



April 2026

LEVEL 1 - White Belt to Yellow Stripe Belt
LEVEL 2 - Yellow Belt to Green Stripe Belt
LEVEL 3 - Green Belt to Red Stripe Belt
LEVEL 4 - Red Belt to Black Belts

CLASS SCHEDULE

TIMES	MON	TUE	WED	THU	FRI	SAT
Morning Classes						
10:00 – 10:45						Level 1 - 2
11:00 – 11:45						Level 3 - 4
Afternoon and Evening Classes						
4:00 – 4:45	Level 1 - 2	Level 2 - 3	Level 1 - 2	Level 2 - 3		
4:50 – 5:35	Level 1	Level 3 - 4	Level 1	Level 3 - 4	Level 1 - 2	
5:40 – 6:25	Level 3 - 4	Level 1	Level 3 - 4	Level 1	Level 3 - 4	
6:30 – 7:15	Level 3 - 4	Level 1 - 2	Level 3 - 4	Level 1 - 2	Belt Test Prep "Open DoJang" 6:30 PM - 7:00 PM	
7:20 – 8:05	Level 1 - 4 <small>Age 9+</small>	Poomsae Team 6:00 PM - 9:00 PM	Level 1 - 4 <small>Age 9+</small>	Poomsae Team 6:00 PM - 9:00 PM	Starts at 6:30 PM (Cancelled if no one arrives by 6:40)	

Upcoming "New Student" Trial Program

INCLUDES

- Private Orientation Lesson
- 2 Weeks of Classes
- a **FREE** - Fire Dragon Uniform

When: Mondays to Thursdays 6:00 PM

Cost: ONLY \$27.00 +gst

Plus all the information a family would required in order to decide if they wish to enroll into our regular program.

Call or Text us to Book [403-502-2228](tel:403-502-2228)



Birthdays This Month



Shlok	Patadia	4/4	Atticus	Nieboer	4/14
Sieva	Gasio	4/5	Hanif	Haadi	4/15
Joey	Sawchuk	4/5	Danica	Bonville	4/16
Hunter	Hart	4/7	Danika	Brilz	4/18
Nathan	Oruah	4/8	Oluwatomisin	Alakaloko	4/20
Kyle	Glass	4/10	Mason	Hay	4/21
Jeunesse	Fedoruk	4/13	Ava	Fauth	4/25

FIRE DRAGON TAEKWONDO

CLASS SCHEDULE

April 2026

SUN	MON	TUE	WED	THU	FRI	SAT
29 Closed	30 Open	31 Open	April 1 Open	2 Open	3 GOOD FRIDAY Closed	4 Open
5 Closed	6 Open	7 Open	8 Open	9 Open	10 Open	11 Open
12 Closed	13 Open	14 Open	15 Open	16 Open	17 Open	18 Open
19 Closed	20 Open	21 Open	22 Open	23 Open	24 Open	25 Open Poomsae Seminar Med Hat
26 Closed	27 Open Belt Test and Progress Check Week	28 Open ↓	29 Open ↓	30 Open ↓	May 1 Open ↓	2 Open Sparring Seminar Med Hat

Self Defence Tips Tests & Open Dojang On Friday's

- You must attend at least 1 time, after earning your blue tip, to test for your **Orange (self defense) tip**.

Note: If you are coming to Test for **Orange Tip**, you must already know the moves.

Video's are available on our website: www.DragonTKD.com

- **Also**, a space where you can practice and work on whatever you need or want, without an instructor directing you.
- Students may request assistance, but parents or students must bring this to the instructor's attention. During Open Dojang, instructors, normally do not intervene in the students' practice.

Upcoming Events

Poomsae Seminar

Join us for a **Special Taekwondo Poomsae Seminar** with Master Annie An, fresh from training in Korea with world champions at Taeseong Taekwondo! Discover the latest techniques and training methods to elevate your Poomsae skills.

Perfect for competitors, but open to all!

Date: Saturday, Apr. 25th

Time: 12:30 to 4:30

Cost: \$59 (Sign up on Clip Board)

Must be Green Stripe Belt and up and 9 years old or over!

Sparring Seminar

Sharpen your sparring skills with Master Annie An! This seminar is the perfect way to prepare for our upcoming Tournament in Brooks.

Perfect for competitors, but open to all!

Date: Saturday, May 2nd

Time: 12:30 to 4:30

Cost: \$59 (Sign up on Clip Board)