

Presented by:

JDS Creative Academy Nonprofit 501(C)3

EMPOWERING INDIVIDUALS OF ALL ABILITIES THROUGH
EDUCATION, CREATIVITY & OPPORTUNITY



ONLINE EDUCATION SERIES

ART

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MARCH 10, 2026

5:00 PM – 6:00 PM + QA

www.jdscreative.org/overcoming

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TOPIC:

Be Financially Fit: Overcoming
Emotional Spending

WHAT WE'LL COVER:

- Identify emotional spending triggers.
- Separate wants from needs with confidence.
- Cut monthly expenses and build smarter habits.



CYNTHIA COVARRUBIAS

Senior Business Development
Officer, CCUFC – Certified Credit
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