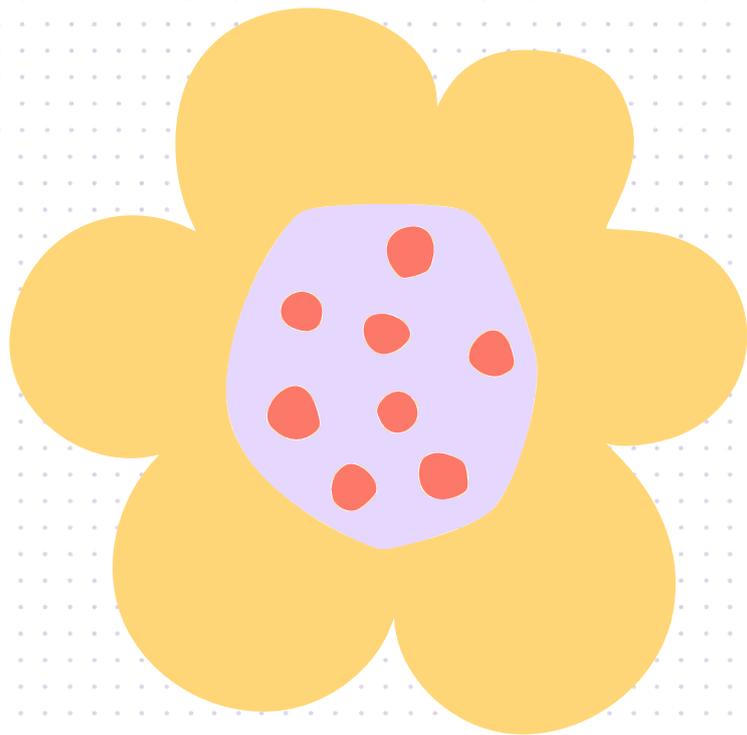
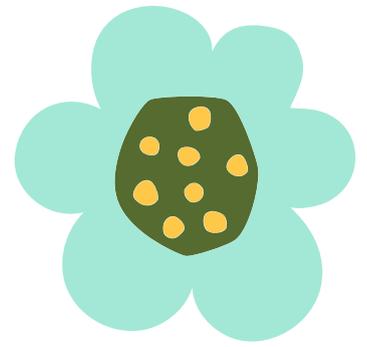


The Behaviour Reset

2026 Course Curriculum

Your 8-week pathway to supporting
young children's behaviour with
confidence, intention, and deep respect.





What's Inside?

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| WELCOME TO YOUR RESET | 01 |
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Welcome to Your Reset!

The Behaviour Reset was created to help you step out of survival mode and stop throwing strategies at behaviour just hoping something sticks.

Too often, behaviour is treated as something to control, and when the latest approach doesn't work, the weight lands back on educators. This course exists to change that by offering a clear, compassionate way to understand behaviour and respond with confidence (not guesswork).

Inside this course, behaviour is understood through a rights-affirming, neuro-affirming, trauma-informed lens - grounded in development, evidence, and the power of relationships and reflection.

If we haven't met before, I'm Danica (Dah-nee-cah) -an early childhood educator, lecturer, mentor, and consultant with over 17 years of experience working alongside children, families, and educators.

My strength lies in taking big, complex ideas about behaviour and translating them into practices educators can actually use. I bridge the gap between theory and real classrooms, drawing on experience that comes from working alongside children - so you know I walk the walk with you.



Introducing the Framework

The Behaviour Reset Framework is the spine of this course: a 6-step, evidence-informed approach that walks you through a comprehensive framework of behaviour support, so you can enter hard moments with greater clarity, steadiness, and confidence.

Module One

Rethink Behaviour

Your mindset



Module Two

Explore Child Development

Your understanding

Module Three

Shape the Environment

Proactive supports



Module Four

Engage with Compassion

Responsive supports



Module Five

Transform Through Reflection

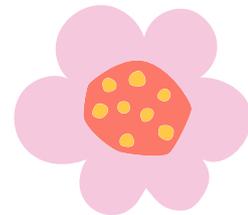
Supporting accountability

Module Six

Thrive as a Community

Next steps





Module One

Rethink Behaviour

Module 1 lays the foundation for the entire course, focusing on unlearning traditional behaviour myths and reframing how we understand behaviour, discipline, and our role as educators. This is the reset before the rebuild.

Submodule 1: Unlearning Behaviour Myths

Lesson One: A Shift Away From Traditional Strategies

Explore why compliance-based approaches often undermine regulation, learning, and relationships.

Lesson Two: Behaviour + the Deficit Lens

Understand what is meant by 'behaviour' and 'challenging behaviour' - and why labels often get in the way.

Lesson Three: What Is Discipline, Really?

Clarify discipline as guidance and teaching.

Lesson Four: Children's Rights + Behaviour

Familiarise yourself with a rights-affirming lens for behaviour support.

Submodule 2: How We Show Up in the Behaviour Space

Lesson One: It Starts With Us

Unpack the difference between being activated v. being triggered by behaviour, and how our responses shape everything.

Lesson Two: Redefining Our Role: Beyond Managers of Behaviour

Reposition your role from (micro)managing behaviour to guiding, holding, influencing, and leading children.

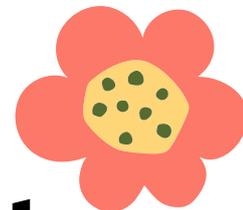
Lesson Three: The Beliefs + Values Beneath Our Responses

Explore how your personal beliefs, values, and experiences shape your interpretation and responses.

Lesson Four: Warm Authority + Confident Leadership

Reimagine warm authority as a balance of connection and clarity.





Module Two

Explore Child Development

Module 2 focuses on child development, neuroscience, and the internal systems that shape how children experience, express, and regulate behaviour. This module builds the “why” behind behaviour.

Submodule 1: What's Going On Under the Surface

Lesson One: Temperament + Goodness of Fit

Explore how to support different temperament types.

Lesson Two: Brain Development + Executive Functioning

Discover how developing brains support (and limit) impulse control, flexibility, emotional regulation, and decision-making.

Lesson Three: The Nervous System + Behaviour

An introduction to how nervous system states influence behaviour.

Lesson Four: Understanding Regulation

Unpack what regulation is (and isn't) - and why big feelings are a normal part of learning.

Lesson Five: Attachment + the Attuned Educator

Guest workshop - Elise Disher

Examine how early relationships shape children's expectations of safety, connection, and adult responses.

Lesson Six: Children With Trauma Backgrounds

Examine what trauma is and why it so often shows up through behaviour rather than words.

Submodule 2: Supporting Behaviour With Development in Mind

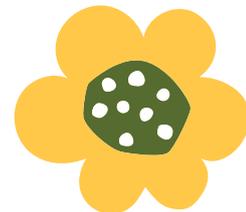
Lesson One: Developmentally Aligned Expectations

Align expectations with children's developmental capacity.

Lesson Two: Key Drivers of Behaviour

Identify the five core drivers that shape behaviour.





Module Three

Shape the Environment

Module 3 focuses on the proactive foundations that support behaviour. This module strengthens the conditions for behaviour success, reducing the need for reactive responses.

Submodule 1: The Foundations

Lesson One: The Environment + Behaviour

Explore how environments shape behaviour, as well as the unspoken conditions that shape behaviour before it happens.

Submodule 2: The Felt Environment

Lesson One: Felt Safety

Explore what felt safety is, how it supports behaviour, and the three pillars that build a child's sense of felt safety.

Lesson Two: Relational Safety + Belonging

Deep dive into how children experience relational safety through relationships, predictability, and presence, and reimagine belonging as a critical shaper of engagement, inclusion, and regulation.

Lesson Three: Time + Temporality: Towards a Slow Pedagogy

Consider pace, transitions, and urgency as behavioural influences, recognising how time pressure impacts regulation and capacity.

Lesson Four: Neuro-Inclusive Practice

Guest workshop - Kim Howard of Creativity + Beyond OT

Examine how neurodiversity-affirming environments support regulation, participation, dignity, and inclusion.

Lesson Five: The Sensory Environment

Unpack how sensory input, overload, and sensory needs shape behaviour and participation throughout the day.



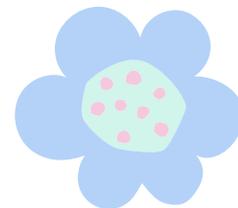
Submodule 3: Setting Up for Behaviour Success



This sub-module introduces a range of proactive strategies designed to support behaviour. These strategies work best when they sit on top of strong conditions for behaviour and a supportive felt environment.

- *Routines + Rituals*
- *Pre-corrections*
- *Personal Narratives*
- *Movement + Movement Breaks*
- *Collaborative Group Agreements + Rules*
- *Supportive Transitions*
- *Visual Supports*
- *Calm Corners + Rest-full Spaces*
- *Skill Building*
- *Opportunities to Respond*





Module Four

Engage With Compassion

Module 4 centres on responsive practice in the moment. This module builds confidence in the moment, helping educators stay grounded, compassionate, and effective when things get hard.

Submodule 1: The Foundations

Lesson One: The Fundamentals of Responsive Practice

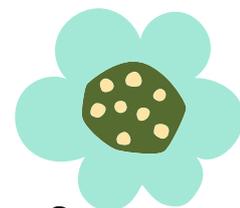
Unpack the core principles that underpin responsive behaviour support, including safety, clarity, attunement, and adult leadership.

Submodule 2: The Strategies

This sub-module introduces a range of relational, responsive strategies to support you in the moment.

- *Supporting turn-taking*
- *Playfulness and humour*
- *Positive corrections and responsive cueing*
- *Verbal communication principles*
- *Do statements and declarative language*
- *Non-verbal communication principles*
- *Boundaries*
- *Social coaching + narrating*
- *Behavioural momentum*
- *Responding to big feelings (**Guest workshop - Jess Demetrious of Raising Resilience**)*
- *Limits and repeating yourself better*
- *Redirection and replacement behaviours*
- *Praise, feedback, and behaviour-specific praise*
- *Modelling*
- *Time away + time in*
- *De-escalating Aggressive Behaviours (**Guest workshop - Megan Brodie of Guiding Little Hearts**)*





Module Five

Transform Through Reflection

Module 5 explores how accountability can be taught without punishment. This module supports a shift from control to accountability, strengthening trust, responsibility, and community.

Submodule 1: The Foundations

Lesson One: Moving Towards Accountability

Explore what accountability really means when we remove shame, fear, and punishment.

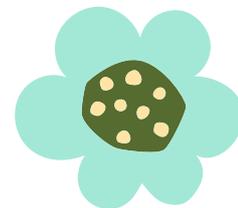
Lesson Two: What Are Consequences, Really?

Decipher the difference between consequences that teach and those that control.

Lesson Three: When Children Push Back

Look at why children resist repair, limits, or accountability, and how to respond while staying grounded.





Submodule 2: The Strategies

Lesson One: Scaffolding Repair Through Apologies in Action

Learn how to support children to move toward repair in ways that feel genuine, achievable, and developmentally aligned.

Lesson Two: Protective Consequences

Look at consequences that prioritise safety, learning, and care.

Lesson Three: Collaborative Consequences

Involve children in problem-solving and decision-making, building ownership and shared responsibility.

Lesson Four: The Five Rs Framework

Explore a flexible framework for guiding repair and reflection in a way that is relational, respectful, and responsive.

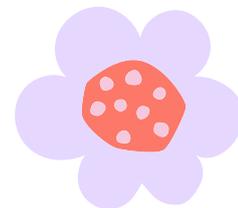
Lesson Five: The Five-Finger Formula

Uncover a simple, embodied structure to help children understand impact, responsibility, and next steps.

Lesson Six: Follow-Ups That Support Growth

Look at how checking in after an incident helps consolidate learning, strengthen relationships, and reinforce accountability over time.





Module Six

Thrive as a Community

Module 6 looks beyond individual moments and classrooms. This module supports educators to embed, sustain, and lead change both individually and collectively.

Submodule 1: Individualised Planning

Lesson One: Observing Behaviour With Intention

Explore how to observe behaviour thoughtfully and ethically.

Lesson Two: The BEES Framework - An Alternative to ABC

Guest workshop - Kerry Murphy of Diverse Pathways

A practical framework for organising observations and insights - while understanding the child in context.

Lesson Three: Beyond Behaviour Management Plans to Individualised Regulation Planning

Consider the need for a shift away from management plans towards regulation support. Bring together all that you've learned in this course to create a regulation plan that's realistic, strengths-based, and easy to follow.

Submodule 2: Working With Others

Lesson One: Working in Systems That Don't Always Match You

Learn how to stay grounded in your approach when leadership or colleagues are resistant.

Lesson Two: Working With Allied Health

Collaborate with allied health professionals in a way that keeps the child at the centre, aligns support across settings, and translates recommendations into realistic classroom practice.

Lesson Three: Family Partnerships

Build strong, respectful partnerships with families.





Submodule 3: What Comes Next?

Lesson One: Reflective Practice and Critical Reflection

Uncover the ways ongoing reflection supports your professional growth, accountability, alignment, and recalibration.

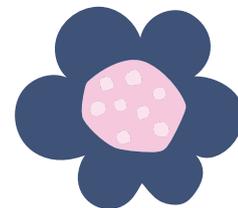
Lesson Two: Finding Your Marigolds

Identify the people, environments, and influences that nourish your practice.

Lesson Three: Your Continued Advocacy

Consider your role as a change agent by recognising your influence and finding your voice.





The Library

The Framework in Action

This is where *everything* from The Behaviour Reset comes together. Inside, you'll find an ever-growing library of real-world behaviours you're likely to encounter - each with a breakdown of how to respond using the Reset Framework. It's your practical, always-there companion for the "But what do I do when...?" moments.

The best part? Reset members can request specific behaviours to be added to the library, making it truly responsive to your context and needs.

The Reset Roadmaps

While the library will grow - and fast - at the time of the course launch, the available roadmaps are as follows:

"That's not fair!" For the children I call the social justice warriors - navigating fairness and equity in group settings.

When a child says "No!" Holding boundaries while honouring autonomy and decoding what "no" might really mean.

Biting. A high-stress moment that needs both immediate safety and deeper nervous system understanding.

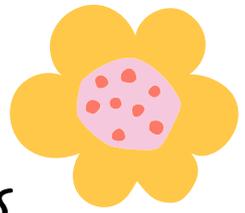
The child who won't join the group. When a child consistently resists group times, or shared activities.

Name calling. How to respond to children calling their peers names without shaming, while teaching repair.

Chaotic transitions after lunch. Discover some easily implementable measures to reduce the chaos that comes with transitioning back into the space.



Course Inclusions + Bonuses



Inclusions

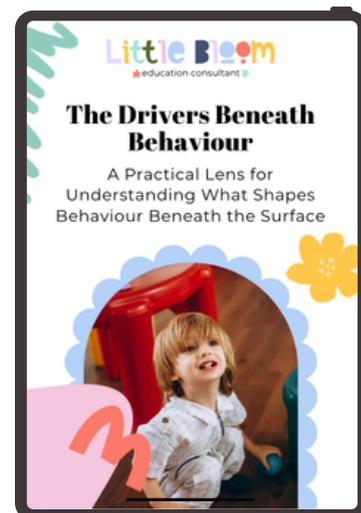
- An extensive library of lessons in video format
- Bite-sized lessons between 10-20 minutes each
- An accompanying workbook to record your reflections and growth
- A stack of resources, scripts, swipe files and templates to take your learning into your practice
- A comprehensive library of proactive, responsive, and follow-up behaviour support strategies
- Guest workshops with a range of experts
- Access to *The Behaviour Reset Crew* - a private community to ask your curly questions (and connect with like-minded legends)

Bonuses

Alongside the core course, you'll gain access to five practical guides that make it easier to translate ideas into everyday practice so you're not left wondering how to *actually* use what you've learned.

Bonus 1: The Drivers Beneath Behaviour

A practical guide to understanding the underlying factors that shape behaviour and how to respond to them.



Bonus 2: When You Don't Know What to Say

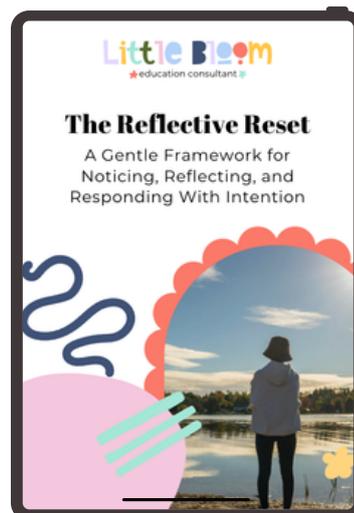
A comprehensive bank of responses to pull from in moments that leave you feeling baffled.





Bonus 3: The Reflective Reset

A guided tool to help you pause, reflect, and respond with intention in moments that matter (and feel big).



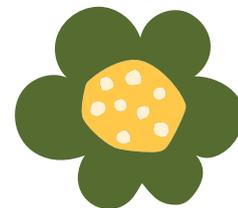
Bonus 4: The Up/Down Regulation Toolkit

A comprehensive bank of movement strategies to use when children need perking up - or simmering down.

Bonus 3: When Mat Times Just Aren't Working

45 connection-first strategies designed to make your mat sessions more engaging through active participation.





Pricing

Individual Access

\$397 (incl. GST)

Perfect for educators who want to deepen their understanding of behaviour and strengthen their practice at their own pace.

Includes:

- Full access to The Behaviour Reset course
- All modules, resources, and reflective tools
- Lifetime access to course materials (and all subsequent versions)

Will your admin cover the cost of your enrolment (or is there a chance they will)? Amazing - send me an email and we'll get it organised: hello@littlebloomconsultancy.com.au

Team/Whole Setting Access

Designed for meaningful, long-term change across your setting.

When teams learn together, shared language and consistency follow. These packages support aligned practice, collaborative reflection, and sustainable change. All prices include GST.

3-5 Staff - \$357 per person (10% off)

6-10 Staff - \$337 per person (15% off)

10+ Staff - \$317 per person (20% off)

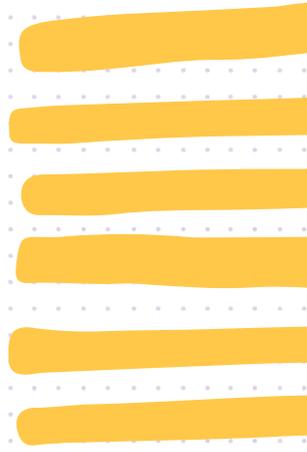
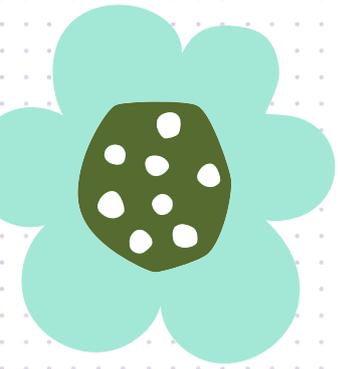
All team packages include:

- Full individual access for each participant
- A bespoke recommended learning pathway tailored to your context
- A customised workbook to support reflection, discussion, and implementation across your team

Interested in a Team Package?

To explore team access or request a tailored quote, complete the short form below and I'll be in touch to discuss what will best support your setting. [**Submit a team enquiry here.**](#)





See you inside The Behaviour Reset!

Questions?

Please email me -
hello@littlebloomconsultancy.com.au

