

Verity's TOP 10 Tips For Transitioning From Corporate Life To Tradie Wife

Create a Space
You Love

Follow a Schedule

Set Boundaries with
Work Hours

Boundaries with
Friends & Family

Stay Connected

Take a Proper
Lunch Break

...and 4 more inside!

By Verity Hare, Founder of TradieWives

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1. Create a Space You Love

Make your home office a place you enjoy spending time in. Add calming prints to the walls, light a scented candle, play your favourite music, and turn it into a little haven for productivity.

2. Follow a Schedule

When left to your own devices, it's easy to lose track of time especially when a quick Google search or Instagram scroll turns into an hour. Tools like [Clockify](#) can help you stay focused and on task.

3. Set Boundaries with Work Hours

As tempting as it is, try to stick to defined work hours, just like you would in a corporate job. That means no "quick loads of washing" or "just a fast vacuum." (I'll admit, this is one I'm still working on myself!)

4. Establish Boundaries with Friends & Family

Don't feel guilty about saying no to casual drop-ins for coffee. It can be tough for loved ones to understand that working from home doesn't mean you're "free." Set expectations early to protect your work time.

5. Stay Connected

Working from home can feel isolating, so make an effort to stay connected. Call a friend, join a supportive community like TradieWives, and surround yourself with people who just 'get it.'

6. Keep Things Fresh

If working from home starts to feel monotonous, shake things up. Work from a café, try a co-working space, or plan a co-working day with a friend. Just be mindful - what starts as "working together" can easily turn into "wine o'clock".

7. Network in Person

Online connections are great, but nothing compares to in-person networking. Attend industry events, you never know who you'll meet or what opportunities will arise.

8. Recognise the Value of Your Role!!

You're not just "helping out" you are an equal partner in your business, making a real impact on its success. You're also paving the way for other women in trades, breaking barriers, and reshaping perceptions. Your contributions aren't just behind the scenes, they're driving change and setting new standards in the industry.

9. Take a Proper Lunch Break

This one's non-negotiable! Step away from your desk, make a tea, have a proper meal, and get outside if you can. Even just 30 minutes will boost your mood, energy, and productivity.

10. Outsource Where You Can

You don't have to do everything yourself. If there's something you're unsure about or simply don't enjoy doing, outsource it. In the long run, it will save you time, money, and stress.