

Printable Medical Alert Card

Instructions: Print this page at 100% scale (do not "fit to page").

Carefully cut along the dashed lines below to fit this card into a standard wallet.

I HAVE DIABETES

I AM NOT DRUNK. If I am unconscious or acting strangely, I may have low blood sugar.

EMERGENCY TREATMENT:
I need sugar immediately.

If I am able to swallow, give me fruit juice, a non-diet soft drink, or a candy bar.

If I cannot swallow or do not recover within 15 minutes, call 9-1-1 for medical help and tell them I have diabetes.