COMING SOON

CONSCIOUS LIVING MEMBERSHIP

From Awareness to Everyday Practice

Ongoing support, real tools, and a like-hearted community to help you stay present, deepen your emotional awareness, and make more conscious choices in everyday life.

For When You're Ready to Keep Growing … One Conscious Step at a Time

Maybe you've already begun to understand your patterns or childhood vows, and you want a way to keep those insights alive in your daily life. The Conscious Living Membership provides the ongoing support, practical tools, and encouragement to help you continue your healing, break old cycles, and create a more intentional way of living.



A Place to Stay Connected
Ongoing guidance, fresh insights, and practical practices that help you keep applying what you're learning in real life.

Support for Real-Life Challenges
Tools and reflections to help you navigate everyday triggers, relationships, and the ups and downs of your healing journey.

A Community That Gets It
A like-hearted group of women who are also committed to personal growth, emotional healing, and breaking generational cycles.

A Sustainable Path for Lasting Change
Regular practices, renewed perspective, and gentle accountability to help you live with greater awareness, choice, and emotional freedom.

PREREQUISITE: *Completion of Discover Your Childhood Vows™ (or the Break the Cycle program) to ensure a shared foundation for our ongoing work.*

THE CONSCIOUS LIVING MEMBERSHIP | **$49 per month**

A space to keep practicing, stay aligned, and keep creating the life you want.

COMING SOON

Your Membership Experience

ONGOING SUPPORT FOR REAL, LASTING CHANGE

A Guided Learning Portal
A growing library of short videos, guided reflections, and practical exercises to help you apply conscious living in everyday situations.

Weekly Group Gatherings
Live, heart-centered sessions with Kathi to explore relevant topics, work through real-life challenges, and receive encouragement and support.

Ongoing Practices and Tools
Simple, effective practices to deepen your emotional awareness, regulate your nervous system, and make more intentional choices.

A Supportive Community
A private space to share insights, ask questions, celebrate progress, and stay connected with other like-hearted women.

Direct Access to Kathi
A place to bring your questions, reflect on what's coming up for you, and receive Kathi's personal guidance throughout your membership.

The Ongoing Benefits of Membership

- ✓ Greater emotional awareness and self-trust.
- ✓ More ease in navigating triggers and challenging moments.
- ✓ Continued support as you apply your insights in real life.
- ✓ A deeper sense of connection, clarity, and personal alignment.
- ✓ Encouragement to keep growing, healing, and breaking old cycles.



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Keep the Momentum Going with Ongoing Support, Practical Tools, and Community.

Join Conscious Living Soon!
$49 per month