

How To Harp Grade 1 Theory

26-LESSON COURSE SYLLABUS & OVERVIEW

"Welcome to the Grade 1 Music Theory roadmap! Over the next 26 lessons, you'll transform how you see the music staff. We won't just memorize dots on a page, we'll relate every line and space directly to your harp strings, and truly understand rhythm. This syllabus outlines our full theory course." — Heather

BLOCK 1: NOTE READING & RHYTHM

- L 1** **Rhythm 101**
Semibreve, minim, crotchet
- L 2** **Music Architecture**
Clefs & the grand staff
- L 3** **The Small Talk**
Quavers and semiquavers
- L 4** **The Fingerprint Strings**
C and F on the clef
- L 5** **Mnemonics**
Using mnemonics to read the staff
- L 6** **The Silence**
Rests
- L 7** **Pushing the Limits**
Ledger lines
- L 8** **Extending the Sound**
Ties and dotted notes
- L 9** **The Rules of the Game**
Time signatures
- L 10** **The Buddy System**
Grouping notes
- L 11** **Revision Week & Quiz**
Note & rest values, pitch
- L 12** **Live Check In**

BLOCK 2: MECHANICS, KEYS, & SCALES

- L 13** **Going the Distance**
Tones and semitones
- L 14** **Water in All Its States**
Accidentals
- L 15** **Move It To The Harp**
Lever & pedal mechanics
- L 16** **The Natural World**
Cancelling accidentals
- L 17** **Scale Blueprints**
Degrees of the scale
- L 18** **Major Scales & Keys**
C, G, D, and F major
- L 19** **Revision Week & Quiz**
Mechanics, keys, and scales

BLOCK 3: HARMONY & MUSICALITY

- L 20** **Musical Shapes**
Intervals
- L 21** **The Home Chord**
Tonic triads
- L 22** **Expressive Power**
Tempo and dynamics
- L 23** **The Master's Touch**
Articulation (including slurs)
- L 24** **The Creative Mind**
Music in context
- L 25** **Revision Week & Quiz**
Harmony, performance directions
- L 26** **Live Check In & Mock Exam**
Complete ABRSM mock paper