, Groups**Specialties:** Anxiety, Depression, Relationship Issues, Self-esteem, Trauma/PTSD, Social Anxiety Disorder, Addiction, Grief/Loss, Sexual Abuse, Adolescent Issues

Paige Thomson, M.A., LPC-S, CART.....832-569-2450**Renew Psychotherapy Group**

1414 S. Friendswood Dr., Ste. 430, Bldg. B

Friendswood, TX 77546

www.renewtherapygroup.com**Population Served:** Adolescents, Adults, Children**Types of Services:** Individuals, Families, Groups**Specialties:** Anxiety, Depression, Bipolar Disorder, Teens/Families in Crisis, Low Self-esteem, Borderline Personality Disorder, Relationship Problems, Parenting, Grief, Trauma, Obsessive Compulsive Disorder (OCD), Suicidal Ideation, Problems with Bullying, Behavioral Issues**Kayla Tiller, LMSW.....281-752-6890****Nurture and Nature Therapy Center**

17047 El Camino Real, Ste. 215

Houston, TX 77058

www.nurtureandnaturetherapycenter.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Secondary Trauma, Compassion Fatigue, Severe and Persistent Mental Illness, Depression, Anxiety, New and Difficult Life Transitions**Dominique Timothee, M.Ed., LPC-Associate.....281-524-2854***Supervised By: Toni LeZurs, M.A., M.Ed., LPC-S***Guiding Light Counseling and Consulting**www.guidinglightcounselinggroup.org**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Behavior Difficulties, Autism, Anxiety, Depression, Transitioning Problems, Stress, Life Challenges**Jake Toler, M.S., LPC.....281-819-0191****Jake Toler, LPC, LCC**

820 S. Friendswood Dr., Ste. 213

Friendswood, TX 77546

www.jaketoler.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Trauma, Grief, Loss, Aging, Terminal Illness, End of Life Issues

- Jill Foley Torres, Psy.D.....832-705-0912**
Jill Foley Torres, Psy.D.
 1110 East NASA Pkwy., Ste. 420B
 Houston, TX 77058
www.psychologytoday.com/us/therapists/jill-foley-torres-houston-tx/42189
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Groups
Specialties: ADHD, Autism, Immigration Evaluations, Anxiety, Depression, Education and Learning Disabilities, Adoption, Bipolar Disorder, Borderline Personality Disorder, Chronic Illness, Grief, Infertility, LGBTQIA+, Marital/Premarital, Obesity, Pregnancy/Prenatal/Postpartum, Racial Identity, Relationship Issues, School Issues, Spirituality, Sports Performance, Suicidal Ideation, Trauma
- Kim Tran, M.A., LPC.....281-488-0615**
Clear Lake Psychotherapy & Diagnostics
 957 E. NASA Pkwy., #511
 Houston, TX 77058
www.clearlakepsychotherapy.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Abuse, Anxiety, Depression, Trauma, Grief, Addiction, Relationship Issues, Stress, Eating Disorders, ADHD
- Victor Tran, Ph.D.....713-429-5325**
One Behavioral
 12234 Shadow Creek Pkwy.
 Pearland, TX 77584
<https://onebehavioralhealth.com/providers/victor-tran-phd/>
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Schizophrenia, Bipolar Disorder, Post Traumatic Stress Disorder (PTSD), Anxiety Disorder, Depression
- Mary Travis, M.A., LPC.....409-218-1043**
Courvelle Counseling and Wellness
 Friendswood, TX
www.courvellecounselingandwellness.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Trauma/PTSD, ADD/ADHD, Adjustment Disorder, Depression, Grief, Suicidal Ideation, Women's Issues, School Issues, Parenting, Self-harm, Work with Veterans
- Sharon Treadgold, M.Ed., LMSW.....281-485-9280**
Counseling Connections for Change
 2549 Roy Rd.
 Pearland, TX 77581
www.counselingconnections.org
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Trauma and PTSD, Anxiety, Grief

- Cristina Treadway, M.S., Ed., LPC.....832-846-6206**
Insight Life Counseling
 17625 El Camino Real Center #2, Ste. #220
 Webster, TX 77058
www.insightlc.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Addictions, Infertility, Life Transitions
- Julie Ung, M.A., LMFT-S, LPC-S.....281-937-4139**
Magnolia Counseling of Pearland
 11200 Broadway St., Ste. 2743
 Pearland, TX 77584
www.magnoliacounselingofpearland.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Infidelity, Anxiety, Depression, Self-harm Prevention, Family Conflict, Relationship Issues
- Teresa Urquiaga, M.S., LPC.....713-706-8300**
Houston Professional Counseling, PLLC
 1110 NASA Pkwy., Ste. 604
 Houston, TX 77058
www.houstonprofessionalcounseling.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Support, Personal Journey, Fulfilling Relationships, Personal Happiness, Improved Mental Health
- Kimberly Valdez, LCSW-S.....281-752-6890**
Nurture and Nature Therapy Center
 17047 El Camino Real, Ste. 215
 Houston, TX 77058
www.nurtureandnaturetherapycenter.com
Population Served: Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Perinatal Mental Health, Anxiety, Obsessive Compulsive Disorder (OCD), Depression, Bipolar Disorder, PTSD, LGBTQIA+ Issues, Late Diagnosed Autism/Neurodivergence
- Vanessa Valdez, M.Ed, LPC-Associate.....956-513-7645**
Supervised By: Michelle Burkott, LPC-S
Lakeside Counseling
 2600 NASA Pkwy., Ste. 204
 Houston, TX 77058
www.lakesidecounselingtx.com
Population Served: Adults
Types of Services: Individuals, Couples/Marital, Groups
Specialties: Anxiety, Depression, Mindfulness, Mood Disorders, Self-esteem, Relationship Issues

Ana Valenzuela, LPC-S.....281-769-2238 ext.515

Clearhope Wellness Center

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

www.clearhopewellness.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anger Issues, Anxiety, Depression, Domestic Violence, Family Issues, Grief/Loss, Parenting, School Issues, Sexual Abuse, Trauma, Working with Families in the Reunification Process for Separation due to various Life Circumstances, Violence

Shandrieka Poree Vallare, MSW, LCSW.....281-524-2854

Guiding Light Counseling and Consulting

www.guidinglightcounselinggroup.org

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals

Specialties: Life's Difficult Challenges, Personal Development

Amanda Varnon, M.A., LPC.....281-818-6758

Anew Psychological Services

3129 Kingsley Dr., Unit 840

Pearland, TX 77584

www.anew-psychological.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Mood Disorders, Personality Disorders, Crisis Situations, Communication Difficulties, Infidelity, Suicidal Ideation

Ali Vasquez, LPC.....832-614-4847

Serene Counseling and Wellness

2734 Sunrise Blvd., Ste. 309

Pearland, TX 77584

www.serenecounselingsvc.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Trauma, Life Transitions, LGBTQIA+, Postpartum, Parenting, Foster Care, Self-harm

Charlette Hart Vaughn, M.S., LPC.....832-895-9945

TruHart Counseling, PLLC

307 S. Friendswood Dr., Unit D-2

Friendswood, TX 77546

www.truhartcounseling.clientsecure.me

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Autism, ADHD, Anxiety, Adjustment Disorder, Life Changes, School-related Challenges, Depression, Grief, Behavioral Issues, Trauma, Peer Relationships, Parenting, Women's Issues

Monique Vela, M.S., LPC-S.....832-616-1977

BlueFlame Psychotherapy Services

2214 N. Park Ave.

Pearland, TX 77581

www.blueflamepsychotherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Life Transitions, Grief/Loss, Perinatal Mental Health, Anxiety, Depression, Relationship Issues, Military Family Concerns

Rhonda Kay Velders, M.A., LPC-S.....972-768-0754

Illuminated Pathways Family Therapy

18303 Blanchmont Ln.

Nassau Bay, TX 77058

www.illuminatedpathways-therapy.com

Population Served: Children, Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Behavioral Issues, Depression, Self-harming, Sexual Abuse, Spirituality, Trauma/PTSD, Parenting, Relationship Issues, Physical and Sexual Assault, Internet Addiction

Rebecca Wagner, Ph.D., CEDS.....713-338-1927

Rebecca Wagner, Ph.D.

3554 Bailey Rd.

Pearland, TX 77584

www.drrebeccawagner.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital, Families

Specialties: Addiction, Alcohol Abuse, Anxiety, Behavioral Issues, Borderline Personality, Depression, Dual Diagnosis, Eating Disorders, Family Conflict, Impulse Control, Suicidal Ideation, Obesity, Relationship Issues, Trauma, Post Traumatic Stress Disorder (PTSD), Women's Issues

Sara Walls, LCSW.....281-747-6034

Sara Walls Wellness

307 S. Friendswood Dr., Ste. B3

Friendswood, TX 77546

www.sarawalls.com

Population Served: Adults

Types of Services: Individuals

Specialties: Anxiety, Stress, Life Transitions, Expertise with People who are High Achievers, People Pleasers, and Perfectionists

- Beverly Dolenz Walsh, Ph.D.....713-540-1528**
Brookside Ranch
 5731 Brookside Rd.
 Pearland, TX 77581
www.beverlywalshphd.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Relationship Issues, Mood Disorders, ADHD, Anxiety, Asperger's Syndrome, Behavioral Issues, Codependency, Dual Diagnosis, Equine Assisted Psychotherapy, Family Conflict, LGBTQIA+, Substance Abuse
- Kelley Walters, LPC-Associate.....832-224-9143**
Supervised By: Heather Murphy, LPC-S
The Feelings Healers
 1560 W. Bay Area Blvd., Ste. 303
 Friendswood, TX 77546
www.thefeelingshealers.com
Population Served: Children, Adolescents, Adults, Elders
Types of Services: Individuals, Couples/Marital, Group
Specialties: Trauma, Post Traumatic Stress Disorder (PTSD), Eating Disorders, ADHD, Autism, LGBTQIA+
- Kristie Walton, M.A., LPC.....281-937-4139**
Magnolia Counseling of Pearland
 11200 Broadway St., Ste. 2743
 Pearland, TX 77584
www.magnoliacounselingofpearland.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Couples, Families
Specialties: Codependency, Substance Abuse, Trauma/PTSD, Anxiety, Depression, Relationships
- Maritza Martinez Wardrop, LPC.....713-429-5325**
One Behavioral
 12234 Shadow Creek Pkwy.
 Pearland, TX 77584
<https://onebehavioralhealth.com/providers/maritza-martinez-wardrop/>
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Depression, Anger Management, Addictions, Codependency, Traumatic Experiences
- Tara Warner, M.S., LPC-S, NCC, LCDC.....281-207-0788**
Life Tree Counseling Center
 201 Enterprise Ave., Ste. 300
 League City, TX 77573
www.lifetreecounseling.org
Population Served: Adolescents, Adults
Types of Services: Individuals, Couples/Marital, Families
Specialties: Depression, Anxiety, Anger, Substance Abuse, Mood and Personality Disorders, Marital/Premarital, Relationship Issues

Angi Watkins, M.A., LPC-Associate.....281-485-9280*Supervised By: Chari S. Westcott, M.A., LPC-S, PLLC***Counseling Connections for Change**

2549 Roy Rd.

Pearland, TX 77581

*www.counselingconnections.org***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Women's Issues, Relationship Issues, Coping Skills, Stress Management, Anxiety, Depression, Overstimulation, Exhaustion**Diane Watt, M.A., LPC-Associate.....866-574-0552***Supervised By: Jeff Quan, LPC-S***New Dimensions Day Treatment Center**

1345 Space Park Dr., Ste. C

Houston, TX 77058

*www.nddtreatment.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families, Groups**Specialties:** Anxiety, Panic Attacks, Depression, Trauma/PTSD, Suicidal Thoughts, Self-harm, Anger Issues, Bipolar Disorder, Severe Stress, Alcoholism, Substance Abuse**Ronda Wegman, M.A., LPC, RPT.....713-706-8300****Houston Professional Counseling, PLLC**

1110 NASA Pkwy., Ste. 604

Houston, TX 77058

*www.houstonprofessionalcounseling.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety, Coping Skills to Address Emotional, Academic and Social Needs, Relationship Issues, Play Therapy for Children**Lindsay Weinmann, M.A., LPC.....346-810-1747****Bay Area Child and Family Therapy**

17300 Saturn Ln., Ste. 103

Houston, TX 77058

*www.bayareatxtherapy.com***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Autism, ADD/ADHD, Anxiety, Depression, Behavioral Issues, Oppositional Defiant Disorder (ODD), LGBTQIA+, Learning Disabilities, Parent Training and Behavioral Coaching**Shannon Wenger, M.A., LPC.....832-221-3594****Clear Lake Kids Psychiatry**

18333 FM 270

Houston, TX 77058

Population Served: Children, Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Mood Disorders, Trauma and Post Traumatic Stress Disorder (PTSD), Relationship Issues

Jeanie West, LCDC.....866-574-0552**New Dimensions Day Treatment Center**

1345 Space Park Dr., Ste. C

Houston, TX 77058

www.nddtreatment.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families, Groups**Specialties:** Anxiety, Panic Attacks, Depression, Trauma/PTSD, Suicidal Thoughts, Self-harm, Anger Issues, Bipolar Disorder, Severe Stress, Alcoholism, Substance Abuse**Ben Wheeler, LPC-Associate.....346-564-8739***Supervised By: Patrice Houston, LPC-S***Stonewheel Counseling**

1322 Space Park Dr., Ste. B121

Houston, TX 77058

www.stonewheelcounseling.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Behavioral Issues, ADHD, Educational and Learning Disabilities, College and Vocational Counseling, Assessment of Vocational Interests and Skills, Bullying, Anxiety, Depression, Past Trauma, Abuse**Danni Whitehouse, LCSW.....832-648-2321****Danni Whitehouse Counseling Services, PLLC**

17047 El Camino Real, Ste. 215

Houston, TX 77058

www.danniwhitehouse.com**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Trauma, Post Traumatic Stress Disorder (PTSD), Domestic Violence, Abuse, Neglect, Anxiety, Depression, Self-esteem, Addiction, Women's Issues, EMDR**De'Audra Whiting, B.S., M.A., LCDC.....713-637-6000****Northshore Counseling Center, Inc.**

331 Freeport St.

Houston, TX 77015

www.nshore.cc**Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Chemical Dependency, Dual Diagnosis, Case Management for Patients Receiving Treatment via Managed Care

Sharon Whitley, LCSW-S.....361-336-2696

Sharon Whitley, LCSW-S

1300 Bay Area Blvd., Ste. 122B

Houston, TX 77058

www.psychologytoday.com/us/therapists/sharon-kay-whitley-lcsw-s-houston-tx/362639

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Anxiety, Depression, Grief, Bipolar Disorder, Chronic Illness, Divorce, Life Transitions, Mood Disorders, Obsessive Compulsive Disorder (OCD), Personality Disorders, Stress, Pregnancy/Prenatal/Postpartum, Relationship Issues

Anetra Williams, M.Ed., LPC-Associate.....866-574-0552

Supervised By: Morgan Tuck, M.A., LPC-S, NCC

New Dimensions Day Treatment Center

1345 Space Park Dr., Ste. C

Houston, TX 77058

www.nddtreatment.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Anxiety, Panic Attacks, Depression, Trauma/PTSD, Suicidal Thoughts, Self-harm, Anger Issues, Bipolar Disorder, Severe Stress, Alcoholism, Substance Abuse

Crystal Williams, LMSW.....832-916-4416

Pure Bliss Counseling

2225 County Rd. 90, Ste. 219

Pearland, TX 77584

www.pureblisscounseling.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Depression, Family Conflict, Women's Issues

Lakeisha A. Williams, M.A., LPC.....832-616-1977

BlueFlame Psychotherapy Services

2214 N. Park Ave.

Pearland, TX 77581

www.blueflamepsychotherapy.com

Population Served: Children, Adolescents

Types of Services: Individuals, Groups

Specialties: Anxiety, ADHD, Bullying, Conflict Resolution, Grief/Loss, Self-esteem, Social Skills, Trauma

Tarkitha Williams, D.P.C, LPC-S.....281-724-4277

TLC Psychotherapy & Clinical Supervision

Pearland, TX 77584

www.psychologytoday.com/us/therapists/tarkitha-williams-tlc-psychotherapy-clinical-supervision-pearland-tx/229677

Population Served: Adolescents, Adults

Types of Services: Individuals, Couples/Marital

Specialties: Adoption, Anger Management, Anxiety, Bisexual, Depression, Divorce, Family Conflict, Grief, Infidelity, LGBTQIA+, Marital/Premarital, Mood Disorders, Parenting, Relationship Issues, Self-esteem, Self-harm, Sex Therapy, Spirituality, Stress, Suicidal Ideation, Trauma/PTSD

Vielka Williams, LPC.....832-616-1977

BlueFlame Psychotherapy Services

2214 N. Park Ave.

Pearland, TX 77581

www.blueflamepsychotherapy.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Juvenile Justice System, Parent/Child Relational Problems, Truancy, Emotional Disturbances, Addiction, Anxiety, Depression, Life Transitions, Self-esteem, Social Skills

Erika Willis, M.A., LPC-S, LSSP.....281-407-5658

Clear Lake Children's Center

17100 Glenmount Park Dr., Ste. C

Webster, TX 77598

www.clearlakechildrenscenter.com

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Autism, ADHD, Emotional/Behavioral Difficulties, Social Skills, Learning Disabilities

Elizabeth Wills, M.A., LPC.....281-819-7004

Friendswood Counseling Center

3526 E. FM 528 Rd., Ste. 207

Friendswood, TX 77546

www.friendswoodcc.com

Population Served: Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Eating Disorders, Depression, Anxiety, Life Transitions, Spirituality, Crisis Intervention, Women's Issues

Carla Wills-Brandon, M.A., LMFT, LPA.....409-939-6332

Carla Wills-Brandon, M.A., LMFT, LPA

150 Shadowbend Ave., Ste. 100

Friendswood, TX 77546

www.drkarlawillsbrandon.com

Population Served: Adults

Types of Services: Individuals, Couples/Marital

Specialties: Relationships, Healthy Intimacy, Sexual Healing, Self-esteem, Eating Disorders, Sexual Trauma, Addiction and Recovery, Grief, Loss, Death, Afterlife Research and Spirituality, Trauma

Jamee Wilson, M.A., LPC-S.....713-222-2525**Innovative Alternatives, Inc.**

1335 Regents Park Dr., Ste. 240

Houston, TX 77058

www.innovativealternatives.org**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Trauma, Adult Survivors, Sexual and Physical Abuse, Domestic Violence, Survivors of Crime, Anxiety, Depression, Grief**Raven Wilson, LPC-Associate.....832-224-9143***Supervised By: Heather Murphy, LPC-S***The Feelings Healers**

1560 W. Bay Area Blvd., Ste. 303

Friendswood, TX 77546

www.thefeelingshealers.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Groups**Specialties:** Anxiety, Codependency, Depression, Family Conflict, LGBTQIA+, Interpersonal Relationships, Life Transitions (especially young adulthood), Family Trauma, Body Image, Guilt, Shame, Identity Formation**Sandra Wilson, LPC.....832-577-9585****Psy of Relief Counseling**

1120 East NASA Pkwy., Ste. 609

Houston, TX 77058

www.psyofreliefcounseling.com**Population Served:** Children, Adults**Types of Services:** Individuals**Specialties:** Depression, Anxiety, Grief, Anxious Child**Kristi Wolfe, Ph.D.....281-993-8040****Stepping Stone Therapy**

1400 West FM 528, Ste. E

Webster, TX 77598

www.steppingstonetherapy.org**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety, Assessment, Stress, Grief, Teenage Concerns, Young Adult Issues

Andy Wright, LPC-Associate.....281-481-7133*Supervisors: Mike Schumacher, M.S., M.Div., LPC-S, LMFT/Kendra Sullivan, M.A., LPC-S***Sagemont Counseling Center**

11300 S. Sam Houston Pkwy., E.

Houston, TX 77089

*www.sagemontchurch.org/staff/member-detail/1644758/***Population Served:** Adults**Types of Services:** Individuals, Families**Specialties:** Depression, Anxiety, Grief, Sexual Addiction, Support to Family Members Caring for Loved Ones Struggling with Dementia**Shelby Wright, LPC.....281-993-3733****LifeStance Health**

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

*www.lifestance.com/provider/shelby-wright-lpc/?utm_medium=paid-affiliate&utm_source=psychologytoday.com***Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Anxiety, LGBTQIA+, Depression, ADHD, Gender Identity, Later Life Transitions, Postpartum Depression/Anxiety, Trauma/PTSD, Women's Issues**Vincinia Wright, LPC.....281-769-2238 ext.585****Clearhope Wellness Center**

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

*www.clearhopewellness.com***Population Served:** Children, Adults**Types of Services:** Individuals, Couples**Specialties:** Life Transitions, School Issues, Trauma**Whitney Wright, M.S.W., LMSW-Associate.....281-524-2854***Supervised By: Michelle O'Bryant, LCSW***Guiding Light Counseling and Consulting***www.guidinglightcounselinggroup.org***Population Served:** Adolescents, Adults**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Mental Health Disorders

Sonya Wyche, M.Ed., LPC-Associate.....832-694-0504*Supervised By: Angela K. Waggoner, Ph.D., LPC-S, NCC***Serene Love & Wellness Counseling, LLC**

3422 Business Center Dr., Ste. 106 #1398

Pearland, TX 77584

*www.serenelwcounseling.com***Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Trauma, Depression, Suicidal Ideation, Family Conflict, Self-harm, Grief/Loss, Marital/Premarital, Relationship Issues, Racial Trauma, Abuse, Mindfulness, LGBTQIA+, Divorce, Stress, Career Exploration, Career Transition, Sports Performance**Lisa Yarbrough, M.Ed., LPC-S.....504-507-0032****JCM Counseling**

2810 Center St., Ste. 102

Deer Park, TX 77536

*www.jcmcounseling.com/contact***Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Depression, Relationship Issues, Substance Abuse, Addiction, Anger Management, Anxiety, Career Counseling, Codependency, Divorce, Family Conflict, Infidelity, Mood Disorders, Parenting, Self-esteem, Suicidal Ideation, Trauma/PTSD, Marital/Premarital**Raymon Yates, LPC-Associate.....281-769-2238 ext.595***Supervised By: Jossie M. Quintana, LPC-S***Clearhope Wellness Center**

6021 Fairmont Pkwy., Ste. 200

Pasadena, TX 77505

*www.clearhopewellness.com***Population Served:** Adults**Types of Services:** Individuals**Specialties:** Addiction, Anxiety, Chronic Pain, Depression, Substance Abuse**Sky Yeater, LPC-Associate.....832-827-3288***Supervised By: Erika Labuzan-Lopez, LMFT-S, LPC-S***Center for Couples Counseling**

880 Lawrence Rd., Ste. 180

Kemah, TX 77565

*www.erikalabuzanlopeztherapy.com***Population Served:** Adults**Types of Services:** Individuals, Couples/Marital**Specialties:** Relationship Issues, Communication Skills, Atypical Relationship Structure, Sexual Exploration, Identity, Perfectionism, Self-care, Sexual Issues, Sexuality, LGBTQIA+

Phyllis York, MSW, LCSW.....979-285-9242**Psychology Works**

210 Lake Rd., Ste. 700A

Lake Jackson, TX 77566

www.psychologyworkstx.com/about/ms-phyllis-york/**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Communication Issues, Family Conflict, Relationship Issues, Drug Prevention**Eilil Yuvarajan, Ph.D.....281-993-8040****Stepping Stone Therapy**

1400 West F.M. 528, Ste. E

Webster, TX 77598

www.steppingstonetherapy.org**Population Served:** Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Anxiety, Relationship Conflict, Past/Present Trauma, Substance Abuse, Communication, Career Change, Excessive Worry, Depression, Relationship Issues, Marital/Premarital, LGBTQIA+**Stephanie Zeid, Ph.D., Psy.D.....281-993-3733****LifeStance Health**

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

www.lifestance.com/provider/stephanie-zeid-psyd/**Population Served:** Children, Adolescents, Adults**Types of Services:****Specialties:** Cognitive Functioning Assessments, Co-occurring Medical and Neuropsychological Dual Diagnoses for Children and Adults, ADHD, Anxiety, Autism Spectrum Disorders, Bipolar Disorder, Depression, Developmental Disabilities, Head Injuries, Postpartum Depression/Anxiety, Trauma/PTSD**Dennis Zgaljardic, Ph.D., ABPP/CN.....409-789-1339****Gulf Coast Neuropsychology, PLLC**

1110 NASA Pkwy., Ste. 108C

Houston, TX 77058

www.gcneuropsychology.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Clinical Neuropsychological Evaluations for Cognitive, Social-Emotional, Functional Concerns and Psychological, Neurodevelopmental and Neurological Evaluations, Personal Injury/Civil Litigation, Medical Evaluations, Worker's Compensation, Medical Record Reviews

Lesli Zinn, Ph.D.....281-554-6100

Psychological Associates of Clear Lake

17300 Saturn Ln., Ste. 103

Houston, TX 77058

www.4psych.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Anxiety, Depression, Women Across the Lifespan (especially during periods of transition such as empty nest, retirement, and navigating relationships with adult children), Stress Management, Coping Skills, Life Transitions, Psychological Testing for ADHD

Rachel Zobeck, M.Ed, LPC.....346-333-1796

Zobeck Christian Counseling

11041 Shadow Creek Pkwy., Ste. 121-107

Pearland, TX 77584

www.zobeckchristiancounseling.com

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital

Specialties: Adjustment Disorders, Anxiety, Assertiveness Training, Bipolar Disorder, Caregiver Stress, Chronic Illness, Communication Difficulties, Depression, Domestic Violence, Grief/Loss, Marital/Premarital, Pregnancy/Postpartum, Relationship Issues, Spirituality, Trauma/PTSD, Women's Issues, Survivors of Abuse, Assault or Trafficking

Tammy Zwarst, M.A., LPC, LMFT.....281-728-6973

Finding Hope Therapy

1120 NASA Pkwy., Ste. 634

Houston, TX 77058

www.findinghopetherapy.com

Population Served: Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: Infidelity, Relationship Issues, Mood Disorders, Marital/Premarital, Depression, Anxiety, Veterans and Military Personnel, Grief/Loss

Psychiatrists**Neha Aamir, P.A.....713-429-5325**

12234 Shadow Creek Pkwy.

Pearland, TX 77584

www.onebehavioralhealth.com/providers/neha-aamir/**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Mental Health Concerns, Psychological Issues**Mohamed S. Ahmed, M.D.....281-837-6463**

1300 Rollingbrook Dr., Ste. 508

Baytown, TX 77521

www.thepsyclinic.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Child and Adolescent Psychiatry, General Psychiatry, Medication Management**Mohamed S. Ahmed, M.D.....281-837-6463**

330 E. Medical Center Blvd.

Webster, TX 77598

www.thepsyclinic.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Child and Adolescent Psychiatry, General Psychiatry, Medication Management**R. Ellen Allbritton, M.D.....832-726-0720**

1560 W. Bay Area Blvd., Ste. 309

Friendswood, TX 77546

www.clearlakepsychiatry.net**Population Served:** Adults**Types of Services:** Individuals**Specialties:** General Psychiatry, Substance Abuse, Mental Health Issues, Medication Management**Mohammed Ayoub, M.D.....281-333-2284**

1345 Space Park Blvd., Ste. C

Houston, TX 77058

www.nddtreatment.com**Population Served:** Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** General Psychiatry, Medication Management**Mohammed Ayoub, M.D.....281-984-7450**

502 Hwy. 3 North, Ste. A

League City, TX 77573

Population Served: Adolescents, Adults**Types of Services:** Individuals**Specialties:** General Psychiatry, Adolescent Medicine, Children and Adolescent Psychiatry

Rukshan Azhar, M.D.....281-428-7997

855 Rollingbrook Dr., Ste. 105
Baytown, TX 77521

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Child and Adolescent Psychiatry, General Psychiatry, Medication Management

Lynda Barker, MSN, RN, PMHNP.....281-218-8181

1560 W. Bay Area Blvd., #210
Friendswood, TX 77546

www.bapsych.net

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Medication Management, Evaluation and Diagnosis, Neuropsychological Testing and Evaluations

Denise L. Baughn, M.D.....409-772-0770

301 University Blvd.
Galveston, TX 77555

www.doctors.utmbhealth.com/providersearch/default/?id=021073

Population Served: Children, Adolescents

Types of Services: Individuals

Specialties: Medication Management

Vatsala Bhaskaran, M.D.....281-922-7333

11550 Fuqua St., Ste. 560
Houston, TX 77034

www.ghpa.net

Population Served: Adults

Types of Services: Individuals

Specialties: Mood Disorders, Anxiety Disorders, General Psychiatry

Victor Bui, P.A.....713-429-5325

One Behavioral
12234 Shadow Creek Pkwy.
Pearland, TX 77584

onebehavioralhealth.com/providers/victor-bui/

Population Served: Adolescents, Adults

Type of Service: Individuals

Specialties: Anxiety, ADHD, MDD, Panic Disorder, PTSD, DMDD, Borderline Personality Disorder, Adjustment Disorder, Disruptive Mood Disorder, Insomnia

- Lynzee Buntyn, MHS, PA-C.....281-335-4000**
 1110 NASA Pkwy., Ste. 620
 Houston, TX 77058
www.clearcreekpsychiatry.com
Population Served: Adults
Types of Services: Individuals
Specialties: Psychiatric Diagnostic Evaluation, Transcranial Magnetic Stimulation, Medication Management, Individual Psychotherapy, Family Psychotherapy, Treatment for OCD and Depression
- Michael Caltzontzint, MSN, PMHNP-BC.....281-997-5515**
 7501 Fite Rd.
 Pearland, TX 77584
www.trimerhealth.net
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, PTSD, OCD, Bipolar Disorder, Schizophrenia, Suicidal Thoughts, Medication Management, Medical Marijuana, Treatment for Military Veterans with PTSD
- Thi Cao, PA-C.....281-837-6463**
 The Psyclinic
 1300 Rollingbrook Dr., Ste. 508
 Baytown, TX 77521
www.thepsyclinic.com
Population Served: Children, Adolescents, Adults
Type of Service: Individuals
Specialties: Child and Adolescent Psychiatry, General Psychiatry, Medication Management
- Emilio R. Cardona, M.D.....713-796-9993**
 7515 Main St., Ste. 600
 Houston, TX 77030
www.houstonmethodist.org/doctor/emilio-cardona/
Population Served: Adolescents, Adults
Types of Services: Individuals
Specialties: Affective Disorders, Alcohol and Substance Abuse, Anxiety, ADD, Behavior Disorders, Chronic Pain, Depression, Manic Depression, Obsessive Compulsive Disorder (OCD)
- Ty Comer, PA-C.....281-837-6463**
 The Psyclinic
 1300 Rollingbrook Dr., Ste. 508
 Baytown, TX 77521
www.thepsyclinic.com
Population Served: Children, Adolescents, Adults
Type of Service: Individuals
Specialties: Child and Adolescent Psychiatry, General Psychiatry, Medication Management

- Melissa DeFilippis, M.D.**.....**281-338-2798**
 400 N. Texas Ave., Ste. A
 Webster, TX 77598
www.doctors.utmbhealth.com/providersearch/default/?id=008257
Population Served: Children, Adolescents
Types of Services: Individuals, Families
Specialties: Behavioral Health, Medication Management, Assessment and Treatment of Neurodevelopmental Disorders, Mood Disorders in Children and Adolescents, Autism Spectrum
- Vipulkumar Devani, PMHNP**.....**713-429-5325**
 One Behavioral
 12234 Shadow Creek Pkwy.
 Pearland, TX 77584
www.onebehavioralhealth.com/providers/vipulkumar-devani/
Population Served: Children, Adolescents, Adults
Type of Service: Individuals
Specialties: Anxiety, MDD, ADHD, Disruptive Mood Dysregulation Disorder, Autism, Bipolar Disorder, PTSD, Panic Disorder
- Irina Digilova, M.D.**.....**281-529-6242**
 6302 Broadway St., Ste. 230
 Pearland, TX 77581
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Psychiatry and Neurology: ADD, Bipolar Disorders, Dementia, Depressive Disorders, Obsessive Compulsive Disorder (OCD), Post Traumatic Stress Disorder (PTSD)
- Jennifer Dunlap-Baldez, PMHNP**.....**713-429-5325**
 One Behavioral
 12234 Shadow Creek Pkwy.
 Pearland, TX 77584
www.onebehavioralhealth.com/providers/jennifer-dunlap/
Population Served: Adults
Type of Service: Individuals
Specialties: Anxiety, MDD, ADHD, Disruptive Mood Dysregulation Disorder, Autism, Bipolar Disorder, PTSD, Panic Disorder, Social Anxiety
- Tesa Dunn-Urbonas, PA-C**.....**832-947-3562**
 3129 Kingsley Dr., Ste. 1730
 Pearland, TX 77584
www.pearlandpsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Evaluation and Diagnosis, Medication Management

Robert Earle, M.D.....281-218-8181

1560 W. Bay Area Blvd. #210
 Friendswood, TX 77546
www.bapsych.net

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Medication Management, Evaluation and Diagnosis, Neuropsychological Testing and Evaluation

Nikita Engineer, P.A.....713-429-5325

One Behavioral
 12234 Shadow Creek Pkwy.
 Pearland, TX 77584
www.onebehavioralhealth.com/providers/nikita-engineer-pa/

Population Served: Adults

Type of Service: Individuals

Specialties: Anxiety, MDD, ADHD, Disruptive Mood Dysregulation Disorder, Autism, Bipolar Disorder, PTSD, Panic Disorder

Cagdas Ernst, PMHNP-BC...713-429-5325

One Behavioral
 103 Whispering Pines, Ste. 103
 Friendswood, TX 77546
www.onebehavioralhealth.com/providers/cagdas-ernst/

Population Served: Adults

Type of Service: Individuals

Specialties: Anxiety Disorders, Major Depressive Disorder, ADHD, Insomnia, Bipolar Disorder, Schizophrenia, Borderline Personality

Fallon Fagan, D.O.....281-480-2400

13310 Beamer Rd., Ste. G
 Houston, TX 77089
www.baypointebehavioral.com

Population Served: Adults

Types of Services: Individuals

Specialties: Psychiatric Diagnoses, Bipolar Disorder, Schizophrenia, Smoking Cessation, Weight Loss, Appropriate Diet, Medication Management

Lisa L. Falls, M.D.....281-338-2798

400 N. Texas Ave., Ste. A
 Webster, TX 77598
<https://doctors.utmbhealth.com/providersearch/default/?id=004671>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Medication Management

- Shirley Farmer, APRN, PMHNP-BC.....281-481-4646**
 150 E. Medical Center Blvd., Ste. A
 Webster, TX 77598
www.beyondpsychiatry.com
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Depression, Anxiety, Schizophrenia, Bipolar Disorders, Dementia, Neurocognitive Disorders
- Thomas Fletcher, M.D.....409-772-1011**
 400 Harborside Dr., Stes. 118-119
 Galveston, TX 77555
<https://doctors.utmbhealth.com/providersearch/default/?id=013902>
Population Served: Adults
Types of Services: Individuals
Specialties: Medication Management
- Prashant Gajwani, M.D.....281-778-9529**
 2743 Smith Ranch Rd., Unit 101
 Pearland, TX 77584
www.pearlandpsychiatricassociates.com
Population Served: Adults
Types of Services: Individuals
Specialties: Depression, Anxiety, Bipolar Disorder, Attention Deficit Disorder, Addiction Medicine, Medication Management, Transcranial Magnetic Stimulation, Ketamine Infusion Therapy, Spravato
- Mehreen Ghanchi, PMHNP-BC.....281-993-3733**
 308 S. Friendswood Dr., Ste. 110
 Friendswood, TX 77546
www.lifestance.com/provider/mehreen-ghanchi-pmhnp-bc/
Population Served: Adults
Types of Services: Individuals
Specialties: Bipolar Disorder, Depression, Obsessive Compulsive Disorder (OCD), Postpartum Depression/Anxiety, Psychosis, PTSD/Trauma, Schizophrenia, Sleep Disorders/Insomnia. Bilingual in English, Gujarati, Hindi, and Urdu.
- Nilgun Giray, M.D.....713-346-1551**
 4888 Loop Central Dr., Ste. 510
 Houston, TX 77081
www.ghpa.net
Population Served: Adults
Types of Services: Individuals
Specialties: General Psychiatry, Sleep Medicine. Bilingual in English and Turkish.

- Kimberly A. Grayson, M.D.**.....**281-338-2798**
 400 N. Texas Ave., Ste. A
 Webster, TX 77598
<https://doctors.utmbhealth.com/providersearch/default/?id=056312>
Population Served: Adults
Types of Services: Individuals
Specialties: Medication Management, General Psychiatry
- Shaojie Han, M.D.**.....**713-346-1551**
 4888 Loop Central Dr., Ste. 510
 Houston, TX 77081
www.ghpa.net
Population Served: Adults
Types of Services: Individuals
Specialties: Addiction Psychiatry, ADHD, Anxiety, Bipolar Disorder, Depression, Substance Abuse, Schizophrenia, Suboxone Treatment, Spravato
- Fasiha Haq, M.D.**.....**713-429-5325**
 12234 Shadow Creek Pkwy. #4104
 Pearland, TX 77584
<https://onebehavioralhealth.com/providers/dr-fasiha-haq/>
Population Served: Adults
Types of Services: Individuals
Specialties: ADHD, Depression, Anxiety, Brief Therapy, Psychiatric Consulting, Medication Management, Transcranial Magnetic Stimulation, Spravato for Depression and Anxiety Disorders
- Faiza Haque, PMHNP**.....**713-429-5325**
 One Behavioral
 12234 Shadow Creek Pkwy.
 Pearland, TX 77584
www.onebehavioralhealth.com/providers/faiza-haque-pmhnp/
Population Served: Children, Adolescents, Adults
Type of Service: Individuals
Specialties: ADHD, DMDD, PTSD, Panic Disorder, Autism Spectrum Disorder, Mood Disorder, Insomnia
- Edythe Harvey, M.D.**.....**409-772-0770**
 400 Harborside Dr., Stes. 118-119, Entrance B
 Galveston, TX 77555
www.doctors.utmbhealth.com/providersearch/default/?id=016570
Population Served: Adults
Types of Services: Individuals
Specialties: General Adult Psychiatry, Addiction Psychiatry, Medication Management

Sayyeda T. Hasan, M.D.....281-338-2798

400 N. Texas Ave., Ste. A

Webster, TX 77598

<https://doctors.utmbhealth.com/providersearch/default/?id=055291>**Population Served:** Children and Adolescents**Types of Services:** Individuals**Specialties:** Medication Management. Bilingual in English, Urdu and Hindi.**Aqeel Hashmi, M.D.....832-390-0900**

HealthTx

7103 S. Peek Rd., Ste. 100

Richmond, TX 77407

www.healthtx.org**Population Served:** Adults**Type of Service:** Individuals**Specialties:** Treatment Resistant Depression, Chemical Dependence**Michelle Hernandez, PA-C.....281-837-6463**

The Psyclinic

1300 Rollingbrook Dr., Ste. 508

Baytown, TX 77521

www.thepsyclinic.com**Population Served:** Children, Adolescents, Adults**Type of Service:** Individuals**Specialties:** Child and Adolescent Psychiatry, General Psychiatry, Medication Management**Napoleon Higgins, Jr., M.D.....281-480-2400**

13310 Beamer Rd., Ste. G

Houston, TX 77089

www.baypointebehavioral.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Medication Management, Obesity, ADHD, Depression, Bipolar Disorder, Stress, Bereavement, Marital Issues, Parent/Child Conflict, School Behavior, Substance Abuse, Anxiety, Trauma/PTSD, Weight Loss, Sleep Problems**Lisa Hill, MSN, APRN, FNP-BC, ICP.....281-317-8210**

1506 E. Winding Way Dr., Ste. 503

Friendswood, TX 77546

www.hillfamilywellness.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Couples/Marital, Families**Specialties:** Marital and Premarital, ADHD, Addiction, Anxiety, Autism, Cancer, Chronic Fatigue Syndrome, Dementia, Depression, Eating Disorders, Epilepsy, Fibromyalgia, Insomnia, Lyme Disease, Memory Disorders, Migraines and Headaches, Parkinson's Disease, Trauma/PTSD, Raynaud's Disease, Stroke, Traumatic Brain Injury (TBI) Treatment through IASIS Micro Current Neurofeedback

Lauren Hilz, P.A.....713-429-5325

One Behavioral

3407 Spencer Hwy.

Pasadena, TX 77504

www.onebehavioralhealth.com/providers/lauren-r-hilz/

Population Served: Adolescents, Adults

Type of Service: Individuals

Specialties: Anxiety, MDD, ADHD, Bipolar, Mood Disorder, Borderline Personality Disorder, PTSD, Insomnia, Adjustment Disorder, Panic Disorder

Denise A. Ingham, M.D.....281-990-0800

17625 El Camino Real, Ste. 250

Houston, TX 77058

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Psychiatry and Neurology, Child and Adolescent Services, Medication Management

Jacquelin Joffray, APRN, PMHNP-BC.....281-993-3733

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

www.lifestance.com/provider/jacquelin-joffray-pmhnp/

Population Served: Adults

Types of Services: Individuals

Specialties: Medication Management, Anxiety, Bipolar Disorder, Depression, Grief, Obsessive Compulsive Disorder (OCD), Post Traumatic Stress Disorder (PTSD), Psychosis, Postpartum Depression/Anxiety, Schizophrenia, Trauma

Linnea Johnson, MSN, PMHNP-BC.....281-993-3733

308 S. Friendswood Dr., Ste. 110

Friendswood, TX 77546

www.lifestance.com/provider/linnea-johnson-pmhnp-bc/?utm_medium=paid-affiliate&utm_source=psychologytoday.com

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families

Specialties: Anxiety, Bipolar Disorder, Childhood Behavior Issues, Depression, Grief, Hoarding, Obsessive Compulsive Disorder (OCD), Pain Management, Postpartum Depression/Anxiety, Psychosis, PTSD, Schizophrenia, Trauma, Reproductive Challenges, School Avoidance, Sleeping Disorders/Insomnia, Somatoform Disorders, Women's Issues

- Shamima Khan, M.D.**.....**281-993-3733**
 308 S. Friendswood Dr., Ste. 110
 Friendswood, TX 77546
www.lifestance.com/provider/shamima-khan-md/?utm_medium=paid-affiliate&utm_source=psychologytoday.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: ADHD, Anxiety Disorders, Bipolar Disorder, Childhood Behavior Issues, Depression, Eating Disorders, Mood Disorders, Obsessive Compulsive Disorder (OCD), Post Traumatic Stress Disorder (PTSD), Thought Process Disorders, Trauma, Substance Abuse Disorders, Personality Disorders. Bilingual in English and Bengali.
- Kwang Kim, APRN, FNP, PMHNP**.....**281-778-9529**
 2743 Smith Ranch Rd., Unit 101
 Pearland, TX 77584
www.pearlandpsychiatricassociates.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Anxiety, Depression, ADHD, Mood Disorders, Medication Management, Addiction, Anger Management, Bipolar Disorder, Chronic Illness, Chronic Pain, Dissociative Disorders, Dual Diagnosis, Eating Disorders, Emotional Disturbance, Grief, LGBTQIA+, Men’s Issues, Obsessive Compulsive Disorder (OCD), Personality Disorders, Sleep or Insomnia, Stress, Substance Abuse, Trauma/PTSD, Weight Loss, Women’s Issues
- Steven Kim, P.A.**.....**713-429-5325**
 One Behavioral
 12234 Shadow Creek Pkwy.
 Pearland, TX 77584
www.onebehavioralhealth.com/providers/steven-kim/
Population Served: Adults
Type of Service: Individuals
Specialties: ADHD, DMDD, PTSD, Panic Disorder, Autism Spectrum Disorder, Mood Disorder, Insomnia
- Daniel Koppersmith, M.D.**.....**832-672-6318**
 4001 Preston Ave., Ste. 145
 Pasadena, TX 77505
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: General Psychiatry, Attention Deficit Disorder, Medication Management
- Caroline Lam, M.D.**.....**281-993-3733**
 308 S. Friendswood Dr., Ste. 110
 Friendswood, TX 77546
<https://lifestance.com/provider/caroline-lam-md/>
Population Served: Adults
Types of Services: Individuals
Specialties: Anxiety, Depression, Obsessive Compulsive Disorder, Psychosis, Schizophrenia, Medication Management

Ruth Levine, M.D.....281-338-2798

400 N. Texas Ave., Ste. A

Webster, TX 77598

<https://doctors.utmbhealth.com/providersearch/default/?id=000954>**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Adult Psychiatry, Mood Disorders, Anxiety Disorders, Medication Management**Elizabeth Lobel, M.D.....409-772-0770**

400 Harborside Dr., Stes. 118-119, Entrance B

Galveston, TX 77598

<https://doctors.utmbhealth.com/providersearch/default/?id=019165>**Population Served:** Children, Adolescents**Types of Services:** Individuals, Families**Specialties:** Child and Adolescent Psychiatry, Medication Management**Mercy Lokulutu, PMHNP-BC.....713-429-5325**

One Behavioral

106 Whispering Pines, Ste. 103

Friendswood, TX 77546

www.onebehavioralhealth.com/providers/mercy-lokulutu/**Population Served:** Adults**Type of Service:** Individuals**Specialties:** Mental Health Care, Comprehensive Psychiatric Assessments, Medication Management**Altaf Loya, M.D.....281-481-4646**

150 E. Medical Center Blvd., Ste. A

Webster, TX 77598

www.beyondpsychiatry.com**Population Served:** Adults, Elders**Types of Services:** Individuals**Specialties:** Depression, Alzheimer's Disease, Dementia, Anxiety Disorder, Obsessive Compulsive Disorder (OCD), Bipolar Disorder, Sleep Disorder, Alcohol and Substance Use Disorder, Post Traumatic Stress Disorder (PTSD), Early Psychosis, Schizophrenia, Psychosis, Adjustment Disorders, Geriatric Psychiatry, Hospital Consultations**Peter Ly, M.D.....832-240-4272**

2565 Bay Area Blvd.

Houston, TX 77058

www.drpeterly.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Adjustment Issues, Anxiety, ADHD, Anger Issues, Bipolar Disorder, Childhood Behavioral Issues, Depression, Grief, Obsessive Compulsive Disorder (OCD), Panic Attacks, Phobias, Post Partum Depression, PTSD, School Problems, Sleep Disturbances, Stress Management

Robin Mallett, M.D.....281-338-2798

400 N. Texas Ave., Ste. A

Webster, TX 77598

<https://doctors.utmbhealth.com/providersearch/default/?id=001823>**Population Served:** Children, Adolescents**Types of Services:** Individuals, Families**Specialties:** Child and Adolescent Psychiatry, Behavioral Health, Medication Management**Kelly Martinez, MSN, APRN, PMHNP-BC.....281-886-7303**

Pearland, TX 77581

www.psychologytoday.com/us/psychiatrists/kelly-martinez-pearland-tx/407032**Population Served:** Adolescents, Adults, Elders**Types of Services:** Individuals**Specialties:** Depression, Anxiety, ADHD, Addiction, Anger Management, Antisocial Personality, Behavioral Issues, Bipolar Disorder, Borderline Personality, Divorce, Dual Diagnosis, Eating Disorders, Emotional Disturbance, Grief, Medication Management, Mood Disorders, Narcissistic Personality Disorder, Obsessive Compulsive Disorder (OCD), Personality Disorders, Psychosis, Relationship Issues, Self-harm, Sleep or Insomnia, Spirituality, Stress, Substance Abuse Disorders, Suicidal Ideation, Trauma/PTSD**Rebecca Maxwell, M.D.....281-997-5515**

7501 Fite Rd.

Pearland, TX 77584

www.trimerahhealth.net**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Comprehensive Evaluation and Diagnosis, Medication Management, Medical Cannabis, Transcranial Magnetic Stimulation (TMS), Esketamine Therapy, Anxiety, Depression, Post Traumatic Stress Disorder (PTSD), Obsessive Compulsive Disorder, Bipolar Disorder, Schizophrenia**Charlena J. Melnyk, M.D.....409-772-0770**

400 Harborside Dr., Stes. 118-119, Entrance B

Galveston, TX 77555

<https://doctors.utmbhealth.com/providersearch/default/?id=050302>**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Medication Management, Trauma, Mindfulness Based Stress Reduction (MBSR)**Ruben A. Mendez, M.D.....713-346-1551**

4888 Loop Central Dr., Ste. 510

Houston, TX 77081

www.ghpa.net**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** General Psychiatry, Medication Management, Adults with Attention Deficit Disorder (ADD), Mood Disorders, Depression, Bipolar Spectrum Disorders, Panic Disorder, Post Traumatic Stress Disorder (PTSD), Generalized Anxiety Disorders

- Michael S. Miller, M.D.**.....**281-338-2798**
 400 N. Texas Ave., Ste. A
 Webster, TX 77598
<https://doctors.utmbhealth.com/providersearch/default/?id=026257>
Population Served: Adults
Types of Services: Individuals
Specialties: Medication Management
- Paymon B. Mosavi, M.D.**.....**281-338-2798**
 400 N. Texas Ave., Ste. A
 Webster, TX 77598
<https://doctors.utmbhealth.com/providersearch/default/?id=025109>
Population Served: Adults
Types of Services: Individuals
Specialties: Medication Management, General Psychiatry, Treatment Resistant Depression
- Josh Munoz, APRN, FNP, PMHNP-BC**.....**281-481-4646**
 150 E. Medical Center Blvd., Ste. A
 Webster, TX 77598
www.beyondpsychiatry.com
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Anxiety, Depression, Psychosis, Schizophrenia, Bipolar Disorder, ADHD, Phobias, Dementia Related Disorders
- Derek Neal, M.D.**.....**281-338-2798**
 400 N. Texas Ave., Ste. A
 Webster, TX 77598
<https://doctors.utmbhealth.com/providersearch/default/?id=011395>
Population Served: Adults
Types of Services: Individuals
Specialties: Psychological Disorders, Behavioral Disorders, Medication Management
- James A. Nelson, M.D.**.....**281-922-7333**
 11550 Fuqua St., Ste. 560
 Houston, TX 77034
www.ghpa.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Child, Adolescent and Adult Psychiatry, Medication Management, Mood Disorders, Anxiety Disorders, Child and Adolescent ADHD
- Tu-Lan Nguyen, M.D.**.....**832-757-1177**
 11233 Shadow Creek Pkwy., Ste. 200
 Pearland, TX 77584
www.ghpa.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals, Families
Specialties: Child, Adolescent and Adult Psychiatry, Medication Management

Vy Nguyen, FNP...281-837-6463

The PsyClinic
1300 Rollingbrook Dr., Ste. 508
Baytown, TX 77521
www.thepsyclinic.com

Population Served: Children, Adolescents, Adults

Type of Service: Individuals

Specialties: Child and Adolescent Psychiatry, General Psychiatry, Medication Management

Angela Obi, PMHNP-BC.....713-429-5325

One Behavioral
3407 Spencer Hwy.
Pasadena, TX 77504
www.onebehavioralhealth.com/providers/angela-obi/

Population Served: Adults

Type of Service: Individuals

Specialties: Depression, Anxiety, OCD, Bipolar Disorders, Personality Disorders, Insomnia

Olga Ochieng, PMHNP-BC.....713-429-5325

One Behavioral
106 Whispering Pines, Ste. 103
Friendswood, TX 77546
www.onebehavioralhealth.com/providers/olga-ochieng/

Population Served: Adults

Type of Service: Individuals

Specialties: Anxiety, Major Depression, PTSD, ADHD, Insomnia, Schizoaffective Disorder, Bipolar, Borderline Personality Disorder, Panic Disorder

Kate Okwesa, PMHNP.....713-429-5325

106 Whispering Pines, Ste. 103
Friendswood, TX 77546
<https://onebehavioralhealth.com/providers/kate-okwesa/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Mental Health Concerns, Psychological Issues, Anxiety Disorder, Depression, Hyperactive Disorder (ADD/ADHD), Psychiatry Consultation, Psychiatry Follow-up

Edore Onigu-Otite, M.D.....832-480-6232

11200 Broadway St., Ste. 2743
Pearland, TX 77584
www.sunrisechildpsychiatry.org

Population Served: Children, Adolescents

Types of Services: Individuals

Specialties: ADD, ADHD, Adjustment Disorders, Adolescent Depression, Anxiety Disorders, Autism, Asperger's Disorder, Bipolar Disorder, Childhood Trauma, Stress-related Disorders, Complex ADHD, Major Depressive Disorder, Mood Disorders, Parent Training and Support, Electronics Addiction, Gaming Addiction, Post Traumatic Stress Disorder (PTSD)

Leah Quezada-Kolar Onoja, M.D.....281-997-5515

7501 Fite Rd.

Pearland, TX 77584

www.trimerhealth.net**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Anxiety, Depression, Post Traumatic Stress Disorder (PTSD), Obsessive Compulsive Disorder (OCD), Bipolar Disorder, Schizophrenia, Suicidal Thoughts, Medication Management, Medical Marijuana, Exposure Therapy, Exposure Response Prevention**Navin Oorjitham, M.D.....409-772-0770**

400 Harborside Dr., Stes. 118-119, Entrance B

Galveston, TX 77555

<https://doctors.utmbhealth.com/providersearch/default/?id=025458>**Population Served:** Adults**Types of Services:** Individuals**Specialties:** Medication Management, General Psychiatry**Edewor Osewwe, PMHNP-BC.....832-438-0330**

6302 West Broadway St.

Pearland, TX 77581

www.solidpsychiatry.org**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals, Families**Specialties:** Depression, Anxiety, Trauma, Post Traumatic Stress Disorder (PTSD), Bipolar Disorder, ADHD, Eating Disorders, Schizophrenia, Psychosis, Obsessive Compulsive Disorder (OCD), Premenstrual Dysphoric Disorder (PMDD), Medication Management**Kenneth Osiezagha, M.D.....979-529-9050**

Firstpoint Psychiatry

201 Oak Dr. South, Ste. 102

Lake Jackson, TX 77566

www.firstpointpsychiatry.org**Population Served:** Children, Adolescents, Adults**Type of Service:** Individuals**Specialties:** Bipolar Disorder, ADHD, Anxiety, Depression, PTSD, Schizophrenia Spectrum Disorder, Addiction Medicine, Suboxone Management**Irene Pedraza, M.D.....713-487-5481**

1506 Winding Way Dr., Bldg. 104, Ste. 304

Friendswood, TX 77546

www.friendswoodpsychiatryclinic.com**Population Served:** Children, Adolescents, Adults**Types of Services:** Individuals**Specialties:** Depression, Anxiety, ADHD, Obsessive Compulsive Disorder (OCD), Adjustment Disorders, Life Transitions, Binge Eating Disorders, Smoking Cessation, Psychiatric Evaluation, Medication Management, Nutrition and Exercise Review, Sleep Optimization, Genetic Testing

- Salah Qureshi, M.D.**.....**713-429-5325**
 3407 Spencer Hwy.
 Pasadena, TX 77504
<https://onebehavioralhealth.com/providers/dr-salah-qureshi/>
Population Served: Adults
Types of Services: Individuals
Specialties: Schizoaffective Disorder, Adult ADHD, Psychosis, Major Depressive Disorder (MDD), Adjustment Disorder, Bipolar Disorder, Anxiety, Post Traumatic Stress Disorder (PTSD), Dementia, Medication Management
- Sheyla Randle, PMHNP**.....**713-429-5325**
 One Behavioral
 12234 Shadow Creek Pkwy.
 Pearland, TX 77584
www.onebehavioralhealth.com/providers/sheyla-randle/
Population Served: Adolescents, Adults
Type of Service: Individuals
Specialties: Mood Disorders, Anxiety Disorders, Psychotic Disorders, ADHD
- Shama Rasheed, M.D.**.....**281-616-3324**
 2243 N. Park Ave.
 Pearland, TX 77581
www.mytexaspsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Childhood and Adolescent Mental Health Disorders, ADHD, Post Traumatic Stress Disorder (PTSD), Obsessive Compulsive Disorder (OCD), Relationship Issues, Gender Identity Disorder, Drug Abuse/Addiction, Stress Management, Bipolar Disorder, Schizophrenia, Insomnia, Depression, Anxiety, Childhood Developmental Disorders, Smoking Cessation, Medication Management
- Ayesha Rashid, M.D.**.....**281-335-4000**
 1110 NASA Pkwy., Ste. 620
 Houston, TX 77058
www.clearcreekpsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Psychiatric Diagnostic Evaluation, Transcranial Magnetic Stimulation (TMS) for Obsessive Compulsive Disorders and Depression, Spravato, Medication Management, ADHD, Oppositional Defiant Disorder (ODD), Autism Spectrum Disorders, Cross Generational Conflicts, Acculturation Issues in Minority Populations, Individual Psychotherapy, Family Psychotherapy

Shakeel Raza, M.D.....713-429-5325

106 Whispering Pines, Ste. 103
Friendswood, TX 77546

<https://onebehavioralhealth.com/leadership/shakeel-raza-medical-director/>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Neurodevelopmental Disorders, Addiction and Substance Abuse, Psychotic Disorders, Sleep Disorders, Obesity-related Disorders, Child and General Neuro-psychiatric Disorders

Sherry Roberts, MPH, RDN, CDCES.....281-962-9017

2810 Center St., #102
Deer Park, TX 77536

www.crmcounseling.net

Population Served: Adolescents, Adults

Types of Services: Individuals

Specialties: Healthy Eating Education, Lifestyle Changes, Diabetes Education (Type 1 and 2), Cholesterol Lowering Diets, Sodium Controlled Diets, Weight Loss, Carb Counting, Meal Planning/Meal Preparation, Medical Nutrition Therapy, Portion Sizes, Balanced Meals, Exercise

Jeanne Russell, PA-C.....281-975-0600

17225 El Camino Real
Houston, TX 77058

www.clearlakekidspsychiatry.com

Population Served: Children, Adolescents

Types of Services: Individuals

Specialties: ADHD, Depression, Anxiety, Bipolar Disorder, Obsessive Compulsive Disorder (OCD), Autism Spectrum Disorder, Asperger's Syndrome

Mohammad Saeed, M.D.....281-554-0123

2360 Gulf Frwy. S., #100-B
League City, TX 77573

www.family-psychiatry.co/mohammad-saeed

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Medication Management, Transcranial Magnetic Stimulation (TMS) for Depression and Obsessive Compulsive Disorder (OCD), Spravato, Anxiety

Miranda Sanchez, PA-C.....281-481-4646

150 E. Medical Center Blvd., Ste. A
Webster, TX 77598

www.beyondpsychiatry.com

Population Served: Adults, Elders

Types of Services: Individuals

Specialties: Depression, Anxiety, Bipolar Disorder, Panic Attacks, Schizophrenia Spectrum Disorders, Cognitive Impairment

- Heather Sauer, M.D.**.....**832-757-1177**
 11233 Shadow Creek Pkwy., Ste. 200
 Pearland, TX 77584
www.ghpa.net
Population Served: Children, Adolescents, Adults
Types of Services: Individuals
Specialties: Medication Management, General Psychiatry
- Elliott Schwartz, PA-C.**.....**281-975-0600**
 17225 El Camino Real
 Houston, TX 77058
www.clearlakekidspsychiatry.com
Population Served: Children, Adolescents
Types of Services: Individuals
Specialties: ADHD, Depression, Anxiety, Bipolar Disorder, Obsessive Compulsive Disorder (OCD), Autism Spectrum Disorder, Asperger's Syndrome
- Chandler Self, M.D.**.....**409-772-0770**
 400 Harborside Dr., Stes. 118-119, Entrance B
 Galveston, TX 77555
<https://www.utmb.edu/psychiatry/adult-psychiatry>
Population Served: Adults
Types of Services: Individuals
Specialties: Medication Management, General Psychiatry
- Samantha Sharpe, PMHNP**.....**281-335-4000**
 1110 NASA Pkwy., Ste. 620
 Houston, TX 77058
www.clearcreekpsychiatry.com
Population Served: Adults
Types of Services: Individuals
Specialties: Psychiatric Diagnostic Evaluation, Transcranial Magnetic Stimulation (TMS) Treatment for Obsessive Compulsive Disorder (OCD) and Depression, Spravato, Medication Management, Individual Psychotherapy, Family Psychotherapy
- Joseph S. Shotwell, M.D.**.....**409-266-1888**
 400 Harborside Dr., Stes. 118-119, Entrance B
 Galveston, TX 77555
<https://doctors.utmbhealth.com/providersearch/default/?id=016256>
Population Served: Children and Adolescents
Types of Services: Individuals
Specialties: Medication Management, Animal-assisted Interventions for the Treatment of Childhood Psychiatric Disorders

- Shakil Siddiqui, M.D.**.....**281-993-3733**
 308 S. Friendswood Dr., Ste. 110
 Friendswood, TX 77546
www.lifescape.com/provider/shakil-siddiqui-md/?utm_medium=paid-affiliate&utm_source=psychologytoday.com
Population Served: Adults, Elders
Types of Services: Individuals
Specialties: Schizophrenia, Psychosis, Major Depressive Disorder, Bipolar Disorder, Anxiety Disorder, Post Traumatic Stress Disorder (PTSD), Trauma, Obsessive Compulsive Disorder (OCD), Medication Management. Bilingual in English and Urdu.
- Michael Stone, M.D.**.....**281-338-2798**
 400 N. Texas Ave., Ste. A
 Webster, TX 77598
<https://doctors.utmbhealth.com/providersearch/default/?id=005833>
Population Served: Adults
Types of Services: Individuals
Specialties: General Adult Psychiatry, Medication Management, Schizophrenia, Bipolar Disorder, Psychopharmacology. Bilingual in English, Spanish, and Vietnamese.
- Stacey Sullivan, N.P.**.....**866-574-0552**
New Dimensions Day Treatment Center
 1345 Space Park Dr., Ste. C.
 Houston, TX 77058
www.nddtreatment.com
Population Served: Adolescents, Adults
Types of Services: Individuals, Families, Groups
Specialties: Anxiety, Panic Attacks, Depression, Trauma and PTSD, Suicidal Thoughts, Self Harm, Anger Issues, Bipolar Disorder, Severe Stress, Self-Esteem, Alcoholism, Substance Abuse
- Rizwana Sultana, M.D.**.....**409-772-0750**
 1005 Harborside Dr., 6th Floor
 Galveston, TX 77555
<https://doctors.utmbhealth.com/providersearch/default/?id=021251>
Population Served: Children, Adolescents
Types of Services: Individuals
Specialties: Pediatric Sleep Medicine, Sleep Apnea and Obesity in Children, Insomnia and Behavior Problems in Children, Narcolepsy, Circadian Rhythm Problems, Parasomnias
- Kourtney Tapnio, PMHNP**.....**281-335-4000**
 1110 NASA Pkwy., Ste. 620
 Houston, TX 77058
www.clearcreekpsychiatry.com
Population Served: Adults
Types of Services: Individuals
Specialties: Psychiatric Diagnostic Evaluation, Transcranial Magnetic Stimulation (TMS) for Treatment for Obsessive Compulsive Disorder (OCD) and Depression, Medication Management, Individual Psychotherapy, Family Psychotherapy

Khwaja Tariq, M.D.....713-429-5325

106 Whispering Pines, Ste. 103
Friendswood, TX 77546

<https://onebehavioralhealth.com/providers/dr-khwaja-tariq/>

Population Served: Adults

Types of Services: Individuals

Specialties: Psychiatric Consulting, Medication Management, Major Depressive Disorder (MDD), Anxiety Disorder, Adult ADHD, Schizoaffective Disorder, Bipolar Disorder, Post Traumatic Stress Disorder (PTSD)

Christopher Thomas, M.D.....409-772-0770

400 Harborside Dr., Stes. 118-119, Entrance B
Galveston, TX 77555

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: General Psychiatry, Behavioral Health, Medication Management, Post Traumatic Stress Disorder (PTSD), Anxiety Phobic Disorders, Obsessive Compulsive Disorder (OCD), Attention Deficit Disorder (ADD), Autism

Angeline Trinh, M.D.....281-338-2798

400 N. Texas Ave., Ste. A
Webster, TX 77598

<https://researchexperts.utmb.edu/en/persons/angeline-trinh>

Population Served: Children, Adolescents, Adults

Types of Services: Individuals

Specialties: Medication Management

Shakil Tukdi, M.D.....469-214-6798

10223 Broadway St., Ste. D1
Pearland, TX 77584

www.ultimatepsychiatry.com/provider/shakil-a-tukdi-md

Population Served: Adults

Types of Services: Individuals

Specialties: General Psychiatry, Addiction Psychiatry, Psychosomatic Medicine, ADD Testing, ADHD, Autism, Bipolar Disorder, Anxiety, Depression, Obsessive Compulsive Disorder (OCD), Mood Disorders, Panic Attacks, Phobias, Social Anxiety, Post Traumatic Stress Disorder (PTSD), Anger Management, Sleep Disorders, Substance Abuse, Schizophrenia, Psychosis, Paranoia, Hallucinations

Cindy Wigg, M.D.....409-772-0770

400 Harborside Dr., Stes. 118-119, Entrance B
Galveston, TX 77555

<https://doctors.utmbhealth.com/providersearch/default/?id=000432>

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Child and Adolescent Psychiatry, Behavioral Health, Medication Management, Adolescent Mood and Adjustment Issues

Dwight Wolf, M.D.....409-772-0770

400 Harborside Dr., Stes. 118-119, Entrance B
Galveston, TX 77555

<https://doctors.utmbhealth.com/providersearch/default/?id=001243>

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Child and Adolescent Psychiatry, Behavioral Health, Medication Management, Psychopharmacology, Medication Side Effects, Adolescent Bipolar Disorder

Jun Yin, M.D., Ph.D.....713-486-6425

17150 El Camino Real
Houston, TX 77058

www.utphysicians.com/provider/jun-yin

Population Served: Children, Adolescents

Types of Services: Individuals, Families

Specialties: Autism Spectrum Disorder, ADHD, Anxiety Disorders, Depression, Bipolar Disorder, Post Traumatic Stress Disorder (PTSD), Psychotic Disorders, Oppositional Defiance Disorder, Medication Management. Bilingual in English and Mandarin.

Paul Young, M.D.....281-427-0222

2800 Garth Rd.
Baytown, TX 77521

www.jacintomedicalgroup.com/physicians/paul-young-md/

Population Served: Adults

Types of Services: Individuals

Specialties: Depression, Bipolar Disorder, Anxiety, Chronic Pain, Post Traumatic Stress Disorder (PTSD), Psychological Issues

Noman Zaidi, M.D.....713-429-5325

One Behavioral
3407 Spencer Hwy.
Pasadena, TX 77504

www.onebehavioralhealth.com

Population Served: Adults

Type of Service: Individuals

Specialties: Depression, Anxiety, OCD, Eating Disorders, Bipolar Disorders, Personality Disorders, Insomnia

Syed Sajjad Zaidi, M.D.....281-968-7568

110 S. Gordon St.
Alvin, TX 77511

<https://health.usnews.com/doctors/syed-sajjad-zaidi-67191>

Population Served: Adolescents, Adults, Elders

Types of Services: Individuals, Couples/Marital, Families

Specialties: General Psychiatry, Medication Management, Depression, Anxiety, Bipolar Disorder, Obsessive Compulsive Disorder (OCD), Non-Alzheimer's Dementia, Schizophrenia, Medication Management

- Darko Zdilar, M.D.**.....**281-778-9529**
 2743 Smith Ranch Rd., Unit 101
 Pearland, TX 77584
www.pearlandpsychiatricassociates.com
Population Served: Adults
Types of Services: Individuals
Specialties: Medication Management, Transcranial Magnetic Stimulation (TMS), Ketamine Infusion Therapy, Spravato, Depression, Anxiety, Borderline Personality Disorder, Bipolar Disorder, Attention Deficit Disorder, Addiction Medicine
- Rocksheng Zhong, M.D.**.....**281-338-2798**
 400 N. Texas Ave., Ste. A
 Webster, TX 77598
www.doctors.utmbhealth.com/providersearch/default/?id=060067
Population Served: Adults
Types of Services: Individuals
Specialties: Medication Management, General Psychiatry, Forensic Psychiatry, Addiction Medicine, Major Depression, Bipolar Disorder, Schizophrenia, Trauma-related Disorders, Anxiety Disorders, Personality Disorders, Expert Consultation to Attorneys and Courts about cases involving Psychiatric Disorders, Addiction, and Behavioral Health Problems. Forensic topics include: Competence to Stand Trial, Criminal Responsibility, Insanity Defense, Sentencing Mitigation, Risk Assessment, Civil Commitment, Testamentary Capacity, Guardianship, Psychiatric Malpractice, Disability, Fitness for Duty.
- Janet Zoch, M.D.**.....**832-982-0200**
 River Bend Family Psychiatry
 4502 Riverstone Blvd., Ste. 804
 Missouri City, TX 77459
www.riverbendfamilypsychiatry.com
Population Served: Children, Adolescents, Adults
Type of Service: Individuals, Families
Specialties: ADHD, Anxiety, Autism Spectrum Disorders, Bipolar Disorder, Depression, Disruptive Disorder, Depression, Panic Disorder, Psychotic Disorder

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NOTES

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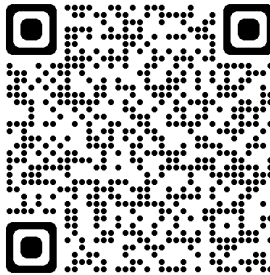
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