

Celebrating March

Irish American
Heritage Month
Mad for Plaid Month
Women's History Month

Daylight Saving Time Begins
March 8
Plant a Flower Day
March 12
St. Patrick's Day
March 17
World Poetry Day
March 21

Mid-March Mood Swing

Mid-March sends us on quite a roller-coaster ride. On the 15th, we may be filled with doubt on Everything You Think Is Wrong Day. But have no fear, for on the 16th comes Everything You Do Is Right Day. Does this mean we should act without thinking? Some call this being impulsive. Strategic thinking expert Greg Githens understands that impulsivity can be a sign of spontaneity, playfulness, and humor—all valuable qualities. If impulsivity, however, leads to bad habits and selfishness, it is nothing more than mindlessness. So play it safe on Everything You Do Is Right Day because you don't want your actions to lead you to celebrate Awkward Moments Day on March 18.

Eiffel Tower's Birthday

Pack your (imaginary) beret and join us for a "Day in Paris" as we celebrate the birthday of the marvelous Eiffel Tower! We'll sip, snack, craft, and pretend we're strolling along the Seine—no passport required. Expect a little French flair, and plenty of "ooh la la" moments. Come ready to have fun and celebrate Parisian style!

Craft Time Faberge Eggs

Join our DIY Fabergé egg competition inspired by the detailed designs of Peter Carl Fabergé. You'll have the chance to decorate your own ornamental egg using paints, embellishments, and simple craft materials—whether you prefer a classic look or something more modern. Once finished, all entries will be put on display for everyone to appreciate. One egg will be chosen as the favorite through voting!

Educational Presentation - Rosie the Riveter

National Rosie the Riveter Day is observed annually on March 21 to honor the millions of American women who supported the World War II effort by working in factories, shipyards, and defense industries. It recognizes the "Rosies" who broke gender barriers in industrial jobs, fueling the "We Can Do It!" spirit.

Join us March 9th at 3:00PM for Maria Bramwell's presentation on "Rosie the Riveter"

Inventions and Creations

- Telephone (March 10, 1876): Alexander Graham Bell received the patent for the telephone, revolutionizing global communication
- Motion Picture Machine (March 26, 1895): Louis Lumiere patented the Cinématographe, a portable motion-picture camera and projector.
- Coca-Cola (March 1886): Invented by John Pemberton in Atlanta.
- Washing Machine (March 28, 1797): Patented by Nathaniel Briggs.
- Dishwasher (March 1886): Josephine Garis Cochran received a patent for her dishwashing machine.
- Polio Vaccine (March 26, 1952): Developed by Jonas Salk.
- Diving Suit (March 1, 1921): Patented by Harry Houdini.

Employee Spotlight: Cati Burns

This month, we are thrilled to shine the spotlight on Cati Burns, one of our exceptional registered nurses in the healthcare team. Cati is truly a leader on the floor, known for her hard work and dedication. Both residents and their families adore her!

March Horoscopes and Birthdays

In astrology, those born between March 1–20 are Pisces. These Fish are spiritual types who feel comfortable in their introspective natures. As passionate, romantic, creative dreamers, they are charitable helpers who "go with the flow." Those born between March 21–31 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. For these eternal optimists, no odds are ever considered insurmountable.

Lou Costello (comedian) – March 6, 1906
Liza Minnelli (entertainer) – March 12, 1946
Ozzie Nelson (TV dad) – March 20, 1906
Fred Rogers (TV host) – March 20, 1928
Marcel Marceau (mime) – March 22, 1923
Fannie Farmer (cook) – March 23, 1857
Walt Frazier (athlete) – March 29, 1945
Vincent van Gogh (painter) – March 30, 1853
Shirley Jones (actress) – March 31, 1934