

PEAK MASTERS COMPETITION

COMPETITION HANDBOOK

COMPETITION DETAILS

DATE:

Saturday October 3, 2026

TIME:

2.00 – 6.30pm

Post comp dinner & celebrations on Chapel Street. More information to come.

LOCATION:

State Gymnastics Centre - WAG Gym (Upstairs)
41 Green Street, Windsor VIC

ENTRIES

ENTRANCE FEES:

EARLY BIRD - Register before end of August..

All Around: \$85 | +\$20 to compete in BOTH MAG & WAG AA.
Individual Apparatus: \$30 each

THEREAFTER - Register before Saturday 26th September.

All Around: \$100 | +\$20 to compete in BOTH MAG & WAG AA.
Individual Apparatus: \$35 each

Entries close on Saturday 26th September. Late entries will not be accepted.

PAYMENT:

Payment can be made by registering through Push Press. Please use the link below and navigate to **Masters Rego Fees**:

[Masters Rego Fees](#)

ENTRY FORM

All entrants must complete and submit the entry form below. If you have any issues please email competitions@peakgymnastics.com.au

[Peak Masters Entry Form](#)



HOW THE COMPETITION WILL RUN

WARM UPS

2.00pm - 2.20pm

General Warm Up: Time allocated for personal warm ups

2.20pm - 3.00pm

Apparatus Warm Up: Open apparatus warm up across all events. If numbers permit, a group allocation of floor time will be implemented.

** Due to space restrictions, at this stage pommel will be a one touch warm up only. If that changes, we will advise.*

COMPETITION

3.00pm - 3.15pm

Assemble groups and march to first rotations.

3.15pm - 6.30pm

COMPETITION TIME!

This will be run in an Olympic style with one-touch then compete.

AWARDS

Apparatus <i>Ribbon</i>	<i>1st - 3^d</i>	Top scores per apparatus. <i>Awarded per age group for both Nov & Adv categories.</i>
All-Around <i>Medal</i>	<i>1st - 3^d</i>	Total of top 4 apparatus scores. <i>Awarded per age group for both Nov & Adv categories.</i>
Club of the Day <i>Perpetual Trophy</i>	<i>1st</i>	Average of AA scores per club. <i>Minimum of 3 gymnasts all-around scores to be considered for this award.</i>
? Mystery/Bonus Awards ? <i>Additional prizes/gifts will accompany awards!</i>		

In the event of a tie on an apparatus or all around result, the higher start score/difficulty will be awarded the prize. Only one award will be given per podium placing.

Club of the Day

A perpetual trophy awarded to the club with the highest average of all, All-Around scores. The winning club will take home the trophy for the year, and return at the next Peak Masters event.

EVENT RULES / REGULATIONS

GENERAL RULES

- Open to any adults age 18+ affiliated with a Gymnastics Club
- Where possible please have an accredited coach accompanying/representing club during competition
- Attire: Whatever makes you feel confident, safe and comfortable! Please no buckles, buttons or zips that may damage apparatus
- Floor Music: Words allowed however no explicit language or innuendo.
- Women & Men can compete on WAG & MAG apparatus. Best 4 scores on any apparatus will count towards All-Around.

DIVISIONS

Ages taken as at 1st October 2026

- 18 – 35
- 36 – 50
- 50+

CATEGORIES

- NOVICE: Gymnasts with limited gymnastics experience or ALP Level 1-2.
- INTERMEDIATE: Have competed in some Masters Gymnastics competitions or ALP Level 3-6. *Intermediate competitors will compete against the Advanced group with a bonus of +0.5 added to their start score for each apparatus.*
- ADVANCED: Ex-competitive State and National gymnasts ALP Level 6+. Competitors may willingly opt to participate in the Advanced category.

ALL-AROUND REQUIREMENTS

MAG & WAG Divisions will be split this year, meaning you can compete in a different division for MAG Events to what you compete for WAG Events.

To be eligible for the All-Around awards, gymnasts must compete in a minimum of 4 apparatus across the appropriate MAG/WAG Events. The top 4 scores for a participant will be totalled for the all-around consideration and selection.

Those competing both MAG & WAG but with a different division, will be required to perform 2 appropriate vaults for each.

For example an athlete who is Novice WAG but Advanced MAG would compete:

2x Nov WAG vaults, PLUS 2x Adv MAG vaults

ROUTINE REQUIREMENTS

The Peak Masters routine requirements will be as per most standard Masters Games regulations. Please follow the link below:

[Routine Requirements](#)

JUDGES

If you know a judge that could help out for the event, that would be greatly appreciated. Having enough judges is a major component of keeping the event running smoothly and efficiently so the comp can finish in a timely manner!

Judges will be reimbursed for their time.

Please email judges details to competitions@peakgymnastics.com.au

SPECTATORS

Spectators are welcome to come and cheer for free! If you'd like to show some extra support, donations are appreciated to help keep the event running smoothly!

TERMS & CONDITIONS

Please read through the terms & conditions policy prior to entering.

[Peak Masters Terms & Conditions Policy](#)

FINAL WORD

Make sure you're following @PeakGymnastics on insta so you can tag us and see all the highlights from the day!

If you require any additional information, or have any questions, please don't hesitate to get in touch.

We look forward to welcoming you all once again to Peak Masters and wish you all the best of luck for your competition!

Team Peak 🎉

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