

skincare

order of application



Eye Makeup Remover



Micellar Water (optional)



Cleanser



Exfoliator (at least once a week)

Physical exfoliators: scrub, charcoal mask, microdermabrasion treatment
Chemical exfoliators: glycolic peel (AHA), salicylic acid (BHA), PHA



LED treatment (mask/lamp/wand) *as directed*



Mist or Essence (optional)



Serum (depending on your skincare concerns)



Eye Cream/Patches/Gels



Retinol



Moisturizer



Mask (optional)



Additional moisturizers/cream (as needed)



Sunscreen